

22.04.2012

XI Cracovia Maraton 2012

WYNIKI ZAWODÓW

XI Cracovia Maraton

Organizator: Gmina Miejska Kraków, Zarząd Infrastruktury Sportowej w Krakowie

Termin: 22.04.2012

Miejsce: Kraków

Dystans: 42,195km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:	5km	10km	15km	21km	27km	32km	37km	40km			
1	14	KARIUKI WANJIRU Peter		 KEN				80M30/1	(M)1	02:12:11	02:12:11 03.07
		0:16:06 / 2	0:31:12 / 1	0:46:50 / 1	1:05:46 / 2	1:23:02 / 1	1:38:43 / 1	1:53:06 / 1	2:05:00 / 1		
2	6	KIRUI Edwin		 KEN				84M20/1	(M)2	02:12:37	02:12:34 03.08
		0:16:07 / 5	0:31:23 / 3	0:47:01 / 3	1:05:47 / 3	1:23:21 / 3	1:39:05 / 3	1:53:29 / 2	2:05:40 / 2		
3	3	MUSSA STAREHE Faustin		 TAN				85M20/2	(M)3	02:13:02	02:12:58 03.09
		0:16:07 / 3	0:31:24 / 4	0:47:01 / 4	1:05:48 / 4	1:23:21 / 2	1:39:05 / 2	1:53:31 / 3	2:05:43 / 3		
4	3264	SERGEEV Andrei	ROSLOVL	 RUS				87M20/3	(M)4	02:17:46	02:17:46 03.15
		0:16:23 / 9	0:32:21 / 6	0:48:29 / 6	1:07:57 / 5	1:26:20 / 5	1:42:56 / 5	1:58:17 / 5	2:10:44 / 4		
5	5	KIPKORIR KIBET Sammy		 KEN				85M20/4	(M)5	02:20:54	02:20:51 03.20
		0:16:07 / 4	0:31:12 / 2	0:46:50 / 2	1:05:46 / 1	1:24:02 / 4	1:40:58 / 4	1:57:13 / 4	2:12:13 / 5		
6	1	MWANZIA MUSSAU Denis		 KEN				83M20/5	(M)6	02:20:54	02:20:52 03.20
		0:16:07 / 7	0:31:31 / 5	0:47:57 / 5	1:07:57 / 6	1:26:23 / 6	1:43:43 / 6	2:00:13 / 6	2:13:36 / 6		
7	28	RYBACZENKO Ołeksij		 UKR				76M30/2	(M)7	02:26:06	02:26:05 03.27
		0:16:07 / 8	0:32:31 / 8	0:49:30 / 8	1:10:26 / 7	1:30:23 / 7	1:48:07 / 7	2:04:50 / 7	2:18:20 / 7		
8	10	ZMAZNEV Illya		 RUS				86M20/6	(M)8	02:27:31	02:27:29 03.29
		0:16:50 / 10	0:33:41 / 9	0:51:08 / 9	1:12:09 / 9	1:31:24 / 8	1:48:55 / 8	2:05:29 / 8	2:19:17 / 8		
9	15	ROGOVOI Victor		 UKR				65M40/1	(M)9	02:31:28	02:31:26 03.35
		0:17:29 / 11	0:34:44 / 10	0:52:17 / 11	1:13:57 / 10	1:34:13 / 10	1:52:36 / 10	2:09:28 / 9	2:23:29 / 9		
10	3265	HEDUEDEN Vasilij	SMOLENSK	 RUS				70M40/2	(M)10	02:32:41	02:32:39 03.37
		0:17:29 / 12	0:34:45 / 12	0:52:27 / 12	1:14:21 / 12	1:34:45 / 13	1:52:56 / 11	2:10:13 / 10	2:24:19 / 10		
11	48	GUZYUKIN Władimir		 RUS				69M40/3	(M)11	02:33:06	02:33:04 03.37
		0:18:17 / 15	0:35:36 / 14	0:52:55 / 13	1:14:21 / 13	1:34:45 / 12	1:53:12 / 12	2:10:37 / 11	2:24:51 / 11		
12	20	BONDARENKO Władimir		 RUS				88M20/7	(M)12	02:35:29	02:35:27 03.41
		0:17:30 / 13	0:34:45 / 11	0:52:17 / 10	1:13:57 / 11	1:34:16 / 11	1:53:25 / 13	2:11:47 / 13	2:27:04 / 13		
13	4	KIPKEMBOI SEREM Francis		 KEN				77M30/3	(M)13	02:36:39	02:36:39 03.42
		0:16:07 / 6	0:32:31 / 7	0:49:29 / 7	1:11:06 / 8	1:32:17 / 9	1:52:02 / 9	2:11:06 / 12	2:26:56 / 12		
14	242	CZYŻ Grzegorz	BOGUMIŁOWICE	 POL	/ AUTOMATYKA-TARNÓW			67M40/4	(M)14	02:36:53	02:36:51 03.43
		0:18:46 / 20	0:36:48 / 19	0:55:02 / 18	1:17:12 / 19	1:38:00 / 17	1:56:33 / 14	2:14:09 / 14	2:28:38 / 15		
15	32	KIMANI Lucia		 BIH				80K30/1	(K)1	02:36:54	02:36:50 03.43
		0:18:46 / 19	0:36:48 / 20	0:55:02 / 19	1:17:12 / 18	1:38:01 / 18	1:56:33 / 15	2:14:09 / 15	2:28:38 / 14		
16	143	MRÓZ Arkadiusz	KRAKÓW	 POL	/ MRÓZ RUNNING TEAM			91M20/8	(M)15	02:37:31	02:37:28 03.43
		0:18:02 / 14	0:36:35 / 18	0:55:11 / 20	1:17:43 / 20	1:38:40 / 19	1:57:34 / 18	2:15:14 / 17	2:29:26 / 16		
17	2017	DZIĘGIELEWSKI Marek	DLUŻNIEWO	 POL	/ KB IM.PIOTRA SĘKOWSKIEGO			62M50/1	(M)16	02:40:26	02:40:24 03.48
		0:18:27 / 17	0:36:23 / 15	0:54:14 / 17	1:16:19 / 15	1:37:37 / 14	1:56:34 / 16	2:15:01 / 16	2:31:04 / 17		
18	3266	TRENER Dariusz	KRAKÓW	 POL				70M40/5	(M)17	02:40:29	02:40:11 03.47
		0:19:06 / 26	0:37:58 / 25	0:56:55 / 24	1:19:52 / 21	1:41:21 / 21	2:00:23 / 20	2:18:07 / 19	2:32:32 / 20		
19	34	ZUYEVA Anastasiya		 RUS				92K20/1	(K)2	02:40:41	02:40:41 03.48
		0:19:06 / 25	0:37:58 / 23	0:56:55 / 25	1:19:53 / 22	1:41:18 / 20	2:00:23 / 21	2:18:08 / 20	2:32:32 / 19		
20	30	CIOLEK Agnieszka		 POL				85K20/2	(K)3	02:41:32	02:41:31 03.49
		0:18:26 / 16	0:36:23 / 16	0:54:14 / 16	1:16:19 / 16	1:37:37 / 15	1:57:18 / 17	2:16:18 / 18	2:32:28 / 18		
21	2077	FERLAK Marcin	CHRZANÓW	 POL	/ FALSTART CHRZANÓW			75M30/4	(M)18	02:42:31	02:42:26 03.50
		0:19:35 / 40	0:38:40 / 31	0:57:33 / 27	1:20:42 / 27	1:42:09 / 24	2:01:19 / 22	2:19:18 / 22	2:34:02 / 21		
22	2810	GLAJCAR Jakub	WISŁA	 POL	/ WISŁA			84M20/9	(M)19	02:42:55	02:42:55 03.51
		0:19:35 / 41	0:34:52 / 13	0:53:07 / 14	1:15:54 / 14	1:37:50 / 16	1:58:36 / 19	2:18:23 / 21	2:34:16 / 22		
23	504	LAITINEN Otto	HELSINKI	 FIN	/ SALAI-EVENTS OY			84M20/10	(M)20	02:45:07	02:45:02 03.54
		0:18:49 / 22	0:37:34 / 22	0:56:39 / 22	1:20:16 / 25	1:42:16 / 25	2:02:20 / 25	2:21:17 / 24	2:36:30 / 23		

23.04.2012 08:44:30

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:													
24	3319	KULMATICIY Marat	ST. PETERSBURG	 RUS			86M20/11			(M)21	02:45:09	02:45:08	03.54
		0:19:34 / 36	0:38:41 / 36	0:58:12 / 35	1:22:23 / 35	1:44:15 / 31	2:03:20 / 27	2:21:26 / 25	2:36:31 / 24				
25	41	REZKAYA Volha		 BLR			85K20/3			(K)4	02:46:05	02:46:05	03.56
		0:19:34 / 38	0:38:39 / 28	0:57:33 / 28	1:20:40 / 26	1:42:28 / 26	2:02:06 / 23	2:21:13 / 23	2:36:54 / 25				
26	1513	GÓRNIK Ireneusz	RYDUŁTOWY	 POL	/ KS AZS AWF KRAKÓW		89M20/12			(M)22	02:46:34	02:46:23	03.56
		0:19:34 / 33	0:38:40 / 33	0:58:12 / 33	1:22:22 / 31	1:44:15 / 30	2:03:13 / 26	2:21:55 / 26	2:37:41 / 26				
27	1576	ŁUBKOWSKI Artur	WOLSZTYN	 POL	/ BIEGANIE.PL		84M20/13			(M)23	02:49:24	02:49:20	04.00
		0:20:25 / 79	0:40:35 / 73	1:00:54 / 73	1:25:36 / 65	1:48:12 / 60	2:08:25 / 55	2:26:51 / 43	2:41:22 / 32				
28	239	MACIOŁ Andrzej	KRAKOW	 POL	/ AZS-AWF MASTERS KRAKOW		54M50/2			(M)24	02:49:34	02:49:33	04.01
		0:19:33 / 32	0:38:40 / 34	0:58:10 / 30	1:21:46 / 30	1:44:29 / 32	2:05:13 / 31	2:24:37 / 29	2:40:34 / 27				
29	866	WOJCIK Janusz	RABA WYŻNA	 POL	/ MOK MSZANA DOLNA		64M40/6			(M)25	02:49:48	02:49:47	04.01
		0:20:10 / 63	0:40:20 / 67	1:00:37 / 66	1:25:10 / 57	1:47:43 / 54	2:07:59 / 48	2:26:25 / 40	2:41:20 / 31				
30	2798	STUDNIAREK Adam	JEZOW SUDECKI	 POL			88M20/14			(M)26	02:49:58	02:49:37	04.01
		0:19:47 / 47	0:39:17 / 47	0:59:02 / 45	1:23:16 / 44	1:46:00 / 40	2:06:33 / 37	2:25:32 / 33	2:41:17 / 30				
31	357	KĘSY Marcin	POZNAŃ	 POL	/ KB MANIAC POZNAŃ		85M20/15			(M)27	02:50:00	02:49:58	04.01
		0:20:24 / 73	0:40:35 / 75	1:00:54 / 70	1:25:34 / 64	1:48:13 / 61	2:08:25 / 53	2:26:51 / 42	2:41:34 / 34				
32	855	KANA Frantisek	KEZMAROK	 SVK	/ KEZMAROK HROM DO PIECKY		75M30/5			(M)28	02:50:00	02:49:58	04.01
		0:20:24 / 74	0:38:53 / 41	0:58:25 / 43	2:05:39 / 2102	1:48:13 / 62	2:08:25 / 54	2:24:50 / 30	2:40:55 / 29				
33	36	SOLOVEYEVA Natalia		 RUS			82K30/2			(K)5	02:50:37	02:50:34	04.02
		0:19:34 / 37	0:38:41 / 35	0:58:12 / 32	1:22:24 / 36	1:45:20 / 37	2:06:02 / 36	2:25:20 / 32	2:41:28 / 33				
34	475	ŚWIĘTEK Andrzej	LESZNO	 POL	/ DRUŻYNA SZPIKU		59M50/3			(M)29	02:50:56	02:50:54	04.03
		0:19:20 / 31	0:38:39 / 30	0:58:13 / 38	1:22:37 / 37	1:46:01 / 41	2:06:41 / 38	2:25:57 / 36	2:41:45 / 35				
35	3313	KAFEL Jacek		 POL			76M30/6			(M)30	02:51:03	02:50:58	04.03
		0:19:09 / 27	0:37:58 / 26	0:56:51 / 23	1:19:53 / 23	1:41:54 / 22	2:02:16 / 24	2:23:15 / 27	2:40:38 / 28				
36	1580	POLANSKI Tomasz	BYDGOSZCZ	 POL	/ CIEPŁOBUD		75M30/7			(M)31	02:51:15	02:51:08	04.03
		0:19:59 / 55	0:39:30 / 48	0:59:12 / 46	1:23:10 / 43	1:45:55 / 39	2:06:48 / 39	2:26:36 / 41	2:42:33 / 37				
37	1741	TOPA Jerzy	CHRZANÓW	 POL	/ FALSTART CHRZANÓW		65M40/7			(M)32	02:52:07	02:52:00	04.04
		0:19:59 / 56	0:40:05 / 60	0:59:53 / 57	1:23:55 / 49	1:46:29 / 46	2:06:49 / 41	2:26:25 / 39	2:42:36 / 38				
38	2115	DUCHINSKI Wojciech	OSIELSKO	 POL	/ IWSP SZ BYDGOSZCZ		69M40/8			(M)33	02:52:46	02:52:23	04.05
		0:19:44 / 44	0:38:57 / 43	0:58:15 / 39	1:22:23 / 33	1:44:54 / 33	2:05:45 / 34	2:25:51 / 34	2:42:45 / 39				
39	288	PREISNER Robert	PRZEMYSŁ	 POL	/ PRZEMYSKI KS NIEWIDOMYCH "		68M40/9			(M)34	02:52:48	02:52:44	04.05
		0:20:17 / 65	0:40:04 / 58	0:59:51 / 54	1:23:53 / 47								
						1:46:28 / 45	2:06:49 / 40	2:26:24 / 38	2:43:00 / 42				
40	8	KĘDZIERSKI Kamil		 POL	/ NYSA BIEGA		89M20/16			(M)35	02:52:58	02:52:56	04.05
		0:18:30 / 18	0:36:24 / 17	0:54:14 / 15	1:16:22 / 17	1:42:09 / 23	2:04:00 / 28	2:23:54 / 28	2:41:51 / 36				
41	3339	PRÓSZYŃSKI Romuald	PULAWY	 POL	/ CHEMIK PULAWY		69M40/10			(M)36	02:53:04	02:52:59	04.05
		0:19:34 / 35	0:38:39 / 29	0:58:05 / 29	1:21:46 / 29	1:45:06 / 36	2:05:53 / 35	2:25:59 / 37	2:42:50 / 40				
42	1695	KOBAJLO Ryszard	GRÓDEK N/DUNAJCEM	 POL	/ TTKF-CZARNI KATOWICE		62M50/4			(M)37	02:53:09	02:53:05	04.06
		0:19:05 / 24	0:37:58 / 24	0:57:04 / 26	1:20:44 / 28	1:43:18 / 28	2:04:57 / 29	2:25:15 / 31	2:42:54 / 41				
43	1710	SEWERYN Andrzej	CHEŁM ŚLĄSKI	 POL	/ WAMPOL MYSŁOWICE		78M30/8			(M)38	02:53:15	02:52:56	04.05
		0:20:44 / 83	0:40:29 / 69	1:00:37 / 65	1:25:21 / 59	1:48:05 / 59	2:08:29 / 56	2:27:49 / 47	2:43:57 / 44				
44	771	JASEK Tadeusz	RADZIECHOWY	 POL			51M60/1			(M)39	02:53:52	02:53:49	04.07
		0:19:11 / 28	0:38:40 / 32	0:58:13 / 36	1:22:38 / 38	1:46:02 / 42	2:07:15 / 44	2:27:24 / 45	2:43:57 / 45				
45	177	CZECH Robert	KRAKÓW	 POL	/ AZS-AWF MASTERS KRAKÓW		78M30/9			(M)40	02:53:54	02:53:51	04.07
		0:20:18 / 69	0:40:19 / 63	1:00:37 / 67	1:25:33 / 62	1:48:27 / 63	2:09:20 / 59	2:28:47 / 53	2:45:00 / 49				
46	448	TÖLLI Tuomas	NURMIJÄRVI	 FIN	/ LEPPÄVAARAN SISU		82M30/10			(M)41	02:54:20	02:54:18	04.07
		0:19:39 / 43	0:38:53 / 40	0:58:12 / 34	1:22:23 / 34	1:44:54 / 35	2:05:40 / 32	2:25:51 / 35	2:43:33 / 43				
47	1727	MAKOWIEC Robert	TUCHÓW	 POL	/ FESTIWAL BIEGOWY W KRYNICY		75M30/11			(M)42	02:54:24	02:54:23	04.07
		0:20:18 / 70	0:40:03 / 57	0:59:53 / 56	2:07:44 / 2209	1:46:51 / 50	2:05:40 / 33	2:27:53 / 49	2:44:55 / 48				
48	945	ŽUK Marek	PRZEMYSŁ	 POL			80M30/12			(M)43	02:54:42	02:54:40	04.08
		0:20:17 / 68	0:40:04 / 59	0:59:52 / 55	1:23:54 / 48	1:46:51 / 49	2:07:43 / 45	2:27:53 / 48	2:44:54 / 47				
49	637	TOMASIAK Robert	RYTRO	 POL	/ VISEGRAD MARATON RYTRO		70M40/11			(M)44	02:54:52	02:54:42	04.08
		0:20:17 / 67	0:41:51 / 100	1:02:16 / 89	1:27:30 / 80	1:50:52 / 76	2:11:35 / 69	2:30:38 / 59	2:46:10 / 50				
50	124	MARYANSKI Krzysztof	RYBNIK	 POL			83M20/17			(M)45	02:55:06	02:55:00	04.08
		0:19:56 / 53	0:39:33 / 51	0:59:20 / 48	1:23:30 / 45	1:46:39 / 48	2:08:11 / 52	2:28:00 / 50	2:44:46 / 46				
51	1884	CHOJNACKI Jakub	BIELSKO-BIAŁA	 POL	/ MARATONYPOLSKIE.PL TEAM		74M30/13			(M)46	02:55:22	02:55:19	04.09
		0:20:49 / 91	0:41:26 / 87	1:02:08 / 84	1:27:13 / 77	1:50:24 / 70	2:10:56 / 62	2:30:14 / 57	2:46:13 / 52				

23.04.2012 08:44:31

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
52	1149	ROCZKOWSKI Artur	RYBNIK		POL / SBD ENERGETYK RYBNIK		65M	40/12 (M)47	02:55:48	02:55:30 04.09
		0:20:09 / 61	0:39:39 / 52	0:59:38 / 50	1:23:50 / 46	1:47:00 / 51	2:08:37 / 57	2:29:01 / 54	2:46:13 / 51	
53	961	PRZEWOŹNIK Marek	BRZESZCZE		POL / ZADYSZKA OŚWIĘCIM		63M	40/13 (M)48	02:55:53	02:55:48 04.10
		0:20:44 / 84	0:41:02 / 80	1:01:30 / 78	1:26:46 / 73	1:50:20 / 69	2:11:17 / 65	2:30:42 / 60	2:46:43 / 55	
54	559	WASZKIEWICZ Tomasz	SZCZECIN		POL / TT SZCZECIN		82M	30/14 (M)49	02:56:16	02:56:10 04.10
		0:21:04 / 99	0:41:34 / 90	1:02:34 / 90	1:27:51 / 82	1:51:16 / 79	2:12:05 / 71	2:31:12 / 62	2:47:06 / 57	
55	819	MUDZIEJEWSKI Jarosław	BYDGOSZCZ		POL / NIEZRZESZONY		75M	30/15 (M)50	02:56:38	02:56:31 04.11
		0:21:13 / 127	0:42:08 / 109	1:02:55 / 104	1:28:18 / 91	1:51:59 / 89	2:13:00 / 78	2:32:09 / 67	2:47:33 / 58	
56	1105	PANTSEVICH Andrei	GRODNO		BLR		66M	40/14 (M)51	02:56:42	02:56:34 04.11
		0:19:36 / 42	0:38:52 / 38	0:58:25 / 42	1:22:46 / 40	1:46:33 / 47	2:08:44 / 58	2:30:13 / 56	2:47:05 / 56	
57	1686	GODEK Paweł	WARSZAWA		POL / DELOITTE ADVENTURE TEAM/SGH		87M	20/18 (M)52	02:56:44	02:56:30 04.10
		0:20:17 / 66	0:40:19 / 65	1:00:23 / 60	1:25:04 / 55	1:47:44 / 56	2:08:04 / 50	2:28:06 / 51	2:46:16 / 53	
58	2555	MORAWCZYŃSKI Konrad	DĘBICA		POL / KB MARATOŃCZYK DĘBICA		75M	30/16 (M)53	02:56:58	02:56:49 04.11
		0:21:10 / 105	0:42:22 / 125	1:03:57 / 138	1:29:37 / 120	1:53:26 / 114	2:14:22 / 91	2:33:10 / 75	2:48:17 / 60	
59	2497	NAGY György	BUDAPEST		HUN		73M	30/17 (M)54	02:57:27	02:57:18 04.12
		0:20:05 / 59	0:39:47 / 53	0:59:39 / 52	1:24:12 / 51	1:47:09 / 52	2:08:02 / 49	2:28:41 / 52	2:46:40 / 54	
60	1965	OCHOCIŃSKI Mariusz	WŁOCŁAWEK		POL		73M	30/18 (M)55	02:57:53	02:57:48 04.12
		0:19:51 / 49	0:39:33 / 50	0:59:29 / 49	1:24:08 / 50	1:47:10 / 53	2:10:05 / 60	2:31:13 / 63	2:48:31 / 62	
61	16	CHERKES Sergey			UKR		81M	30/19 (M)56	02:58:06	02:58:05 04.13
		0:18:49 / 21	0:37:29 / 21	0:56:34 / 21	1:20:09 / 24	1:43:29 / 29	2:05:08 / 30	2:27:28 / 46	2:47:48 / 59	
62	40	MALYSHEVA Maryia			RUS		90K	20/4 (K)6	02:58:19	02:58:17 04.13
		0:20:10 / 62	0:40:20 / 66	1:00:54 / 72	1:26:23 / 70	1:50:33 / 73	2:12:10 / 73	2:32:34 / 69	2:49:13 / 64	
63	3318	VINOGRADOV Yury	ST. PETERSBURG		RUS		79M	30/20 (M)57	02:58:19	02:58:18 04.13
		0:20:50 / 93	0:41:49 / 93	1:02:40 / 93	1:28:16 / 88	1:52:13 / 94	2:12:10 / 72	2:32:34 / 70	2:49:13 / 65	
64	1828	NIC Jakub	INOWROCLAW		POL / TRI - SPORT NIEMCZ		77M	30/21 (M)58	02:58:20	02:58:07 04.13
		0:21:09 / 101	0:41:50 / 97	1:02:41 / 96	1:28:16 / 87	1:52:00 / 90	2:13:06 / 79	2:33:08 / 74	2:49:15 / 66	
65	2047	LEMANSKI Jakub	WEJHEROWO		POL / KS WEJHER		92M	20/19 (M)59	02:58:26	02:58:18 04.13
		0:21:09 / 103	0:42:12 / 115	1:03:13 / 113	1:29:14 / 113	1:52:00 / 91	2:14:25 / 97	2:33:53 / 82	2:49:32 / 69	
66	1554	KUTRYN Łukasz	BISZCZA		POL		85M	20/20 (M)60	02:58:39	02:58:33 04.13
		0:19:46 / 46	0:38:53 / 39	0:58:24 / 40	1:22:46 / 41	1:46:06 / 43	2:07:54 / 46	2:29:22 / 55	2:48:27 / 61	
67	2430	PORĘBA Jacek	NOWY SĄCZ		POL / VISEGRAD MARATON RYTRO		71M	40/15 (M)61	02:59:01	02:58:51 04.14
		0:21:11 / 117	0:41:49 / 94	1:02:15 / 88	1:27:29 / 79	1:51:21 / 80	2:12:39 / 76	2:32:30 / 68	2:49:26 / 68	
68	792	CHWISTEK Damian	DĄBROWA GÓRNICZA		POL / POGORIA BIEGA		86M	20/21 (M)62	02:59:01	02:58:46 04.14
		0:20:24 / 75	0:40:35 / 76	1:00:31 / 62	2:08:44 / 2317	1:47:45 / 57	2:12:39 / 75	2:30:21 / 58	2:48:48 / 63	
69	1335	GRUCA Zdzisław	RĄCZNA		POL		69M	40/16 (M)63	02:59:10	02:59:06 04.14
		0:21:27 / 158	0:42:41 / 144	1:03:59 / 145	1:29:37 / 119	1:53:27 / 118	2:14:43 / 103	2:34:17 / 90	2:50:08 / 74	
70	2237	BRACHMAN Tomasz	KRAKÓW		POL		80M	30/22 (M)64	02:59:14	02:58:58 04.14
		0:20:06 / 60	0:39:04 / 45	0:58:11 / 31	1:22:23 / 32	1:44:54 / 34	2:06:55 / 43	2:31:02 / 61	2:49:54 / 71	
71	2129	CADER Agnieszka	ZABIERZÓW		POL		83K	20/5 (K)7	02:59:16	02:59:02 04.14
		0:21:37 / 193	0:42:42 / 152	1:03:57 / 135	2:14:27 / 2498	1:53:27 / 117	2:06:55 / 42	2:34:04 / 84	2:50:17 / 76	
72	2387	DYRLAGA Marcin	WĘGIERSKA GÓRKA		POL / KS HALNY WĘGIERSKA GÓRKA		84M	20/22 (M)65	02:59:23	02:59:16 04.14
		0:21:13 / 130	0:42:08 / 108	1:02:56 / 106	1:28:18 / 92	1:51:59 / 87	2:13:00 / 77	2:32:38 / 72	2:49:35 / 70	
73	2303	LUBOMSKI Krzysztof	ZAGÓRZ		POL / SGMM SANOK		88M	20/23 (M)66	02:59:29	02:59:22 04.15
		0:21:13 / 129	0:42:23 / 133	1:03:27 / 124	1:29:14 / 112	1:51:59 / 86	2:14:14 / 88	2:33:50 / 80	2:50:17 / 77	
74	2151	LISIECKI Bartosz	POZNAŃ		POL		78M	30/23 (M)67	02:59:33	02:59:25 04.15
		0:21:31 / 174	0:42:42 / 149	1:03:55 / 132	1:29:37 / 121	1:53:26 / 113	2:14:23 / 92	2:33:46 / 79	2:50:13 / 75	
75	2705	BŁASZCZAK Andrzej	KOŚCIELISKO		POL / 'TG' 'SOKÓŁ' 'ZAKOPANE'		61M	50/5 (M)68	02:59:36	02:59:34 04.15
		0:20:50 / 92	0:41:26 / 88	1:02:02 / 82	1:27:04 / 76	1:50:32 / 72	2:11:24 / 66	2:31:31 / 64	2:49:17 / 67	
76	1164	KIJANKA Artur	ZIELONKI		POL		68M	40/17 (M)69	02:59:37	02:59:32 04.15
		0:21:10 / 112	0:42:18 / 120	1:03:26 / 121	1:29:13 / 105	1:53:00 / 103	2:14:23 / 94	2:33:53 / 83	2:50:05 / 72	
77	1016	ŁUKASZEWICZ Józef	RUMIA		POL / NIEZRZESZONY		58M	50/6 (M)70	02:59:47	02:59:42 04.15
		0:20:47 / 85	0:41:23 / 81	1:02:08 / 85	2:12:41 / 2444	1:51:24 / 82	2:14:23 / 93	2:33:20 / 77	2:50:06 / 73	
78	117	MACHLOWSKI Łukasz	KRAKÓW		POL		86M	20/24 (M)71	02:59:47	02:59:44 04.15
		0:21:05 / 100	0:42:09 / 110	1:02:57 / 108	1:28:46 / 100	1:52:39 / 100	2:14:15 / 89	2:34:08 / 87	2:50:18 / 78	
79	1735	KORAB Robert	RZESZÓW		POL / RZESZOWSKIE GAZELE I GEPARDY		70M	40/18 (M)72	02:59:56	02:59:48 04.15
		0:21:28 / 162	0:42:42 / 154	1:03:57 / 133	1:29:38 / 126	1:53:26 / 115	2:14:27 / 100	2:34:04 / 86	2:50:25 / 80	
80	508	FILUŚ Stanisław	MYSŁOWICE		POL / KRS TRIATHLON DG		65M	40/19 (M)73	03:00:14	03:00:09 04.16
		0:21:12 / 119	0:42:19 / 123	1:03:26 / 122	1:29:13 / 107	1:53:01 / 105	2:14:25 / 98	2:34:13 / 89	2:50:46 / 83	

23.04.2012 08:44:31

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
81	931	CZAPKA Norbert	BRZEG		POL		71M	40/20	(M)74 03:00:33	02:59:23 04.15
		0:23:05 / 282	0:44:04 / 222	1:05:02 / 190	1:30:57 / 155	1:54:58 / 152	2:16:21 / 118	2:36:02 / 102	2:51:37 / 88	
82	431	FLIDR Jan	KRALUPY N.V.		CZE / MK KŁADNO		57M	50/7	(M)75 03:00:34	03:00:31 04.16
		0:20:51 / 94	0:41:51 / 99	1:02:42 / 99	1:28:42 / 98	1:53:01 / 106	2:14:26 / 99	2:34:09 / 88	2:50:47 / 84	
83	1076	DUDA Bronisław	LASEK		POL		63M	40/21	(M)76 03:00:45	02:59:55 04.15
		0:21:20 / 141	0:41:24 / 84	1:01:48 / 79	1:26:53 / 74	1:50:36 / 75	2:12:24 / 74	2:33:30 / 78	2:51:22 / 87	
84	2452	KĄCKI Paweł	WARSZAWA		POL / KB ACTIVESPORTS WARSZAWA		75M	30/24	(M)77 03:00:53	03:00:39 04.16
		0:21:10 / 109	0:41:58 / 105	1:02:44 / 103	1:28:06 / 84	1:51:59 / 88	2:13:57 / 86	2:33:52 / 81	2:50:51 / 85	
85	2032	RAWSKI Mateusz	LUBACZÓW		POL / ""LEONIDAS"" ŁUKAWIEC		82M	30/25	(M)78 03:01:02	03:00:59 04.17
		0:21:32 / 179	0:43:04 / 186	1:04:52 / 183	1:30:23 / 143	1:53:02 / 108	2:13:15 / 81	2:33:12 / 76	2:50:39 / 81	
86	2397	GRZELAK Adrian	TUREK		POL		88M	20/25	(M)79 03:01:22	03:01:04 04.17
		0:21:29 / 164	0:42:43 / 159	1:03:59 / 143	1:29:38 / 127	1:53:26 / 112	2:14:27 / 101	2:34:04 / 85	2:50:21 / 79	
87	2794	KAMUSIŃSKI Paweł	RADOM		POL / NIEZRZESZONY		80M	30/26	(M)80 03:01:37	03:01:29 04.18
		0:21:12 / 118	0:42:22 / 127	1:04:00 / 148	1:30:03 / 138	1:54:38 / 140	2:16:00 / 116	2:35:34 / 95	2:52:20 / 92	
88	2421	KALICIŃSKI Bogusław	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW		61M	50/8	(M)81 03:01:48	03:01:44 04.18
		0:21:15 / 135	0:42:16 / 117	1:03:23 / 119	1:29:19 / 115	1:53:36 / 123	2:15:23 / 110	2:35:50 / 98	2:52:23 / 93	
89	1781	WAŻNY Stanisław	LUBACZÓW		POL / KLUB BIEGACZA LUBACZÓW		79M	30/27	(M)82 03:01:55	03:01:49 04.18
		0:21:31 / 176	0:43:04 / 185	1:04:53 / 184	1:30:45 / 151	1:54:44 / 142	2:15:52 / 115	2:35:46 / 97	2:52:18 / 91	
90	3334	BARCHENKOV Michail	ST. PETERSBURG		RUS		72M	40/22	(M)83 03:02:11	03:02:07 04.18
		0:20:48 / 87	0:41:49 / 95	1:02:41 / 94	1:28:16 / 86	1:52:16 / 97	2:13:54 / 85	2:34:38 / 91	2:52:16 / 90	
91	3000	MAJ Tadeusz	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW		63M	40/23	(M)84 03:02:16	03:02:14 04.19
		0:19:34 / 34	0:38:51 / 37	0:58:25 / 41	1:22:44 / 39	1:46:24 / 44	2:08:10 / 51	2:31:56 / 66	2:51:13 / 86	
92	1467	WYSZYŃSKI Bernard	WARSZAWA		POL / KB ACTIVESPORTS WARSZAWA		78M	30/28	(M)85 03:02:40	03:02:35 04.19
		0:21:20 / 140	0:42:43 / 156	1:03:46 / 126	1:29:33 / 117	1:53:31 / 121	2:14:56 / 107	2:35:15 / 93	2:52:27 / 94	
93	3496	WILK Dariusz	BEDZIN		POL / NIEZRZESZONY		77M	30/29	(M)86 03:02:50	03:02:40 04.19
		0:20:39 / 82	0:40:35 / 72	1:00:53 / 69	1:25:34 / 63	1:48:50 / 66	2:10:43 / 61	2:31:43 / 65	2:50:45 / 82	
94	108	ZYCH Dariusz	PIŁA		POL / KB 4RUN TEAM PIŁA		70M	40/24	(M)87 03:03:14	03:03:12 04.20
		0:19:35 / 39	0:39:05 / 46	0:59:12 / 47	1:24:15 / 52	1:48:36 / 65	2:11:01 / 63	2:32:35 / 71	2:52:05 / 89	
95	3002	BIAŁOŃSKI Michał	KRAKÓW		POL / INTERIA.PL RUNNERS TEAM		71M	40/25	(M)88 03:03:17	03:03:13 04.20
		0:21:10 / 106	0:42:17 / 118	1:03:48 / 129	1:29:37 / 123	1:53:50 / 129	2:16:30 / 123	2:37:35 / 114	2:54:03 / 99	
96	3491	STĘPIEŃ Zenon	KIELCE		POL		63M	40/26	(M)89 03:03:29	03:03:05 04.20
		0:23:14 / 290	0:44:27 / 238	1:05:51 / 215	1:31:47 / 177	1:56:01 / 159	2:17:21 / 135	2:37:35 / 115	2:54:01 / 98	
97	3363	LATAŁA Krzysztof	KRAKÓW		POL / VEGE RUNNERS		81M	30/30	(M)90 03:03:38	03:03:31 04.20
		0:21:24 / 149	0:42:41 / 142	1:04:00 / 147	1:29:37 / 122	1:53:27 / 119	2:14:46 / 104	2:35:57 / 100	2:54:22 / 101	
98	2711	SOSNA Bartłomiej	KRAKÓW		POL / VEGE RUNNERS		81M	30/31	(M)91 03:03:59	03:03:52 04.21
		0:21:24 / 150	0:42:42 / 146	1:04:00 / 150	1:29:37 / 124	1:53:27 / 116	2:14:28 / 102	2:34:49 / 92	2:53:13 / 95	
99	2434	TERMAN Dariusz	LUBOWIDZ		POL / 1 ŁĘBORSKI BATALION ZMECHANIZOWANY		79M	30/32	(M)92 03:04:19	03:04:13 04.21
		0:23:03 / 281	0:44:39 / 249	1:06:17 / 223	1:32:22 / 186	1:56:26 / 171	2:17:42 / 141	2:37:57 / 117	2:54:38 / 103	
100	1058	DE FAZIO Riccardo	ROMA		ITA / UISP ROMA		64M	40/27	(M)93 03:04:26	03:04:19 04.22
		0:21:58 / 209	0:43:25 / 198	1:05:14 / 197	1:31:41 / 173	1:56:10 / 166	2:18:08 / 148	2:38:37 / 123	2:55:08 / 106	
101	2178	MOKRZYCKI Rafał	INOWROCŁAW		POL		75M	30/33	(M)94 03:04:35	03:04:26 04.22
		0:21:13 / 123	0:41:34 / 89	1:02:34 / 91	2:15:32 / 2550	1:52:33 / 98	2:18:08 / 149	2:36:09 / 104	2:53:53 / 96	
102	762	BORKOWSKI Aleksander	SWINOUJSCIE		POL / MARYNARKA WOJENNA SWINOUJSCIE		56M	50/9	(M)95 03:04:41	03:04:36 04.22
		0:20:47 / 86	0:41:23 / 83	1:02:12 / 86	1:27:52 / 83	1:52:00 / 92	2:14:20 / 90	2:36:11 / 106	2:54:22 / 102	
103	3129	ŁYDEK Paweł	GRABOWA		POL		88M	20/26	(M)96 03:04:42	03:04:34 04.22
		0:22:58 / 272	0:44:51 / 255	1:06:44 / 236	1:33:52 / 210	1:57:55 / 187	2:19:10 / 164	2:38:47 / 125	2:55:06 / 105	
104	75	SZPAK Damian	TYCHY		POL / BIEGAJZNAMI.PL		61M	50/10	(M)97 03:04:43	03:04:35 04.22
		0:21:28 / 161	0:42:42 / 153	1:03:59 / 144	1:29:57 / 131	1:54:04 / 135	2:15:33 / 113	2:36:02 / 101	2:53:53 / 97	
105	3208	ŁUDKIEWICZ Mariusz	STARY WĘGLINIEC		POL / EDI TEAM ZGORZELEC		71M	40/28	(M)98 03:05:23	03:05:18 04.23
		0:20:23 / 72	0:40:35 / 74	1:01:05 / 76	1:26:22 / 69	1:50:36 / 74	2:13:20 / 82	2:36:11 / 105	2:54:52 / 104	
106	408	PACH Tomasz	WOŁÓW		POL / AZS UAM POZNAŃ		90M	20/27	(M)99 03:05:27	03:05:21 04.23
		0:21:11 / 116	0:41:51 / 103	1:02:55 / 105	1:28:15 / 85	1:52:44 / 101	2:16:07 / 117	2:38:11 / 119	2:56:03 / 113	
107	1726	TOKARCZYK Marek	NOWY SĄCZ		POL / VISEGRAD MARATON RYTRO		74M	30/34	(M)100 03:05:34	03:05:24 04.23
		0:21:26 / 155	0:42:41 / 143	1:04:00 / 151	1:29:57 / 134	1:54:09 / 136	2:16:37 / 127	2:38:12 / 120	2:55:44 / 111	
108	1713	MAZUR Marek	WROCŁAW		POL		84M	20/28	(M)101 03:06:10	03:05:59 04.24
		0:21:14 / 131	0:42:24 / 135	1:04:00 / 146	2:16:51 / 2629	1:54:41 / 141	2:16:37 / 126	2:38:13 / 121	2:56:07 / 114	
109	1654	TYLEK Rafał	KRAKÓW		POL		71M	40/29	(M)102 03:06:24	03:05:25 04.23
		0:23:01 / 277	0:44:05 / 223	1:04:58 / 188	1:30:46 / 153	1:54:46 / 144	2:16:28 / 122	2:37:30 / 111	2:55:42 / 110	

23.04.2012 08:44:31

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
110	145	WACHULEC Władysław	KRAKÓW		POL		79M30/35	(M)103	03:06:30	03:06:04 04.24
		0:23:01 / 276	0:42:20 / 124	1:03:02 / 110	1:28:49 / 102	1:53:11 / 109	2:15:28 / 111	2:37:00 / 108	2:55:16 / 108	
111	723	ZAKRZEWSKI Rafał	KALISZ		POL	/ SUPERMARATON KALISZ	77M30/36	(M)104	03:06:30	03:06:16 04.24
		0:22:21 / 244	0:43:52 / 215	1:05:32 / 203	1:32:18 / 182	1:57:13 / 179	2:19:22 / 165	2:40:03 / 138	2:56:57 / 117	
112	381	CHMURZYŃSKI Tomasz	BYDGOSZCZ		POL	/ KSN ŁUCZNICZKA BYDGOSZCZ	69M40/30	B2/1 (M)105	03:06:47	03:06:45 04.25
		0:20:25 / 76	0:40:34 / 70	1:00:52 / 68	1:26:13 / 68	1:51:22 / 81	2:14:24 / 95	2:37:12 / 109	2:55:54 / 112	
113	2505	PIOTROWSKI Marcin	GDYNIA		POL		75M30/37	(M)106	03:06:50	03:06:43 04.25
		0:22:46 / 261	0:44:48 / 252	1:06:49 / 240	1:33:57 / 214	1:58:52 / 204	2:20:49 / 176	2:40:59 / 147	2:57:24 / 125	
114	1169	ROŻNOWSKI Dariusz	WARSZAWA		POL		70M40/31	(M)107	03:06:56	03:06:53 04.25
		0:21:30 / 170	0:42:44 / 163	1:04:12 / 160	1:30:21 / 142	1:54:58 / 151	2:17:27 / 139	2:39:13 / 128	2:57:08 / 121	
115	503	LAITINEN Lassi	HELSINKI		FIN	/ SALAI-EVENTS OY	85M20/29	(M)108	03:06:58	03:06:50 04.25
		0:21:13 / 128	0:41:55 / 104	1:02:42 / 101	1:28:17 / 89	1:52:16 / 96	2:14:03 / 87	2:35:51 / 99	2:55:24 / 109	
116	518	BURGESS Jon	BICESTER		GBR	/ ALCHESTER RUNNING CLUB	54M50/11	(M)109	03:07:07	03:06:59 04.25
		0:21:41 / 195	0:43:02 / 184	1:04:28 / 171	1:30:42 / 150	1:55:06 / 155	2:17:22 / 136	2:38:06 / 118	2:56:50 / 115	
117	2696	PAJĄK Łukasz	WIELICZKA		POL		79M30/38	(M)110	03:07:16	03:06:53 04.25
		0:22:18 / 234	0:43:44 / 211	1:05:10 / 196	1:31:18 / 165	1:55:39 / 158	2:18:13 / 151	2:39:29 / 129	2:57:08 / 120	
118	3488	HUDÁKOVÁ Jitka	TRENČÍN		SVK	/ TRENČÍN	71K40/1	(K)8	03:07:30	03:07:25 04.26
		0:21:35 / 186	0:42:52 / 175	1:04:20 / 167	1:31:03 / 158	1:56:02 / 163	2:18:30 / 160	2:39:45 / 134	2:57:21 / 123	
119	3489	HUDÁK Juraj	TRENČÍN		SVK	/ TRENČÍN	73M30/39	(M)111	03:07:31	03:07:26 04.26
		0:21:35 / 187	0:42:51 / 173	1:04:20 / 166	1:31:02 / 157	1:56:01 / 160	2:18:30 / 159	2:39:44 / 133	2:57:20 / 122	
120	2269	AGIEJCZYK Wojciech	KRAKÓW		POL	/ AGH KRAKÓW	85M20/30	(M)112	03:07:33	03:07:09 04.26
		0:21:30 / 167	0:42:42 / 147	1:03:57 / 134	1:29:57 / 133	1:54:04 / 134	2:15:33 / 112	2:37:34 / 112	2:57:05 / 119	
121	2313	MAJCHER Piotr	KRAKÓW		POL		72M40/32	(M)113	03:07:33	03:07:30 04.26
		0:20:03 / 58	0:40:16 / 61	1:00:55 / 74	1:26:25 / 71	1:51:00 / 77	2:13:53 / 84	2:36:06 / 103	2:57:05 / 118	
122	31	CHEBET SERONEI Beatrice			KEN		86K20/6	(K)9	03:08:04	03:08:04 04.27
		0:19:03 / 23	0:38:24 / 27	0:58:35 / 44	1:25:16 / 58	1:50:27 / 71	2:13:37 / 83	2:35:29 / 94	2:55:10 / 107	
123	1326	ZAWALSKI Maciej	ZABIERZÓW		POL	/ JW4658	74M30/40	(M)114	03:08:22	03:08:17 04.27
		0:21:33 / 181	0:42:48 / 167	1:03:57 / 137	1:29:43 / 128	1:54:17 / 138	2:16:40 / 129	2:38:49 / 126	2:57:28 / 127	
124	2347	PISZCZATOWSKI Wojciech	WARSZAWA		POL		71M40/33	(M)115	03:08:25	03:08:19 04.27
		0:20:28 / 80	0:40:36 / 77	1:00:55 / 75	1:26:33 / 72	1:52:04 / 93	2:16:24 / 121	2:38:50 / 127	2:57:28 / 126	
125	1897	KLUŻNIAK Jacek	KIELCE		POL	/ KKL KIELCE	75M30/41	(M)116	03:08:30	03:08:23 04.27
		0:21:11 / 115	0:42:04 / 106	1:03:15 / 116	1:29:14 / 110	1:53:52 / 130	2:16:37 / 125	2:39:37 / 131	2:57:54 / 128	
126	857	CHRISTOFFERSEN Stian	KRAKOW		NOR	/ TEAM MASKIN	89M20/31	(M)117	03:08:32	03:08:22 04.27
		0:21:11 / 114	0:42:09 / 111	1:02:56 / 107	2:14:50 / 2524	1:51:56 / 85	2:16:37 / 124	2:37:28 / 110	2:56:54 / 116	
127	3312	KARBOWIAK Hubert	WROCLAW		POL		69M40/34	(M)118	03:08:34	03:08:25 04.27
		0:21:55 / 208	0:43:24 / 197	1:04:59 / 189	1:31:22 / 166	1:56:01 / 161	2:18:20 / 153	2:40:02 / 137	2:58:14 / 132	
128	2356	BODANKA Piotr	NIEZNAVICE		POL		79M30/42	(M)119	03:08:39	03:08:17 04.27
		0:21:31 / 175	0:42:49 / 170	1:04:30 / 175	1:31:36 / 171	1:57:11 / 177	2:18:20 / 152	2:41:43 / 152	2:59:16 / 142	
129	1260	RYŻAK Marian	RYTRO		POL	/ NEWAG NOWY SĄCZ	62M50/12	(M)120	03:08:39	03:08:14 04.27
		0:21:58 / 210	0:42:49 / 169	1:03:48 / 130	1:29:32 / 116	1:54:54 / 148	2:18:23 / 156	2:40:37 / 143	2:58:17 / 134	
130	1411	BŁASZCZYK Artur	DĄBROWA GÓRNICZA		POL	/ KB.PIMAR LEGIONOWO	79M30/43	(M)121	03:08:42	03:08:25 04.27
		0:21:17 / 137	0:41:51 / 101	1:02:41 / 97	1:28:18 / 93	1:53:14 / 110	2:17:01 / 132	2:39:54 / 135	2:59:02 / 139	
131	1480	GAWLAK Paweł	WARSZAWA		POL	/ WARSZAWA	69M40/35	(M)122	03:08:44	03:08:10 04.27
		0:23:03 / 280	0:44:52 / 258	1:06:49 / 239	1:33:18 / 203	1:58:18 / 198	2:20:54 / 179	2:42:15 / 161	2:59:23 / 145	
132	1445	STARZEC Adam	KRAKÓW		POL		74M30/44	(M)123	03:08:46	03:08:40 04.28
		0:21:14 / 132	0:42:23 / 132	1:03:22 / 118	1:29:15 / 114	1:53:55 / 131	2:17:08 / 133	2:39:34 / 130	2:57:59 / 129	
133	3039	PIOTROWSKI Tomasz	KONSTANCJA JEZIORNA		POL		71M40/36	(M)124	03:08:56	03:08:53 04.28
		0:19:13 / 30	0:39:01 / 44	0:59:38 / 51	1:25:30 / 61	1:51:03 / 78	2:14:46 / 105	2:37:49 / 116	2:57:24 / 124	
134	269	DVORSKY Ladislav	OSTRAVA		CZE	/ MK SEITL OSTRAVA	65M40/37	(M)125	03:08:58	03:08:24 04.27
		0:19:13 / 29	0:44:01 / 220	1:05:44 / 209	1:32:40 / 192	1:58:16 / 195	2:20:34 / 172	2:42:12 / 158	2:59:09 / 140	
135	2987	KUBIK Józef	ROPCZYCE		POL	/ RUCH DLA ZDROWIA RZESZÓW	61M50/13	(M)126	03:08:58	03:08:55 04.28
		0:21:25 / 152	0:42:42 / 151	1:04:09 / 157	1:30:45 / 152	1:56:10 / 165	2:19:07 / 162	2:40:55 / 146	2:58:50 / 138	
136	3228	STOLARZ Piotr	DĄBROWA GÓRNICZA		POL		77M30/45	(M)127	03:08:59	03:08:32 04.28
		0:21:25 / 153	0:43:18 / 193	1:04:17 / 164	1:30:02 / 137	1:54:03 / 133	2:15:34 / 114	2:37:34 / 113	2:58:12 / 130	
137	24	CICHONCZUK Antoni			POL		49M60/2	(M)128	03:09:00	03:08:57 04.28
		0:21:12 / 121	0:42:18 / 119	1:03:47 / 127	1:30:00 / 135	1:54:57 / 150	2:17:59 / 145	2:40:01 / 136	2:58:17 / 133	
138	423	MICKIEWICZ Wojciech	MIĘDZYZDRÓJE		POL	/ HOTEL AMBER BALTIC	61M50/14	(M)129	03:09:11	03:09:07 04.28
		0:22:17 / 229	0:44:18 / 232	1:06:19 / 225	1:33:17 / 202	1:58:14 / 194	2:20:51 / 178	2:42:07 / 157	2:59:20 / 144	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
139	2275	BORUCKI Dariusz	GOLDAP		POL / ŁOWCY PRZYGÓD - GOLDAP		65M40/38	(M)130	03:09:12	03:09:04 04.28
		0:21:21 / 142 0:42:44 / 164	1:04:17 / 163 1:31:09 / 162		1:56:51 / 175 2:19:54 / 169	2:41:46 / 153 2:59:41 / 147				
140	3012	KLATKA Mariusz	KATOWICE		POL / WWW.YANG.PL		79M30/46	(M)131	03:09:20	03:08:58 04.28
		0:21:21 / 143 0:43:17 / 192	1:04:16 / 162 1:30:05 / 139		1:54:23 / 139 2:16:44 / 130	2:38:28 / 122 2:58:12 / 131				
141	1113	KŁODNICKI Tomasz	DOBRA		POL / MOK MSZANA DOLNA		76M30/47	(M)132	03:09:20	03:09:13 04.29
		0:21:10 / 104 0:42:24 / 134	1:03:48 / 128 1:29:36 / 118		1:54:54 / 149 2:17:56 / 144	2:39:42 / 132 2:58:26 / 136				
142	1215	MAJCHRZAK Jakub	KRAKÓW		POL / 6BPD		87M20/32	(M)133	03:09:24	03:09:14 04.29
		0:21:34 / 184 0:42:43 / 160	1:03:58 / 141 1:29:57 / 130		1:54:52 / 146 2:18:22 / 155	2:40:49 / 145 2:59:15 / 141				
143	453	TOPOLSKI Marcin	JADOWNIKI		POL / BKB VICTORIA BRZESKO		76M30/48	(M)134	03:09:35	03:09:29 04.29
		0:19:49 / 48 0:40:03 / 56	1:00:37 / 64 1:26:10 / 67		1:50:17 / 68 2:11:46 / 70	2:32:45 / 73 2:54:07 / 100				
144	680	ZARZEKA Marcin	BIAŁA PODLASKA		POL / VEGE RUNNERS		74M30/49	(M)135	03:09:43	03:09:32 04.29
		0:21:33 / 182 0:43:01 / 183	1:05:08 / 194 1:32:02 / 180		1:57:31 / 184 2:20:19 / 170	2:42:06 / 156 2:59:51 / 148				
145	1104	BARANOUSKI Viachaslau	GRODNO		BLR / GRODNO RUN		61M50/15	(M)136	03:09:50	03:09:42 04.29
		0:20:52 / 96 0:41:46 / 92	1:02:42 / 102 1:28:43 / 99		1:53:43 / 126 2:16:22 / 119	2:38:38 / 124 2:58:20 / 135				
146	2698	ZUGAJ Robert	RUDA ŚLĄSKA		POL / KRS TKKF JASTRZĄB RUDA ŚLĄSKA		78M30/50	(M)137	03:09:54	03:09:46 04.29
		0:21:41 / 197 0:43:07 / 188	1:04:39 / 178 1:30:52 / 154		1:55:03 / 153 2:17:47 / 142	2:40:19 / 140 2:58:50 / 137				
147	2744	GARMUS Mindaugas	KAUNO RAJ.		LTU		81M30/51	(M)138	03:10:03	03:09:54 04.30
		0:21:10 / 108 0:42:22 / 126	1:05:15 / 199 1:32:40 / 193		1:58:50 / 203 2:21:23 / 189	2:42:22 / 162 2:59:40 / 146				
148	1830	KOTARSKI Mariusz	RUMIA		POL / BIEGAMYRAZEM.PL		80M30/52	(M)139	03:10:11	03:10:00 04.30
		0:21:10 / 107 0:44:17 / 226	1:06:10 / 220 1:33:01 / 195		1:58:09 / 192 2:20:28 / 171	2:42:26 / 163 3:00:36 / 154				
149	150	KRZEMIEN Paweł	MYŚLENICE		POL		85M20/33	(M)140	03:10:24	03:10:16 04.30
		0:21:59 / 213 0:43:46 / 213	1:05:36 / 206 1:32:19 / 183		1:57:44 / 186 2:20:47 / 175	2:42:48 / 167 3:00:28 / 153				
150	956	PIETRASIAK Daniel	SOSNOWIEC		POL		90M20/34	(M)141	03:10:47	03:10:37 04.31
		0:23:32 / 354 0:46:23 / 348	1:09:19 / 354 1:37:11 / 310		2:02:43 / 277 2:25:36 / 255	2:46:22 / 208 3:02:00 / 162				
151	3487	SADLON Michal	TRENCIANSKA TEPLA		SVK		78M30/53	(M)142	03:11:09	03:10:57 04.31
		0:21:35 / 185 0:42:51 / 174	1:04:20 / 168 1:31:03 / 159		1:56:02 / 162 2:19:08 / 163	2:41:56 / 155 3:00:22 / 151				
152	3320	BELOUSOV Aleksaim	ST. PETERSBURG		RUS		73M30/54	(M)143	03:11:26	03:11:22 04.32
		0:21:04 / 98 0:42:22 / 128	1:04:09 / 158 1:30:29 / 146		1:55:12 / 156 2:18:26 / 157	2:41:15 / 149 3:00:40 / 155				
153	2785	NOWOSIELSKI Łukasz	JÓZEFÓW		POL / NIEZRZESZONY		82M30/55	(M)144	03:11:29	03:11:08 04.31
		0:23:31 / 351 0:45:39 / 288	1:07:42 / 258 1:34:42 / 229		1:59:50 / 219 2:22:31 / 199	2:44:06 / 179 3:01:42 / 161				
154	3204	KULASA Jakub	KRAKÓW		POL		86M20/35	(M)145	03:11:40	03:11:31 04.32
		0:23:28 / 326 0:46:22 / 333	1:09:17 / 340 1:36:31 / 269		2:01:08 / 246 2:23:36 / 216	2:44:52 / 193 3:02:02 / 163				
155	2110	PIEPZYCKI Adam	TARNÓW		POL		75M30/56	(M)146	03:11:42	03:11:36 04.32
		0:21:30 / 173 0:42:45 / 165	1:04:01 / 152 1:30:19 / 141		1:54:51 / 145 2:18:04 / 146	2:41:00 / 148 3:00:06 / 150				
156	1013	SZYMCZAK Piotr	OSTROŁĘKA		POL		77M30/57	(M)147	03:11:51	03:11:47 04.32
		0:20:48 / 88 0:41:23 / 82	1:02:12 / 87 1:28:17 / 90		1:53:49 / 127 2:17:49 / 143	2:42:12 / 159 3:01:10 / 158				
157	3099	BAK Mariusz	KRASNYSTAW		POL / UKS ORŁĘTA KRASNYSTAW		76M30/58	(M)148	03:12:08	03:11:25 04.32
		0:25:00 / 601 0:48:00 / 497	1:11:03 / 467 1:38:47 / 400		2:03:56 / 346 2:25:46 / 257	2:45:59 / 202 3:02:19 / 166				
158	1749	SKIBA Włodzimierz	POZNAŃ		POL / AZS POZNAŃ		64M40/39	(M)149	03:12:10	03:11:51 04.32
		0:22:58 / 273 0:45:03 / 262	1:07:14 / 250 1:34:43 / 230		2:00:13 / 227 2:23:14 / 207	2:44:51 / 191 3:02:05 / 164				
159	1320	SIKORA Stefan	BIELSKO BIALA		POL / BESKIDEK BIELSKO BIALA		49M60/3	(M)150	03:12:13	03:12:08 04.33
		0:21:17 / 138 0:42:25 / 137	1:04:14 / 161 1:31:03 / 160		1:56:08 / 164 2:18:41 / 161	2:42:13 / 160 3:01:33 / 160				
160	3185	KLUS Cezary	SUWAŁKI		POL		83M20/36	(M)151	03:12:14	03:11:48 04.32
		0:23:29 / 333 0:46:23 / 353	1:09:18 / 346 1:37:11 / 312		2:02:57 / 299 2:25:54 / 258	2:46:37 / 212 3:03:00 / 176				
161	2481	PASZKIEWICZ Piotr	TARNÓW		POL		81M30/59	(M)152	03:12:15	03:12:05 04.33
		0:21:22 / 144 0:42:18 / 121	1:03:20 / 117 1:29:14 / 111		1:53:58 / 132 2:17:23 / 137	2:41:17 / 150 3:01:02 / 156				
162	1471	BUCZYŃSKI Arkadiusz	BOLESŁAW		POL		74M30/60	(M)153	03:12:20	03:12:16 04.33
		0:21:11 / 113 0:42:23 / 130	1:03:27 / 123 1:29:13 / 106		1:53:01 / 107 2:15:23 / 109	2:40:24 / 141 2:59:54 / 149				
163	3050	KOZDROWICKI Robert	JAROSŁAW		POL / PSK PRZEWORSK		66M40/40	(M)154	03:12:28	03:10:34 04.30
		0:25:12 / 693 0:46:56 / 420	1:08:55 / 302 1:35:48 / 253		2:00:56 / 242 2:23:41 / 220	2:45:06 / 195 3:02:32 / 167				
164	2799	LOSIK Piotr	GŁOGÓW		POL / JW 3444		87M20/37	(M)155	03:12:29	03:12:26 04.33
		0:20:00 / 57 0:39:48 / 55	0:59:48 / 53 1:24:25 / 54		1:48:05 / 58 2:11:01 / 64	2:40:04 / 139 3:03:11 / 178				
165	1690	KWIATEK Tomasz	PRUSZKÓW		POL / A.K.B. MORT!		82M30/61	(M)156	03:12:45	03:12:21 04.33
		0:21:59 / 212 0:44:23 / 235	1:06:03 / 219 1:33:14 / 199		1:58:38 / 200 2:22:04 / 192	2:44:14 / 182 3:02:33 / 169				
166	2363	RYNKIEWICZ Tomasz	WARSZAWA		POL		75M30/62	(M)157	03:12:52	03:11:54 04.32
		0:24:28 / 511 0:47:01 / 424	1:09:26 / 394 1:37:11 / 308		2:02:21 / 270 2:24:54 / 245	2:45:53 / 201 3:03:09 / 177				
167	2099	MIELEC Andrzej	MAŁA WIEŚ		POL		69M40/41	(M)158	03:12:55	03:12:47 04.34
		0:21:36 / 191 0:42:42 / 145	1:03:58 / 140 1:29:38 / 125		1:53:41 / 125 2:16:38 / 128	2:40:41 / 144 3:01:09 / 157				

23.04.2012 08:44:32

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
168	1379	ŚCISŁO Mariusz	KRAKÓW		POL / KKB DYSTANS		78M30/63		(M)159 03:13:00	03:12:44 04.34
		0:23:36 / 379	0:46:26 / 376	1:09:16 / 329	1:36:48 / 274	2:01:57 / 264	2:24:48 / 243	2:46:13 / 206	3:03:16 / 179	
169	2601	CIEŚLIK Zbigniew	KIELCE		POL / KKL KIELCE		56M50/16		(M)160 03:13:00	03:12:53 04.34
		0:22:11 / 224	0:43:43 / 210	1:05:04 / 191	1:31:18 / 164	1:55:38 / 157	2:18:21 / 154	2:40:33 / 142	3:00:24 / 152	
170	590	OCHNIO Ryszard	JASTROWIE		POL / POLONIA WTZ JASTROWIE		75M30/64 B2/2		(M)161 03:13:03	03:12:59 04.34
		0:22:05 / 219	0:43:42 / 208	1:05:17 / 201	1:31:44 / 174	1:57:11 / 178	2:20:51 / 177	2:43:54 / 176	3:02:32 / 168	
171	2514	ŚWIDZIŃSKI Tomasz	KRAKÓW		POL / VEGE RUNNERS		76M30/65		(M)162 03:13:05	03:13:02 04.34
		0:21:32 / 178	0:43:01 / 182	1:05:09 / 195	1:32:26 / 187	1:58:34 / 199	2:22:28 / 196	2:44:46 / 188	3:02:47 / 173	
172	1651	ZAWADA Mariusz	PUSTKÓW ŻURAWSKI		POL / KB KĄTY WROCŁAWSKIE		78M30/66		(M)163 03:13:16	03:13:04 04.34
		0:21:32 / 177	0:44:39 / 248	1:07:04 / 244	1:34:07 / 218	1:58:47 / 202	2:21:14 / 187	2:42:51 / 169	3:02:17 / 165	
173	679	HADAM Jacek	CIESZANÓW		POL / KLUB BIEGACZA LUBACZÓW		68M40/42		(M)164 03:13:17	03:13:11 04.34
		0:22:01 / 217	0:43:19 / 194	1:04:54 / 185	1:31:30 / 167	1:57:14 / 181	2:20:57 / 180	2:43:25 / 174	3:02:34 / 170	
174	999	ŻELICHOWSKI Artur	KĘTY		POL / ZADYSZKA OŚWIĘCIM		73M30/67		(M)165 03:13:27	03:13:12 04.34
		0:21:36 / 189	0:42:42 / 148	1:03:57 / 136	1:29:56 / 129	1:54:10 / 137	2:17:15 / 134	2:42:50 / 168	3:02:52 / 175	
175	1323	SZCZOTKA Łukasz	CISIEC		POL		82M30/68		(M)166 03:13:34	03:13:23 04.35
		0:21:36 / 190	0:46:23 / 356	1:09:19 / 360	1:37:13 / 322	2:02:59 / 313	2:26:28 / 278	2:47:35 / 239	3:04:25 / 196	
176	1790	WILCZYŃSKI Dariusz	KRAKÓW		POL / AZS AWF KRAKÓW MASTERS		74M30/69		(M)167 03:13:42	03:13:25 04.35
		0:22:20 / 239	0:43:45 / 212	1:05:36 / 207	1:32:26 / 188	1:58:03 / 190	2:21:08 / 186	2:43:55 / 177	3:03:32 / 185	
177	1867	HACZYK Jarosław	OPOLE		POL / BIEG OPOLSKI		68M40/43		(M)168 03:13:42	03:13:23 04.35
		0:23:33 / 364	0:46:14 / 319	1:08:22 / 286	1:35:04 / 237	1:59:49 / 218	2:22:35 / 201	2:44:28 / 186	3:03:17 / 180	
178	314	GODLEWSKI Łukasz	MALBORK		POL / GRUPA MALBORK		82M30/70		(M)169 03:13:46	03:13:22 04.34
		0:24:12 / 468	0:47:23 / 460	1:10:33 / 442	1:38:29 / 380	2:03:55 / 344	2:26:13 / 261	2:47:28 / 231	3:04:17 / 193	
179	1854	KOWALEWSKI Andrzej	SZYDŁOWO		POL / KB 4RUN TEAM PIŁA		74M30/71		(M)170 03:13:49	03:13:30 04.35
		0:23:33 / 363	0:46:15 / 321	1:08:22 / 284	1:35:04 / 238	1:59:49 / 216	2:22:30 / 197	2:44:06 / 178	3:02:50 / 174	
180	2945	BANAŚ Sebastian	WADOWICE		POL		85M20/38		(M)171 03:13:56	03:13:44 04.35
		0:24:11 / 459	0:47:19 / 453	1:09:53 / 414	1:37:48 / 354	2:03:23 / 329	2:26:21 / 267	2:47:27 / 230	3:04:19 / 194	
181	1850	MASON Jacek	MIKOŁÓW		POL		73M30/72		(M)172 03:13:56	03:13:50 04.35
		0:20:25 / 77	0:40:35 / 71	1:00:01 / 58	1:24:19 / 53	1:48:30 / 64	2:11:28 / 67	2:36:25 / 107	3:01:11 / 159	
182	3169	MAZURKIEWICZ Wojciech	KRAKÓW		POL / SPARTAN'S KRAKÓW		87M20/39		(M)173 03:13:57	03:13:44 04.35
		0:20:25 / 78	0:46:23 / 355	1:09:19 / 361	2:25:45 / 2848	2:02:34 / 274	2:11:28 / 68	2:47:18 / 227	3:04:27 / 200	
183	2155	KRÓL Adam	OPOLE		POL / FENIKS PGE EEKTROWNIA OPOLE		60M50/17		(M)174 03:13:58	03:13:37 04.35
		0:23:44 / 409	0:46:25 / 373	1:09:20 / 369	1:37:10 / 295	2:02:57 / 300	2:25:30 / 252	2:46:58 / 218	3:04:00 / 190	
184	2474	KAŃSKI Maciek	WARSZAWA		POL / SII RUNNERS		78M30/73		(M)175 03:13:59	03:13:40 04.35
		0:23:35 / 372	0:46:26 / 378	1:08:47 / 298	1:36:28 / 268	2:02:13 / 267	2:25:20 / 250	2:46:52 / 217	3:04:15 / 192	
185	3122	DZIWOKI Marek	RYBNIK		POL		72M40/44		(M)176 03:14:01	03:13:51 04.35
		0:22:42 / 260	0:44:40 / 251	1:06:49 / 238	1:33:57 / 213	1:59:01 / 209	2:22:31 / 198	2:44:49 / 189	3:03:19 / 182	
186	818	KUCZOK Mirosław	WODZISŁAW ŚLĄSKI		POL / FORMA WODZISŁAW ŚLĄSKI		72M40/45		(M)177 03:14:02	03:13:53 04.35
		0:21:28 / 160	0:42:48 / 168	1:04:29 / 173	1:31:35 / 169	1:57:23 / 182	2:21:29 / 190	2:44:23 / 184	3:03:18 / 181	
187	1785	LEWCZUK Łukasz	BIAŁYSTOK		POL / PODSAKI ODDZIAŁ STRAŻY GRANICZNEJ		79M30/74		(M)178 03:14:02	03:13:53 04.35
		0:23:31 / 345	0:46:23 / 367	1:09:16 / 327	1:37:11 / 311	2:02:53 / 285	2:26:14 / 264	2:47:30 / 233	3:04:27 / 201	
188	2138	SAS Gracjan	PRZEMYŚL		POL / TWIERDZA PRZEMYŚL		87M20/40		(M)179 03:14:04	03:13:44 04.35
		0:23:30 / 344	0:46:22 / 344	1:09:17 / 337	1:37:10 / 300	2:02:56 / 289	2:26:28 / 276	2:47:34 / 238	3:04:26 / 197	
189	1186	MICHNOL Kamil	SIEMIANOWICE ŚLĄSKIE		POL		78M30/75		(M)180 03:14:06	03:13:56 04.35
		0:23:30 / 337	0:46:23 / 365	1:09:19 / 365	1:37:13 / 325	2:02:59 / 314	2:26:29 / 285	2:47:35 / 240	3:04:27 / 202	
190	1138	WYROBEK Łukasz	KRAKÓW		POL		70M40/46		(M)181 03:14:07	03:13:57 04.35
		0:22:47 / 262	0:45:12 / 268	1:07:47 / 260	1:35:16 / 243	2:00:57 / 243	2:24:17 / 227	2:46:06 / 203	3:03:57 / 188	
191	2966	SZCZEPANIUK Marek	SKAŁA		POL / PACEMAKER 3:15		70M40/47		(M)182 03:14:13	03:14:04 04.35
		0:23:28 / 324	0:46:22 / 341	1:09:16 / 331	1:37:10 / 303	2:02:57 / 298	2:26:27 / 272	2:47:34 / 237	3:04:27 / 199	
192	3324	GLUSHAK Roman	IVANO-FRANKIVSKA OBL.,		UKR		64M40/48		(M)183 03:14:14	03:14:11 04.36
		0:21:53 / 206	0:43:41 / 206	1:05:46 / 210	1:33:04 / 198	1:58:38 / 201	2:21:21 / 188	2:45:53 / 200	3:04:22 / 195	
193	3462	SALAK Michał	WARSZAWA		POL / PKO BP MARATON TEAM		80M30/76		(M)184 03:14:19	03:13:58 04.35
		0:23:25 / 317	0:46:04 / 304	1:08:31 / 287	1:35:43 / 250	2:00:59 / 244	2:23:36 / 218	2:44:51 / 192	3:02:43 / 171	
194	341	DAROWSKI Dariusz	TRZEBNICA		POL / DP-SPORT		72M40/49		(M)185 03:14:21	03:14:06 04.36
		0:23:35 / 373	0:46:21 / 328	1:09:18 / 348	1:37:04 / 282	2:02:58 / 305	2:26:14 / 262	2:47:29 / 232	3:04:43 / 205	
195	1834	MENICHELLI Dario	CECINA		ITA / ATLETICA COSTA ETRUSCA		75M30/77		(M)186 03:14:25	03:14:13 04.36
		0:22:33 / 251	0:44:34 / 243	1:06:46 / 237	1:34:07 / 219	1:59:54 / 221	2:23:18 / 209	2:45:37 / 199	3:03:59 / 189	
196	1364	ZAPART Bartosz	ŚWIĘTOCHŁOWICE		POL		90M20/41		(M)187 03:14:28	03:14:15 04.36
		0:23:29 / 331	0:46:15 / 322	1:09:07 / 308	2:25:42 / 2846	2:02:49 / 282	2:23:18 / 208	2:47:04 / 222	3:04:34 / 204	

23.04.2012 08:44:32

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club				R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:														
197	1842	KOŁATAJ Michał	KRAKÓW		POL / CH2M HILL				89	M20/42		(M)188	03:14:29	03:14:05 04.35
		0:23:23 / 313	0:46:20 / 325	1:09:15 / 322	1:37:10 / 299	2:02:55 / 286	2:26:28 / 281	2:48:01 / 252	3:05:20 / 218					
198	2805	SVOBODA Tomas	VSECHOVICE		CZE / VSECHOVICE				70	M40/50		(M)189	03:14:30	03:14:27 04.36
		0:19:45 / 45	0:38:53 / 42	0:58:13 / 37	1:23:00 / 42	1:51:29 / 84	2:21:05 / 185	2:50:04 / 289	3:05:52 / 228					
199	1172	JĘDRUSIK Mateusz	BRZESZCZE		POL				79	M30/78		(M)190	03:14:31	03:14:24 04.36
		0:23:28 / 327	0:46:22 / 334	1:09:17 / 335	1:37:09 / 289	2:02:57 / 296	2:26:27 / 273	2:47:34 / 236	3:04:28 / 203					
200	3094	GÓRALCZYK Paweł	CHOCZNIA		POL				87	M20/43		(M)191	03:14:39	03:14:37 04.36
		0:21:18 / 139	0:42:12 / 116	1:02:59 / 109	1:28:49 / 101	1:53:18 / 111	2:16:45 / 131	2:42:33 / 164	3:03:41 / 187					
201	851	WIEWIÓRKA Tomasz	KRAKÓW		POL				85	M20/44		(M)192	03:14:45	03:14:40 04.36
		0:21:23 / 145	0:42:26 / 138	1:03:53 / 131	1:30:15 / 140	1:56:19 / 168	2:19:46 / 166	2:43:20 / 172	3:03:20 / 183					
202	3275	SAMEM KMALIL Ahmed	ALEXANDRIA		EGY / ACHILLES INTERNATIONAL EGIP				66	M40/51	Niep/1	(M)193	03:14:49	03:14:44 04.36
		0:21:23 / 146	0:42:26 / 139	2:34:27 / 2992	2:09:14 / 2362	1:45:33 / 38	2:19:46 / 167	2:43:20 / 173	2:59:16 / 143					
203	62	ŻAK Rafał	CZERWIONKA-LESZCZYN		POL				80	M30/79		(M)194	03:14:51	03:14:45 04.36
		0:23:20 / 303	0:46:22 / 340	1:09:15 / 321	1:37:08 / 285	2:02:52 / 283	2:26:18 / 265	2:47:35 / 241	3:04:54 / 206					
204	1905	NIEMIROWSKI Gabriel	RZESZÓW		POL / KRAK INVEST RUNNING TEAM				82	M30/80		(M)195	03:14:53	03:13:39 04.35
		0:24:47 / 564	0:47:40 / 481	1:10:23 / 433	1:38:11 / 368	2:04:02 / 349	2:27:02 / 311	2:48:08 / 257	3:05:14 / 215					
205	1720	PACHLINSKI Ireneusz	POZNAŃ		POL				74	M30/81		(M)196	03:14:57	03:14:20 04.36
		0:23:43 / 406	0:46:23 / 358	1:08:55 / 301	1:36:18 / 266	2:01:51 / 259	2:24:45 / 241	2:47:03 / 221	3:05:03 / 210					
206	735	ZIÓLKOWSKI Jacek	WARSZAWA		POL / SYRENKA WARSZAWA				66	M40/52	B2/3	(M)197	03:15:12	03:15:09 04.37
		0:21:27 / 157	0:43:34 / 202	1:06:21 / 228	1:34:24 / 225	2:00:48 / 238	2:24:29 / 233	2:46:44 / 214	3:04:57 / 208					
207	390	GOSMANN Norbert	BRAUNSCHWEIG		GER / LT BRAUNSCHWEIG				56	M50/18		(M)198	03:15:28	03:15:21 04.37
		0:21:27 / 156	0:44:50 / 254	1:07:36 / 254	1:35:33 / 247	2:01:49 / 257	2:25:31 / 253	2:47:38 / 245	3:05:08 / 213					
208	3149	NAREL Sławomir	ŁÓDŹ		POL				63	M40/53		(M)199	03:15:32	03:15:25 04.37
		0:21:29 / 166	0:43:42 / 207	1:06:16 / 221	1:33:48 / 209	1:59:59 / 222	2:23:51 / 223	2:46:40 / 213	3:05:11 / 214					
209	2480	KOSOWSKI Janusz	OLSZTYN		POL / AKM OLIMP-OLSZTYN				52	M60/4		(M)200	03:15:33	03:15:31 04.38
		0:21:24 / 151	0:42:43 / 162	1:04:11 / 159	1:31:11 / 163	1:57:08 / 176	2:21:03 / 184	2:44:19 / 183	3:04:02 / 191					
210	2533	OSIŃSKI Marcin	KOWALA		POL / UKS TECHNIK RADOM				86	M20/45		(M)201	03:15:44	03:15:35 04.38
		0:23:30 / 340	0:46:21 / 332	1:09:17 / 336	1:37:09 / 291	2:02:57 / 291	2:26:28 / 275	2:47:34 / 234	3:05:00 / 209					
211	2741	LEŚNIAK Tymoteusz	POZNAŃ		POL / WKTJ				86	M20/46		(M)202	03:15:46	03:15:22 04.37
		0:23:20 / 305	0:45:41 / 289	1:08:00 / 270	1:35:11 / 240	2:00:27 / 234	2:24:19 / 228	2:47:00 / 220	3:05:45 / 225					
212	963	STANKO Piotrek	NOWY ŻMIGRÓD		POL				80	M30/82		(M)203	03:15:49	03:15:31 04.38
		0:23:43 / 401	0:46:12 / 315	1:08:14 / 278	1:35:17 / 245	2:00:55 / 240	2:24:15 / 226	2:46:50 / 216	3:05:25 / 219					
213	2035	WYRĘBEK Maciej	KRAKÓW		POL				82	M30/83		(M)204	03:15:54	03:15:42 04.38
		0:21:10 / 110	0:42:23 / 129	1:04:08 / 156	1:30:36 / 149	1:56:31 / 172	2:21:00 / 181	2:45:14 / 197	3:04:27 / 198					
214	3486	RIŠIAN František	DOLNÝ KUBÍN		SVK / ZRNO				64	M40/54		(M)205	03:16:01	03:15:48 04.38
		0:22:18 / 233	0:44:17 / 228	1:06:19 / 227	1:33:55 / 211	1:59:51 / 220	2:23:36 / 217	2:46:32 / 209	3:05:27 / 221					
215	2479	GAJDA Jakub	BIELSKO-BIAŁA		POL				81	M30/84		(M)206	03:16:04	03:15:27 04.37
		0:22:17 / 231	0:43:56 / 217	1:05:47 / 211	1:33:03 / 196	1:59:10 / 210	2:23:05 / 205	2:46:12 / 205	3:05:06 / 212					
216	2239	STACH Paweł	WOLA FILIPOWSKA		POL				76	M30/85		(M)207	03:16:13	03:16:00 04.38
		0:23:33 / 365	0:46:11 / 314	1:08:17 / 279	1:35:10 / 239	2:00:22 / 231	2:23:44 / 222	2:47:25 / 228	3:05:49 / 227					
217	2098	SROMOVSKY Jozef	VELKA LESNA		SVK / BEŽECKÝ KLUB STARÁ LUBOVNA				63	M40/55		(M)208	03:16:17	03:16:07 04.38
		0:22:17 / 230	0:43:29 / 201	1:05:16 / 200	1:32:33 / 190	1:59:01 / 208	2:23:31 / 215	2:46:32 / 211	3:05:28 / 222					
218	921	ŠELIGA Jozef	SPIŠSKÁ TEPLICA		SVK / SPIŠSKÁ TEPLICA				72	M40/56		(M)209	03:16:27	03:16:19 04.39
		0:21:49 / 203	0:43:37 / 205	1:05:38 / 208	1:32:57 / 194	1:59:00 / 207	2:23:30 / 213	2:46:32 / 210	3:05:27 / 220					
219	1422	BUREK Andrzej	SZCZECIN		POL / MARATOŃCZYK TEAM SZCZECIN				52	M60/5		(M)210	03:16:30	03:16:12 04.39
		0:23:23 / 315	0:46:02 / 297	1:08:47 / 297	2:26:17 / 2857	2:02:48 / 281	2:23:30 / 214	2:48:02 / 253	3:06:05 / 233					
220	949	DYRLAGA Stanisław	WĘGIERSKA GÓRKA		POL / KS HALNY WĘGIERSKA GÓRKA				58	M50/19		(M)211	03:16:31	03:16:18 04.39
		0:23:23 / 314	0:46:22 / 339	1:09:18 / 343	1:37:09 / 290	2:03:00 / 317	2:26:34 / 293	2:48:26 / 264	3:06:12 / 235					
221	1956	SKRZYNIARZ Marek	KIELCE		POL				74	M30/86		(M)212	03:16:33	03:16:24 04.39
		0:23:23 / 316	0:46:23 / 350	1:09:16 / 330	1:37:11 / 304	2:02:58 / 309	2:26:29 / 287	2:47:50 / 248	3:05:39 / 223					
222	1478	GRZELAK Marcin	ŁÓDŹ		POL / TRUCHT MARATON SKIERNIEWICE				76	M30/87		(M)213	03:16:38	03:16:28 04.39
		0:23:28 / 328	0:46:22 / 337	1:09:17 / 333	1:37:09 / 292	2:02:57 / 301	2:26:28 / 277	2:47:48 / 247	3:05:58 / 230					
223	501	ŁUKASZEWSKI Witold	RADZIWIŁŁÓW MAZ.		POL				67	M40/57		(M)214	03:16:46	03:16:32 04.39
		0:21:45 / 200	0:42:59 / 180	1:04:42 / 181	1:31:38 / 172	1:57:24 / 183	2:21:02 / 182	2:44:28 / 185	3:05:17 / 216					
224	3187	JOPEK Przemysław	BIELSKO-BIAŁA		POL				81	M30/88		(M)215	03:16:52	03:16:14 04.39
		0:22:18 / 232	0:43:56 / 218	1:05:47 / 212	2:23:06 / 2779	1:59:10 / 211	2:21:02 / 183	2:46:11 / 204	3:05:17 / 217					
225	852	PĘDZICH Waldemar	LELIS		POL / STAROSTWO POWIATOWE OSTROŁĘKA				61	M50/20		(M)216	03:16:52	03:16:43 04.39
		0:22:16 / 228	0:44:27 / 237	1:06:55 / 242	1:34:19 / 223	2:00:42 / 236	2:24:39 / 240	2:47:27 / 229	3:06:20 / 237					

23.04.2012 08:44:33

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club			R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:														
226	2353	HERUDZINSKI Jacek	KRAKÓW		POL			73	M30/89		(M)217	03:16:56	03:16:43	04.39
		0:23:32 / 357	0:46:26 / 381	1:09:23 / 384	1:37:35 / 345	2:03:27 / 330	2:26:33 / 292	2:48:32 / 266	3:06:35 / 239					
227	2695	RUSZNICA Rafał	OPOLE		POL / BIEG OPOLSKI			92	M20/47		(M)218	03:16:58	03:16:39	04.39
		0:23:33 / 360	0:46:14 / 320	1:08:22 / 285	1:35:04 / 236	1:59:49 / 217	2:22:34 / 200	2:46:21 / 207	3:06:05 / 232					
228	2198	GRUCA Barbara	GRYBÓW		POL / VISEGRAD MARATON RYTRO			80	K30/3		(K)10	03:17:01	03:16:52	04.39
		0:23:32 / 355	0:46:25 / 375	1:09:19 / 364	1:37:11 / 314	2:03:01 / 321	2:26:42 / 300	2:48:47 / 270	3:06:45 / 243					
229	2737	PIWOWAREK Paweł	LIBIAŻ		POL			67	M40/58		(M)219	03:17:14	03:16:10	04.38
		0:24:23 / 496	0:46:56 / 421	1:10:06 / 420	1:38:39 / 387	2:04:21 / 356	2:27:45 / 318	2:49:59 / 287	3:07:25 / 253					
230	3349	SKAANSAR Simen	KRAKOW		NOR / COPERNICA RUNNING			90	M20/48		(M)220	03:17:17	03:16:46	04.39
		0:22:38 / 257	0:44:39 / 250	1:06:58 / 243	1:34:00 / 216	1:59:23 / 214	2:22:48 / 203	2:47:18 / 225	3:06:12 / 236					
231	730	HORNY Vlastimil	SPIŠSKÝ HRHOV		SVK			71	M40/59		(M)221	03:17:19	03:17:07	04.40
		0:23:09 / 285	0:45:31 / 281	1:07:58 / 269	1:35:49 / 254	2:01:54 / 260	2:25:43 / 256	2:48:21 / 263	3:07:01 / 249					
232	1417	WOŹNICKI Piotr	OŚWIECIM		POL / UNIA OŚWIECIM			75	M30/90		(M)222	03:17:20	03:17:15	04.40
		0:21:12 / 120	0:42:18 / 122	1:03:25 / 120	1:29:13 / 109	1:53:00 / 102	2:18:29 / 158	2:43:20 / 171	3:03:39 / 186					
233	529	PAWLAK Konrad	KALISZ		POL / SUPERMARATON KALISZ			83	M20/49		(M)223	03:17:21	03:17:06	04.40
		0:23:17 / 298	0:46:03 / 302	1:09:14 / 316	1:37:01 / 280	2:02:53 / 284	2:26:14 / 263	2:47:54 / 249	3:06:05 / 231					
234	3108	RYSIUKIEWICZ Stanisław	POZNAŃ		POL / ZADYSZKA.ORG			75	M30/91		(M)224	03:17:25	03:17:01	04.40
		0:23:14 / 289	0:46:04 / 306	1:08:49 / 299	1:36:17 / 265	2:01:50 / 258	2:24:47 / 242	2:47:18 / 226	3:05:48 / 226					
235	266	SVOZIL Libor	BOHUMIN		CZE / MK SEITL OSTRAVA			71	M40/60		(M)225	03:17:30	03:17:24	04.40
		0:22:21 / 241	0:44:19 / 233	1:06:26 / 232	1:33:58 / 215	1:58:59 / 206	2:22:05 / 193	2:44:43 / 187	3:05:06 / 211					
236	2888	KALISKI Kamil	INOWROCLAW		POL / LUKS INOWROCLAW			92	M20/50		(M)226	03:17:35	03:17:21	04.40
		0:21:37 / 192	0:42:50 / 172	1:04:28 / 172	2:24:22 / 2825	2:01:27 / 251	2:22:05 / 194	2:48:10 / 260	3:06:38 / 240					
237	3013	GRZESZCZUK Grzegorz	WARSZAWA		POL / KB GALERIA WARSZAWA			66	M40/61		(M)227	03:17:36	03:17:27	04.40
		0:22:32 / 250	0:45:14 / 271	1:07:38 / 255	1:34:52 / 234	2:00:43 / 237	2:24:23 / 232	2:47:08 / 223	3:05:54 / 229					
238	1253	KUZYNNIN Adam	PROSZKOWICE		POL			74	M30/92		(M)228	03:17:41	03:17:08	04.40
		0:24:39 / 536	0:47:38 / 473	1:10:25 / 435	1:38:14 / 371	2:03:57 / 347	2:26:39 / 298	2:47:55 / 250	3:06:43 / 242					
239	2259	KUBIAK Łukasz	LUBOŃ		POL / LUBOŃSKI KLUB BIEGACZA			77	M30/93		(M)229	03:17:45	03:17:32	04.40
		0:23:34 / 368	0:46:23 / 362	1:09:19 / 356	1:37:11 / 306	2:02:57 / 294	2:26:28 / 282	2:48:07 / 256	3:07:22 / 251					
240	2971	BYCZEK Stanisław	KRAKOW		POL / KKB DYSTANS			61	M50/21		(M)230	03:17:48	03:17:35	04.40
		0:21:50 / 205	0:42:59 / 181	1:04:42 / 180	1:31:45 / 175	1:58:59 / 205	2:24:34 / 237	2:47:55 / 251	3:07:51 / 258					
241	3413	BLĘDOWSKI Jakub	WOLA RĘBKOWSKA		POL			73	M30/94		(M)231	03:17:50	03:17:39	04.41
		0:23:26 / 319	0:46:21 / 329	1:09:15 / 323	1:37:08 / 288	2:02:56 / 288	2:26:22 / 268	2:47:34 / 235	3:06:06 / 234					
242	2932	SCHMIDT Jacek	SZCZECIN		POL / JW 1749 CHOSZCZNO			68	M40/62		(M)232	03:17:55	03:17:39	04.41
		0:23:26 / 318	0:45:33 / 284	1:08:11 / 276	1:35:51 / 255	2:01:49 / 256	2:25:24 / 251	2:48:08 / 258	3:07:06 / 250					
243	3459	ŁUKOMSKI Janusz	WARSZAWA		POL / PKO BP SA			78	M30/95		(M)233	03:18:03	03:17:47	04.41
		0:23:29 / 334	0:46:23 / 351	1:09:18 / 344	1:37:11 / 313	2:02:57 / 295	2:26:31 / 290	2:49:03 / 276	3:07:53 / 259					
244	1464	BUCZYŃSKI Mariusz	BOLESŁAW		POL			82	M30/96		(M)234	03:18:06	03:18:00	04.41
		0:21:09 / 102	0:41:46 / 91	1:02:42 / 100	1:28:18 / 94	1:53:36 / 122	2:17:37 / 140	2:42:48 / 166	3:05:44 / 224					
245	2758	OUAHID Nouredine	CASABLANCA		MAR / CMCF			60	M50/22		(M)235	03:18:07	03:17:50	04.41
		0:23:19 / 301	0:45:30 / 280	1:07:53 / 267	1:35:35 / 248	2:01:58 / 265	2:25:31 / 254	2:47:38 / 244	3:06:56 / 247					
246	2830	GRZĘDZIELSKI Jacek	KRAKÓW		POL / DYM - TEAM			77	M30/97		(M)236	03:18:11	03:18:02	04.41
		0:23:41 / 396	0:47:08 / 429	1:10:32 / 440	1:39:08 / 410	2:05:22 / 386	2:28:32 / 329	2:50:17 / 293	3:08:04 / 263					
247	2604	DZIEDZIC Piotr	INOWROCLAW		POL / NIEZRZESZONY			75	M30/98		(M)237	03:18:18	03:18:10	04.41
		0:19:59 / 54	0:39:48 / 54	1:00:24 / 61	1:25:29 / 60	1:50:14 / 67	2:13:07 / 80	2:35:41 / 96	3:02:44 / 172					
248	1051	BUTRYN Adam	WARSZAWA		POL			68	M40/63		(M)238	03:18:25	03:18:19	04.42
		0:23:31 / 348	0:46:17 / 323	1:09:14 / 317	1:37:06 / 284	2:02:46 / 278	2:26:04 / 260	2:48:06 / 254	3:06:55 / 246					
249	420	PODBIELSKI Andrzej	BYDGOSZCZ		POL / BRZOZA BIEGA			67	M40/64		(M)239	03:18:26	03:18:20	04.42
		0:22:26 / 248	0:44:55 / 260	1:07:32 / 253	2:24:40 / 2832	2:01:13 / 249	2:26:04 / 259	2:47:37 / 243	3:07:01 / 248					
250	1768	STROJNY Andrzej	CHELM ŚLĄSKI		POL			65	M40/65		(M)240	03:18:27	03:18:20	04.42
		0:21:41 / 196	0:42:49 / 171	1:04:02 / 155	1:30:01 / 136	1:54:53 / 147	2:18:12 / 150	2:41:24 / 151	3:04:56 / 207					
251	988	ŚLABY Adam	BIERNA		POL / VEGE RUNNERS			72	M40/66		(M)241	03:18:32	03:18:17	04.41
		0:23:31 / 347	0:46:23 / 360	1:09:19 / 357	1:37:12 / 317	2:03:00 / 316	2:26:29 / 289	2:48:13 / 262	3:07:23 / 252					
252	1603	BAĆMAGA Grzegorz	RADOM		POL / ALFASTAR RADOM			68	M40/67		(M)242	03:18:33	03:18:25	04.42
		0:22:53 / 267	0:45:12 / 267	1:07:47 / 259	1:35:43 / 251	2:02:30 / 272	2:26:27 / 271	2:48:47 / 271	3:07:28 / 254					
253	569	MICHALSKI Janusz	ŚWINOUJŚCIE		POL / MARYNARKA WOJENNA ŚWINOUJŚCIE			66	M40/68		(M)243	03:18:36	03:18:28	04.42
		0:23:17 / 300	0:46:05 / 307	1:09:25 / 392	1:38:07 / 365	2:04:36 / 364	2:28:21 / 327	2:50:13 / 290	3:08:18 / 268					
254	3482	KUREK Jarosław	WOŁOMIN		POL / AZS WAT			88	M20/51		(M)244	03:18:43	03:18:23	04.42
		0:25:06 / 634	0:49:37 / 664	1:13:58 / 675	1:43:25 / 597	2:10:45 / 581	2:34:00 / 469	2:54:20 / 365	3:09:58 / 291					

23.04.2012 08:44:33

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:													
255	2391	ZADROŻNY Zbigniew	AUGUSTÓW		POL / ATP AUGUSTÓW		71M	40/69		(M)245	03:18:54	03:18:43	04.42
		0:21:48 / 202 0:43:35 / 203	1:05:35 / 205 1:32:20 / 184		1:58:16 / 196 2:21:47 / 191	2:45:36 / 198 3:07:32 / 255							
256	1645	CAŁY Sławomir	OPOLE		POL / BIEG OPOLSKI		76M	30/99		(M)246	03:18:56	03:18:26	04.42
		0:22:59 / 275 0:45:28 / 279	1:07:50 / 265 1:36:16 / 264		2:01:47 / 255 2:26:23 / 269	2:48:37 / 267 3:08:15 / 267							
257	1171	KLICH Robert	WROCLAW		POL		77M	30/100		(M)247	03:18:58	03:18:39	04.42
		0:23:44 / 408 0:46:23 / 357	1:09:18 / 345 1:37:14 / 326		2:03:03 / 323 2:26:29 / 284	2:48:27 / 265 3:07:36 / 256							
258	604	DUBBERSTEIN Rainer	MÜNSTER		GER		61M	50/23		(M)248	03:19:02	03:18:53	04.42
		0:22:55 / 268 0:45:32 / 283	1:08:36 / 290 1:36:53 / 277		2:02:57 / 293 2:26:59 / 308	2:50:25 / 294 3:08:33 / 271							
259	2887	GRZYB Kazimierz	KRAKÓW		POL / AZS AWF KRAKÓW MASTERS		72M	40/70		(M)249	03:19:03	03:18:46	04.42
		0:24:00 / 438 0:47:13 / 440	1:10:22 / 432 1:38:42 / 393		2:04:17 / 354 2:27:54 / 319	2:50:31 / 297 3:09:01 / 276							
260	1409	OLBRYŚ Stanisław-adam	NASIELSK		POL		67M	40/71		(M)250	03:19:05	03:18:30	04.42
		0:25:24 / 777 0:49:33 / 645	1:11:46 / 497 1:38:40 / 389		2:04:52 / 374 2:27:54 / 320	2:50:16 / 291 3:08:56 / 274							
261	2557	WOJTAS Janusz	WARSZAWA		POL		67M	40/72		(M)251	03:19:08	03:18:57	04.42
		0:23:38 / 387 0:46:28 / 388	1:09:20 / 370 1:37:13 / 323		2:03:04 / 326 2:27:00 / 310	2:49:44 / 284 3:08:22 / 269							
262	2261	ZIELIŃSKI Rafał	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW		66M	40/73		(M)252	03:19:12	03:18:52	04.42
		0:24:01 / 439 0:47:11 / 436	1:10:12 / 425 1:38:06 / 364		2:04:23 / 357 2:28:58 / 338	2:51:37 / 314 3:09:36 / 286							
263	1350	HABER Marcin	BARDO		POL / TIETO		87M	20/52		(M)253	03:19:17	03:19:03	04.43
		0:23:43 / 402 0:46:38 / 409	1:09:29 / 400 1:37:40 / 350		2:04:00 / 348 2:27:38 / 317	2:50:03 / 288 3:08:52 / 273							
264	507	KULESA Adam	GUBIN		POL		83M	20/53		(M)254	03:19:19	03:18:56	04.42
		0:21:39 / 194 0:43:05 / 187	1:05:14 / 198 1:33:04 / 197		2:01:12 / 248 2:26:20 / 266	2:50:16 / 292 3:09:00 / 275							
265	3033	CHRISTOFFERSEN Frank	BOD?		NOR / BOD? CK		67M	40/74		(M)255	03:19:20	03:18:59	04.42
		0:23:37 / 385 0:46:23 / 349	1:09:19 / 363 1:37:15 / 328		2:02:59 / 312 2:26:28 / 279	2:47:36 / 242 3:06:52 / 245							
266	1517	MALINA Piotr	KRAKÓW		POL		78M	30/101		(M)256	03:19:21	03:19:06	04.43
		0:22:34 / 253 0:44:39 / 246	1:07:04 / 246 1:34:24 / 224		2:00:14 / 230 2:24:23 / 231	2:48:11 / 261 3:08:02 / 261							
267	887	JESIONEK Jarosław	SANDOMIERZ		POL / VEGE RUNNERS		84M	20/54		(M)257	03:19:24	03:19:13	04.43
		0:22:34 / 252 0:47:14 / 445	1:10:23 / 434 1:38:44 / 397		2:04:18 / 355 2:27:30 / 316	2:49:23 / 279 3:08:09 / 265							
268	1599	KITA Michał	WROCLAW		POL / PĘDZĄCY W MIEJSCU		75M	30/102		(M)258	03:19:25	03:19:14	04.43
		0:22:00 / 216 0:43:22 / 196	1:05:05 / 193 1:31:54 / 179		1:58:18 / 197 2:25:13 / 248	2:50:29 / 296 3:09:15 / 281							
269	1551	JONCZYK Jakub	NOWE BRZESKO		POL / PĘDZĄCE PSZCZÓŁKI		89M	20/55		(M)259	03:19:26	03:19:09	04.43
		0:22:00 / 215 0:49:16 / 611	1:13:24 / 607 1:42:13 / 536		2:08:16 / 482 2:31:13 / 394	2:52:36 / 329 3:09:40 / 287							
270	1931	KROWIAK Jacek	PAWŁOWICE		POL / JACEK I AGATKA		77M	30/103		(M)260	03:19:29	03:19:25	04.43
		0:21:10 / 111 0:41:50 / 98	1:02:41 / 95 1:28:23 / 96		1:53:39 / 124 2:17:25 / 138	2:41:47 / 154 3:06:38 / 241							
271	1508	POSMSZ Anna	KRAKÓW		POL / UNIWERSYTET JAGIELLOŃSKI		84K	20/7		(K)11	03:19:38	03:19:31	04.43
		0:22:20 / 237 0:44:39 / 247	1:07:04 / 245 1:34:07 / 217		2:00:05 / 225 2:24:34 / 238	2:48:50 / 273 3:08:30 / 270							
272	1057	ZIELIŃSKI Marcin	KRAKÓW		POL / SMP BIEGA		87M	20/56		(M)261	03:19:42	03:18:40	04.42
		0:24:02 / 441 0:46:27 / 383	1:09:21 / 373 1:37:10 / 301		2:03:00 / 318 2:27:02 / 313	2:51:07 / 307 3:09:26 / 283							
273	2779	MICHALAK Maciej	KATOWICE		POL / KW KRAKÓW		90M	20/57		(M)262	03:19:45	03:19:27	04.43
		0:24:02 / 442 0:41:26 / 85	1:01:54 / 80 1:27:16 / 78		1:52:39 / 99 2:20:35 / 173	2:51:03 / 306 3:09:32 / 285							
274	1222	GARA Jacek	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW		64M	40/75		(M)263	03:19:46	03:19:33	04.43
		0:23:31 / 350 0:46:06 / 309	1:08:39 / 292 1:36:37 / 271		2:02:57 / 297 2:26:28 / 280	2:49:03 / 275 3:09:11 / 278							
275	1636	BORKOWSKI Waldemar	CZĘSTOCHOWA		POL / KŁA ZABIEGANI CZĘSTOCHOWA		72M	40/76		(M)264	03:19:47	03:19:14	04.43
		0:24:18 / 476 0:47:27 / 466	1:10:52 / 453 1:39:47 / 427		2:06:08 / 404 2:29:49 / 363	2:52:08 / 324 3:10:02 / 292							
276	1441	CHMIELARSKI Krzysztof	OLEŚNICA		POL		87M	20/58		(M)265	03:19:49	03:19:32	04.43
		0:24:46 / 555 0:48:25 / 539	1:12:06 / 514 1:41:01 / 472		2:06:59 / 434 2:30:19 / 373	2:52:57 / 342 3:10:27 / 302							
277	2145	JURKOWSKI Jan	WARSZAWA		POL / BEMOVIA		83M	20/59		(M)266	03:19:52	03:19:48	04.44
		0:21:26 / 154 0:42:42 / 150	1:04:02 / 154 1:30:35 / 148		1:56:20 / 170 2:20:37 / 174	2:44:51 / 190 3:06:46 / 244							
278	1038	ZĄBECKI Przemysław	TOMASZÓW		POL / PO CO TYLE LATAĆ		82M	30/104		(M)267	03:19:58	03:19:37	04.43
		0:24:03 / 445 0:47:27 / 464	1:10:52 / 455 1:39:32 / 421		2:06:04 / 402 2:29:47 / 361	2:51:59 / 322 3:10:06 / 293							
279	1860	ORMAN Tomasz	SZYDŁOWIEC		POL		66M	40/77		(M)268	03:20:05	03:19:41	04.43
		0:24:03 / 446 0:44:18 / 231	1:05:35 / 204 1:31:47 / 176		1:57:13 / 180 2:22:35 / 202	2:48:37 / 268 3:09:14 / 280							
280	154	DUPLA Konrad	WROCLAW		POL		79M	30/105		(M)269	03:20:17	03:20:06	04.44
		0:23:35 / 377 0:47:10 / 434	1:10:58 / 463 1:40:04 / 435		2:06:59 / 433 2:31:12 / 393	2:53:28 / 349 3:10:43 / 305							
281	116	BLACHOWIAK Mariusz	LESZNO		POL / MARATON LESZNO		72M	40/78		(M)270	03:20:21	03:20:05	04.44
		0:23:35 / 376 0:44:52 / 259	1:07:10 / 247 1:34:32 / 227		2:00:56 / 241 2:25:15 / 249	2:48:09 / 259 3:08:05 / 264							
282	2841	JABLONSKI Kamil	LÜNEN		GER		86M	20/60		(M)271	03:20:22	03:19:15	04.43
		0:26:02 / 929 0:50:03 / 846	1:14:06 / 725 1:43:04 / 573		2:09:25 / 524 2:32:39 / 437	2:54:06 / 358 3:11:03 / 311							
283	111	BETTI Alessio	SAN GAVINO MONREALE		ITA / ATLETICA PODISTICA SAN GAVINO MONREALE		62M	50/24		(M)272	03:20:22	03:20:14	04.44
		0:26:02 / 928 0:46:41 / 411	1:10:18 / 427 1:39:15 / 412		2:06:10 / 405 2:30:11 / 371	2:52:38 / 331 3:10:30 / 303							

23.04.2012 08:44:33

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
284	773	SOMODI László	BUDAPEST		HUN / VASEMBEREK KLUBJA		69M40/79		(M)273 03:20:23	03:19:43 04.44
		0:24:50 / 572	0:48:15 / 513	1:11:23 / 478	1:39:29 / 418	2:05:42 / 393	2:29:30 / 347	2:51:59 / 323	3:10:15 / 300	
285	3419	MULLEN Jim	DROGHEDA		IRL		66M40/80		(M)274 03:20:26	03:20:00 04.44
		0:23:09 / 284	0:45:15 / 273	1:07:49 / 263	1:35:21 / 246	2:01:01 / 245	2:24:35 / 239	2:48:07 / 255	3:08:38 / 272	
286	344	ŁUŻYŃSKI Piotr	ZIELONA GÓRA		POL / BRACTWO BIEGACZY ZIELONA GÓRA		77M30/106		(M)275 03:20:30	03:20:21 04.44
		0:21:33 / 180	0:42:43 / 161	1:04:00 / 149	1:29:57 / 132	1:58:04 / 191	2:25:04 / 247	2:49:27 / 281	3:09:30 / 284	
287	1572	NARUSZEWICZ Arkadiusz	JASTRZĘBIE ZDRÓJ		POL		75M30/107		(M)276 03:20:35	03:19:58 04.44
		0:23:37 / 384	0:45:33 / 285	1:07:49 / 262	1:35:55 / 258	2:02:48 / 280	2:26:46 / 304	2:50:27 / 295	3:09:20 / 282	
288	2853	PIOTROWSKI Michał	SULEJÓWEK		POL		71M40/81		(M)277 03:20:48	03:20:37 04.45
		0:22:23 / 245	0:44:19 / 234	1:06:37 / 233	1:34:16 / 222	2:00:23 / 232	2:24:22 / 230	2:47:40 / 246	3:08:11 / 266	
289	2154	STYRYLSKI Aleksander	SKAWINA		POL		73M30/108		(M)278 03:20:54	03:20:05 04.44
		0:23:02 / 279	0:44:48 / 253	1:06:23 / 229	1:33:33 / 206	1:59:14 / 212	2:23:20 / 211	2:46:58 / 219	3:09:05 / 277	
290	840	SAMBAK Tadeusz	BRZESZCZE		POL		69M40/82		(M)279 03:21:04	03:20:05 04.44
		0:23:02 / 278	0:42:42 / 155	1:03:58 / 139	2:17:26 / 2664	1:54:45 / 143	2:23:20 / 210	2:44:11 / 181	3:07:46 / 257	
291	3387	VEREMICHENKO Volodymyr			UKR		58M50/25		(M)280 03:21:05	03:20:50 04.45
		0:23:16 / 293	0:45:25 / 278	1:09:09 / 310	1:36:52 / 276	2:01:41 / 253	2:23:41 / 219	2:45:10 / 196	3:06:22 / 238	
292	661	MAŁOWIECKI Grzegorz	PRZECŁAW		POL / ACHILLES POLSKA, KLUB PRZYJACIÓŁ GMINY K72M40/83		B2/4		(M)281 03:21:26	03:21:13 04.46
		0:23:45 / 410	0:47:07 / 427	1:10:34 / 443	1:38:57 / 404	2:05:41 / 391	2:29:27 / 346	2:51:59 / 321	3:10:31 / 304	
293	3063	KUKLA Marcin	WARSZAWA		POL		69M40/84		(M)282 03:21:31	03:21:07 04.45
		0:23:30 / 342	0:46:24 / 370	1:09:18 / 347	1:37:13 / 324	2:02:59 / 311	2:27:03 / 314	2:50:34 / 299	3:10:10 / 296	
294	1861	HAPUNIK Jan	OLSZTYN		POL / AKM OLIMP OLSZTYN		58M50/26		(M)283 03:21:31	03:21:13 04.46
		0:23:30 / 341	0:49:24 / 626	1:13:25 / 610	1:42:13 / 538	2:08:16 / 480	2:31:13 / 396	2:52:36 / 330	3:10:10 / 295	
295	2442	BRZEZINA Michał	KRAKÓW		POL		82M30/109		(M)284 03:21:31	03:21:17 04.46
		0:24:35 / 526	0:48:52 / 589	1:12:42 / 559	1:41:59 / 522	2:08:23 / 486	2:32:29 / 431	2:53:52 / 352	3:11:42 / 322	
296	2084	RĄCZKOWSKI Tomasz	KRAKÓW		POL / TOMGUIDE		74M30/110		(M)285 03:21:32	03:21:27 04.46
		0:21:30 / 168	0:43:10 / 189	1:05:59 / 216	1:34:45 / 232	2:02:56 / 290	2:26:24 / 270	2:49:55 / 286	3:10:49 / 307	
297	3038	JACKOWIEC Wojciech	ZAWADA		POL / KING OF PAIN		90M20/61		(M)286 03:21:41	03:21:34 04.46
		0:21:30 / 169	0:42:28 / 140	1:04:01 / 153	1:30:30 / 147	1:58:14 / 193	2:22:56 / 204	2:48:48 / 272	3:10:11 / 297	
298	2298	POWIDEŁ Marcin	LIDZBARK WARMIŃSKI		POL / AKM OLSZTYN		76M30/111		(M)287 03:21:47	03:21:31 04.46
		0:24:18 / 480	0:48:08 / 504	1:12:07 / 516	1:41:17 / 484	2:08:54 / 507	2:33:13 / 453	2:55:23 / 392	3:12:30 / 331	
299	1995	ROKOSZ Bogdan	MIELEC		POL		72M40/85		(M)288 03:21:47	03:21:34 04.46
		0:21:44 / 199	0:42:54 / 178	1:04:21 / 170	1:31:04 / 161	1:57:44 / 185	2:23:07 / 206	2:49:24 / 280	3:10:13 / 298	
300	2631	PTAK Dariusz	MICHAŁOWICE		POL		67M40/86		(M)289 03:21:49	03:21:37 04.46
		0:23:28 / 329	0:46:23 / 359	1:09:18 / 352	1:37:39 / 349	2:04:32 / 362	2:29:38 / 355	2:52:48 / 338	3:11:42 / 321	
301	3177	KWOCZYŃSKI Jerzy	KRAKÓW		POL / KW KRAKÓW		93M20/62		(M)290 03:21:49	03:21:26 04.46
		0:24:34 / 520	0:47:35 / 471	1:10:33 / 441	1:38:35 / 385	2:05:17 / 384	2:29:36 / 351	2:52:46 / 335	3:11:46 / 323	
302	711	PAPUGA Dariusz	JAWISZOWICE		POL / ZADYSZKA OŚWIĘCIM		65M40/87		(M)291 03:21:50	03:21:30 04.46
		0:23:26 / 320	0:46:12 / 316	1:08:58 / 303	1:36:52 / 275	2:02:47 / 279	2:26:40 / 299	2:50:35 / 300	3:11:01 / 308	
303	2712	BARTYZEL Marek	ZAWOJA		POL		76M30/112		(M)292 03:21:51	03:21:38 04.46
		0:23:34 / 371	0:46:23 / 366	1:09:20 / 366	1:37:16 / 330	2:03:41 / 335	2:28:06 / 321	2:51:39 / 315	3:10:48 / 306	
304	720	ROSZKOWSKI Tomasz	WARSZAWA		POL / WARSZAWA NATOLIN ZACHODNI		86M20/63		(M)293 03:21:55	03:21:50 04.47
		0:20:19 / 71	0:40:36 / 78	1:02:01 / 81	1:33:32 / 205	2:00:03 / 224	2:24:30 / 235	2:50:37 / 301	3:11:35 / 320	
305	858	KLICH Kamil	OLKUSZ		POL		78M30/113		(M)294 03:21:56	03:21:36 04.46
		0:23:10 / 286	0:45:31 / 282	1:08:09 / 275	1:35:51 / 256	2:02:06 / 266	2:26:29 / 288	2:49:51 / 285	3:10:15 / 299	
306	2925	CZECHOROWSKI Piotr	SZKLARSKA PORĘBA		POL		72M40/88		(M)295 03:21:58	03:21:55 04.47
		0:20:30 / 81	0:40:54 / 79	1:02:08 / 83	1:28:39 / 97	1:53:50 / 128	2:18:05 / 147	2:44:10 / 180	3:07:59 / 260	
307	1883	BAK Adam	KIELCE		POL		60M50/27		(M)296 03:21:59	03:21:32 04.46
		0:24:46 / 556	0:48:44 / 573	1:12:35 / 551	1:41:37 / 502	2:08:21 / 485	2:32:20 / 426	2:54:15 / 363	3:12:07 / 328	
308	1730	WIDŁA Grzegorz	BRZESKO		POL / BKB VICTORIA BRZESKO		86M20/64		(M)297 03:22:00	03:21:34 04.46
		0:24:23 / 495	0:47:15 / 447	1:10:16 / 426	1:38:12 / 369	2:04:46 / 372	2:28:52 / 335	2:51:39 / 316	3:11:03 / 309	
309	388	WIŚNIEWSKI Zbigniew	BRZOZA		POL / BRZOZA BIEGA		66M40/89		(M)298 03:22:01	03:21:56 04.47
		0:24:23 / 494	0:47:39 / 478	1:11:39 / 487	1:40:25 / 445	2:06:59 / 435	2:30:40 / 377	2:53:01 / 343	3:11:33 / 317	
310	2023	ŁABUDA Sławomir	BRANIEWO		POL / FRANIO&JUSIA TEAM		75M30/114		(M)299 03:22:08	03:21:45 04.46
		0:25:17 / 737	0:49:41 / 710	1:14:01 / 701	1:43:40 / 640	2:10:54 / 588	2:34:33 / 493	2:55:14 / 389	3:12:09 / 329	
311	42	FLAGA Iwona			POL		77K30/4		(K)12 03:22:14	03:21:56 04.47
		0:24:01 / 440	0:47:12 / 439	1:10:22 / 431	1:38:42 / 394	2:05:16 / 383	2:29:36 / 352	2:52:51 / 339	3:11:57 / 327	
312	2422	BRZEZIŃSKI Maciej	ŚLESIN		POL / LOKALNA GRUPA LEKKOATLETYCZNA IM. HANNIB		85M20/65		(M)300 03:22:16	03:21:32 04.46
		0:24:24 / 498	0:46:05 / 308	1:08:02 / 272	1:35:04 / 235	2:00:13 / 229	2:24:01 / 224	2:47:16 / 224	3:10:08 / 294	

23.04.2012 08:44:34

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex			Wynik Time	Wynik Netto [min/km]
Check pts:											
313	902	SUŁKO Grzegorz	WARSZAWA		POL		89M20/66	(M)301	03:22:23	03:21:43	04.46
		0:25:17 / 735	0:49:12 / 604	1:12:30 / 544	1:40:50 / 466	2:07:16 / 446	2:31:39 / 407	2:54:14 / 361	3:12:31 / 332		
314	3340	JEZERSKI Tomasz	TCZEW		POL	/ WWW.MEGATHERM.EU	75M30/115	(M)302	03:22:24	03:22:16	04.47
		0:21:43 / 198	0:43:12 / 191	1:04:46 / 182	1:31:36 / 170	1:58:03 / 189	2:23:23 / 212	2:49:15 / 278	3:11:03 / 310		
315	2832	MUCHA Jacek	PRUSZKÓW		POL	/ RUN FOREST RUN!	72M40/90	(M)303	03:22:26	03:22:03	04.47
		0:24:04 / 449	0:47:19 / 454	1:10:53 / 457	1:39:36 / 423	1:58:03 / 188	2:30:22 / 375	2:52:48 / 337	3:11:29 / 316		
316	2103	PIEKARZ Waldemar	KĄTY		POL		56M50/28	(M)304	03:22:27	03:22:17	04.47
		0:23:22 / 312	0:46:03 / 303	1:09:14 / 319	1:37:10 / 302	2:02:58 / 307	2:26:29 / 286	2:49:04 / 277	3:09:43 / 288		
317	214	ŁOMIAK Piotr	WARSZAWA		POL		71M40/91	(M)305	03:22:28	03:22:02	04.47
		0:20:49 / 90	0:40:28 / 68	1:00:36 / 63	1:25:09 / 56	1:47:43 / 55	2:07:59 / 47	2:27:23 / 44	3:03:26 / 184		
318	1760	SZATANIK Zbigniew	UJSOŁY		POL		68M40/92	(M)306	03:22:30	03:22:20	04.47
		0:22:10 / 223	0:43:42 / 209	1:05:47 / 213	1:33:33 / 207	2:00:13 / 228	2:24:59 / 246	2:49:33 / 283	3:10:17 / 301		
319	1770	PODZOBA Krzysztof	KRAKÓW		POL		80M30/116	(M)307	03:22:32	03:22:28	04.47
		0:21:34 / 183	0:43:37 / 204	1:05:48 / 214	1:33:43 / 208	2:01:17 / 250	2:26:34 / 295	2:51:07 / 308	3:11:04 / 312		
320	1185	ŚMIECHOWSKI Krzysztof	RZESZÓW		POL		66M40/93	(M)308	03:22:35	03:22:06	04.47
		0:24:17 / 474	0:46:58 / 423	1:10:30 / 438	2:31:21 / 2900	2:06:20 / 413	2:26:34 / 294	2:54:27 / 371	3:12:44 / 338		
321	1451	ŁASKARZEWSKI Jarosław	OLSZTYN		POL		67M40/94	(M)309	03:22:37	03:22:18	04.47
		0:23:35 / 375	0:46:26 / 377	1:09:22 / 377	1:37:26 / 336	2:04:03 / 350	2:28:31 / 328	2:51:56 / 320	3:11:26 / 315		
322	3214	SZEWczyk Marek	TRZEBNICA		POL		84M20/67	(M)310	03:22:41	03:21:58	04.47
		0:24:04 / 450	0:46:31 / 397	1:09:21 / 375	1:37:12 / 321	2:03:01 / 320	2:26:45 / 302	2:50:55 / 303	3:11:10 / 314		
323	240	MOCZEK Andrzej	ŻYWIEC		POL	/ PRZEWODNIK BESKIDZKI	60M50/29	(M)311	03:22:44	03:22:40	04.48
		0:22:11 / 225	0:45:06 / 263	1:09:19 / 359	1:37:11 / 309	2:03:03 / 324	2:26:49 / 305	2:52:44 / 334	3:12:16 / 330		
324	2406	KARASOWSKI Łukasz	BRZEG		POL	/ JEDNOSTKA WOJSKOWA 2697 BRZEG	83M20/68	(M)312	03:22:55	03:22:41	04.48
		0:22:11 / 226	0:43:21 / 195	1:04:54 / 186	1:30:58 / 156	1:55:05 / 154	2:22:11 / 195	2:46:46 / 215	3:09:47 / 289		
325	1911	KRAWCZYK Marcin	KRAKÓW		POL	/ AZS AWF MASTERS KRAKÓW	78M30/117	(M)313	03:22:57	03:22:12	04.47
		0:24:38 / 530	0:48:19 / 518	1:12:03 / 511	1:41:02 / 474	2:07:46 / 456	2:31:51 / 412	2:54:22 / 366	3:12:42 / 337		
326	2019	KILANOWICZ Kacper	NOWY TARG		POL	/ SKYFUN	85M20/69	(M)314	03:23:01	03:21:12	04.46
		0:27:43 / 1246	0:50:54 / 917	1:13:50 / 638	1:41:14 / 478	2:06:13 / 406	2:28:52 / 336	2:50:32 / 298	3:09:53 / 290		
327	343	KŁOSIŃSKI Tomasz	KRAKÓW		POL		58M50/30	(M)315	03:23:08	03:23:05	04.48
		0:21:24 / 148	0:42:52 / 176	1:04:55 / 187	1:32:39 / 191	1:59:19 / 213	2:24:54 / 244	2:50:48 / 302	3:11:56 / 326		
328	152	PAŁETKO Marek	JASIEŃCICA DOLNA		POL	/ NYSA BIEGA	82M30/118	(M)316	03:23:12	03:23:12	04.48
		0:20:49 / 89	0:41:50 / 96	1:02:41 / 98	1:28:18 / 95	1:52:14 / 95	2:15:06 / 108	2:43:35 / 175	3:09:14 / 279		
329	1317	GÓRSKI Sławomir	LUBAŃ		POL		68M40/95	(M)317	03:23:15	03:22:11	04.47
		0:25:03 / 614	0:47:36 / 472	1:09:54 / 416	1:37:15 / 327	2:03:03 / 325	2:27:10 / 315	2:51:18 / 312	3:11:06 / 313		
330	1233	PRÜFER Christian	KRAKOW		GER	/ 1. SUHLER SV 06	77M30/119	(M)318	03:23:19	03:22:14	04.47
		0:25:03 / 613	0:49:14 / 608	1:12:41 / 557	1:41:27 / 496	2:07:54 / 467	2:32:12 / 422	2:54:44 / 378	3:12:59 / 343		
331	2112	LEWIŃSKI Bartosz	ĆMIŃSK RZĄDOWY		POL		88M20/70	(M)319	03:23:25	03:23:08	04.48
		0:25:25 / 787	0:48:50 / 587	1:12:34 / 549	1:41:14 / 479	2:07:53 / 465	2:32:04 / 417	2:54:44 / 376	3:13:17 / 351		
332	1705	CHŁOPEK Kazimierz	KRAKÓW		POL	/ NOWA HUTA TEAM	79M30/120	(M)320	03:23:29	03:23:08	04.48
		0:25:07 / 643	0:49:32 / 642	1:13:49 / 635	1:43:08 / 579	2:10:33 / 572	2:34:46 / 499	2:56:53 / 435	3:13:17 / 350		
333	3342	VERESS Béla	BUDAPEST		HUN		77M30/121	(M)321	03:23:32	03:22:34	04.48
		0:23:47 / 413	0:46:06 / 310	1:08:47 / 296	1:36:46 / 273	2:02:57 / 302	2:28:15 / 324	2:52:55 / 341	3:12:34 / 334		
334	3211	MÜLDNER Rafał	KRAKÓW		POL		74M30/122	(M)322	03:23:32	03:22:12	04.47
		0:28:01 / 1353	0:52:04 / 1019	1:14:47 / 818	1:42:49 / 560	2:09:24 / 523	2:33:09 / 451	2:54:57 / 382	3:13:11 / 348		
335	2770	VEIKSA Albertas	KAUNO RAJ.		LTU		62M50/31	(M)323	03:23:32	03:23:24	04.49
		0:22:37 / 255	0:45:16 / 275	1:08:11 / 277	1:36:27 / 267	2:03:55 / 345	2:29:34 / 349	2:53:53 / 353	3:12:53 / 340		
336	2126	BIELECKI Jacek	KRAKÓW		POL	/ FRANCISZKANIE KRAKÓW	76M30/123	(M)324	03:23:34	03:23:23	04.49
		0:23:40 / 392	0:47:07 / 428	1:10:32 / 439	1:39:16 / 414	2:06:17 / 410	2:30:11 / 370	2:52:42 / 333	3:12:33 / 333		
337	3309	PAZDAN Marek	SZCZYZRYC		POL		81M30/124	(M)325	03:23:37	03:22:54	04.48
		0:24:02 / 444	0:46:27 / 384	1:09:21 / 374	1:37:11 / 307	2:03:01 / 319	2:27:02 / 312	2:51:11 / 310	3:11:34 / 318		
338	484	ŚLĄZAK Andrzej	PIOTRKÓW TRYB		POL	/ FAN CLUB DŻEM	60M50/32	(M)326	03:23:37	03:23:21	04.49
		0:23:49 / 418	0:46:29 / 391	1:09:20 / 371	1:37:16 / 331	2:04:06 / 351	2:28:32 / 330	2:52:24 / 326	3:11:54 / 325		
339	2899	PRZEBIERACZ Tomasz	TARNOWSKIE GÓRY		POL		75M30/125	(M)327	03:23:39	03:23:31	04.49
		0:24:36 / 527	0:48:21 / 523	1:12:09 / 517	1:40:54 / 470	2:07:57 / 469	2:32:15 / 425	2:54:41 / 374	3:13:05 / 345		
340	1818	KOSMAŁA Przemysław	KRAKÓW		POL		79M30/126	(M)328	03:23:44	03:23:30	04.49
		0:23:30 / 339	0:46:23 / 361	2:53:47 / 2993	1:37:16 / 329	2:03:36 / 333	2:29:00 / 339	2:54:41 / 373	3:13:22 / 352		
341	1091	FIDO Marek	WARSZAWA		POL	/ LECHICI ZIELONKA	66M40/96	(M)329	03:23:51	03:23:45	04.49
		0:23:32 / 358	0:46:28 / 390	1:09:22 / 381	1:37:37 / 347	2:04:40 / 367	2:29:26 / 345	2:53:23 / 347	3:13:01 / 344		

23.04.2012 08:44:34

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club			R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:														
371	2373	GRABOWSKI Stanisław	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW W			51M60/6			(M)358	03:25:19	03:24:55	04.51
		0:24:02 / 443	0:47:13 / 441	1:10:22 / 430	1:38:45 / 398	2:05:28 / 389	2:29:22 / 342	2:52:48 / 336	3:13:45 / 357					
372	1629	PALICHLEB Adam	SOBÓTKA		POL / WKB PIAST WROCLAW			64M40/103			(M)359	03:25:19	03:25:11	04.51
		0:21:13 / 124	0:42:04 / 107	1:03:15 / 115	1:29:13 / 108	1:53:28 / 120	2:16:23 / 120	2:51:45 / 317	3:14:20 / 380					
373	68	KŁOPOTOWSKI Grzegorz	LWÓWEK ŚLĄSKI		POL / VOLVO POLSKA			75M30/141			(M)360	03:25:21	03:24:55	04.51
		0:24:53 / 586	0:48:46 / 581	1:12:48 / 566	1:41:42 / 509	2:08:16 / 481	2:32:28 / 430	2:55:40 / 401	3:14:36 / 385					
374	1862	OLENIAK Jarosław	NOWA SÓL		POL / GEDIA NOWA SÓL			74M30/142			(M)361	03:25:26	03:25:08	04.51
		0:22:58 / 271	0:45:08 / 265	1:07:17 / 251	1:34:32 / 226	2:00:08 / 226	2:24:21 / 229	2:51:09 / 309	3:13:56 / 363					
375	237	GRANAT Mariusz	KRAKÓW		POL / M&M TEAM KRAKÓW			73M30/143			(M)362	03:25:28	03:25:21	04.52
		0:23:29 / 336	0:45:38 / 287	1:07:49 / 261	1:35:43 / 249	2:02:39 / 276	2:29:32 / 348	2:55:25 / 395	3:15:08 / 394					
376	2012	POPIEL Grażyna	TRZEBNICA		POL / TIETO			62K50/1			(K)14	03:25:29	03:25:20	04.51
		0:22:52 / 265	0:45:43 / 290	1:09:17 / 339	1:38:49 / 401	2:06:34 / 424	2:31:26 / 401	2:54:57 / 383	3:14:19 / 379					
377	3077	GRZESZCZUK Wojciech	WARSZAWA		POL			61M50/37			(M)363	03:25:30	03:24:56	04.51
		0:25:03 / 615	0:48:49 / 584	1:12:45 / 563	1:42:08 / 529	2:09:22 / 521	2:33:48 / 463	2:56:23 / 423	3:15:00 / 390					
378	2157	MATUSZCZYK Paweł	GRYFICE		POL			73M30/144			(M)364	03:25:32	03:24:47	04.51
		0:26:26 / 984	0:50:56 / 922	1:15:40 / 902	1:45:31 / 790	2:12:45 / 724	2:37:02 / 611	2:58:26 / 475	3:15:46 / 402					
379	211	GAWEŁ Bogdan	OŚWIECIM-ZABORZE		POL / FESTIWAL BIEGOWY W KRYNICY			56M50/38			(M)365	03:25:37	03:25:34	04.52
		0:22:01 / 218	0:44:10 / 224	1:07:51 / 266	2:29:44 / 2892	2:04:07 / 352	2:37:02 / 610	2:54:04 / 355	3:14:03 / 369					
380	2691	KOWALCZYK Paweł	WROCLAW		POL			81M30/145			(M)366	03:25:43	03:25:25	04.52
		0:24:12 / 463	0:47:15 / 449	1:11:06 / 471	1:40:23 / 443	2:07:52 / 464	2:32:52 / 442	2:56:01 / 413	3:15:45 / 401					
381	2529	SZEMET Jarosław	WROCLAW		POL / SZEMET RUNNING CLUB			74M30/146			(M)367	03:25:51	03:25:41	04.52
		0:22:18 / 235	0:44:18 / 230	1:06:39 / 234	1:34:12 / 221	2:00:01 / 223	2:24:10 / 225	2:51:00 / 304	3:14:32 / 383					
382	2848	CHAMERA Wiesław	LIPA		POL / SOLIDARNOŚĆ HSW			57M50/39			(M)368	03:25:58	03:25:34	04.52
		0:24:44 / 551	0:48:21 / 524	1:11:51 / 499	1:40:33 / 455	2:07:40 / 455	2:32:09 / 420	2:56:05 / 414	3:15:01 / 391					
383	2640	SZUBA Eryk	WARSZAWA		POL			72M40/104			(M)369	03:26:04	03:25:54	04.52
		0:23:34 / 367	0:46:20 / 327	1:09:19 / 355	1:37:08 / 287	2:03:18 / 328	2:28:40 / 331	2:53:29 / 350	3:14:00 / 365					
384	95	PIETRUSZYŃSKI Adam	MIEDZYCHÓD		POL			91M20/75			(M)370	03:26:07	03:25:56	04.52
		0:21:13 / 126	0:42:11 / 114	1:03:14 / 114	1:30:27 / 144	2:00:33 / 235	2:29:25 / 344	2:56:38 / 426	3:16:18 / 421					
385	1653	CZEKAJ Maciej	KIELCE		POL			81M30/147			(M)371	03:26:13	03:25:42	04.52
		0:25:33 / 834	0:50:07 / 851	1:14:38 / 804	1:44:14 / 707	2:11:30 / 662	2:35:57 / 558	2:58:28 / 479	3:16:17 / 419					
386	1540	WIKTOROWICZ Tomasz	WROCLAW		POL / KPMG MARATHON TEAM			81M30/148			(M)372	03:26:18	03:25:34	04.52
		0:26:44 / 1027	0:51:17 / 951	1:15:24 / 881	1:45:02 / 752	2:12:32 / 710	2:36:46 / 599	2:58:25 / 474	3:16:15 / 417					
387	2940	WYBRANIEC Andrzej	KIETRZ		POL / KS GRYF			50M60/7			(M)373	03:26:23	03:26:11	04.53
		0:23:54 / 430	0:47:41 / 482	1:11:44 / 493	1:41:01 / 473	2:08:13 / 478	2:32:50 / 438	2:55:41 / 403	3:14:54 / 388					
388	1310	NOWAK Piotr	MYSŁOWICE		POL / TRUCHTACZ MYSLOWICE			71M40/105			(M)374	03:26:25	03:25:58	04.52
		0:23:42 / 400	0:46:28 / 386	1:09:24 / 388	1:37:38 / 348	2:04:31 / 361	2:29:10 / 341	2:53:21 / 345	3:14:14 / 374					
389	2517	PROCAJŁO Tomasz	KRAKÓW		POL / KTM EXTASY TEAM POLSKA			78M30/149			(M)375	03:26:26	03:25:56	04.52
		0:24:53 / 583	0:48:44 / 571	1:12:56 / 574	1:42:46 / 556	2:10:15 / 553	2:34:33 / 492	2:57:17 / 446	3:15:51 / 404					
390	2127	RYBA Jan	WROCLAW		POL			62M50/40			(M)376	03:26:31	03:26:16	04.53
		0:22:35 / 254	0:44:56 / 261	1:07:32 / 252	1:35:16 / 242	2:01:44 / 254	2:26:53 / 306	2:52:22 / 325	3:14:19 / 378					
391	1641	STAWARZ Krzysztof	ŻYWIEC		POL			80M30/150			(M)377	03:26:33	03:25:51	04.52
		0:23:41 / 397	0:46:22 / 343	1:08:58 / 304	1:37:01 / 281	2:03:29 / 332	2:28:48 / 334	2:54:14 / 362	3:15:25 / 397					
392	286	WĘCLEWSKI Andrzej	BIELAWA		POL / BIELAWA			55M50/41			(M)378	03:26:34	03:26:14	04.53
		0:25:12 / 691	0:49:40 / 692	1:13:57 / 665	2:35:18 / 2921	2:10:42 / 578	2:28:48 / 333	2:57:58 / 463	3:16:06 / 415					
393	793	MACHLOWSKI Ryszard	KRAKÓW		POL / KKB DYSTANS KRAKÓW/FESTIWAL BIEGOWY			63M40/106			(M)379	03:26:37	03:26:29	04.53
		0:22:23 / 246	0:44:32 / 241	1:07:58 / 268	1:37:12 / 319		KRYN							
						2:06:16 / 408	2:32:35 / 435	2:56:43 / 430	3:15:58 / 409					
394	1618	FIJALKOWSKI Andrzej	WARSZAWA		POL / SATURN WARSZAWA			66M40/107			(M)380	03:26:37	03:25:32	04.52
		0:24:23 / 497	0:48:11 / 508	1:12:01 / 507	1:41:16 / 481	2:08:40 / 494	2:33:17 / 455	2:55:41 / 402	3:15:07 / 393					
395	285	FIEGA Ryszard	GORLICE		POL / MARATON GORLICE			58M50/42			(M)381	03:26:43	03:26:27	04.53
		0:24:25 / 499	0:48:03 / 500	1:12:09 / 518	1:41:40 / 505	2:09:23 / 522	2:34:02 / 471	2:57:19 / 448	3:16:06 / 414					
396	1322	PĄGOWSKI Andrzej	WROCLAW		POL / MARATONY24.PL TEAM			73M30/151			(M)382	03:26:46	03:26:40	04.53
		0:21:29 / 163	0:42:43 / 157	1:04:38 / 177	1:33:17 / 201	2:02:30 / 273	2:28:08 / 322	2:52:29 / 327	3:13:50 / 361					
397	2868	RAJCZYBA Adam	WROCLAW		POL / 603030703			65M40/108	B2/5		(M)383	03:26:46	03:26:18	04.53
		0:25:12 / 696	0:49:43 / 740	1:13:22 / 603	1:42:12 / 533	2:09:41 / 537	2:34:33 / 491	2:57:16 / 445	3:15:59 / 410					
398	2135	RAJCZYBA Adam	WROCLAW		POL / CROSS WROCLAW			65M40/109	B2/6		(M)384	03:26:46	03:26:23	04.53
		0:25:12 / 695	0:49:43 / 738	1:13:22 / 604	1:42:13 / 537	2:09:40 / 536	2:34:33 / 490	2:57:17 / 447	3:16:00 / 411					

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club				R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:															
399	1635	ZMITROWICZ Bogdan	NOWA DĘBA		POL / ZMITEK TEAM				77M30/152			(M)385	03:26:48	03:26:28	04.53
		0:23:53 / 429	0:47:08 / 431	1:10:29 / 437	1:39:17 / 415	2:06:17 / 409	2:31:36 / 405	2:55:44 / 408	3:15:24 / 395						
400	3493	BARGIEL Marek	KLIMONTÓW		POL / TOPÓR KLIMONTÓW				67M40/110			(M)386	03:26:49	03:26:29	04.53
		0:24:31 / 517	0:47:39 / 477	1:11:17 / 475	1:39:16 / 413	2:06:33 / 421	2:31:41 / 409	2:56:07 / 415	3:15:47 / 403						
401	279	SMUS Krzysztof	ZIELONKI		POL				67M40/111			(M)387	03:26:49	03:26:22	04.53
		0:24:47 / 562	0:48:29 / 548	1:12:14 / 523	1:41:17 / 485	2:08:49 / 502	2:33:48 / 464	2:57:19 / 450	3:16:34 / 428						
402	545	KURANT Tomasz	INOWROCŁAW		POL / BRAK				80M30/153			(M)388	03:26:56	03:26:26	04.53
		0:24:13 / 470	0:46:50 / 415	1:09:40 / 404	1:38:18 / 374	2:06:29 / 419	2:31:33 / 404	2:56:17 / 421	3:16:16 / 418						
403	996	SIERACKI Leszek	INOWROCŁAW		POL				63M40/112			(M)389	03:26:58	03:26:54	04.54
		0:19:53 / 51	0:39:33 / 49	1:00:12 / 59	1:26:01 / 66	1:51:27 / 83	2:14:49 / 106	2:44:52 / 194	3:13:47 / 360						
404	170	BLACHEWICZ Marcin	BYDGOSZCZ		POL				75M30/154			(M)390	03:27:00	03:26:39	04.53
		0:19:53 / 50	0:49:38 / 667	1:13:56 / 653	1:43:37 / 608	2:10:55 / 591	2:35:32 / 535	2:58:29 / 480	3:16:57 / 441						
405	2168	MASTALERZ Tomasz	KIELCE		POL / T-MOBILE RUNNING TEAM				76M30/155			(M)391	03:27:01	03:26:36	04.53
		0:25:07 / 644	0:49:33 / 649	1:13:26 / 611	1:42:35 / 551	2:09:27 / 525	2:33:14 / 454	2:56:42 / 428	3:16:03 / 413						
406	1532	KOSZYK Rafał	OPOLE		POL				79M30/156			(M)392	03:27:02	03:26:53	04.54
		0:23:33 / 361	0:46:25 / 374	1:09:22 / 383	1:37:54 / 358	2:04:42 / 369	2:29:38 / 356	2:55:09 / 387	3:15:55 / 406						
407	2563	KONIECZNY Marcin	PLAWCE		POL				76M30/157			(M)393	03:27:03	03:26:45	04.54
		0:24:12 / 466	0:46:57 / 422	1:09:55 / 419	1:37:58 / 361	2:04:41 / 368	2:29:42 / 358	2:54:25 / 369	3:14:52 / 387						
408	1564	KAMINSKI Marek-maciej	SZCZERCÓW		POL / GMINA SZCZERCÓW - KB SPARTAKUS				64M40/113			(M)394	03:27:04	03:26:21	04.53
		0:24:12 / 465	0:49:50 / 792	1:14:11 / 750	1:43:52 / 676	BŁĘCHATÓW									
						2:11:03 / 628	2:35:43 / 547	2:58:28 / 478	3:16:43 / 436						
409	1203	HOROWSKI Hieronim	WOLSZTYN		POL				74M30/158			(M)395	03:27:09	03:26:38	04.53
		0:25:07 / 639	0:49:03 / 599	1:12:56 / 576	1:42:16 / 540	2:09:55 / 545	2:34:47 / 503	2:57:36 / 455	3:16:19 / 422						
410	1184	JĘDRZKIEWICZ Andrzej	ŻYWIEC		POL				64M40/114			(M)396	03:27:11	03:26:46	04.54
		0:24:12 / 467	0:46:54 / 418	1:09:42 / 405	1:37:51 / 356	2:04:29 / 360	2:29:08 / 340	2:53:51 / 351	3:14:57 / 389						
411	2061	PODSIADŁO Adam	KRAKÓW		POL				81M30/159			(M)397	03:27:18	03:26:58	04.54
		0:23:27 / 322	0:46:13 / 317	1:08:54 / 300	1:37:06 / 283	2:04:55 / 376	2:30:51 / 384	2:56:13 / 418	3:16:22 / 423						
412	1043	CIEŚLAK Robert	POZNAŃ		POL / DRUŻYNA SZPIKU				69M40/115			(M)398	03:27:18	03:26:54	04.54
		0:23:27 / 321	0:49:39 / 680	1:14:00 / 692	1:43:43 / 647	2:11:00 / 624	2:35:44 / 548	2:58:34 / 481	3:16:49 / 439						
413	3470	KOTLARZ Paweł	WARSZAWA		POL				77M30/160			(M)399	03:27:21	03:24:47	04.51
		0:26:23 / 976	0:49:24 / 628	1:12:34 / 548	1:41:26 / 495	2:08:42 / 495	2:33:53 / 466	2:57:19 / 449	3:16:23 / 424						
414	727	PÓK János	AGÁRD		HUN / AXIÁL				63M40/116			(M)400	03:27:21	03:26:59	04.54
		0:23:40 / 395	0:46:24 / 368	1:09:20 / 368	1:37:20 / 334	2:04:27 / 358	2:29:50 / 365	2:55:26 / 396	3:15:53 / 405						
415	571	LUBNAU Marek	SOSNOWIEC		POL / TKKF CZELADŹ				62M50/43			(M)401	03:27:23	03:27:00	04.54
		0:25:44 / 880	0:50:20 / 873	1:15:04 / 853	1:44:57 / 748	2:12:01 / 694	2:36:13 / 576	2:58:59 / 499	3:17:11 / 444						
416	3236	RUBISZ Wojśław	WARSZAWA		POL / LECHICI ZIELONKA				79M30/161			(M)402	03:27:23	03:27:05	04.54
		0:25:09 / 661	0:49:37 / 663	1:13:56 / 658	1:43:37 / 612	2:10:55 / 595	2:35:36 / 541	2:58:28 / 476	3:16:44 / 437						
417	2813	RÓŻYCKI Edward	SZCZECIN		POL / MUKS TORNADO				53M50/44			(M)403	03:27:23	03:27:03	04.54
		0:25:15 / 715	0:49:34 / 651	1:13:55 / 648	1:43:37 / 613	2:10:55 / 590	2:35:36 / 540	2:58:28 / 477	3:16:43 / 435						
418	3433	KOSYK Alexander	VELYKA MOTOVYLOVKA		UKR				71M40/117			(M)404	03:27:27	03:26:10	04.53
		0:23:53 / 427	0:45:35 / 286	1:07:42 / 257	1:36:14 / 262	2:04:48 / 373	2:30:44 / 379	2:54:04 / 356	3:15:34 / 398						
419	617	BIAŁOGRODZKI Tadeusz	ZALESIE GÓRNE		POL				58M50/45			(M)405	03:27:27	03:26:38	04.53
		0:24:38 / 531	0:48:17 / 516	1:12:36 / 553	1:43:50 / 666	2:10:56 / 604	2:35:16 / 525	2:57:50 / 460	3:16:27 / 427						
420	2984	GORZKOWSKI Witold	WIELICZKA		POL / IM 2010 POLSKA				64M40/118			(M)406	03:27:34	03:27:08	04.54
		0:24:57 / 597	0:49:15 / 609	1:13:10 / 593	1:42:16 / 541	2:09:54 / 542	2:34:47 / 502	2:57:36 / 456	3:16:26 / 426						
421	669	PAJEWSKI Jerzy j.	KRAKÓW		POL / AJ PLUS				68M40/119			(M)407	03:27:35	03:27:10	04.54
		0:24:38 / 533	0:48:39 / 563	1:13:02 / 586	1:42:37 / 552	2:10:19 / 556	2:34:47 / 501	2:57:36 / 454	3:16:25 / 425						
422	3456	LISAK Grzegorz	CZCHÓW		POL				71M40/120			(M)408	03:27:37	03:27:14	04.54
		0:23:43 / 405	0:46:32 / 401	1:09:23 / 386	1:37:31 / 343	2:03:54 / 343	2:29:46 / 360	2:55:19 / 390	3:16:12 / 416						
423	1879	POGROSZEWSKI Krzysztof	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW				56M50/46			(M)409	03:27:39	03:27:32	04.55
		0:23:43 / 404	0:46:36 / 408	1:09:50 / 412	1:38:15 / 372	2:05:26 / 387	2:30:52 / 385	2:55:20 / 391	3:15:39 / 400						
424	1225	GADZINA Krzysztof	KALNA		POL / NIEZRZESZONY				73M30/162			(M)410	03:27:40	03:27:28	04.55
		0:23:59 / 436	0:47:38 / 474	1:11:58 / 503	1:41:54 / 516	2:09:40 / 535	2:34:47 / 500	2:58:21 / 468	3:17:14 / 447						
425	1265	GÓRECKI Roman	GDYNIA		POL / MORSY GDYŃSKIE/BIEGAMYRAZEM.PL				72M40/121			(M)411	03:27:50	03:27:29	04.55
		0:23:59 / 437	0:49:35 / 653	1:13:56 / 656	1:43:25 / 595	2:10:22 / 559	2:34:18 / 477	2:56:59 / 437	3:17:31 / 455						
426	2177	BRZYSKI Maciej	RZESZÓW		POL / GAZELA Z RZESZOWA				85M20/76			(M)412	03:27:53	03:27:13	04.54
		0:24:41 / 541	0:48:19 / 519	1:12:04 / 512	1:41:03 / 475	2:08:47 / 499	2:33:41 / 462	2:56:57 / 436	3:16:41 / 434						

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex			Wynik Time	Wynik Netto [min/km]
Check pts:											
427	2454	UDZIELA Tomasz	NOWY TARG		POL / VISEGRAD MARATON		78M30/163			(M)413 03:27:57	03:26:42 04.53
		0:28:30 / 1494	0:51:58 / 1011	1:14:50 / 821	1:43:43 / 650	2:11:00 / 623	2:36:02 / 568	2:59:29 / 519	3:17:48 / 462		
428	2360	TRZECIAKOWSKI Tomasz	JAWORZNO		POL		88M20/77			(M)414 03:28:03	03:27:09 04.54
		0:25:38 / 850	0:49:45 / 762	1:14:01 / 703	1:43:39 / 627	2:10:57 / 605	2:35:37 / 544	2:59:07 / 506	3:17:58 / 468		
429	2943	MÁLEK Václav	DOLANY U OLOMOUCE		CZE		75M30/164			(M)415 03:28:03	03:27:45 04.55
		0:22:57 / 270	0:46:22 / 336	1:10:07 / 422	1:38:44 / 396	2:06:01 / 400	2:31:13 / 395	2:56:07 / 416	3:16:40 / 433		
430	1460	ŠMÁRIK Milan	ŽILINA		SVK / ŽILINA		62M50/47			(M)416 03:28:04	03:27:49 04.55
		0:23:06 / 283	0:45:54 / 293	1:09:02 / 306	1:37:48 / 355	2:05:43 / 395	2:31:03 / 392	2:55:31 / 398	3:16:01 / 412		
431	221	WIDLAK Janusz	WARSZAWA		POL		73M30/165			(M)417 03:28:05	03:27:56 04.55
		0:23:31 / 353	0:46:21 / 331	1:09:15 / 324	1:37:10 / 297	2:02:58 / 303	2:26:35 / 296	2:55:42 / 404	3:16:40 / 431		
432	2205	KRÓL Elżbieta	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW		71K40/3			(K)15 03:28:06	03:27:58 04.55
		0:24:46 / 560	0:48:22 / 525	1:12:13 / 521	2:35:31 / 2924	2:02:58 / 304	2:26:35 / 297	2:55:42 / 405	3:16:40 / 432		
433	1073	MARSZAŁKOWSKI Zbigniew	WODZISŁAW ŚLĄSKI		POL / FORMA WODZISŁAW ŚLĄSKI		57M50/48			(M)418 03:28:07	03:27:42 04.55
		0:24:28 / 509	0:47:34 / 469	1:10:55 / 459	1:39:40 / 425	2:07:05 / 441	2:32:26 / 427	2:56:16 / 419	3:16:35 / 429		
434	2229	LASKOWSKI Szymon	WARSZAWA		POL		73M30/166			(M)419 03:28:08	03:27:53 04.55
		0:23:42 / 399	0:47:08 / 430	1:10:52 / 454	1:40:09 / 437	2:07:05 / 442	2:32:53 / 445	2:56:43 / 431	3:16:35 / 430		
435	3004	BOKOR Endre	KECSKEMÉT		HUN / TRIA-TÚRA SZSE.		72M40/122			(M)420 03:28:08	03:27:30 04.55
		0:24:27 / 508	0:47:18 / 452	1:10:08 / 424	1:37:54 / 359	2:04:44 / 371	2:29:38 / 354	2:53:27 / 348	3:15:04 / 392		
436	2386	PANASIUK Adrian	GDYNIA		POL / AKADEMIA MARYNARKI WOJENNEJ		91M20/78			(M)421 03:28:11	03:27:21 04.54
		0:25:23 / 765	0:49:24 / 625	1:12:15 / 528	1:41:18 / 488	2:08:28 / 487	2:33:33 / 459	2:57:15 / 443	3:16:55 / 440		
437	1140	KUĆ Jarosław	KRAKÓW		POL		66M40/123			(M)422 03:28:13	03:27:56 04.55
		0:25:05 / 620	0:49:35 / 654	1:13:59 / 684	1:43:53 / 679	2:11:24 / 646	2:35:49 / 552	2:58:39 / 486	3:17:17 / 448		
438	217	ZIMNY Emanuel	SOCHACZEW		POL / KM AKTYWNI SOCHACZEW		81M30/167			(M)423 03:28:17	03:28:13 04.56
		0:20:10 / 64	0:40:19 / 64	1:00:54 / 71	1:27:04 / 75	1:56:17 / 167	2:24:29 / 234	2:51:18 / 311	3:13:35 / 355		
439	2390	GAJEWSKI Marek	WARSZAWA		POL / INDYWIDUALNIE		65M40/124			(M)424 03:28:17	03:28:08 04.55
		0:23:20 / 302	0:46:10 / 312	1:09:12 / 312	1:38:20 / 378	2:04:38 / 365	2:29:47 / 362	2:55:04 / 385	3:15:55 / 407		
440	3328	SKJELLAND Didrik	KRAKOW		NOR		90M20/79			(M)425 03:28:24	03:27:48 04.55
		0:24:55 / 592	0:48:58 / 593	1:12:53 / 571	1:41:59 / 521	2:08:55 / 508	2:33:50 / 465	2:57:49 / 459	3:17:34 / 457		
441	2977	PATER Kamil	KRAKÓW		POL		87M20/80			(M)426 03:28:28	03:28:12 04.56
		0:21:15 / 134	0:42:29 / 141	1:04:18 / 165	1:33:22 / 204	2:01:56 / 263	2:28:21 / 326	2:54:57 / 381	3:16:17 / 420		
442	392	WOLBACH Dawid	MUROWANA GOŚLINA		POL		89M20/81			(M)427 03:28:39	03:28:08 04.55
		0:24:34 / 525	0:47:38 / 475	1:10:39 / 447	1:38:52 / 402	2:01:56 / 262	2:32:32 / 432	2:56:44 / 432	3:16:49 / 438		
443	808	FUKER Miroslav	SPIŠSKÁ NOVÁ VES		SVK		59M50/49			(M)428 03:28:42	03:28:14 04.56
		0:25:17 / 729	0:48:47 / 582	1:12:41 / 558	1:41:43 / 510	2:09:33 / 529	2:34:26 / 484	2:58:24 / 472	3:17:50 / 463		
444	3422	MIKOŁAJCZYK Marta	WARKA		POL / PUŁASKI WARKA		48K60/1			(K)16 03:28:44	03:28:41 04.56
		0:24:20 / 485	0:48:09 / 505	1:12:01 / 508	1:41:17 / 483	2:09:02 / 511	2:34:28 / 486	2:58:24 / 473	3:17:58 / 469		
445	1427	LEŚNIAK Maciej	KRAKÓW		POL		85M20/82			(M)429 03:28:44	03:28:38 04.56
		0:24:20 / 484	0:41:26 / 86	1:02:35 / 92	1:29:02 / 103	1:56:34 / 173	2:23:43 / 221	2:51:19 / 313	3:14:31 / 382		
446	468	CZUCHWICKI Wacław	ZBĄSZYŃ		POL		58M50/50			(M)430 03:28:45	03:25:54 04.52
		0:29:21 / 1696	0:52:33 / 1053	1:15:53 / 914	1:44:24 / 720	2:11:29 / 661	2:35:46 / 549	2:58:40 / 490	3:17:37 / 459		
447	2461	CZAPCZYŃSKI Cezary	KRAKÓW		POL		77M30/168			(M)431 03:28:45	03:28:10 04.56
		0:25:40 / 863	0:49:30 / 639	1:13:32 / 622	1:43:04 / 574	2:10:29 / 567	2:35:14 / 523	2:58:40 / 491	3:17:57 / 467		
448	1459	UHLÁRIK Pavol	RAJEC		SVK / MARATON KLUB RAJEC		59M50/51			(M)432 03:28:45	03:28:18 04.56
		0:24:45 / 552	0:48:44 / 572	1:13:05 / 589	1:42:30 / 547	2:09:48 / 538	2:34:19 / 478	2:57:36 / 453	3:17:22 / 452		
449	1888	SROKA Wojciech	RZESZÓW		POL / SROKA FRUWASZYBKO RZESZÓW		78M30/169			(M)433 03:28:45	03:28:09 04.56
		0:25:25 / 784	0:49:30 / 638	1:13:32 / 620	1:43:01 / 567	2:10:29 / 566	2:35:14 / 522	2:58:40 / 489	3:17:56 / 466		
450	1475	TELEŻYŃSKI Jan	GDYNIA		POL / UKSRW WEJHEROWO		87M20/83			(M)434 03:28:47	03:28:28 04.56
		0:25:10 / 669	0:49:31 / 640	1:13:49 / 636	1:43:11 / 584	2:10:45 / 580	2:35:29 / 533	2:58:39 / 487	3:17:54 / 465		
451	807	CHABADA Ondrej	SPIŠSKÁ NOVÁ VES		SVK / MK TATRAN SP. NOVÁ VES		63M40/125			(M)435 03:28:49	03:28:36 04.56
		0:22:21 / 242	0:44:18 / 229	1:06:19 / 226	1:33:55 / 212	1:59:47 / 215	2:24:30 / 236	2:48:54 / 274	3:13:57 / 364		
452	1634	GERC Jarosław	ŚWIEBODZIN		POL / WULKANY MIŁOŚCI		82M30/170			(M)436 03:28:52	03:28:32 04.56
		0:22:21 / 243	0:49:40 / 696	1:13:45 / 630	1:43:15 / 589	2:10:23 / 562	2:35:00 / 511	2:58:19 / 467	3:17:18 / 449		
453	1712	GRYGIELSKI Artur	LUBIN		POL / ZG LUBIN		74M30/171			(M)437 03:28:53	03:28:14 04.56
		0:24:04 / 451	0:46:23 / 354	1:09:18 / 350	1:37:11 / 316	2:03:00 / 315	2:26:32 / 291	2:51:46 / 318	3:14:02 / 367		
454	2226	BARTOSZEK Piotr	KRASNYSTAW		POL		73M30/172			(M)438 03:28:54	03:28:25 04.56
		0:24:43 / 544	0:48:22 / 526	1:11:56 / 501	1:40:57 / 471	2:08:45 / 497	2:34:46 / 498	2:58:38 / 484	3:18:15 / 481		
455	1128	KICIŃSKI Grzegorz	SZCZECIN		POL / PANTOFLARZ SZCZECIN		63M40/126			(M)439 03:28:54	03:28:43 04.56
		0:24:28 / 510	0:48:31 / 550	1:12:57 / 577	1:42:50 / 561	2:10:44 / 579	2:35:36 / 539	2:58:54 / 496	3:18:11 / 479		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club				R-k YoB	W kategorii Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:														
456	2549	PETKOWICZ Paweł	LUBLIN		POL				88M20/84		(M)440	03:28:56	03:28:52	04.57
		0:20:51 / 95	0:43:58 / 219	1:08:08 / 274	1:37:10 / 294	2:05:13 / 380	2:30:57 / 390	2:55:24 / 394	3:15:55 / 408					
457	104	JASTRZĄB Piotr	LESKO		POL / DEKAN LESKO				68M40/127		(M)441	03:28:57	03:28:41	04.56
		0:24:45 / 554	0:48:53 / 590	1:13:02 / 585	1:42:38 / 553	2:10:10 / 550	2:35:13 / 518	2:59:29 / 518	3:19:00 / 499					
458	3302	MAKSYMOWICZ Bartosz	KRAKÓW		POL				83M20/85		(M)442	03:29:03	03:28:44	04.56
		0:25:12 / 697	0:49:46 / 769	1:14:16 / 768	1:44:08 / 698	2:11:55 / 688	2:36:36 / 593	2:59:28 / 517	3:18:12 / 480					
459	1232	BRODACKI Wiesław	TYCHY		POL / 40-LATEK TYCHY				61M50/52		(M)443	03:29:04	03:28:48	04.56
		0:25:09 / 662	0:49:40 / 698	2:58:41 / 2994	1:43:33 / 602	2:10:55 / 592	2:35:35 / 538	2:59:28 / 516	3:18:01 / 471					
460	675	SKRĘTKOWSKI Krzysztof	OLAWA		POL				81M30/173		(M)444	03:29:08	03:29:02	04.57
		0:24:55 / 591	0:49:35 / 652	1:14:09 / 741	1:44:09 / 700	2:12:19 / 699	2:37:31 / 634	2:59:59 / 529	3:18:26 / 484					
461	864	CZACHOR Marek	ŚWIEBODZIN		POL / WULKANY MIŁOŚCI				82M30/174		(M)445	03:29:13	03:28:56	04.57
		0:25:10 / 677	0:49:40 / 705	1:13:46 / 632	1:43:15 / 587	2:10:25 / 565	2:35:01 / 513	2:58:22 / 469	3:18:02 / 472					
462	728	ERGA Tor	SANDNES		NOR / UNIVERSITY OF STAVANGER				67M40/128		(M)446	03:29:14	03:29:05	04.57
		0:22:00 / 214	0:43:26 / 199	1:05:25 / 202	1:33:16 / 200	2:00:52 / 239	2:26:57 / 307	2:55:07 / 386	3:17:07 / 443					
463	2255	ZIĘBA Wojciech	NOWY SĄCZ		POL / VISEGRAD MARATON RYTRO				82M30/175		(M)447	03:29:14	03:28:44	04.56
		0:24:21 / 487	0:47:42 / 483	1:11:45 / 494	1:40:31 / 452	2:07:30 / 452	2:31:57 / 415	2:55:51 / 411	3:18:35 / 488					
464	1892	PODWYSOCKI Marcin	AUGUSTÓW		POL / ATP AUGUSTÓW				88M20/86		(M)448	03:29:14	03:28:52	04.57
		0:24:29 / 512	0:48:23 / 531	1:12:19 / 530	1:41:41 / 507	2:09:31 / 527	2:34:58 / 508	2:59:07 / 507	3:18:17 / 482					
465	3344	ADAMCZYK Mariusz	RUDA ŚLĄSKA		POL / TKKF JASTRZĄB RUDA ŚLĄSKA				76M30/176		(M)449	03:29:15	03:29:04	04.57
		0:23:36 / 380	0:46:24 / 372	1:09:20 / 367	1:37:28 / 338	2:04:29 / 359	2:31:28 / 402	2:57:50 / 461	3:18:53 / 498					
466	683	WITKOWSKI Dominik	POZNAŃ		POL / INGA TEAM				72M40/129		(M)450	03:29:16	03:25:11	04.51
		0:25:47 / 888	0:47:26 / 463	1:09:22 / 382	1:36:42 / 272	2:02:16 / 269	2:28:56 / 337	2:54:55 / 380	3:17:22 / 451					
467	2494	STACHOWSKI Krzysztof	KRAKÓW		POL / CFS TEAM				72M40/130		(M)451	03:29:18	03:28:51	04.56
		0:25:01 / 604	0:49:16 / 610	1:13:37 / 625	1:43:24 / 593	2:10:56 / 602	2:35:25 / 529	2:58:38 / 483	3:17:47 / 461					
468	2949	KASPEROWICZ Radek	BIAŁYSTOK		POL				89M20/87		(M)452	03:29:19	03:28:47	04.56
		0:24:36 / 528	0:47:40 / 480	1:10:58 / 462	1:40:01 / 434	2:07:02 / 439	2:31:16 / 399	2:55:33 / 399	3:17:11 / 446					
469	2749	BENZAKOUR Khalid	CASABLANCA		MAR / CMCF				59M50/53		(M)453	03:29:20	03:28:45	04.56
		0:23:58 / 434	0:46:28 / 387	1:09:18 / 353	1:37:30 / 341	2:04:54 / 375	2:29:41 / 357	2:55:24 / 393	3:17:29 / 454					
470	1205	KRUCZYŃSKI Marian	ZYWIEC		POL				53M50/54		(M)454	03:29:25	03:28:59	04.57
		0:25:12 / 689	0:49:42 / 724	1:13:59 / 685	1:43:37 / 609	2:11:34 / 665	2:36:22 / 582	2:59:28 / 514	3:18:06 / 475					
471	267	MRAJCA Tomáš	OSTRAVA		POL / MK SEITL OSTRAVA				72M40/131		(M)455	03:29:29	03:28:45	04.56
		0:26:32 / 997	0:51:28 / 969	1:16:30 / 943	1:46:58 / 873	2:14:34 / 803	2:39:09 / 698	3:01:29 / 566	3:19:17 / 509					
472	752	KUCHNIEWSKI Marcin	GRACZE		POL / BIEGACZE MONARU GRACZE				91M20/88		(M)456	03:29:30	03:26:56	04.54
		0:27:29 / 1147	0:51:30 / 980	1:15:02 / 844	1:43:57 / 687	2:11:41 / 680	2:36:40 / 594	2:59:07 / 505	3:17:58 / 470					
473	904	MACKŮ Jaroslav	OSTRAVA		CZE / MK SEITL OSTRAVA				63M40/132		(M)457	03:29:31	03:29:16	04.57
		0:25:10 / 672	0:49:41 / 717	1:14:02 / 711	1:43:54 / 682	2:11:35 / 667	2:36:53 / 608	3:00:19 / 540	3:18:52 / 495					
474	149	PLUCIENNIK Artur	WARSZAWA		POL				71M40/133		(M)458	03:29:32	03:29:10	04.57
		0:24:41 / 540	0:48:36 / 557	1:13:01 / 584	1:42:45 / 554	2:10:24 / 563	2:35:12 / 517	2:58:42 / 492	3:18:19 / 483					
475	882	SZIJ Tamás	BUDAPEST		HUN / VASEMBEREK KLUBJA				69M40/134		(M)459	03:29:34	03:28:53	04.57
		0:24:50 / 570	0:48:14 / 512	1:12:00 / 505	1:41:56 / 519	2:09:54 / 543	2:35:00 / 509	2:58:58 / 498	3:18:42 / 493					
476	2378	JABŁOŃSKI Mateusz	BIELSKO-BIAŁA		POL				90M20/89		(M)460	03:29:36	03:29:30	04.57
		0:24:50 / 571	0:42:23 / 131	1:04:21 / 169	1:32:18 / 181	2:00:25 / 233	2:26:44 / 301	2:54:27 / 370	3:17:11 / 445					
477	2207	JANUSZ Sebastian	WARSZAWA		POL / POLBANK				76M30/177		(M)461	03:29:37	03:29:21	04.57
		0:23:44 / 407	0:46:47 / 413	1:10:07 / 423	1:38:54 / 403	2:06:33 / 422	2:32:09 / 421	2:56:36 / 425	3:17:25 / 453					
478	3499	DOMINICZAK Sebastian	WROCLAW		POL				75M30/178		(M)462	03:29:44	03:28:10	04.56
		0:25:01 / 603	0:48:11 / 507	1:11:24 / 479	1:39:50 / 428	2:06:05 / 403	2:30:44 / 381	2:57:02 / 439	3:17:32 / 456					
479	1263	WINCENIAK Krzysztof	KOCMYRZÓW		POL				80M30/179		(M)463	03:29:45	03:29:24	04.57
		0:24:54 / 588	0:48:42 / 567	1:12:30 / 543	1:41:24 / 494	2:08:36 / 492	2:33:01 / 449	2:56:16 / 420	3:17:20 / 450					
480	1242	BEBAK Roman	ZEMBRZYCE		POL / ZEMBRZYCE. EU TEAM				60M50/55		(M)464	03:29:46	03:28:32	04.56
		0:26:37 / 1004	0:50:32 / 893	1:14:41 / 808	1:44:17 / 712	2:12:10 / 698	2:37:09 / 617	3:00:13 / 535	3:19:06 / 503					
481	1637	CEBO Paweł	ZAWIERCIE		POL				74M30/180		(M)465	03:29:46	03:29:29	04.57
		0:24:38 / 534	0:48:25 / 538	1:12:25 / 537	1:41:54 / 515	2:09:20 / 519	2:34:01 / 470	2:56:49 / 433	3:16:59 / 442					
482	1778	MATOSZ Tomasz	KRAKÓW		POL / FATHER AT HOME				77M30/181		(M)466	03:29:53	03:29:22	04.57
		0:25:16 / 726	0:49:44 / 753	1:14:07 / 731	1:43:39 / 629	2:10:59 / 622	2:35:36 / 543	2:59:15 / 511	3:18:41 / 492					
483	3029	KRASKA Włodzimierz	KRAKOW		POL / NIEZRZESZONY				46M60/8		(M)467	03:29:56	03:29:43	04.58
		0:23:47 / 412	0:46:50 / 414	1:09:54 / 417	1:38:19 / 376	2:05:28 / 388	2:30:53 / 386	2:55:44 / 409	3:17:36 / 458					
484	1431	MOŻEJKO Zbigniew	WROCLAW		POL				69M40/135		(M)468	03:29:58	03:29:44	04.58
		0:25:00 / 600	0:49:29 / 637	1:13:58 / 680	1:43:44 / 654	2:11:21 / 644	2:36:24 / 583	2:59:32 / 521	3:18:38 / 491					

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex			Wynik Time	Wynik Netto [min/km]
Check pts:											
485	2715	KRAWCZYK Marek	KRAKOW	 POL			71M40/136			(M)469 03:29:59	03:29:45 04.58
		0:25:03 / 616	0:49:35 / 655	1:13:46 / 633	1:43:09 / 582	2:10:17 / 554	2:35:13 / 521	2:59:13 / 509	3:18:53 / 497		
486	2016	MAŁECKI Janusz	OJRZEŃ	 POL			65M40/137			(M)470 03:30:07	03:30:00 04.58
		0:21:29 / 165	0:43:11 / 190	1:05:59 / 217	1:34:45 / 231	2:02:56 / 287	2:30:04 / 369	2:56:10 / 417	3:17:44 / 460		
487	3481	CZARNECKI Cezary	SZREŃSK	 POL	/ AZS WAT		89M20/90			(M)471 03:30:08	03:29:48 04.58
		0:25:07 / 641	0:49:39 / 683	1:13:56 / 654	1:43:25 / 596	2:10:55 / 596	2:35:54 / 555	2:59:54 / 525	3:19:05 / 501		
488	363	PIOTROWSKI Paweł	TOMASZÓW MAZ	 POL			66M40/138			(M)472 03:30:13	03:30:11 04.58
		0:22:40 / 258	0:45:56 / 294	1:09:18 / 351	1:38:30 / 381	2:06:48 / 430	2:32:36 / 436	2:57:31 / 452	3:18:10 / 478		
489	2114	LUBOWICKI Łukasz	TYCHY	 POL	/ 40-LATEK TYCHY		78M30/182			(M)473 03:30:14	03:29:36 04.58
		0:25:30 / 820	0:50:27 / 890	1:15:03 / 849	1:45:08 / 764	2:12:47 / 725	2:37:23 / 628	3:00:17 / 539	3:19:17 / 508		
490	967	KNUDSEN Jes	BALLERUP	 DEN			55M50/56			(M)474 03:30:15	03:29:36 04.58
		0:25:30 / 818	0:49:53 / 807	2:59:10 / 2995	1:43:15 / 588	2:10:33 / 571	2:35:25 / 530	3:00:17 / 538	3:19:07 / 504		
491	1201	MAKARCZYK Daniel	CHOBENIA	 POL	/ KGHM POLSKA MIEDZ ZG RUDNA		75M30/183			(M)475 03:30:16	03:29:15 04.57
		0:25:30 / 819	0:50:00 / 832	1:14:14 / 760	1:43:13 / 585	2:10:30 / 568	2:35:37 / 545	2:59:15 / 510	3:18:51 / 494		
492	1795	KALANDYK Marek	RZESZÓW	 POL	/ RZESZOWSKIE GAZELE I GEPARDY		66M40/139			(M)476 03:30:22	03:30:00 04.58
		0:25:07 / 645	0:49:40 / 700	1:13:58 / 673	1:45:06 / 761	2:11:35 / 670	2:36:13 / 574	3:00:34 / 541	3:19:42 / 514		
493	87	SIEMINSKI Radosław	KRAKÓW	 POL			81M30/184			(M)477 03:30:26	03:30:12 04.58
		0:22:20 / 238	0:44:32 / 240	1:07:13 / 248	1:35:57 / 259	2:04:43 / 370	2:31:54 / 414	2:57:48 / 458	3:18:38 / 490		
494	1889	BAJOREK Michał	TOMASZOWICE	 POL			69M40/140			(M)478 03:30:27	03:30:06 04.58
		0:25:15 / 717	0:49:46 / 771	1:14:27 / 784	1:44:43 / 736	2:12:41 / 716	2:37:31 / 633	3:00:34 / 543	3:19:28 / 510		
495	193	MICHAŁEK Dariusz	KRAKÓW	 POL			67M40/141			(M)479 03:30:29	03:30:17 04.59
		0:25:15 / 716	0:43:47 / 214	1:06:23 / 231	1:35:11 / 241	2:03:52 / 341	2:30:53 / 387	2:56:51 / 434	3:18:05 / 473		
496	3076	GRADEK Dariusz	KRAKÓW	 POL			71M40/142			(M)480 03:30:30	03:30:10 04.58
		0:25:07 / 637	0:49:39 / 687	1:13:57 / 669	2:35:35 / 2925	2:10:55 / 593	2:30:53 / 388	2:59:05 / 502	3:19:12 / 505		
497	2653	POLAK Bartosz	SKIERDY	 POL			79M30/185			(M)481 03:30:32	03:29:57 04.58
		0:25:40 / 860	0:50:20 / 872	1:15:31 / 888	1:46:01 / 817	2:14:05 / 786	2:39:10 / 701	3:02:06 / 593	3:20:39 / 525		
498	2568	MLECZKO Marian	ZABRZE	 POL			62M50/57			(M)482 03:30:35	03:30:10 04.58
		0:24:52 / 580	0:48:33 / 553	1:12:07 / 515	1:40:34 / 456	2:07:13 / 443	2:32:14 / 424	2:56:40 / 427	3:17:51 / 464		
499	1198	PYRZAK Paweł	PRZEMYŚL	 POL	/ FORT JAKSMANICE		85M20/91			(M)483 03:30:39	03:30:19 04.59
		0:24:52 / 579	0:48:34 / 554	1:12:19 / 532	1:40:51 / 468	2:07:35 / 454	2:32:35 / 434	2:57:16 / 444	3:18:06 / 474		
500	365	BRZOZOWSKI Leszek	GORLICE	 POL	/ MARATON GORLICE		55M50/58			(M)484 03:30:41	03:30:30 04.59
		0:23:20 / 304	0:46:22 / 342	1:09:17 / 338	1:38:13 / 370	2:05:15 / 381	2:30:20 / 374	2:56:21 / 422	3:18:32 / 485		
501	2436	ZAKRZEWSKI Patryk	SZCZECIN	 POL	/ DOMINIKANIE		78M30/186			(M)485 03:30:41	03:30:09 04.58
		0:24:48 / 566	0:48:26 / 540	1:12:09 / 519	1:41:17 / 482	2:08:46 / 498	2:34:04 / 474	2:58:48 / 495	3:19:14 / 506		
502	3010	BRYZEK Łukasz	BIELANY	 POL			83M20/92			(M)486 03:30:45	03:29:33 04.57
		0:25:20 / 751	0:48:41 / 566	1:11:43 / 491	1:39:39 / 424	2:07:01 / 436	2:33:09 / 452	2:58:39 / 488	3:18:52 / 496		
503	1299	RUDKOWSKI Michał	PULAWY	 POL	/ POLITECHNIKA WARSZAWSKA		88M20/93			(M)487 03:30:47	03:30:07 04.58
		0:25:17 / 738	0:49:12 / 605	1:12:35 / 552	1:40:51 / 469	2:07:54 / 468	2:32:53 / 446	2:57:21 / 451	3:18:10 / 477		
504	1724	ŚWIERCZEK Grzegorz	ZAWIERCIE	 POL			70M40/143			(M)488 03:30:48	03:30:07 04.58
		0:24:38 / 532	0:48:22 / 528	1:12:25 / 538	1:42:07 / 528	2:10:35 / 574	2:35:33 / 536	2:59:00 / 500	3:19:33 / 512		
505	200	MIRONCZUK Roman	KRAKÓW	 POL	/ DRUŻYNA SZPIKU		76M30/187			(M)489 03:30:49	03:30:37 04.59
		0:23:37 / 381	0:46:26 / 380	1:09:29 / 398	1:38:08 / 366	2:05:02 / 378	2:30:02 / 368	2:57:06 / 440	3:19:33 / 511		
506	826	MACH Kornel	KIELCE	 POL			88M20/94			(M)490 03:30:57	03:30:48 04.59
		0:21:12 / 122	0:42:11 / 112	1:03:13 / 112	1:29:13 / 104	1:53:01 / 104	2:14:25 / 96	2:42:46 / 165	3:14:33 / 384		
507	1388	SZEWczyk Mariusz	KRAKOW	 POL			80M30/188			(M)491 03:30:58	03:30:44 04.59
		0:23:34 / 369	0:46:24 / 369	1:09:22 / 380	1:37:12 / 318	2:03:27 / 331	2:28:14 / 323	2:54:08 / 359	3:18:08 / 476		
508	2484	MORAJKA Kornel	BOCHNIA	 POL			88M20/95			(M)492 03:30:58	03:30:05 04.58
		0:26:31 / 992	0:49:45 / 758	1:13:03 / 588	1:41:35 / 500	2:08:54 / 506	2:34:21 / 480	2:58:42 / 493	3:19:05 / 502		
509	2791	BOCHNAK Maciej	RABA WYŻNA	 POL			84M20/96			(M)493 03:30:58	03:30:28 04.59
		0:25:10 / 675	0:49:40 / 707	1:14:02 / 708	1:43:49 / 662	2:10:57 / 611	2:35:18 / 526	2:58:22 / 470	3:18:34 / 487		
510	565	SÓJKA Krzysztof	BELCHATÓW	 POL			77M30/189			(M)494 03:31:14	03:30:19 04.59
		0:25:59 / 915	0:50:24 / 885	1:15:01 / 842	1:45:12 / 771	2:13:14 / 742	2:38:22 / 661	3:01:47 / 575	3:20:40 / 526		
511	1139	KASIŃSKI Wojciech	PSZCZYNA	 POL			63M40/144			(M)495 03:31:17	03:30:35 04.59
		0:26:13 / 950	0:51:21 / 960	1:16:05 / 923	1:46:20 / 840	2:14:18 / 795	2:39:13 / 704	3:02:20 / 595	3:20:55 / 534		
512	2624	SUDOL Wojciech	KRAKÓW	 POL			79M30/190			(M)496 03:31:29	03:30:42 04.59
		0:27:35 / 1176	0:52:48 / 1087	1:17:32 / 985	1:47:10 / 886	2:14:04 / 782	2:39:50 / 728	3:03:35 / 644	3:21:38 / 547		
513	2982	KOWAL Przemysław	BORZECZÓW	 POL	/ JW NIL		88M20/97			(M)497 03:31:31	03:30:43 04.59
		0:27:35 / 1177	0:52:49 / 1090	1:17:33 / 987	1:47:10 / 884	2:14:03 / 781	2:39:49 / 727	3:03:35 / 643	3:21:38 / 548		

23.04.2012 08:44:36

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]	
Check pts:														
514	515	PERNAK Piotr	WARSZAWA		POL / ASICS POLSKA		70M	40	145	(M)498	03:31:42	03:31:24	05.00	
		0:27:35 / 1175 0:48:24 / 536	1:12:21 / 534 1:41:46 / 513		2:09:53 / 541 2:35:01 / 512	3:00:00 / 532 3:20:33 / 524								
515	2885	MAKOWSKI Jerzy	SUSZNO		POL / POLSKA BIEGA		65M	40	146	(M)499	03:31:43	03:31:28	05.00	
		0:24:44 / 549 0:48:45 / 576	1:12:52 / 568 1:42:09 / 530		2:09:51 / 540 2:35:59 / 559	2:59:56 / 527 3:19:59 / 517								
516	1961	RZAŚA Paweł	KRAKÓW		POL		67M	40	147	(M)500	03:31:45	03:30:37	04.59	
		0:26:37 / 1005 0:50:17 / 864	1:15:38 / 899 1:45:51 / 809		2:13:32 / 760 2:38:58 / 690	3:02:34 / 611 3:21:18 / 543								
517	1396	KÁROLY Lovász	BUDAKALÁSZ		HUN		65K	40	4	(K)17	03:31:45	03:31:30	05.00	
		0:24:19 / 481 0:48:40 / 565	1:13:16 / 598 1:43:26 / 598		2:11:25 / 650 2:37:04 / 612	3:01:10 / 554 3:20:41 / 527								
518	1097	IDZIAK Ireneusz	MYSŁOWICE		POL		73M	30	191	(M)501	03:31:48	03:30:59	05.00	
		0:26:43 / 1024 0:52:27 / 1041	1:17:49 / 1011 1:48:23 / 926		2:16:26 / 880 2:41:15 / 771	3:03:52 / 651 3:21:56 / 549								
519	2277	MARCZUK Marek	RZEPIN		POL / NSZZ SOLIDARNOŚĆ REGION ZIELONA GÓRA		68M	40	148	(M)502	03:31:50	03:31:42	05.01	
		0:23:29 / 335 0:46:19 / 324	1:09:16 / 328 1:37:59 / 363		2:06:03 / 401 2:31:48 / 411	2:57:10 / 442 3:19:02 / 500								
520	591	TRZCINSKI Kazimierz	PLETTENBERG		GER		59M	50	59	(M)503	03:31:51	03:31:09	05.00	
		0:23:56 / 432 0:46:55 / 419	1:10:38 / 445 1:40:16 / 441		2:08:33 / 490 2:34:36 / 494	2:59:28 / 515 3:20:01 / 518								
521	2638	SZPAK Sławomir	KRAKÓW		POL		69M	40	149	(M)504	03:31:52	03:31:25	05.00	
		0:25:25 / 785 0:49:48 / 781	1:14:06 / 730 1:43:59 / 688		2:11:36 / 672 2:36:29 / 585	3:00:01 / 533 3:19:54 / 515								
522	662	STRYCHALSKI Dariusz	ŁAPY		POL		75M	30	192	Niep/2	(M)505	03:31:57	03:31:43	05.01
		0:24:03 / 447 0:47:54 / 494	1:12:01 / 506 1:41:21 / 492		2:09:55 / 546 2:34:41 / 496	2:58:08 / 465 3:21:13 / 541								
523	1079	PRABUCKI Jarosław	POLICE		POL / UKŁ ÓSEMKA POLICE		77M	30	193	(M)506	03:31:57	03:31:29	05.00	
		0:25:29 / 812 0:49:58 / 827	1:14:31 / 790 1:44:19 / 714		2:12:05 / 695 2:37:06 / 613	3:01:23 / 562 3:20:27 / 522								
524	2007	CUPRYŚ Dariusz	RZESZÓW		POL		73M	30	194	(M)507	03:31:59	03:31:32	05.00	
		0:25:11 / 685 0:49:42 / 728	1:14:06 / 729 1:43:41 / 643		2:11:04 / 633 2:36:17 / 578	3:00:50 / 549 3:20:56 / 535								
525	1700	KOHUT Dariusz	PRZEMYŚL		POL / TAŚ TAŚ		72M	40	150	(M)508	03:32:06	03:31:46	05.01	
		0:24:23 / 493 0:48:28 / 544	1:13:17 / 599 2:38:35 / 2936		2:12:45 / 722 2:36:17 / 577	3:02:04 / 588 3:21:03 / 538								
526	2050	KASPRZAK Dariusz	WARKA		POL / KS START PUŁAWSKI WARKA		68M	40	151	(M)509	03:32:08	03:31:37	05.00	
		0:25:12 / 694 0:49:41 / 712	1:14:02 / 707 1:43:43 / 648		2:11:24 / 647 2:36:36 / 592	3:00:42 / 546 3:20:44 / 529								
527	3065	RACHWAŁ Jacek	TRZECIAŻ		POL		66M	40	152	(M)510	03:32:13	03:32:04	05.01	
		0:23:28 / 325 0:46:04 / 305	1:09:10 / 311 1:40:25 / 446		2:11:24 / 648 2:34:26 / 485	2:58:24 / 471 3:18:33 / 486								
528	1547	RADCZAK Andrzej	KRAKÓW		POL		61M	50	60	(M)511	03:32:15	03:31:51	05.01	
		0:25:26 / 791 0:49:57 / 819	1:15:00 / 839 1:45:51 / 810		2:14:12 / 792 2:39:15 / 709	3:02:25 / 603 3:21:13 / 540								
529	2196	BAJOR Janusz	WOJKOWICE		POL 501265082 / NIEZRZESZONY		65M	40	153	(M)512	03:32:17	03:32:12	05.01	
		0:22:06 / 220 0:44:10 / 225	1:06:23 / 230 1:34:47 / 233		2:02:36 / 275 2:29:43 / 359	2:56:43 / 429 3:19:41 / 513								
530	3180	FIAŁKOWSKI Łukasz	KRAKÓW		POL		79M	30	195	(M)513	03:32:19	03:30:19	04.59	
		0:27:39 / 1209 0:50:36 / 898	1:14:21 / 775 1:43:11 / 583		2:09:31 / 528 2:34:23 / 482	3:01:43 / 571 3:21:12 / 539								
531	804	TRZEMŻAŁSKI Maciej	KORCZYNA		POL / MAGAZYN GÓRSKI		68M	40	154	(M)514	03:32:29	03:32:07	05.01	
		0:23:34 / 370 0:46:28 / 385	1:09:24 / 389 1:37:27 / 337		2:06:41 / 429 2:34:03 / 473	2:59:34 / 522 3:20:29 / 523								
532	91	ZIELIŃSKI Marcin	DOBRZEŃ WIELKI		POL / BIEG OPOLSKI / RISER		72M	40	155	(M)515	03:32:36	03:31:12	05.00	
		0:27:11 / 1095 0:52:46 / 1079	1:18:10 / 1043 1:49:21 / 972		2:17:38 / 925 2:42:34 / 818	3:04:18 / 659 3:22:18 / 561								
533	1868	HACZYK Natalia	OPOLE		POL / BIEG OPOLSKI		73K	30	5	(K)18	03:32:37	03:32:05	05.01	
		0:26:54 / 1046 0:52:45 / 1075	1:18:15 / 1050 1:49:21 / 971		2:17:38 / 924 2:42:33 / 816	3:04:19 / 660 3:22:18 / 560								
534	3332	TISSOT Christian	VAUX EN BUGEY		FRA		56M	50	61	(M)516	03:32:38	03:32:24	05.02	
		0:24:12 / 464 0:48:37 / 560	1:13:08 / 592 1:43:09 / 580		2:10:57 / 606 2:36:01 / 567	3:00:34 / 542 3:20:54 / 533								
535	1102	SIERKA Artur	WROCLAW		POL / WKB PIAST WROCLAW		81M	30	196	(M)517	03:32:39	03:32:36	05.02	
		0:21:13 / 125 0:42:11 / 113	1:03:38 / 125 2:32:31 / 2906		2:01:55 / 261 2:36:01 / 566	3:02:23 / 597 3:23:04 / 587								
536	789	TRZEPIZUR Dominik	WRĘCZYCA WIELKA		POL / NGB KŁOBUK		87M	20	98	(M)518	03:32:40	03:32:32	05.02	
		0:23:39 / 389 0:46:28 / 389	1:09:43 / 407 1:38:40 / 390		2:06:30 / 420 2:32:07 / 418	2:57:06 / 441 3:20:15 / 519								
537	1575	SZWEDZIK Krzysztof	ŁOMIANKI		POL / WINIEC ROAD RUNNERS		61M	50	62	(M)519	03:32:41	03:32:31	05.02	
		0:23:51 / 423 0:47:50 / 489	1:12:26 / 540 1:42:57 / 563		2:11:27 / 654 2:37:39 / 640	3:01:48 / 576 3:21:24 / 544								
538	1481	REDA Sławomir	WARSZAWA		POL / WARSZAWA URSYNÓW		58M	50	63	(M)520	03:32:51	03:32:15	05.01	
		0:25:20 / 753 0:49:32 / 641	1:13:32 / 621 1:43:08 / 578		2:10:59 / 619 2:36:18 / 579	2:59:59 / 530 3:19:56 / 516								
539	1922	MEJSNER Bartosz	LUBLIN		POL / OSTERM		74M	30	197	(M)521	03:32:53	03:32:44	05.02	
		0:24:46 / 558 0:48:45 / 575	1:12:47 / 565 1:42:18 / 542		2:09:36 / 534 2:34:51 / 505	2:59:55 / 526 3:20:46 / 530								
540	2496	MATIKAINEN Tomi	PIRKKALA		FIN / KORSON KENGURUT		64M	40	156	(M)522	03:33:03	03:32:50	05.02	
		0:24:33 / 518 0:48:23 / 534	1:12:40 / 555 1:42:35 / 549		2:11:07 / 636 2:36:59 / 609	3:01:02 / 551 3:21:17 / 542								
541	527	KONRAD Artur	ZAWIERCIE		POL / NIEZRZESZONY		77M	30	198	(M)523	03:33:04	03:32:11	05.01	
		0:27:15 / 1112 0:52:32 / 1051	1:17:33 / 988 1:47:31 / 900		2:15:07 / 822 2:39:55 / 730	3:03:23 / 636 3:22:31 / 564								
542	1238	KRÓLIKOWSKI Edward	PLEWISKA		POL / KB MANIAC		70M	40	157	(M)524	03:33:07	03:32:31	05.02	
		0:25:48 / 893 0:49:54 / 810	1:14:56 / 831 1:44:56 / 747		2:13:13 / 741 2:38:15 / 658	3:02:25 / 601 3:20:24 / 520								

23.04.2012 08:44:36

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club				R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:														
543	3385	KIERZEK Michał	BOCHNIA		POL					78M30/199		(M)525	03:33:12	03:32:33 05.02
		0:25:02 / 608 0:48:15 / 514 1:11:27 / 482 1:40:01 / 433 2:07:34 / 453 2:33:07 / 450 2:58:10 / 466 3:20:44 / 528												
544	2055	KRAUZE Tomasz	WROCLAW		POL	/ WROCLAWSKIE MORSY				67M40/158		(M)526	03:33:14	03:32:49 05.02
		0:24:49 / 568 0:48:48 / 583 1:13:00 / 582 1:43:00 / 565 2:11:08 / 638 2:36:47 / 600 3:01:33 / 568 3:21:58 / 550												
545	878	SZYSZKO Janusz	KOLOBRZEG		POL					59M50/64		(M)527	03:33:15	03:32:58 05.02
		0:24:07 / 454 0:47:31 / 467 1:11:10 / 474 1:40:17 / 442 2:07:16 / 448 2:31:52 / 413 2:54:52 / 379 3:15:34 / 399												
546	2068	LESZCZYNSKI Mateusz	KRAKÓW		POL					89M20/99		(M)528	03:33:17	03:32:59 05.02
		0:25:07 / 640 0:49:38 / 674 1:13:57 / 666 1:43:37 / 610 2:10:56 / 600 2:35:26 / 531 2:59:11 / 508 3:20:26 / 521												
547	2844	PELLE Laszlo	DABROWA GORNICZA		HUN	/ KS HUNCUT				71M40/159		(M)529	03:33:19	03:33:03 05.02
		0:25:32 / 832 0:50:20 / 875 1:15:20 / 870 1:45:23 / 781 2:13:45 / 772 2:39:16 / 710 3:03:14 / 633 3:22:32 / 566												
548	3437	WIDYNA Przemek	KRAKÓW		POL					81M30/200		(M)530	03:33:21	03:31:56 05.01
		0:26:15 / 956 0:49:22 / 623 1:12:21 / 535 1:40:41 / 459 2:07:49 / 459 2:33:37 / 461 2:59:06 / 503 3:21:01 / 537												
549	49	BONDARENKO Wiktoria			UKR					87K20/8		(K)19	03:33:24	03:33:22 05.03
		0:21:30 / 171 0:43:55 / 216 1:07:13 / 249 1:40:42 / 460 2:12:36 / 712 2:40:55 / 762 3:04:39 / 672 3:23:05 / 590												
550	2018	ŻAK Robert	MARKI		POL					77M30/201		(M)531	03:33:25	03:33:06 05.03
		0:21:30 / 172 0:48:23 / 533 1:11:58 / 502 1:40:38 / 458 2:07:52 / 462 2:32:53 / 447 2:59:02 / 501 3:20:47 / 531												
551	1109	TLAŁKA Mariusz	WARSZAWA		POL					70M40/160		(M)532	03:33:30	03:33:12 05.03
		0:23:49 / 416 0:47:11 / 435 1:10:39 / 448 1:39:52 / 429 2:08:32 / 489 2:36:03 / 569 3:01:55 / 582 3:22:02 / 552												
552	1608	SOBCZAK Jarosław	GLIWICE		POL					73M30/202		(M)533	03:33:32	03:33:16 05.03
		0:23:49 / 417 0:45:13 / 270 1:07:50 / 264 1:36:11 / 261 2:03:52 / 342 2:29:23 / 343 2:55:10 / 388 3:18:35 / 489												
553	1935	JĘDRZEJCZYK Tomasz	MIĘDZYRZECZ		POL					83M20/100		(M)534	03:33:32	03:33:05 05.03
		0:25:07 / 638 0:49:39 / 684 1:14:00 / 693 1:43:37 / 614 2:10:56 / 599 2:35:36 / 542 2:59:07 / 504 3:20:51 / 532												
554	3054	PASEK Tomasz	KRAKÓW		POL					79M30/203		(M)535	03:33:33	03:33:16 05.03
		0:25:41 / 868 0:50:47 / 911 1:16:31 / 946 1:47:51 / 912 2:16:55 / 894 2:42:37 / 822 3:05:16 / 690 3:23:35 / 603												
555	2132	SKALSKI Radosław	KONIN		POL	/ KB AKTYWNI KONIN				72M40/161		(M)536	03:33:34	03:33:15 05.03
		0:24:36 / 529 0:48:32 / 551 1:12:39 / 554 1:41:55 / 518 2:09:20 / 518 2:34:29 / 487 2:59:48 / 524 3:21:00 / 536												
556	621	VONDRAČEK Tomáš	OSTRAVA		CZE	/ OSTRAVA				85M20/101		(M)537	03:33:40	03:32:52 05.02
		0:26:42 / 1023 0:51:26 / 967 1:16:01 / 916 1:46:12 / 833 2:14:24 / 798 2:39:14 / 706 3:02:28 / 606 3:22:08 / 556												
557	324	GÓRKA Jan-witold	KRAKÓW		POL					61M50/65		(M)538	03:33:44	03:33:38 05.03
		0:24:27 / 506 0:47:34 / 470 1:11:40 / 489 1:40:26 / 447 2:08:53 / 505 2:35:48 / 551 3:01:26 / 564 3:22:04 / 553												
558	2929	DRÓŻDŻ Paweł	SKARŻYSKO-KAMIENNA		POL					67M40/162		(M)539	03:33:49	03:32:46 05.02
		0:24:27 / 507 0:52:56 / 1100 1:17:27 / 983 1:46:57 / 872 2:13:48 / 774 2:38:15 / 659 3:01:54 / 579 3:22:48 / 579												
559	1413	KOMÓR Wiesław	WROCLAW		POL	/ WROCLAWSKIE MORSY				62M50/66		(M)540	03:33:50	03:33:25 05.03
		0:25:34 / 840 0:50:57 / 925 1:15:36 / 898 1:46:06 / 823 2:14:09 / 790 2:39:21 / 714 3:03:12 / 631 3:22:39 / 571												
560	110	SIEROŚLAWSKI Wawrzyniec	KRAKÓW		POL					68M40/163		(M)541	03:33:53	03:33:09 05.03
		0:25:37 / 848 0:49:46 / 768 1:14:11 / 749 1:44:09 / 701 2:12:22 / 703 2:37:59 / 648 3:02:03 / 585 3:22:01 / 551												
561	313	MYŚLIŃSKI Marcin	WARSZAWA		POL					86M20/102		(M)542	03:33:57	03:33:32 05.03
		0:25:33 / 837 0:49:51 / 795 1:14:17 / 772 1:43:53 / 681 2:11:45 / 684 2:38:29 / 664 3:03:29 / 638 3:23:05 / 591												
562	3497	KOSTRZEWSKI Krzysztof	SIEMIANOWICE ŚLĄSKIE		POL					80M30/204		(M)543	03:34:01	03:33:03 05.02
		0:26:14 / 951 0:50:57 / 924 1:16:24 / 931 1:47:10 / 885 2:14:16 / 794 2:38:48 / 677 3:02:06 / 592 3:22:06 / 554												
563	1078	ŚMIETANA Andrzej	KATOWICE		POL	/ FESTIWAL BIEGÓW KRYNICA				63M40/164		(M)544	03:34:02	03:33:55 05.04
		0:21:55 / 207 0:44:25 / 236 1:08:21 / 283 1:38:31 / 382 2:07:15 / 445 2:34:07 / 475 3:00:42 / 545 3:22:25 / 562												
564	2211	PADUCHOWICZ Zofia	DĘBICA		POL	/ KB MARATOŃCZYK DĘBICA				81K30/6		(K)20	03:34:02	03:33:30 05.03
		0:25:39 / 857 0:50:22 / 880 1:15:35 / 893 1:46:37 / 855 2:15:31 / 843 2:40:52 / 761 3:03:35 / 641 3:23:05 / 589												
565	141	PIEKARZ Mariusz	PRZĘDZEL		POL	/ NIEZRZESZONY				75M30/205		(M)545	03:34:03	03:33:37 05.03
		0:25:08 / 649 0:49:39 / 681 1:14:00 / 694 1:43:46 / 657 2:11:28 / 657 2:38:43 / 672 3:02:37 / 616 3:22:33 / 567												
566	1328	PAGANO Piero pasquale	SAN SALVO		ITA	/ PODISTICA SAN SALVO				62M50/67		(M)546	03:34:04	03:33:47 05.04
		0:24:46 / 559 0:49:02 / 598 1:13:55 / 652 1:44:53 / 742 2:13:23 / 749 2:39:02 / 692 3:02:59 / 626 3:22:41 / 575												
567	1329	GABRIELE Tommaso	SAN SALVO		ITA	/ PODISTICA SAN SALVO				56M50/68		(M)547	03:34:04	03:33:48 05.04
		0:24:46 / 557 0:49:01 / 597 1:13:55 / 650 1:44:54 / 744 2:13:22 / 748 2:39:02 / 691 3:02:58 / 625 3:22:40 / 572												
568	2183	SZAMBURSKI Maksymilian	WARSZAWA		POL					72M40/165		(M)548	03:34:12	03:33:43 05.03
		0:25:22 / 760 0:49:44 / 754 1:13:50 / 637 1:43:09 / 581 2:10:53 / 587 2:36:49 / 606 3:00:39 / 544 3:21:32 / 546												
569	1045	DĄBROWSKI Marcin	MIĘDZYRZECZ		POL	/ KMB MIĘDZYRZECZ				84M20/103		(M)549	03:34:17	03:32:46 05.02
		0:29:57 / 1821 0:56:18 / 1631 1:21:20 / 1390 1:52:26 / 1155 2:19:41 / 1021 2:43:59 / 860 3:06:22 / 721 3:24:11 / 613												
570	2564	MASTALERZ Krzysztof	KRAKÓW		POL					75M30/206		(M)550	03:34:23	03:34:07 05.04
		0:25:27 / 800 0:50:06 / 850 1:14:53 / 824 1:45:18 / 774 2:13:33 / 761 2:38:49 / 678 3:02:04 / 589 3:22:15 / 559												
571	409	SZCZYGIEŁ Jan	LUBACZÓW		POL	/ KLUB BIEGACZA LUBACZÓW				52M60/9		(M)551	03:34:24	03:34:14 05.04
		0:24:51 / 576 0:49:14 / 607 1:13:39 / 626 1:43:38 / 621 2:10:59 / 620 2:36:32 / 590 3:01:06 / 553 3:22:41 / 576												

23.04.2012 08:44:37

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
572	2408	ŚWIERCZ Andrzej	PŁONSK		POL / -		68M40/166		(M)552	03:34:25	03:34:16 05.04
		0:24:26 / 500	0:49:29 / 635	1:14:01 / 696	1:44:31 / 727	2:13:39 / 764	2:39:50 / 729	3:03:27 / 637	3:23:06 / 592		
573	2509	LUBOMSKI Krzysztof	ZAGÓRZ		POL / SGM SANOK		59M50/69		(M)553	03:34:26	03:34:03 05.04
		0:25:11 / 684	0:49:20 / 619	1:13:25 / 609	1:42:45 / 555	2:10:38 / 576	2:35:39 / 546	3:01:13 / 559	3:22:07 / 555		
574	1815	RATAJCZYK Marcin	SWARZĘDZ		POL / RKS SWARZĘDZ		76M30/207		(M)554	03:34:27	03:33:58 05.04
		0:24:18 / 478	0:47:51 / 492	1:12:02 / 509	1:42:09 / 531	2:10:32 / 570	2:36:48 / 603	3:02:22 / 596	3:22:59 / 584		
575	1227	MUCHA Tomasz	KRAKÓW		POL		77M30/208		(M)555	03:34:30	03:34:18 05.04
		0:23:21 / 306	0:46:20 / 326	1:09:30 / 401	1:38:19 / 377	2:06:41 / 428	2:34:48 / 504	3:01:17 / 560	3:22:35 / 569		
576	3241	URBAŃSKI Grzegorz	NIEDŹWIEDZICA		POL / NIEDŹWIEDZIE TEAM		72M40/167		(M)556	03:34:35	03:33:39 05.03
		0:25:26 / 798	0:49:42 / 729	1:14:05 / 720	1:43:49 / 661	2:12:40 / 714	2:38:50 / 683	3:03:39 / 646	3:23:40 / 606		
577	320	GOCHA Monika	WROCŁAW		POL		76K30/7		(K)21	03:34:36	03:33:55 05.04
		0:26:27 / 985	0:51:06 / 940	1:15:42 / 905	2:39:36 / 2946	2:14:18 / 796	2:38:50 / 682	3:03:48 / 650	3:23:33 / 601		
578	1740	ŚWIATOWIEC Łukasz	KRAKÓW		POL		85M20/104		(M)557	03:34:37	03:34:15 05.04
		0:25:19 / 749	0:49:41 / 711	1:13:58 / 677	1:43:39 / 635	2:10:58 / 617	2:36:21 / 581	3:01:41 / 570	3:22:51 / 580		
579	709	GUTOWSKI Dariusz	KŁOBUCK		POL / NGB KŁOBUCK		68M40/168		(M)558	03:34:43	03:34:35 05.05
		0:23:39 / 388	0:46:34 / 405	1:09:52 / 413	1:38:41 / 391	2:06:57 / 432	2:33:35 / 460	3:01:49 / 577	3:22:41 / 574		
580	1221	WRONA Kazimierz	MIELEC		POL / NIEZRZESZONY		58M50/70		(M)559	03:34:47	03:33:36 05.03
		0:26:42 / 1019	0:51:26 / 966	1:16:26 / 935	1:46:56 / 869	2:15:13 / 831	2:40:48 / 758	3:04:51 / 674	3:24:14 / 616		
581	191	ROŻNAWSKI Sławomir	ALWERNIA		POL / POLSKA BIEGA		70M40/169		(M)560	03:34:50	03:33:48 05.04
		0:26:42 / 1018	0:49:41 / 714	1:13:58 / 674	1:43:39 / 628	2:10:59 / 618	2:36:01 / 563	3:01:26 / 563	3:22:40 / 573		
582	3373	CILULKO Adam	AUGUSTÓW		POL / ATP AUGUSTÓW		70M40/170		(M)561	03:34:55	03:34:31 05.05
		0:26:42 / 1021	0:49:40 / 693	1:14:00 / 691	1:43:35 / 606	2:11:08 / 639	2:36:05 / 571	3:01:11 / 556	3:22:09 / 558		
583	3101	SAWICKI Paweł	ZAMOŚĆ		POL		77M30/209		(M)562	03:35:04	03:35:00 05.05
		0:26:42 / 1020	0:51:06 / 938	1:16:30 / 941	1:46:55 / 866	2:15:13 / 830	2:39:44 / 725	3:03:47 / 649	3:24:13 / 615		
584	2295	WOJTYCZEK Krzysztof	KRAKÓW		POL / ---		68M40/171		(M)563	03:35:05	03:34:47 05.05
		0:24:04 / 448	0:47:14 / 446	1:10:50 / 451	1:40:50 / 467	2:09:13 / 515	2:35:03 / 515	2:59:56 / 528	3:22:09 / 557		
585	2527	MIKOŁAJCZUK Grzegorz	SIEDLCE		POL		84M20/105		(M)564	03:35:12	03:34:50 05.05
		0:25:22 / 758	0:49:49 / 788	1:14:15 / 764	1:44:26 / 721	2:12:42 / 717	2:38:20 / 660	3:02:36 / 613	3:23:25 / 598		
586	2532	REMONDO Diego	KRAKÓW		ESP		77M30/210		(M)565	03:35:27	03:34:43 05.05
		0:26:09 / 943	0:50:25 / 887	1:14:25 / 782	1:44:13 / 706	2:12:22 / 701	2:38:08 / 653	3:03:35 / 642	3:24:11 / 614		
587	407	ŚWIĘTÓŃ Grzegorz	URLE		POL		79M30/211		(M)566	03:35:30	03:34:44 05.05
		0:24:51 / 574	0:48:20 / 520	1:11:26 / 481	1:39:55 / 430	2:07:48 / 458	2:34:54 / 507	3:00:00 / 531	3:22:34 / 568		
588	1158	ZIELONKA Wiesław	KATOWICE		POL / PACCOR-POLSKA		60M50/71		(M)567	03:35:31	03:34:22 05.04
		0:24:51 / 575	0:48:23 / 530	1:12:14 / 524	1:41:44 / 511	2:09:36 / 533	2:37:06 / 614	3:02:53 / 621	3:23:18 / 595		
589	2754	LAKHLOUFI Ali	CASABLANCA		MAR / CMCF		54M50/72		(M)568	03:35:32	03:34:15 05.04
		0:26:54 / 1049	0:50:56 / 920	1:15:05 / 856	1:44:21 / 716	2:12:37 / 713	2:38:04 / 651	3:02:45 / 618	3:23:25 / 597		
590	213	SŁOMCZYŃSKI Marcin	KRAKÓW		POL		86M20/106		(M)569	03:35:33	03:34:57 05.05
		0:25:10 / 674	0:49:48 / 782	1:14:09 / 743	1:43:48 / 660	2:11:37 / 673	2:37:17 / 621	3:01:46 / 573	3:22:46 / 578		
591	477	GORGONI Massimiliano	FIRENZE		ITA / FIRENZE MARATHON		69M40/172		(M)570	03:35:37	03:35:28 05.06
		0:23:35 / 374	0:47:15 / 448	1:11:27 / 483	1:41:45 / 512	2:10:14 / 551	2:36:41 / 595	3:02:05 / 591	3:24:00 / 611		
592	2274	MATUSZAK Przemysław	PRUDIK		POL		81M30/212		(M)571	03:35:40	03:35:06 05.05
		0:25:41 / 865	0:49:55 / 814	1:14:00 / 695	1:43:46 / 656	2:11:03 / 629	2:35:49 / 553	3:00:02 / 534	3:21:27 / 545		
593	1920	LITWIN Jarosław	RUMIA		POL		63M40/173		(M)572	03:35:43	03:34:33 05.05
		0:25:57 / 907	0:49:58 / 826	1:14:34 / 797	1:44:44 / 737	2:12:43 / 718	2:37:36 / 637	3:03:31 / 640	3:23:59 / 610		
594	2022	KISIELAK Jacek	NAWOJOWA GÓRA		POL		89M20/107		(M)573	03:35:46	03:35:18 05.06
		0:24:13 / 471	0:47:16 / 451	1:10:28 / 436	1:40:28 / 449	2:08:40 / 493	2:36:04 / 570	3:02:51 / 620	3:23:04 / 588		
595	1005	KINCER Rafał	ZABRZE		POL		74M30/213		(M)574	03:35:47	03:35:22 05.06
		0:25:20 / 750	0:49:43 / 734	1:14:16 / 767	1:43:57 / 685	2:11:59 / 693	2:37:41 / 641	3:01:50 / 578	3:22:30 / 563		
596	1964	MAKSYMIOUK Mirosław	RZESZÓW		POL / RZGIG KOPNIAK		65M40/174		(M)575	03:35:48	03:35:33 05.06
		0:23:54 / 431	0:47:20 / 455	1:11:02 / 466	1:40:48 / 464	2:09:29 / 526	2:36:01 / 564	3:01:13 / 558	3:22:58 / 583		
597	1742	TOPA Sławomir	LIBIAŻ		POL		66M40/175		(M)576	03:35:53	03:35:30 05.06
		0:24:44 / 550	0:48:38 / 561	1:12:45 / 562	1:41:54 / 517	2:09:12 / 513	2:34:32 / 489	3:01:00 / 550	3:23:35 / 602		
598	3288	STEFANIAK Mieczysław	RYBNIK		POL / SBD ENERGETYK RYBNIK		62M50/73		(M)577	03:35:55	03:34:45 05.05
		0:27:30 / 1150	0:53:01 / 1112	1:18:16 / 1054	1:48:27 / 928	2:16:15 / 872	2:41:22 / 775	3:05:06 / 681	3:24:46 / 626		
599	1691	WALAWENDER Patryk	KRAKOW		POL		78M30/214		(M)578	03:35:57	03:34:59 05.05
		0:27:59 / 1346	0:54:19 / 1369	1:20:32 / 1304	1:50:53 / 1059	2:18:21 / 961	2:43:08 / 840	3:06:17 / 719	3:25:11 / 640		
600	1587	MAJEWSKI Arkadiusz	DĘBICA		POL		61M50/74		(M)579	03:35:58	03:35:26 05.06
		0:25:28 / 807	0:49:50 / 793	1:14:05 / 722	1:43:56 / 684	2:11:57 / 692	2:37:39 / 639	3:02:24 / 599	3:23:18 / 594		

23.04.2012 08:44:37

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
601	1332	BATKO Grzegorz	KRAKÓW		POL		76M30/215	(M)580	03:36:00	03:35:48 05.06
		0:23:36 / 378 0:46:26 / 379	1:09:29 / 399 2:30:51 / 2897	2:05:04 / 379	2:37:39 / 638	3:02:33 / 610	3:24:26 / 620			
602	2961	KAŁOL Łukasz	KRAKÓW		POL / UBS RUNNING TEAM		80M30/216	(M)581	03:36:00	03:35:53 05.06
		0:21:14 / 133 0:42:25 / 136	1:05:04 / 192 1:35:47 / 252	2:06:18 / 411	2:37:06 / 615	3:04:00 / 652	3:24:25 / 619			
603	918	KAMMER Krzysztof	ZAWIERCIE		POL / -		78M30/217	(M)582	03:36:01	03:35:18 05.06
		0:25:23 / 771 0:49:48 / 783	1:13:44 / 628 1:42:35 / 550	2:09:33 / 530	2:33:56 / 468	2:57:53 / 462	3:19:16 / 507			
604	3449	KOWALSKI Krzysztof	KRAKÓW		POL		75M30/218	(M)583	03:36:02	03:35:33 05.06
		0:25:09 / 666 0:49:16 / 613	1:13:18 / 601 1:43:04 / 572	2:10:55 / 594	2:36:11 / 573	3:01:11 / 557	3:23:29 / 599			
605	2029	ZMUDA Frederic	CLICHY		FRA / CS CLICHY ATHLETISME		70M40/176	(M)584	03:36:08	03:35:56 05.07
		0:21:46 / 201 0:44:51 / 256	1:08:34 / 288 1:39:06 / 409	2:10:21 / 557	2:37:29 / 631	3:02:44 / 617	3:23:44 / 607			
606	1462	DUDEK Joanna	KRAKÓW		POL		64K40/5	(K)22	03:36:09	03:35:36 05.06
		0:25:42 / 870 0:50:22 / 881	1:15:04 / 855 1:45:25 / 783	2:14:16 / 793	2:40:34 / 752	3:04:47 / 673	3:24:34 / 624			
607	3484	JASKIER Tomasz	KRAKOW		POL / 6 BPD		78M30/219	(M)585	03:36:10	03:34:58 05.05
		0:27:40 / 1224 0:53:24 / 1150	1:18:58 / 1105 1:49:30 / 983	2:17:31 / 920	2:42:53 / 830	3:06:30 / 727	3:25:29 / 651			
608	481	KOZAK Katarzyna	JASTRZĘBIE ZDRÓJ		POL		75K30/8	(K)23	03:36:14	03:35:23 05.06
		0:27:32 / 1166 0:52:49 / 1088	1:18:16 / 1053 1:49:20 / 970	2:17:38 / 926	2:42:34 / 819	3:05:40 / 703	3:25:19 / 645			
609	2570	KLIMAS Karol	KRAKÓW		POL / AZS AWF MASTERS		82M30/220	(M)586	03:36:16	03:35:46 05.06
		0:25:18 / 741 0:49:47 / 777	1:14:53 / 826 1:45:17 / 772	2:13:35 / 762	2:39:02 / 694	3:03:13 / 632	3:23:58 / 609			
610	433	JACKIEWICZ Mirosław	JASTRZĘBIE-ZDRÓJ		POL		69M40/177	(M)587	03:36:17	03:35:53 05.06
		0:25:08 / 653 0:49:40 / 695	1:13:59 / 687 1:43:38 / 622	2:10:58 / 613	2:36:01 / 565	3:00:47 / 547	3:22:35 / 570			
611	2622	KUCHARSKI Piotr	KRAKÓW		POL		77M30/221	(M)588	03:36:28	03:35:56 05.07
		0:25:26 / 797 0:49:51 / 797	1:14:19 / 774 1:44:27 / 723	2:13:08 / 738	2:39:32 / 719	3:04:51 / 676	3:25:31 / 652			
612	979	BARSTAD John olav	SANDNES		NOR / SOLA BETANS		68M40/178	(M)589	03:36:29	03:35:35 05.06
		0:28:45 / 1555 0:54:52 / 1435	1:20:35 / 1320 1:52:13 / 1140	2:20:15 / 1047	2:45:16 / 900	3:07:43 / 760	3:26:05 / 665			
613	681	JAWORSKI Jarosław	WADOWICE		POL / AWF KRAKÓW		88M20/108	(M)590	03:36:32	03:35:05 05.05
		0:28:07 / 1393 0:53:28 / 1161	1:17:58 / 1024 1:47:30 / 898	2:14:48 / 813	2:38:57 / 689	3:01:56 / 584	3:23:03 / 585			
614	2965	GARBIEN Tomasz	LEŃCZE		POL		85M20/109	(M)591	03:36:37	03:36:18 05.07
		0:28:07 / 1395 0:49:38 / 673	1:13:56 / 661 1:43:37 / 615	2:10:56 / 601	2:36:00 / 562	3:02:23 / 598	3:23:33 / 600			
615	650	VALENTI GONZALEZ Jordi	GRANOLLERS		ESP / L' AIRE		71M40/179	(M)592	03:36:38	03:35:38 05.06
		0:26:41 / 1015 0:51:25 / 964	1:16:11 / 924 1:46:16 / 837	2:14:38 / 805	2:40:21 / 745	3:05:20 / 693	3:25:16 / 642			
616	642	DEC Maciej	GDYNIA		POL		74M30/222	(M)593	03:36:39	03:35:47 05.06
		0:26:07 / 940 0:50:09 / 855	1:14:27 / 785 1:44:00 / 691	2:11:46 / 685	2:37:25 / 630	3:01:29 / 565	3:22:46 / 577			
617	414	PIECHOTA Krzysztof	STARGARD SZCZECIŃSKI		POL / NAUKA JAZDY RONDO STARGARD		75M30/223	(M)594	03:36:40	03:36:18 05.07
		0:25:16 / 721 0:49:43 / 735	1:13:57 / 662 1:43:40 / 637	2:11:04 / 631	2:36:26 / 584	3:02:17 / 594	3:23:39 / 604			
618	1412	NEUMANN Adam	WARSZAWA		POL / PIMAR LEGIONOWO		74M30/224	(M)595	03:36:42	03:36:21 05.07
		0:25:13 / 699 0:49:48 / 779	1:14:12 / 752 1:43:44 / 652	2:11:20 / 642	2:36:49 / 605	3:04:29 / 667	3:24:47 / 627			
619	339	SYDOR Rafał	KRAKÓW		POL		76M30/225	(M)596	03:36:42	03:36:02 05.07
		0:24:48 / 567 0:48:32 / 552	1:12:33 / 545 1:42:01 / 525	2:10:19 / 555	2:35:53 / 554	3:01:47 / 574	3:23:03 / 586			
620	3021	BOROWIK Tomasz	KRAKÓW		POL		80M30/226	(M)597	03:36:43	03:36:18 05.07
		0:25:42 / 871 0:50:39 / 903	1:15:45 / 907 1:46:45 / 861	2:15:32 / 844	2:41:39 / 783	3:05:51 / 706	3:25:21 / 646			
621	1075	KOST Mirosław	WIELICZKA		POL / UKS GIMNAZJON WIELICZKA		63M40/180	(M)598	03:36:43	03:36:18 05.07
		0:25:44 / 879 0:50:02 / 839	1:14:29 / 786 1:44:19 / 713	2:12:28 / 709	2:38:31 / 665	3:04:04 / 653	3:25:26 / 648			
622	2970	OŚWIECIMKA Rafał	KRAKÓW		POL		92M20/110	(M)599	03:36:45	03:35:57 05.07
		0:26:12 / 946 0:50:32 / 895	1:15:00 / 838 1:45:01 / 751	2:13:23 / 753	2:38:52 / 684	3:03:47 / 648	3:24:14 / 617			
623	1638	KARWICKI Tomasz	WROCLAW		POL / WKB PIAST WROCLAW		79M30/227	(M)600	03:36:45	03:36:27 05.07
		0:21:50 / 204 0:42:59 / 179	1:04:41 / 179 1:31:47 / 178	2:05:16 / 382	2:35:02 / 514	3:04:19 / 661	3:25:36 / 654			
624	131	TALAGA Paweł	GDYNIA		POL / BIEGAMYRAZEM.PL		83M20/111	(M)601	03:36:46	03:36:07 05.07
		0:26:38 / 1007 0:52:31 / 1049	1:18:13 / 1048 1:49:21 / 974	2:17:42 / 931	2:43:03 / 836	3:06:54 / 734	3:26:34 / 672			
625	1718	GMITEREK Tomasz	LUBLIN		POL		72M40/181	(M)602	03:36:48	03:36:21 05.07
		0:26:08 / 941 0:51:11 / 945	1:16:30 / 942 1:47:18 / 893	2:16:16 / 873	2:41:46 / 787	3:05:33 / 699	3:25:17 / 643			
626	175	LITWA Szymon	MYSŁOWICE		POL / TRUCHTACZ MYSLOWICE		73M30/228	(M)603	03:36:50	03:36:30 05.07
		0:24:56 / 595 0:49:18 / 616	1:13:33 / 623 1:43:06 / 575	2:10:30 / 569	2:35:15 / 524	2:59:29 / 520	3:22:56 / 582			
627	3451	BOBROWSKI Dariusz	WARKA		POL / PUŁASKI WARKA		64M40/182	(M)604	03:36:51	03:36:15 05.07
		0:24:56 / 596 0:49:42 / 732	1:14:01 / 702 1:43:43 / 649	2:11:24 / 649	2:37:09 / 618	3:01:34 / 569	3:22:53 / 581			
628	2333	POLASIK Jakub	KRAKÓW		POL / TKN WAGABUNDA		88M20/112	(M)605	03:36:57	03:36:28 05.07
		0:25:48 / 894 0:51:14 / 948	1:17:15 / 976 1:49:04 / 950	2:18:51 / 984	2:44:06 / 861	3:07:24 / 745	3:26:39 / 676			
629	2667	BRZEZIECKI Robert	BEŁCHATÓW		POL / NIEZRZESZONY		80M30/229	(M)606	03:36:57	03:36:14 05.07
		0:25:29 / 813 0:49:54 / 811	1:14:13 / 758 1:43:53 / 680	2:11:27 / 655	2:37:24 / 629	3:03:10 / 630	3:24:57 / 631			

23.04.2012 08:44:37

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
630	2550	MAREK Jan	CHELM		POL / FREEMAN		69M40/183		(M)607 03:37:06	03:35:59 05.07
		0:26:20 / 968	0:50:05 / 848	1:14:09 / 744	1:43:34 / 604	2:10:36 / 575	2:38:12 / 656	3:02:37 / 614	3:24:36 / 625	
631	2577	MATWIEJCZYK Krzysztof	WYSZKÓW		POL		78M30/230		(M)608 03:37:07	03:36:33 05.07
		0:25:21 / 755	0:49:41 / 718	1:12:49 / 2998	1:43:44 / 653	2:11:26 / 652	2:37:58 / 647	3:02:37 / 615	3:24:47 / 628	
632	1405	GÓRKA Michał	MYŚLENICE		POL		92M20/113		(M)609 03:37:10	03:36:17 05.07
		0:25:28 / 805	0:47:24 / 461	1:09:26 / 396	1:37:36 / 346	2:04:17 / 353	2:32:07 / 419	3:00:17 / 537	3:24:00 / 612	
633	1382	CZUBA Karol	ŚWIDNIK		POL / WAT WARSZAWA		88M20/114		(M)610 03:37:12	03:36:41 05.08
		0:24:53 / 587	0:48:57 / 592	1:12:56 / 575	1:41:41 / 508	2:08:50 / 503	2:34:03 / 472	3:00:17 / 536	3:23:40 / 605	
634	182	ZAGÓRSKI Dariusz	KRAKÓW		POL / BIEGAMBOLUBIĘ		76M30/231		(M)611 03:37:16	03:36:07 05.07
		0:25:41 / 869	0:49:34 / 650	1:12:43 / 561	1:41:29 / 497	2:08:51 / 504	2:35:59 / 560	3:02:24 / 600	3:24:17 / 618	
635	383	HALAGARDA Krzysztof	KRAKÓW		POL		88M20/115		(M)612 03:37:19	03:36:50 05.08
		0:25:26 / 794	0:50:01 / 835	1:14:24 / 781	1:44:45 / 738	2:13:06 / 737	2:38:23 / 662	3:03:19 / 635	3:25:24 / 647	
636	2628	MICHALAK Wojciech	KATOWICE		POL		85M20/116		(M)613 03:37:21	03:36:40 05.08
		0:25:25 / 786	0:49:43 / 745	1:14:01 / 697	1:43:44 / 655	2:11:35 / 668	2:37:20 / 625	3:02:54 / 623	3:25:06 / 637	
637	912	TURLEJ Dariusz	WARSZAWA		POL / KONDYCJA		57M50/75		(M)614 03:37:24	03:36:56 05.08
		0:25:19 / 747	0:49:59 / 828	1:14:44 / 814	1:45:44 / 805	2:14:42 / 807	2:41:04 / 765	3:05:11 / 685	3:25:39 / 655	
638	586	SIEPIETOWSKI Piotr	WARSZAWA		POL / ART PROFI		69M40/184		(M)615 03:37:31	03:37:19 05.09
		0:23:37 / 382	0:46:34 / 404	1:09:25 / 393	1:46:32 / 848	2:15:25 / 839	2:39:10 / 699	3:01:55 / 583	3:25:04 / 636	
639	2385	OPIOLA Mariusz	BRZESKO		POL / RÓWNIA POCHYŁA		82M30/232		(M)616 03:37:32	03:36:52 05.08
		0:23:37 / 383	0:50:00 / 831	1:14:42 / 811	2:39:03 / 2939	2:13:26 / 755	2:39:10 / 700	3:03:36 / 645	3:25:10 / 639	
640	914	JUSZCZYK Dominik	BOCHNIA		POL		80M30/233		(M)617 03:37:35	03:36:53 05.08
		0:26:32 / 996	0:52:22 / 1039	1:18:11 / 1045	1:49:35 / 989	2:18:11 / 953	2:43:53 / 857	3:08:03 / 767	3:26:56 / 686	
641	446	SZYMKÓW Henryk	RZESZÓW		POL / RESOVIA RZESZÓW		50M60/10		(M)618 03:37:38	03:37:19 05.09
		0:25:26 / 796	0:49:52 / 803	1:14:58 / 833	1:46:09 / 828	2:15:23 / 836	2:41:12 / 769	3:06:15 / 718	3:26:34 / 673	
642	2428	JELEŃ Marcin	WARSZAWA		POL		73M30/234		(M)619 03:37:41	03:37:08 05.08
		0:25:47 / 890	0:49:42 / 725	1:13:30 / 619	1:43:03 / 570	2:10:42 / 577	2:38:06 / 652	3:05:04 / 680	3:26:22 / 670	
643	89	HYLA Dariusz	DABROWA GÓRNICZA		POL / NIEZRZESZONY		69M40/185		(M)620 03:37:41	03:37:31 05.09
		0:23:22 / 311	0:46:24 / 371	1:09:24 / 391	1:38:10 / 367	2:07:18 / 449	2:35:34 / 537	3:02:25 / 604	3:25:17 / 644	
644	3091	BAŽANOWSKI Rostislav	OSTRAVA		CZE / MK SEITL OSTRAVA		65M40/186		(M)621 03:37:41	03:37:18 05.08
		0:26:00 / 919	0:51:20 / 959	1:17:08 / 971	1:48:31 / 933	2:17:44 / 932	2:43:24 / 846	3:07:17 / 743	3:27:04 / 688	
645	1085	BARTKOWIAK Beniamin	LUBIN		POL / AGH		90M20/117		(M)622 03:37:43	03:36:46 05.08
		0:27:17 / 1118	0:52:53 / 1097	1:18:20 / 1059	1:49:09 / 960	2:17:49 / 939	2:43:55 / 858	3:07:42 / 759	3:27:51 / 705	
646	1252	GAJDA Sławomir	ŁASK		POL / JASTRZĄB - 32.BLT ŁASK		74M30/235		(M)623 03:37:44	03:37:27 05.09
		0:24:51 / 577	0:48:45 / 579	1:13:00 / 583	1:43:00 / 564	2:10:57 / 610	2:36:42 / 596	3:03:30 / 639	3:25:12 / 641	
647	2761	ZAHED Mostapha	CASABLANCA		MAR / CMCF		56M50/76		(M)624 03:37:44	03:36:32 05.07
		0:24:51 / 578	0:53:28 / 1164	1:18:53 / 1096	1:49:47 / 1003	2:18:05 / 949	2:43:24 / 847	3:07:41 / 758	3:27:14 / 690	
648	2088	ŻURAWSKI Patryk	GDYNIA		POL / AKADEMIA MARYNARKI WOJENNEJ		91M20/118		(M)625 03:37:46	03:36:56 05.08
		0:25:22 / 762	0:49:25 / 629	1:12:15 / 527	1:41:19 / 490	2:09:16 / 517	2:37:08 / 616	3:03:17 / 634	3:25:04 / 635	
649	919	PLEWNIAK Jerzy	TYCHY		POL / FIAT AUTO POLAND		53M50/77		(M)626 03:37:54	03:35:29 05.06
		0:28:01 / 1351	0:52:28 / 1042	1:16:58 / 966	1:46:50 / 863	2:14:40 / 806	2:40:33 / 751	3:05:12 / 686	3:25:33 / 653	
650	3343	CWYNAR Piotr	TARGOWISKA		POL / NIEZRZESZONY		73M30/236		(M)627 03:37:55	03:37:53 05.09
		0:19:55 / 52	0:40:17 / 62	1:01:16 / 77	1:27:43 / 81	1:56:20 / 169	2:28:21 / 325	3:01:54 / 580	3:25:42 / 656	
651	1601	PRĘTNIK Dawid	RUMIA		POL / GONGO TEAM/OSNIP WP		83M20/119		(M)628 03:37:56	03:37:17 05.08
		0:25:06 / 633	0:48:39 / 564	1:12:33 / 546	1:42:13 / 535	2:11:07 / 637	2:40:20 / 744	3:05:28 / 696	3:25:58 / 661	
652	589	BANACH Marcin	RADOM		POL / KS START PUŁASKI WARKA		76M30/237		(M)629 03:38:03	03:37:33 05.09
		0:25:28 / 806	0:49:42 / 726	1:14:02 / 706	1:43:43 / 646	2:11:25 / 651	2:36:47 / 601	3:01:44 / 572	3:24:29 / 623	
653	2167	PÓLZIĘC Jan	STRZYŻÓW		POL / STRZYŻÓW		56M50/78		(M)630 03:38:08	03:37:32 05.09
		0:25:38 / 855	0:50:01 / 834	1:14:59 / 835	1:45:30 / 788	2:14:04 / 783	2:39:58 / 733	3:04:55 / 678	3:26:00 / 663	
654	962	LACROIX Konrad	LEGNICA		POL / PRO-RUN		88M20/120		(M)631 03:38:11	03:37:37 05.09
		0:25:38 / 854	0:50:22 / 877	1:14:50 / 822	1:45:10 / 769	2:13:23 / 751	2:38:53 / 686	3:04:23 / 664	3:26:15 / 668	
655	908	SKARBOWSKA Adrianna	SOSNOWIEC		POL / VAN PUR		88K20/9		(K)24 03:38:12	03:38:00 05.09
		0:25:01 / 605	0:49:41 / 719	1:14:32 / 792	2:40:30 / 2953	2:14:05 / 785	2:38:53 / 685	3:06:00 / 711	3:26:35 / 675	
656	781	MACIEJEWSKI Tomasz	ZAWIERCIE		POL		73M30/238		(M)632 03:38:16	03:37:43 05.09
		0:25:25 / 789	0:50:07 / 852	1:14:45 / 815	1:45:02 / 753	2:13:02 / 735	2:39:35 / 722	3:04:36 / 670	3:25:29 / 650	
657	2670	WYBRANIEC Marek	CZĘSTOCHOWA		POL / INTERSPORT		85M20/121		(M)633 03:38:16	03:37:11 05.08
		0:25:32 / 831	0:49:44 / 755	1:13:59 / 683	1:43:38 / 624	2:11:36 / 671	2:38:01 / 649	3:05:08 / 682	3:26:35 / 674	
658	1148	SIEKIERKA Janusz	ŚLUPSKO		POL / ZRYW ŚLUPSKO		79M30/239		(M)634 03:38:21	03:36:59 05.08
		0:24:12 / 469	0:46:34 / 403	1:09:24 / 390	1:37:10 / 296	2:03:40 / 334	2:30:18 / 372	2:58:36 / 482	3:23:22 / 596	

23.04.2012 08:44:38

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:												
659	2491	PIOTRAK Marcin	WARSZAWA	 POL				75M30/240	(M)635	03:38:27	03:38:09	05.10
		0:24:26 / 504	0:48:11 / 506	1:12:15 / 526	1:41:08 / 476	2:08:32 / 488	2:34:31 / 488	3:02:35 / 612	3:25:43 / 658			
660	153	KONARSKI Piotr	KRASKÓW	 POL				89M20/122	(M)636	03:38:28	03:37:20	05.09
		0:28:04 / 1371	0:54:05 / 1264	1:19:38 / 1163	1:50:28 / 1037	2:19:24 / 1007	2:45:03 / 891	3:08:27 / 775	3:27:45 / 702			
661	2836	TANSKANEN Matti	HELSINKI	 FIN	/ KORSONKENGURUT			48M60/11	(M)637	03:38:34	03:38:21	05.10
		0:24:34 / 521	0:48:24 / 535	1:12:41 / 556	1:42:47 / 557	2:11:27 / 653	2:38:41 / 670	3:04:22 / 662	3:25:58 / 662			
662	756	HILLA Maciej	GRACZE	 POL	/ BIEGACZE MONARU GRACZE			84M20/123	(M)638	03:38:38	03:36:04	05.07
		0:27:29 / 1146	0:51:31 / 982	1:15:02 / 846	1:44:00 / 690	2:11:41 / 678	2:36:49 / 604	3:00:50 / 548	3:22:31 / 565			
663	842	WCISŁO Stanisław	KRAKÓW	 POL	/ DYSTANS KRAKÓW AZS AWF MASTERS STASIU-SK			58M50/79	(M)639	03:38:38	03:38:06	05.10
		0:25:23 / 770	0:50:04 / 847	1:14:55 / 827	1:45:23 / 780	2:13:54 / 778	2:40:22 / 746	3:06:04 / 714	3:26:22 / 669			
664	1541	KWAŚNIK Andrzej	WARSZAWA	 POL				48M60/12	(M)640	03:38:41	03:38:26	05.10
		0:25:23 / 772	0:48:59 / 595	1:13:44 / 629	1:43:40 / 638	2:12:23 / 704	2:39:25 / 717	3:05:20 / 694	3:26:13 / 666			
665	820	BEDNAREK Krzysztof	GDYNIA	 POL	/ TRICITY			68M40/187	(M)641	03:38:42	03:38:30	05.10
		0:24:09 / 458	0:48:44 / 574	1:13:11 / 594	1:43:01 / 566	2:11:34 / 666	2:38:14 / 657	3:04:14 / 657	3:25:48 / 660			
666	2981	POLISZCZUK Peter	KRAKOW	 POL				84M20/124	(M)642	03:38:43	03:37:41	05.09
		0:27:48 / 1286	0:53:30 / 1174	1:18:25 / 1064	1:48:59 / 946	2:17:09 / 900	2:44:27 / 873	3:08:46 / 791	3:28:02 / 710			
667	891	CHRZĄSTKOWSKI Lucjan	ELBLĄG	 POL	/ ELBAZANT			50M60/13	(M)643	03:38:43	03:37:47	05.09
		0:26:16 / 960	0:51:13 / 947	1:16:34 / 947	1:47:06 / 880	2:16:26 / 879	2:42:29 / 813	3:06:56 / 737	3:26:53 / 683			
668	171	SELKE Radosław	WARSZAWA	 POL	/ A.K.B. MORT!			85M20/125	(M)644	03:38:45	03:38:21	05.10
		0:21:59 / 211	0:43:27 / 200	1:06:02 / 218	1:35:16 / 244	2:06:28 / 416	2:36:29 / 586	3:04:35 / 669	3:26:44 / 677			
669	1385	KLINIK Paweł	RACIBÓRZ	 POL				82M30/241	(M)645	03:38:46	03:37:51	05.09
		0:27:51 / 1306	0:53:31 / 1179	1:18:39 / 1081	1:49:24 / 979	2:17:10 / 902	2:42:26 / 810	3:06:29 / 724	3:27:02 / 687			
670	2612	KUCZYŃSKI Rafał	LUBIN	 POL	/ LUBIŃSKIE CHARAKTERY			79M30/242	(M)646	03:38:47	03:38:20	05.10
		0:25:45 / 885	0:50:48 / 913	1:16:02 / 918	1:47:02 / 878	2:15:49 / 855	2:42:12 / 801	3:06:30 / 726	3:26:52 / 681			
671	1748	GÓRNY Marek	ŚWIECIECHOWA	 POL	/ DRUŻYNA SZPIKU			55M50/80	(M)647	03:38:48	03:38:18	05.10
		0:24:21 / 490	0:48:04 / 501	1:12:58 / 580	1:42:49 / 559	2:11:41 / 679	2:38:32 / 666	3:04:33 / 668	3:26:32 / 671			
672	794	KRUPA Andrzej	JAWORZNO	 POL				75M30/243	(M)648	03:38:51	03:38:32	05.10
		0:25:16 / 725	0:49:38 / 676	1:14:05 / 723	1:44:54 / 746	2:13:41 / 769	2:39:34 / 720	3:05:20 / 691	3:26:53 / 684			
673	164	DOMINÓW Łukasz	LUBIN	 POL	/ LUBIŃSKIE CHARAKTERY			79M30/244	(M)649	03:38:51	03:38:24	05.10
		0:25:47 / 892	0:50:48 / 915	1:16:02 / 917	1:47:01 / 877	2:15:49 / 856	2:42:12 / 802	3:06:31 / 728	3:26:53 / 685			
674	944	KĄŻMIERCZAK Łukasz	POZNAŃ	 POL				80M30/245	(M)650	03:38:58	03:38:02	05.10
		0:25:31 / 823	0:48:27 / 542	1:12:14 / 525	1:42:49 / 558	2:11:39 / 677	2:38:42 / 671	3:05:12 / 687	3:26:53 / 682			
675	2268	GRZESIAK Tadeusz	CZERNICHÓW	 POL				88M20/126	(M)651	03:38:58	03:38:46	05.11
		0:22:24 / 247	0:45:15 / 274	1:08:35 / 289	1:37:16 / 332	2:05:54 / 398	2:35:56 / 557	3:02:04 / 587	3:25:02 / 632			
676	96	LITWINOWICZ Kamil	LEŚNA	 POL				93M20/127	(M)652	03:39:06	03:38:51	05.11
		0:25:06 / 635	0:49:37 / 665	3:01:02 / 2996	1:43:39 / 626	2:10:55 / 597	2:36:45 / 598	3:02:04 / 586	3:25:02 / 633			
677	436	MŁYNEK Michał	KRAKÓW	 POL				81M30/246	(M)653	03:39:08	03:37:56	05.09
		0:25:29 / 814	0:49:47 / 772	1:14:11 / 747	1:44:16 / 710	2:11:29 / 659	2:37:11 / 620	3:02:30 / 608	3:25:42 / 657			
678	2679	DĄBROWSKI Grzegorz	HERBY	 POL				82M30/247	(M)654	03:39:09	03:38:51	05.11
		0:25:41 / 867	0:50:47 / 912	1:16:31 / 944	1:47:51 / 913	2:11:29 / 660	2:42:45 / 827	3:07:36 / 756	3:27:38 / 696			
679	877	BIGOSZEWSKI Tomasz	NOWY TARG	 POL				73M30/248	(M)655	03:39:13	03:38:59	05.11
		0:23:43 / 403	0:46:39 / 410	1:09:46 / 410	1:38:33 / 383	2:05:42 / 392	2:30:55 / 389	2:58:55 / 497	3:23:58 / 608			
680	1315	BANASIAK Alicja	BIELSKO BIALA	 POL	/ SPRINT BIELSKO BIALA			52K60/2	(K)25	03:39:15	03:39:01	05.11
		0:24:26 / 503	0:48:25 / 537	1:13:12 / 595	1:44:33 / 729	2:14:12 / 791	2:41:24 / 776	3:07:21 / 744	3:27:48 / 704			
681	1756	NYZNAR Rafał	DĄBROWA GÓRNICZA	 POL				84M20/128	(M)656	03:39:19	03:38:49	05.11
		0:25:30 / 821	0:49:57 / 820	1:14:41 / 809	1:45:04 / 758	2:13:09 / 740	2:39:08 / 697	3:05:13 / 688	3:27:05 / 689			
682	176	GUZEK Tadeusz	ŁUKÓW	 POL	/ ORLETA ŁUKÓW			62M50/81	(M)657	03:39:20	03:38:54	05.11
		0:25:16 / 724	0:49:47 / 776	1:14:08 / 738	1:44:14 / 709	2:13:38 / 763	2:40:48 / 757	3:06:21 / 720	3:27:36 / 695			
683	2423	WODKA Bartłomiej	BRZESKO	 POL	/ BKB VICTORIA BRZESKO			85M20/129	(M)658	03:39:21	03:38:50	05.11
		0:24:34 / 522	0:48:51 / 588	1:12:42 / 560	1:41:58 / 520	2:09:13 / 514	2:35:11 / 516	3:01:29 / 567	3:25:02 / 634			
684	3285	MACGREGOR Graeme	WETHERBY	 GBR				62M50/82	(M)659	03:39:25	03:38:36	05.10
		0:26:30 / 990	0:51:31 / 983	1:16:52 / 958	1:47:56 / 916	2:16:56 / 895	2:43:06 / 838	3:07:54 / 764	3:27:56 / 707			
685	722	GOSIEWSKI Robert	KRAKÓW	 POL				77M30/249	(M)660	03:39:30	03:37:03	05.08
		0:30:48 / 2154	0:55:35 / 1534	1:19:54 / 1191	1:50:11 / 1024	2:18:47 / 981	2:44:44 / 884	3:08:34 / 779	3:28:13 / 718			
686	2193	KALICKI Bogdan	BRZEZIE	 POL				64M40/188	(M)661	03:39:32	03:38:54	05.11
		0:25:23 / 767	0:48:42 / 568	1:11:44 / 492	1:40:46 / 462	2:08:49 / 501	2:35:26 / 532	3:02:05 / 590	3:25:27 / 649			

23.04.2012 08:44:38

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:												
716	2980	ROSA Józef	BRZESKO	 POL		75M30/262		(M)689	03:40:59	03:39:53	05.12	
		0:27:51 / 1305	0:53:51 / 1215	1:18:59 / 1107	1:49:53 / 1012	2:19:00 / 989	2:44:54 / 886	3:09:38 / 805	3:29:48 / 755			
717	2416	PIĄTKOWSKI Andrzej	ZŁOTOKŁOS	 POL	/ KB-REBUS	67M40/197		(M)690	03:41:02	03:40:40	05.13	
		0:26:36 / 1003	0:52:34 / 1057	1:18:27 / 1067	1:49:51 / 1011	2:19:12 / 999	2:45:22 / 904	3:09:54 / 811	3:29:43 / 752			
718	1095	BLADOSZEWSKI Cezary	WŁOCŁAWEK	 POL	/ DREPTACZ WŁOCŁAWEK	77M30/263		(M)691	03:41:04	03:40:17	05.13	
		0:26:34 / 1001	0:52:03 / 1018	1:16:49 / 957	1:46:54 / 864	2:15:33 / 845	2:41:20 / 773	3:06:37 / 732	3:28:05 / 711			
719	1141	POKORNY Maciej	TARNÓW	 POL	/ ZSEO TARNÓW	66M40/198		(M)692	03:41:07	03:40:34	05.13	
		0:25:36 / 844	0:50:21 / 876	1:15:04 / 852	1:45:28 / 787	2:13:50 / 777	2:40:07 / 737	3:07:52 / 763	3:29:16 / 740			
720	173	BARNAŚ Dariusz	JAŻWINY	 POL	/ JAŻWINY	77M30/264		(M)693	03:41:09	03:40:46	05.13	
		0:24:33 / 519	0:48:20 / 521	1:12:12 / 520	1:41:39 / 503	2:11:02 / 627	2:39:05 / 696	3:05:53 / 708	3:28:10 / 714			
721	2591	WOLNY Sebastian	PSZÓW	 POL	/ FORMA WODZISŁAW ŚL	75M30/265		(M)694	03:41:10	03:40:45	05.13	
		0:23:38 / 386	0:46:32 / 400	1:09:37 / 403	1:38:33 / 384	2:06:14 / 407	2:32:03 / 416	2:58:46 / 494	3:24:28 / 622			
722	482	GEBHARDT Jakub	GDYNIA	 POL	/ PRACA W SKANDYNAWII	79M30/266		(M)695	03:41:11	03:40:58	05.14	
		0:25:17 / 728	0:49:44 / 749	1:14:34 / 798	1:45:28 / 785	2:15:02 / 818	2:42:15 / 804	3:07:56 / 765	3:29:13 / 738			
723	1779	ROGÓRZ Piotr	WROCŁAW	 POL	/ WWW.FERRATY.PL	74M30/267		(M)696	03:41:13	03:40:36	05.13	
		0:25:17 / 730	0:48:43 / 569	1:12:52 / 569	1:42:26 / 544	2:10:22 / 558	2:37:30 / 632	3:04:38 / 671	3:28:02 / 709			
724	3172	CZUBA Adam	KRZKÓW	 POL		69M40/199		(M)697	03:41:15	03:40:28	05.13	
		0:25:17 / 731	0:54:07 / 1284	1:20:27 / 1269	1:52:57 / 1213	2:22:57 / 1206	2:49:31 / 1104	3:13:13 / 931	3:31:43 / 805			
725	716	MICHALSKI Rafał	JAWORZNO	 POL	/ KB MCKIS JAWORZNO	75M30/268		(M)698	03:41:19	03:41:10	05.14	
		0:22:20 / 240	0:44:33 / 242	1:06:55 / 241	1:34:42 / 228	2:01:11 / 247	2:29:49 / 364	2:57:58 / 464	3:24:26 / 621			
726	695	ZACZEK Wojciech	ZAWADA	 POL		92M20/132		(M)699	03:41:20	03:40:27	05.13	
		0:24:45 / 553	0:47:47 / 487	1:10:48 / 450	1:39:26 / 416	2:08:17 / 483	2:33:56 / 467	3:02:29 / 607	3:27:24 / 692			
727	3022	FAURE Alain	KRAKOW	 FRA	/ FULHAM RUNNING CLUB	69M40/200		(M)700	03:41:30	03:40:52	05.14	
		0:26:10 / 945	0:51:45 / 999	1:17:28 / 984	1:48:53 / 943	2:18:08 / 951	2:44:33 / 875	3:08:55 / 793	3:29:30 / 747			
728	2111	NOWAK Kamil	ŁĄCKO	 POL	/ VISEGRAD MARATON RYTRO	84M20/133		(M)701	03:41:31	03:40:22	05.13	
		0:27:42 / 1241	0:53:36 / 1185	1:19:35 / 1159	1:50:22 / 1030	2:19:01 / 990	2:45:04 / 893	3:09:56 / 812	3:30:30 / 774			
729	644	ADAMCZYK Piotr	WROCŁAW	 POL		70M40/201		(M)702	03:41:32	03:41:13	05.14	
		0:25:44 / 878	0:50:42 / 904	1:15:50 / 910	1:46:16 / 835	2:14:49 / 814	2:40:38 / 753	3:06:15 / 717	3:29:23 / 742			
730	2537	HRYNIÓW Łukasz	CHRZĄSZCZYCE	 POL		79M30/269		(M)703	03:41:35	03:41:11	05.14	
		0:25:57 / 909	0:51:29 / 974	1:16:53 / 960	1:47:30 / 899	2:15:50 / 857	2:41:57 / 792	3:08:40 / 786	3:30:38 / 778			
731	2131	MISZOGRAJ Tomasz	KLUCZBORK	 POL		89M20/134		(M)704	03:41:37	03:41:10	05.14	
		0:25:57 / 908	0:49:36 / 657	3:07:40 / 2999	1:43:43 / 651	2:11:56 / 691	2:39:15 / 708	3:08:40 / 785	3:30:01 / 760			
732	1339	KUŚNIERZ Jacek	ŚWIĘTE	 POL	/ BRAK	90M20/135		(M)705	03:41:38	03:41:11	05.14	
		0:25:22 / 759	0:49:52 / 802	1:14:24 / 780	1:45:10 / 768	2:13:40 / 766	2:39:19 / 712	3:05:54 / 709	3:28:23 / 724			
733	79	RYZNER Krzysztof	JAROSŁAW	 POL	/ JAROSŁAW	60M50/87		(M)706	03:41:41	03:41:11	05.14	
		0:25:15 / 712	0:49:51 / 796	1:14:44 / 813	1:45:26 / 784	2:15:04 / 821	2:42:07 / 799	3:07:39 / 757	3:29:10 / 736			
734	2686	MAŁECKI Sebastian	CIECHANÓW	 POL		80M30/270		(M)707	03:41:45	03:40:29	05.13	
		0:27:04 / 1080	0:53:02 / 1117	1:19:39 / 1165	1:51:37 / 1099	2:21:43 / 1116	2:48:16 / 1016	3:12:30 / 904	3:31:42 / 802			
735	844	KUBIK Arkadiusz	LUBOMIA	 POL	/ FORMA WODZISŁAW ŚL	70M40/202		(M)708	03:41:46	03:41:40	05.15	
		0:21:27 / 159	0:42:48 / 166	1:04:29 / 174	1:32:21 / 185	2:01:36 / 252	2:31:41 / 410	3:01:03 / 552	3:27:45 / 701			
736	1757	SIKORA Krzysztof	ZAMOŚĆ	 POL	/ T-MOBILE RUNNING TEAM	80M30/271		(M)709	03:41:47	03:40:48	05.13	
		0:27:41 / 1235	0:54:11 / 1322	1:20:28 / 1276	1:52:57 / 1216	2:22:57 / 1207	2:49:24 / 1074	3:13:13 / 929	3:31:42 / 803			
737	1387	LISZKA Henryk	KRAKÓW	 POL	/ LISZKA RUNNING TEAM	82M30/272		(M)710	03:41:48	03:40:55	05.14	
		0:27:37 / 1191	0:53:29 / 1172	1:19:32 / 1148	1:51:26 / 1088	2:20:14 / 1044	2:46:08 / 941	3:10:26 / 830	3:30:30 / 773			
738	2346	BURY Mateusz	ZAWOJA	 POL		90M20/136		(M)711	03:41:48	03:40:54	05.14	
		0:25:06 / 631	0:49:16 / 612	1:12:58 / 581	1:42:05 / 527	2:09:15 / 516	2:35:00 / 510	3:01:22 / 561	3:28:45 / 730			
739	1269	NIZIOŁ Marian	PIASECZNO	 POL		57M50/88		(M)712	03:41:49	03:41:31	05.14	
		0:24:39 / 537	0:49:04 / 601	1:13:54 / 646	1:44:22 / 718	2:14:08 / 788	2:41:36 / 780	3:07:49 / 762	3:29:23 / 743			
740	1093	SOBIK Andrzej	CZYŻOWICE	 POL		78M30/273		(M)713	03:41:50	03:40:43	05.13	
		0:27:49 / 1294	0:53:44 / 1201	1:19:33 / 1149	2:46:09 / 2963	2:20:15 / 1046	2:41:36 / 779	3:10:29 / 833	3:30:34 / 775			
741	1313	WALERIANCZYK Roman	GRZYBOWO	 POL	/ GMINA KOŁOBRZEG	68M40/203		(M)714	03:41:53	03:41:11	05.14	
		0:25:32 / 830	0:49:49 / 785	1:14:43 / 812	1:45:06 / 763	2:14:57 / 816	2:42:00 / 794	3:08:03 / 766	3:29:24 / 745			
742	2635	MULARZ Jarosław	BOCHNIA	 POL		79M30/274		(M)715	03:41:53	03:40:38	05.13	
		0:28:06 / 1384	0:53:47 / 1205	1:18:47 / 1086	1:49:20 / 969	2:17:40 / 927	2:43:17 / 844	3:08:31 / 778	3:29:25 / 746			
743	1509	PRZYBYŁA Marcin	TYCHY	 POL	/ UNIWERSYTET JAGIELLOŃSKI	78M30/275		(M)716	03:41:53	03:41:26	05.14	
		0:25:26 / 790	0:49:39 / 688	1:13:59 / 690	1:43:42 / 645	2:13:04 / 736	2:40:15 / 742	3:06:55 / 735	3:28:23 / 723			
744	1418	PASTUCHA Marek	KRAPKOWICE	 POL	/ CROSS KRAPKOWICE	60M50/89	Niep/4	(M)717	03:41:55	03:41:28	05.14	
		0:25:19 / 748	0:49:39 / 679	1:13:55 / 647	1:43:35 / 605	2:10:59 / 621	2:36:00 / 561	3:04:12 / 655	3:28:07 / 712			

23.04.2012 08:44:39

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
803	109	LURANC Paweł	JASTRZĘBIE-ZDRÓJ		POL		77M30/297	(M)773	03:44:07	03:43:25 05.17
		0:27:41 / 1234	0:54:06 / 1271	1:20:26 / 1261	1:52:56 / 1199	2:22:54 / 1189	2:49:29 / 1089	3:13:49 / 965	3:33:24 / 873	
804	1212	PAŁYS Barbara	KRAKOW		POL / HAMERNIA		75K30/10	(K)31	03:44:07	03:43:24 05.17
		0:27:29 / 1148	0:53:58 / 1226	1:20:14 / 1209	1:52:34 / 1164	2:22:23 / 1148	2:49:00 / 1046	3:13:28 / 940	3:33:14 / 854	
805	2825	OLSZANOWSKI Andrzej	CHLUDOWO		POL		79M30/298	(M)774	03:44:08	03:43:54 05.18
		0:25:30 / 817	0:50:22 / 879	1:15:13 / 864	1:45:30 / 789	2:13:44 / 771	2:40:13 / 741	3:08:39 / 783	3:31:24 / 792	
806	466	KOWALSKI Marcin	INGATESTONE		POL / BRENTWOOD BEARS		64M40/218	(M)775	03:44:08	03:43:32 05.17
		0:27:14 / 1106	0:53:02 / 1116	1:19:36 / 1160	1:51:55 / 1122	2:21:51 / 1124	2:48:37 / 1029	3:13:37 / 947	3:33:10 / 852	
807	1449	SKUDLARSKI Jakub	WROCLAW		POL / PRO-RUN WROCLAW		91M20/146	(M)776	03:44:09	03:42:54 05.16
		0:27:14 / 1107	0:54:01 / 1239	1:19:34 / 1153	1:51:25 / 1086	2:20:34 / 1058	2:47:11 / 977	3:12:27 / 901	3:32:39 / 828	
808	462	JUSZCZAK Grzegorz	KRAKÓW		POL / KLUB MIŁOŚNIKÓW KOKO		79M30/299	(M)777	03:44:10	03:43:17 05.17
		0:27:38 / 1207	0:54:01 / 1238	1:20:23 / 1242	1:52:55 / 1191	2:22:53 / 1178	2:49:29 / 1085	3:13:49 / 963	3:33:23 / 870	
809	1037	MISIORNY Radosław	POZNAŃ		POL		73M30/300	(M)778	03:44:11	03:42:51 05.16
		0:26:56 / 1054	0:51:16 / 950	1:15:24 / 880	1:45:32 / 791	2:15:08 / 824	2:42:57 / 832	3:09:47 / 809	3:31:51 / 811	
810	3056	ZIELINSKI Bartłomiej	BELCHATÓW		POL / KB SPARTAKUS BELCHATÓW		81M30/301	(M)779	03:44:12	03:43:32 05.17
		0:27:26 / 1141	0:53:28 / 1160	1:19:28 / 1136	1:51:41 / 1107	2:21:39 / 1110	2:42:57 / 833	3:13:46 / 956	3:33:22 / 867	
811	2804	ROM Rafał	PEWEL MAŁA		POL		92M20/147	(M)780	03:44:14	03:43:22 05.17
		0:22:56 / 269	0:45:06 / 264	1:07:41 / 256	1:36:14 / 263	2:06:29 / 418	2:36:20 / 580	3:05:15 / 689	3:30:22 / 771	
812	3503	CELENDER Gordon	DUBLIN		USA		60M50/100	(M)781	03:44:15	03:43:45 05.18
		0:25:28 / 808	0:49:25 / 631	1:13:26 / 612	1:43:50 / 668	2:13:00 / 732	2:39:04 / 695	3:04:22 / 663	3:28:15 / 719	
813	1249	SEIDLOVA Eva	TLMACE		SVK / AK TLMACE		48K60/3	(K)32	03:44:16	03:43:34 05.17
		0:26:52 / 1040	0:53:01 / 1114	1:19:09 / 1112	1:50:50 / 1054	2:20:13 / 1043	2:46:53 / 964	3:11:37 / 878	3:32:09 / 817	
814	619	DUJKA Dariusz	JEDLIŃSK		POL		73M30/302	(M)782	03:44:16	03:43:28 05.17
		0:27:47 / 1276	0:54:11 / 1326	1:20:34 / 1316	1:52:59 / 1225	2:23:00 / 1220	2:49:30 / 1100	3:13:52 / 991	3:33:16 / 855	
815	1529	SZYDA Wojciech	BODZENTYN		POL		66M40/219	(M)783	03:44:18	03:43:09 05.17
		0:28:08 / 1399	0:54:06 / 1272	1:20:25 / 1251	1:52:58 / 1221	2:22:56 / 1205	2:49:28 / 1079	3:13:38 / 948	3:33:18 / 859	
816	2988	TOMAN Janusz	CIESZYN		POL / NIEZRZESZONY		60M50/101	(M)784	03:44:19	03:42:50 05.16
		0:28:31 / 1500	0:54:21 / 1379	1:19:56 / 1194	1:51:11 / 1079	2:20:49 / 1072	2:47:42 / 989	3:12:43 / 912	3:32:46 / 833	
817	1924	BUCZEK Adam	BILGORAJ		POL		75M30/303	(M)785	03:44:20	03:43:24 05.17
		0:28:31 / 1499	0:52:57 / 1105	1:19:32 / 1147	1:50:57 / 1061	2:20:06 / 1034	2:47:33 / 986	3:12:43 / 913	3:32:47 / 836	
818	1144	LEGOMSKI Piotr	KRAKÓW		POL / CAŁA RYBA BIEGA Z POLSKĄ		77M30/304	(M)786	03:44:23	03:43:57 05.18
		0:27:38 / 1203	0:54:09 / 1304	1:20:28 / 1278	1:53:02 / 1238	2:23:00 / 1219	2:49:30 / 1098	3:13:51 / 980	3:33:23 / 871	
819	353	ROKOSZ Wojciech	KRAKÓW		POL		77M30/305	(M)787	03:44:24	03:43:33 05.17
		0:27:27 / 1142	0:52:50 / 1093	1:18:38 / 1079	1:49:58 / 1017	2:19:38 / 1018	2:47:08 / 974	3:13:25 / 936	3:33:18 / 860	
820	479	KOWALCZYK Marcin	WROCLAW		POL		82M30/306	(M)788	03:44:24	03:43:48 05.18
		0:26:12 / 948	0:51:51 / 1006	1:17:13 / 973	1:47:32 / 902	2:15:55 / 864	2:41:52 / 791	3:10:32 / 835	3:33:18 / 863	
821	1363	ZAPART Marcelli	ŚWIĘTOCHŁOWICE		POL		59M50/102	(M)789	03:44:25	03:43:39 05.18
		0:27:35 / 1170	0:54:04 / 1260	1:20:20 / 1224	1:52:28 / 1156	2:22:41 / 1158	2:49:18 / 1065	3:13:45 / 954	3:33:22 / 866	
822	2492	BLACHUT Piotr	KRAKOW		POL		75M30/307	(M)790	03:44:26	03:42:36 05.16
		0:29:15 / 1680	0:55:22 / 1506	1:20:51 / 1354	1:52:49 / 1176	2:22:31 / 1151	2:49:20 / 1068	3:13:44 / 953	3:33:18 / 861	
823	1484	MEDEJSZO Mariusz	NOWA SÓL		POL		75M30/308	(M)791	03:44:27	03:44:04 05.18
		0:26:39 / 1010	0:52:30 / 1048	1:18:13 / 1047	1:49:30 / 984	2:18:48 / 983	2:45:27 / 910	3:11:27 / 870	3:32:35 / 827	
824	183	TOMAN Andrzej	STANOWICE		POL / CO JA TUTAJ ROBIE		62M50/103	(M)792	03:44:27	03:43:40 05.18
		0:27:36 / 1179	0:54:07 / 1287	1:20:28 / 1280	1:52:58 / 1222	2:22:54 / 1186	2:49:30 / 1097	3:13:50 / 974	3:33:25 / 880	
825	911	BUDA Marek	NOWY SĄCZ		POL / VISEGRAD MARATON RYTRO		61M50/104	(M)793	03:44:29	03:43:41 05.18
		0:27:12 / 1097	0:52:05 / 1021	1:17:44 / 1001	1:49:04 / 951	2:18:38 / 974	2:45:25 / 907	3:11:15 / 864	3:32:00 / 814	
826	2252	WAWRZYCZEK Grzegorz	ZABRZE		POL / RUNNING TEAM ZABRZE		68M40/220	(M)794	03:44:29	03:43:49 05.18
		0:26:58 / 1058	0:52:48 / 1086	1:19:02 / 1110	1:51:38 / 1101	2:21:18 / 1087	2:48:04 / 1009	3:13:48 / 960	3:33:20 / 864	
827	595	KRAWCZYK Tomasz	WARSZAWA		POL		77M30/309	(M)795	03:44:30	03:44:01 05.18
		0:24:54 / 589	0:49:06 / 602	1:13:29 / 616	1:44:21 / 715	2:15:21 / 835	2:45:38 / 915	3:11:56 / 884	3:32:49 / 839	
828	1891	WENTYKIER Piotr	PŁOŃSK		POL / KB IM P. SĘKOWSKIEGO		79M30/310	(M)796	03:44:30	03:44:21 05.19
		0:24:27 / 505	0:49:29 / 636	1:14:01 / 700	1:44:31 / 728	2:13:39 / 765	2:43:03 / 837	3:10:40 / 841	3:32:30 / 825	
829	2969	LINDGREN Bengt	STOCKHOLM		SWE / VALLENTUNA IK		47M60/16	(M)797	03:44:30	03:43:44 05.18
		0:26:23 / 975	0:51:48 / 1002	1:17:55 / 1019	1:49:41 / 997	2:19:38 / 1019	2:47:07 / 972	3:13:00 / 924	3:33:24 / 877	
830	915	BERULA Andreas	LÜDENSCHIED		GER		59M50/105	(M)798	03:44:31	03:44:21 05.19
		0:22:26 / 249	0:44:52 / 257	1:08:02 / 273	1:37:30 / 340	2:06:34 / 423	2:32:52 / 441	3:11:15 / 863	3:33:02 / 848	
831	71	KUPCZYK Tomasz	KALISZ		POL / SUPERMARATON KALISZ		80M30/311	(M)799	03:44:32	03:44:16 05.18
		0:23:17 / 297	0:46:02 / 301	1:09:14 / 315	1:37:08 / 286	2:07:28 / 451	2:35:13 / 519	3:05:38 / 702	3:29:34 / 748	

23.04.2012 08:44:40

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
832	1526	JURA Rafał	KOZY	POL			87M20/148		(M)800	03:44:32	03:44:25 05.19
		0:23:40 / 393	0:46:32 / 398	1:09:26 / 395	2:34:46 / 2916	2:06:19 / 412	2:35:13 / 520	3:02:55 / 624	3:29:43 / 751		
833	1341	RZEPECKI Robert	KALISZ	POL	/ SUPERMARATON KALISZ		63M40/221		(M)801	03:44:32	03:44:01 05.18
		0:24:21 / 491	0:47:20 / 457	1:11:01 / 465	1:40:27 / 448	2:08:01 / 472	2:33:19 / 456	2:59:24 / 512	3:24:49 / 629		
834	2069	SZCZYPIORSKI Szymon	BYDGOSZCZ	POL	/ BYDGOSKA GRUPA SPORTÓW		85M20/149		(M)802	03:44:32	03:44:13 05.18
		0:23:46 / 411	0:46:31 / 395	1:09:21 / 376	1:37:43 / 353		WYTRZYMAŁOŚCIOWYC				
					2:06:39 / 427	2:35:22 / 527	3:05:31 / 697	3:30:35 / 776			
835	2502	KURZAJCZYK Mariusz	KALISZ	POL	/ SUPERMARATON KALISZ		65M40/222		(M)803	03:44:33	03:44:05 05.18
		0:24:21 / 489	0:47:20 / 456	1:11:01 / 464	1:40:28 / 450	2:08:00 / 470	2:33:19 / 458	2:59:25 / 513	3:24:51 / 630		
836	1357	SUTKOWY Paweł	BYDGOSZCZ	POL			86M20/150		(M)804	03:44:33	03:44:24 05.19
		0:24:21 / 488	0:47:10 / 433	1:10:39 / 446	2:35:26 / 2923	2:08:18 / 484	2:33:19 / 457	3:03:08 / 629	3:28:41 / 729		
837	1450	SKUDLARSKI Kamil	WROCLAW	POL	/ PRO-RUN		61M50/106		(M)805	03:44:33	03:43:19 05.17
		0:28:03 / 1369	0:54:00 / 1236	1:19:34 / 1154	1:51:25 / 1084	2:20:34 / 1059	2:47:11 / 976	3:12:26 / 900	3:32:45 / 832		
838	1841	DUELL Jacek	WRÓBLIK SZLACHECKI	POL			83M20/151		(M)806	03:44:34	03:43:26 05.17
		0:28:09 / 1401	0:54:35 / 1404	1:20:33 / 1312	1:52:30 / 1160	2:22:17 / 1139	2:49:10 / 1057	3:13:34 / 946	3:33:22 / 869		
839	1640	SŁOMCZYŃSKI Bartosz	OPOLE	POL			78M30/312		(M)807	03:44:35	03:43:59 05.18
		0:26:17 / 962	0:52:12 / 1031	1:18:04 / 1035	1:49:46 / 1001	2:18:25 / 963	2:44:40 / 878	3:09:37 / 804	3:31:20 / 788		
840	360	CZWÓRNÓG Marcin	KRAKÓW	POL			68M40/223		(M)808	03:44:39	03:44:04 05.18
		0:25:14 / 704	0:49:45 / 757	1:14:34 / 799	1:45:34 / 796	2:15:29 / 841	2:43:14 / 842	3:11:00 / 855	3:32:54 / 842		
841	1050	MAK Hubert	KALISZ	POL	/ NIEZRZESZONY		75M30/313		(M)809	03:44:40	03:44:18 05.18
		0:25:14 / 705	0:49:44 / 747	1:14:03 / 712	1:45:03 / 755	2:15:46 / 854	2:44:09 / 864	3:11:03 / 858	3:32:28 / 823		
842	94	MARGAS Grzegorz	PROSZOWICE	POL			70M40/224		(M)810	03:44:41	03:44:20 05.19
		0:25:12 / 690	0:49:58 / 824	1:14:34 / 801	1:45:18 / 773	2:15:54 / 862	2:44:42 / 880	3:11:01 / 856	3:32:43 / 831		
843	3151	BANAŚ Kazimierz	MICHAŁOWICE	POL			63M40/225		(M)811	03:44:43	03:43:49 05.18
		0:26:38 / 1006	0:52:36 / 1062	1:18:02 / 1029	1:49:13 / 962	2:18:21 / 959	2:44:56 / 887	3:10:42 / 843	3:32:54 / 843		
844	2359	GŁOSEK Robert	OSTROŁĘKA	POL	/ AG BEZ LIMITU OSTROŁĘKA I OK		70M40/226		(M)812	03:44:44	03:43:23 05.17
		0:28:12 / 1419	0:53:59 / 1231	1:19:34 / 1152	1:51:05 / 1072	2:20:15 / 1045	2:46:28 / 951	3:12:23 / 897	3:33:25 / 879		
845	3399	KUŹMIŃSKA Maryla	BRZOZA	POL	/ BRZOZA BIEGA		82K30/11		(K)33	03:44:44	03:44:38 05.19
		0:26:50 / 1038	0:53:55 / 1217	1:20:08 / 1200	1:51:47 / 1114	2:21:18 / 1086	2:48:24 / 1020	3:13:26 / 937	3:33:18 / 862		
846	667	WOJCIECHOWSKI Jacek	MILANÓWEK	POL			65M40/227		(M)813	03:44:45	03:43:49 05.18
		0:26:45 / 1029	0:52:18 / 1034	1:18:04 / 1036	1:49:34 / 988	2:19:09 / 996	2:46:07 / 940	3:11:48 / 880	3:33:06 / 849		
847	1259	ABRAMCZYK Jacek	RYTRO	POL	/ SOLIDARNOSC N SACZ		67M40/228		(M)814	03:44:48	03:44:01 05.18
		0:27:28 / 1145	0:52:55 / 1098	1:18:22 / 1061	1:49:31 / 986	2:18:27 / 965	2:45:14 / 899	3:11:30 / 872	3:33:07 / 850		
848	1950	KRUZEL Tomasz	ZAWIERCIE	POL			77M30/314		(M)815	03:44:50	03:44:26 05.19
		0:24:48 / 565	0:49:07 / 603	1:13:29 / 615	1:43:14 / 586	2:12:52 / 728	2:44:44 / 883	3:13:19 / 933	3:33:22 / 868		
849	1600	PRZYSTAŁ Mateusz	KRAKÓW	POL			83M20/152		(M)816	03:44:51	03:44:40 05.19
		0:21:01 / 97	0:41:51 / 102	1:03:13 / 111	1:32:32 / 189	2:03:46 / 338	2:30:51 / 383	3:03:02 / 628	3:30:07 / 766		
850	547	STRYKOWSKI Janusz	KIELCE	POL			67M40/229		(M)817	03:44:51	03:43:49 05.18
		0:27:36 / 1187	0:54:04 / 1256	1:20:22 / 1235	1:52:55 / 1188	2:03:46 / 337	2:30:51 / 382	3:13:50 / 973	3:33:26 / 882		
851	2662	KUCHARSKI Łukasz	WARSZAWA	POL			85M20/153		(M)818	03:44:52	03:43:57 05.18
		0:27:38 / 1200	0:54:06 / 1273	1:20:25 / 1259	1:52:56 / 1198	2:03:46 / 339	2:49:31 / 1105	3:13:50 / 967	3:33:25 / 878		
852	514	DULNIK Marcin	WARSZAWA	POL	/ ASICS POLSKA		80M30/315		(M)819	03:44:53	03:43:45 05.18
		0:25:05 / 621	0:49:32 / 643	1:13:53 / 644	1:44:47 / 741	2:14:48 / 812	2:42:43 / 826	3:09:57 / 813	3:32:29 / 824		
853	1053	RUDY Jacek	WROCLAW	POL	/ PACEMAKER		80M30/316		(M)820	03:44:53	03:44:08 05.18
		0:25:05 / 622	0:54:03 / 1248	1:20:23 / 1239	1:52:55 / 1189	2:22:53 / 1181	2:49:29 / 1082	3:13:49 / 961	3:33:23 / 872		
854	1454	CZUCZAK Tomasz	KOSZALIN	POL			77M30/317		(M)821	03:44:54	03:44:07 05.18
		0:25:05 / 623	0:54:08 / 1298	1:20:23 / 1241	1:52:55 / 1194	2:22:55 / 1193	2:49:29 / 1090	3:13:50 / 969	3:33:24 / 874		
855	3070	DUBIECKI Jarema	ŁÓDŹ	POL	/ ŁKB NA ZDROWIE		69M40/230		(M)822	03:44:54	03:44:09 05.18
		0:27:35 / 1173	0:54:04 / 1258	1:20:22 / 1233	1:52:54 / 1183	2:22:53 / 1180	2:49:29 / 1084	3:13:49 / 962	3:33:24 / 875		
856	3137	ANUSZEWSKI Tomasz	WARSZAWA	POL	/ GRODZISK MAZOWIECKI		69M40/231		(M)823	03:44:55	03:44:13 05.18
		0:25:15 / 711	0:49:45 / 761	1:14:15 / 766	1:44:08 / 696	2:12:43 / 719	2:39:25 / 716	3:07:12 / 740	3:31:37 / 799		
857	195	KLIMCZAK Adam	WROCLAW	POL	/ WKB PIAST WROCLAW		88M20/154		(M)824	03:44:57	03:44:10 05.18
		0:25:15 / 710	0:54:03 / 1247	1:20:24 / 1245	2:49:30 / 2973	2:22:54 / 1183	2:39:25 / 715	3:13:50 / 970	3:33:26 / 883		
858	894	KIECŃ Michał	USTROŃ	POL	/ USTROŃ MOUNTAIN TEAM		88M20/155		(M)825	03:44:58	03:43:53 05.18
		0:27:46 / 1273	0:53:06 / 1123	1:18:37 / 1077	1:49:48 / 1006	2:19:11 / 998	2:46:45 / 961	3:12:08 / 888	3:33:09 / 851		
859	1549	PINKOSZ Jan	ZABRZE	POL	/ POGORIA BIEGA		56M50/107		(M)826	03:45:00	03:44:22 05.19
		0:27:03 / 1077	0:53:13 / 1129	1:19:21 / 1122	1:50:50 / 1055	2:19:58 / 1029	2:46:06 / 938	3:10:13 / 823	3:30:40 / 780		

23.04.2012 08:44:40

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
860	1593	ZYCH Lesław	SAMBORZEC		POL / WITAR TARNOBRZEG		53M	50/108	(M)827 03:45:08	03:43:52 05.18
		0:28:10 / 1410	0:53:37 / 1190	1:18:28 / 1068	2:44:17 / 2960	2:17:17 / 909	2:46:06 / 939	3:10:44 / 844	3:32:55 / 844	
861	1032	EJSMONT Piotr	SUPRAŚL		POL / DRUŻYNA GANDALFA		88M	20/156	(M)828 03:45:14	03:43:30 05.17
		0:28:40 / 1534	0:54:48 / 1428	1:20:47 / 1344	1:53:05 / 1250	2:22:51 / 1170	2:49:27 / 1077	3:13:50 / 971	3:33:27 / 884	
862	1226	KUŻMA Przemysław	JANOWICE		POL		60M	50/109	(M)829 03:45:19	03:44:29 05.19
		0:28:13 / 1426	0:55:04 / 1459	1:21:23 / 1393	1:53:31 / 1296	2:23:37 / 1261	2:50:18 / 1148	3:15:08 / 1035	3:34:38 / 924	
863	2829	WAWRO Grzegorz	KRAKÓW		POL / KROSS LAJKONIK		73M	30/318 B2/7	(M)830 03:45:20	03:44:43 05.19
		0:25:44 / 884	0:50:24 / 886	1:15:07 / 859	1:45:38 / 803	2:15:10 / 826	2:42:33 / 817	3:08:43 / 789	3:31:45 / 809	
864	2506	JUREK Zbigniew	ZWOLEŃ		POL		60M	50/110	(M)831 03:45:21	03:44:01 05.18
		0:26:55 / 1051	0:52:20 / 1037	1:18:10 / 1044	1:49:22 / 977	2:18:33 / 969	2:45:39 / 919	3:12:13 / 892	3:33:29 / 886	
865	1574	STANEK Piotr	GDYNIA		POL / BIEGAMYRAZEM.PL		85M	20/157	(M)832 03:45:23	03:43:44 05.18
		0:28:40 / 1535	0:54:11 / 1321	1:19:36 / 1161	1:50:27 / 1036	2:19:41 / 1022	2:46:27 / 949	3:12:02 / 886	3:33:34 / 893	
866	3079	GWÓDŹ Andrzej	WOLA		POL		63M	40/232	(M)833 03:45:26	03:44:15 05.18
		0:26:15 / 954	0:50:32 / 894	1:15:01 / 840	1:45:24 / 782	2:14:32 / 801	2:42:02 / 797	3:09:22 / 801	3:32:48 / 837	
867	798	WYPYCH Tomasz	BRZEG		POL / DRUŻYNA SZPIKU-UGKS ODRA BRZEG		70M	40/233	(M)834 03:45:28	03:44:49 05.19
		0:26:15 / 953	0:51:05 / 935	1:16:27 / 936	1:47:55 / 915	2:17:26 / 916	2:45:03 / 892	3:10:59 / 854	3:33:11 / 853	
868	2439	PIEKARSKI Aleksander	KRAKÓW		POL		74M	30/319	(M)835 03:45:30	03:44:57 05.19
		0:26:17 / 963	0:50:59 / 927	1:15:33 / 890	1:45:22 / 779	2:12:45 / 723	2:40:50 / 759	3:08:51 / 792	3:31:20 / 789	
869	1130	GRYCZ Mirosław	KRAKÓW		POL / NIEZRZESZONY		70M	40/234	(M)836 03:45:30	03:45:20 05.20
		0:22:19 / 236	0:44:17 / 227	1:06:16 / 222	1:34:09 / 220	2:02:28 / 271	2:34:25 / 483	3:01:11 / 555	3:25:08 / 638	
870	1927	TILLIEUX Sueli	LIMAL		BEL		75K	30/12	(K)34 03:45:36	03:44:31 05.19
		0:26:48 / 1034	0:52:01 / 1016	1:16:46 / 955	1:46:54 / 865	2:15:46 / 853	2:42:30 / 814	3:09:20 / 800	3:32:28 / 822	
871	1958	GOŚCIŃSKI Bartłomiej	PRZYSIETNICA		POL / VISEGRAD MARATON RYTRO		92M	20/158	(M)837 03:45:40	03:45:00 05.19
		0:25:31 / 827	0:49:57 / 822	1:14:40 / 807	1:46:00 / 816	2:18:12 / 954	2:47:26 / 981	3:14:29 / 1012	3:34:56 / 931	
872	3494	LOBER Ralf	DUSSELDORF		GER		77M	30/320	(M)838 03:45:40	03:44:51 05.19
		0:26:20 / 967	0:51:24 / 963	1:17:42 / 997	1:49:07 / 954	2:18:24 / 962	2:45:45 / 922	3:11:51 / 881	3:33:20 / 865	
873	2049	WARDZAŁA Michał	WIELICZKA		POL		80M	30/321	(M)839 03:45:41	03:44:56 05.19
		0:27:35 / 1172	0:54:05 / 1261	1:20:25 / 1255	1:52:55 / 1197	2:22:52 / 1176	2:49:31 / 1102	3:13:51 / 978	3:33:45 / 899	
874	161	MISZUK Sebastian	SZCZECIN		POL / SAINT-GOBAIN SQUAD		82M	30/322	(M)840 03:45:41	03:44:40 05.19
		0:27:55 / 1319	0:53:00 / 1111	1:18:28 / 1069	2:46:45 / 2964	2:19:39 / 1020	2:49:31 / 1101	3:12:36 / 909	3:33:16 / 857	
875	3428	ROSIER Jean			FRA		59M	50/111	(M)841 03:45:42	03:44:23 05.19
		0:28:01 / 1357	0:53:49 / 1211	1:19:45 / 1175	1:51:50 / 1119	2:21:50 / 1123	2:48:44 / 1039	3:13:53 / 994	3:33:31 / 888	
876	1398	AUGUSTYN Janusz	KEDZIERZYN-KOŹLE		POL		66M	40/235	(M)842 03:45:44	03:45:24 05.20
		0:26:54 / 1047	0:53:04 / 1121	1:19:23 / 1126	1:51:33 / 1094	2:21:23 / 1091	2:47:48 / 996	3:13:28 / 941	3:34:49 / 928	
877	2706	WÓJCIK Marcin	DĘBICA		POL / NIEZRZESZONY		74M	30/323	(M)843 03:45:46	03:44:26 05.19
		0:27:42 / 1244	0:53:03 / 1119	1:19:10 / 1114	1:50:40 / 1046	2:20:08 / 1036	2:47:42 / 990	3:13:51 / 977	3:33:54 / 907	
878	3289	PODESZWA Marek	RYBNIK		POL / SBD ENERGETYK RYBNIK		68M	40/236	(M)844 03:45:47	03:44:38 05.19
		0:27:50 / 1295	0:53:30 / 1173	1:18:50 / 1090	1:49:31 / 985	2:18:44 / 977	2:45:37 / 913	3:12:13 / 893	3:33:53 / 906	
879	2087	JURASZ Zygmunt	ZGORZELEC		POL		45M	60/17	(M)845 03:45:47	03:45:19 05.20
		0:25:48 / 895	0:50:27 / 891	1:15:08 / 860	1:46:35 / 852	2:16:00 / 865	2:44:18 / 869	3:11:06 / 860	3:32:50 / 841	
880	1284	BIGEON Philippe	LE PONTET		FRA / 1000 PATTES		58M	50/112	(M)846 03:45:51	03:44:41 05.19
		0:27:22 / 1134	0:52:33 / 1052	1:17:52 / 1016	1:49:14 / 963	2:19:06 / 992	2:46:33 / 955	3:12:30 / 905	3:33:46 / 901	
881	2788	VARTIAINEN Tatu	KUOPIO		FIN		77M	30/324	(M)847 03:45:54	03:45:08 05.20
		0:27:39 / 1208	0:54:08 / 1300	3:14:00 / 3000	1:49:14 / 964	2:22:47 / 1164	2:46:33 / 956	3:12:30 / 906	3:34:08 / 911	
882	946	PAŁYSA Grzegorz	GARWOLIN		POL / AVON		81M	30/325	(M)848 03:46:01	03:45:27 05.20
		0:22:40 / 259	0:45:10 / 266	1:08:39 / 291	1:39:00 / 406	2:11:03 / 630	2:41:03 / 764	3:07:25 / 747	3:31:42 / 804	
883	1983	BIEL Sylwester	CHRZANÓW		POL / FALSTART CHRZANÓW		80M	30/326	(M)849 03:46:01	03:45:40 05.20
		0:24:19 / 483	0:47:56 / 496	1:11:45 / 495	1:41:19 / 489	2:09:08 / 512	2:39:14 / 705	3:08:22 / 771	3:32:26 / 820	
884	951	CHMIELEWSKI Sławomir	SILNO		POL		75M	30/327	(M)850 03:46:04	03:45:43 05.20
		0:26:49 / 1035	0:52:50 / 1092	1:18:58 / 1104	1:50:53 / 1060	2:20:44 / 1068	2:47:29 / 985	3:12:46 / 917	3:33:35 / 894	
885	2004	STANKIEWICZ Antoni	SOBÓTKA		POL / WKB PIAST WROCLAW		58M	50/113	(M)851 03:46:04	03:45:52 05.21
		0:23:49 / 419	0:47:44 / 485	1:12:17 / 529	1:42:29 / 546	2:11:10 / 641	2:37:31 / 635	3:05:44 / 705	3:33:25 / 881	
886	1561	ZAPŁATA Wojciech	GORLICE		POL		78M	30/328	(M)852 03:46:05	03:44:54 05.19
		0:28:38 / 1522	0:55:17 / 1494	1:21:20 / 1389	1:53:00 / 1233	2:23:32 / 1257	2:51:16 / 1195	3:15:10 / 1040	3:33:59 / 908	
887	249	PAŁYGIEWICZ Jacek	KATOWICE		POL		83M	20/159	(M)853 03:46:07	03:45:37 05.20
		0:28:07 / 1389	0:54:32 / 1399	1:21:08 / 1374	1:54:25 / 1352	2:24:42 / 1315	2:51:26 / 1202	3:15:59 / 1061	3:35:41 / 952	
888	2642	PILZ Dominika	SULECHÓW		POL		85K	20/11	(K)35 03:46:08	03:44:44 05.19
		0:28:13 / 1425	0:54:19 / 1370	1:20:15 / 1212	1:51:25 / 1083	2:20:38 / 1062	2:47:36 / 987	3:13:28 / 942	3:33:45 / 900	

23.04.2012 08:44:40

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:												
945	889	HYROŠŠ Pavol	TURANY		SVK / BS TATRAN TURANY	52M60/20			(M)907	03:48:25	03:47:39	05.23
		0:28:08 / 1398	0:54:08 / 1291	1:20:07 / 1199	1:51:47 / 1111	2:21:43 / 1117	2:49:08 / 1054	3:14:15 / 1007	3:36:04 / 969			
946	535	REPONEN Anssi	VANTAA		FIN / KORSON KENGURUT	61M50/118			(M)908	03:48:26	03:48:14	05.24
		0:23:51 / 422	0:47:27 / 465	1:11:35 / 485	1:41:40 / 506	2:11:05 / 634	2:42:22 / 807	3:10:36 / 837	3:34:21 / 919			
947	1673	KŁONOWSKI Tomasz	OLAWA		POL / AMATOR	77M30/337			(M)909	03:48:29	03:47:32	05.23
		0:30:48 / 2156	1:02:58 / 2531	1:24:56 / 1713	1:52:19 / 1150	2:22:52 / 1172	2:51:01 / 1184	3:16:48 / 1089	3:37:00 / 988			
948	3069	NAPIERAŁA Andrzej	GOSTYŃ		POL / DRUŻYNA SZPIKU KGHM	58M50/119			(M)910	03:48:29	03:44:32	05.19
		0:29:46 / 1787	0:55:44 / 1556	1:21:52 / 1434	1:54:01 / 1339	2:24:33 / 1310	2:51:57 / 1215	3:17:55 / 1121	3:37:43 / 1010			
949	528	GRABANIA Rafał	TORUŃ		POL	86M20/177			(M)911	03:48:29	03:47:45	05.23
		0:26:06 / 937	0:50:03 / 844	1:14:07 / 732	1:44:27 / 722	2:17:28 / 917	2:49:30 / 1093	3:13:51 / 984	3:34:34 / 923			
950	1552	SZARAWARA Stanisław	RABKA-ZDRÓJ		POL / NIEZRZESZONY	50M60/21			(M)912	03:48:30	03:47:04	05.22
		0:28:42 / 1541	0:54:22 / 1382	1:20:29 / 1287	1:53:00 / 1231	2:23:16 / 1235	2:49:51 / 1120	3:14:45 / 1018	3:36:13 / 972			
951	1570	JASTRZĘBSKI Jarosław	KRAKÓW		POL	74M30/338			(M)913	03:48:33	03:48:11	05.24
		0:25:04 / 618	0:49:41 / 716	1:13:55 / 651	1:43:40 / 642	2:12:58 / 730	2:40:27 / 749	3:08:11 / 769	3:33:27 / 885			
952	2716	PAROBCZY Piotr	WROCŁAW		POL / IM2010	76M30/339			(M)914	03:48:34	03:47:47	05.23
		0:27:38 / 1202	0:53:45 / 1203	1:20:19 / 1220	1:52:54 / 1185	2:22:55 / 1194	2:49:29 / 1080	3:13:49 / 964	3:35:04 / 935			
953	1495	MUSZYŃSKI Maciej	KRAKÓW		POL	66M40/259			(M)915	03:48:36	03:47:29	05.23
		0:27:38 / 1201	0:48:06 / 503	1:11:55 / 500	1:41:34 / 499	2:09:51 / 539	2:36:30 / 588	3:04:51 / 675	3:33:24 / 876			
954	1663	HONKANEN Reijo	KUOPIO		FIN / KORSON KENGURU	55M50/120			(M)916	03:48:37	03:48:24	05.24
		0:22:48 / 264	0:45:14 / 272	1:08:18 / 281	1:38:47 / 399	2:08:09 / 476	2:38:47 / 676	3:10:37 / 839	3:35:39 / 951			
955	2341	KARPIERZ Antoni	KRAKÓW		POL	60M50/121			(M)917	03:48:39	03:48:04	05.24
		0:25:55 / 906	0:50:59 / 928	1:16:39 / 950	1:47:59 / 918	2:17:41 / 929	2:45:46 / 926	3:13:54 / 995	3:35:55 / 962			
956	676	GEHR Sebastian	KRAKOW		POL	80M30/340			(M)918	03:48:41	03:48:04	05.24
		0:26:15 / 958	0:51:23 / 961	1:17:00 / 967	1:48:35 / 935	2:18:20 / 958	2:45:38 / 916	3:12:56 / 919	3:36:03 / 968			
957	3412	SAWICKI Piotr	BIALYSTOK		POL / DELECTA PODLASKI KLUB BIEGOWY	85M20/178			(M)919	03:48:42	03:48:23	05.24
		0:25:08 / 654	0:49:38 / 672	1:13:59 / 689	1:43:49 / 664	2:14:44 / 808	2:43:48 / 856	3:12:10 / 889	3:35:48 / 956			
958	1624	POGONOWSKI Marcin	ORZESZE		POL / -	76M30/341			(M)920	03:48:42	03:47:49	05.23
		0:26:18 / 964	0:50:46 / 910	1:15:21 / 875	1:46:05 / 822	2:15:12 / 827	2:43:48 / 855	3:10:18 / 825	3:35:05 / 936			
959	1499	TUDEK Mariusz	GÓRA KALWARIA		POL	72M40/260			(M)921	03:48:47	03:47:54	05.24
		0:27:27 / 1143	0:53:40 / 1195	1:20:49 / 1347	1:53:08 / 1261	2:22:52 / 1173	2:49:33 / 1107	3:14:32 / 1015	3:35:54 / 961			
960	1543	HUBCZAK Rafał	ŻYWIEC		POL / ARTECH FORKLIFT	76M30/342			(M)922	03:48:55	03:48:10	05.24
		0:27:10 / 1093	0:53:14 / 1132	1:19:39 / 1164	1:52:01 / 1130	2:21:44 / 1118	2:48:43 / 1034	3:14:56 / 1024	3:36:44 / 983			
961	2351	BIEL Przemysław	KRAKÓW		POL	75M30/343			(M)923	03:48:57	03:47:25	05.23
		0:26:03 / 931	0:49:46 / 767	1:14:01 / 699	1:43:50 / 670	2:12:25 / 707	2:41:44 / 786	3:10:45 / 845	3:34:15 / 916			
962	44	PNIAK Katarzyna			POL	70K40/8			(K)39	03:49:02	03:48:57	05.25
		0:26:07 / 939	0:52:29 / 1045	1:18:53 / 1094	1:51:37 / 1100	2:22:40 / 1157	2:50:20 / 1153	3:16:08 / 1070	3:37:11 / 999			
963	58	WIADERNY Janusz	JASTRZĘBIE-ZDRÓJ		POL	74M30/344			(M)924	03:49:10	03:48:32	05.24
		0:27:32 / 1165	0:53:43 / 1199	1:19:51 / 1186	1:52:16 / 1147	2:22:48 / 1167	2:49:23 / 1070	3:13:51 / 986	3:35:10 / 940			
964	1031	LACH Sebastian	GRODKÓW		POL	76M30/345			(M)925	03:49:13	03:48:38	05.25
		0:26:25 / 981	0:52:08 / 1026	1:17:48 / 1009	1:49:06 / 952	2:18:45 / 978	2:45:58 / 932	3:12:59 / 922	3:35:04 / 934			
965	2572	KULIKOWSKI Jakub	JAROSŁAW		POL / PSK PRZEWORSK	92M20/179			(M)926	03:49:15	03:47:49	05.23
		0:29:54 / 1816	0:57:11 / 1751	1:24:15 / 1657	1:57:22 / 1524	2:26:54 / 1420	2:54:22 / 1315	3:19:09 / 1161	3:39:32 / 1055			
966	2978	PODWIKA Marcin	LUSOWO		POL / LOSBIGANEROS	76M30/346			(M)927	03:49:20	03:48:39	05.25
		0:27:42 / 1245	0:54:07 / 1281	1:20:25 / 1253	1:49:30 / 2974	2:22:55 / 1197	2:54:22 / 1316	3:13:58 / 1002	3:35:59 / 965			
967	995	ŻYCZYŃSKI Jarosław	KOBYŁKA		POL / CEVA RUNNERS TEAM	82M30/347			(M)928	03:49:23	03:48:54	05.25
		0:23:34 / 366	0:47:02 / 425	1:09:26 / 397	1:38:58 / 405	2:08:12 / 477	2:32:53 / 448	2:59:41 / 523	3:29:51 / 756			
968	3041	MARCINEK Jan	KRAKÓW		POL	88M20/180			(M)929	03:49:25	03:49:12	05.25
		0:23:33 / 362	0:46:51 / 416	1:10:52 / 452	1:41:21 / 491	2:13:00 / 731	2:43:31 / 850	3:12:22 / 895	3:36:54 / 986			
969	55	NUSCIS Florioano	VILLACIDRO VS		ITA / ATLETICA PODISTICA SAN GAVINO MONREALE	50M60/22			(M)930	03:49:29	03:49:25	05.26
		0:24:21 / 486	0:48:05 / 502	1:12:48 / 567	1:43:49 / 665	2:13:56 / 779	2:41:37 / 781	3:09:45 / 807	3:35:21 / 943			
970	2747	BENNANI Amal	CASABLANCA		MAR / CMCF	65M40/261			(M)931	03:49:33	03:48:17	05.24
		0:28:05 / 1378	0:53:29 / 1169	1:18:56 / 1103	1:50:58 / 1062	2:21:12 / 1085	2:48:37 / 1030	3:15:03 / 1028	3:37:31 / 1006			
971	421	JEDLIŃSKI Janusz	OSIELSKO		POL / BRZOZA BIEGA	68M40/262			(M)932	03:49:33	03:49:09	05.25
		0:25:24 / 780	0:49:55 / 815	1:14:34 / 795	1:45:09 / 766	2:15:09 / 825	2:43:16 / 843	3:11:59 / 885	3:37:01 / 990			
972	3173	BOJKOWSKI Maciej	KRAKÓW		POL	72M40/263			(M)933	03:49:35	03:48:39	05.25
		0:26:24 / 978	0:51:06 / 937	1:15:50 / 911	1:46:36 / 854	2:16:43 / 889	2:45:08 / 897	3:13:07 / 927	3:37:04 / 993			
973	2256	PORĘBSKI Jan	KRAKOW		POL	90M20/181			(M)934	03:49:36	03:48:17	05.24
		0:28:18 / 1449	0:54:12 / 1327	1:20:30 / 1288	1:53:05 / 1253	2:23:16 / 1234	2:51:40 / 1206	3:17:49 / 1118	3:38:14 / 1023			

23.04.2012 08:44:41

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
1032	73	STANČZAK Edmund	PŁOCK		POL / TKKF PŁOCK		53M50/133	(M)987	03:51:41	03:51:15 05.28
		0:25:21 / 757 0:49:52 / 800	1:13:59 / 688 1:43:34 / 603		2:10:52 / 585 2:36:34 / 591	3:05:51 / 707 3:33:41 / 897				
1033	2358	KIREJCZYK Wojciech	WARSZAWA		POL / WYCZÓŁKI		88M20/189	(M)988	03:51:46	03:51:17 05.28
		0:26:25 / 980 0:51:28 / 970	1:16:45 / 952 1:47:05 / 879		2:10:52 / 586 2:41:48 / 789	3:10:46 / 846 3:35:45 / 953				
1034	2446	PODWIKA Doman	WROCŁAW		POL / LOS BIEGANEROS		75M30/361	(M)989	03:51:50	03:51:08 05.28
		0:28:09 / 1404 0:55:06 / 1468	1:21:51 / 1432 1:54:32 / 1357		2:25:23 / 1355 2:53:06 / 1263	3:18:42 / 1151 3:40:06 / 1074				
1035	2560	WILK Damian	CZARNA		POL		77M30/362	(M)990	03:51:50	03:50:30 05.27
		0:27:46 / 1275 0:53:03 / 1118	1:19:10 / 1115 1:51:29 / 1091		2:22:59 / 1217 2:50:19 / 1150	3:16:53 / 1093 3:39:05 / 1048				
1036	1827	PUSZCZEWICZ Zenon	PISARZOWICE		POL / KBLUPUS OLESNICA-BRZEG		41M70/1	(M)991	03:51:51	03:51:35 05.29
		0:27:46 / 1274 0:51:41 / 989	1:17:56 / 1020 1:50:14 / 1026		2:20:43 / 1066 2:48:43 / 1035	3:16:15 / 1073 3:38:43 / 1035				
1037	2897	BURDA Maciej	POZNAŃ		POL		76M30/363	(M)992	03:51:51	03:51:07 05.28
		0:27:23 / 1136 0:53:29 / 1171	1:19:34 / 1156 1:51:48 / 1115		2:21:38 / 1109 2:48:25 / 1022	3:14:00 / 1003 3:38:28 / 1029				
1038	2095	ROMAŃSKI Mateusz	BIELSKO-BIAŁA		POL		90M20/190	(M)993	03:51:58	03:50:02 05.27
		0:30:12 / 1912 0:56:14 / 1617	1:22:02 / 1445 1:53:07 / 1258		2:22:59 / 1216 2:49:30 / 1094	3:15:12 / 1041 3:39:41 / 1061				
1039	950	LUBOWICKI Piotr	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW		75M30/364	(M)994	03:52:02	03:51:42 05.29
		0:24:43 / 547 0:48:23 / 529	1:12:13 / 522 1:43:23 / 592		2:13:41 / 770 2:43:06 / 839	3:11:51 / 882 3:38:06 / 1018				
1040	1989	SZWAJA Marek	PRASZKA		POL / WE RUN		84M20/191	(M)995	03:52:07	03:50:37 05.27
		0:28:53 / 1586 0:55:38 / 1548	1:22:13 / 1464 1:55:06 / 1390		2:25:44 / 1375 2:53:10 / 1266	3:19:46 / 1191 3:40:55 / 1100				
1041	1613	STĘPIEN Leszek	WOŁOMIN		POL / KB POŚWIĘTNE		78M30/365	(M)996	03:52:08	03:51:23 05.29
		0:26:29 / 989 0:51:33 / 984	1:16:56 / 964 1:47:56 / 917		2:17:21 / 912 2:44:35 / 876	3:12:12 / 890 3:37:26 / 1004				
1042	1273	BANACH Łukasz	KRAKÓW		POL		77M30/366	(M)997	03:52:08	03:50:50 05.28
		0:28:30 / 1492 0:55:22 / 1507	1:22:39 / 1515 1:55:23 / 1409		2:17:21 / 911 2:53:25 / 1272	3:19:15 / 1166 3:40:16 / 1078				
1043	2789	KOZYRSKA Agnieszka	SOBÓTKA		POL / WKB PIAST WROCŁAW		72K40/10	(K)46	03:52:10	03:51:13 05.28
		0:28:24 / 1468 0:55:33 / 1522	1:22:46 / 1529 1:55:32 / 1422		2:25:52 / 1387 2:52:54 / 1250	3:18:10 / 1129 3:39:45 / 1065				
1044	525	ROMAŃCZUK Monika	JELENIA GÓRA		POL		83K20/14	(K)47	03:52:11	03:50:49 05.28
		0:27:45 / 1267 0:54:18 / 1366	1:21:17 / 1379 1:54:21 / 1347		2:25:26 / 1360 2:52:54 / 1249	3:18:38 / 1148 3:40:05 / 1072				
1045	2664	ŚWIERZ Sławomir	GORLICE		POL		73M30/367	(M)998	03:52:15	03:51:50 05.29
		0:25:19 / 746 0:49:40 / 709	1:13:13 / 596 1:42:26 / 545		2:10:58 / 615 2:45:26 / 909	3:15:25 / 1047 3:39:06 / 1049				
1046	2525	AKUTKO Sebastian	WROOCLAW		POL / PRO RUN WROCŁAW		77M30/368	(M)999	03:52:17	03:51:45 05.29
		0:25:53 / 903 0:51:28 / 972	1:17:44 / 1000 1:50:48 / 1051		2:22:32 / 1155 2:51:21 / 1199	3:19:25 / 1171 3:41:04 / 1102				
1047	759	KOWALCZYK Wojciech	BELCHATÓW		POL / KB SPARTAKUS BELCHATÓW		61M50/134	(M)1000	03:52:25	03:51:42 05.29
		0:26:46 / 1030 0:51:47 / 1001	1:17:56 / 1023 1:50:34 / 1040		2:21:07 / 1082 2:50:27 / 1160	3:16:56 / 1095 3:39:05 / 1047				
1048	2936	KACZMAREK Katarzyna	RACULA		POL / DRUŻYNA GAZETY ZIELONA GÓRA		80K30/16	(K)48	03:52:27	03:51:35 05.29
		0:26:46 / 1031 0:53:59 / 1234	1:20:19 / 1221 1:52:57 / 1206		2:23:38 / 1262 2:51:54 / 1211	3:18:42 / 1153 3:40:25 / 1085				
1049	692	GRIVÉ Silvia	GRANOLLERS		ESP / L' AIRE		68K40/11	(K)49	03:52:31	03:51:31 05.29
		0:28:02 / 1361 0:54:04 / 1259	1:19:39 / 1166 1:51:02 / 1066		2:22:00 / 1130 2:50:09 / 1139	3:17:24 / 1107 3:39:41 / 1062				
1050	1680	KRZYŻAK Edward	WROCŁAW		POL / LOS BIEGANEROS		69M40/283	(M)1001	03:52:33	03:51:51 05.29
		0:28:02 / 1362 0:55:06 / 1469	1:21:51 / 1433 1:54:32 / 1356		2:25:23 / 1356 2:53:06 / 1261	3:18:41 / 1150 3:40:06 / 1073				
1051	1090	BÖGI Alexander	DUNAJSKÁ STREDA		SVK / DUNAJSKÁ STREDA		52M60/25	(M)1002	03:52:35	03:51:22 05.29
		0:29:07 / 1643 0:56:09 / 1605	1:23:57 / 1635 1:56:04 / 1454		2:26:35 / 1408 2:54:11 / 1309	3:19:52 / 1199 3:40:47 / 1093				
1052	3223	BANACH Gerard	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW		78M30/369	(M)1003	03:52:39	03:52:10 05.30
		0:26:33 / 998 0:52:28 / 1043	1:18:52 / 1092 1:51:35 / 1097		2:21:37 / 1108 2:48:38 / 1031	3:14:53 / 1022 3:38:47 / 1039				
1053	1394	NÉMETH Sándor	BUDAPEST		HUN		73M30/370	(M)1004	03:52:39	03:51:28 05.29
		0:28:40 / 1531 0:55:19 / 1498	1:22:37 / 1510 1:57:18 / 1518		2:29:23 / 1544 2:55:59 / 1373	3:20:28 / 1220 3:40:57 / 1101				
1054	371	WOŁOWSKI Lech	WARSZAWA		POL		75M30/371	(M)1005	03:52:42	03:51:44 05.29
		0:27:44 / 1263 0:54:08 / 1288	1:20:25 / 1256 1:52:56 / 1201		2:22:56 / 1198 2:51:00 / 1182	3:18:15 / 1134 3:40:36 / 1088				
1055	1306	EKIERT Mariusz	GARWOLIN		POL / POWERADE, TRUCHTACZ.PL		73M30/372	(M)1006	03:52:45	03:51:45 05.29
		0:27:44 / 1264 0:54:12 / 1332	1:20:33 / 1309 2:50:16 / 2976		2:23:05 / 1228 2:51:00 / 1183	3:16:27 / 1083 3:39:19 / 1052				
1056	1271	PANASIUK Adam	KRAKÓW		POL		65M40/284	(M)1007	03:52:49	03:51:53 05.29
		0:28:01 / 1358 0:54:40 / 1411	1:21:31 / 1409 1:54:28 / 1353		2:24:59 / 1333 2:53:04 / 1256	3:18:43 / 1154 3:40:09 / 1076				
1057	2172	NALEPKA Jerzy	SANOK		POL / S G M M - SANOK		50M60/26	(M)1008	03:52:54	03:52:17 05.30
		0:28:09 / 1405 0:55:45 / 1559	1:22:56 / 1544 1:55:16 / 1400		2:25:39 / 1368 2:53:32 / 1282	3:18:26 / 1145 3:39:54 / 1068				
1058	2931	WAWRZYNIAK Sebastian	SOSNOWIEC		POL		76M30/373	(M)1009	03:52:57	03:51:49 05.29
		0:29:30 / 1731 0:56:27 / 1652	1:23:56 / 1632 1:57:29 / 1531		2:28:14 / 1472 2:55:48 / 1369	3:21:03 / 1246 3:41:42 / 1126				
1059	1979	KOPACZ Marcin	PLAZA		POL		91M20/192	(M)1010	03:52:58	03:51:53 05.29
		0:25:31 / 825 0:49:40 / 706	1:14:31 / 791 1:48:27 / 929		2:21:33 / 1101 2:52:47 / 1239	3:20:08 / 1207 3:41:48 / 1128				
1060	1960	ZATON Piotr	TOMASZÓW		POL		82M30/374	(M)1011	03:53:00	03:51:50 05.29
		0:25:31 / 824 0:53:21 / 1139	1:18:03 / 1034 1:49:08 / 958		2:18:00 / 944 2:44:25 / 871	3:11:08 / 861 3:38:03 / 1017				

23.04.2012 08:44:42

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
1061	3182	ADAMCZYK Michał	POLKOWICE		POL		93M20/193	(M)1012	03:53:11	03:51:56 05.29
		0:27:12 / 1099 0:51:23 / 962	1:15:36 / 896 1:45:35 / 800	2:14:09 / 789 2:40:41 / 755	3:12:21 / 894 3:39:37 / 1060					
1062	1699	ŻYGALA Paweł	PRZEMYŚL		POL / TAŚ TAŚ		76M30/375	(M)1013	03:53:11	03:52:50 05.31
		0:27:12 / 1098 0:48:28 / 545	1:13:17 / 600 1:43:40 / 636	2:13:01 / 733 2:41:42 / 784	3:12:29 / 903 3:38:46 / 1038					
1063	1433	MIKOŁAJCZYK Henryk	RZESZÓW		POL		68M40/285	(M)1014	03:53:12	03:51:50 05.29
		0:29:07 / 1644 0:56:16 / 1624	1:23:52 / 1614 1:56:12 / 1462	2:26:16 / 1395 2:52:49 / 1242	3:18:14 / 1132 3:40:07 / 1075					
1064	2861	LANGE Zbigniew	KRAKÓW		POL		70M40/286	(M)1015	03:53:20	03:52:00 05.29
		0:28:27 / 1485 0:55:06 / 1466	1:21:43 / 1424 1:53:58 / 1332	2:23:56 / 1284 2:50:56 / 1181	3:16:36 / 1086 3:40:32 / 1087					
1065	1632	JASKOWSKA Bożena	RZESZOW		POL / RZESZOWSKIE GAZELE I GEPARDY		78K30/17	(K)50	03:53:21	03:51:56 05.29
		0:28:27 / 1484 0:56:04 / 1594	1:22:47 / 1532 1:55:34 / 1427	2:26:11 / 1393 2:53:52 / 1294	3:20:16 / 1214 3:41:20 / 1110					
1066	2100	GAŚIOROWSKI Hubert	KRAKÓW		POL 694259394 /		80M30/376	(M)1016	03:53:22	03:51:34 05.29
		0:29:29 / 1729 0:56:18 / 1630	1:23:17 / 1571 1:56:17 / 1467	2:27:08 / 1429 2:54:30 / 1319	3:20:36 / 1226 3:41:10 / 1104					
1067	2266	DOROSZUK Cezary	BIALA PODLASKA		POL		83M20/194	(M)1017	03:53:23	03:52:55 05.31
		0:25:05 / 625 0:49:37 / 666	1:13:56 / 655 1:43:38 / 617	2:27:08 / 1430 2:46:59 / 969	3:18:18 / 1139 3:41:13 / 1106					
1068	1573	PTAK Grzegorz	NOWY SĄCZ		POL		74M30/377	(M)1018	03:53:27	03:51:30 05.29
		0:25:05 / 624 0:56:29 / 1663	1:22:36 / 1507 1:54:24 / 1351	2:23:27 / 1251 2:46:59 / 968	3:16:52 / 1091 3:39:58 / 1069					
1069	2312	GIEMZA Stanisław	BIELSKO-BIALA		POL / AZS AWF KATOWICE		51M60/27	(M)1019	03:53:32	03:52:20 05.30
		0:28:55 / 1595 0:55:34 / 1527	1:22:19 / 1472 1:55:10 / 1395	2:23:27 / 1252 2:53:38 / 1287	3:20:26 / 1219 3:41:33 / 1117					
1070	1415	KAJETANIAK Mariusz	RYBNIK		POL / POLITECHNIKA ŚLĄSKA		90M20/195	(M)1020	03:53:32	03:52:59 05.31
		0:23:39 / 391 0:46:32 / 399	1:10:21 / 429 1:42:01 / 524	2:16:28 / 882 2:47:55 / 999	3:15:36 / 1051 3:40:20 / 1082					
1071	2919	STAŃCZYK Dawid	RUMIA		POL		82M30/378	(M)1021	03:53:33	03:53:01 05.31
		0:23:12 / 287 0:45:49 / 292	1:09:08 / 309 1:38:22 / 379	2:08:01 / 471 2:36:48 / 602	3:05:36 / 700 3:32:50 / 840					
1072	2907	RYBARZ Witold	BRZESZCZE		POL		71M40/287	(M)1022	03:53:36	03:52:23 05.30
		0:27:32 / 1164 0:52:56 / 1101	1:18:55 / 1101 1:51:00 / 1064	2:22:18 / 1141 2:49:29 / 1087	3:16:00 / 1064 3:39:10 / 1051					
1073	2944	WOŹNIAK Łukasz	WIELICZKA		POL / MCT		78M30/379	(M)1023	03:53:40	03:52:24 05.30
		0:27:51 / 1303 0:54:12 / 1335	1:20:32 / 1305 1:53:05 / 1254	2:23:01 / 1221 2:50:20 / 1151	3:17:00 / 1099 3:39:48 / 1066					
1074	3239	KRAWCZYK Michał	WARSZAWA		POL		78M30/380	(M)1024	03:53:40	03:53:14 05.31
		0:25:08 / 656 0:50:02 / 841	1:15:03 / 850 1:47:14 / 889	2:15:46 / 852 2:42:11 / 800	3:11:32 / 874 3:35:46 / 954					
1075	2273	WYLEGALSKI Piotr	WROCLAW		POL / YETITEAM		71M40/288	(M)1025	03:53:42	03:52:08 05.30
		0:29:39 / 1763 0:56:43 / 1702	1:22:47 / 1535 1:54:37 / 1362	2:24:54 / 1325 2:52:44 / 1235	3:18:24 / 1143 3:40:25 / 1084					
1076	714	MIKUŚ Marcin	WROCLAW		POL		81M30/381	(M)1026	03:53:45	03:52:51 05.31
		0:27:56 / 1322 0:54:16 / 1356	1:20:39 / 1335 1:53:05 / 1249	2:23:21 / 1244 2:51:17 / 1196	3:18:24 / 1142 3:41:13 / 1105					
1077	3368	FARRINGTON Lee	LONDON		GBR / SERPENTINE		79M30/382	(M)1027	03:53:45	03:52:03 05.29
		0:28:11 / 1415 0:53:56 / 1220	1:19:50 / 1180 1:51:59 / 1128	2:22:16 / 1138 2:49:47 / 1118	3:15:52 / 1058 3:40:18 / 1081					
1078	1402	BRZOZA Michał	WARSZAWA		POL		73M30/383	(M)1028	03:53:47	03:51:59 05.29
		0:30:34 / 2070 0:56:52 / 1726	1:23:06 / 1558 1:55:10 / 1393	2:25:42 / 1371 2:53:04 / 1257	3:19:17 / 1169 3:41:49 / 1130					
1079	1194	OREMUS Ryszard	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW		48M60/28	(M)1029	03:53:52	03:52:42 05.30
		0:28:57 / 1604 0:56:10 / 1610	1:23:40 / 1598 1:57:22 / 1525	2:28:43 / 1511 2:56:40 / 1403	3:21:49 / 1262 3:42:06 / 1143					
1080	3256	PUSKARCZYK Wojciech	KRAKÓW		POL / 'UKS "POGÓRZE"		79M30/384	(M)1030	03:53:55	03:52:37 05.30
		0:29:31 / 1732 0:56:04 / 1595	1:22:36 / 1505 1:55:30 / 1419	2:25:43 / 1373 2:53:30 / 1278	3:19:40 / 1186 3:40:52 / 1096					
1081	2485	BRZÓZKA Norbert	DĄBROWA GÓRNICZA		POL / POGORIA BIEGA		74M30/385	(M)1031	03:53:57	03:52:55 05.31
		0:28:41 / 1538 0:55:59 / 1587	1:22:41 / 1519 1:55:23 / 1410	2:25:49 / 1380 2:53:41 / 1288	3:20:57 / 1242 3:41:50 / 1132					
1082	2802	LIPKA Bogusław	GLIWICE		POL		54M50/135	(M)1032	03:54:00	03:52:13 05.30
		0:28:41 / 1539 0:55:50 / 1564	1:21:48 / 1431 1:53:45 / 1315	2:23:55 / 1282 2:50:31 / 1165	3:16:03 / 1066 3:38:20 / 1027					
1083	1544	PIEKARCZYK Grzegorz	TARNÓW		POL		87M20/196	(M)1033	03:54:04	03:53:02 05.31
		0:27:52 / 1309 0:54:07 / 1283	1:20:09 / 1202 1:52:04 / 1131	2:22:02 / 1132 2:49:52 / 1126	3:16:20 / 1080 3:41:36 / 1122					
1084	2463	PIETRZYK Wojciech	KRAKÓW		POL		77M30/386	(M)1034	03:54:05	03:53:59 05.32
		0:21:35 / 188 0:42:43 / 158	1:03:59 / 142 1:30:28 / 145	2:02:59 / 310 2:37:34 / 636	3:08:55 / 794 3:38:47 / 1040					
1085	2523	MAŁKINSKI Józef	BYDGOSZCZ		POL / NIEZRZESZONY		57M50/136	(M)1035	03:54:08	03:53:38 05.32
		0:24:47 / 561 0:48:37 / 558	1:13:13 / 597 1:43:53 / 678	2:15:53 / 861 2:44:58 / 889	3:12:41 / 911 3:38:07 / 1019					
1086	3115	VRÁGA Zdeněk	ROŽNOV POD		CZE		58M50/137	(M)1036	03:54:10	03:54:01 05.32
		0:23:30 / 343 0:46:22 / 346	1:09:22 / 378 1:37:41 / 351	2:06:27 / 415 2:38:10 / 654	3:10:32 / 834 3:29:46 / 754					
1087	3116	VRÁGA Filip	ROŽNOV POD		CZE / AK ASICS KROMĚŘÍŽ		88M20/197	(M)1037	03:54:10	03:53:57 05.32
		0:23:31 / 346 0:46:22 / 335	1:09:22 / 379 1:37:41 / 352	2:06:28 / 417 2:38:11 / 655	3:10:32 / 836 3:35:49 / 957					
1088	1932	GRUSZECKI Czesław	GDAŃSK		POL / GRUPA TRÓJMIASTO		54M50/138	(M)1038	03:54:12	03:53:53 05.32
		0:25:19 / 744 0:49:46 / 766	1:14:06 / 726 1:44:08 / 697	2:13:23 / 754 2:41:05 / 766	3:10:04 / 817 3:38:32 / 1031					
1089	1876	BRYKSY Mirosław	KRAKÓW		POL		78M30/387	(M)1039	03:54:14	03:53:36 05.32
		0:25:59 / 916 0:50:25 / 889	1:15:26 / 886 1:46:44 / 859	2:18:48 / 982 2:49:24 / 1073	3:18:23 / 1141 3:41:14 / 1108					

23.04.2012 08:44:43

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
1119	1010	KOSMALA Paweł	SOSNOWIEC		POL / VAJRA TEAM	69M40/297			(M)1065	03:54:49	03:53:36 05.32
		0:27:37 / 1197	0:53:59 / 1232	1:20:12 / 1205	1:52:52 / 1179	2:23:10 / 1230	2:50:11 / 1143	3:15:57 / 1059	3:39:35 / 1058		
1120	700	NOWAK Grzegorz	CZELADZ		POL / TTKF SATURN CZELADZ	75M30/398			(M)1066	03:54:49	03:54:22 05.33
		0:25:44 / 881	0:50:19 / 871	1:15:04 / 854	1:44:57 / 749	2:15:37 / 849	2:45:54 / 929	3:13:55 / 997	3:38:48 / 1041		
1121	2636	DENIS Berger	PARIS		FRA	79M30/399			(M)1067	03:54:51	03:54:19 05.33
		0:25:44 / 882	0:52:08 / 1025	1:17:59 / 1025	1:50:24 / 1033	2:21:35 / 1103	2:50:11 / 1144	3:13:55 / 998	3:41:38 / 1124		
1122	2637	BETTING Laurent	KRAKOW		FRA	69M40/298			(M)1068	03:54:51	03:54:19 05.33
		0:26:24 / 979	0:52:07 / 1022	1:18:06 / 1039	1:50:26 / 1035	2:21:36 / 1105	2:50:19 / 1149	3:13:55 / 999	3:41:45 / 1127		
1123	2946	CHARLOPIN Bertrand	PARIS		FRA	70M40/299			(M)1069	03:54:52	03:54:19 05.33
		0:26:21 / 972	0:52:08 / 1023	1:17:59 / 1026	1:50:23 / 1031	2:21:36 / 1104	2:50:11 / 1142	3:13:55 / 1000	3:41:39 / 1125		
1124	3329	PIOTROWSKI Paweł	GOSTYŃ		POL / NIEZRZESZONY	75M30/400			(M)1070	03:54:53	03:54:15 05.33
		0:27:10 / 1091	0:52:29 / 1044	1:17:52 / 1015	1:48:31 / 932	2:18:08 / 950	2:46:30 / 954	3:15:05 / 1033	3:40:50 / 1095		
1125	444	BARTULA Piotr	KARKÓW		POL	74M30/401			(M)1071	03:54:54	03:54:39 05.33
		0:23:16 / 294	0:46:02 / 299	1:09:14 / 313	1:39:05 / 408	2:11:47 / 686	2:45:43 / 921	3:19:11 / 1163	3:42:41 / 1157		
1126	2174	ADAMCZYK Krzysztof	GORLICE		POL / GORLICE	87M20/204			(M)1072	03:54:55	03:54:38 05.33
		0:25:15 / 713	0:50:37 / 900	1:16:23 / 930	1:48:33 / 934	2:19:51 / 1026	2:48:29 / 1026	3:16:06 / 1068	3:41:35 / 1119		
1127	1491	BIAŁEK Tomasz	WROCLAW		POL / PRO-RUN WROCLAW	84M20/205			(M)1073	03:54:57	03:53:25 05.31
		0:30:14 / 1933	0:56:09 / 1606	1:22:48 / 1536	1:56:16 / 1466	2:28:07 / 1466	2:56:27 / 1394	3:23:06 / 1304	3:43:39 / 1190		
1128	2319	SOCZYŃSKI Piotr	KRAKÓW		POL	73M30/402			(M)1074	03:54:57	03:54:07 05.32
		0:27:43 / 1252	0:54:07 / 1278	1:20:27 / 1272	1:53:08 / 1260	2:24:32 / 1309	2:53:56 / 1299	3:20:40 / 1228	3:42:41 / 1156		
1129	2950	KAPUSTA Ewelina	JEZIORZANY		POL	87K20/17			(K)55	03:54:59	03:54:12 05.33
		0:27:43 / 1253	0:53:57 / 1223	1:20:22 / 1230	1:53:04 / 1247	2:25:09 / 1340	2:53:51 / 1292	3:20:41 / 1231	3:42:45 / 1158		
1130	3123	GOLONKA Mateusz	GORLICE		POL / FESTIWAL BIEGOWY KRYNICA / DRUŻYNA SZPIK	89M20/206			(M)1075	03:55:00	03:53:35 05.32
		0:28:16 / 1440	0:53:57 / 1225	1:20:21 / 1229	1:53:04 / 1248	2:25:09 / 1339	2:53:51 / 1293	3:20:41 / 1229	3:42:45 / 1159		
1131	190	TORŁOP Przemysław	GDAŃSK		POL / GRUPA TRÓJMIASTO/PORT GDANSK "EKSPLAT	66M40/300			(M)1076	03:55:01	03:54:15 05.33
		0:27:08 / 1090	0:53:00 / 1109	1:19:50 / 1181	1:54:29 / 1355	2:25:48 / 1378	2:57:48 / 1462	3:23:20 / 1309	3:43:20 / 1176		
1132	1193	ADAMCZEWSKI Marek	PIASECZNO		POL	70M40/301			(M)1077	03:55:02	03:53:46 05.32
		0:28:47 / 1560	0:55:37 / 1545	1:22:11 / 1456	1:54:58 / 1379	2:25:21 / 1352	2:52:02 / 1216	3:18:15 / 1136	3:41:57 / 1138		
1133	3357	KĄDZIELA Marcin			POL	81M30/403			(M)1078	03:55:04	03:54:17 05.33
		0:28:47 / 1561	0:53:37 / 1187	1:19:31 / 1143	1:50:34 / 1041	2:20:09 / 1040	2:48:03 / 1008	3:14:35 / 1016	3:40:10 / 1077		
1134	1086	BOGDANOWICZ Maria	WROCLAW		POL	66K40/13			(K)56	03:55:10	03:54:39 05.33
		0:25:51 / 896	0:51:28 / 973	1:17:44 / 1004	1:50:47 / 1050	2:22:31 / 1152	2:51:21 / 1197	3:19:25 / 1172	3:42:39 / 1155		
1135	2137	GONCERZ Grzegorz	KRAKÓW		POL	66M40/302			(M)1079	03:55:11	03:54:54 05.34
		0:25:18 / 743	0:50:09 / 853	1:15:36 / 897	1:48:29 / 930	2:21:06 / 1081	2:49:57 / 1131	3:18:27 / 1146	3:41:55 / 1137		
1136	2286	ŻMUDA Michał	RASZYN		POL / KS RASZYN	77M30/404			(M)1080	03:55:12	03:54:43 05.33
		0:26:08 / 942	0:51:39 / 986	1:17:20 / 979	1:49:00 / 947	2:19:46 / 1023	2:49:10 / 1055	3:18:09 / 1124	3:42:10 / 1145		
1137	1869	ARASZKIEWICZ Anna	KRAKÓW		POL / HR MAX	79K30/19			(K)57	03:55:12	03:54:26 05.33
		0:27:24 / 1138	0:53:29 / 1170	1:19:34 / 1157	1:51:47 / 1112	2:22:53 / 1179	2:51:31 / 1203	3:19:34 / 1185	3:42:48 / 1160		
1138	3290	DE SAS TOPOLNICKI Michał	RYBNIK		POL / SBD ENERGETYK RYBNIK	85M20/207			(M)1081	03:55:14	03:54:09 05.32
		0:27:24 / 1139	0:53:38 / 1191	1:19:41 / 1171	1:51:38 / 1102	2:21:53 / 1128	2:49:16 / 1062	3:16:06 / 1067	3:40:53 / 1098		
1139	2701	KAMIŃSKA Karolina	KRAKÓW		POL / SHELL SBSC KRAKÓW	82K30/20			(K)58	03:55:15	03:54:14 05.33
		0:28:14 / 1433	0:55:05 / 1463	1:22:25 / 1484	1:55:29 / 1417	2:26:30 / 1405	2:54:46 / 1329	3:21:14 / 1249	3:40:53 / 1097		
1140	800	SZPARAGA Dorota	PIASTÓW		POL	73K30/21			(K)59	03:55:15	03:53:54 05.32
		0:29:00 / 1612	0:56:25 / 1646	1:23:46 / 1603	1:57:14 / 1510	2:28:22 / 1487	2:56:22 / 1385	3:22:14 / 1279	3:43:30 / 1179		
1141	1896	CIEŚLAK Adam	CZĘSTOCHOWA		POL	74M30/405			(M)1082	03:55:16	03:54:38 05.33
		0:25:38 / 852	0:49:51 / 799	1:14:13 / 757	1:43:57 / 686	2:12:27 / 708	2:44:41 / 879	3:14:16 / 1008	3:40:01 / 1070		
1142	1397	MÉSZÁROS Zoltán	KECSKEMÉT		HUN / HÍRÓS FUTÓKLUB KECSKEMÉT	55M50/139			(M)1083	03:55:20	03:54:08 05.32
		0:27:41 / 1231	0:53:51 / 1212	1:20:03 / 1197	1:52:30 / 1161	2:22:52 / 1175	2:50:38 / 1168	3:19:11 / 1165	3:42:35 / 1154		
1143	1716	ANASZEWSKI Andrzej	WROCLAW		POL	68M40/303			(M)1084	03:55:24	03:54:57 05.34
		0:25:24 / 775	0:49:56 / 817	1:14:55 / 829	1:45:33 / 793	2:17:22 / 913	2:47:01 / 970	3:18:35 / 1147	3:41:15 / 1109		
1144	303	KRZYSZTOFIK Mariusz	GLUPCZÓW		POL	81M30/406			(M)1085	03:55:26	03:54:33 05.33
		0:27:37 / 1195	0:54:07 / 1285	1:20:25 / 1257	1:52:55 / 1193	2:22:54 / 1187	2:50:10 / 1140	3:17:22 / 1105	3:40:43 / 1092		
1145	1468	NIEMIR Aleksander	POZNAŃ		POL / KB MANIAC POZNAŃ	65M40/304			(M)1086	03:55:31	03:54:48 05.33
		0:25:37 / 849	0:50:14 / 860	1:14:48 / 819	1:45:21 / 776	2:17:13 / 906	2:48:12 / 1012	3:17:43 / 1115	3:42:00 / 1139		
1146	1511	SACHA Krzysztof	KRAKÓW		POL / UNIWERSYTET JAGIELLOŃSKI	70M40/305			(M)1087	03:55:34	03:54:55 05.34
		0:27:02 / 1072	0:53:27 / 1157	1:19:50 / 1182	1:52:13 / 1143	2:23:42 / 1274	2:52:28 / 1228	3:20:12 / 1210	3:42:58 / 1164		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]	
Check pts:											
1350	1745	REKAWEK Artur	GARWOLIN		POL		71M40/358	(M)1283	04:00:22	03:58:54 05.39	
		0:29:23 / 1703 0:56:17 / 1629	1:22:45 / 1528 1:55:22 / 1407	2:26:31 / 1406 2:56:16 / 1382	3:25:19 / 1394 3:47:51 / 1359						
1351	939	MIGDAŁ Rafał	LUBOŃ		POL		73M30/479	(M)1284	04:00:26	03:59:20 05.40	
		0:29:43 / 1780 0:57:19 / 1768	1:24:41 / 1703 1:57:57 / 1558	2:28:14 / 1473 2:57:41 / 1456	3:25:27 / 1403 3:48:42 / 1401						
1352	63	GAWRON Tomasz	KONSTANCIN-JEZIORNA		POL		58M50/168	(M)1285	04:00:27	03:59:28 05.40	
		0:29:51 / 1807 0:57:59 / 1833	1:26:05 / 1944 2:00:32 / 1802	2:32:25 / 1779 3:00:37 / 1612	3:26:55 / 1486 3:48:15 / 1387						
1353	1267	KARDOL Hans	'S-GRAVENHAGE		NED		72M40/359	(M)1286	04:00:27	03:59:16 05.40	
		0:25:36 / 846 0:50:00 / 830	1:14:14 / 761 1:44:02 / 693	2:13:40 / 767 2:42:35 / 821	3:13:22 / 934 3:44:28 / 1217						
1354	1792	ZAGÓRSKI Jerzy	JEDLICZE		POL / RADOŚĆ		87M20/245	(M)1287	04:00:28	03:59:59 05.41	
		0:25:22 / 761 0:49:53 / 808	1:14:15 / 765 1:44:34 / 730	2:13:47 / 773 2:42:01 / 796	3:18:09 / 1122 3:49:19 / 1420						
1355	810	WOJEWÓDZKA Sylwia	PŁOCK		POL		75K30/25	(K)68	04:00:30	03:59:18 05.40	
		0:27:57 / 1332 0:54:09 / 1306	1:20:29 / 1282 1:53:07 / 1257	2:25:27 / 1361 2:55:01 / 1341	3:23:57 / 1340 3:47:03 / 1307						
1356	3333	JANUSZEK Leon	BOURGOIN JALLIEU		FRA		62M50/169	(M)1288	04:00:31	04:00:19 05.41	
		0:24:11 / 461 0:48:37 / 559	1:13:28 / 614 1:45:04 / 759	2:20:31 / 1056 2:56:02 / 1378	3:25:25 / 1400 3:48:24 / 1393						
1357	2545	KOLASSA Ryszard	SKÓRCZ		POL / NIEZRZESZONY		61M50/170	(M)1289	04:00:31	03:59:07 05.40	
		0:29:55 / 1817 0:57:41 / 1808	1:25:29 / 1769 2:00:12 / 1733	2:31:31 / 1651 2:59:38 / 1552	3:26:39 / 1456 3:47:52 / 1366						
1358	2117	WOJTAN Robert	ZĄBKI		POL / PKO BP		71M40/360	(M)1290	04:00:32	03:58:55 05.39	
		0:30:17 / 1960 0:58:11 / 1955	1:25:53 / 1875 2:00:20 / 1749	2:32:07 / 1708 3:00:37 / 1609	3:26:38 / 1454 3:48:05 / 1379						
1359	300	KASPRZAK Marek	GDYNIA		POL / OZMW W GDYNI		85M20/246	(M)1291	04:00:32	03:59:51 05.41	
		0:27:38 / 1204 0:54:05 / 1263	1:20:20 / 1226 1:53:09 / 1262	2:32:07 / 1707 2:52:18 / 1220	3:22:39 / 1290 3:47:49 / 1351						
1360	3073	PAWLIKOWSKI Jacek	KRAKÓW		POL / 'PRZEWODNIK KRAKOWSKI KLUB KULTURY FIZYC		68M40/361	B1/1	(M)1292	04:00:34	03:59:22 05.40
		0:28:30 / 1493 0:54:23 / 1387	1:21:36 / 1417 1:55:51 / 1443	2:27:40 / 1455 2:57:01 / 1419	3:24:33 / 1359 3:47:55 / 1373						
1361	3350	BARAN Beata	KRAKÓW		POL / FESTIWAL BIEGOWY KRYNICA		67K40/18	(K)69	04:00:34	03:59:25 05.40	
		0:28:29 / 1489 0:54:24 / 1389	1:21:34 / 1412 1:55:51 / 1441	2:29:39 / 1555 2:58:45 / 1501	3:26:10 / 1434 3:47:53 / 1371						
1362	1648	SZCZERZEK Zbigniew	ZABRZE		POL		55M50/171	(M)1293	04:00:36	03:59:41 05.40	
		0:27:37 / 1190 0:54:03 / 1246	1:20:28 / 1279 1:53:03 / 1242	2:24:27 / 1304 2:53:57 / 1300	3:23:22 / 1311 3:47:37 / 1329						
1363	1348	ŁUGOWSKI Igor	LUBIN		POL / KORZENIE-PIEŃSK		73M30/480	(M)1294	04:00:36	03:59:12 05.40	
		0:29:58 / 1825 0:58:00 / 1841	1:25:47 / 1810 2:00:27 / 1763	2:32:16 / 1737 3:00:33 / 1603	3:26:45 / 1482 3:47:57 / 1375						
1364	767	SZYMCZYK Bartłomiej	LONDON, UK		POL		77M30/481	(M)1295	04:00:37	03:59:13 05.40	
		0:29:58 / 1824 0:57:57 / 1830	1:25:26 / 1765 1:59:12 / 1641	2:30:01 / 1569 2:57:38 / 1451	3:24:23 / 1353 3:48:39 / 1400						
1365	2571	BRODZIAK Hanna	PUDLISZKI		POL		74K30/26	(K)70	04:00:38	03:59:15 05.40	
		0:29:25 / 1714 0:57:05 / 1739	1:25:14 / 1741 1:59:27 / 1664	2:31:15 / 1635 3:00:07 / 1577	3:26:40 / 1459 3:48:09 / 1383						
1366	2076	JANAS Dariusz	DĄBROWA GÓRNICZA		POL		74M30/482	(M)1296	04:00:40	03:59:37 05.40	
		0:28:37 / 1520 0:55:52 / 1567	1:22:41 / 1518 1:55:23 / 1408	2:25:50 / 1382 2:53:41 / 1289	3:20:56 / 1239 3:47:05 / 1309						
1367	1937	PAROBCZY Ryszard	SIECHNICE		POL		66M40/362	(M)1297	04:00:41	03:59:56 05.41	
		0:27:37 / 1189 0:53:45 / 1204	1:20:20 / 1222 1:52:54 / 1182	2:22:55 / 1196 2:50:22 / 1156	3:21:32 / 1256 3:45:42 / 1254						
1368	2778	KANIA Zbigniew	KRAKÓW		POL		68M40/363	(M)1298	04:00:41	03:59:22 05.40	
		0:28:42 / 1545 0:55:43 / 1553	1:23:31 / 1587 1:57:29 / 1530	2:29:27 / 1545 2:58:56 / 1515	3:27:02 / 1496 3:49:23 / 1423						
1369	2202	PETZA Maciej	POZNAŃ		POL		66M40/364	(M)1299	04:00:41	03:58:33 05.39	
		0:30:16 / 1958 0:58:12 / 1961	1:25:34 / 1779 1:59:27 / 1663	2:30:57 / 1616 2:58:12 / 1483	3:23:40 / 1326 3:47:23 / 1322						
1370	929	WOJDAŁA Agnieszka	ZIELONKI		POL / SHELL SBSC KRAKÓW		81K30/27	(K)71	04:00:42	04:00:04 05.41	
		0:28:12 / 1422 0:55:43 / 1554	1:23:31 / 1585 1:57:29 / 1532	2:29:28 / 1546 2:58:59 / 1517	3:27:01 / 1495 3:49:23 / 1424						
1371	2618	SZOCIŃSKI-KLEIN Marek	LUBLIN		POL		76M30/483	(M)1300	04:00:42	03:57:59 05.38	
		0:36:22 / 2967 1:03:40 / 2572	1:31:15 / 2295 2:05:17 / 2088	2:36:36 / 1985 3:05:10 / 1832	3:29:52 / 1607 3:50:27 / 1446						
1372	1071	WLAZŁOWSKI Radosław	GDAŃSK		POL		80M30/484	(M)1301	04:00:43	03:59:13 05.40	
		0:30:17 / 1961 0:58:11 / 1956	1:26:02 / 1930 2:00:43 / 1838	2:32:22 / 1766 3:00:41 / 1636	3:26:51 / 1484 3:48:43 / 1403						
1373	3436	ZALISKO Oksana	LVIV		UKR / LVIVSKA POLITECHNIKA		56K50/6	(K)72	04:00:44	03:59:15 05.40	
		0:29:54 / 1811 0:57:44 / 1812	1:25:30 / 1771 2:00:13 / 1739	2:32:38 / 1794 3:01:55 / 1683	3:28:06 / 1541 3:49:17 / 1417						
1374	1863	ODOLCZYK Roman	WARSZAWA		POL		61M50/172	(M)1302	04:00:47	03:59:02 05.39	
		0:28:21 / 1464 0:53:56 / 1219	1:18:50 / 1091 1:49:28 / 981	2:19:37 / 1014 2:51:25 / 1201	3:23:43 / 1330 3:47:14 / 1318						
1375	3100	PIETRZYK Tomasz	KRAKÓW		POL		69M40/365	(M)1303	04:00:48	03:58:45 05.39	
		0:30:52 / 2171 0:58:33 / 2062	1:26:03 / 1933 2:00:38 / 1823	2:32:24 / 1774 3:00:52 / 1646	3:27:01 / 1493 3:48:31 / 1396						
1376	2989	CIEPIELA Dariusz	CZELADŹ		POL		72M40/366	(M)1304	04:00:51	04:00:08 05.41	
		0:27:57 / 1334 0:54:19 / 1368	1:21:26 / 1399 1:53:52 / 1325	2:26:58 / 1424 2:54:52 / 1337	3:23:45 / 1331 3:48:19 / 1390						
1377	812	WASILEWSKI Paweł	JAROTY		POL / WSOWL WROCŁAW		72M40/367	(M)1305	04:00:54	03:59:13 05.40	
		0:29:38 / 1761 0:57:14 / 1759	1:25:21 / 1755 1:59:19 / 1650	2:30:46 / 1599 2:59:27 / 1539	3:25:51 / 1418 3:47:44 / 1338						

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
1465	948	FRAJ Krzysztof	PIOTRKÓW TRYB.	 POL			60M50/180		(M)1384	04:04:41	04:03:52 05.46
		0:27:47 / 1277	0:54:09 / 1312	1:20:35 / 1323	1:53:48 / 1318	2:27:12 / 1433	2:57:57 / 1474	3:26:43 / 1471	3:51:17 / 1476		
1466	2776	VATKA Riitta	NOKIA	 FIN			63K40/20		(K)82	04:04:42	04:03:28 05.46
		0:28:43 / 1547	0:55:23 / 1510	1:22:30 / 1490	1:56:15 / 1464	2:28:48 / 1517	2:58:37 / 1497	3:27:23 / 1515	3:51:11 / 1475		
1467	658	KASIŃSKI Andrzej	RADZIONKÓW	 POL			76M30/520		(M)1385	04:04:46	04:04:08 05.47
		0:28:43 / 1546	0:48:45 / 578	1:12:27 / 541	1:42:10 / 532	2:15:03 / 820	2:56:43 / 1405	3:26:11 / 1435	3:50:03 / 1437		
1468	2607	MARKS Eliza	BIBICE	 POL			74K30/33		(K)83	04:04:47	04:03:30 05.46
		0:29:11 / 1666	0:56:43 / 1703	1:24:26 / 1669	1:58:36 / 1598	2:31:13 / 1630	3:00:17 / 1587	3:27:03 / 1497	3:50:53 / 1463		
1469	2645	LIWORA Piotr	RUDAWA	 POL	RUDAWA TEAM		92M20/260		(M)1386	04:04:48	04:03:52 05.46
		0:27:58 / 1340	0:55:31 / 1518	1:21:47 / 1430	1:54:22 / 1348	2:25:17 / 1349	2:54:40 / 1325	3:22:57 / 1299	3:49:24 / 1425		
1470	985	MACIEWICZ Dariusz	KODEN	 POL	AKTYWNI KODEN		75M30/521		(M)1387	04:04:49	04:02:42 05.45
		0:27:58 / 1339	0:58:10 / 1951	1:26:01 / 1920	2:00:42 / 1836	2:32:39 / 1795	3:02:44 / 1714	3:29:54 / 1609	3:52:16 / 1513		
1471	2418	GIERULA Robert	KRAKÓW	 POL	UBS RUNNING TEAM		64M40/390		(M)1388	04:04:50	04:03:03 05.45
		0:30:05 / 1855	0:57:10 / 1750	1:24:19 / 1662	1:57:47 / 1551	2:28:54 / 1521	2:57:39 / 1452	3:25:50 / 1417	3:50:04 / 1439		
1472	72	WÓJCIK Piotr	WARSZAWA	 POL	WARSZAWIAKY ATHLETICS CLUB		65M40/391		(M)1389	04:04:51	04:04:10 05.47
		0:27:31 / 1162	0:53:57 / 1221	1:20:14 / 1210	1:52:34 / 1163	2:23:56 / 1283	2:53:11 / 1267	3:21:41 / 1260	3:47:48 / 1345		
1473	3083	WYPYCH Paweł	BOBROWIEC	 POL			71M40/392		(M)1390	04:04:51	04:03:52 05.46
		0:30:35 / 2081	0:59:31 / 2174	1:28:24 / 2144	2:03:22 / 2013	2:35:44 / 1950	3:04:11 / 1799	3:30:12 / 1616	3:52:15 / 1512		
1474	3084	NASKRĘT Arkadiusz	WARSZAWA	 POL	IBM		72M40/393		(M)1391	04:04:53	04:03:04 05.45
		0:30:33 / 2062	0:58:23 / 2015	1:26:03 / 1936	2:00:30 / 1788	2:31:54 / 1690	3:00:20 / 1590	3:27:12 / 1503	3:51:04 / 1470		
1475	155	FUNGHINI Thierry	PUGET- VILLE	 FRA	CA-PUGET.TEAM RAIDLIGHT		64M40/394		(M)1392	04:04:54	04:03:21 05.46
		0:28:11 / 1417	0:54:04 / 1257	1:20:27 / 1271	1:53:57 / 1330	2:25:30 / 1364	2:56:25 / 1392	3:26:43 / 1469	3:51:19 / 1477		
1476	1814	FILEWICZ Mariusz	POZNAŃ	 POL			83M20/261		(M)1393	04:04:57	04:02:40 05.45
		0:32:17 / 2354	0:59:33 / 2176	1:26:37 / 2002	2:00:27 / 1765	2:31:05 / 1624	3:01:50 / 1679	3:29:17 / 1587	3:52:51 / 1532		
1477	2176	GOŁĘBIOWSKI Ludwik	WARSZAWA	 POL			83M20/262		(M)1394	04:05:02	04:04:06 05.47
		0:32:17 / 2355	0:56:17 / 1627	1:23:16 / 1568	1:56:50 / 1491	2:28:15 / 1474	2:57:02 / 1421	3:25:26 / 1401	3:49:26 / 1426		
1478	738	MROZ Stanisław	ŁĄBOWA	 POL	NOWOMAG NOWY SĄCZ		50M60/37		(M)1395	04:05:08	04:05:03 05.48
		0:24:53 / 582	0:49:14 / 606	1:14:03 / 714	1:45:09 / 765	2:15:37 / 848	2:47:08 / 975	3:27:31 / 1520	3:51:33 / 1484		
1479	1619	LIS Piotr	TORUŃ	 POL	KM TRUCHCIK ŁUBIANKA		78M30/522		(M)1396	04:05:08	04:04:46 05.48
		0:25:05 / 628	0:49:36 / 661	1:13:56 / 659	1:44:46 / 739	2:16:45 / 892	2:47:12 / 978	3:19:59 / 1201	3:48:10 / 1385		
1480	2753	LAKHLOUFI Ahmed	CASABLANCA	 MAR	CMCF		87M20/263		(M)1397	04:05:09	04:03:53 05.46
		0:29:14 / 1674	0:55:13 / 1487	1:21:32 / 1411	1:53:05 / 1251	2:22:58 / 1212	2:50:22 / 1158	3:20:58 / 1243	3:51:49 / 1500		
1481	103	GRZYMAŁA Sebastian	GDAŃSK	 POL	PADŁ NA RYJ TEAM		81M30/523		(M)1398	04:05:13	04:03:36 05.46
		0:28:32 / 1502	0:54:28 / 1395	1:22:06 / 1452	1:55:52 / 1446	2:28:03 / 1463	2:57:38 / 1450	3:26:21 / 1442	3:50:58 / 1464		
1482	615	KUZIMSKI Aleksander	GDAŃSK	 POL	PADŁ NA RYJ TEAM		82M30/524		(M)1399	04:05:13	04:03:52 05.46
		0:28:17 / 1445	0:55:00 / 1450	1:21:57 / 1439	1:54:35 / 1360	2:25:26 / 1359	2:54:03 / 1302	3:26:10 / 1433	3:50:58 / 1465		
1483	3139	HANUS Michał	JAWORZE	 POL			73M30/525		(M)1400	04:05:17	04:03:33 05.46
		0:28:17 / 1446	0:58:09 / 1936	1:25:59 / 1912	3:00:44 / 2991	2:32:20 / 1759	2:54:03 / 1303	3:27:05 / 1498	3:50:43 / 1456		
1484	2364	PIECHOTA Roman	KRAKÓW	 POL			75M30/526		(M)1401	04:05:21	04:03:21 05.46
		0:31:13 / 2212	0:59:51 / 2200	1:27:55 / 2108	2:02:08 / 1940	2:33:46 / 1852	3:02:12 / 1691	3:29:34 / 1598	3:52:10 / 1508		
1485	1368	SŁUPIK Tomasz	BELK	 POL	BELK		77M30/527		(M)1402	04:05:23	04:04:51 05.48
		0:25:13 / 700	0:49:19 / 617	1:13:29 / 618	1:44:07 / 695	2:16:27 / 881	2:50:37 / 1167	3:23:58 / 1342	3:51:19 / 1478		
1486	2060	MALAWSKA-KŁUSEK Eliza	KRAKÓW	 POL	LES FEMMES COURANT DANS LES FORETS		77K30/34		(K)84	04:05:26	04:03:45 05.46
		0:25:13 / 701	0:58:09 / 1941	1:25:49 / 1823	2:00:08 / 1723	2:32:22 / 1765	3:00:58 / 1651	3:29:08 / 1579	3:52:18 / 1514		
1487	1408	KOSTECKI Wiesław	LEGIONOWO	 POL	KB PIMAR LEGIONOWO		55M50/181		(M)1403	04:05:26	04:03:53 05.46
		0:30:19 / 1969	0:58:16 / 1985	1:26:13 / 1966	2:01:04 / 1868	2:33:09 / 1827	3:01:36 / 1670	3:28:33 / 1560	3:51:45 / 1494		
1488	3098	JOSSE Tomasz	HRUBIESZÓW	 POL			71M40/395		(M)1404	04:05:29	04:04:59 05.48
		0:24:53 / 585	0:48:45 / 577	1:12:56 / 573	2:49:22 / 2971	2:16:09 / 868	3:01:36 / 1671	3:23:04 / 1301	3:51:33 / 1485		
1489	327	PIĄTEK Roman	KRAKÓW	 POL	KKB DYSTANS KRAKÓW		68M40/396		(M)1405	04:05:32	04:04:26 05.47
		0:28:48 / 1569	0:56:41 / 1687	1:24:18 / 1659	1:58:00 / 1563	2:28:25 / 1496	2:57:24 / 1436	3:26:01 / 1426	3:51:33 / 1487		
1490	1722	KOZŁOWSKI Rafał	ZAWIERCIE	 POL			79M30/528		(M)1406	04:05:32	04:04:40 05.47
		0:27:49 / 1292	0:54:10 / 1314	1:20:24 / 1248	1:53:00 / 1227	2:24:05 / 1294	2:54:51 / 1336	3:24:26 / 1356	3:51:33 / 1486		
1491	1774	KRZYWONOS Bartłomiej	KRAKÓW	 POL	FC BARCELONA		86M20/264		(M)1407	04:05:33	04:04:28 05.47
		0:27:49 / 1293	0:56:42 / 1692	1:24:19 / 1663	1:58:01 / 1568	2:24:05 / 1295	2:57:24 / 1435	3:26:02 / 1428	3:51:34 / 1488		
1492	317	MISZUK Artur	SZCZECIN	 POL	HP RUN		72M40/397		(M)1408	04:05:34	04:04:33 05.47
		0:27:41 / 1230	0:54:13 / 1339	1:20:30 / 1289	1:53:15 / 1275	2:23:34 / 1258	2:54:40 / 1324	3:26:40 / 1457	3:52:58 / 1534		
1493	2380	BUDZISZEWSKI Sławomir	LUBOŃ	 POL	LUBOŃSKI KLUB BIEGACZA		72M40/398		(M)1409	04:05:38	04:04:06 05.47
		0:28:56 / 1597	0:55:31 / 1517	1:22:22 / 1477	1:55:57 / 1449	2:28:28 / 1498	2:58:11 / 1481	3:26:39 / 1455	3:51:46 / 1495		

23.04.2012 08:44:47

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
1494	3126	DREJARZ-KACZMAREK Anna	WARSZAWA		POL		79K30/35	(K)85	04:05:40	04:04:57 05.48
		0:26:28 / 988	0:52:08 / 1024	1:18:30 / 1071	1:51:57 / 1123	2:27:04 / 1425	2:57:26 / 1440	3:26:53 / 1485	3:52:28 / 1520	
1495	3396	OLĘDZKI Janusz	WARSZAWA		POL		56M50/182	(M)1410	04:05:44	04:04:48 05.48
		0:27:44 / 1260	0:53:51 / 1213	1:20:03 / 1196	1:52:38 / 1167	2:25:53 / 1388	2:59:13 / 1525	3:26:41 / 1460	3:50:51 / 1461	
1496	1750	SZPILA Maciej	RZESZÓW		POL / RZESZOWSKIE GAZELE I GEPARDY		65M40/399	(M)1411	04:05:45	04:04:21 05.47
		0:30:38 / 2095	0:58:44 / 2111	1:26:55 / 2029	2:01:35 / 1912	2:33:43 / 1848	3:02:24 / 1700	3:29:39 / 1601	3:52:24 / 1519	
1497	280	JAKUBOWICZ Mariusz	KRAKÓW		POL		75M30/529	(M)1412	04:05:47	04:04:02 05.47
		0:30:31 / 2056	0:58:27 / 2027	1:26:02 / 1929	3:00:33 / 2989	2:32:05 / 1706	3:02:24 / 1699	3:28:00 / 1537	3:53:33 / 1544	
1498	3431	CIEŚLAK Józef	WOJCIESZKÓW		POL / BRAK		61M50/183	(M)1413	04:05:48	04:05:23 05.48
		0:25:09 / 660	0:49:47 / 774	1:14:15 / 763	1:52:26 / 1154	2:25:12 / 1344	2:57:29 / 1446	3:27:59 / 1535	3:51:57 / 1502	
1499	2959	DĄBROWSKI Paweł	KRAKÓW		POL		81M30/530	(M)1414	04:05:48	04:04:12 05.47
		0:31:08 / 2205	0:58:39 / 2095	1:26:09 / 1957	2:00:16 / 1745	2:31:59 / 1697	3:00:43 / 1639	3:28:11 / 1546	3:52:14 / 1510	
1500	924	HOSTAŠA Karel	PŘEROV		SVK / KARLIK1971		71M40/400	(M)1415	04:05:48	04:04:20 05.47
		0:30:19 / 1971	0:58:07 / 1904	1:25:52 / 1847	2:00:40 / 1829	2:32:20 / 1757	3:00:48 / 1644	3:28:03 / 1538	3:51:42 / 1491	
1501	222	MALINOWSKI Witold	NOWY SĄCZ		POL		60M50/184	(M)1416	04:05:49	04:05:33 05.49
		0:25:40 / 862	0:51:50 / 1003	1:18:36 / 1075	1:51:49 / 1118	2:24:56 / 1327	2:57:10 / 1427	3:27:57 / 1534	3:52:23 / 1518	
1502	1444	APOSTOŁ Paweł	KRAKÓW		POL		86M20/265	(M)1417	04:05:54	04:04:02 05.47
		0:30:34 / 2074	0:58:35 / 2072	1:26:04 / 1941	2:00:33 / 1812	2:32:23 / 1768	3:00:43 / 1638	3:27:37 / 1524	3:52:14 / 1509	
1503	2280	MICHAŁOWSKI Daniel	GRODZISK MAZOWIECKI		POL		92M20/266	(M)1418	04:05:56	04:05:03 05.48
		0:28:09 / 1400	0:56:09 / 1608	1:24:39 / 1697	1:59:48 / 1694	2:32:46 / 1808	3:02:55 / 1730	3:31:07 / 1641	3:53:10 / 1538	
1504	772	MICUDA Jan	MYSŁOWICE		POL		50M60/38	(M)1419	04:06:00	04:03:57 05.46
		0:30:15 / 1939	0:58:12 / 1960	1:25:53 / 1866	1:59:20 / 1652	2:30:48 / 1601	2:59:58 / 1565	3:28:17 / 1549	3:52:34 / 1524	
1505	1899	SOCHACKI Andrzej	WARSZAWA		POL / WWW.FIKU-MIKU.COM.PL		71M40/401	(M)1420	04:06:06	04:05:03 05.48
		0:29:19 / 1691	0:56:57 / 1728	1:24:58 / 1715	1:58:50 / 1615	2:30:04 / 1571	2:58:36 / 1495	3:26:05 / 1430	3:52:33 / 1523	
1506	1887	KUSIAK Piotr	KIELCE		POL / KKL KIELCE-ŠSKF SPRAWNI-RAZEM		65M40/402	(M)1421	04:06:11	04:05:13 05.48
		0:27:13 / 1103	0:52:52 / 1096	1:18:20 / 1058	1:49:49 / 1009	2:21:41 / 1113	2:52:56 / 1251	3:25:15 / 1391	3:51:42 / 1492	
1507	1616	SOPEL Arkadiusz	PYSKOWICE		POL / AKMB PĘDZIWIATR GIWICE		72M40/403	(M)1422	04:06:12	04:04:59 05.48
		0:27:13 / 1102	0:53:10 / 1127	1:19:27 / 1132	1:52:29 / 1157	2:27:26 / 1442	2:57:25 / 1438	3:27:53 / 1532	3:52:35 / 1525	
1508	2990	MASSOT Joseph	SOSNOWIEC		FRA / WERUN CAPGEMINI		80M30/531	(M)1423	04:06:13	04:04:38 05.47
		0:29:24 / 1709	0:55:15 / 1490	1:20:38 / 1330	1:52:58 / 1218	2:24:29 / 1307	2:55:31 / 1357	3:25:35 / 1410	3:51:52 / 1501	
1509	1882	RAWICKI Jakub	KATOWICE		POL / MATURA 2012		93M20/267	(M)1424	04:06:16	04:06:08 05.50
		0:23:42 / 398	0:46:30 / 392	1:09:21 / 372	1:37:55 / 360	2:07:15 / 444	2:40:44 / 756	3:15:35 / 1050	3:51:45 / 1493	
1510	609	MASŁOCHA Kazimiera	KRAKÓW		POL / AZS AWF KRAKÓW MASTERS		61K50/7	(K)86	04:06:19	04:05:41 05.49
		0:27:59 / 1347	0:55:52 / 1569	1:23:54 / 1620	1:58:37 / 1600	2:31:35 / 1659	3:00:40 / 1631	3:29:10 / 1582	3:52:44 / 1528	
1511	531	OLECH Zbigniew	SZCZECIN		POL / MARATOŃCZYK TEAM SZCZECIN		78M30/532	(M)1425	04:06:20	04:05:33 05.49
		0:21:16 / 136	0:48:34 / 555	1:16:03 / 919	1:49:41 / 996	2:21:51 / 1127	2:53:05 / 1259	3:23:30 / 1313	3:51:00 / 1468	
1512	2553	WSOLAK Tomek	NEKLA		POL		85M20/268	(M)1426	04:06:20	04:04:03 05.47
		0:32:20 / 2361	0:59:35 / 2181	1:26:38 / 2005	2:00:03 / 1719	2:31:11 / 1629	3:01:49 / 1677	3:31:00 / 1635	3:52:52 / 1533	
1513	2136	POGON Piotr	KRAKÓW		POL		67M40/404	Niep/8	04:06:23	04:04:57 05.48
		0:28:51 / 1579	0:55:54 / 1577	1:23:03 / 1555	1:56:47 / 1487	2:29:30 / 1548	2:59:04 / 1520	3:28:52 / 1575	3:52:44 / 1527	
1514	900	PAPALA Leszek	ŁAZISKA-GÓRNE		POL		62M50/185	(M)1428	04:06:23	04:05:25 05.48
		0:28:21 / 1461	0:55:10 / 1476	1:22:41 / 1520	1:55:49 / 1440	2:29:05 / 1530	2:57:50 / 1466	3:25:14 / 1390	3:49:42 / 1432	
1515	121	WAWRZYŃIAK Hubert	WROCLAW		POL / SEKCJA WODNA-WROCLAW		71M40/405	(M)1429	04:06:28	04:04:48 05.48
		0:30:27 / 2030	0:58:09 / 1939	1:25:38 / 1792	1:58:53 / 1616	2:30:33 / 1594	2:59:20 / 1533	3:26:59 / 1490	3:52:48 / 1529	
1516	3046	WAWRO Marcin	KRAKÓW		POL		84M20/269	(M)1430	04:06:31	04:04:41 05.47
		0:27:35 / 1174	0:49:51 / 798	1:12:34 / 550	1:41:14 / 477	2:11:43 / 682	2:46:17 / 942	3:19:51 / 1195	3:51:20 / 1480	
1517	672	KUYAWA Scott	KRAKOW		USA		58M50/186	(M)1431	04:06:32	04:05:20 05.48
		0:27:58 / 1342	0:54:17 / 1360	1:20:55 / 1362	1:53:35 / 1298	2:23:58 / 1286	2:52:51 / 1245	3:19:51 / 1194	3:50:46 / 1459	
1518	2768	KINDERIS Gediminas	KAUNO RAJ.		LTU / KAUNO BMK		63M40/406	(M)1432	04:06:33	04:05:20 05.48
		0:25:36 / 845	0:49:52 / 804	1:14:12 / 753	1:46:03 / 820	2:19:57 / 1027	2:51:25 / 1200	3:23:05 / 1303	3:50:28 / 1447	
1519	1458	JENKINS Ian	KRAKÓW		GBR		82M30/533	(M)1433	04:06:36	04:05:43 05.49
		0:26:28 / 986	0:51:53 / 1009	1:17:45 / 1005	1:50:16 / 1027	2:20:10 / 1042	2:49:10 / 1056	3:24:36 / 1362	3:51:29 / 1483	
1520	978	DUDEK Mariusz	RUDA ŚLĄSKA		POL		80M30/534	(M)1434	04:06:38	04:05:42 05.49
		0:27:51 / 1302	0:54:14 / 1344	1:20:38 / 1331	1:53:22 / 1289	2:27:35 / 1450	2:58:46 / 1502	3:28:06 / 1540	3:52:22 / 1516	
1521	1082	WYCZÓLKOWSKI Artur	KRAKÓW		POL		86M20/270	(M)1435	04:06:46	04:05:14 05.48
		0:30:30 / 2042	0:57:14 / 1758	1:22:20 / 1474	1:52:47 / 1174	2:22:19 / 1142	2:49:37 / 1111	3:21:30 / 1254	3:51:05 / 1472	
1522	733	RZĄDKOWSKI Krzysztof	LUBLIN		POL / KWW		74M30/535	(M)1436	04:06:50	04:05:59 05.49
		0:27:37 / 1188	0:54:06 / 1274	1:20:16 / 1216	1:52:55 / 1187	2:24:59 / 1331	2:56:53 / 1412	3:26:43 / 1467	3:52:30 / 1521	

23.04.2012 08:44:47

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]	
Check pts:											
1523	513	DYJECINSKI Tomasz	OLEŚNICA		POL	/ I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	73M30/536	(M)143704:06:51	04:05:35	05.49	
		0:29:01 / 1616	0:55:42 / 1552	1:22:04 / 1449	1:55:10 / 1394	2:28:06 / 1465	2:59:07 / 1521	3:27:36 / 1523	3:53:03 / 1536		
1524	663	ĆWIERTNIA Krzysztof	BUSKO-ZDRÓJ		POL		57M50/187	(M)143804:06:53	04:05:07	05.48	
		0:30:06 / 1859	0:58:02 / 1852	1:25:07 / 1723	1:58:29 / 1593	2:29:30 / 1549	2:57:52 / 1468	3:27:20 / 1509	3:52:48 / 1530		
1525	632	KOPIEC Szymon	MIKOŁÓW		POL		79M30/537	(M)143904:06:57	04:05:49	05.49	
		0:27:58 / 1344	0:54:15 / 1348	1:21:07 / 1373	1:53:51 / 1323	2:26:16 / 1394	2:56:25 / 1390	3:26:44 / 1479	3:52:08 / 1507		
1526	1656	SKRZYŃSKI Jan	WIELICZKA		POL		80M30/538	(M)144004:07:03	04:04:47	05.48	
		0:32:48 / 2442	1:02:42 / 2452	1:32:10 / 2405	2:08:22 / 2257	2:41:45 / 2199	3:11:35 / 2036	3:36:52 / 1813	3:56:15 / 1614		
1527	2816	STOŁOWSKI Piotr	ELBLĄG		POL	/ EKOGRYG ELBLĄG	61M50/188	Niep/9	(M)144104:07:07	04:05:55	05.49
		0:28:51 / 1580	0:55:39 / 1550	1:22:52 / 1540	1:56:43 / 1482	2:29:03 / 1527	2:59:29 / 1542	3:29:29 / 1592	3:53:25 / 1540		
1528	282	PAUL Małgorzata	KRAKÓW		POL		80K30/36	(K)87	04:07:09	04:05:44	05.49
		0:29:04 / 1634	0:54:46 / 1425	1:20:36 / 1324	1:52:55 / 1195	2:25:29 / 1363	2:56:21 / 1384	3:27:20 / 1511	3:53:36 / 1547		
1529	1189	REJUS Marek	GŁOGÓW MLP.		POL	/ TTKF SOKÓŁ GŁOGÓW MLP.	58M50/189	(M)144204:07:09	04:05:25	05.48	
		0:30:09 / 1887	0:57:52 / 1820	1:25:24 / 1761	1:59:11 / 1639	2:31:33 / 1653	3:00:30 / 1600	3:28:11 / 1545	3:53:41 / 1548		
1530	2371	NAPORA Mieczysław	PIŃCZÓW		POL	/ KL PONIDZIE PIŃCZÓW	48M60/39	(M)144304:07:14	04:05:18	05.48	
		0:31:34 / 2261	1:00:38 / 2250	1:30:55 / 2268	2:07:24 / 2192	2:38:53 / 2074	3:07:15 / 1884	3:34:04 / 1729	3:54:57 / 1572		
1531	296	ZDULSKI Bartosz	JÓZEFOSŁAW		POL		71M40/407	(M)144404:07:16	04:06:26	05.50	
		0:27:36 / 1180	0:54:05 / 1262	1:23:21 / 3001	1:52:57 / 1211	2:23:38 / 1263	2:54:14 / 1311	3:34:04 / 1728	3:52:32 / 1522		
1532	1771	PARKITNY Krzysztof	BLACHOWNIA		POL	/ KKTA BLACHOWNIA	54M50/190	(M)144504:07:17	04:06:20	05.50	
		0:27:36 / 1181	0:53:22 / 1143	1:18:02 / 1027	1:49:08 / 956	2:22:01 / 1131	2:57:54 / 1471	3:28:04 / 1539	3:53:06 / 1537		
1533	1340	DZIADKOWIEC Paweł	JAWISZOWICE		POL	/ ZADYSZKA OŚWIECIM	68M40/408	(M)144604:07:20	04:05:43	05.49	
		0:31:04 / 2196	0:59:52 / 2202	1:28:34 / 2158	2:03:25 / 2018	2:35:37 / 1939	3:04:08 / 1793	3:30:17 / 1620	3:53:33 / 1543		
1534	1586	BOGDEWICZ Leszek	POZNAŃ		POL		73M30/539	(M)144704:07:27	04:06:45	05.50	
		0:27:23 / 1135	0:53:51 / 1214	1:20:32 / 1300	1:53:03 / 1240	2:24:49 / 1319	2:57:01 / 1418	3:28:52 / 1576	3:53:50 / 1549		
1535	645	TYSZKA Dariusz	WARSZAWA		POL		75M30/540	(M)144804:07:29	04:06:21	05.50	
		0:28:04 / 1377	0:54:26 / 1392	1:21:05 / 1372	1:54:07 / 1342	2:24:58 / 1330	2:54:56 / 1338	3:25:45 / 1416	3:49:41 / 1430		
1536	833	PYSIEWICZ Krzysztof	KATOWICE		POL	/ NIEZRZESZONY	57M50/191	(M)144904:07:32	04:04:51	05.48	
		0:33:40 / 2602	1:02:15 / 2376	1:30:36 / 2253	2:04:39 / 2064	2:36:20 / 1975	3:06:02 / 1859	3:33:35 / 1718	3:55:16 / 1582		
1537	2228	PALIŚ Roman	KRAKÓW		POL	/ AZS AWF KRAKÓW MASTERS	67M40/409	(M)145004:07:32	04:07:06	05.51	
		0:25:41 / 864	0:50:56 / 921	1:17:06 / 970	1:51:35 / 1096	2:27:19 / 1438	2:58:54 / 1511	3:29:18 / 1588	3:55:05 / 1575		
1538	3156	RONERT Wojciech	ŁÓDŹ		POL	/ KB STOPA ŁÓDŹ	56M50/192	(M)145104:07:37	04:05:58	05.49	
		0:29:51 / 1805	0:56:46 / 1716	1:24:31 / 1679	1:58:41 / 1605	2:30:47 / 1600	3:00:23 / 1593	3:29:16 / 1586	3:55:10 / 1577		
1539	2316	STACHOWSKI Przemysław	WROCŁAW		POL		70M40/410	(M)145204:07:41	04:06:02	05.49	
		0:31:06 / 2200	0:59:52 / 2201	1:28:34 / 2157	2:03:24 / 2016	2:35:36 / 1936	3:04:08 / 1795	3:30:19 / 1621	3:54:38 / 1566		
1540	3295	MACH Marcin	KRAKÓW		POL		66M40/411	(M)145304:07:45	04:05:50	05.49	
		0:29:25 / 1717	0:55:48 / 1562	1:22:30 / 1493	1:54:49 / 1373	2:27:08 / 1428	2:59:23 / 1538	3:29:09 / 1581	3:53:56 / 1551		
1541	602	DOLE Christelle	ROCBARON		FRA	/ CA PUGET VILLE	61K50/8	(K)88	04:07:49	04:06:16	05.50
		0:30:05 / 1854	0:58:07 / 1907	1:31:08 / 3005	2:00:29 / 1775	2:32:38 / 1793	3:02:11 / 1690	3:29:09 / 1580	3:55:14 / 1580		
1542	552	KOŹUSZEK Jacek	WROCŁAW		POL		65M40/412	(M)145404:07:49	04:06:10	05.50	
		0:30:07 / 1868	0:58:05 / 1871	1:25:51 / 1836	2:00:29 / 1772	2:32:15 / 1735	3:00:40 / 1627	3:27:36 / 1522	3:53:34 / 1546		
1543	1694	DĘBOSZ Wojciech	KRAKÓW		POL		70M40/413	(M)145504:07:56	04:06:07	05.49	
		0:30:36 / 2083	0:58:31 / 2052	1:26:21 / 1982	2:01:17 / 1891	2:33:49 / 1858	3:03:05 / 1736	3:31:15 / 1647	3:54:44 / 1568		
1544	618	DĘBSKI Maciej	GDAŃSK		POL	/ AKADEMIA BIEGANIA.PL	77M30/541	(M)145604:07:59	04:06:15	05.50	
		0:30:14 / 1927	0:57:05 / 1741	1:23:47 / 1606	1:56:07 / 1458	2:26:57 / 1422	2:57:41 / 1454	3:26:21 / 1443	3:52:15 / 1511		
1545	1183	MYGA Sylwester	WŁODOWICE		POL		75M30/542	(M)145704:08:01	04:06:17	05.50	
		0:30:14 / 1928	0:58:04 / 1863	1:29:04 / 3004	2:00:40 / 2990	2:26:57 / 1423	2:57:41 / 1455	3:26:21 / 1444	3:53:56 / 1552		
1546	2626	KLIMEK Jagoda	KRAKÓW		POL	/ LES FEMMES COURANT DANS LES FORETS	81K30/37	(K)89	04:08:04	04:06:24	05.50
		0:30:14 / 1929	0:58:42 / 2105	1:27:36 / 2082	2:02:32 / 1958	2:35:25 / 1928	3:04:23 / 1805	3:32:07 / 1665	3:55:18 / 1587		
1547	205	OLESIK Marcin	TARNÓW		POL	/ SOKÓŁ - TARNÓW	87M20/271	(M)145804:08:04	04:06:51	05.51	
		0:26:06 / 938	0:50:30 / 892	1:15:02 / 847	1:45:58 / 813	2:20:33 / 1057	2:53:03 / 1255	3:24:47 / 1367	3:53:31 / 1541		
1548	1234	WIELGOSZ Elżbieta	NOWY ŻMIGRÓD		POL	/ -	84K20/22	(K)90	04:08:04	04:05:47	05.49
		0:32:52 / 2468	1:02:18 / 2378	1:30:54 / 2267	2:05:25 / 2094	2:37:33 / 2022	3:06:40 / 1872	3:34:08 / 1731	3:56:01 / 1607		
1549	502	WOJTECZEK Leszek	SKARŻYSKO-KAMIENNA		POL	/ WTÓRPOL MARATON TEAM	56M50/193	(M)145904:08:09	04:07:04	05.51	
		0:32:00 / 2314	1:01:41 / 2329	1:31:25 / 2310	2:06:46 / 2159	2:40:13 / 2126	3:10:20 / 1980	3:36:56 / 1815	3:56:39 / 1624		
1550	2608	STANISŁAWSKI Bartosz	KOŃSKIE		POL		84M20/272	(M)146004:08:10	04:06:53	05.51	
		0:29:12 / 1667	0:56:43 / 1704	1:24:28 / 1672	1:58:38 / 1601	2:30:56 / 1614	3:00:10 / 1583	3:28:45 / 1570	3:55:08 / 1576		
1551	3286	KŁOCEK Jerzy	ELBLĄG		POL		71M40/414	(M)146104:08:10	04:07:21	05.51	
		0:27:43 / 1250	0:53:39 / 1193	1:20:20 / 1223	1:52:57 / 1212	2:24:04 / 1293	2:55:06 / 1345	3:25:03 / 1382	3:51:47 / 1497		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:												
1581	1878	SZUMIEC Andrzej	KRAKÓW	 POL		61M50/198		(M)1489	04:09:31	04:08:38	05.53	
		0:30:47 / 2143	0:59:51 / 2199	1:28:20 / 2139	2:03:19 / 2010	2:36:26 / 1979	3:05:38 / 1843	3:33:00 / 1690	3:55:55 / 1606			
1582	2534	HANKUS Paweł	ŻYWIEC	 POL		77M30/554		(M)1490	04:09:31	04:08:38	05.53	
		0:28:34 / 1511	0:55:38 / 1547	1:22:39 / 1514	1:55:33 / 1425	2:27:58 / 1461	2:58:01 / 1477	3:27:24 / 1517	3:53:32 / 1542			
1583	1807	SOBIERAJ Ewa	GLUSZYCA	 POL		75K30/39		(K)93	04:09:32	04:08:38	05.53	
		0:27:45 / 1266	0:53:57 / 1224	1:20:18 / 1219	1:53:59 / 1337	2:29:07 / 1531	3:00:03 / 1573	3:30:16 / 1619	3:55:17 / 1586			
1584	1806	KOLISZ Andrzej	OPOLE	 POL	GRUNWALD 1411	70M40/419		(M)1491	04:09:33	04:08:37	05.53	
		0:27:45 / 1265	0:53:57 / 1222	1:20:16 / 1217	1:53:58 / 1335	2:29:07 / 1532	3:00:03 / 1572	3:30:16 / 1618	3:55:17 / 1584			
1585	1393	ANTKOWSKI Michał	POZNAN	 POL		71M40/420		(M)1492	04:09:33	04:07:58	05.52	
		0:29:47 / 1789	0:57:43 / 1811	1:25:22 / 1757	1:59:15 / 1645	2:31:23 / 1646	3:00:33 / 1602	3:28:08 / 1544	3:54:27 / 1564			
1586	3353	JANIK Radosław	KRAKÓW	 POL		91M20/279		(M)1493	04:09:34	04:07:20	05.51	
		0:29:47 / 1790	0:58:11 / 1959	1:25:58 / 1907	2:00:46 / 1846	2:33:06 / 1821	3:04:44 / 1819	3:31:08 / 1642	3:55:28 / 1594			
1587	909	KUTA Piotr	KIELCE	 POL	NIEZRZESZONY	66M40/421		(M)1494	04:09:35	04:08:13	05.52	
		0:28:19 / 1453	0:54:44 / 1420	1:20:51 / 1352	1:53:18 / 1281	2:23:38 / 1264	2:51:56 / 1213	3:26:43 / 1473	3:55:04 / 1574			
1588	769	WOŁOSIUK Krzysztof	KRAKÓW	 POL		84M20/280		(M)1495	04:09:42	04:08:12	05.52	
		0:30:55 / 2179	0:59:30 / 2173	1:27:38 / 2086	2:01:31 / 1908	2:33:55 / 1865	3:03:41 / 1774	3:32:49 / 1682	3:56:33 / 1620			
1589	2185	STARZYŃSKI Piotr	WARSZAWA	 POL		71M40/422		(M)1496	04:09:44	04:08:55	05.53	
		0:28:46 / 1556	0:56:34 / 1670	1:24:40 / 1698	1:58:59 / 1619	2:31:15 / 1637	3:00:10 / 1582	3:28:11 / 1547	3:54:35 / 1565			
1590	2482	PIWOWARCZYK Jan	DOBCZYCE	 POL	NIEZRZESZONY-AMATOR	64M40/423		(M)1497	04:09:45	04:08:26	05.53	
		0:29:43 / 1778	0:57:20 / 1772	1:25:14 / 1740	1:59:25 / 1660	2:31:11 / 1628	3:00:01 / 1571	3:27:01 / 1492	3:54:03 / 1557			
1591	3415	HATALA Mariusz	RZYKI	 POL		82M30/555		(M)1498	04:09:53	04:08:45	05.53	
		0:29:43 / 1779	0:58:31 / 2053	1:27:05 / 2043	2:01:41 / 1920	2:34:03 / 1873	3:03:44 / 1775	3:31:12 / 1644	3:55:14 / 1581			
1592	457	ROKICKI Piotr	POZNAŃ	 POL		71M40/424		(M)1499	04:09:57	04:09:14	05.54	
		0:29:43 / 1777	0:54:07 / 1279	1:20:29 / 1285	1:52:57 / 1207	2:27:35 / 1449	3:01:03 / 1655	3:30:25 / 1623	3:55:35 / 1600			
1593	2898	MICHAŁSKI Mateusz	DĄBRÓWKA	 POL		84M20/281		(M)1500	04:09:58	04:08:11	05.52	
		0:30:16 / 1950	0:58:11 / 1954	1:25:56 / 1889	2:00:41 / 1834	2:32:47 / 1809	3:02:19 / 1697	3:31:38 / 1656	3:56:31 / 1618			
1594	1168	BOGUCKI Andrzej	RADOM	 POL		65M40/425		(M)1501	04:09:59	04:09:13	05.54	
		0:28:07 / 1387	0:55:10 / 1480	1:22:32 / 1496	1:57:12 / 1506	2:30:04 / 1570	3:00:19 / 1589	3:29:25 / 1590	3:55:26 / 1591			
1595	1816	PAZERA Piotr	SZYDLÓWIEC	 POL		84M20/282		(M)1502	04:10:08	04:08:54	05.53	
		0:26:28 / 987	0:51:53 / 1008	1:18:35 / 1072	1:50:52 / 1057	2:22:51 / 1171	2:55:39 / 1363	3:26:11 / 1436	3:55:33 / 1597			
1596	1729	WOJCIESZAK Robert	WARSZAWA	 POL		69M40/426		(M)1503	04:10:08	04:08:53	05.53	
		0:28:28 / 1488	0:55:23 / 1509	1:22:17 / 1470	1:55:38 / 1431	2:27:33 / 1447	2:57:21 / 1432	3:27:09 / 1501	3:56:14 / 1613			
1597	3495	KUBISTA Zenon	RUDA ŚLĄSKA	 POL		65M40/427		(M)1504	04:10:08	04:08:52	05.53	
		0:27:27 / 1144	0:52:38 / 1065	1:17:54 / 1017	1:49:49 / 1007	2:22:54 / 1190	2:54:22 / 1314	3:28:23 / 1552	3:55:33 / 1598			
1598	3483	PAJĄK Andrzej	MIKOŁÓW	 POL	MOSIR MIKOŁÓW	62M50/199		(M)1505	04:10:09	04:09:55	05.55	
		0:25:08 / 650	0:49:38 / 675	1:14:04 / 718	1:44:40 / 735	2:17:30 / 919	2:58:26 / 1490	3:31:31 / 1652	3:57:08 / 1641			
1599	3049	NOGA Andrzej	KRAKÓW	 POL		79M30/556		(M)1506	04:10:11	04:09:24	05.54	
		0:28:19 / 1454	0:55:55 / 1583	1:23:31 / 1584	1:57:58 / 1561	2:31:18 / 1640	3:01:48 / 1676	3:31:06 / 1640	3:56:48 / 1628			
1600	1047	SZANIEWSKI Mirosław	JELENIA GÓRA	 POL		73M30/557		(M)1507	04:10:13	04:09:24	05.54	
		0:27:03 / 1076	0:53:01 / 1113	1:19:19 / 1119	1:52:09 / 1136	2:23:02 / 1223	2:52:20 / 1221	3:22:05 / 1270	3:50:21 / 1444			
1601	2535	WIJAS Mariusz	KRAKÓW	 POL		73M30/558		(M)1508	04:10:13	04:08:51	05.53	
		0:29:46 / 1786	0:58:00 / 1840	1:26:01 / 1926	2:01:05 / 1870	2:33:45 / 1850	3:03:23 / 1758	3:33:08 / 1697	3:56:35 / 1621			
1602	588	GUTIERREZ GUERRA Jose	LEON	 ESP		85M20/283		(M)1509	04:10:19	04:09:28	05.54	
		0:27:40 / 1218	0:53:58 / 1229	1:20:15 / 1214	1:52:52 / 1178	2:23:34 / 1259	2:52:50 / 1244	3:21:01 / 1244	3:52:36 / 1526			
1603	1614	SZCZERBA Adam	OLEŚNICA	 POL	KERRY POLSKA OLEŚNICA	87M20/284		(M)1510	04:10:19	04:09:52	05.55	
		0:25:18 / 739	0:51:45 / 998	1:18:08 / 1040	1:51:28 / 1089	2:24:10 / 1298	2:57:02 / 1420	3:28:23 / 1551	3:55:04 / 1573			
1604	1630	MÓL Wojciech	KRAKÓW	 POL		76M30/559		(M)1511	04:10:22	04:08:49	05.53	
		0:30:38 / 2096	0:58:21 / 2005	1:26:15 / 1975	2:01:13 / 1884	2:34:00 / 1869	3:03:19 / 1751	3:31:54 / 1661	3:55:25 / 1590			
1605	629	MROZ Marcin	SWARZĘDZ	 POL	WERKA	78M30/560		(M)1512	04:10:24	04:08:41	05.53	
		0:30:04 / 1845	0:58:01 / 1844	1:25:38 / 1790	1:59:52 / 1703	2:31:54 / 1689	3:00:39 / 1620	3:29:53 / 1608	3:55:34 / 1599			
1606	2366	WARCHOLIK Witold	KRAKÓW	 POL		74M30/561		(M)1513	04:10:26	04:08:42	05.53	
		0:30:24 / 2002	0:58:17 / 1990	1:26:05 / 1943	2:00:42 / 1837	2:34:07 / 1877	3:04:36 / 1812	3:34:15 / 1734	3:57:54 / 1655			
1607	1693	JANCZAK Waldemar	KIELCE	 POL		80M30/562		(M)1514	04:10:28	04:09:34	05.54	
		0:27:48 / 1289	0:54:13 / 1342	1:20:38 / 1328	1:53:35 / 1297	2:24:59 / 1332	2:55:49 / 1370	3:28:39 / 1565	3:57:35 / 1649			
1608	2731	ZAJĄC Arkadiusz	SKÓRCZ	 POL		74M30/563		(M)1515	04:10:28	04:10:06	05.55	
		0:25:02 / 611	0:49:36 / 659	1:14:10 / 745	1:45:06 / 762	2:17:55 / 940	2:48:48 / 1041	3:19:44 / 1188	3:55:19 / 1589			
1609	1036	BARC Iwona	LUBSKO	 POL		76K30/40		(K)94	04:10:33	04:07:46	05.52	
		0:33:34 / 2590	1:01:46 / 2340	1:28:32 / 2152	2:01:01 / 1866	2:32:36 / 1790	3:02:27 / 1703	3:33:00 / 1689	3:56:53 / 1633			

23.04.2012 08:44:48

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:												
1639	386	MAJKOWSKI Michał	WARSZAWA		POL / AFRICATWIN.COM.PL	74M30/579			(M)154204:	11:23	04:10:28	05.56
		0:28:14 / 1429	0:55:17 / 1492	1:22:43 / 1522	1:56:40 / 1480	2:29:10 / 1534	3:00:41 / 1634	3:29:42 / 1602	3:56:43 / 1625			
1640	823	SKUBIS Grzegorz	TYCHY		POL	80M30/580			(M)154304:	11:23	04:10:56	05.56
		0:27:19 / 1131	0:54:14 / 1345	1:21:11 / 1377	1:54:44 / 1368	2:28:22 / 1488	2:59:47 / 1557	3:29:33 / 1594	3:56:17 / 1616			
1641	558	SWATEK Michał	KRAKÓW		POL / AMELIA	79M30/581			(M)154404:	11:26	04:09:50	05.55
		0:31:49 / 2296	1:01:47 / 2343	1:31:19 / 2307	2:06:04 / 2119	2:38:15 / 2048	3:07:51 / 1906	3:35:02 / 1767	3:58:29 / 1669			
1642	1261	TRYBULA Marcin	KRAKÓW		POL	75M30/582			(M)154504:	11:27	04:09:21	05.54
		0:27:39 / 1210	0:53:03 / 1120	1:19:30 / 1141	1:53:59 / 1336	2:27:55 / 1460	2:59:55 / 1562	3:29:35 / 1599	3:57:05 / 1639			
1643	81	KORDZIŃSKI Kazimierz	LUBLINIEC		POL / MARATONYPOLSKIE.PL TEAM	58M50/203			(M)154604:	11:31	04:10:34	05.56
		0:27:46 / 1268	0:53:42 / 1198	1:19:41 / 1173	1:54:59 / 1381	2:29:36 / 1552	3:01:03 / 1654	3:34:34 / 1749	3:59:01 / 1685			
1644	2206	GATLIK Michał	MYSLENICE		POL	89M20/286			(M)154704:	11:37	04:09:58	05.55
		0:30:21 / 1981	0:58:14 / 1976	1:25:53 / 1868	2:00:13 / 1738	2:31:30 / 1650	2:59:09 / 1523	3:31:41 / 1658	3:56:54 / 1634			
1645	957	RATAJCZAK Rajmund	POZNAŃ		POL	62M50/204			(M)154804:	11:40	04:10:56	05.56
		0:27:29 / 1149	0:53:41 / 1197	1:20:10 / 1203	1:52:48 / 1175	2:23:03 / 1225	2:53:07 / 1265	3:22:17 / 1282	3:53:01 / 1535			
1646	1208	KOWALSKI Andrzej	POZNAŃ		POL	63M40/433			(M)154904:	11:41	04:10:34	05.56
		0:28:48 / 1571	0:56:22 / 1638	1:23:56 / 1628	1:57:55 / 1557	2:30:05 / 1572	3:00:04 / 1575	3:28:34 / 1561	3:56:36 / 1623			
1647	2707	KLIMEK Magdalena	KRAKÓW		POL / LES FEMMES COURANT DANS LES FORETS	75K30/42			(K)98	04:11:42	04:10:55	05.56
		0:27:57 / 1331	0:54:45 / 1422	1:23:02 / 1554	1:59:05 / 1628	2:32:40 / 1798	3:04:37 / 1813	3:34:12 / 1733	3:58:21 / 1668			
1648	980	KAMIŃSKI Jerzy	SZYMBARK		POL / FESTIWAL BIEGOWY W KRYNICY	59M50/205			(M)155004:	11:45	04:10:02	05.55
		0:30:18 / 1965	0:57:55 / 1826	1:25:17 / 1750	1:59:06 / 1630	2:34:42 / 1897	3:07:45 / 1904	3:36:27 / 1801	3:59:02 / 1686			
1649	427	SZELIGA Wojciech	IMIELIN		POL	69M40/434			(M)155104:	11:45	04:10:14	05.55
		0:31:22 / 2232	1:00:43 / 2257	1:29:23 / 2199	2:04:03 / 2040	2:36:18 / 1974	3:05:51 / 1850	3:34:04 / 1730	3:58:09 / 1660			
1650	2603	HABELA Adam	NOWY SĄCZ		POL	92M20/287			(M)155204:	11:46	04:09:49	05.55
		0:32:06 / 2335	1:01:45 / 2338	1:31:02 / 2277	2:07:49 / 2217	2:39:52 / 2109	3:10:31 / 1991	3:37:42 / 1830	4:00:02 / 1708			
1651	3060	MARCINEK Wojciech	KRAKÓW		POL / PKB JAKOŚ IDZIE	60M50/206			(M)155304:	11:48	04:10:11	05.55
		0:32:06 / 2336	0:58:07 / 1911	1:25:57 / 1893	2:00:31 / 1798	2:34:10 / 1879	3:05:11 / 1833	3:34:34 / 1748	3:59:04 / 1687			
1652	1823	FRYC Marcin	KRAKÓW		POL	83M20/288			(M)155404:	11:49	04:09:34	05.54
		0:32:06 / 2334	1:02:40 / 2431	1:32:07 / 2377	2:08:25 / 2274	2:41:30 / 2188	3:11:11 / 2023	3:38:36 / 1860	4:00:00 / 1706			
1653	968	PLISZKA Mateusz	POLICE		POL / WAT	91M20/289			(M)155504:	11:53	04:10:50	05.56
		0:27:35 / 1171	0:52:47 / 1081	1:17:14 / 974	1:51:40 / 1104	2:22:32 / 1154	2:57:48 / 1464	3:36:35 / 1807	4:00:37 / 1723			
1654	2941	PARANIAK Jan	HUDDINGE		SWE / TEAM SKAVSARET IF	50M60/43			(M)155604:	11:57	04:11:11	05.57
		0:27:00 / 1063	0:53:15 / 1133	1:20:10 / 1204	1:55:20 / 1405	2:30:20 / 1588	3:03:10 / 1739	3:35:16 / 1775	3:59:31 / 1695			
1655	874	TOMLINSON Ian	PRESTON		GBR / MERE BROW TRIATHLON	60M50/207			(M)155704:	12:01	04:09:43	05.55
		0:31:04 / 2197	0:58:36 / 2082	1:26:15 / 1974	2:00:38 / 1822	2:32:14 / 1727	3:00:38 / 1616	3:31:33 / 1653	3:58:58 / 1683			
1656	1294	VALENTINE David	APO AE		USA	69M40/435			(M)155804:	12:01	04:10:58	05.56
		0:27:56 / 1328	0:55:21 / 1503	1:23:07 / 1561	1:58:01 / 1567	2:32:04 / 1704	3:03:03 / 1734	3:32:40 / 1677	3:58:14 / 1662			
1657	3210	NOWAK Michał	KRAKÓW		POL	82M30/583			(M)155904:	12:01	04:10:57	05.56
		0:28:17 / 1447	0:54:10 / 1317	1:20:30 / 1290	1:53:17 / 1279	2:23:51 / 1277	3:02:10 / 1688	3:35:46 / 1788	3:59:45 / 1701			
1658	764	CIUK Piotr	WARSZAWA		POL / YULO RUN TEAM SIEDLCE	74M30/584			(M)156004:	12:03	04:09:52	05.55
		0:32:55 / 2493	1:02:45 / 2478	1:32:15 / 2425	2:08:37 / 2311	2:41:44 / 2197	3:10:21 / 1981	3:36:56 / 1814	3:59:15 / 1693			
1659	2166	CHMURA Tomasz	GORLICE		POL / GKPS	70M40/436			(M)156104:	12:04	04:10:55	05.56
		0:28:39 / 1525	0:55:18 / 1495	1:21:20 / 1391	1:53:00 / 1234	2:23:32 / 1256	2:55:31 / 1358	3:27:22 / 1513	3:56:04 / 1610			
1660	849	CIEŚLA Radosław	CZĘSTOCHOWA		POL / MERITUM BANK	73M30/585			(M)156204:	12:08	04:10:37	05.56
		0:29:54 / 1814	0:57:48 / 1817	1:25:50 / 1832	2:00:10 / 1729	2:32:17 / 1740	3:01:35 / 1669	3:31:22 / 1651	3:57:15 / 1643			
1661	1376	CZAMARA Rafał	KRAKÓW		POL	71M40/437			(M)156304:	12:08	04:10:03	05.55
		0:30:08 / 1879	0:58:15 / 1977	1:25:50 / 1831	1:59:04 / 1627	2:30:46 / 1598	3:00:22 / 1592	3:30:57 / 1633	3:56:53 / 1632			
1662	1985	BRZOZA Marcin	KIELCE		POL	77M30/586			(M)156404:	12:08	04:10:19	05.55
		0:30:40 / 2109	0:58:43 / 2109	1:27:00 / 2036	2:01:42 / 1923	2:35:04 / 1910	3:05:49 / 1849	3:34:53 / 1759	3:58:51 / 1681			
1663	1218	ANTCZAK Grzegorz	POZNAŃ		POL / DRUŻYNA SZPIKU	60M50/208			(M)156504:	12:10	04:10:34	05.56
		0:30:33 / 2061	0:58:59 / 2144	1:27:34 / 2078	2:03:03 / 1991	2:37:01 / 1994	3:07:39 / 1901	3:36:18 / 1800	3:59:41 / 1698			
1664	3400	KRUPSKI Vasył			UKR / FENIKS	40M70/3			(M)156604:	12:15	04:10:45	05.56
		0:30:25 / 2013	0:58:30 / 2046	1:25:52 / 1853	1:59:12 / 1640	2:31:39 / 1661	3:01:56 / 1684	3:31:16 / 1649	3:58:01 / 1657			
1665	1298	HOROSZKO Michał	WARSZAWA		POL	87M20/290			(M)156704:	12:19	04:10:02	05.55
		0:32:50 / 2453	1:02:39 / 2422	1:32:04 / 2363	2:08:27 / 2282	2:42:05 / 2243	3:11:43 / 2058	3:39:00 / 1888	4:00:47 / 1735			
1666	3375	DEPLUS Alain	HOUDENG GOEGNIES		BEL / TC BRACQUEGNIES	60M50/209			(M)156804:	12:19	04:10:18	05.55
		0:30:40 / 2111	0:58:39 / 2096	1:26:36 / 2000	2:01:28 / 1906	2:33:31 / 1836	3:02:12 / 1692	3:31:03 / 1638	3:56:43 / 1626			
1667	845	SAGAN Robert	KRAKÓW		POL / NIEZRZESZONY	73M30/587			(M)156904:	12:22	04:11:50	05.58
		0:28:08 / 1397	0:55:35 / 1535	1:23:58 / 1644	2:00:09 / 1724	2:35:08 / 1914	3:07:08 / 1883	3:37:02 / 1819	4:01:41 / 1776			

23.04.2012 08:44:49

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:												
1668	1918	ZIELIŃSKI Marek	KRAKÓW	 POL						63M40/438	(M)157004:12:24	04:10:36 05.56
		0:30:42 / 2117	0:58:35 / 2071	1:25:58 / 1900	2:00:47 / 1847	2:32:53 / 1815	3:02:40 / 1710	3:32:39 / 1676	3:57:36 / 1650			
1669	2920	KUSKA Marcin	ŻEGOCINA	 POL						89M20/291	(M)157104:12:26	04:11:17 05.57
		0:30:42 / 2118	0:56:44 / 1708	1:24:19 / 1661	1:58:01 / 1569	2:31:43 / 1671	3:03:23 / 1756	3:32:05 / 1664	3:56:52 / 1630			
1670	2862	ŻYKWIŃSKA Dorota	TYCHY	 POL						83K20/25	(K)99 04:12:27	04:10:33 05.56
		0:30:18 / 1966	0:58:28 / 2031	1:26:43 / 2011	2:01:27 / 1905	2:34:35 / 1890	3:05:20 / 1836	3:35:14 / 1773	3:59:45 / 1702			
1671	256	RATINEAU Celine	CADEROUSSE (FRANCE)	 FRA						74K30/43	(K)100 04:12:29	04:10:54 05.56
		0:29:32 / 1737	0:57:04 / 1737	1:25:10 / 1731	1:59:50 / 1700	2:33:38 / 1844	3:05:30 / 1839	3:35:32 / 1785	3:59:14 / 1692			
1672	2257	MARCOL Mateusz	RYBNIK	 POL						89M20/292	(M)157204:12:31	04:10:13 05.55
		0:32:45 / 2418	1:02:38 / 2413	1:32:08 / 2389	2:08:22 / 2255	2:42:00 / 2225	3:11:41 / 2047	3:38:48 / 1870	4:00:48 / 1740			
1673	1446	PARCZYK Jerzy	WROCŁAW	 POL						67M40/439	(M)157304:12:31	04:10:13 05.55
		0:29:25 / 1718	0:56:45 / 1710	1:24:45 / 1710	1:59:15 / 1646	2:31:40 / 1663	3:02:45 / 1719	3:34:31 / 1741	4:00:22 / 1714			
1674	834	GULACZ Marek	WALBRZYCH	 POL						60M50/210	(M)157404:12:33	04:12:18 05.58
		0:22:52 / 266	0:45:13 / 269	1:08:01 / 271	1:39:43 / 426	2:12:52 / 729	2:45:39 / 917	3:26:23 / 1446	3:59:32 / 1696			
1675	3062	KMIECIK Janusz	WIELICZKA	 POL						51M60/44	(M)157504:12:35	04:11:53 05.58
		0:27:16 / 1113	0:53:18 / 1137	1:19:52 / 1188	2:54:55 / 2981	2:23:55 / 1281	2:45:39 / 918	3:28:08 / 1543	3:56:51 / 1629			
1676	1366	ŚCIECHOWICZ Adam	GDYNIA	 POL / CENTRUM OPERACJI MORSKICH						72M40/440	(M)157604:12:36	04:10:05 05.55
		0:32:16 / 2353	1:01:13 / 2287	1:29:54 / 2222	2:05:33 / 2099	2:38:18 / 2052	3:08:13 / 1916	3:36:18 / 1799	3:59:52 / 1704			
1677	1665	ZUBOWICZ Jakub	SEJNY	 POL / "" ŻWAWĘ ŻUBRY""						82M30/588	(M)157704:12:37	04:11:22 05.57
		0:30:09 / 1890	0:58:09 / 1935	1:25:58 / 1906	2:01:03 / 1867	2:33:36 / 1843	3:03:30 / 1761	3:32:48 / 1681	3:58:17 / 1664			
1678	731	BREZNEN Igor	PRAHA	 SVK / BK STEEL KOŠICE						75M30/589	(M)157804:12:38	04:12:22 05.58
		0:27:20 / 1132	0:54:01 / 1241	1:20:32 / 1299	1:53:56 / 1329	2:28:44 / 1512	3:00:26 / 1597	3:32:00 / 1663	3:58:38 / 1674			
1679	76	TOMAKA Wojciech	RZESZÓW	 POL / IM2010 RZESZÓW						72M40/441	(M)157904:12:38	04:12:12 05.58
		0:25:23 / 768	0:50:01 / 836	1:14:59 / 837	1:46:13 / 834	2:18:38 / 972	2:53:17 / 1270	3:28:53 / 1577	3:57:01 / 1638			
1680	3014	GRZYWACZ Ryszard	JELENIA GÓRA	 POL						69M40/442	(M)158004:12:38	04:11:08 05.57
		0:30:40 / 2110	0:58:35 / 2076	1:26:03 / 1938	2:00:29 / 1779	2:33:33 / 1839	3:03:39 / 1772	3:35:25 / 1778	3:59:43 / 1700			
1681	1068	ZASADA Tomasz	KRAKÓW	 POL / AZS AWF MASTERS KRAKÓW						71M40/443	(M)158104:12:44	04:12:15 05.58
		0:25:38 / 853	0:50:57 / 923	1:16:38 / 949	1:49:58 / 1016	2:24:02 / 1292	2:56:01 / 1376	3:28:28 / 1556	3:59:07 / 1690			
1682	332	JAMROZIŃSKI Michał	WROCŁAW	 POL / KB VAMOS AMIGOS WROCŁAW						74M30/590	(M)158204:12:46	04:11:41 05.57
		0:27:44 / 1258	0:53:37 / 1189	1:19:34 / 1155	1:51:25 / 1085	2:22:04 / 1133	2:52:31 / 1230	3:26:34 / 1451	3:56:52 / 1631			
1683	1044	SZATA Łukasz	ZAWIERCIE	 POL						91M20/293	(M)158304:12:49	04:10:00 05.55
		0:34:02 / 2653	1:01:30 / 2318	1:27:36 / 2081	2:00:54 / 1856	2:31:56 / 1693	3:00:56 / 1649	3:32:09 / 1666	4:00:43 / 1730			
1684	3355	KLIMASZEWSKI Kamil	SOSNOWIEC	 POL						81M30/591	(M)158404:12:49	04:11:24 05.57
		0:29:19 / 1686	0:56:41 / 1688	1:24:40 / 1700	1:59:26 / 1662	2:32:11 / 1712	3:00:27 / 1598	3:28:40 / 1568	3:58:11 / 1661			
1685	2733	GROCHOCKI Wojciech	POZNAŃ	 POL / KB MALTA POZNAŃ						36M70/4	(M)158504:12:50	04:12:03 05.58
		0:28:57 / 1601	0:56:36 / 1675	1:24:30 / 1676	1:59:33 / 1673	2:32:36 / 1791	3:03:31 / 1763	3:33:21 / 1705	3:58:33 / 1671			
1686	927	GEREC Jaroslav	PŘEROV	 SVK / 05BK FURČA KOŠICE						74M30/592	(M)158604:12:54	04:11:49 05.58
		0:29:13 / 1671	0:56:16 / 1625	1:23:34 / 1592	1:57:16 / 1516	2:29:08 / 1533	2:59:20 / 1532	3:28:32 / 1559	3:56:54 / 1635			
1687	2043	JAGODZIŃSKI Michał	ZBĄSZYNEK	 POL / KGB ROGOGINIEC						76M30/593	(M)158704:12:55	04:10:38 05.56
		0:32:50 / 2451	1:02:42 / 2451	1:32:11 / 2411	2:08:25 / 2270	2:41:54 / 2205	3:11:36 / 2039	3:38:36 / 1859	4:00:31 / 1720			
1688	3045	ZIARKO Piotr	KRAKÓW	 POL						80M30/594	(M)158804:12:58	04:10:52 05.56
		0:31:37 / 2272	1:00:15 / 2226	1:29:16 / 2195	2:05:47 / 2111	2:39:54 / 2110	3:10:07 / 1975	3:38:22 / 1849	4:00:57 / 1754			
1689	3027	ŻELAZNA Natalia	TORUŃ	 POL						80K30/44	(K)101 04:12:59	04:10:56 05.56
		0:32:07 / 2339	1:01:10 / 2281	1:30:03 / 2234	2:05:43 / 2107	2:39:42 / 2102	3:10:22 / 1983	3:38:34 / 1858	4:00:52 / 1750			
1690	2067	BIELAK Krzysztof	LUBLIN	 POL / WWW.ROWEROWAPRZYGODA.EU						80M30/595	(M)158904:12:59	04:11:17 05.57
		0:30:19 / 1972	0:58:07 / 1912	1:25:53 / 1873	2:00:30 / 1786	2:32:41 / 1799	3:02:51 / 1725	3:33:05 / 1693	3:58:51 / 1680			
1691	2031	BRZĘCZEK Roman	WARSZAWA	 POL						60M50/211	(M)159004:13:01	04:12:19 05.58
		0:27:18 / 1130	0:53:29 / 1166	1:20:00 / 1195	2:59:01 / 2987	2:25:21 / 1353	3:02:51 / 1724	3:30:38 / 1626	3:58:20 / 1667			
1692	1099	OLEJNIK Damian	OLSZTYN	 POL / NIEZRZESZONY						89M20/294	(M)159104:13:02	04:11:22 05.57
		0:31:15 / 2214	0:59:16 / 2160	1:27:33 / 2075	2:03:40 / 2028	2:37:31 / 2018	3:09:04 / 1940	3:38:48 / 1873	4:00:48 / 1741			
1693	860	SUDNIKOWICZ Paweł	ŻMIGRÓD	 POL / ADIDAS POLAND						86M20/295	(M)159204:13:02	04:10:32 05.56
		0:34:04 / 2656	1:03:03 / 2543	1:31:55 / 2347	2:06:36 / 2149	2:39:07 / 2081	3:09:39 / 1959	3:37:43 / 1831	4:00:11 / 1711			
1694	3435	BEREŚ Arkadiusz	RZESZÓW	 POL / MARATONPARK RZESZÓW						87M20/296	(M)159304:13:07	04:11:05 05.57
		0:30:36 / 2088	0:58:28 / 2034	1:26:01 / 1922	1:59:34 / 1678	2:31:02 / 1622	3:00:08 / 1580	3:30:48 / 1629	3:58:45 / 1676			
1695	1682	WRÓBLEWSKI Andrzej	OLSZTYN	 POL / MARATONPARK RZESZÓW						66M40/444	(M)159404:13:07	04:11:07 05.57
		0:30:35 / 2076	0:58:27 / 2028	1:26:01 / 1925	1:59:34 / 1677	2:31:01 / 1621	3:00:08 / 1579	3:30:48 / 1628	3:58:37 / 1672			
1696	984	HERMANOWICZ-ŚWIERCZEK	KWIDZYN	 POL						76K30/45	(K)102 04:13:09	04:11:19 05.57
		0:31:40 / 2281	1:00:30 / 2242	1:29:30 / 2204	2:03:56 / 2034	2:36:44 / 1987	3:07:20 / 1889	3:36:08 / 1797	4:00:38 / 1725			

23.04.2012 08:44:49

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
1755	376	SZARON Marek	KRAKÓW	 POL			93M20/304		(M)164204:15:46	04:14:52	06.02
		0:27:13 / 1104	0:52:42 / 1070	1:18:41 / 1083	1:52:09 / 1137	2:26:44 / 1417	3:03:40 / 1773	3:38:17 / 1847	4:03:12 / 1819		
1756	3427	CYRIL Jouannic	ANGLET	 FRA			70M40/461		(M)164304:15:47	04:14:26	06.01
		0:30:23 / 1999	0:58:05 / 1886	1:25:50 / 1824	2:00:57 / 1861	2:32:56 / 1816	3:03:53 / 1782	3:35:26 / 1780	4:00:59 / 1757		
1757	1623	NOWAK Kuba	WARSZAWA	 POL			76M30/614		(M)164404:15:52	04:14:09	06.01
		0:29:25 / 1716	0:57:15 / 1760	1:25:21 / 1753	1:59:23 / 1657	2:30:49 / 1602	3:01:10 / 1656	3:33:22 / 1707	4:01:42 / 1777		
1758	1504	SZNAJDER Marian	SIEDLISKO	 POL			66M40/462		(M)164504:15:56	04:13:58	06.01
		0:32:03 / 2323	1:01:29 / 2313	1:33:07 / 2499	2:09:10 / 2351	2:43:44 / 2303	3:13:38 / 2125	3:41:17 / 1968	4:03:33 / 1832		
1759	1502	SZNAJDER Zenon	NOWA SÓL	 POL			59M50/215		(M)164604:15:56	04:14:00	06.01
		0:32:03 / 2324	1:01:30 / 2319	1:33:08 / 2500	2:09:11 / 2352	2:43:45 / 2306	3:13:37 / 2123	3:41:17 / 1967	4:03:33 / 1831		
1760	553	GLADYSZ Dariusz	CZĘSTOCHOWA	 POL			69M40/463		(M)164704:15:57	04:13:37	06.00
		0:32:57 / 2505	1:02:31 / 2397	1:31:51 / 2346	2:07:28 / 2199	2:40:56 / 2158	3:11:18 / 2026	3:40:00 / 1922	4:03:07 / 1817		
1761	1687	JANCZUK Piotr	WARSZAWA	 POL	KLUB WYSOKOGÓRSKI WARSZAWA		76M30/615		(M)164804:15:58	04:14:24	06.01
		0:29:22 / 1702	0:56:23 / 1640	1:23:50 / 1610	1:57:52 / 1554	2:30:19 / 1586	3:02:45 / 1717	3:36:05 / 1795	4:03:31 / 1829		
1762	628	LISZKA Jacek	BIEŻDZIEDZA	 POL	LISZKA RUNNING TEAM		74M30/616		(M)164904:15:58	04:14:27	06.01
		0:30:26 / 2018	0:58:13 / 1970	1:25:57 / 1896	2:00:40 / 1828	2:32:32 / 1783	3:02:54 / 1728	3:33:53 / 1721	4:00:35 / 1721		
1763	2395	BONCZYK Zdzisław	RYBNIK	 POL			63M40/464		(M)165004:16:00	04:14:13	06.01
		0:30:07 / 1871	0:58:05 / 1879	1:25:41 / 1799	1:59:52 / 1710	2:32:19 / 1753	3:03:44 / 1776	3:34:41 / 1750	4:01:09 / 1761		
1764	126	MEŻYNSKI Piotr	ZIELONKA	 POL			79M30/617		(M)165104:16:01	04:15:48	06.03
		0:24:13 / 472	0:47:21 / 458	1:11:06 / 472	1:41:40 / 504	2:13:49 / 775	2:44:28 / 874	3:14:59 / 1025	3:49:18 / 1419		
1765	1210	BRAUM Michał	KRAKÓW	 POL			79M30/618		(M)165204:16:02	04:14:34	06.02
		0:30:13 / 1923	0:58:08 / 1930	1:25:56 / 1887	2:00:35 / 1816	2:32:32 / 1784	3:02:33 / 1705	3:34:34 / 1747	4:01:32 / 1771		
1766	3148	WOCH Krzysztof	JAWORZNO	 POL			81M30/619		(M)165304:16:02	04:14:08	06.01
		0:30:22 / 1985	0:58:12 / 1964	1:25:44 / 1805	2:00:39 / 1824	2:32:35 / 1788	3:02:12 / 1693	3:33:27 / 1709	4:00:54 / 1753		
1767	342	MAKSYMOWICZ Andrzej	KRAKOW	 POL			69M40/465		(M)165404:16:07	04:15:17	06.03
		0:28:44 / 1552	0:56:48 / 1720	1:25:12 / 1736	2:00:12 / 1734	2:32:49 / 1812	3:06:28 / 1866	3:37:24 / 1825	4:02:02 / 1785		
1768	2307	MACH Tadeusz	RZESZÓW	 POL	MEDIA REGIONALNE		62M50/216		(M)165504:16:08	04:14:53	06.02
		0:30:16 / 1948	0:58:32 / 2059	1:26:59 / 2035	2:03:05 / 1993	2:36:36 / 1984	3:07:25 / 1890	3:36:38 / 1809	4:01:22 / 1765		
1769	512	ORLIK Sebastian	RADOM	 POL	42. BAZA LOTNICTWA SZKOLNEGO		75M30/620		(M)165604:16:08	04:14:51	06.02
		0:29:06 / 1640	0:56:26 / 1649	1:24:33 / 1683	1:59:48 / 1695	2:32:13 / 1723	3:04:10 / 1797	3:35:29 / 1782	4:03:41 / 1840		
1770	3351	MISZCZYK Wojciech	KRAKÓW	 POL			91M20/305		(M)165704:16:09	04:13:55	06.01
		0:29:06 / 1641	0:58:12 / 1966	1:25:58 / 1901	2:00:46 / 1845	2:33:06 / 1822	3:04:56 / 1824	3:38:49 / 1877	4:02:05 / 1787		
1771	2991	WLADYKA Jakub	KRAKÓW	 POL			91M20/306		(M)165804:16:10	04:14:12	06.01
		0:32:22 / 2368	1:02:28 / 2390	1:32:11 / 2407	2:05:53 / 2114	2:37:54 / 2037	3:08:30 / 1925	3:38:48 / 1872	4:03:20 / 1822		
1772	1661	BRZOZOWSKI Piotr	JAWORZNO	 POL	KB MCKIS JAWORZNO		69M40/466		(M)165904:16:10	04:14:38	06.02
		0:29:59 / 1828	0:57:56 / 1827	1:25:48 / 1819	2:00:23 / 1758	2:33:08 / 1826	3:04:29 / 1806	3:35:57 / 1792	4:01:32 / 1770		
1773	922	BARAN Rafał	KRZESZOWICE	 POL			85M20/307		(M)166004:16:13	04:15:01	06.02
		0:29:02 / 1618	0:56:27 / 1656	1:23:56 / 1630	1:57:37 / 1543	2:30:53 / 1608	3:03:08 / 1737	3:35:26 / 1781	4:02:26 / 1799		
1774	708	GÓRNICKI Radomir	KOŚCIELISKA	 POL	KPP OLESNO		78M30/621		(M)166104:16:13	04:14:36	06.02
		0:30:10 / 1898	0:58:05 / 1869	1:25:51 / 1842	2:00:30 / 1782	2:32:13 / 1724	3:00:34 / 1604	3:32:09 / 1668	4:04:12 / 1853		
1775	3035	KĘDZIOR Robert	JASŁO	 POL			65M40/467		(M)166204:16:13	04:15:44	06.03
		0:25:47 / 891	0:51:07 / 941	1:16:53 / 959	1:51:57 / 1124	2:29:33 / 1551	3:03:48 / 1781	3:37:13 / 1823	4:02:28 / 1800		
1776	892	GREEN Paul	WARWICK	 GBR			61M50/217		(M)166304:16:16	04:14:08	06.01
		0:29:16 / 1681	0:56:05 / 1598	1:23:52 / 1612	1:59:08 / 1634	2:33:12 / 1829	3:05:21 / 1837	3:37:01 / 1818	4:02:13 / 1791		
1777	1430	WOLSZCZAK Ewelina	WARSZAWA	 POL	POLSKA BIEGA		83K20/27		(K)114 04:16:16	04:14:43	06.02
		0:29:03 / 1624	0:56:24 / 1642	1:23:58 / 1641	1:58:12 / 1580	2:30:52 / 1606	3:03:17 / 1748	3:33:01 / 1691	4:00:28 / 1717		
1778	2002	FOLCIK Michał	SIEMIANOWICE ŚLĄSKIE	 POL	F-TEAM		75M30/622		(M)166404:16:17	04:14:44	06.02
		0:29:03 / 1625	0:58:03 / 1857	1:25:47 / 1809	3:07:19 / 2997	2:33:18 / 1832	3:03:17 / 1749	3:38:48 / 1871	4:02:58 / 1812		
1779	3048	WIŚNIEWSKI Paweł	KRAKOW	 POL	16 BPD		74M30/623		(M)166504:16:23	04:15:17	06.03
		0:27:02 / 1070	0:52:42 / 1068	1:19:32 / 1146	1:55:17 / 1401	2:30:30 / 1592	3:04:06 / 1792	3:35:01 / 1766	4:01:22 / 1766		
1780	2582	NALEPA Krzysiek	WĘGRZCE	 POL			74M30/624		(M)166604:16:25	04:15:58	06.03
		0:26:04 / 932	0:51:35 / 985	1:17:35 / 992	1:49:49 / 1008	2:22:45 / 1162	2:56:41 / 1404	3:37:55 / 1838	4:02:16 / 1793		
1781	328	GÓRSKI Łukasz	GORLICE	 POL			86M20/308		(M)166704:16:28	04:16:04	06.04
		0:25:10 / 676	0:51:04 / 930	1:18:03 / 1032	1:54:40 / 1364	2:32:15 / 1734	3:07:40 / 1902	3:38:33 / 1856	4:03:28 / 1826		
1782	1040	PARUSZEWSKA Joanna	OPOLE	 POL	FAST FOOT		73K30/51		(K)115 04:16:29	04:15:14	06.02
		0:30:47 / 2144	0:59:41 / 2189	1:29:15 / 2192	2:05:54 / 2117	2:39:56 / 2114	3:10:50 / 2008	3:39:41 / 1913	4:03:37 / 1836		
1783	1620	BIJOTA Janusz	KRAKÓW	 POL			64M40/468		(M)166804:16:31	04:14:50	06.02
		0:31:48 / 2295	0:58:05 / 1884	1:25:03 / 1719	1:59:00 / 1621	2:31:46 / 1676	3:03:18 / 1750	3:33:21 / 1706	4:00:10 / 1710		

23.04.2012 08:44:50

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
1813	2427	LIPNICKI Grzegorz	KRAKÓW	 POL			63M40/479		(M)1695	04:17:27	04:15:27 06.03
		0:31:20 / 2228	0:59:30 / 2172	1:28:10 / 2122	2:03:20 / 2011	2:36:11 / 1969	3:05:55 / 1854	3:36:43 / 1811	4:02:35 / 1803		
1814	2621	SZPUNAR Piotr	ŁAŃCUT	 POL	/ UPJP2		87M20/311		(M)1696	04:17:29	04:16:02 06.04
		0:30:11 / 1909	0:58:08 / 1927	1:25:52 / 1857	2:00:33 / 1806	2:32:35 / 1789	3:02:44 / 1712	3:33:28 / 1711	4:01:54 / 1780		
1815	634	GOŁOS Jerzy	LUBIN	 POL			57M50/221		(M)1697	04:17:34	04:16:54 06.05
		0:27:10 / 1092	0:53:09 / 1125	1:19:34 / 1158	1:52:30 / 1159	2:24:22 / 1301	2:56:18 / 1383	3:30:20 / 1622	4:02:06 / 1788		
1816	3439	DĄBROWSKI Dariusz	KATOWICE	 POL			80M30/635		(M)1698	04:17:34	04:15:23 06.03
		0:32:50 / 2454	1:02:49 / 2506	1:32:10 / 2406	2:08:07 / 2235	2:41:17 / 2177	3:11:43 / 2057	3:40:07 / 1926	4:04:50 / 1869		
1817	530	KLIMCZYK Paweł	CZĘSTOCHOWA	 POL			66M40/480		(M)1699	04:17:35	04:15:20 06.03
		0:31:53 / 2304	1:00:19 / 2228	1:29:03 / 2185	2:04:35 / 2060	2:39:00 / 2078	3:10:12 / 1978	3:38:58 / 1887	4:03:16 / 1820		
1818	693	FRUCZ Jacek	KATOWICE	 POL			68M40/481		(M)1700	04:17:35	04:15:37 06.03
		0:31:15 / 2215	0:59:43 / 2194	1:28:21 / 2140	2:03:17 / 2003	2:36:16 / 1972	3:07:56 / 1908	3:38:01 / 1840	4:03:00 / 1814		
1819	3053	KARNAŚ Wojciech	ZDZIESZOWICE	 POL	/ VERTICAL-LIMITS.PL		83M20/312		(M)1701	04:17:36	04:15:45 06.03
		0:30:34 / 2071	0:58:30 / 2047	1:27:03 / 2042	2:03:27 / 2021	2:38:01 / 2044	3:09:47 / 1966	3:39:56 / 1920	4:04:34 / 1858		
1820	718	LLAMAS FUENTES Rafael	LA VICTORIA (CÓRDOBA)	 ESP			71M40/482		(M)1702	04:17:41	04:17:01 06.05
		0:29:34 / 1746	0:56:33 / 1669	1:23:36 / 1595	1:57:16 / 1515	2:29:51 / 1566	3:00:38 / 1613	3:33:58 / 1726	4:01:04 / 1760		
1821	975	RUDA-ERTEL Krystyna	LASKI-TARTAK	 POL	/ MARATONY POLSKIE PL TEAM		69K40/27		(K)119	04:17:42	04:16:14 06.04
		0:30:16 / 1956	0:57:39 / 1802	1:25:38 / 1789	2:01:45 / 1926	2:36:39 / 1986	3:07:08 / 1882	3:39:08 / 1897	4:04:32 / 1857		
1822	719	ORTI GISBERT Rafael	CÓRDOBA	 ESP			64M40/483		(M)1703	04:17:44	04:17:03 06.05
		0:30:16 / 1955	0:56:31 / 1666	1:23:36 / 1594	1:57:15 / 1513	2:29:50 / 1564	3:00:38 / 1614	3:33:57 / 1723	4:01:04 / 1759		
1823	146	BOCHENKO Edward	ŁOMŻA	 POL			55M50/222		(M)1704	04:17:46	04:16:34 06.04
		0:30:16 / 1954	0:57:35 / 1795	1:25:47 / 1811	2:00:18 / 1748	2:32:32 / 1785	3:04:00 / 1784	3:34:46 / 1754	4:03:27 / 1824		
1824	2389	FARKAS Dariusz	WARSZAWA	 POL			69M40/484		(M)1705	04:17:49	04:16:09 06.04
		0:30:40 / 2115	0:58:50 / 2122	1:26:54 / 2026	2:03:02 / 1989	2:38:26 / 2055	3:10:24 / 1987	3:39:37 / 1912	4:04:48 / 1868		
1825	1535	STANKIEWICZ Anna	MIĘKINIA	 POL			71K40/28		(K)120	04:17:56	04:15:14 06.02
		0:33:54 / 2635	1:02:49 / 2507	1:32:16 / 2431	2:08:08 / 2236	2:41:56 / 2211	3:12:15 / 2086	3:41:18 / 1970	4:04:45 / 1867		
1826	622	KOLONKO Mirosław	CHORZÓW	 POL	/ MARATHON CLUB CHORZÓW		70M40/485		(M)1706	04:17:59	04:16:57 06.05
		0:27:41 / 1226	0:53:59 / 1230	1:20:27 / 1270	1:55:28 / 1415	2:32:00 / 1699	3:04:50 / 1821	3:37:10 / 1822	4:02:57 / 1811		
1827	1503	WIELGOSZ Leszek	NOWA SÓL	 POL			63M40/486		(M)1707	04:18:05	04:16:07 06.04
		0:32:04 / 2326	1:01:29 / 2315	1:31:45 / 2336	2:07:46 / 2212	2:41:15 / 2175	3:11:20 / 2027	3:39:35 / 1910	4:04:00 / 1845		
1828	2024	DAWGIERT Daniel	KIELCE	 POL	/ BRAK		76M30/636		(M)1708	04:18:07	04:16:40 06.04
		0:29:59 / 1830	0:58:03 / 1855	1:25:59 / 1913	2:00:41 / 1832	2:32:25 / 1777	3:01:12 / 1659	3:33:14 / 1700	4:02:18 / 1796		
1829	380	SZYMCZAK Piotr	ŁÓDŹ	 POL	/ BIEGAMPOLODZI.PL		79M30/637	B2/8	(M)1709	04:18:11	04:17:24 06.06
		0:27:41 / 1227	0:54:08 / 1290	1:21:28 / 1403	1:55:59 / 1452	2:30:06 / 1574	3:02:36 / 1708	3:35:51 / 1790	4:04:05 / 1848		
1830	2952	PAPROTNY Michał	WROCŁAW	 POL	/ ITMZM 2010		83M20/313		(M)1710	04:18:13	04:16:27 06.04
		0:30:55 / 2178	0:59:46 / 2196	1:28:59 / 2179	2:05:48 / 2112	2:41:09 / 2168	3:11:41 / 2044	3:39:43 / 1916	4:04:43 / 1863		
1831	2143	GAWROŃSKI Artur	KIELCE	 POL			71M40/487		(M)1711	04:18:16	04:16:11 06.04
		0:31:44 / 2285	1:00:22 / 2235	1:29:17 / 2196	2:05:40 / 2105	2:39:57 / 2116	3:11:01 / 2017	3:40:21 / 1937	4:04:45 / 1865		
1832	3052	PODSADOWSKI Zbigniew	GORLICE	 POL			72M40/488		(M)1712	04:18:22	04:17:58 06.06
		0:25:07 / 642	0:49:37 / 662	1:13:57 / 670	1:43:38 / 623	2:11:21 / 643	2:42:15 / 805	3:19:32 / 1183	3:57:51 / 1654		
1833	1404	MUREK Wojciech	MYSŁOWICE	 POL			66M40/489		(M)1713	04:18:22	04:16:48 06.05
		0:30:14 / 1936	0:58:12 / 1967	1:26:15 / 1973	2:01:12 / 1880	2:34:41 / 1893	3:06:39 / 1870	3:37:26 / 1826	4:03:39 / 1837		
1834	1501	ZIELONKA Mariusz	POZNAŃ	 POL	/ CSWLAD		70M40/490		(M)1714	04:18:25	04:16:29 06.04
		0:31:18 / 2223	0:59:06 / 2153	1:27:09 / 2052	2:05:22 / 2093	2:39:55 / 2111	3:13:44 / 2136	3:44:16 / 2041	4:06:03 / 1889		
1835	1845	NOWAK Ewa	KRAKÓW	 POL			76K30/53		(K)121	04:18:27	04:17:55 06.06
		0:28:11 / 1416	0:55:14 / 1489	1:22:32 / 1500	1:56:43 / 1483	2:30:37 / 1596	3:02:11 / 1689	3:34:27 / 1739	4:03:31 / 1828		
1836	1966	ROPIAK Ryszard	MYSZYŃCIEC	 POL	/ KURPIE MYSZYŃCIEC		44M60/49		(M)1715	04:18:27	04:16:44 06.05
		0:30:39 / 2104	0:58:27 / 2030	1:25:44 / 1804	2:01:19 / 1897	2:35:35 / 1934	3:06:58 / 1876	3:38:02 / 1842	4:04:09 / 1850		
1837	3414	STAROSTKA Jacek	KĘDZIERZYN-KOŹLE	 POL	/ PKO RUNNING TEAM		74M30/638		(M)1716	04:18:29	04:17:26 06.06
		0:28:28 / 1487	0:56:40 / 1683	1:24:33 / 1688	1:58:55 / 1617	2:31:22 / 1645	3:03:22 / 1755	3:38:15 / 1846	4:03:57 / 1844		
1838	1801	GERLICH Mirosław	PSZÓW	 POL	/ FORMA WODZISŁAW ŚL		66M40/491		(M)1717	04:18:32	04:17:19 06.05
		0:27:55 / 1320	0:53:24 / 1149	1:18:56 / 1102	2:51:24 / 2977	2:21:37 / 1107	3:03:22 / 1754	3:29:21 / 1589	4:03:31 / 1827		
1839	350	RECLIK Jarosław	SKRZYSZÓW	 POL	/ FORMA WODZISŁAW ŚL.		66M40/492		(M)1718	04:18:32	04:17:20 06.05
		0:30:27 / 2024	0:58:25 / 2022	1:26:13 / 1967	2:00:55 / 1857	2:33:39 / 1846	3:04:51 / 1823	3:36:36 / 1808	4:03:32 / 1830		
1840	1179	WYDRA Józef	CYCHRY	 POL	/ GB 42.195 "NETTO" DĘBNO		53M50/223		(M)1719	04:18:33	04:17:40 06.06
		0:30:27 / 2026	0:53:31 / 1177	1:19:29 / 1137	1:53:14 / 1272	2:28:10 / 1468	3:00:40 / 1632	3:37:43 / 1832	4:03:36 / 1834		
1841	244	TARCZYŃSKI Grzegorz	PĘGÓW	 POL	/ WKB PIAST WROCŁAW		74M30/639		(M)1720	04:18:38	04:17:54 06.06
		0:30:27 / 2023	0:52:47 / 1083	1:18:59 / 1106	1:52:00 / 1129	2:25:10 / 1343	3:00:10 / 1585	3:34:08 / 1732	4:01:55 / 1781		

23.04.2012 08:44:51

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
1842	192	ZAWADZINSKI Robert	GDYNIA		POL / ZAWATEAM		74M30/640		(M)1721	04:18:39	04:17:20 06.05
		0:28:04 / 1375	0:54:41 / 1412	1:21:42 / 1423	1:55:20 / 1406	2:29:33 / 1550	3:03:23 / 1757	3:36:57 / 1817	4:04:22 / 1856		
1843	65	MICHALSKI Dariusz	WARSZAWA		POL		60M50/224		(M)1722	04:18:40	04:17:12 06.05
		0:29:09 / 1652	0:56:19 / 1633	1:23:55 / 1623	1:58:10 / 1576	2:31:14 / 1634	3:01:21 / 1663	3:32:52 / 1685	4:02:37 / 1806		
1844	2444	WESOŁOWSKI Marcin	BIELSKO-BIALA		POL		70M40/493		(M)1723	04:18:42	04:16:56 06.05
		0:30:12 / 1917	0:57:43 / 1810	1:24:43 / 1707	1:58:14 / 1583	2:30:17 / 1584	3:00:39 / 1623	3:32:50 / 1683	4:02:14 / 1792		
1845	1793	WITCZAK Jolanta	LUSOWO		POL		66K40/29		(K)122	04:18:48	04:17:39 06.06
		0:27:47 / 1280	0:54:21 / 1377	1:22:10 / 1455	1:59:50 / 1699	2:37:11 / 2000	3:09:50 / 1967	3:41:00 / 1954	4:05:21 / 1879		
1846	2687	ZAJĄCZKOWSKI Cezary	RASZYN		POL / KS RASZYN DZIKIE DZIKI		84M20/314		(M)1724	04:18:56	04:17:25 06.06
		0:30:04 / 1840	0:58:06 / 1890	1:25:48 / 1821	2:00:29 / 1774	2:32:18 / 1746	3:01:01 / 1653	3:33:06 / 1696	4:05:39 / 1883		
1847	424	MACYSZYN Wojciech	CZĘSTOCHOWA		POL / NGB KŁOBUCK		79M30/641		(M)1725	04:18:57	04:16:57 06.05
		0:32:07 / 2341	1:00:31 / 2244	1:28:59 / 2181	2:02:55 / 1974	2:35:18 / 1921	3:04:39 / 1816	3:34:55 / 1761	4:04:02 / 1846		
1848	2222	GRUSZKA Darek	NIEPOLOMICE		POL / CENERIA.PL		76M30/642		(M)1726	04:18:58	04:18:01 06.06
		0:28:04 / 1372	0:54:11 / 1325	1:20:27 / 1274	1:53:13 / 1270	2:24:49 / 1320	2:56:23 / 1386	3:31:01 / 1637	4:03:03 / 1815		
1849	219	DROZDOWSKI Paweł	PILICA		POL		72M40/494		(M)1727	04:18:59	04:17:01 06.05
		0:30:09 / 1889	0:58:07 / 1908	1:25:53 / 1870	2:00:22 / 1754	2:32:27 / 1781	3:03:14 / 1743	3:33:57 / 1724	4:02:38 / 1808		
1850	2520	JANUSZ Tomasz	WROCLAW		POL		76M30/643		(M)1728	04:19:01	04:17:51 06.06
		0:27:03 / 1075	0:51:39 / 987	1:16:38 / 948	1:47:28 / 897	2:17:47 / 936	2:47:43 / 991	3:20:28 / 1221	3:57:50 / 1653		
1851	1165	WALISZKA Wojciech	TRZEBIATÓW		POL		55M50/225		(M)1729	04:19:03	04:17:56 06.06
		0:28:10 / 1409	0:55:02 / 1453	1:22:03 / 1448	1:55:51 / 1442	2:29:50 / 1565	3:01:40 / 1673	3:35:55 / 1791	4:03:51 / 1842		
1852	641	SKUTNIK Andrzej	GLIWICE		POL		66M40/495		(M)1730	04:19:04	04:17:09 06.05
		0:30:10 / 1900	0:55:34 / 1532	1:21:26 / 1398	1:54:54 / 1375	2:26:17 / 1396	2:57:30 / 1447	3:30:02 / 1611	4:01:01 / 1758		
1853	1753	BOCHENSKI Rafał	KRAKOW		POL		80M30/644		(M)1731	04:19:10	04:16:56 06.05
		0:32:55 / 2494	1:02:43 / 2461	1:32:09 / 2402	2:08:28 / 2290	2:43:53 / 2313	3:13:16 / 2112	3:41:29 / 1975	4:05:03 / 1874		
1854	413	KOTYNSKI Łukasz	WOŁOMIN		POL		84M20/315		(M)1732	04:19:15	04:18:17 06.07
		0:26:23 / 973	0:50:48 / 914	1:15:26 / 885	1:49:29 / 982	2:27:37 / 1454	3:07:35 / 1899	3:44:47 / 2058	4:07:40 / 1932		
1855	1683	JURKIEWICZ Maciej	KRAKÓW		POL		82M30/645		(M)1733	04:19:15	04:18:17 06.07
		0:26:23 / 974	0:54:20 / 1372	1:22:08 / 1454	1:57:36 / 1542	2:32:44 / 1804	3:06:18 / 1862	3:38:03 / 1843	4:05:15 / 1877		
1856	736	SIUDEK Kazimierz	CZULÓWEK		POL		60M50/226		(M)1734	04:19:17	04:17:56 06.06
		0:25:42 / 873	0:51:13 / 946	1:18:25 / 1065	1:53:04 / 1244	2:28:51 / 1520	3:02:18 / 1696	3:34:51 / 1757	4:02:19 / 1797		
1857	2666	ŻAK Marcin	DĄBROWA GÓRNICZA		POL / POGORIABIEGA.PL		69M40/496		(M)1735	04:19:20	04:18:28 06.07
		0:27:52 / 1308	0:56:03 / 1593	1:24:39 / 1696	1:59:56 / 1712	2:33:35 / 1842	3:05:54 / 1852	3:37:44 / 1833	4:03:37 / 1835		
1858	2500	STANISŁAWSKI Igor	KRAKÓW		POL		72M40/497		(M)1736	04:19:25	04:17:15 06.05
		0:32:52 / 2467	1:02:31 / 2398	1:32:02 / 2358	2:08:27 / 2286	2:42:03 / 2236	3:11:41 / 2046	3:39:14 / 1902	4:04:05 / 1847		
1859	2647	WAJDA Marek	KRAKÓW		POL / ITI ADVENTURE TEAM		76M30/646		(M)1737	04:19:28	04:18:00 06.06
		0:30:08 / 1880	0:58:09 / 1932	1:25:57 / 1892	2:01:24 / 1902	2:36:49 / 1989	3:09:29 / 1952	3:39:04 / 1893	4:04:45 / 1866		
1860	2182	ŚLIWA Mirosław	KOŹMICE WIELKIE		POL		75M30/647		(M)1738	04:19:28	04:17:53 06.06
		0:30:40 / 2113	0:58:19 / 1998	1:26:20 / 1981	2:02:16 / 1947	2:37:28 / 2012	3:09:58 / 1969	3:41:02 / 1959	4:06:03 / 1888		
1861	2107	PAWŁOWSKA Katarzyna	WARSZAWA		POL / ALETEMPO		75K30/54		(K)123	04:19:29	04:18:01 06.06
		0:30:06 / 1867	0:58:04 / 1866	1:25:50 / 1826	2:00:29 / 1773	2:32:48 / 1810	3:06:26 / 1865	3:39:43 / 1915	4:05:50 / 1885		
1862	1066	CHRISTOFFERSEN Per-arne	KRAKOW		NOR / HALDEN SKIKLUBB		65M40/498		(M)1739	04:19:32	04:18:01 06.06
		0:29:54 / 1815	0:58:07 / 1910	1:26:03 / 1937	2:00:32 / 1805	2:32:42 / 1800	3:03:02 / 1733	3:34:57 / 1763	4:02:46 / 1810		
1863	2008	MACHAJ Tomasz	NOWY SĄCZ		POL		74M30/648		(M)1740	04:19:32	04:16:45 06.05
		0:35:12 / 2832	1:04:42 / 2633	1:33:56 / 2522	2:09:39 / 2378	2:44:11 / 2327	3:14:41 / 2171	3:44:20 / 2045	4:07:57 / 1939		
1864	3197	OBRAŁ Jolanta	KRAKÓW		POL		84K20/28		(K)124	04:19:45	04:18:47 06.07
		0:28:05 / 1382	0:54:44 / 1421	1:23:28 / 1580	1:58:44 / 1610	2:31:44 / 1674	3:02:55 / 1732	3:39:08 / 1896	4:07:20 / 1922		
1865	2383	WESOŁOWSKI Maciej	GRODZISK MAZOWIECKI		POL		78M30/649		(M)1741	04:19:47	04:18:01 06.06
		0:30:13 / 1924	0:57:43 / 1809	1:24:42 / 1706	1:58:14 / 1582	2:30:17 / 1585	3:02:17 / 1695	3:35:17 / 1776	4:04:19 / 1855		
1866	539	WOJTUNIAK Jarosław	MAŁĘCZYN		POL / HALLS TEAM		75M30/650		(M)1742	04:19:47	04:18:31 06.07
		0:29:07 / 1645	0:56:27 / 1655	1:24:33 / 1685	1:59:47 / 1692	2:32:13 / 1719	3:01:23 / 1666	3:35:30 / 1783	4:03:41 / 1839		
1867	1255	MRUGAŁA Monika	WĘGRY		POL / FAST FOOT OPOLE		74K30/55		(K)125	04:19:50	04:18:34 06.07
		0:30:47 / 2147	0:59:41 / 2191	1:29:15 / 2193	2:05:55 / 2118	2:39:56 / 2113	3:10:50 / 2007	3:39:41 / 1914	4:04:45 / 1864		
1868	1866	ROT Magdalena	WROCLAW		POL / PRO RUN WROCLAW		69K40/30		(K)126	04:19:51	04:17:31 06.06
		0:33:22 / 2568	1:02:53 / 2521	1:32:36 / 2471	2:09:13 / 2358	2:43:59 / 2320	3:15:34 / 2198	3:44:19 / 2044	4:07:25 / 1924		
1869	981	KORTA Michał	KRAKÓW		POL		75M30/651		(M)1743	04:19:52	04:18:42 06.07
		0:29:21 / 1698	0:55:24 / 1512	1:21:47 / 1429	1:55:12 / 1397	2:27:37 / 1452	2:58:48 / 1507	3:34:33 / 1746	4:04:06 / 1849		
1870	118	SZEWczyk Artur	STARY CIEPIELÓW		POL / DOKĄD TAK CIĄGLE BIEGNĘ?		72M40/499		(M)1744	04:19:52	04:17:46 06.06
		0:32:33 / 2388	1:02:30 / 2395	1:32:17 / 2435	3:14:25 / 3002	2:42:53 / 2279	2:58:48 / 1506	3:43:41 / 2027	4:07:28 / 1926		

23.04.2012 08:44:51

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club				R-k YoB	W kategorii In Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:															
1958	1563	ALEKSANDROWICZ Marek	OLEŚNO		POL				65M	40/515		(M)	182304:23:06	04:22:03	06.12
		0:29:50 / 1802	0:58:28 / 2033	1:27:50 / 2095	2:04:34 / 2059	2:39:52 / 2108	3:12:08 / 2080	3:42:45 / 2003	4:08:30 / 1949						
1959	1789	LIZAK Łukasz	TARNÓW		POL				73M	30/691		(M)	182404:23:07	04:21:26	06.11
		0:30:25 / 2007	0:58:31 / 2055	1:26:39 / 2008	2:02:27 / 1952	2:37:45 / 2033	3:11:46 / 2066	3:42:48 / 2005	4:09:25 / 1978						
1960	2133	CICHOCKI Jacek	TORUŃ		POL				72M	40/516		(M)	182504:23:09	04:20:56	06.11
		0:29:20 / 1693	0:56:02 / 1591	1:23:02 / 1553	1:58:09 / 1574	2:30:51 / 1604	3:04:01 / 1786	3:38:37 / 1861	4:08:55 / 1960						
1961	1796	WOJTYCZA Ewelina	SIEPRAW		POL				88K	20/31		(K)	136 04:23:13	04:22:11	06.12
		0:28:03 / 1364	0:55:12 / 1484	1:23:32 / 1589	2:01:14 / 1886	2:41:12 / 2172	3:17:02 / 2249	3:47:40 / 2145	4:11:05 / 2016						
1962	1835	FIRLA Łukasz	CIESZYN		POL / NIEZRZESZONY				85M	20/324		(M)	182604:23:15	04:21:23	06.11
		0:32:03 / 2325	1:01:21 / 2303	1:31:12 / 2290	2:08:22 / 2258	2:42:02 / 2229	3:12:32 / 2094	3:43:30 / 2018	4:09:35 / 1985						
1963	2859	ADAMSKI Wojciech	WROCŁAW		POL				50M	60/54		(M)	182704:23:16	04:21:19	06.11
		0:29:32 / 1739	0:56:43 / 1698	1:24:37 / 1694	1:59:14 / 1643	2:32:45 / 1806	3:06:00 / 1857	3:40:36 / 1943	4:09:31 / 1983						
1964	2150	BIERLET Tomasz	KWAŚNIÓW GÓRNY		POL / THYSSENKRUPP STAINLESS POLSKA				85M	20/325		(M)	182804:23:21	04:22:23	06.13
		0:28:53 / 1589	0:56:28 / 1662	1:24:54 / 1712	2:00:39 / 1825	2:34:42 / 1895	3:05:39 / 1844	3:41:00 / 1955	4:08:36 / 1950						
1965	1174	KACZYŃSKI Artur	WARSZAWA		POL				74M	30/692		(M)	182904:23:23	04:21:26	06.11
		0:28:31 / 1498	0:54:53 / 1436	1:22:23 / 1481	2:02:00 / 1936	2:38:58 / 2077	3:17:01 / 2248	3:48:23 / 2163	4:12:20 / 2065						
1966	1268	BIERSKI Jan	POGWIZDOW		POL / POGWIZDOW				62M	50/239		(M)	183004:23:26	04:20:56	06.11
		0:33:54 / 2634	1:04:03 / 2593	1:34:33 / 2539	2:12:19 / 2437	2:47:08 / 2420	3:19:42 / 2315	3:48:25 / 2165	4:11:35 / 2039						
1967	989	MOSKAL Izabella	WARSZAWA		POL / BRYLANT KÓRNIK				73K	30/59		(K)	137 04:23:26	04:21:17	06.11
		0:32:45 / 2417	1:02:38 / 2414	1:32:05 / 2369	2:08:21 / 2250	2:41:59 / 2219	3:14:26 / 2159	3:45:48 / 2090	4:10:19 / 2004						
1968	1477	GRYGIER Andrzej	WROCŁAW		POL				75M	30/693		(M)	183104:23:27	04:21:54	06.12
		0:30:16 / 1953	0:58:17 / 1991	1:26:11 / 1961	2:01:00 / 1864	2:33:39 / 1845	3:03:10 / 1738	3:34:31 / 1742	4:06:43 / 1908						
1969	2684	KĘDZIERSKI Zenon	STRZELCE OPOLSKIE		POL / RSIR STRZELCE OP.				51M	60/55		(M)	183204:23:31	04:21:43	06.12
		0:30:46 / 2139	0:58:37 / 2089	1:27:09 / 2051	2:01:40 / 1917	2:34:41 / 1894	3:05:10 / 1831	3:37:37 / 1829	4:06:09 / 1891						
1970	243	SZYMCZYNA Zdzisław	KRAKÓW		POL / KKB DYSTANS KRAKÓW				58M	50/240		(M)	183304:23:35	04:21:14	06.11
		0:29:54 / 1812	0:56:28 / 1661	1:23:24 / 1576	1:57:14 / 1512	2:33:55 / 1864	3:10:41 / 1998	3:44:11 / 2039	4:11:11 / 2020						
1971	1925	SZANIECKI Piotr	DALESZYCE		POL				73M	30/694		(M)	183404:23:36	04:21:55	06.12
		0:30:34 / 2069	0:58:26 / 2024	1:26:05 / 1942	2:00:33 / 1808	2:32:51 / 1814	3:04:39 / 1815	3:38:49 / 1875	4:06:24 / 1895						
1972	1244	MŁOSZ Karolina	WARSZAWA		POL				83K	20/32		(K)	138 04:23:37	04:22:40	06.13
		0:28:26 / 1477	0:55:35 / 1537	1:23:31 / 1586	1:59:52 / 1707	2:37:27 / 2011	3:10:24 / 1988	3:43:02 / 2009	4:09:51 / 1993						
1973	3106	RYŻKO Dominik	WARSZAWA		POL				77M	30/695		(M)	183504:23:39	04:22:16	06.12
		0:29:56 / 1820	0:56:48 / 1719	1:23:48 / 1608	1:56:49 / 1489	2:34:39 / 1891	3:10:23 / 1985	3:43:14 / 2013	4:09:47 / 1991						
1974	2908	KARWOWSKI Jarosław	PRZYSZOWICE		POL / AKMB PĘDZIWIATR GLIWIECE				70M	40/517		(M)	183604:23:42	04:22:26	06.13
		0:30:35 / 2078	0:58:56 / 2137	1:27:33 / 2076	2:02:25 / 1951	2:37:31 / 2020	3:10:02 / 1973	3:42:06 / 1985	4:08:23 / 1947						
1975	1330	GAVENDA Marek	HAVIROV		CZE / RPIC-VIP				67M	40/518		(M)	183704:23:43	04:21:48	06.12
		0:30:35 / 2077	0:58:26 / 2026	1:27:02 / 2039	2:04:59 / 2075	2:39:36 / 2098	3:13:49 / 2140	3:45:00 / 2062	4:10:29 / 2007						
1976	3418	KALĘCKI Konrad	GDAŃSK		POL				80M	30/696		(M)	183804:23:45	04:21:25	06.11
		0:33:23 / 2573	1:04:06 / 2601	1:35:37 / 2576	2:12:02 / 2433	2:45:37 / 2368	3:16:21 / 2225	3:47:08 / 2132	4:10:29 / 2008						
1977	404	TROJAN Stanisław	WROCŁAW		POL / WKB PIAST				58M	50/241		(M)	183904:23:52	04:21:57	06.12
		0:30:48 / 2152	0:59:24 / 2164	1:28:10 / 2121	2:03:25 / 2019	2:37:18 / 2002	3:09:31 / 1955	3:40:37 / 1944	4:08:42 / 1953						
1978	2402	MIGACZ Arkadiusz	KRAKÓW		POL / 16BPD				75M	30/697		(M)	184004:23:54	04:22:55	06.13
		0:27:57 / 1335	0:54:13 / 1338	1:21:09 / 1375	1:55:01 / 1384	2:31:42 / 1666	3:06:29 / 1867	3:41:14 / 1965	4:07:52 / 1937						
1979	2838	STRYCHARSKA Magdalena	LONDON, WIELKA		POL				79K	30/60		(K)	139 04:23:54	04:22:55	06.13
		0:29:29 / 1725	0:57:33 / 1793	1:26:24 / 1987	2:01:50 / 1930	2:36:04 / 1962	3:09:29 / 1953	3:41:16 / 1966	4:09:46 / 1990						
1980	2650	DETKO Artur	LEGIONOWO		POL				47M	60/56		(M)	184104:23:59	04:21:59	06.12
		0:32:11 / 2349	1:01:30 / 2317	1:30:44 / 2260	2:06:24 / 2139	2:41:22 / 2182	3:12:41 / 2102	3:43:11 / 2012	4:10:10 / 2001						
1981	802	KAROLAK Grzegorz	POZNAŃ		POL				68M	40/519		(M)	184204:24:01	04:22:24	06.13
		0:30:07 / 1869	0:58:05 / 1883	1:25:52 / 1848	2:00:30 / 1784	2:34:42 / 1896	3:08:45 / 1930	3:40:51 / 1950	4:08:27 / 1948						
1982	3502	TOMECKI Jerzy	MYSŁOWICE		POL / CHROMIK MYSŁOWICE				41M	70/5		(M)	184304:24:04	04:21:58	06.12
		0:31:25 / 2237	1:00:32 / 2246	1:30:02 / 2232	2:06:35 / 2147	2:42:38 / 2266	3:14:18 / 2153	3:46:54 / 2122	4:11:05 / 2015						
1983	2676	CNOTA Łukasz	IGOŁOMIA		POL				88M	20/326		(M)	184404:24:10	04:22:37	06.13
		0:30:30 / 2044	0:58:23 / 2014	1:26:08 / 1954	2:00:52 / 1854	2:34:22 / 1884	3:07:43 / 1903	3:41:23 / 1971	4:09:59 / 1996						
1984	1343	ŚLUSARCZYK Jerzy	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW				58M	50/242		(M)	184504:24:12	04:23:36	06.14
		0:28:01 / 1356	0:55:53 / 1576	1:24:10 / 1652	1:59:01 / 1622	2:33:50 / 1859	3:08:39 / 1929	3:45:15 / 2070	4:10:34 / 2009						
1985	1137	KWIECIEN Robert	KIELCE		POL / GÓRAL ŚWIĘTOKRZYSKI				77M	30/698		(M)	184604:24:15	04:22:12	06.12
		0:28:49 / 1573	0:55:11 / 1483	1:22:05 / 1450	1:55:19 / 1403	2:31:13 / 1631	3:08:12 / 1913	3:41:00 / 1956	4:09:22 / 1976						
1986	1060	WICIAK Ziemowit	STAROGARD GDAŃSKI		POL / NIEZRZESZONY				70M	40/520		(M)	184704:24:18	04:22:54	06.13
		0:29:55 / 1819	0:57:41 / 1807	1:25:29 / 1770	2:00:13 / 1736	2:35:38 / 1940	3:08:46 / 1931	3:42:37 / 1995	4:09:17 / 1972						

23.04.2012 08:44:53

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club				R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:															
1987	209	ORLIK Jerzy	GLIWICE		POL / GLIWICE				59M50/243			(M)1848	04:24:20	04:23:28	06.14
		0:26:58 / 1057	0:52:55 / 1099	1:19:41 / 1172	1:52:56 / 1204	2:27:29 / 1445	3:02:14 / 1694	3:35:06 / 1770	4:07:14 / 1919						
1988	1214	CYBULSKI Piotr	WROCLAW		POL / PRO-RUN WROCLAW				59M50/244			(M)1849	04:24:20	04:22:49	06.13
		0:30:57 / 2185	0:59:17 / 2161	1:27:25 / 2063	2:01:43 / 1925	2:34:01 / 1871	3:03:31 / 1762	3:35:13 / 1772	4:08:57 / 1963						
1989	2188	BOCHENEK Maria	SKOCZÓW		POL				65K40/34			(K)140	04:24:21	04:22:55	06.13
		0:30:07 / 1870	0:58:16 / 1987	1:28:38 / 2165	2:06:26 / 2140	2:43:17 / 2286	3:16:28 / 2234	3:46:35 / 2111	4:11:12 / 2021						
1990	2419	WILK Robert	KRAKÓW		POL / KKB DYSTANS KRAKÓW				71M40/521			(M)1850	04:24:24	04:23:02	06.14
		0:28:01 / 1355	0:54:10 / 1318	1:20:35 / 1321	1:53:18 / 1282	2:27:13 / 1435	3:03:47 / 1779	3:38:53 / 1883	4:07:38 / 1931						
1991	3403	BUSER-MOLATORE Tristan	WARSZAWA		USA				79M30/699			(M)1851	04:24:24	04:20:24	06.10
		0:32:52 / 2466	1:00:39 / 2253	1:28:39 / 2167	2:04:02 / 2039	2:37:42 / 2030	3:10:49 / 2006	3:42:48 / 2006	4:09:16 / 1971						
1992	1759	WÓJCIK Dariusz	KRAKÓW		POL / NIEZRZESZONY				91M20/327			(M)1852	04:24:27	04:22:59	06.13
		0:32:52 / 2465	0:57:59 / 1836	1:25:42 / 1801	1:59:51 / 1701	2:32:04 / 1705	3:04:02 / 1788	3:38:29 / 1853	4:09:37 / 1986						
1993	3277	BOBER Szymon	MOGILANY		POL				86M20/328			(M)1853	04:24:29	04:23:00	06.13
		0:29:02 / 1622	0:54:42 / 1418	1:20:35 / 1322	1:52:18 / 1149	2:24:53 / 1324	2:55:55 / 1372	3:26:29 / 1449	4:07:29 / 1927						
1994	1236	GUZOWSKI Jacek	KRAKOW		POL / MCT				72M40/522			(M)1854	04:24:34	04:22:24	06.13
		0:29:02 / 1621	1:02:32 / 2401	1:32:03 / 2361	2:08:27 / 2283	2:42:00 / 2223	3:11:45 / 2062	3:40:22 / 1938	4:10:01 / 1997						
1995	2986	NOWAK Dobromir	KRAKÓW		POL				71M40/523			(M)1855	04:24:38	04:23:18	06.14
		0:28:55 / 1594	0:56:06 / 1599	1:22:49 / 1537	1:57:35 / 1540	2:33:59 / 1867	3:09:13 / 1946	3:43:38 / 2025	4:10:07 / 1999						
1996	3113	MOGILSKI Szczepan	ŁABOWA		POL				78M30/700			(M)1856	04:24:39	04:22:33	06.13
		0:31:01 / 2192	0:58:59 / 2145	1:27:03 / 2041	2:01:37 / 1914	2:35:36 / 1935	3:08:34 / 1926	3:42:16 / 1990	4:10:07 / 2000						
1997	229	PRZYBYSZ Michał	WROCLAW		POL				78M30/701			(M)1857	04:24:42	04:23:13	06.14
		0:30:51 / 2165	0:59:32 / 2175	1:28:44 / 2170	2:05:45 / 2110	2:41:25 / 2185	3:14:41 / 2169	3:45:42 / 2085	4:10:29 / 2006						
1998	120	BRONIAREK Arkadiusz	TOMASZÓW		POL				66M40/524			(M)1858	04:24:44	04:24:40	06.16
		0:25:27 / 802	0:51:15 / 949	1:17:52 / 1014	1:52:12 / 1139	2:28:22 / 1485	3:04:44 / 1820	3:42:06 / 1986	4:10:13 / 2002						
1999	766	RÓŻAK Stanisław	WOŁOWICE		POL				60M50/245			(M)1859	04:24:47	04:24:21	06.15
		0:25:16 / 722	0:49:57 / 818	1:14:39 / 805	1:45:33 / 794	2:18:13 / 955	2:54:07 / 1306	3:30:03 / 1612	4:05:21 / 1880						
2000	3080	KWACZEK Rafal	WARSZAWA		POL				77M30/702			(M)1860	04:24:50	04:21:15	06.11
		0:28:11 / 1414	0:54:10 / 1316	1:20:33 / 1310	1:53:42 / 1305	2:18:13 / 956	2:57:37 / 1449	3:28:24 / 1553	4:08:41 / 1952						
2001	1751	PALISZ Marcin	WARSZAWA		POL				82M30/703			(M)1861	04:24:50	04:23:51	06.15
		0:27:38 / 1198	0:54:13 / 1337	1:21:36 / 1416	1:56:41 / 1481	2:31:33 / 1654	3:08:56 / 1936	3:38:23 / 1850	4:08:19 / 1945						
2002	1196	MATUSZAK Radek	LUBOŃ		POL / LUBOŃSKI KLUB BIEGACZA				78M30/704			(M)1862	04:24:52	04:22:41	06.13
		0:32:49 / 2445	1:02:29 / 2393	1:31:49 / 2341	2:08:17 / 2242	2:41:54 / 2206	3:13:40 / 2130	3:44:35 / 2051	4:11:22 / 2028						
2003	2573	BATKO Magdalena	KRAKÓW		POL				85K20/33			(K)141	04:24:53	04:23:38	06.14
		0:29:40 / 1769	0:58:41 / 2103	1:28:32 / 2153	2:05:54 / 2115	2:41:41 / 2194	3:14:57 / 2182	3:46:10 / 2097	4:11:08 / 2017						
2004	1070	TANOUE Kiyoyuki	WARSZAWA		JPN / DRUNK SAMURAI				72M40/525			(M)1863	04:24:55	04:23:37	06.14
		0:29:25 / 1715	0:56:42 / 1697	1:24:01 / 1647	1:58:12 / 1579	2:30:53 / 1609	3:05:35 / 1841	3:38:34 / 1857	4:08:43 / 1954						
2005	801	WOZNIAK Adrian	KRAKOW		POL				82M30/705			(M)1864	04:24:56	04:22:15	06.12
		0:35:13 / 2839	1:05:43 / 2703	1:36:03 / 2593	2:15:00 / 2529	2:51:24 / 2539	3:19:38 / 2312	3:46:54 / 2121	4:11:30 / 2037						
2006	351	KOPYCZYNSKI Tomasz	WARE		POL				81M30/706			(M)1865	04:24:57	04:23:44	06.15
		0:35:13 / 2838	0:56:42 / 1696	1:23:32 / 1590	1:57:15 / 1514	2:32:12 / 1715	3:02:42 / 1711	3:41:32 / 1976	4:09:48 / 1992						
2007	2567	ROGOWSKI Szczepan	BOCHNIA		POL				87M20/329			(M)1866	04:24:58	04:22:49	06.13
		0:32:52 / 2464	1:02:45 / 2471	1:32:32 / 2464	2:09:42 / 2382	2:44:02 / 2323	3:16:24 / 2230	3:47:33 / 2142	4:11:51 / 2049						
2008	3150	CHRZANOWSKI Michał	KRAKÓW		POL / BIEGAM BO LUBIĘ				83M20/330			(M)1867	04:25:02	04:22:41	06.13
		0:33:18 / 2560	1:03:13 / 2556	1:32:39 / 2474	2:08:42 / 2314	2:42:40 / 2267	3:14:56 / 2181	3:44:22 / 2046	4:10:04 / 1998						
2009	308	DULIŃSKI Mateusz	KRAKÓW		POL				86M20/331			(M)1868	04:25:04	04:24:15	06.15
		0:27:36 / 1178	0:54:04 / 1252	1:20:23 / 1240	1:52:54 / 1186	2:22:56 / 1204	2:53:53 / 1295	3:33:27 / 1710	4:09:23 / 1977						
2010	2426	LIPNICKA Bożena anna	KRAKÓW		POL				66K40/35			(K)142	04:25:09	04:22:47	06.13
		0:33:01 / 2519	1:02:41 / 2442	1:32:09 / 2396	2:08:44 / 2318	2:43:17 / 2287	3:14:30 / 2162	3:45:47 / 2088	4:11:31 / 2038						
2011	3303	ZIAJA Marek	KRAKÓW		POL				66M40/526			(M)1869	04:25:10	04:23:18	06.14
		0:30:08 / 1884	0:58:10 / 1952	1:26:25 / 1991	2:04:26 / 2052	2:41:11 / 2169	3:14:53 / 2179	3:46:21 / 2106	4:11:40 / 2042						
2012	3485	BORKOWSKI Piotr	MOGILANY		POL				79M30/707			(M)1870	04:25:14	04:23:52	06.15
		0:27:49 / 1291	0:53:23 / 1147	1:18:52 / 1093	1:51:06 / 1074	2:21:55 / 1129	2:54:24 / 1317	3:27:23 / 1516	4:02:35 / 1804						
2013	1303	KMAK Jan	NOWY SACZ		POL				74M30/708			(M)1871	04:25:18	04:23:22	06.14
		0:30:20 / 1977	0:56:29 / 1665	1:22:36 / 1506	1:54:24 / 1350	2:30:00 / 1568	3:06:21 / 1864	3:40:55 / 1951	4:09:10 / 1968						
2014	3047	WOJTOWICZ Adam	BYTOM		POL / K.B. JÓZEFINKA				81M30/709			(M)1872	04:25:18	04:24:06	06.15
		0:30:20 / 1978	0:56:41 / 1686	1:25:12 / 1737	2:01:49 / 1929	2:37:49 / 2035	3:14:32 / 2164	3:46:46 / 2119	4:11:25 / 2032						
2015	2264	JANKOSZ Marek	KRAKÓW		POL				79M30/710			(M)1873	04:25:20	04:23:23	06.14
		0:30:16 / 1951	0:58:16 / 1986	1:26:02 / 1927	2:00:40 / 1826	2:35:24 / 1926	3:07:46 / 1905	3:40:49 / 1949	4:09:39 / 1987						

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club				R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:															
2016	2728	VALCARCEL Carlos	SANTANDER		ESP				90M20/332			(M)	187404:25:22	04:23:25	06.14
		0:30:16 / 1952	1:02:51 / 2517	1:30:56 / 2273	2:07:59 / 2229	2:40:54 / 2154	3:16:32 / 2237	3:45:17 / 2071	4:11:04 / 2012						
2017	668	MROŻEK Andrzej	KRAKÓW		POL / KKB DYSTANS KRAKÓW				54M50/246			(M)	187504:25:28	04:23:00	06.13
		0:34:19 / 2687	1:04:43 / 2636	1:33:48 / 2519	2:08:53 / 2335	2:42:33 / 2265	3:13:38 / 2124	3:43:34 / 2020	4:09:20 / 1975						
2018	2300	ZAWARTKA Rafał	SOSNOWIEC		POL				70M40/527			(M)	187604:25:29	04:23:18	06.14
		0:31:59 / 2313	1:00:55 / 2268	1:30:02 / 2230	2:06:20 / 2137	2:40:46 / 2148	3:15:03 / 2186	3:45:37 / 2084	4:11:23 / 2031						
2019	2120	KRÓL Arkadiusz	SOSNOWIEC		POL				75M30/711			(M)	187704:25:30	04:23:19	06.14
		0:32:00 / 2315	1:00:53 / 2262	1:30:02 / 2231	2:06:21 / 2138	2:40:47 / 2149	3:15:03 / 2187	3:45:36 / 2082	4:11:22 / 2030						
2020	1945	WŁODARCZYK Jan	STAROGARD GDAŃSKI		POL / NIEZRZESZONY				58M50/247			(M)	187804:25:34	04:23:53	06.15
		0:32:10 / 2348	1:02:28 / 2392	1:32:56 / 2491	2:09:37 / 2376	2:44:40 / 2342	3:16:27 / 2232	3:47:59 / 2156	4:12:13 / 2061						
2021	2521	KOZŁOWSKA Alicja	LESZNO		POL / MARATON LESZNO				70K40/36			(K)	143 04:25:34	04:24:11	06.15
		0:30:52 / 2169	1:00:36 / 2249	1:31:17 / 2299	2:09:38 / 2377	2:45:22 / 2361	3:18:29 / 2283	3:47:58 / 2155	4:12:13 / 2062						
2022	1494	MEZZAPESA Giovanni	ULANÓW		ITA				56M50/248			(M)	187904:25:34	04:24:25	06.16
		0:28:06 / 1383	0:54:45 / 1423	1:22:39 / 1512	1:59:15 / 1644	2:37:59 / 2042	3:12:34 / 2096	3:44:41 / 2053	4:11:09 / 2018						
2023	993	GOŁĘBIEWSKI Jacek	ŚWIDNICA		POL / HERMES ŚWIDNICA				74M30/712			(M)	188004:25:37	04:24:39	06.16
		0:28:24 / 1469	0:55:34 / 1526	1:22:45 / 1527	1:57:42 / 1549	2:28:19 / 1480	3:01:29 / 1668	3:35:46 / 1789	4:11:10 / 2019						
2024	2425	BESSA Ricardo	GLIWICE		POR				81M30/713			(M)	188104:25:37	04:24:00	06.15
		0:28:24 / 1470	0:52:46 / 1080	1:18:27 / 1066	1:50:49 / 1053	2:25:09 / 1338	3:02:25 / 1702	3:41:46 / 1979	4:08:49 / 1958						
2025	2283	MICHALIK Wojciech	SZCZECIN		POL / SZCZECIN - PŁONIA				72M40/528			(M)	188204:25:43	04:23:10	06.14
		0:34:18 / 2685	1:05:08 / 2666	1:36:16 / 2609	2:14:28 / 2499	2:49:28 / 2472	3:21:25 / 2359	3:50:52 / 2229	4:13:57 / 2105						
2026	1923	HEGYI Peter	GYOR		HUN				74M30/714			(M)	188304:25:51	04:24:00	06.15
		0:34:18 / 2684	0:58:11 / 1958	1:25:57 / 1894	3:05:44 / 2994	2:32:22 / 1767	3:21:25 / 2358	3:39:20 / 1904	4:08:57 / 1964						
2027	639	MADEJSKI Radosław	SŁOMNIKI		POL / NIEZRZESZONY				71M40/529			(M)	188404:25:53	04:23:42	06.14
		0:32:13 / 2351	1:00:07 / 2217	1:28:33 / 2155	2:04:22 / 2048	2:40:16 / 2131	3:15:28 / 2194	3:50:01 / 2212	4:13:51 / 2099						
2028	1628	AKSAK Andrzej	RZAŚKA		POL				87M20/333			(M)	188504:25:55	04:24:47	06.16
		0:30:48 / 2153	1:00:02 / 2211	1:28:54 / 2177	2:04:45 / 2069	2:39:37 / 2099	3:12:15 / 2087	3:45:08 / 2064	4:13:16 / 2079						
2029	2827	MUSZYŃSKI Piotr	KRAKÓW		POL / LUMBAGO TEAM				62M50/249			(M)	188604:25:57	04:23:58	06.15
		0:30:44 / 2128	0:58:33 / 2066	1:26:17 / 1976	2:01:40 / 1918	2:36:18 / 1973	3:11:46 / 2064	3:45:09 / 2065	4:12:12 / 2060						
2030	3225	SROKA Zbigniew	SKRZYSZÓW		POL				69M40/530			(M)	188704:25:57	04:24:19	06.15
		0:29:41 / 1771	0:57:17 / 1765	1:25:40 / 1797	2:01:06 / 1871	2:35:55 / 1956	3:11:20 / 2028	3:44:29 / 2048	4:11:46 / 2044						
2031	563	MOSNA Teodoro	VENTIMIGLIA		ITA				58M50/250			(M)	188804:25:59	04:23:34	06.14
		0:32:53 / 2471	1:02:39 / 2423	1:31:48 / 2340	2:08:21 / 2251	2:41:59 / 2220	3:11:42 / 2051	3:43:45 / 2030	4:11:29 / 2036						
2032	2191	RDZANEK Michał	KRAKÓW		POL / ""UNIwersytet Jagielloński""				80M30/715			(M)	188904:26:01	04:24:17	06.15
		0:30:10 / 1896	0:57:29 / 1784	1:25:29 / 1768	1:59:42 / 1685	2:32:34 / 1786	3:05:49 / 1848	3:39:52 / 1919	4:12:21 / 2066						
2033	1377	WÓJCIK Stanisław	DĄBROWA GÓRNICZA		POL / AGH KRAKÓW				43M60/57			(M)	189004:26:04	04:25:59	06.18
		0:28:55 / 1592	0:57:15 / 1762	1:25:36 / 1784	2:00:13 / 1737	2:35:12 / 1916	3:10:37 / 1996	3:44:52 / 2060	4:11:43 / 2043						
2034	2221	CZAJA Jarosław	OTMUCHÓW		POL				77M30/716			(M)	189104:26:13	04:25:05	06.16
		0:27:50 / 1297	0:54:20 / 1375	1:21:59 / 1442	1:57:35 / 1539	2:32:58 / 1818	3:08:26 / 1921	3:42:12 / 1989	4:11:22 / 2029						
2035	1849	ENGLERT Paweł	GDYNIA		POL / NIEZRZESZONY				76M30/717			(M)	189204:26:17	04:24:33	06.16
		0:30:40 / 2114	0:58:42 / 2106	1:26:47 / 2018	2:01:42 / 1924	2:37:35 / 2024	3:12:38 / 2099	3:45:24 / 2076	4:11:53 / 2051						
2036	61	SZCZĘSNOWICZ Piotr	KRAKÓW		POL				86M20/334			(M)	189304:26:21	04:23:48	06.15
		0:34:24 / 2694	1:03:59 / 2587	1:32:44 / 2479	2:08:53 / 2337	2:42:54 / 2280	3:15:27 / 2193	3:45:43 / 2086	4:11:18 / 2027						
2037	3025	WISZ Piotr	RZESZÓW		POL				90M20/335			(M)	189404:26:24	04:25:42	06.17
		0:26:17 / 961	0:51:53 / 1007	1:18:35 / 1073	1:55:58 / 1451	2:32:23 / 1772	3:07:19 / 1886	3:40:13 / 1931	4:09:33 / 1984						
2038	2311	KOZŁOWSKI Karol	STARE JUCHY		POL				80M30/718			(M)	189504:26:25	04:25:32	06.17
		0:27:43 / 1254	0:54:07 / 1276	1:20:27 / 1273	1:54:34 / 1359	2:32:23 / 1770	3:09:27 / 1951	3:45:12 / 2068	4:12:03 / 2055						
2039	803	ŚCIGAJ Dariusz	DĄBROWA GÓRNICZA		POL / POGORIA BIEGA				75M30/719			(M)	189604:26:26	04:24:02	06.15
		0:33:07 / 2538	1:02:49 / 2504	1:32:19 / 2439	2:08:33 / 2302	2:42:06 / 2249	3:12:07 / 2078	3:43:58 / 2034	4:11:37 / 2040						
2040	760	GLĄDYS Wojciech	KRAKÓW		POL / FIGHT TEAM KRAKÓW				82M30/720			(M)	189704:26:27	04:25:09	06.17
		0:28:06 / 1386	0:55:51 / 1565	1:24:22 / 1666	1:58:37 / 1599	2:31:52 / 1683	3:05:26 / 1838	3:42:17 / 1991	4:12:09 / 2058						
2041	2722	ŚLUSARCZYK Łukasz	KRAKÓW		POL / SHELL SBSC ZABIERZÓW				85M20/336			(M)	189804:26:32	04:24:53	06.16
		0:30:11 / 1908	0:58:07 / 1900	1:25:50 / 1830	2:00:03 / 1721	2:32:23 / 1773	3:06:14 / 1861	3:41:25 / 1972	4:15:11 / 2138						
2042	1832	KRYSIAK Dariusz	WROCŁAW		POL / UNIwersytet Ekonomiczny we Wrocławiu				60M50/251			(M)	189904:26:38	04:25:10	06.17
		0:30:08 / 1881	0:58:23 / 2016	1:26:59 / 2034	2:02:36 / 1963	2:38:01 / 2043	3:11:59 / 2076	3:44:44 / 2057	4:11:39 / 2041						
2043	1902	BOCHEN Izabela	BEZRZECZE		POL				75K30/61			(K)	144 04:26:41	04:24:08	06.15
		0:34:18 / 2682	1:05:07 / 2661	1:36:16 / 2608	2:14:26 / 2496	2:49:28 / 2473	3:21:26 / 2360	3:50:52 / 2231	4:13:58 / 2106						

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
2044	2957	WIĘCEK Krzysztof	KOMPRACHCICE		POL / JW 1907 OPOLE		66M40/531		(M)1900 04:26:42	04:25:55 06.18
		0:27:36 / 1183	0:54:02 / 1244	1:20:22 / 1231	1:52:55 / 1192	2:23:03 / 1224	2:54:04 / 1305	3:31:11 / 1643	4:08:45 / 1955	
2045	3017	CHŁOPAŚ Marcin	WARSZAWA		POL / CUE BAR KRAKÓW		80M30/721		(M)1901 04:26:45	04:25:17 06.17
		0:29:08 / 1650	0:56:29 / 1664	1:24:32 / 1680	1:59:08 / 1637	2:38:18 / 2051	3:10:15 / 1979	3:46:33 / 2110	4:14:27 / 2117	
2046	3257	PIEKARZ Maciej	BRZESKO		POL		90M20/337		(M)1902 04:26:45	04:24:49 06.16
		0:30:30 / 2043	0:58:45 / 2113	1:27:01 / 2038	2:03:01 / 1986	2:38:32 / 2058	3:12:12 / 2084	3:47:48 / 2147	4:14:13 / 2115	
2047	1669	GRABIEC Tomasz	NOWA SÓL		POL / SOS DLA AFRYKI		76M30/722		(M)1903 04:26:46	04:24:37 06.16
		0:32:51 / 2458	1:02:45 / 2479	1:32:24 / 2448	2:08:50 / 2322	2:43:53 / 2312	3:15:54 / 2208	3:49:25 / 2192	4:14:51 / 2128	
2048	966	DRAPALA Jarosław	BOGUMIŁOWICE		POL		69M40/532		(M)1904 04:26:50	04:25:05 06.16
		0:31:25 / 2236	1:00:56 / 2270	1:30:48 / 2261	2:07:01 / 2174	2:41:20 / 2181	3:15:40 / 2200	3:49:08 / 2185	4:13:38 / 2095	
2049	717	MALÉ Gérard	ECHIROLLES		FRA		58M50/252		(M)1905 04:26:51	04:25:21 06.17
		0:30:28 / 2033	0:58:12 / 1962	1:25:54 / 1878	2:01:37 / 1913	2:36:00 / 1960	3:09:58 / 1970	3:43:07 / 2011	4:11:15 / 2022	
2050	1782	MALINOWSKI Łukasz	BĘDZIN		POL / KW KATOWICE		82M30/723		(M)1906 04:26:52	04:25:40 06.17
		0:28:59 / 1609	0:55:09 / 1475	1:21:35 / 1414	1:53:49 / 1320	2:25:05 / 1337	2:53:51 / 1291	3:34:46 / 1753	4:10:58 / 2011	
2051	2404	PIETRYJA Łukasz	WISŁA WIELKA		POL		79M30/724		(M)1907 04:27:05	04:24:53 06.16
		0:33:24 / 2575	1:03:38 / 2569	1:34:13 / 2532	2:11:33 / 2423	2:45:51 / 2382	3:17:44 / 2267	3:48:10 / 2160	4:12:56 / 2073	
2052	273	LONCA Paweł	JÓZEFÓW		POL / HENKEL RUNNING TEAM		76M30/725		(M)1908 04:27:06	04:25:17 06.17
		0:30:39 / 2103	0:58:35 / 2075	1:26:44 / 2014	2:01:13 / 1883	2:33:44 / 1849	3:08:36 / 1928	3:42:49 / 2007	4:12:52 / 2071	
2053	1791	MACZKA Jerzy	KRAKÓW		POL		50M60/58		(M)1909 04:27:06	04:25:02 06.16
		0:32:39 / 2401	1:02:55 / 2527	1:33:29 / 2505	2:11:16 / 2417	2:46:40 / 2403	3:19:08 / 2302	3:49:29 / 2193	4:14:00 / 2107	
2054	2575	SYPEREK Marcin	WROCŁAW		POL / PRO-RUN WROCŁAW		74M30/726		(M)1910 04:27:06	04:24:46 06.16
		0:32:54 / 2485	1:01:46 / 2341	1:31:19 / 2306	2:06:28 / 2143	2:40:54 / 2155	3:12:33 / 2095	3:44:08 / 2037	4:11:48 / 2046	
2055	935	IGŁOWSKA Halina	TORUŃ		POL / KKS W KRAK ROLLERBLADE		52K60/4		(K)145 04:27:14	04:26:59 06.19
		0:29:00 / 1610	0:58:40 / 2098	1:29:20 / 2198	2:07:20 / 2188	2:43:25 / 2293	3:16:50 / 2246	3:48:35 / 2171	4:13:33 / 2091	
2056	2097	KIEDZIUCH Piotr	ŁĄPSZE WYŻNE		POL / VEGE RUNNERS		85M20/338		(M)1911 04:27:17	04:25:43 06.17
		0:31:03 / 2195	0:58:44 / 2110	1:27:56 / 2109	2:02:55 / 1975	2:37:29 / 2015	3:13:13 / 2111	3:47:23 / 2138	4:12:01 / 2053	
2057	1316	MALINOWSKI Łukasz	31-916 KRAKÓW		POL		83M20/339		(M)1912 04:27:22	04:26:05 06.18
		0:28:44 / 1554	0:56:14 / 1619	1:25:08 / 1727	2:01:19 / 1895	2:37:29 / 2014	3:13:25 / 2118	3:46:15 / 2101	4:13:30 / 2089	
2058	1874	JAKUBOWSKI Mirosław	LEGNICA		POL / KB LEW LEGNICA		59M50/253		(M)1913 04:27:23	04:25:29 06.17
		0:30:45 / 2133	0:59:29 / 2170	1:29:04 / 2186	2:05:30 / 2096	2:40:43 / 2144	3:13:44 / 2135	3:45:57 / 2093	4:13:21 / 2083	
2059	1875	FURTAK Krzysztof	LUBIN		POL / LUBIN		62M50/254		(M)1914 04:27:24	04:25:30 06.17
		0:30:46 / 2140	0:59:28 / 2168	1:29:10 / 2189	2:06:43 / 2155	2:42:29 / 2263	3:14:37 / 2167	3:46:24 / 2108	4:13:23 / 2086	
2060	1898	GOLISZEWSKI Maciej	ŻABNICA		POL		76M30/727		(M)1915 04:27:25	04:25:05 06.16
		0:34:46 / 2728	1:05:41 / 2693	1:37:03 / 2650	2:15:06 / 2537	2:50:27 / 2512	3:22:26 / 2387	3:52:13 / 2266	4:14:56 / 2134	
2061	2048	BEDNARCZYK Paweł	WARSZAWA		POL		69M40/533		(M)1916 04:27:26	04:25:33 06.17
		0:34:46 / 2729	0:57:41 / 1806	1:25:26 / 1764	1:59:57 / 1714	2:34:51 / 1901	3:10:57 / 2015	3:43:39 / 2026	4:11:52 / 2050	
2062	1019	PAWELEC Andrzej	PODŁĘŻE		POL		64M40/534		(M)1917 04:27:26	04:24:29 06.16
		0:33:08 / 2543	1:01:51 / 2349	1:30:42 / 2258	2:06:32 / 2146	2:42:04 / 2239	3:14:36 / 2166	3:47:34 / 2143	4:13:29 / 2088	
2063	1733	BIL Marcin	KIELCE		POL / GÓRALŚWIĘTOKRZYSKI		69M40/535		(M)1918 04:27:27	04:25:23 06.17
		0:31:44 / 2287	1:00:22 / 2234	1:28:52 / 2175	2:03:17 / 2004	2:37:07 / 1998	3:11:04 / 2018	3:43:28 / 2017	4:11:17 / 2025	
2064	1133	MAŚLANKA Piotr	KONSTANCIN-JEZIORNA		POL / OPEL RUNNING TEAM		72M40/536		(M)1919 04:27:28	04:25:14 06.17
		0:32:54 / 2484	1:02:32 / 2400	1:31:18 / 2302	2:06:48 / 2163	2:40:21 / 2134	3:12:13 / 2085	3:44:39 / 2052	4:11:49 / 2048	
2065	2883	OLENDER Tomasz	GÓRA		POL		92M20/340		(M)1920 04:27:28	04:25:04 06.16
		0:32:55 / 2491	1:02:42 / 2454	1:32:07 / 2382	2:08:26 / 2278	2:42:03 / 2235	3:16:00 / 2210	3:47:05 / 2130	4:13:22 / 2085	
2066	1160	TOKARSKA Natalia	KRAKÓW		POL		84K20/34		(K)146 04:27:31	04:25:18 06.17
		0:32:57 / 2503	1:02:42 / 2453	1:32:10 / 2404	2:08:33 / 2304	2:42:43 / 2272	3:15:23 / 2192	3:47:22 / 2137	4:13:23 / 2087	
2067	1703	MACUL Ryszard	GOLENIÓW		POL / NIEZRZESZONY		51M60/59		(M)1921 04:27:32	04:25:22 06.17
		0:32:57 / 2504	1:02:41 / 2445	1:32:07 / 2384	2:08:26 / 2277	2:41:58 / 2216	3:13:33 / 2121	3:45:36 / 2083	4:13:17 / 2081	
2068	550	MACHŁOWSKA Grażyna	KRAKÓW		POL / KRAKÓW		63K40/37		(K)147 04:27:38	04:26:47 06.19
		0:28:34 / 1508	0:56:04 / 1596	1:24:11 / 1654	2:00:35 / 1814	2:38:33 / 2059	3:13:43 / 2134	3:48:02 / 2159	4:13:40 / 2096	
2069	1786	BUĆ Sławomir	MYSTKÓW		POL / GRUPA BIEGOWA SADECZANIN		67M40/537		(M)1922 04:27:39	04:25:30 06.17
		0:31:45 / 2291	1:01:06 / 2276	1:31:13 / 2294	2:07:01 / 2175	2:40:55 / 2157	3:11:57 / 2075	3:43:37 / 2023	4:11:48 / 2047	
2070	378	PIETRZYCKI Andrzej	ŚLUPSK		POL / NIEZRZESZONY		54M50/255		(M)1923 04:27:40	04:26:02 06.18
		0:32:56 / 2501	1:03:50 / 2580	1:33:31 / 2508	2:08:40 / 2313	2:43:43 / 2301	3:16:47 / 2243	3:48:37 / 2172	4:14:40 / 2122	
2071	469	GAWRYSZCZAK Szymon	WARSZAWA		POL / RAIFFEISEN-LEASING RUNNERS		83M20/341	Niep/10	(M)1924 04:27:41	04:26:22 06.18
		0:32:56 / 2502	0:55:57 / 1585	1:25:02 / 1717	2:03:00 / 1985	2:37:56 / 2039	3:10:08 / 1977	3:44:06 / 2036	4:13:17 / 2080	
2072	578	KACEJKO Piotr	LUBLIN		POL / POLSKA BIEGA		55M50/256		(M)1925 04:27:44	04:25:32 06.17
		0:32:49 / 2446	1:02:38 / 2412	1:32:04 / 2366	2:08:21 / 2252	2:42:01 / 2226	3:11:43 / 2056	3:44:43 / 2056	4:11:27 / 2034	

23.04.2012 08:44:54

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2073	3209	SKWIERAWSKI Mikołaj	KRAKÓW	 POL		68M40/538		(M)1926	04:27:46	04:25:48	06.17
		0:31:47 / 2293	1:01:04 / 2274	1:30:30 / 2251	2:06:47 / 2161	2:41:05 / 2164	3:14:17 / 2151	3:46:45 / 2118	4:13:52 / 2101		
2074	1206	MOSKAL Arkadiusz	CEGIELNIA, RADZYMIN	 POL		73M30/728		(M)1927	04:27:48	04:26:11	06.18
		0:30:21 / 1984	0:58:14 / 1973	1:26:15 / 1972	2:02:19 / 1950	2:38:40 / 2064	3:11:38 / 2041	3:45:47 / 2089	4:13:52 / 2102		
2075	1490	PARCZEWSKI Rafał	ŁĘCZNA	 POL		81M30/729		(M)1928	04:27:52	04:26:35	06.19
		0:30:10 / 1897	0:58:08 / 1928	1:25:59 / 1910	2:01:08 / 1875	2:35:41 / 1945	3:11:10 / 2022	3:44:25 / 2047	4:12:35 / 2069		
2076	903	PAJDA Dariusz	DĄBROWA GÓRNICZA	 POL		66M40/539		(M)1929	04:27:54	04:26:21	06.18
		0:30:14 / 1925	0:58:08 / 1926	1:25:55 / 1882	2:00:30 / 1791	2:34:11 / 1880	3:08:24 / 1918	3:40:48 / 1948	4:11:04 / 2013		
2077	2057	KRÓLIKOWSKI Roman	KUTNO	 POL	/ 3 RBLOG KRAKÓW	72M40/540		(M)1930	04:27:57	04:26:34	06.19
		0:29:24 / 1713	0:57:13 / 1755	1:25:47 / 1813	2:00:36 / 1817	2:35:40 / 1944	3:09:11 / 1944	3:43:52 / 2031	4:12:49 / 2070		
2078	412	SOBÓŁ Paweł	WŁOSZCZOWA	 POL		84M20/342		(M)1931	04:27:57	04:25:36	06.17
		0:32:48 / 2441	1:02:49 / 2509	1:32:16 / 2433	2:07:44 / 2207	2:39:44 / 2104	3:12:39 / 2100	3:45:11 / 2067	4:13:32 / 2090		
2079	3191	GUSTAB Paweł	KRAKOW	 POL		78M30/730		(M)1932	04:28:01	04:25:47	06.17
		0:33:36 / 2596	1:04:06 / 2602	1:35:35 / 2575	2:14:37 / 2517	2:50:01 / 2494	3:22:31 / 2394	3:53:36 / 2311	4:16:23 / 2173		
2080	1798	SUBDA Robert	WOŁOMIN	 POL		71M40/541		(M)1933	04:28:03	04:26:49	06.19
		0:28:17 / 1444	0:55:08 / 1470	1:23:14 / 1565	1:59:40 / 1683	2:37:39 / 2027	3:15:03 / 2188	3:47:09 / 2134	4:13:21 / 2084		
2081	2518	BIGAJ Sebastian	KRAKÓW	 POL		85M20/343		(M)1934	04:28:03	04:26:47	06.19
		0:27:30 / 1154	0:53:30 / 1175	1:19:40 / 1168	1:53:28 / 1293	2:30:59 / 1618	3:06:44 / 1873	3:43:41 / 2028	4:13:01 / 2074		
2082	2376	GALCZYK Piotr	MODLNICA	 POL		71M40/542		(M)1935	04:28:05	04:27:02	06.19
		0:28:59 / 1606	0:56:14 / 1618	1:24:24 / 1668	1:59:25 / 1661	2:33:54 / 1862	3:08:50 / 1934	3:43:55 / 2033	4:12:06 / 2057		
2083	2399	DĘBSKI Radek	NOWY DWÓR	 POL		93M20/344		(M)1936	04:28:08	04:25:29	06.17
		0:34:38 / 2709	1:06:19 / 2724	1:37:18 / 2662	2:15:07 / 2539	2:50:16 / 2504	3:22:58 / 2414	3:52:54 / 2297	4:15:19 / 2140		
2084	1952	ZYCHOWSKI Marek	CZESTOCHOWA	 POL		67M40/543		(M)1937	04:28:08	04:27:35	06.20
		0:27:43 / 1251	0:55:05 / 1461	1:23:14 / 1566	2:03:34 / 2023	2:43:26 / 2294	3:16:50 / 2245	3:49:32 / 2195	4:14:49 / 2124		
2085	3143	SZUBSKI Sebastian	BYDGOSZCZ	 POL	/ NIEZRZESZONY	81M30/731		(M)1938	04:28:13	04:27:11	06.19
		0:29:04 / 1633	0:57:08 / 1747	1:25:35 / 1780	2:00:09 / 1727	2:32:19 / 1751	3:02:25 / 1701	3:41:33 / 1977	4:13:49 / 2098		
2086	1510	GACEK Dawid	KRAKÓW	 POL	/ UNIWERSYTET JAGIELLOŃSKI	83M20/345		(M)1939	04:28:15	04:27:37	06.20
		0:27:02 / 1071	0:52:27 / 1040	1:18:17 / 1055	1:50:38 / 1043	2:23:20 / 1241	2:58:09 / 1480	3:34:48 / 1756	4:09:04 / 1966		
2087	2272	GROCHAŁA Jacek	RZESZÓW	 POL	/ RZESZOWSKIE GAZELE I GEPARDY	64M40/544		(M)1940	04:28:16	04:26:52	06.19
		0:30:07 / 1875	0:58:05 / 1881	1:25:53 / 1867	2:00:29 / 1769	2:35:19 / 1923	3:10:52 / 2011	3:45:26 / 2078	4:13:37 / 2092		
2088	2249	RECLIK Jarosław	KATOWICE	 POL		70M40/545		(M)1941	04:28:16	04:26:13	06.18
		0:32:05 / 2330	1:01:49 / 2346	1:31:50 / 2344	2:08:21 / 2253	2:42:02 / 2233	3:14:27 / 2161	3:46:15 / 2102	4:13:38 / 2094		
2089	1951	PIĘKOŚ Stanisław	CHELMIEC	 POL	/ VISEGRAD MARATON RYTRO	63M40/546		(M)1942	04:28:18	04:27:16	06.20
		0:28:33 / 1504	0:54:41 / 1413	1:20:57 / 1366	1:56:07 / 1459	2:32:11 / 1714	3:07:06 / 1880	3:40:48 / 1947	4:12:16 / 2063		
2090	1094	PIETRASZEK Piotr	WROCLAW	 POL	/ RADIO WROCLAW	75M30/732		(M)1943	04:28:18	04:25:45	06.17
		0:28:33 / 1503	1:06:40 / 2764	1:38:06 / 2726	2:16:44 / 2605	2:52:10 / 2574	3:23:45 / 2448	3:52:50 / 2290	4:15:53 / 2162		
2091	1970	MICHALISZYN Krzysztof	KRAKÓW	 POL		74M30/733		(M)1944	04:28:19	04:26:07	06.18
		0:32:48 / 2438	1:02:48 / 2498	1:32:14 / 2423	2:08:39 / 2312	2:42:14 / 2255	3:14:57 / 2183	3:48:18 / 2162	4:14:01 / 2109		
2092	2070	KRZYSZTOFEK Mariusz	BIBICE	 POL		70M40/547		(M)1945	04:28:20	04:26:03	06.18
		0:32:48 / 2440	1:03:52 / 2583	1:34:35 / 2540	2:19:43 / 3006	2:42:14 / 2256	3:14:57 / 2184	3:51:18 / 2245	4:15:40 / 2147		
2093	1984	PASTUSZKA Paweł	STARACHOWICE	 POL		89M20/346		(M)1946	04:28:21	04:25:48	06.17
		0:32:48 / 2439	1:06:39 / 2757	1:38:06 / 2730	2:16:45 / 2612	2:52:09 / 2571	3:23:45 / 2447	3:52:49 / 2286	4:16:25 / 2176		
2094	247	SZCZEPANIK Tomasz	CZĘSTOCHOWA	 POL	/ ZABIEGANI CZĘSTOCHOWA	67M40/548		(M)1947	04:28:21	04:27:15	06.20
		0:28:10 / 1408	0:55:10 / 1477	1:22:25 / 1486	1:56:29 / 1474	2:30:14 / 1581	3:06:30 / 1868	3:45:19 / 2072	4:14:23 / 2116		
2095	960	BIELIŃSKI Marcin	KRAKÓW	 POL		88M20/347		(M)1948	04:28:24	04:26:46	06.19
		0:30:29 / 2038	0:58:06 / 1889	1:25:30 / 1773	2:00:22 / 1753	2:37:05 / 1997	3:10:35 / 1995	3:43:36 / 2021	4:11:18 / 2026		
2096	101	KIEDACZ Zbyszek	KRAKÓW	 POL	/ ZADYSZKA PROKOCIM	86M20/348		(M)1949	04:28:25	04:26:20	06.18
		0:31:37 / 2273	1:00:38 / 2252	1:29:57 / 2226	2:06:45 / 2157	2:41:58 / 2215	3:16:08 / 2217	3:49:10 / 2186	4:14:52 / 2129		
2097	169	COLLINS Martin	BROXBOURNE,	 GBR		69M40/549		(M)1950	04:28:28	04:26:56	06.19
		0:28:25 / 1474	0:55:34 / 1531	1:23:24 / 1577	1:58:29 / 1591	2:34:26 / 1887	3:09:37 / 1957	3:45:22 / 2075	4:13:52 / 2100		
2098	646	OLSZEWSKI Tomasz	IZABELIN	 POL		75M30/734		(M)1951	04:28:29	04:27:03	06.19
		0:29:19 / 1687	0:56:44 / 1706	1:25:19 / 1751	2:00:28 / 1768	2:37:10 / 1999	3:12:34 / 2097	3:49:21 / 2188	4:16:10 / 2169		
2099	1642	PRON Elżbieta	SOSNOWIEC	 POL		83K20/35		(K)148	04:28:33	04:26:18	06.18
		0:32:45 / 2414	1:02:39 / 2421	1:32:07 / 2379	2:08:25 / 2276	2:43:10 / 2285	3:16:06 / 2214	3:47:04 / 2128	4:13:38 / 2093		
2100	3217	PROCHOWNIK Marcin	SKAWINA	 POL		85M20/349		(M)1952	04:28:34	04:26:37	06.19
		0:30:38 / 2101	0:58:35 / 2074	1:27:16 / 2060	2:02:36 / 1962	2:36:31 / 1981	3:11:48 / 2070	3:45:21 / 2074	4:13:53 / 2103		
2101	2230	PSZONCZAK Jarosław	WARSZAWA	 POL		73M30/735		(M)1953	04:28:35	04:26:38	06.19
		0:32:20 / 2362	1:01:52 / 2352	1:32:00 / 2354	2:08:25 / 2268	2:42:19 / 2259	3:14:26 / 2160	3:46:42 / 2117	4:13:42 / 2097		

23.04.2012 08:44:54

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club			R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:													
2102	974	HAŁON Andrzej	OPOLE		POL / OPOLEBIEGA			54M50/257			(M)1954	04:28:35	04:26:33 06.19
		0:30:26 / 2020	1:00:12 / 2221	1:30:00 / 2228	2:07:30 / 2200	2:42:58 / 2281	3:16:24 / 2228	3:48:00 / 2157	4:14:06 / 2113				
2103	2644	PIOTROWSKI Michał	KRAKÓW		POL			76M30/736			(M)1955	04:28:38	04:27:11 06.19
		0:30:26 / 2021	0:59:59 / 2209	1:28:50 / 2174	2:06:12 / 2131	2:41:05 / 2165	3:14:55 / 2180	3:48:40 / 2173	4:14:31 / 2119				
2104	322	PONIKWIA Rafał	BIELSKO-BIAŁA		POL			88M20/350			(M)1956	04:28:39	04:27:12 06.19
		0:30:26 / 2019	0:58:04 / 1864	1:25:51 / 1845	2:02:04 / 1938	2:41:16 / 2176	3:16:04 / 2213	3:51:30 / 2252	4:16:26 / 2180				
2105	3183	PAŃKO Grzegorz	BIELSKO-BIAŁA		POL / DZ 16,31			77M30/737			(M)1957	04:28:41	04:27:00 06.19
		0:30:33 / 2065	0:58:41 / 2102	1:28:02 / 2114	2:05:40 / 2103	2:41:24 / 2184	3:14:59 / 2185	3:49:57 / 2208	4:14:55 / 2133				
2106	608	SCELINA Wojciech	KIELCE		POL / KU AZS UJ			89M20/351			(M)1958	04:28:41	04:27:20 06.20
		0:29:26 / 1722	0:56:45 / 1713	1:24:41 / 1702	2:02:59 / 1983	2:42:32 / 2264	3:17:46 / 2268	3:50:45 / 2227	4:16:25 / 2178				
2107	1534	PUDLIK Mateusz	DOBCZYCE		POL			91M20/352			(M)1959	04:28:44	04:27:28 06.20
		0:30:05 / 1847	0:58:05 / 1872	1:25:51 / 1841	2:00:36 / 1819	2:35:52 / 1954	3:10:54 / 2013	3:46:23 / 2107	4:14:51 / 2127				
2108	2101	ŻABKO Jarosław	POZNAŃ		POL			66M40/550			(M)1960	04:28:45	04:26:46 06.19
		0:31:42 / 2283	1:01:03 / 2273	1:30:39 / 2255	2:06:57 / 2170	2:40:36 / 2141	3:13:52 / 2141	3:46:52 / 2120	4:13:16 / 2078				
2109	3465	WOŁODKO Michał	RUDA ŚLĄSKA		POL			74M30/738			(M)1961	04:28:45	04:26:06 06.18
		0:35:07 / 2809	1:06:44 / 2807	1:38:08 / 2736	2:16:45 / 2608	2:52:09 / 2572	3:23:32 / 2435	3:53:21 / 2309	4:15:52 / 2160				
2110	253	DĄBSKI Grzegorz	WÓŁKA ORŁOWSKA		POL			78M30/739			(M)1962	04:28:46	04:27:08 06.19
		0:30:14 / 1930	0:56:09 / 1607	1:22:26 / 1488	1:55:05 / 1387	2:28:19 / 1479	3:03:37 / 1770	3:41:18 / 1969	4:13:55 / 2104				
2111	1061	KOSAŁKA Edward	ŻARY		POL / 11 LDKPANC ŻAGAŃ			65M40/551			(M)1963	04:28:49	04:27:15 06.20
		0:30:15 / 1944	0:58:22 / 2013	1:26:07 / 1949	2:00:56 / 1859	2:36:56 / 1993	3:14:49 / 2176	3:48:59 / 2181	4:15:08 / 2137				
2112	1001	MORAWIEC Andrzej	CIOCHOWICE		POL / STRAŻ POŻARNA GMINA TOSZEK			74M30/740			(M)1964	04:28:50	04:27:31 06.20
		0:30:31 / 2051	0:58:59 / 2146	1:27:54 / 2103	2:02:56 / 1978	2:37:31 / 2021	3:09:47 / 1965	3:41:05 / 1961	4:11:15 / 2024				
2113	3064	RYBA Wojciech	KROTOSZYN		POL			85M20/353			(M)1965	04:28:53	04:27:19 06.20
		0:30:36 / 2084	0:58:50 / 2121	1:27:38 / 2085	2:03:56 / 2035	2:38:43 / 2068	3:11:35 / 2037	3:44:57 / 2061	4:13:07 / 2075				
2114	2602	WOROBIEC Józef	JĘDRZEJÓW		POL			57M50/258			(M)1966	04:28:54	04:28:25 06.21
		0:25:03 / 612	0:49:36 / 656	1:14:05 / 719	1:47:49 / 910	2:28:06 / 1464	3:07:25 / 1891	3:41:10 / 1964	4:11:26 / 2033				
2115	1175	HOSAJA Krzysztof	KRAKÓW		POL			76M30/741			(M)1967	04:28:55	04:26:46 06.19
		0:32:53 / 2481	1:02:41 / 2449	1:32:09 / 2400	2:08:24 / 2266	2:42:02 / 2230	3:11:45 / 2060	3:46:37 / 2113	4:14:03 / 2112				
2116	2508	ADAMCZYK Jan	GORLICE		POL / GORLICE			57M50/259			(M)1968	04:28:58	04:27:28 06.20
		0:30:06 / 1863	0:58:08 / 1919	1:25:54 / 1876	2:01:57 / 1933	2:39:20 / 2085	3:14:46 / 2175	3:48:01 / 2158	4:14:01 / 2108				
2117	1338	HRDYCZUK Wiesław	WIAZÓW		POL			64M40/552			(M)1969	04:28:58	04:28:02 06.21
		0:29:08 / 1649	0:57:04 / 1736	1:25:16 / 1746	1:59:34 / 1676	2:34:40 / 1892	3:09:03 / 1939	3:44:17 / 2043	4:13:08 / 2076				
2118	1147	MATERLA Marek	ŚLUPSKO		POL / ZRYW ŚLUPSKO			84M20/354			(M)1970	04:28:59	04:27:37 06.20
		0:30:33 / 2064	0:59:00 / 2147	1:27:54 / 2105	2:02:57 / 1979	2:37:31 / 2019	3:09:46 / 1963	3:41:05 / 1960	4:11:15 / 2023				
2119	3153	DZIEDZIC Kazimierz	ŁAPANÓW		POL			56M50/260			(M)1971	04:28:59	04:27:59 06.21
		0:27:51 / 1299	0:54:52 / 1434	1:23:00 / 1550	1:59:10 / 1638	2:36:35 / 1983	3:13:22 / 2115	3:47:54 / 2152	4:14:02 / 2111				
2120	1011	KALISZ Bronisław	MIĘDZYRZECZ		POL / KLUB MIŁOŚNIKÓW BIEGANIA			50M60/60			(M)1972	04:29:00	04:27:30 06.20
		0:30:05 / 1852	0:58:05 / 1870	1:25:51 / 1837	2:03:20 / 2012	2:42:50 / 2278	3:17:26 / 2260	3:49:04 / 2184	4:15:12 / 2139				
2121	385	WIATR Mirosław	WARSZAWA		POL / SOFTTUTOR			56M50/261			(M)1973	04:29:03	04:28:14 06.21
		0:29:38 / 1762	0:58:10 / 1946	1:26:54 / 2025	2:01:46 / 1927	2:35:14 / 1917	3:08:14 / 1917	3:41:52 / 1981	4:12:02 / 2054				
2122	2186	ADAMOWICZ Łukasz	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW			82M30/742			(M)1974	04:29:03	04:26:46 06.19
		0:32:48 / 2435	1:02:41 / 2441	1:32:14 / 2421	2:08:52 / 2331	2:44:40 / 2341	3:17:53 / 2271	3:51:12 / 2244	4:16:37 / 2197				
2123	1136	KĄDZIELA Sławomir	KRAKÓW		POL			76M30/743			(M)1975	04:29:04	04:27:03 06.19
		0:29:18 / 1684	0:55:54 / 1580	1:22:35 / 1503	1:58:40 / 1603	2:35:00 / 1904	3:09:09 / 1943	3:42:47 / 2004	4:12:18 / 2064				
2124	1520	KIKA Przemysław	DĄBROWA GÓRNICZA		POL / PGNIG GAZOWNIA ZABRZAŃSKA			81M30/744			(M)1976	04:29:04	04:28:03 06.21
		0:29:33 / 1743	0:57:33 / 1792	1:25:52 / 1859	2:02:14 / 1946	2:38:17 / 2050	3:13:39 / 2128	3:47:29 / 2141	4:14:33 / 2120				
2125	3479	WIEWIÓRA Grzegorz	CHORZÓW		POL / OŚRODEK OSOBOM UZALEŻNIONYM I ICH RODZIN			71M40/553			(M)1977	04:29:05	04:26:45 06.19
		0:34:48 / 2733	1:06:56 / 2845	1:37:39 / 2688	2:13:29 / 2467	2:47:00 / 2414	3:17:47 / 2269	3:50:57 / 2234	4:15:07 / 2136				
2126	2921	SOLECKI Tomasz	BIERUŃ		POL / AZS GWSH KATOWICE			79M30/745			(M)1978	04:29:06	04:27:24 06.20
		0:34:48 / 2732	0:58:07 / 1899	1:25:51 / 1840	2:00:29 / 1780	2:32:14 / 1728	3:01:49 / 1678	3:34:17 / 1735	4:08:47 / 1956				
2127	1257	SKŁODOWSKI Dariusz	SOSNOWIEC		POL / NIEZRZESZONY			60M50/262			(M)1979	04:29:06	04:26:23 06.18
		0:35:27 / 2864	1:07:23 / 2864	1:38:23 / 2782	2:16:03 / 2567	2:50:40 / 2517	3:21:39 / 2368	3:51:07 / 2241	4:15:44 / 2153				
2128	3006	KĄZMIERCZUK Grzegorz	WROCŁAW		POL			77M30/746			(M)1980	04:29:08	04:26:38 06.19
		0:34:49 / 2735	1:06:33 / 2743	1:37:58 / 2705	2:16:32 / 2585	2:51:58 / 2560	3:23:28 / 2431	3:52:31 / 2268	4:16:05 / 2165				
2129	2742	ROMANOWSKI Roman	POZNAŃ		POL			68M40/554			(M)1981	04:29:11	04:26:46 06.19
		0:33:03 / 2526	1:03:06 / 2548	1:33:27 / 2504	2:10:37 / 2403	2:46:43 / 2405	3:19:07 / 2301	3:50:03 / 2213	4:15:25 / 2142				

23.04.2012 08:44:54

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2130	2284	KOWALSKI Tomasz	KOSZALIN		POL / KOSZALIN	86M20/355		(M)1982	04:29:12	04:28:26	06.21
0:27:30 / 1152 0:53:27 / 1156 1:19:31 / 1144 1:52:22 / 1152 2:26:43 / 1415 3:05:58 / 1856 3:40:25 / 1939 4:12:04 / 2056											
2131	964	KOZŁOWSKI Klaudiusz	KACZORY		POL / KB 4 RUN TEAM PIŁA	86M20/356		(M)1983	04:29:14	04:27:44	06.20
0:27:30 / 1151 0:58:06 / 1894 1:25:56 / 1888 3:12:30 / 3000 2:38:54 / 2075 3:05:58 / 1855 3:48:26 / 2166 4:15:48 / 2156											
2132	2470	KWIATKOWSKI Łukasz	SIECHNICE		POL	83M20/357		(M)1984	04:29:18	04:26:51	06.19
0:32:53 / 2473 1:02:40 / 2438 1:32:10 / 2403 2:08:24 / 2265 2:42:01 / 2228 3:13:47 / 2138 3:44:11 / 2038 4:14:09 / 2114											
2133	1046	STOPKA Wojciech	KATOWICE		POL	72M40/555		(M)1985	04:29:21	04:26:51	06.19
0:35:03 / 2795 1:06:41 / 2766 1:38:05 / 2724 2:16:28 / 2581 2:51:45 / 2552 3:23:30 / 2432 3:52:32 / 2269 4:16:13 / 2171											
2134	573	SZOPA Tomasz	PRUSZKÓW		POL / PAPIERNIA	84M20/358		(M)1986	04:29:22	04:27:14	06.20
0:32:38 / 2398 0:59:34 / 2179 1:25:51 / 1846 1:58:48 / 1613 2:31:40 / 1662 3:10:48 / 2005 3:44:01 / 2035 4:14:54 / 2132											
2135	3293	PLISZKA Rafał	KRAKÓW		POL	74M30/747		(M)1987	04:29:23	04:28:00	06.21
0:32:38 / 2399 0:59:11 / 2157 1:27:55 / 2106 2:02:54 / 1972 2:39:56 / 2112 3:15:05 / 2189 3:49:45 / 2200 4:14:29 / 2118											
2136	2308	GALDZINSKI - NOCULA	OŚWIĘCIM		POL	82M30/748		(M)1988	04:29:23	04:27:59	06.21
0:28:06 / 1385 0:54:53 / 1437 1:22:31 / 1495 1:58:23 / 1589 2:35:45 / 1951 3:11:39 / 2043 3:46:39 / 2115 4:14:02 / 2110											
2137	2597	ŻOLEK Artur	WIELISZEW		POL	75M30/749		(M)1989	04:29:24	04:27:22	06.20
0:32:18 / 2356 1:01:11 / 2283 1:30:21 / 2247 2:07:15 / 2181 2:42:12 / 2253 3:14:52 / 2178 3:46:10 / 2098 4:13:12 / 2077											
2138	2866	BARANSKI Andrzej	WROCLAW		POL / PRO-RUN WROCLAW	60M50/263	Niep/11	(M)1990	04:29:25	04:27:07	06.19
0:33:22 / 2571 1:02:54 / 2522 1:32:36 / 2472 2:09:13 / 2359 2:43:59 / 2321 3:15:33 / 2197 3:45:35 / 2081 4:14:44 / 2123											
2139	2082	BULACZ Romuald	WROCLAW		POL / NIEZRZESZONY	75M30/750		(M)1991	04:29:25	04:27:51	06.20
0:30:27 / 2031 0:58:30 / 2042 1:26:25 / 1990 2:01:12 / 1877 2:34:29 / 1888 3:07:06 / 1879 3:41:06 / 1963 4:11:47 / 2045											
2140	1247	LEBIODA Adam	KATOWICE		POL	70M40/556		(M)1992	04:29:26	04:28:51	06.22
0:25:14 / 703 0:49:40 / 694 3:38:49 / 3006 1:44:10 / 702 2:19:37 / 1015 3:00:32 / 1601 3:41:06 / 1962 4:11:05 / 2014											
2141	203	POTOCKI Andrzej	KRAKÓW		POL	82M30/751		(M)1993	04:29:26	04:27:10	06.19
0:32:50 / 2452 1:02:40 / 2432 1:32:09 / 2399 2:08:23 / 2261 2:42:03 / 2234 3:14:18 / 2154 3:46:42 / 2116 4:14:51 / 2126											
2142	1812	BIŁOS Rafał	RYKI		POL / BIEGUSIEM	73M30/752		(M)1994	04:29:28	04:28:04	06.21
0:31:15 / 2216 1:01:24 / 2307 1:31:56 / 2348 2:09:33 / 2374 2:45:44 / 2375 3:18:37 / 2289 3:50:38 / 2224 4:16:30 / 2191											
2143	607	ROSÓŁ Zbigniew	MIEDZYRZECZ		POL / MIEDZYRZECKI KLUB BIEGACZA	56M50/264		(M)1995	04:29:28	04:27:19	06.20
0:31:57 / 2308 1:01:28 / 2312 1:31:24 / 2309 2:10:31 / 2401 2:49:02 / 2464 3:24:06 / 2468 3:52:29 / 2267 4:16:08 / 2166											
2144	3190	ZIELIŃSKA Agnieszka	KRAKÓW		POL	69K40/38		(K)149	04:29:28	04:26:55	06.19
0:35:04 / 2799 1:06:41 / 2769 1:38:05 / 2725 2:15:41 / 2551 2:49:50 / 2482 3:20:34 / 2336 3:50:26 / 2219 4:15:51 / 2159											
2145	1668	MARSZAŁKOWSKI Grzegorz	NOWA SÓL		POL / SOS DLA AFRYKI	69M40/557		(M)1996	04:29:28	04:27:18	06.20
0:32:51 / 2459 1:02:47 / 2492 1:32:24 / 2447 2:08:51 / 2324 2:43:54 / 2314 3:15:54 / 2209 3:49:25 / 2191 4:16:26 / 2179											
2146	1848	FRĄCZKIEWICZ-WOŚ Monika	WROCLAW		POL	84K20/36		(K)150	04:29:32	04:26:48	06.19
0:34:23 / 2692 1:06:11 / 2713 1:37:02 / 2649 2:15:06 / 2538 2:50:46 / 2519 3:23:23 / 2424 3:52:56 / 2300 4:17:16 / 2219											
2147	2417	JAGIEŁA Wojciech	OZIMEK		POL / JKB OZIMEK	81M30/753		(M)1997	04:29:34	04:27:55	06.20
0:28:53 / 1587 0:54:16 / 1353 1:20:53 / 1360 1:55:00 / 1383 2:32:24 / 1775 3:23:23 / 2425 3:42:07 / 1987 4:12:29 / 2067											
2148	1531	DRYŃDA Andrzej	LUBLINIEC		POL	68M40/558		(M)1998	04:29:34	04:27:56	06.20
0:30:34 / 2072 0:58:30 / 2044 1:26:12 / 1962 2:00:56 / 1860 2:32:56 / 1817 3:23:23 / 2423 3:42:08 / 1988 4:12:30 / 2068											
2149	2460	ŚWIAĆ Michał	GLIWICE		POL / AKMB PĘDZIWIATR GLIWICE	78M30/754		(M)1999	04:29:35	04:27:53	06.20
0:31:27 / 2238 1:01:21 / 2301 1:31:43 / 2330 2:08:43 / 2315 2:44:39 / 2339 3:18:41 / 2291 3:51:54 / 2259 4:16:31 / 2192											
2150	1948	LATAŁA Dominik	PROSZOWICE		POL	76M30/755		(M)2000	04:29:37	04:27:13	06.19
0:33:01 / 2520 1:02:50 / 2513 1:32:32 / 2463 2:09:14 / 2360 2:44:56 / 2346 3:17:37 / 2265 3:51:33 / 2253 4:16:28 / 2186											
2151	2294	ZICH Marek	CZERWIONKA-LESZCZYN		POL	65M40/559		(M)2001	04:29:37	04:27:16	06.20
0:32:53 / 2478 1:02:54 / 2525 1:32:47 / 2482 2:11:14 / 2415 2:47:48 / 2431 3:20:38 / 2337 3:52:37 / 2274 4:16:35 / 2194											
2152	2610	DUDAŁA Damian	JĘDRZEJÓW		POL / BAFANA	84M20/359		(M)2002	04:29:38	04:27:06	06.19
0:34:20 / 2688 1:05:59 / 2711 1:37:20 / 2668 2:15:52 / 2557 2:52:44 / 2621 3:27:04 / 2559 3:56:19 / 2389 4:18:26 / 2235											
2153	1381	BAK Andrzej	GŁOGÓW MLP.		POL / TTKF SOKÓŁ GŁOGÓW MLP.	59M50/265		(M)2003	04:29:39	04:28:47	06.22
0:28:34 / 1506 0:56:09 / 1609 1:25:21 / 1752 2:03:02 / 1987 2:40:04 / 2121 3:15:28 / 2195 3:48:23 / 2164 4:16:25 / 2177											
2154	1765	BUCZYŃSKI Tomasz	KRAKOW		POL	69M40/560		(M)2004	04:29:39	04:27:35	06.20
0:30:32 / 2058 0:58:26 / 2025 1:26:09 / 1956 2:00:43 / 1839 2:32:23 / 1769 3:06:20 / 1863 3:40:59 / 1953 4:11:28 / 2035											
2155	797	JANICKI Patryk	KOCMYRZÓW		POL / PĘDZĄCA BRYGADA JULIANA	82M30/756		(M)2005	04:29:42	04:28:28	06.21
0:29:32 / 1735 0:57:14 / 1757 1:25:21 / 1754 1:59:19 / 1649 2:34:12 / 1881 3:09:46 / 1964 3:42:37 / 1997 4:12:54 / 2072											
2156	3081	MARCZYK Adam	NOWY SĄCZ		POL	62M50/266		(M)2006	04:29:43	04:27:28	06.20
0:32:47 / 2429 1:02:42 / 2458 1:32:33 / 2467 2:11:46 / 2428 2:43:58 / 2318 3:16:32 / 2236 3:47:25 / 2139 4:14:37 / 2121											
2157	2964	SKOTNICKI Dariusz	PRZEMYŚL		POL / TWIERDZA PRZEMYŚL	65M40/561		(M)2007	04:29:47	04:28:13	06.21
0:30:16 / 1947 0:58:07 / 1897 1:25:53 / 1860 2:02:46 / 1969 2:41:34 / 2190 3:15:45 / 2201 3:49:59 / 2210 4:16:27 / 2181											
2158	1492	DUSZA Dominik	TRZCIANA		POL	78M30/757		(M)2008	04:29:49	04:27:40	06.20
0:32:00 / 2319 1:01:43 / 2333 1:31:17 / 2301 2:07:45 / 2210 2:41:57 / 2214 3:12:10 / 2081 3:47:48 / 2148 4:14:54 / 2131											

23.04.2012 08:44:55

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2159	1685	HUDOWICZ Borys	POZNAŃ	 POL			90M20/360		(M)2009	04:29:49	04:28:30 06.21
		0:30:52 / 2172 0:58:53 / 2132 1:26:55 / 2028 2:04:44 / 2068 2:44:26 / 2332 3:17:47 / 2270 3:50:59 / 2237 4:16:28 / 2185									
2160	254	DOBOSZ Krzysztof	GLIWICE	 POL	/ AKMB PĘDZIWIATR GLIWICE		70M40/562		(M)2010	04:29:49	04:28:34 06.21
		0:30:32 / 2060 0:58:57 / 2139 1:27:33 / 2074 2:03:17 / 2002 2:38:05 / 2045 3:12:19 / 2089 3:47:47 / 2146 4:14:53 / 2130									
2161	290	KLIMCZAK Michał	WROCLAW	 POL			81M30/758		(M)2011	04:29:50	04:27:26 06.20
		0:32:53 / 2477 1:02:43 / 2464 1:32:12 / 2415 2:08:52 / 2329 2:43:52 / 2311 3:16:30 / 2235 3:49:41 / 2198 4:15:27 / 2144									
2162	464	TATUŠKO Tomasz	KRAKÓW	 POL			68M40/563		(M)2012	04:29:52	04:28:02 06.21
		0:30:15 / 1941 0:58:15 / 1979 1:25:58 / 1902 2:01:08 / 1874 2:37:15 / 2001 3:14:02 / 2146 3:47:07 / 2131 4:16:43 / 2203									
2163	1489	SZCZERBA Piotr	JAWORZNO	 POL	/ NIE ZRZESZONY		77M30/759		(M)2013	04:29:52	04:28:58 06.22
		0:28:13 / 1424 0:55:44 / 1555 1:24:04 / 1649 1:59:18 / 1648 2:34:01 / 1870 3:11:56 / 2074 3:47:54 / 2151 4:15:43 / 2150									
2164	2113	MAGDA Kazimierz	KRAKÓW	 POL	/ KKB DYSTANS KRAKÓW		64M40/564		(M)2014	04:29:57	04:27:29 06.20
		0:33:59 / 2647 1:05:05 / 2659 1:36:21 / 2613 2:14:31 / 2502 2:49:54 / 2486 3:23:28 / 2430 3:52:38 / 2276 4:16:29 / 2188									
2165	1773	MIĘDZIK Tomasz	KRAKÓW	 POL			75M30/760		(M)2015	04:30:00	04:27:37 06.20
		0:33:26 / 2577 1:03:34 / 2566 1:33:31 / 2507 2:10:10 / 2393 2:49:54 / 2485 3:20:22 / 2331 3:51:20 / 2248 4:16:28 / 2187									
2166	1644	WIĘZIK Leszek	RADZIONKÓW	 POL	/ NIEZRZESZONY		55M50/267		(M)2016	04:30:01	04:29:02 06.22
		0:29:26 / 1719 0:57:16 / 1763 1:25:15 / 1744 1:59:21 / 1654 2:37:19 / 2003 3:14:20 / 2157 3:46:37 / 2112 4:15:42 / 2149									
2167	2665	KLEPACKI Krzysztof	SZCZECIN	 POL			78M30/761		(M)2017	04:30:07	04:28:31 06.21
		0:30:38 / 2102 0:58:22 / 2010 1:25:53 / 1871 2:00:04 / 1722 2:33:57 / 1866 3:08:53 / 1935 3:43:36 / 2022 4:14:50 / 2125									
2168	3434	BACHEN Czesław	STRZELCE OPOLSKIE	 POL	/ OSIR STRZELCE OPOLSKIE		79M30/762		(M)2018	04:30:07	04:29:00 06.22
		0:27:47 / 1284 0:54:49 / 1430 1:23:17 / 1572 1:59:38 / 1679 2:34:24 / 1885 3:08:30 / 1924 3:43:27 / 2016 4:15:28 / 2145									
2169	3380	QUILLIEC Christophe	BREUILLET	 FRA			61M50/268		(M)2019	04:30:09	04:28:40 06.22
		0:30:14 / 1926 0:58:13 / 1972 1:27:03 / 2040 2:03:59 / 2037 2:41:47 / 2201 3:17:43 / 2266 3:50:06 / 2214 4:16:30 / 2189									
2170	652	WIGLUSZ Krzysztof	GAĆ	 POL			80M30/763		(M)2020	04:30:11	04:28:12 06.21
		0:30:25 / 2010 0:58:09 / 1943 1:25:50 / 1829 2:00:50 / 1852 2:37:34 / 2023 3:13:40 / 2129 3:49:20 / 2187 4:16:27 / 2182									
2171	2556	MORAWCZYŃSKA Jolanta	DĘBICA	 POL	/ KB MARATOŃCZYK DĘBICA		68K40/39		(K)151	04:30:13	04:28:46 06.22
		0:30:02 / 1833 0:58:23 / 2017 1:27:53 / 2101 2:05:16 / 2087 2:42:00 / 2221 3:17:09 / 2251 3:50:26 / 2220 4:16:09 / 2167									
2172	3020	MROŻEK Tomasz	KRAKÓW	 POL	/ BRAK		83M20/361		(M)2021	04:30:14	04:28:48 06.22
		0:29:05 / 1635 0:56:50 / 1724 1:25:13 / 1738 2:01:18 / 1893 2:39:41 / 2101 3:17:01 / 2247 3:51:08 / 2243 4:17:25 / 2221									
2173	233	DUBANIEWSKI Marek	KOLONIA	 GER			53M50/269		(M)2022	04:30:15	04:28:23 06.21
		0:31:56 / 2306 1:01:41 / 2328 1:31:36 / 2319 2:08:22 / 2259 2:42:45 / 2276 3:15:30 / 2196 3:50:00 / 2211 4:16:30 / 2190									
2174	2332	LIS Magdalena	WŁOSZAKOWICE	 POL	/ WŁOSZAKOWICE		90K20/37		(K)152	04:30:17	04:28:05 06.21
		0:32:59 / 2516 1:02:48 / 2497 1:32:25 / 2449 2:10:13 / 2395 2:46:46 / 2407 3:20:53 / 2349 3:52:46 / 2284 4:16:58 / 2206									
2175	2329	LIS Patrycja	WŁOSZAKOWICE	 POL	/ WŁOSZAKOWICE		88K20/38		(K)153	04:30:17	04:28:06 06.21
		0:32:59 / 2511 1:02:48 / 2499 1:32:25 / 2452 2:10:12 / 2394 2:46:46 / 2408 3:20:52 / 2348 3:52:47 / 2285 4:16:58 / 2205									
2176	1378	KRZEMINSKI Marek	WROCLAW	 POL	/ GB.WROCLAWSKIE MORSY		54M50/270		(M)2023	04:30:17	04:29:16 06.22
		0:28:19 / 1451 0:54:53 / 1438 1:22:53 / 1542 1:59:39 / 1681 2:38:10 / 2047 3:12:57 / 2108 3:48:17 / 2161 4:15:48 / 2157									
2177	2558	FANSLAU Marek	STAROGARD GDAŃSKI	 POL	/ NIEZRZESZONY		64M40/565		(M)2024	04:30:18	04:29:18 06.22
		0:28:19 / 1452 0:54:49 / 1432 1:24:53 / 1711 2:03:24 / 2017 2:40:51 / 2150 3:16:20 / 2224 3:48:51 / 2178 4:15:24 / 2141									
2178	166	JĘDRZEJAK Krzysztof	NOWE SKALMIERZYCE	 POL	/ COSSW KALISZ		61M50/271		(M)2025	04:30:18	04:28:29 06.21
		0:31:29 / 2246 1:00:36 / 2248 1:30:50 / 2262 2:07:52 / 2227 2:43:17 / 2288 3:17:13 / 2253 3:49:50 / 2204 4:16:13 / 2172									
2179	2044	SZWED Bolesław	KIELCZ	 POL			59M50/272		(M)2026	04:30:20	04:28:23 06.21
		0:31:59 / 2310 1:01:29 / 2314 1:31:42 / 2328 2:08:24 / 2264 2:42:02 / 2232 3:14:31 / 2163 3:46:14 / 2099 4:12:09 / 2059									
2180	2769	SILKIN Piotr	KAUNO RAJ.	 LTU	/ KAUNO BMK		41M70/6		(M)2027	04:30:26	04:29:12 06.22
		0:29:44 / 1782 0:57:29 / 1783 1:25:35 / 1783 2:00:31 / 1800 2:34:46 / 1899 3:11:39 / 2042 3:43:22 / 2015 4:15:52 / 2161									
2181	1865	SZCZOT Andrzej	WROCLAW	 POL	/ WKB PIAST WROCLAW		76M30/764		(M)2028	04:30:28	04:27:54 06.20
		0:34:56 / 2757 1:06:39 / 2758 1:38:06 / 2727 2:16:44 / 2601 2:52:08 / 2567 3:23:44 / 2444 3:52:49 / 2287 4:16:25 / 2175									
2182	184	PILCH Marek	KRAKÓW	 POL	/ UCIEC PRZED AUTOBUSEM KONIEC WYŚCIGU		54M50/273		(M)2029	04:30:29	04:28:24 06.21
		0:32:03 / 2322 1:01:47 / 2342 1:31:42 / 2329 2:08:20 / 2245 2:42:25 / 2260 3:14:17 / 2152 3:46:58 / 2125 4:15:01 / 2135									
2183	674	SZYMCZYK Tomasz	CZĘSTOCHOWA	 POL	/ RCC		82M30/765		(M)2030	04:30:49	04:29:33 06.23
		0:27:54 / 1317 0:54:02 / 1242 1:20:09 / 1201 1:53:22 / 1288 2:28:42 / 1510 3:05:31 / 1840 3:46:17 / 2103 4:15:41 / 2148									
2184	1042	ŁUKASIK Zbigniew	KRAKÓW	 POL			69M40/566		(M)2031	04:31:01	04:29:31 06.23
		0:30:11 / 1905 0:58:07 / 1901 1:26:00 / 1916 2:00:31 / 1793 2:35:18 / 1922 3:11:46 / 2065 3:46:59 / 2126 4:16:02 / 2164									
2185	1822	BAKOWSKA-TOMAS Beata	WROCLAW	 POL			76K30/62		(K)154	04:31:05	04:29:37 06.23
		0:29:31 / 1734 0:57:13 / 1752 1:26:43 / 2012 2:05:31 / 2097 2:43:30 / 2296 3:18:15 / 2276 3:50:59 / 2236 4:17:04 / 2207									
2186	2104	STRZELECKI Paweł	ŚWIĄTNIKI GÓRNE	 POL			76M30/766		(M)2032	04:31:07	04:28:35 06.21
		0:33:22 / 2567 1:03:00 / 2535 1:33:05 / 2497 2:09:11 / 2355 2:43:56 / 2316 3:16:08 / 2216 3:48:52 / 2179 4:16:27 / 2184									
2187	688	CHMIEL Jacek	JASTRZĘBIE-ZDRÓJ	 POL			58M50/274		(M)2033	04:31:08	04:29:49 06.23
		0:32:35 / 2391 1:03:17 / 2559 1:34:12 / 2531 2:13:03 / 2456 2:48:59 / 2461 3:21:32 / 2365 3:52:36 / 2271 4:17:11 / 2213									

23.04.2012 08:44:55

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:												
2188	1327	ROTARSKI Andrzej	JAROSZOWIEC		POL / LKS UNIA JAROSZOWIEC	65M40/567			(M)2034	04:31:09	04:28:36	06.21
0:33:38 / 2598 1:03:17 / 2560 1:34:07 / 2530 2:12:32 / 2443 2:48:36 / 2449 3:20:44 / 2342 3:50:59 / 2238 4:16:13 / 2170												
2189	636	STOPA Szymon	WROCLAW		POL / ITMZM 2011	77M30/767			(M)2035	04:31:10	04:29:23	06.23
0:32:09 / 2345 1:02:46 / 2487 1:33:33 / 2511 2:11:06 / 2412 2:46:36 / 2402 3:19:26 / 2311 3:51:55 / 2260 4:16:42 / 2202												
2190	1367	CHRZĘSZCZYK Karol	BODZENTYN		POL	90M20/362			(M)2036	04:31:24	04:29:53	06.23
0:27:52 / 1307 0:54:08 / 1295 1:20:27 / 1268 1:52:59 / 1223 2:23:00 / 1218 2:50:08 / 1135 3:16:12 / 1072 3:36:21 / 977												
2191	2271	BIELAK Beata	KALISZ		POL / SUPERMARATON KALISZ	78K30/63			(K)155	04:31:25	04:28:59	06.22
0:34:01 / 2651 1:05:32 / 2676 1:36:33 / 2625 2:14:34 / 2505 2:50:19 / 2507 3:23:09 / 2418 3:52:51 / 2294 4:17:31 / 2224												
2192	1678	KURZAJCZYK Hanna	KALISZ		POL / SUPERMARATON KALISZ	85K20/39			(K)156	04:31:25	04:29:00	06.22
0:34:02 / 2652 1:05:32 / 2675 1:36:32 / 2620 2:14:35 / 2511 2:50:20 / 2508 3:23:08 / 2417 3:52:51 / 2293 4:17:32 / 2225												
2193	597	RELUGA Grzegorz	WARSZAWA		POL	71M40/568			(M)2037	04:31:26	04:29:26	06.23
0:29:10 / 1658 0:55:39 / 1549 1:22:46 / 1530 1:57:22 / 1526 2:32:40 / 1796 3:09:38 / 1958 3:47:12 / 2136 4:17:16 / 2218												
2194	2714	ANTONIEWICZ Jacek	GRÓJEC		POL / BIEGIEM PRZEPOLSKĘ	70M40/569			(M)2038	04:31:31	04:30:05	06.24
0:29:10 / 1659 0:58:21 / 2006 1:26:24 / 1988 2:02:09 / 1941 2:37:03 / 1996 3:11:47 / 2067 3:47:04 / 2129 4:15:43 / 2151												
2195	3120	RADWAN Przemysław	WADOWICE		POL / ENDORFINY WADOWICE	87M20/363			(M)2039	04:31:33	04:30:22	06.24
0:28:56 / 1596 0:56:42 / 1694 1:24:22 / 1665 1:59:33 / 1674 2:35:18 / 1920 3:08:35 / 1927 3:45:55 / 2092 4:18:48 / 2251												
2196	3453	TYCZYŃSKI Arkadiusz	RADOM		POL	75M30/768			(M)2040	04:31:36	04:28:52	06.22
0:33:53 / 2632 1:02:44 / 2469 1:32:06 / 2373 2:08:25 / 2269 2:43:19 / 2289 3:16:16 / 2222 3:49:53 / 2205 4:17:14 / 2215												
2197	577	PIOTROWSKA Barbara	WROCLAW		POL / PRO-RUN	53K50/12			(K)157	04:31:36	04:29:17	06.22
0:34:18 / 2683 1:05:40 / 2689 1:37:19 / 2664 2:16:53 / 2635 2:52:51 / 2626 3:24:49 / 2491 3:55:28 / 2368 4:19:05 / 2260												
2198	1969	BORDIGNON Daniele luigi	VICENZA		ITA	57M50/275			(M)2041	04:31:42	04:30:39	06.24
0:29:36 / 1755 0:57:55 / 1824 1:26:10 / 1959 2:02:34 / 1959 2:37:58 / 2041 3:12:23 / 2092 3:46:03 / 2096 4:16:01 / 2163												
2199	2546	BARAN Michał	WARMAŃOWICE		POL / OSIR STRZELCE OPOLSKIE	81M30/769			(M)2042	04:31:43	04:30:35	06.24
0:29:45 / 1783 0:57:49 / 1818 1:26:01 / 1923 2:03:18 / 2009 2:39:03 / 2079 3:13:20 / 2113 3:50:33 / 2221 4:18:25 / 2234												
2200	983	SADURSKI Krzysztof	ŁASKARZEW		POL / AVON	74M30/770			(M)2043	04:31:44	04:29:17	06.22
0:33:35 / 2593 1:02:45 / 2473 1:31:41 / 2326 2:07:14 / 2179 2:40:54 / 2152 3:11:32 / 2031 3:40:01 / 1923 4:15:44 / 2154												
2201	1180	KALIŃSKA Justyna	GARWOLIN		POL / AVON	81K30/64			(K)158	04:31:45	04:29:16	06.22
0:33:35 / 2594 1:02:45 / 2475 1:31:41 / 2325 2:07:14 / 2180 2:40:54 / 2153 3:11:32 / 2033 3:40:01 / 1924 4:15:44 / 2152												
2202	2218	KRAMARCZYK Maciej	WĘGRZCE WIELKIE		POL	68M40/570			(M)2044	04:31:52	04:29:44	06.23
0:31:20 / 2229 1:00:12 / 2222 1:30:00 / 2229 2:07:11 / 2177 2:42:44 / 2273 3:15:35 / 2199 3:49:41 / 2199 4:16:40 / 2200												
2203	1689	JURCZAK Maciej	KRAKÓW		POL	86M20/364			(M)2045	04:31:52	04:29:38	06.23
0:33:03 / 2524 1:02:32 / 2402 1:32:05 / 2368 2:08:20 / 2246 2:42:06 / 2247 3:14:41 / 2168 3:48:53 / 2180 4:16:34 / 2193												
2204	2456	ŚMIETANA Danuta	KRAKÓW		POL / ITI ADVENTURE TEAM	73K30/65			(K)159	04:31:53	04:30:32	06.24
0:30:38 / 2097 0:58:41 / 2100 1:27:30 / 2071 2:03:55 / 2033 2:41:55 / 2207 3:17:22 / 2258 3:51:21 / 2249 4:17:46 / 2226												
2205	2331	SZCZYPORSKI Piotr	BYDGOSZCZ		POL / BYDGOSKA GRUPA SPORTÓW	91M20/365			(M)2046	04:31:57	04:30:12	06.24
0:30:51 / 2167 0:58:52 / 2128 1:28:15 / 2133 2:04:18 / 2044 WYTRZYMAŁOŚCIOWYC 2:39:29 / 2093 3:14:00 / 2144 3:48:45 / 2177 4:16:37 / 2196												
2206	2244	ZĄBKOWSKI Krzysztof	BYDGOSZCZ		POL / BYDGOSKA GRUPA SPORTÓW	91M20/366			(M)2047	04:32:04	04:30:18	06.24
0:30:51 / 2166 0:58:52 / 2126 1:27:57 / 2111 2:04:18 / 2045 WYTRZYMAŁOŚCIOWYC 2:39:29 / 2094 3:14:00 / 2145 3:48:44 / 2176 4:16:38 / 2198												
2207	1530	WIERZBICKI Łukasz	WARSZAWA		POL	80M30/771			(M)2048	04:32:05	04:30:52	06.25
0:28:21 / 1463 0:55:00 / 1448 1:22:03 / 1447 1:56:08 / 1460 2:31:41 / 1664 3:07:52 / 1907 3:43:37 / 2024 4:15:30 / 2146												
2208	1787	LATUSZEK Agnieszka	GARWOLIN		POL / TRUCHTACZ.PL	70K40/40			(K)160	04:32:07	04:31:04	06.25
0:28:19 / 1456 0:56:00 / 1589 1:26:13 / 1964 2:04:39 / 2065 2:42:26 / 2262 3:17:32 / 2263 3:51:48 / 2258 4:18:40 / 2244												
2209	1305	FRANCZYK Paweł	KRAKÓW		POL	79M30/772			(M)2049	04:32:08	04:29:45	06.23
0:33:10 / 2547 1:02:45 / 2477 1:32:23 / 2445 2:09:15 / 2363 2:45:06 / 2354 3:19:06 / 2300 3:51:27 / 2251 4:17:27 / 2222												
2210	2123	ŚWIST Mariusz	BIELSKO-BIAŁA		POL / TIMTIRIM TEAM	69M40/571			(M)2050	04:32:09	04:29:43	06.23
0:34:09 / 2668 1:05:40 / 2687 1:37:54 / 2699 2:16:49 / 2626 2:52:16 / 2596 3:24:37 / 2485 3:55:04 / 2355 4:18:41 / 2245												
2211	2435	KOZACZUK Krzysztof	JORDANÓW ŚLĄSKI		POL	58M50/276			(M)2051	04:32:14	04:30:06	06.24
0:32:36 / 2395 1:02:00 / 2360 1:31:18 / 2304 2:06:42 / 2154 2:41:55 / 2208 3:15:50 / 2205 3:49:32 / 2194 4:17:04 / 2209												
2212	1166	PISARIK Marek	KRAKÓW		POL / POLISH SCHOOL OF MARATHON	69M40/572			(M)2052	04:32:21	04:30:58	06.25
0:30:45 / 2135 0:59:11 / 2155 1:27:54 / 2102 2:02:55 / 1977 2:38:07 / 2046 3:13:24 / 2117 3:50:55 / 2232 4:17:15 / 2217												
2213	1998	ŚWIERK Damian	PODEGRODZIE		POL / BIEGAMBOLUBIĘ KRAKÓW	89M20/367			(M)2053	04:32:21	04:30:02	06.23
0:36:01 / 2918 1:07:32 / 2870 1:38:36 / 2792 2:16:59 / 2647 2:52:32 / 2616 3:24:13 / 2473 3:54:30 / 2338 4:19:04 / 2257												
2214	1859	POHOSKI Artur	52-628		POL	90M20/368			(M)2054	04:32:22	04:29:43	06.23
0:34:53 / 2749 1:05:17 / 2671 1:36:13 / 2601 2:14:15 / 2485 2:50:15 / 2503 3:24:12 / 2472 3:54:30 / 2339 4:19:06 / 2262												
2215	2159	SZAFRAN Zygmunt	GŁOGÓW MŁP		POL / RZESZOWSKIE GAZELE I GEPARDY	65M40/573			(M)2055	04:32:22	04:30:46	06.25
0:30:32 / 2059 0:58:04 / 1867 3:46:20 / 3010 2:00:33 / 1810 2:36:01 / 1961 3:10:08 / 1976 3:54:30 / 2340 4:15:47 / 2155												

23.04.2012 08:44:55

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2216	868	URBAŃSKI Józef	KROSNO		POL / KKB MOSIR KROSNO		58M50/277	(M)2056	04:32:23	04:30:28 06.24
		0:30:40 / 2108	0:58:35 / 2078	1:26:45 / 2015	2:02:45 / 1968	2:37:47 / 2034	3:10:45 / 2002	3:46:20 / 2105	4:15:49 / 2158	
2217	178	KRCMARIK Vladimir	ZILINA		SVK / HGM ZILINA		54M50/278	(M)2057	04:32:24	04:29:53 06.23
		0:34:52 / 2745	1:06:44 / 2803	1:38:14 / 2766	2:17:08 / 2657	2:52:12 / 2584	3:23:45 / 2449	3:54:36 / 2343	4:18:37 / 2241	
2218	3287	WOLIŃSKI Marek	KRAKÓW		POL / NIEBIEGAMWLEGINSACH.PL		85M20/369	(M)2058	04:32:24	04:30:21 06.24
		0:32:02 / 2320	1:01:16 / 2292	1:30:55 / 2270	2:07:28 / 2198	2:41:55 / 2209	3:13:42 / 2132	3:49:47 / 2201	4:20:22 / 2289	
2219	2165	GÓRSKI Maciej	WROCLAW		POL		74M30/773	(M)2059	04:32:25	04:30:00 06.23
		0:32:58 / 2509	1:03:09 / 2551	1:34:03 / 2527	2:12:16 / 2436	2:49:16 / 2467	3:23:14 / 2419	3:53:43 / 2316	4:18:46 / 2249	
2220	2106	PIETRZYKOWSKI Tomasz	ŻMIGRÓD		POL / PRO-RUN WROCLAW		76M30/774	(M)2060	04:32:25	04:30:04 06.24
		0:34:17 / 2679	1:05:41 / 2694	1:37:21 / 2669	2:17:23 / 2661	2:52:51 / 2627	3:24:49 / 2492	3:55:26 / 2367	4:19:05 / 2261	
2221	2033	PONIEWOZIK Irek	LUBLIN		POL		78M30/775	(M)2061	04:32:25	04:30:22 06.24
		0:31:32 / 2254	1:00:34 / 2247	1:30:19 / 2243	2:04:36 / 2063	2:39:31 / 2096	3:12:22 / 2091	3:46:56 / 2124	4:16:36 / 2195	
2222	1803	SZLUFIK Krzysztof	NAMYSŁÓW		POL		77M30/776	(M)2062	04:32:41	04:30:18 06.24
		0:34:01 / 2649	1:05:05 / 2658	1:36:51 / 2642	2:16:57 / 2642	2:52:01 / 2562	3:24:45 / 2489	3:54:13 / 2328	4:18:42 / 2246	
2223	162	MAZUREK Grzegorz	LUBIN		POL / LUBIŃSKIE CHARAKTERY		80M30/777	(M)2063	04:32:44	04:31:23 06.25
		0:29:58 / 1826	0:58:00 / 1839	1:25:47 / 1814	2:00:27 / 1764	2:32:19 / 1752	3:04:00 / 1785	3:42:37 / 1998	4:16:24 / 2174	
2224	3359	SZEJBA Bartłomiej	SZCZECIN		POL		75M30/778	(M)2064	04:32:47	04:31:11 06.25
		0:30:39 / 2106	0:58:30 / 2045	1:25:57 / 1897	2:00:29 / 1771	2:39:06 / 2080	3:12:36 / 2098	3:48:27 / 2167	4:16:49 / 2204	
2225	1473	LASKOWSKI Mirosław	KOMARÓWKA PODLASKA		POL / AGRO CORN MILANÓW		69M40/574	(M)2065	04:32:52	04:31:30 06.26
		0:28:54 / 1591	0:56:07 / 1601	1:26:47 / 2017	2:04:29 / 2054	2:43:25 / 2292	3:18:29 / 2282	3:51:19 / 2247	4:17:57 / 2230	
2226	2652	STAWICKI Zdzisław	BLACHOWNIA		POL / PRZELAJOWA ÓSEMKA BLACHOWNIA		70M40/575	(M)2066	04:32:53	04:31:55 06.26
		0:28:42 / 1544	0:57:59 / 1834	1:29:35 / 2209	2:10:53 / 2406	2:49:02 / 2465	3:22:46 / 2410	3:53:37 / 2313	4:19:05 / 2259	
2227	2409	SZPAK Łukasz	KRAKÓW		POL		80M30/779	(M)2067	04:32:54	04:30:31 06.24
		0:33:34 / 2591	1:03:12 / 2554	1:33:06 / 2498	2:10:28 / 2400	2:45:43 / 2374	3:18:36 / 2288	3:51:19 / 2246	4:18:45 / 2248	
2228	460	DANIELAK Małgorzata	ZIELONKI		POL / DYSTANS		69K40/41	(K)161	04:32:57	04:30:29 06.24
		0:34:06 / 2662	1:05:07 / 2662	1:36:32 / 2622	2:14:35 / 2512	2:50:54 / 2527	3:23:28 / 2428	3:52:38 / 2275	4:18:27 / 2236	
2229	461	DANIELAK Roman	ZIELONKI		POL / DYSTANS		67M40/576	(M)2068	04:32:58	04:30:31 06.24
		0:34:05 / 2660	1:05:07 / 2663	1:36:33 / 2624	2:14:35 / 2506	2:50:54 / 2526	3:23:27 / 2427	3:52:40 / 2281	4:18:27 / 2237	
2230	1007	TROĆ-MALUNG Agnieszka	LUBAŃ		POL		73K30/66	(K)162	04:32:59	04:31:33 06.26
		0:28:03 / 1366	0:54:23 / 1386	1:22:23 / 1478	1:59:33 / 1675	2:36:04 / 1963	3:12:45 / 2105	3:49:32 / 2196	4:19:16 / 2265	
2231	1021	VOS Manuela	MADRID		NED		68K40/42	(K)163	04:33:09	04:31:08 06.25
		0:33:48 / 2619	1:04:32 / 2623	1:35:41 / 2583	2:14:21 / 2492	2:49:51 / 2483	3:21:42 / 2372	3:52:55 / 2299	4:19:05 / 2258	
2232	1020	PENEDO COBO Eduardo	MADRID		ESP		63M40/577	(M)2069	04:33:10	04:31:09 06.25
		0:33:50 / 2622	1:04:31 / 2622	1:35:40 / 2580	2:14:26 / 2494	2:49:50 / 2481	3:21:42 / 2373	3:52:55 / 2298	4:19:03 / 2256	
2233	2671	ŚWIEŻY Rafał	GDÓW		POL / BRACIAS		89M20/370	(M)2070	04:33:15	04:31:00 06.25
		0:33:50 / 2623	1:02:39 / 2425	1:32:07 / 2378	2:08:21 / 2248	2:41:53 / 2204	3:13:39 / 2127	3:46:55 / 2123	4:16:27 / 2183	
2234	2160	ŁOJEK Stanisław	KRAKÓW		POL		66M40/578	(M)2071	04:33:18	04:30:56 06.25
		0:34:21 / 2689	1:05:42 / 2699	1:37:23 / 2675	2:16:27 / 2580	2:52:15 / 2594	3:23:53 / 2465	3:53:36 / 2312	4:18:45 / 2247	
2235	2384	HALAGARDA Małgorzata	KRAKOW		POL		87K20/40	(K)164	04:33:20	04:31:09 06.25
		0:32:21 / 2363	1:02:27 / 2387	1:32:12 / 2414	2:09:12 / 2356	2:47:04 / 2418	3:22:39 / 2404	3:54:38 / 2345	4:19:53 / 2279	
2236	1146	SENGER Robert	WARSZAWA		POL / LTT LIPUSZ		82M30/780	(M)2072	04:33:22	04:31:21 06.25
		0:33:01 / 2521	1:02:49 / 2505	1:32:51 / 2486	2:09:28 / 2371	2:44:03 / 2324	3:17:24 / 2259	3:52:49 / 2289	4:16:40 / 2201	
2237	880	BŁOCH Marek	GRODKÓW		POL / NIEZRZESZONY		59M50/279	(M)2073	04:33:25	04:31:11 06.25
		0:32:53 / 2476	1:02:39 / 2424	1:32:09 / 2398	2:08:25 / 2267	2:42:05 / 2244	3:13:44 / 2137	3:48:34 / 2170	4:17:53 / 2229	
2238	2948	LIGNAR Andrzej	GWOŹDZICE		POL / NIEZRZESZONY		58M50/280	(M)2074	04:33:25	04:31:01 06.25
		0:33:18 / 2561	1:02:37 / 2406	1:31:20 / 2308	2:06:48 / 2165	2:40:07 / 2122	3:11:42 / 2048	3:46:02 / 2095	4:20:20 / 2288	
2239	3179	ROSA Leszek	TLUSZCZ		POL / BÓBR TLUSZCZ		59M50/281	(M)2075	04:33:29	04:31:05 06.25
		0:32:58 / 2510	1:02:48 / 2500	1:32:25 / 2451	2:09:11 / 2354	2:44:36 / 2337	3:16:27 / 2233	3:51:56 / 2261	4:17:24 / 2220	
2240	1062	KLIMASZ Zbigniew	RZESZÓW		POL / RZESZOWSKIE GAZELE I GEPARDY		65M40/579	(M)2076	04:33:30	04:32:21 06.27
		0:29:00 / 1611	0:56:38 / 1678	1:24:34 / 1690	2:00:09 / 1728	2:34:06 / 1876	3:14:03 / 2147	3:50:45 / 2226	4:17:58 / 2231	
2241	1461	MICHALICKA Frantisek	ZILINA		SVK / SKP ZILINA		64M40/580	(M)2077	04:33:32	04:32:51 06.28
		0:29:23 / 1704	0:58:01 / 1845	1:27:58 / 2112	2:04:19 / 2046	2:38:41 / 2066	3:13:34 / 2122	3:50:58 / 2235	4:19:13 / 2263	
2242	1302	BEHR Piotr	POZNAŃ		POL		71M40/581	(M)2078	04:33:33	04:31:39 06.26
		0:31:59 / 2312	1:01:17 / 2295	1:32:04 / 2364	2:08:06 / 2233	2:42:25 / 2261	3:16:01 / 2212	3:49:55 / 2207	4:16:40 / 2199	
2243	3445	KAMIŃSKI Marcin	SKARŻYSKO-KAMIENNA		POL / PKO BP SA		80M30/781	(M)2079	04:33:35	04:32:02 06.26
		0:30:33 / 2066	0:58:10 / 1947	1:26:04 / 1939	2:00:32 / 1803	2:32:42 / 1801	3:08:08 / 1911	3:46:38 / 2114	4:17:29 / 2223	
2244	1336	KOWALSKI Michał	KOŚCIERZYNA		POL		73M30/782	(M)2080	04:33:42	04:32:18 06.27
		0:30:17 / 1959	0:58:18 / 1994	1:26:07 / 1951	2:01:07 / 1873	2:35:17 / 1919	3:09:55 / 1968	3:49:54 / 2206	4:18:06 / 2232	

23.04.2012 08:44:55

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2245	1559	SZALKOWSKI Tomasz	LIBIAŻ	 POL	/ LIBIAŻ		74M30/783		(M)2081	04:33:43	04:32:17 06.27
		0:29:48 / 1796	0:57:47 / 1816	1:26:00 / 1917	2:01:17 / 1890	2:36:31 / 1980	3:11:21 / 2029	3:47:27 / 2140	4:16:09 / 2168		
2246	1739	URBACZKA Łukasz	NOWA DĘBA	 POL			66M40/582		(M)2082	04:33:43	04:32:20 06.27
		0:30:53 / 2175	1:00:06 / 2216	1:28:31 / 2148	2:02:34 / 1960	2:36:07 / 1968	3:11:45 / 2061	3:45:20 / 2073	4:17:04 / 2208		
2247	1390	GRABOWSKI Mariusz	KRAKÓW	 POL	/ NIEZRZESZONY		70M40/583		(M)2083	04:33:46	04:31:58 06.26
		0:30:12 / 1914	0:58:09 / 1937	1:25:50 / 1827	2:01:29 / 1907	2:38:17 / 2049	3:11:41 / 2045	3:46:17 / 2104	4:17:14 / 2214		
2248	2916	DRABIK Grzegorz	KRZESZOWICE	 POL			66M40/584		(M)2084	04:33:49	04:31:45 06.26
		0:31:42 / 2282	1:00:53 / 2263	1:31:05 / 2281	2:07:42 / 2205	2:42:46 / 2277	3:17:04 / 2250	3:52:33 / 2270	4:19:46 / 2277		
2249	3381	ZARYCHT Paweł	WIELICZKA	 POL			76M30/784		(M)2085	04:33:50	04:31:02 06.25
		0:34:47 / 2731	1:02:45 / 2472	1:31:18 / 2303	2:07:51 / 2226	2:45:46 / 2377	3:19:44 / 2316	3:52:49 / 2288	4:19:15 / 2264		
2250	2375	KÓZKA Szymon	GLUCHOŁAZY	 POL			91M20/371		(M)2086	04:33:55	04:31:39 06.26
		0:32:49 / 2448	1:02:43 / 2465	1:32:15 / 2426	2:09:00 / 2339	2:45:05 / 2353	3:18:53 / 2295	3:52:44 / 2282	4:19:17 / 2266		
2251	2856	STANGRET Adam	LUBIN	 POL			60M50/282		(M)2087	04:34:03	04:31:44 06.26
		0:33:06 / 2535	1:02:46 / 2484	1:31:40 / 2324	2:07:16 / 2182	2:41:45 / 2200	3:15:46 / 2202	3:50:10 / 2216	4:19:00 / 2255		
2252	3030	KRUCZEK Monika	DĄBROWA GÓRNICZA	 POL	/ POGORIA BIEGA		73K30/67		(K)165	04:34:08	04:31:31 06.26
		0:35:02 / 2787	1:06:04 / 2712	1:38:11 / 2753	2:16:47 / 2621	2:52:12 / 2585	3:23:46 / 2456	3:53:41 / 2314	4:19:28 / 2272		
2253	1886	KAMINSKI Mariusz	OSÓWIEC	 POL			71M40/585		(M)2088	04:34:10	04:33:38 06.29
		0:26:12 / 947	0:52:30 / 1046	1:21:27 / 1400	1:59:07 / 1633	2:36:21 / 1977	3:12:16 / 2088	3:47:36 / 2144	4:17:07 / 2212		
2254	2627	KAWELCZYK Robert	CZĘSTOCHOWA	 POL			67M40/586		(M)2089	04:34:10	04:32:19 06.27
		0:30:31 / 2052	0:58:33 / 2065	1:27:37 / 2084	2:03:18 / 2007	2:37:28 / 2013	3:11:16 / 2024	3:47:10 / 2135	4:17:15 / 2216		
2255	1173	DYMEK Teresa	KRAKÓW	 POL	/ WWW.MYSLJAKZYJESZ.PL		71K40/43		(K)166	04:34:16	04:32:39 06.27
		0:31:17 / 2219	1:00:30 / 2241	1:30:04 / 2235	2:07:27 / 2197	2:43:47 / 2308	3:18:31 / 2286	3:52:09 / 2263	4:20:50 / 2301		
2256	2081	JURASZ Maciej	MIELEC	 POL			80M30/785		(M)2090	04:34:19	04:31:41 06.26
		0:31:17 / 2220	1:06:30 / 2739	1:37:54 / 2700	2:16:26 / 2577	2:51:56 / 2559	3:23:40 / 2439	3:52:51 / 2295	4:18:57 / 2254		
2257	3251	WÓJCIK Michał	KRAKÓW	 POL			88M20/372		(M)2091	04:34:20	04:33:09 06.28
		0:29:41 / 1772	0:57:41 / 1805	1:26:38 / 2006	2:02:18 / 1948	2:37:41 / 2028	3:12:20 / 2090	3:50:17 / 2217	4:18:53 / 2253		
2258	2134	RÓWNIĄK Tomasz	MIECHÓW	 POL			82M30/786		(M)2092	04:34:23	04:31:57 06.26
		0:32:40 / 2403	1:01:44 / 2334	1:30:57 / 2274	2:07:17 / 2183	2:42:13 / 2254	3:16:41 / 2239	3:54:14 / 2329	4:20:03 / 2284		
2259	1522	MZYK Monika	CHRZANÓW	 POL			77K30/68		(K)167	04:34:26	04:32:09 06.27
		0:32:40 / 2402	1:02:11 / 2372	1:31:57 / 2349	2:09:07 / 2345	2:45:08 / 2356	3:18:46 / 2293	3:53:02 / 2303	4:19:19 / 2268		
2260	1975	ANTOSZCZAK Radosław	SĘPÓLNO KRAJEŃSKIE	 POL			78M30/787		(M)2093	04:34:27	04:32:47 06.27
		0:30:42 / 2119	0:58:33 / 2063	1:27:27 / 2067	2:03:08 / 1995	2:37:30 / 2016	3:11:34 / 2034	3:45:35 / 2080	4:18:09 / 2233		
2261	2203	TRZASKA Piotr	KATOWICE	 POL			87M20/373		(M)2094	04:34:32	04:32:22 06.27
		0:32:36 / 2393	1:02:37 / 2408	1:32:08 / 2391	2:08:29 / 2293	2:42:04 / 2241	3:16:11 / 2219	3:51:57 / 2262	4:19:44 / 2275		
2262	3114	SOSNOWSKI Adam	LUBIN	 POL	/ NIEZRZESZONY		67M40/587		(M)2095	04:34:34	04:33:45 06.29
		0:28:16 / 1441	0:55:09 / 1474	1:23:28 / 1581	2:00:10 / 1730	2:37:38 / 2026	3:15:46 / 2203	3:52:10 / 2264	4:20:56 / 2302		
2263	1784	SAPA Lucjan	KRAKÓW	 POL	/ NIEZRZESZONY		69M40/588		(M)2096	04:34:35	04:33:04 06.28
		0:30:32 / 2057	0:58:18 / 1992	1:26:09 / 1958	2:01:27 / 1904	2:37:23 / 2006	3:12:07 / 2079	3:47:50 / 2150	4:18:36 / 2240		
2264	2905	KOZIARSKI Maciej	KATOWICE	 POL			79M30/788		(M)2097	04:34:43	04:33:52 06.29
		0:26:52 / 1045	0:52:57 / 1104	1:19:14 / 1117	1:52:13 / 1141	2:32:00 / 1698	3:14:05 / 2148	3:50:38 / 2225	4:19:40 / 2274		
2265	3354	LINI Kazim	KUALA LUMPUR	 MAS			69M40/589		(M)2098	04:34:50	04:32:36 06.27
		0:33:55 / 2639	1:04:02 / 2592	1:35:25 / 2566	2:15:05 / 2535	2:51:40 / 2547	3:24:53 / 2495	3:56:08 / 2386	4:21:08 / 2310		
2266	1170	WANDEL Dariusz	POZNAŃ	 POL	/ POLSKA BIEGA		71M40/590		(M)2099	04:34:52	04:32:14 06.27
		0:34:52 / 2746	1:06:32 / 2741	1:37:45 / 2696	2:15:54 / 2560	2:51:13 / 2534	3:23:24 / 2426	3:55:20 / 2362	4:20:27 / 2290		
2267	1295	SZELAĞ Klaudiusz	BIADOLINY	 POL			84M20/374		(M)2100	04:34:57	04:32:34 06.27
		0:32:27 / 2371	1:00:10 / 2218	1:28:33 / 2156	2:05:07 / 2078	2:41:37 / 2192	3:18:31 / 2285	3:52:45 / 2283	4:19:45 / 2276		
2268	2158	RAJZER Mariusz	BOCHNIA	 POL			62M50/283		(M)2101	04:35:00	04:33:39 06.29
		0:29:44 / 1781	0:57:37 / 1797	1:26:04 / 1940	2:01:42 / 1922	2:36:45 / 1988	3:13:31 / 2120	3:50:52 / 2230	4:18:29 / 2238		
2269	250	BUSZTA Anna	BRZOZA STADNICKA	 POL			77K30/69		(K)168	04:35:10	04:33:12 06.28
		0:30:25 / 2008	0:58:13 / 1971	1:26:11 / 1960	2:01:57 / 1932	2:38:40 / 2063	3:13:41 / 2131	3:50:50 / 2228	4:19:18 / 2267		
2270	2122	BATELT Jerzy	BIELSKO-BIAŁA	 POL	/ TIMTIRIM TEAM		70M40/591		(M)2102	04:35:16	04:32:51 06.27
		0:34:08 / 2666	1:05:40 / 2690	1:37:56 / 2701	2:16:49 / 2625	2:52:16 / 2597	3:24:37 / 2483	3:55:16 / 2359	4:21:25 / 2313		
2271	3104	PROCHACZEK Adam	GLIWICE	 POL			77M30/789		(M)2103	04:35:18	04:33:08 06.28
		0:34:08 / 2667	1:02:39 / 2428	1:32:06 / 2374	2:14:11 / 3001	2:42:02 / 2231	3:24:37 / 2484	3:49:48 / 2202	4:18:52 / 2252		
2272	1195	STĘPIEN Marek	BRZESKO	 POL	/ BKB VICTORIA BRZESKO		61M50/284		(M)2104	04:35:28	04:33:32 06.28
		0:30:30 / 2040	0:58:46 / 2114	1:28:17 / 2135	2:07:19 / 2185	2:46:49 / 2411	3:23:42 / 2440	3:55:48 / 2376	4:21:01 / 2307		
2273	1982	MAGRETA Natalia	WARSZAWA	 POL			80K30/70		(K)169	04:35:35	04:33:30 06.28
		0:30:30 / 2041	0:58:53 / 2129	1:27:45 / 2091	2:17:12 / 3004	2:41:14 / 2173	3:23:42 / 2441	3:53:10 / 2305	4:20:32 / 2292		

23.04.2012 08:44:56

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2274	1928	JANSSENS Dominique	RIXENSART		BEL / GSK FUNCLUB	66M40/592		(M)2105	04:35:38	04:34:32	06.30
0:28:50 / 1576 0:56:14 / 1621 1:23:57 / 1634 1:58:22 / 1587 2:36:14 / 1971 3:11:49 / 2071 3:48:44 / 2174 4:19:26 / 2270											
2275	2213	OLEKSYK Wojciech	SZCZEPANÓW		POL / BKB VICTORIA	75M30/790		(M)2106	04:35:41	04:33:44	06.29
0:30:50 / 2161 0:59:39 / 2187 1:29:49 / 2220 2:06:12 / 2132 2:41:17 / 2178 3:14:24 / 2158 3:49:50 / 2203 4:19:20 / 2269											
2276	2236	BUKOWSKI Wojciech	KOŃSKIE		POL / PSUEK	88M20/375		(M)2107	04:35:45	04:34:09	06.29
0:30:10 / 1895 0:58:07 / 1898 1:25:51 / 1838 2:00:33 / 1809 2:32:23 / 1771 3:04:10 / 1798 3:41:26 / 1973 4:18:48 / 2250											
2277	1485	ŚWISTOWSKI Bartłomiej	OLKUSZ		POL	89M20/376		(M)2108	04:35:46	04:33:21	06.28
0:32:56 / 2500 1:02:02 / 2364 1:30:06 / 2238 2:04:19 / 2047 2:38:52 / 2073 3:10:52 / 2009 3:42:35 / 1992 4:20:41 / 2293											
2278	2915	MIELCAREK Przemysław	POZNAŃ		POL / MIELCAREK TEAM - AGENCJA ALLIANZ	66M40/593		(M)2109	04:35:46	04:33:58	06.29
0:30:59 / 2190 0:58:37 / 2087 1:27:06 / 2045 3:18:20 / 3005 GRAZYNA 2:41:36 / 2191 3:10:52 / 2010 3:53:42 / 2315 4:19:59 / 2283											
2279	2260	GRZESIŃSKA Marta	KRAKÓW		POL / AZS AWF MASTERS KRAKÓW	74K30/71		(K)170	04:35:47	04:33:49	06.29
0:30:59 / 2189 1:02:21 / 2379 1:32:06 / 2371 2:08:28 / 2288 2:44:03 / 2325 3:19:19 / 2308 3:53:11 / 2306 4:20:45 / 2295											
2280	3163	WARIT Ali	CASABLANCA		MAR / CMCF MAROC	66M40/594		(M)2110	04:35:47	04:33:41	06.29
0:34:55 / 2750 1:06:45 / 2817 1:38:09 / 2742 2:16:41 / 2594 2:53:24 / 2644 3:27:02 / 2557 3:58:09 / 2434 4:22:30 / 2353											
2281	2096	LEBDA Małgorzata	KRAKÓW		POL / BRAK	85K20/41		(K)171	04:35:49	04:34:02	06.29
0:30:05 / 1856 0:58:11 / 1957 1:28:34 / 2161 2:07:43 / 2206 2:47:04 / 2419 3:22:28 / 2388 3:56:57 / 2406 4:22:30 / 2352											
2282	2663	PERLEJEWSKI Sebastian	CIECHANOWIEC		POL	87M20/377		(M)2111	04:35:51	04:34:01	06.29
0:30:13 / 1921 0:58:08 / 1914 1:25:56 / 1885 2:00:54 / 1855 2:37:26 / 2010 3:10:24 / 1989 3:46:59 / 2127 4:20:45 / 2296											
2283	2569	KRZYSZTOFIAK Grażyna	KWIDZYN		POL	58K50/13		(K)172	04:35:52	04:33:17	06.28
0:34:58 / 2763 1:06:43 / 2790 1:38:10 / 2749 2:16:58 / 2643 2:52:42 / 2620 3:25:29 / 2512 3:57:12 / 2409 4:22:41 / 2361											
2284	1776	NOWAK Krzysztof	ZABIERZÓW BOCH.		POL	66M40/595		(M)2112	04:35:53	04:33:22	06.28
0:33:39 / 2601 1:04:41 / 2630 1:36:17 / 2610 2:14:52 / 2525 2:50:24 / 2511 3:23:28 / 2429 3:56:11 / 2387 4:21:28 / 2322											
2285	276	CIEĆWIERZ Dariusz	BŁONIE		POL / LKS OLYMP BŁONIE	77M30/791		(M)2113	04:35:56	04:34:42	06.30
0:28:12 / 1420 0:54:26 / 1393 1:23:05 / 1556 2:03:08 / 1996 2:45:00 / 2347 3:23:32 / 2434 3:53:48 / 2319 4:22:00 / 2337											
2286	2562	BALIŃSKA-SEWERYN	GLIWICE		POL	77K30/72		(K)173	04:35:57	04:33:23	06.28
0:28:12 / 1421 1:06:34 / 2746 1:36:59 / 2647 2:15:12 / 2545 2:50:42 / 2518 3:23:44 / 2445 3:54:28 / 2335 4:21:01 / 2306											
2287	2349	MŁODAWSKI Jacek	KOŃSKIE		POL / BRAK	77M30/792		(M)2114	04:35:57	04:35:12	06.31
0:27:15 / 1109 0:55:22 / 1505 1:25:28 / 1766 2:06:05 / 2121 2:47:01 / 2415 3:22:23 / 2386 3:55:56 / 2382 4:22:20 / 2347											
2288	366	GRZYWACZ Mariusz	WYSOKA		POL / SCA	70M40/596		(M)2115	04:36:04	04:34:26	06.30
0:30:45 / 2137 0:58:54 / 2135 1:28:31 / 2149 2:05:07 / 2079 2:41:19 / 2180 3:16:15 / 2221 3:51:43 / 2255 4:20:44 / 2294											
2289	862	NADOLSKI Tomasz	PRABUTY		POL / HELIOS	74M30/793		(M)2116	04:36:08	04:34:18	06.30
0:31:40 / 2280 1:01:13 / 2288 1:31:12 / 2289 2:07:21 / 2189 2:41:27 / 2186 3:14:10 / 2149 3:49:24 / 2189 4:20:57 / 2303											
2290	1590	BALYTA Vasyl	LVIV		UKR / LO AVS-FENIX	49M60/61		(M)2117	04:36:10	04:34:14	06.29
0:28:42 / 1543 0:55:05 / 1464 1:22:05 / 1451 1:56:23 / 1472 2:36:50 / 1991 3:18:45 / 2292 3:54:44 / 2348 4:22:28 / 2349											
2291	2476	SOWULA Dorota	WROCLAW		POL / PRO-RUN WROCLAW	73K30/73		(K)174	04:36:12	04:33:52	06.29
0:34:17 / 2677 1:05:41 / 2697 1:37:19 / 2665 2:16:52 / 2631 2:52:52 / 2629 3:26:00 / 2528 3:57:34 / 2421 4:22:28 / 2350											
2292	2762	ZAHED Soumaya	CASABLANCA		MAR / CMCF	63K40/44		(K)175	04:36:15	04:34:08	06.29
0:35:09 / 2817 1:06:49 / 2836 1:38:09 / 2743 2:16:41 / 2593 2:54:55 / 2680 3:27:04 / 2560 3:59:07 / 2467 4:22:28 / 2351											
2293	1115	NONAS Piotr	WROCLAW		POL	67M40/597		(M)2118	04:36:17	04:34:50	06.30
0:30:08 / 1883 0:58:04 / 1858 1:25:50 / 1833 2:01:54 / 1931 2:41:44 / 2196 3:20:03 / 2322 3:54:08 / 2326 4:22:01 / 2338											
2294	2901	SŁONINA Ireneusz	RZESZÓW		POL	83M20/378		(M)2119	04:36:21	04:34:51	06.30
0:30:22 / 1991 0:57:52 / 1819 1:25:06 / 1721 1:58:11 / 1577 2:28:27 / 1497 3:02:48 / 1721 3:39:21 / 1906 4:15:25 / 2143											
2295	660	DOMINIK Dawid	KWIDZYN		POL / HELIOS	80M30/794	B2/9	(M)2120	04:36:24	04:34:34	06.30
0:30:22 / 1990 1:01:12 / 2285 1:31:13 / 2292 2:07:22 / 2191 2:41:28 / 2187 3:14:10 / 2150 3:49:24 / 2190 4:20:57 / 2304											
2296	1858	WOJTOWICZ Tomasz	JAWORZNO		POL	89M20/379		(M)2121	04:36:28	04:33:34	06.29
0:35:46 / 2896 1:06:47 / 2830 1:37:13 / 2657 2:14:19 / 2490 2:50:17 / 2505 3:23:33 / 2436 3:55:21 / 2363 4:20:57 / 2305											
2297	3352	KOCHANSKA Kaja	KRAKÓW		POL	91K20/42		(K)176	04:36:30	04:34:15	06.29
0:30:22 / 1993 0:58:10 / 1950 1:25:57 / 1899 2:05:44 / 2109 2:44:53 / 2345 3:22:30 / 2391 3:58:09 / 2435 4:23:46 / 2366											
2298	1767	WANCZYK Paweł	NOWY SĄCZ		POL / VISEGRAD MARATON RYTRO GRUPA BIEGOWA	60M50/285		(M)2122	04:36:31	04:34:56	06.30
0:30:22 / 1992 0:58:20 / 2003 1:26:57 / 2030 2:03:03 / 1990 SĄD 2:38:42 / 2067 3:15:52 / 2207 3:53:21 / 2308 4:21:38 / 2324											
2299	258	TUZIMEK Dariusz	ZIELONA GÓRA		POL / BRACHTWO BIEGACZY ZIELONA GÓRA	66M40/598		(M)2123	04:36:34	04:35:02	06.31
0:29:50 / 1801 0:57:29 / 1782 1:25:24 / 1759 3:05:58 / 2995 2:31:43 / 1669 3:15:52 / 2206 3:46:25 / 2109 4:17:51 / 2227											
2300	2548	TURECKI Jan	NIEPOLOMICE		POL	58M50/286		(M)2124	04:36:36	04:34:18	06.30
0:33:01 / 2518 1:02:41 / 2450 1:32:08 / 2395 2:08:27 / 2285 2:43:48 / 2310 3:18:09 / 2275 3:54:15 / 2331 4:21:41 / 2327											
2301	3346	LEWANDOWSKI Artur	WĘGRZCE		POL	75M30/795		(M)2125	04:36:37	04:34:43	06.30
0:32:12 / 2350 1:02:05 / 2366 1:32:01 / 2356 2:08:51 / 2325 2:44:17 / 2328 3:17:21 / 2256 3:51:05 / 2240 4:21:18 / 2311											

23.04.2012 08:44:56

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2302	2587	MILEK Arkadiusz	POZNAŃ		POL / NF TEAM		74M30/796		(M)2126	04:36:42	04:34:33 06.30
0:32:45 / 2416 1:02:39 / 2418 1:32:06 / 2372 2:08:25 / 2273 2:46:13 / 2389 3:21:26 / 2361 3:54:15 / 2330 4:21:49 / 2329											
2303	2118	SZLACHETKA Artur	RUDA ŚLĄSKA		POL		76M30/797		(M)2127	04:36:44	04:34:36 06.30
0:32:35 / 2392 1:02:13 / 2375 1:31:38 / 2321 2:07:39 / 2202 2:42:03 / 2237 3:16:42 / 2240 3:52:50 / 2292 4:18:37 / 2242											
2304	2254	STRZELECKI Lesław	KLESZCZÓW/GLIWICE		POL / CEGELEC GLIWICE		60M50/287		(M)2128	04:36:44	04:34:42 06.30
0:31:50 / 2298 1:01:53 / 2353 1:32:18 / 2436 2:10:01 / 2391 2:46:51 / 2412 3:22:38 / 2402 3:57:34 / 2422 4:18:37 / 2243											
2305	2625	CZYŻ Artur	MYSZKÓW		POL		71M40/599		(M)2129	04:36:47	04:35:38 06.31
0:28:04 / 1376 0:54:59 / 1446 1:22:53 / 1541 1:58:06 / 1573 2:33:49 / 1857 3:10:55 / 2014 3:50:34 / 2223 4:20:49 / 2300											
2306	1219	WINNICKI Łukasz	WARSZAWA		POL		87M20/380		(M)2130	04:36:47	04:34:01 06.29
0:34:13 / 2671 1:03:36 / 2567 1:33:51 / 2520 2:11:58 / 2432 2:48:15 / 2441 3:23:42 / 2442 3:56:49 / 2397 4:20:49 / 2299											
2307	3244	FRONTCAK Marek	KALISZ		POL / SUPERMARATON KALISZ		52M60/62		(M)2131	04:36:50	04:34:26 06.30
0:34:13 / 2672 1:05:33 / 2677 3:53:08 / 3011 2:14:33 / 2504 2:50:19 / 2506 3:23:08 / 2415 3:56:49 / 2398 4:19:26 / 2271											
2308	2276	JURASZEK Antoni	KRAKÓW		POL / KS HALNY WĘGIERSKA GÓRKA		56M50/288		(M)2132	04:36:50	04:35:15 06.31
0:30:15 / 1943 0:59:00 / 2148 1:28:43 / 2168 2:06:45 / 2158 2:45:31 / 2366 3:21:25 / 2357 3:54:47 / 2352 4:21:42 / 2328											
2309	2093	OLEK Artur	RYKI		POL / BIEGUSIEM.PL		75M30/798		(M)2133	04:36:53	04:35:24 06.31
0:30:20 / 1976 0:58:24 / 2020 1:26:06 / 1946 2:01:13 / 1881 2:35:03 / 1909 3:21:25 / 2356 3:42:41 / 2001 4:17:52 / 2228											
2310	2954	JANCZAREK Jacek	LUBLIN		POL		65M40/600		(M)2134	04:36:58	04:34:30 06.30
0:33:09 / 2544 1:02:49 / 2510 1:32:49 / 2485 2:11:05 / 2410 2:47:26 / 2424 3:22:31 / 2393 3:54:30 / 2337 4:21:27 / 2320											
2311	1182	CYGANKIEWICZ Wojciech	KRAKÓW		POL		56M50/289		(M)2135	04:36:58	04:34:32 06.30
0:34:04 / 2655 1:04:05 / 2598 1:36:14 / 2604 2:16:01 / 2566 2:52:13 / 2588 3:23:47 / 2461 3:53:45 / 2318 4:21:26 / 2314											
2312	2124	SITKOWSKI Tomasz	KRAKÓW		POL		72M40/601		(M)2136	04:37:03	04:35:49 06.32
0:29:34 / 1747 0:57:26 / 1777 1:26:26 / 1992 2:03:31 / 2022 2:42:05 / 2245 3:21:09 / 2353 3:55:17 / 2361 4:21:26 / 2315											
2313	1583	NUCKOWSKI Marcin	MEDYKA		POL		85M20/381		(M)2137	04:37:04	04:34:28 06.30
0:34:45 / 2726 1:06:15 / 2716 1:38:04 / 2714 2:16:45 / 2611 2:52:10 / 2578 3:23:46 / 2458 3:55:15 / 2358 4:21:27 / 2319											
2314	895	KUCHARSKI Marcin	KRAKÓW		POL		76M30/799		(M)2138	04:37:05	04:35:14 06.31
0:30:34 / 2073 0:58:35 / 2080 1:28:14 / 2129 2:06:29 / 2144 2:45:11 / 2358 3:21:06 / 2352 3:55:41 / 2373 4:21:28 / 2321											
2315	3119	WIKTOR Radosław	KĘTY		POL / ANC TEAM		82M30/800		(M)2139	04:37:05	04:35:15 06.31
0:30:30 / 2046 0:56:39 / 1681 1:24:26 / 1670 2:02:12 / 1942 2:41:59 / 2217 3:19:54 / 2320 3:54:46 / 2351 4:21:53 / 2331											
2316	2486	TANKIELUN Grzegorz	OLSZTYN		POL		81M30/801		(M)2140	04:37:11	04:34:31 06.30
0:36:00 / 2917 1:08:42 / 2908 1:41:49 / 2865 2:23:13 / 2782 2:59:51 / 2778 3:29:41 / 2612 3:59:07 / 2468 4:21:53 / 2330											
2317	526	OSADNIK Remigiusz	TYCHY		POL		78M30/802		(M)2141	04:37:12	04:34:37 06.30
0:35:01 / 2782 1:06:42 / 2780 1:38:08 / 2737 2:16:48 / 2624 2:52:13 / 2586 3:24:55 / 2497 3:58:41 / 2451 4:24:10 / 2370											
2318	1525	OPACZYK Paweł	POZNAŃ		POL		57M50/290		(M)2142	04:37:12	04:34:31 06.30
0:33:30 / 2582 1:02:50 / 2511 1:32:54 / 2489 2:09:25 / 2369 2:45:00 / 2349 3:18:19 / 2279 3:53:01 / 2302 4:19:56 / 2280											
2319	2614	WOLNIK Marta	WOLA DEBIŃSKA		POL		85K20/43		(K)177	04:37:14	04:35:05 06.31
0:33:21 / 2566 1:04:09 / 2607 1:35:40 / 2582 2:14:14 / 2484 2:50:30 / 2514 3:24:24 / 2477 3:57:20 / 2410 4:19:56 / 2282											
2320	2187	BOCHENEK Jacek	SKOCZÓW		POL / FESTIWAL BIEGOWY W KRYNICY		68M40/602		(M)2143	04:37:23	04:34:50 06.30
0:35:07 / 2814 1:06:29 / 2735 1:37:43 / 2693 2:16:11 / 2569 2:53:00 / 2635 3:26:17 / 2535 3:58:21 / 2439 4:19:56 / 2281											
2321	435	STĘPCZYŃSKI Jerzy	OSTRÓW MAZOWIECKA		POL		47M60/63		(M)2144	04:37:26	04:35:23 06.31
0:32:31 / 2383 1:01:38 / 2322 1:32:07 / 2385 2:08:57 / 2338 2:46:35 / 2401 3:20:41 / 2338 3:54:28 / 2336 4:21:26 / 2318											
2322	863	KENTZER Aleksander	BĘDZIN		POL / KRS TRIATHLON DG		79M30/803		(M)2145	04:37:27	04:36:29 06.33
0:26:13 / 949 0:50:58 / 926 1:16:25 / 933 1:47:23 / 894 2:17:36 / 923 2:46:23 / 945 3:30:52 / 1631 4:11:56 / 2052											
2323	1403	FLASIŃSKI Włodzimierz	KRAKÓW		POL		48M60/64		(M)2146	04:37:27	04:36:29 06.33
0:30:06 / 1860 0:58:33 / 2060 1:27:16 / 2059 2:04:16 / 2043 2:39:13 / 2083 3:12:53 / 2107 3:49:37 / 2197 4:19:33 / 2273											
2324	92	ASAYEVICH Roman	MINSK		BLR / VICTORIA		64M40/603		(M)2147	04:37:28	04:36:27 06.33
0:29:52 / 1809 0:58:09 / 1933 1:28:14 / 2130 2:07:51 / 2225 2:46:24 / 2394 3:25:26 / 2509 3:58:58 / 2460 4:24:11 / 2371											
2325	93	KLIMOVICH Tamara	MINSK		BLR / VICTORIA		62K50/14		(K)178	04:37:29	04:36:28 06.33
0:29:53 / 1810 0:58:10 / 1949 1:28:12 / 2127 2:07:50 / 2224 2:46:24 / 2395 3:25:26 / 2510 3:58:58 / 2461 4:24:11 / 2372											
2326	2009	MURZYN Tomasz	TYCHY		POL		70M40/604		(M)2148	04:37:34	04:35:30 06.31
0:32:33 / 2390 1:02:30 / 2396 1:32:09 / 2401 2:08:36 / 2309 2:45:09 / 2357 3:18:55 / 2296 3:53:09 / 2304 4:21:07 / 2309											
2327	1581	PODKOWIŃSKA Iwona	PIASECZNO		POL		75K30/74		(K)179	04:37:37	04:34:55 06.30
0:35:00 / 2776 1:04:34 / 2626 1:34:00 / 2524 2:10:10 / 2392 2:45:54 / 2386 3:21:11 / 2354 3:55:30 / 2369 4:22:17 / 2344											
2328	467	GALEK Marek	SZCZUROWA		POL		69M40/605		(M)2149	04:37:50	04:35:31 06.31
0:33:51 / 2627 1:04:15 / 2615 1:35:21 / 2559 2:12:57 / 2448 2:48:42 / 2454 3:22:31 / 2395 3:55:24 / 2365 4:22:17 / 2343											
2329	2708	GARBACZ Grzegorz	SOSNOWIEC		POL / NIEZRZESZONY		74M30/804		(M)2150	04:37:54	04:35:14 06.31
0:33:46 / 2617 1:03:01 / 2536 1:33:26 / 2503 2:11:05 / 2411 2:47:35 / 2427 3:21:25 / 2355 3:54:18 / 2332 4:22:17 / 2345											
2330	3473	WAGNER Michał	KRAKÓW		POL		72M40/606		(M)2151	04:37:57	04:35:57 06.32
0:30:48 / 2151 0:59:54 / 2206 1:29:09 / 2188 2:04:53 / 2072 2:39:21 / 2086 3:13:56 / 2142 3:50:08 / 2215 4:20:47 / 2298											

23.04.2012 08:44:56

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:													
2331	3316	ROWINSKA Magdalena	KRAKÓW		POL		79K30/75		(K)180	04:38:00	04:35:15	06.31	
		0:34:57 / 2760 1:04:56 / 2648	1:35:22 / 2561 2:12:50 / 2446	2:50:01 / 2493 3:23:16 / 2421	3:58:56 / 2456 4:20:47 / 2297								
2332	2147	KONIECZNY Mariusz	JÉDRZEJÓW		POL		71M40/607		(M)2152	04:38:03	04:37:29	06.34	
		0:29:09 / 1651 0:58:41 / 2099	1:29:01 / 2182 2:06:46 / 2160	2:43:41 / 2299 3:19:40 / 2314	3:53:53 / 2321 4:22:16 / 2342								
2333	2721	WASYLAK Krzysztof	KRAKÓW		POL		80M30/805		(M)2153	04:38:03	04:35:48	06.32	
		0:33:53 / 2631 1:02:59 / 2534	1:32:28 / 2456 2:09:27 / 2370	2:46:10 / 2388 3:22:30 / 2392	3:56:50 / 2401 4:22:08 / 2340								
2334	1527	LATUSZEK Krzysztof	GARWOLIN		POL / TRUCHTACZ.PL		69M40/608		(M)2154	04:38:13	04:36:24	06.33	
		0:30:44 / 2127 0:58:49 / 2117	1:27:48 / 2093 2:04:39 / 2066	2:40:04 / 2120 3:13:12 / 2110	3:50:56 / 2233 4:22:36 / 2355								
2335	1143	ŻEBERKIEWICZ Dawid	PŁOCK		POL / OPEUS		76M30/806		(M)2155	04:38:15	04:35:46	06.32	
		0:35:45 / 2891 1:08:46 / 2913	1:42:49 / 2917 2:23:36 / 2792	3:00:44 / 2795 3:34:51 / 2734	4:05:16 / 2593 4:27:41 / 2462								
2336	910	SZALAŃSKI Sławomir	TCZEW		POL		75M30/807		(M)2156	04:38:17	04:36:05	06.32	
		0:32:47 / 2428 1:02:39 / 2426	1:32:07 / 2386 2:11:01 / 2409	2:51:18 / 2537 3:26:14 / 2533	3:58:41 / 2450 4:24:34 / 2383								
2337	2175	CIEPŁUCHA Marcin	SZCZECIN		POL		76M30/808		(M)2157	04:38:18	04:35:50	06.32	
		0:33:45 / 2616 1:03:01 / 2538	1:32:48 / 2483 2:09:40 / 2379	2:45:30 / 2365 3:20:17 / 2328	3:56:21 / 2391 4:23:45 / 2365								
2338	1810	BONNIEC Florence	SAINT AUBIN DE CRETOT		FRA / LES CAUX-RUNNERS		65K40/45		(K)181	04:38:18	04:36:03	06.32	
		0:33:53 / 2633 1:03:56 / 2586	1:34:21 / 2536 2:12:13 / 2434	2:47:49 / 2432 3:20:29 / 2333	3:52:36 / 2273 4:21:23 / 2312								
2339	2894	KUCŁO Janusz	GLIWICE		POL		65M40/609		(M)2158	04:38:21	04:37:24	06.34	
		0:29:04 / 1632 0:57:06 / 1743	1:26:03 / 1934 2:01:15 / 1888	2:37:36 / 2025 3:12:01 / 2077	3:47:50 / 2149 4:19:52 / 2278								
2340	1155	HAICH Mikołaj	KRAKÓW		POL		87M20/382		(M)2159	04:38:26	04:36:09	06.32	
		0:32:47 / 2433 1:01:49 / 2345	1:30:22 / 2248 2:05:16 / 2086	2:40:10 / 2124 3:16:19 / 2223	3:52:38 / 2277 4:21:59 / 2335								
2341	336	LIPCZYŃSKI Jerzy	KRAKÓW		POL		84M20/383		(M)2160	04:38:28	04:37:24	06.34	
		0:28:53 / 1588 0:56:47 / 1718	1:25:09 / 1728 2:02:42 / 1965	2:41:08 / 2166 3:19:11 / 2305	3:54:24 / 2334 4:22:37 / 2357								
2342	3475	OLIWA Zbigniew	WROCLAW		POL		67M40/610		(M)2161	04:38:30	04:36:34	06.33	
		0:33:39 / 2600 1:04:14 / 2611	1:35:45 / 2584 2:14:30 / 2501	2:51:48 / 2553 3:24:58 / 2498	3:57:32 / 2419 4:22:37 / 2360								
2343	2467	BOROWIECKI Łukasz	KRAKÓW		POL		89M20/384		(M)2162	04:38:31	04:35:39	06.31	
		0:35:13 / 2834 1:06:46 / 2820	1:38:12 / 2757 2:17:02 / 2653	2:52:25 / 2609 3:24:52 / 2494	3:56:43 / 2396 4:22:37 / 2359								
2344	1732	BOROWSKI Ryszard	BRZEG		POL / UGKS ODRĄ BRZEG/DRUŻYNA SZPIKU		59M50/291		(M)2163	04:38:31	04:36:17	06.32	
		0:32:51 / 2461 1:02:43 / 2462	1:32:16 / 2429 2:08:51 / 2327	2:45:24 / 2363 3:19:39 / 2313	3:55:17 / 2360 4:22:37 / 2358								
2345	1256	KAMIŃSKI Bartosz	NYSÄ		POL		79M30/809		(M)2164	04:38:33	04:35:54	06.32	
		0:35:18 / 2852 1:06:45 / 2811	1:38:09 / 2747 2:17:06 / 2655	2:53:23 / 2642 3:27:11 / 2562	4:00:08 / 2493 4:25:35 / 2405								
2346	102	KOCINIAK Sylwester	WARSZAWA		POL		67M40/611		(M)2165	04:38:33	04:36:31	06.33	
		0:33:52 / 2630 1:05:20 / 2674	1:36:48 / 2636 2:15:20 / 2548	2:50:58 / 2529 3:23:15 / 2420	3:55:09 / 2356 4:25:35 / 2404								
2347	1728	KUBAK Krzysztof	RYKI		POL / BIEGUSIEM.PL		73M30/810		(M)2166	04:38:34	04:37:10	06.34	
		0:33:28 / 2580 1:05:14 / 2670	1:36:49 / 2638 2:15:58 / 2564	2:52:03 / 2564 3:23:38 / 2438	3:55:33 / 2371 4:23:47 / 2368								
2348	778	BOUANANI Khalil	CASABLANCA		MAR / CMCF		64M40/612		(M)2167	04:38:35	04:36:29	06.33	
		0:37:07 / 2982 1:10:11 / 2975	1:42:28 / 2897 2:20:46 / 2747	2:56:20 / 2714 3:28:17 / 2581	3:58:44 / 2453 4:23:47 / 2367								
2349	1962	BILON Bogdan	SULECHÓW		POL / ZBROJOWNIA SULECHÓW		51M60/65		(M)2168	04:38:36	04:36:20	06.32	
		0:33:03 / 2525 1:02:48 / 2503	1:32:25 / 2450 2:09:21 / 2367	2:45:16 / 2360 3:19:57 / 2321	3:52:50 / 2291 4:22:19 / 2346								
2350	2600	URBANIAK Krzysztof	PFASTATT		POL / ASPTT MULHOUSE TRIATHLON		80M30/811		(M)2169	04:38:39	04:36:18	06.32	
		0:33:10 / 2548 1:02:46 / 2486	1:31:44 / 2333 2:07:13 / 2178	2:41:11 / 2170 3:12:40 / 2101	3:48:27 / 2168 4:17:06 / 2210								
2351	3410	WOCHNIK Beata	KATOWICE		POL		81K30/76		(K)182	04:38:39	04:37:09	06.34	
		0:31:18 / 2222 1:00:56 / 2269	1:31:40 / 2323 2:10:19 / 2396	2:48:56 / 2459 3:24:05 / 2466	3:58:18 / 2437 4:17:06 / 2211								
2352	1142	ŁAWNICKI Robert	PŁOCK		POL		83M20/385		(M)2170	04:38:41	04:36:12	06.32	
		0:35:44 / 2889 1:08:45 / 2912	1:42:49 / 2918 2:23:36 / 2793	3:00:44 / 2796 3:34:50 / 2733	4:05:16 / 2592 4:27:41 / 2461								
2353	1851	GROCHOWSKI Grzegorz	WARSZAWA		POL / BIEGAMY Z OCHOTĄ		61M50/292		(M)2171	04:38:47	04:35:58	06.32	
		0:35:33 / 2870 1:07:46 / 2881	1:40:28 / 2835 2:19:48 / 2733	2:55:52 / 2702 3:29:32 / 2609	4:01:31 / 2523 4:25:57 / 2418								
2354	2501	WITKOWSKI Wojciech	SIEDLCE		POL / PSZS SIEDLCE		59M50/293		(M)2172	04:38:48	04:37:46	06.34	
		0:30:20 / 1979 0:59:40 / 2188	1:29:35 / 2208 2:06:27 / 2141	2:42:43 / 2271 3:20:11 / 2326	3:54:47 / 2353 4:25:57 / 2419								
2355	1846	SZYMONSKI Marek	ŻYWIEC		POL		75M30/812		(M)2173	04:38:49	04:36:48	06.33	
		0:30:15 / 1940 0:56:38 / 1679	1:23:29 / 1582 1:56:29 / 1473	2:30:11 / 1580 3:01:20 / 1662	3:41:01 / 1957 4:20:29 / 2291								
2356	2169	BIDACHA Magdalena	LUBLIN		POL		78K30/77		(K)183	04:38:49	04:37:02	06.33	
		0:34:44 / 2719 1:06:44 / 2805	1:38:25 / 2787 2:17:58 / 2690	2:53:48 / 2656 3:28:57 / 2588	4:00:32 / 2502 4:25:51 / 2415								
2357	2811	JEZERSKI Jakub	WARSZAWA		POL		71M40/613		(M)2174	04:38:50	04:35:55	06.32	
		0:35:03 / 2793 1:06:48 / 2834	1:38:15 / 2769 2:17:37 / 2669	2:53:06 / 2640 3:26:41 / 2550	3:58:41 / 2449 4:25:45 / 2410								
2358	732	KOROTVIČKA Pavel	KOŠICE		SVK / BK STEEL KOŠICE		76M30/813		(M)2175	04:38:52	04:38:23	06.35	
		0:28:52 / 1583 0:57:03 / 1733	1:26:15 / 1971 2:03:17 / 2001	2:40:00 / 2118 3:18:28 / 2281	3:52:39 / 2278 4:21:29 / 2323								
2359	1479	KĘSEK Michał	DĘBICA		POL		87M20/386		(M)2176	04:38:53	04:37:19	06.34	
		0:30:22 / 1989 0:58:18 / 1995	1:25:54 / 1877 2:00:40 / 1830	2:33:50 / 1860 3:10:54 / 2012	3:49:58 / 2209 4:22:21 / 2348								

23.04.2012 08:44:57

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club			R-k YoB	W kategorii In Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:														
2360	1228	WALKIEWICZ Darek	KIELCE		POL				73M30/814		(M)2177	04:38:54	04:37:18	06.34
		0:30:18 / 1968	0:58:43 / 2108	1:27:27 / 2068	2:02:55 / 1973	2:41:22 / 2183	3:16:39 / 2238	3:52:52 / 2296	4:21:55 / 2332					
2361	1325	ZAWALSKI Paweł	ZABIERZÓW		POL / DELPHI POLAND S.A.				76M30/815		(M)2178	04:38:54	04:37:16	06.34
		0:30:34 / 2075	0:59:05 / 2150	1:28:43 / 2169	2:05:09 / 2081	2:40:11 / 2125	3:12:23 / 2093	3:50:17 / 2218	4:22:36 / 2356					
2362	3330	MARCINKOWSKI Przemysław	GOSTYŃ		POL				75M30/816		(M)2179	04:38:59	04:38:19	06.35
		0:27:17 / 1122	0:53:25 / 1151	1:19:25 / 1129	1:51:41 / 1105	2:22:54 / 1184	2:58:12 / 1482	3:41:34 / 1978	4:20:19 / 2287					
2363	542	HAŁUPKA Leszek	POZNAŃ		POL				77M30/817		(M)2180	04:38:59	04:37:46	06.34
		0:28:20 / 1458	0:55:04 / 1456	1:22:21 / 1476	1:59:18 / 1647	2:37:53 / 2036	3:17:30 / 2261	3:54:08 / 2324	4:20:19 / 2285					
2364	1116	MADEJ Andrzej	KRAKÓW		POL / DYSTANS KRAKÓW				55M50/294		(M)2181	04:39:04	04:36:45	06.33
		0:31:57 / 2307	1:01:14 / 2289	1:30:05 / 2236	3:16:26 / 3003	2:40:57 / 2160	3:17:30 / 2262	3:53:19 / 2307	4:20:19 / 2286					
2365	451	ŻYŁA Paweł	MOGILANY		POL / KKB DYSTANS				63M40/614		(M)2182	04:39:04	04:37:14	06.34
		0:32:06 / 2333	1:02:21 / 2380	1:32:15 / 2424	2:09:16 / 2364	2:46:43 / 2404	3:21:34 / 2366	3:56:00 / 2383	4:24:51 / 2391					
2366	2478	JEZIORSKA Eliza	ZWIERZYNIĘC		POL				90K20/44		(K)184	04:39:04	04:36:29	06.33
		0:35:06 / 2807	1:06:41 / 2777	1:38:19 / 2776	2:16:46 / 2620	2:52:18 / 2600	3:26:40 / 2546	4:00:29 / 2499	4:26:10 / 2424					
2367	2030	ROSSI Lorenzo	VICENZA		ITA				57M50/295		(M)2183	04:39:08	04:38:04	06.35
		0:29:36 / 1752	0:57:54 / 1822	1:26:08 / 1955	2:02:34 / 1961	2:42:41 / 2268	3:21:30 / 2364	3:57:10 / 2408	4:25:36 / 2406					
2368	1439	DRAPACZ Sławomir	DĄBROWA GÓRNICZA		POL				57M50/296		(M)2184	04:39:08	04:36:40	06.33
		0:33:41 / 2604	1:03:01 / 2540	1:32:34 / 2468	2:09:22 / 2368	2:44:52 / 2344	3:18:40 / 2290	3:52:36 / 2272	4:21:38 / 2326					
2369	1435	WOJDYŁO Tomasz	WROCŁAW		POL				73M30/818		(M)2185	04:39:08	04:38:21	06.35
		0:27:37 / 1196	0:54:04 / 1254	1:20:28 / 1275	1:54:32 / 1358	2:32:21 / 1763	3:11:43 / 2055	3:54:09 / 2327	4:21:38 / 2325					
2370	721	ISZCZAK Kazimierz	SZCZECIN		POL				74M30/819		(M)2186	04:39:11	04:36:40	06.33
		0:33:57 / 2644	1:04:43 / 2635	1:36:16 / 2607	2:15:09 / 2544	2:51:12 / 2531	3:25:09 / 2503	3:58:25 / 2443	4:24:54 / 2392					
2371	2468	BOROWIECKI Piotr	KRAKÓW		POL				64M40/615		(M)2187	04:39:14	04:36:23	06.33
		0:36:24 / 2970	1:06:46 / 2825	1:38:12 / 2759	2:17:02 / 2654	2:52:26 / 2611	3:25:26 / 2508	3:58:07 / 2433	4:24:57 / 2393					
2372	3249	SZLACHTA Grzegorz	MICHAŁOWICE		POL				76M30/820		(M)2188	04:39:15	04:38:05	06.35
		0:28:49 / 1575	0:56:04 / 1597	1:24:17 / 1658	2:01:14 / 1885	2:42:00 / 2224	3:20:47 / 2345	3:57:32 / 2418	4:24:25 / 2379					
2373	2449	ANDRZEJEWSKI Dariusz	WODZISŁAW ŚLĄSKI		POL				74M30/821		(M)2189	04:39:18	04:38:21	06.35
		0:29:26 / 1720	0:56:50 / 1723	1:25:33 / 1777	2:02:28 / 1953	2:38:32 / 2057	3:13:42 / 2133	3:51:22 / 2250	4:22:32 / 2354					
2374	3089	PODESZWIAK Adam	SUCHEDNIÓW		POL / KRUK SUCHEDNIÓW				81M30/822		(M)2190	04:39:19	04:36:21	06.32
		0:35:26 / 2863	1:06:19 / 2723	1:37:04 / 2651	2:14:26 / 2497	2:50:36 / 2515	3:24:32 / 2480	3:58:09 / 2436	4:24:12 / 2374					
2375	2837	JAREMA Marek	KRAKÓW		POL / NIE DOTYCZY				69M40/616		(M)2191	04:39:19	04:37:02	06.33
		0:32:27 / 2373	1:01:20 / 2299	1:30:56 / 2272	2:06:35 / 2148	2:40:57 / 2159	3:15:08 / 2190	3:51:45 / 2257	4:23:39 / 2363					
2376	3402	TELEJKO Michał	WARSZAWA		POL				91M20/387		(M)2192	04:39:22	04:37:44	06.34
		0:32:27 / 2374	0:58:31 / 2050	1:28:10 / 2123	2:06:38 / 2151	2:44:10 / 2326	3:22:04 / 2381	3:55:49 / 2377	4:24:06 / 2369					
2377	2594	JANKOWSKI Paweł	ŁĘBORK		POL / CWTID MW WEJHEROWO				84M20/388		(M)2193	04:39:22	04:36:40	06.33
		0:34:43 / 2718	1:05:58 / 2709	1:37:44 / 2695	2:16:39 / 2591	2:52:13 / 2587	3:25:57 / 2525	4:00:07 / 2492	4:27:18 / 2451					
2378	814	ŁOJKO Michał	DRZONKÓW		POL / RAJTAROWIANKA DRZONKÓW				87M20/389		(M)2194	04:39:25	04:38:02	06.35
		0:28:03 / 1370	0:54:17 / 1361	1:21:24 / 1395	1:55:59 / 1453	2:31:35 / 1658	3:05:14 / 1834	3:49:01 / 2183	4:23:44 / 2364					
2379	2584	WÓJCIK Agnieszka	WARSZAWA		POL				74K30/78		(K)185	04:39:26	04:37:40	06.34
		0:34:44 / 2721	1:06:43 / 2794	1:38:25 / 2786	2:17:58 / 2689	2:53:48 / 2655	3:28:57 / 2589	4:00:33 / 2503	4:25:51 / 2414					
2380	715	SALAMI Eliza	KRAKÓW		POL				87K20/45		(K)186	04:39:27	04:37:31	06.34
		0:31:51 / 2299	1:01:20 / 2300	1:31:18 / 2305	2:08:36 / 2308	2:46:18 / 2392	3:22:39 / 2403	3:56:54 / 2402	4:24:24 / 2377					
2381	2764	ZIZI Hind	CASABLANCA		MAR / CMCF				74K30/79		(K)187	04:39:30	04:37:22	06.34
		0:35:05 / 2802	1:06:49 / 2835	1:38:09 / 2745	2:16:42 / 2596	2:53:25 / 2645	3:27:04 / 2558	3:58:48 / 2454	4:24:26 / 2380					
2382	2763	ZIZI Chakib	CASABLANCA		MAR / CMCF				60M50/297		(M)2195	04:39:30	04:37:24	06.34
		0:35:11 / 2825	1:06:46 / 2822	1:38:09 / 2744	2:16:52 / 2633	2:53:44 / 2651	3:27:53 / 2576	3:59:46 / 2480	4:24:30 / 2382					
2383	941	LECHOWICZ Jerzy	KRAPKOWICE		POL / CEM-BUD GÓRAŻDŻE				50M60/66		(M)2196	04:39:30	04:37:01	06.33
		0:34:51 / 2740	1:05:57 / 2708	1:37:15 / 2661	2:15:46 / 2553	2:52:11 / 2580	3:23:46 / 2451	3:54:06 / 2323	4:22:15 / 2341					
2384	80	TYBUSZEWSKI Janusz	TORUŃ		POL / TS OPATRUNKI TORUŃ				57M50/298		(M)2197	04:39:44	04:39:04	06.36
		0:27:02 / 1073	0:55:13 / 1486	1:24:34 / 1691	2:04:16 / 2042	2:44:27 / 2333	3:22:33 / 2400	3:59:33 / 2475	4:27:32 / 2458					
2385	60	HANDZIAK Tomasz	LUBACZÓW		POL				82M30/823		(M)2198	04:39:45	04:37:30	06.34
		0:33:58 / 2645	1:05:02 / 2656	1:37:21 / 2670	2:17:02 / 2652	2:52:52 / 2628	3:26:33 / 2543	3:58:50 / 2455	4:25:14 / 2398					
2386	1820	KANIEWSKA Agnieszka	POZNAŃ		POL / DRUŻYNA MOCARZY				79K30/80		(K)188	04:39:48	04:38:31	06.36
		0:29:36 / 1753	0:57:31 / 1788	1:26:15 / 1970	2:03:18 / 2005	2:40:01 / 2119	3:16:43 / 2241	3:52:39 / 2279	4:21:55 / 2334					
2387	115	ZATAJ Igor	POZNAŃ		POL / KB MANIAC POZNAŃ				80M30/824		(M)2199	04:39:49	04:38:16	06.35
		0:30:10 / 1894	0:58:13 / 1969	1:26:06 / 1947	2:00:44 / 1843	2:39:30 / 2095	3:16:44 / 2242	3:52:39 / 2280	4:21:55 / 2333					
2388	1131	ŁABĘDZKI Andrzej	ŻERNICA		POL / JW 4115 GLIWICE				81M30/825		(M)2200	04:39:54	04:37:37	06.34
		0:31:33 / 2256	0:59:38 / 2185	1:27:44 / 2090	2:02:02 / 1937	2:35:25 / 1930	3:05:19 / 1835	3:44:16 / 2042	4:21:26 / 2316					

23.04.2012 08:44:57

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
2389	1981	LASKOWSKI Jerzy	GDAŃSK	 POL			62M50/299		(M)220104:39:56	04:37:52 06.35
		0:31:05 / 2199	0:58:51 / 2125	1:27:12 / 2055	2:04:00 / 2038	2:41:15 / 2174	3:18:34 / 2287	3:55:25 / 2366	4:25:34 / 2403	
2390	114	KORCZEK Tomasz	KRAKÓW	 POL	/ ŁUCJA I WIKTOR KORCZEK		75M30/826		(M)220204:39:59	04:39:02 06.36
		0:29:31 / 1733	0:58:29 / 2039	1:28:36 / 2162	2:08:09 / 2238	2:47:12 / 2421	3:22:12 / 2383	3:57:31 / 2417	4:26:39 / 2439	
2391	2615	RUTKOWSKI Marcin	WĘGRZCE WIELKIE	 POL			66M40/617		(M)220304:39:59	04:37:44 06.34
		0:31:19 / 2226	0:59:41 / 2190	1:29:31 / 2205	2:07:41 / 2204	2:45:40 / 2371	3:22:36 / 2401	3:57:01 / 2407	4:24:48 / 2389	
2392	2606	ROMAŃSKA Marta	WĘGRZCE	 POL			70K40/46		(K)189 04:40:01	04:38:32 06.36
		0:30:31 / 2053	0:58:08 / 1915	1:28:12 / 2126	2:05:43 / 2108	2:42:09 / 2252	3:21:46 / 2376	3:56:21 / 2392	4:24:42 / 2387	
2393	872	PIOTROWSKI Mirosław	KIETRZ	 POL	/ KS GRYF KIETRZ		66M40/618		(M)220404:40:01	04:38:49 06.36
		0:28:47 / 1563	0:56:10 / 1611	1:23:43 / 1601	1:59:45 / 1689	2:40:16 / 2132	3:17:14 / 2254	3:54:43 / 2347	4:24:42 / 2386	
2394	2780	STEPANIAK Marta	BYTOM	 POL			90K20/46		(K)190 04:40:02	04:37:44 06.34
		0:30:59 / 2188	0:59:49 / 2197	1:29:57 / 2227	2:07:59 / 2230	2:45:37 / 2369	3:25:33 / 2514	4:01:03 / 2511	4:26:35 / 2437	
2395	2058	KOPEĆ Waldemar	BELCHÓW	 POL	/ 3 RBLOG KRAKÓW		70M40/619		(M)220504:40:03	04:38:39 06.36
		0:29:24 / 1708	0:57:14 / 1756	1:25:46 / 1807	1:59:45 / 1690	2:30:54 / 1611	3:01:45 / 1675	3:45:47 / 2087	4:22:06 / 2339	
2396	1610	POGON Tomasz	BOCHNIA	 POL			86M20/390		(M)220604:40:03	04:38:39 06.36
		0:30:36 / 2085	0:58:57 / 2140	1:27:52 / 2100	2:05:21 / 2092	2:44:29 / 2335	3:19:53 / 2319	3:55:34 / 2372	4:24:19 / 2376	
2397	2822	DRWAŁ Tomasz	KRAKOW	 POL	/ CHANGE GYM		82M30/827		(M)220704:40:09	04:37:40 06.34
		0:30:36 / 2086	1:04:36 / 2628	1:36:02 / 2592	2:12:29 / 2441	2:50:49 / 2523	3:24:11 / 2471	3:57:30 / 2415	4:25:39 / 2407	
2398	1124	KURATA Hiroshi	WARSAW	 POL			74M30/828		(M)220804:40:11	04:38:49 06.36
		0:30:30 / 2045	0:58:47 / 2115	1:27:08 / 2050	2:02:13 / 1944	2:40:45 / 2147	3:21:03 / 2351	3:58:25 / 2442	4:26:08 / 2422	
2399	1536	MICHALAK Dawid	SOLINA	 POL	/ STRAŻ GRANICZNA		78M30/829		(M)220904:40:12	04:38:06 06.35
		0:32:28 / 2375	1:02:28 / 2388	1:31:50 / 2343	2:09:54 / 2385	2:44:39 / 2340	3:20:44 / 2343	3:58:56 / 2457	4:26:18 / 2427	
2400	537	JAWOR Maciej	NOWY SĄCZ	 POL	/ NIEZRZESZONY		75M30/830		(M)221004:40:15	04:38:01 06.35
		0:32:29 / 2381	1:01:27 / 2311	1:30:54 / 2266	2:06:52 / 2167	2:43:59 / 2322	3:19:46 / 2317	3:56:02 / 2384	4:24:25 / 2378	
2401	1429	DOBRZYŃSKI Feliks	WARSZAWA	 POL			67M40/620		(M)221104:40:15	04:37:55 06.35
		0:33:01 / 2522	1:02:40 / 2434	1:31:50 / 2345	2:07:49 / 2218	2:45:51 / 2381	3:22:30 / 2390	3:57:27 / 2413	4:24:42 / 2385	
2402	867	DRABIK Marcin	WROCLAW	 POL	/ WKB PIAST WROCLAW		71M40/621		(M)221204:40:18	04:38:51 06.36
		0:28:54 / 1590	0:56:06 / 1600	1:24:45 / 1709	2:02:55 / 1976	2:40:41 / 2143	3:19:15 / 2307	3:55:11 / 2357	4:25:21 / 2401	
2403	187	MAKOWSKI Sławomir	LUBLIN	 POL			61M50/300		(M)221304:40:21	04:38:09 06.35
		0:33:06 / 2534	1:02:43 / 2467	1:32:16 / 2428	2:08:36 / 2307	2:44:41 / 2343	3:22:03 / 2380	3:58:21 / 2440	4:27:24 / 2453	
2404	2090	JASIEŃKÓW Paweł	KRAKÓW	 POL			67M40/622		(M)221404:40:24	04:38:25 06.35
		0:30:33 / 2063	0:58:29 / 2038	1:26:35 / 1998	2:01:41 / 1919	2:35:36 / 1937	3:10:23 / 1986	3:48:27 / 2169	4:21:06 / 2308	
2405	1293	FRYŻLEWICZ Barbara	LUDŹMERZ	 POL			82K30/81		(K)191 04:40:25	04:39:05 06.36
		0:29:35 / 1748	0:58:07 / 1903	1:28:14 / 2128	2:08:08 / 2237	2:44:38 / 2338	3:22:40 / 2405	3:57:59 / 2429	4:25:52 / 2416	
2406	3429	PIROLA Jean luc	 FRA			60M50/301		(M)221504:40:32	04:39:10 06.36	
		0:29:35 / 1750	1:01:40 / 2325	1:31:31 / 2314	2:08:12 / 2241	2:42:07 / 2250	3:16:07 / 2215	3:52:13 / 2265	4:25:52 / 2417	
2407	2210	BALUK Iwona	CHELM	 POL	/ BOREK-CHELM		63K40/47		(K)192 04:40:33	04:39:45 06.37
		0:29:35 / 1749	0:55:21 / 1501	1:24:28 / 1673	2:01:26 / 1903	2:38:24 / 2054	3:15:13 / 2191	3:53:55 / 2322	4:25:39 / 2408	
2408	566	MICHALSKA Agnieszka	ŚWINOUJŚCIE	 POL	/ SKEJT		62K50/15		(K)193 04:40:34	04:39:38 06.37
		0:28:31 / 1497	0:57:03 / 1732	1:27:50 / 2094	2:08:01 / 2231	2:47:01 / 2416	3:22:12 / 2384	3:56:57 / 2404	4:25:15 / 2399	
2409	2362	ADAMCZYK Piotr	ŚWINOUJŚCIE	 POL	/ ZHP ŚWINOUJŚCIE		77M30/831		(M)221604:40:35	04:38:21 06.35
		0:32:54 / 2486	1:02:40 / 2436	1:32:11 / 2412	2:09:11 / 2353	2:45:41 / 2372	3:20:45 / 2344	3:56:57 / 2405	4:25:16 / 2400	
2410	1033	WAWRZYŃIAK Kazimierz	SIEMIANICE	 POL	/ -		63M40/623		(M)221704:40:39	04:39:38 06.37
		0:31:51 / 2303	1:02:02 / 2363	1:32:42 / 2477	2:11:17 / 2418	2:50:02 / 2495	3:26:12 / 2531	3:55:56 / 2381	4:24:58 / 2394	
2411	3245	ZARĘBA Jolanta	RZESZÓW	 POL	/ RZESZOWSKIE GAZELE I GEPARDY		65K40/48		(K)194 04:40:39	04:37:58 06.35
		0:34:53 / 2748	1:05:40 / 2688	1:37:09 / 2655	2:16:52 / 2632	2:52:59 / 2633	3:26:11 / 2530	3:59:33 / 2474	4:26:21 / 2429	
2412	2757	MAMMAD Omar	CASABLANCA	 MAR	/ CMCF		73M30/832		(M)221804:40:42	04:39:25 06.37
		0:28:07 / 1391	0:55:14 / 1488	1:21:32 / 1410	1:58:29 / 1594	2:34:08 / 1878	3:09:39 / 1960	3:48:44 / 2175	4:25:41 / 2409	
2413	3259	DWORAK Norbert	KRAKÓW	 POL			80M30/833		(M)221904:40:43	04:38:10 06.35
		0:28:07 / 1392	1:06:41 / 2767	1:38:05 / 2723	2:23:47 / 3007	2:52:11 / 2579	3:09:39 / 1961	3:54:44 / 2349	4:24:12 / 2373	
2414	506	PIETRZAK Kacper	SZWECJA	 POL			93M20/391		(M)222004:40:44	04:38:07 06.35
		0:32:59 / 2515	1:01:42 / 2332	1:31:16 / 2296	2:06:31 / 2145	2:40:15 / 2130	3:13:07 / 2109	3:54:40 / 2346	4:23:36 / 2362	
2415	2450	PLEWA Alicja	WROCLAW	 POL			82K30/82		(K)195 04:40:45	04:38:09 06.35
		0:34:49 / 2737	1:06:25 / 2729	1:37:57 / 2703	2:16:42 / 2598	2:52:24 / 2608	3:25:37 / 2516	3:58:59 / 2462	4:26:58 / 2444	
2416	1579	WINCZURA Piotr	WROCLAW	 POL			74M30/834		(M)222104:40:48	04:38:53 06.36
		0:30:51 / 2163	0:58:58 / 2143	1:27:51 / 2096	2:04:35 / 2061	2:41:18 / 2179	3:19:00 / 2297	3:55:32 / 2370	4:24:37 / 2384	
2417	1516	CICHON Tomasz	WARSZAWA	 POL			63M40/624		(M)222204:40:51	04:38:38 06.36
		0:32:27 / 2372	1:01:12 / 2284	1:30:33 / 2252	2:07:47 / 2214	2:46:18 / 2391	3:21:58 / 2378	3:57:31 / 2416	4:26:26 / 2433	

23.04.2012 08:44:58

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k W kategorii Grupy YoB in Age Group Sex		Wynik Time	Wynik Netto [min/km]
Check pts:										
2418	1743	NAPIERALSKI Jędrzej	POZNAŃ	 POL			89M20/392		(M)222304:40:51	04:38:16 06.35
		0:34:56 / 2754	1:06:33 / 2744	1:37:40 / 2690	2:15:52 / 2556	2:52:03 / 2565	3:26:20 / 2536	4:02:55 / 2538	4:27:48 / 2466	
2419	2477	KLISZKA Artur	KRAKÓW	 POL			75M30/835		(M)222404:40:57	04:39:20 06.37
		0:30:40 / 2112	0:58:18 / 1993	1:26:20 / 1980	2:04:54 / 2073	2:45:23 / 2362	3:22:46 / 2411	3:58:31 / 2445	4:26:11 / 2426	
2420	1933	LEGUTKO Piotr	KRAKÓW	 POL			79M30/836		(M)222504:40:58	04:39:02 06.36
		0:30:43 / 2124	0:58:21 / 2004	1:26:32 / 1995	2:02:28 / 1955	2:40:23 / 2135	3:19:09 / 2303	3:54:45 / 2350	4:24:27 / 2381	
2421	685	STASZEWSKI Łukasz	ORNONTOWICE	 POL			76M30/837		(M)222604:41:00	04:38:46 06.36
		0:32:53 / 2479	1:02:42 / 2455	1:32:21 / 2443	2:08:49 / 2321	2:44:27 / 2334	3:20:30 / 2335	3:56:49 / 2399	4:26:21 / 2430	
2422	1030	WALEWACZ Grzegorz	OSTROŁĘKA	 POL			83M20/393		(M)222704:41:09	04:39:58 06.38
		0:30:07 / 1878	0:58:43 / 2107	1:28:12 / 2125	2:08:48 / 2319	2:50:39 / 2516	3:27:20 / 2566	4:01:26 / 2518	4:27:26 / 2455	
2423	3229	BARYŁA Bartłomiej	ZABIERZÓW	 POL / BRAK			81M30/838		(M)222804:41:11	04:39:39 06.37
		0:29:39 / 1766	0:57:07 / 1745	1:25:34 / 1778	2:00:26 / 1761	2:37:25 / 2008	3:14:41 / 2170	3:52:58 / 2301	4:27:26 / 2456	
2424	3261	PEĆKIEWICZ ŚWIERCZEK	KRAKÓW	 POL			75K30/83		(K)196 04:41:13	04:40:38 06.39
		0:29:24 / 1711	0:58:34 / 2069	1:28:18 / 2136	2:06:48 / 2164	2:47:03 / 2417	3:22:13 / 2385	3:56:25 / 2393	4:25:21 / 2402	
2425	2223	GRUSZKA Kamila	NIEPOŁOMICE	 POL			76K30/84		(K)197 04:41:17	04:38:34 06.36
		0:35:14 / 2842	1:06:43 / 2795	1:38:03 / 2710	2:17:23 / 2662	2:52:48 / 2622	3:26:26 / 2542	3:58:33 / 2446	4:25:47 / 2413	
2426	1625	KROPIWNICKI Tomasz	KRAKÓW	 POL / BRAK			75M30/839		(M)222904:41:21	04:38:53 06.36
		0:33:52 / 2628	1:04:14 / 2612	1:35:22 / 2560	2:12:58 / 2449	2:48:41 / 2453	3:22:32 / 2398	3:56:21 / 2390	4:25:47 / 2412	
2427	66	TUSZNIO Grzegorz	KLUCZE	 POL			90M20/394		(M)223004:41:30	04:39:42 06.37
		0:31:51 / 2302	1:01:44 / 2335	1:32:03 / 2359	2:12:25 / 2438	2:52:22 / 2606	3:27:14 / 2564	4:00:31 / 2501	4:26:54 / 2442	
2428	1069	SZYMAŃSKI Paweł	WARSZAWA	 POL / AZS AON WARSZAWA			85M20/395		(M)223104:41:32	04:40:58 06.39
		0:26:39 / 1009	0:52:44 / 1071	1:18:55 / 1100	1:50:10 / 1022	2:19:31 / 1011	2:47:15 / 979	3:25:56 / 1419	4:13:20 / 2082	
2429	2812	FIECEK Paweł	KRAKÓW	 POL			82M30/840		(M)223204:41:32	04:38:48 06.36
		0:33:43 / 2611	1:04:06 / 2604	1:34:46 / 2546	2:13:05 / 2457	2:49:29 / 2474	3:23:35 / 2437	3:57:39 / 2423	4:26:42 / 2441	
2430	1934	RUCHLEWICZ Milan	MYŚLENICE	 POL			66M40/625		(M)223304:41:36	04:39:03 06.36
		0:33:50 / 2625	1:03:45 / 2576	1:34:40 / 2543	2:13:02 / 2454	2:49:39 / 2476	3:23:51 / 2464	3:56:15 / 2388	4:24:44 / 2388	
2431	3386	PILIPENKO Viktor	CZERNICHÓW	 UKR / ATLAS V-2			59M50/302		(M)223404:41:44	04:40:53 06.39
		0:27:56 / 1321	0:55:04 / 1457	1:23:32 / 1588	1:59:05 / 1629	2:32:11 / 1713	3:04:37 / 1814	3:45:09 / 2066	4:21:26 / 2317	
2432	2455	ZABOROWSKI Grzegorz	WARSZAWA	 POL			83M20/396		(M)223504:41:46	04:40:16 06.38
		0:27:42 / 1240	0:54:12 / 1330	1:21:45 / 1426	1:59:29 / 1667	2:39:44 / 2103	3:19:22 / 2310	3:56:49 / 2400	4:26:02 / 2420	
2433	1014	KOŁODZIEJ Tadeusz	WROCŁAW	 POL			78M30/841		(M)223604:42:01	04:40:40 06.39
		0:25:42 / 874	0:52:30 / 1047	1:21:20 / 1388	1:58:26 / 1590	2:37:24 / 2007	3:14:41 / 2172	3:51:37 / 2254	4:24:17 / 2375	
2434	2438	BAK Piotr	WIELICZKA	 POL			69M40/626		(M)223704:42:01	04:40:56 06.39
		0:30:13 / 1918	0:58:37 / 2088	1:27:52 / 2099	2:06:11 / 2130	2:45:03 / 2351	3:21:40 / 2370	3:58:36 / 2447	4:26:28 / 2435	
2435	2994	SKARPETOWSKI Paweł	SADOWNE	 POL			84M20/397		(M)223804:42:03	04:40:36 06.39
		0:28:25 / 1475	0:54:47 / 1426	1:21:18 / 1385	1:54:02 / 1340	2:26:30 / 1404	2:59:01 / 1518	3:35:26 / 1779	4:18:34 / 2239	
2436	2199	BĘTKOWSKI Tomasz	KRAKÓW	 POL / UKS GIMNAZJON WIELICZKA			82M30/842		(M)223904:42:12	04:40:28 06.38
		0:32:04 / 2327	1:01:23 / 2306	1:30:43 / 2259	2:07:33 / 2201	2:43:24 / 2291	3:18:30 / 2284	3:54:32 / 2341	4:25:05 / 2397	
2437	555	DONIEC Gulsesek	KRAKOW	 POL			72K40/49		(K)198 04:42:14	04:39:54 06.38
		0:33:20 / 2564	1:03:01 / 2537	1:32:33 / 2466	2:09:43 / 2383	2:46:48 / 2410	3:22:29 / 2389	3:57:59 / 2431	4:26:59 / 2445	
2438	334	KESEK Mateusz	DĘBICA	 POL / MARATOŃCZYK DĘBICA			85M20/398		(M)224004:42:16	04:40:07 06.38
		0:33:20 / 2563	1:02:40 / 2430	1:32:08 / 2392	2:08:26 / 2281	2:42:05 / 2242	3:17:12 / 2252	4:00:03 / 2487	4:27:12 / 2450	
2439	112	WŁODARCZYK Grzegorz	MALBORK	 POL / BRAK			67M40/627		(M)224104:42:18	04:39:59 06.38
		0:33:23 / 2574	1:04:09 / 2606	1:36:02 / 2591	2:15:14 / 2546	2:52:24 / 2607	3:26:39 / 2545	4:00:03 / 2488	4:27:11 / 2448	
2440	56	GALAŻKA Mateusz	KRAKÓW	 POL			89M20/399		(M)224204:42:23	04:40:11 06.38
		0:32:49 / 2444	1:02:37 / 2405	1:32:04 / 2367	2:08:25 / 2272	2:48:06 / 2439	3:26:45 / 2552	4:05:21 / 2595	4:30:07 / 2508	
2441	2673	DRAPICH Agnieszka	KRAKÓW	 POL			82K30/85		(K)199 04:42:26	04:39:31 06.37
		0:35:55 / 2907	1:08:41 / 2906	1:41:47 / 2858	2:23:38 / 2796	3:01:02 / 2806	3:34:08 / 2708	4:05:23 / 2596	4:30:15 / 2516	
2442	3463	OLCHAWA Joanna	KRAKÓW	 POL / NIEZRZESZONY			75K30/86		(K)200 04:42:31	04:40:15 06.38
		0:31:51 / 2301	0:59:11 / 2156	1:28:49 / 2172	2:07:19 / 2186	2:49:38 / 2475	3:25:46 / 2521	4:01:45 / 2524	4:28:32 / 2478	
2443	2410	KLAPTOCZ Marek	CZECHOWICE-DZIEDZICE	 POL			89M20/400		(M)224304:42:32	04:40:43 06.39
		0:30:27 / 2022	0:58:01 / 1846	1:25:24 / 1762	1:59:23 / 1658	2:32:22 / 1764	3:13:48 / 2139	3:55:52 / 2378	4:28:19 / 2474	
2444	1127	KANIA Wiesław	KRAKÓW	 POL			71M40/628		(M)224404:42:34	04:40:35 06.38
		0:29:32 / 1738	0:57:38 / 1800	1:28:07 / 2119	2:05:42 / 2106	2:43:56 / 2317	3:22:03 / 2379	4:04:50 / 2578	4:29:49 / 2503	
2445	3271	ULRICH Gerhard	HAMBURG	 GER / TV 05 WETTER			62M50/303		(M)224504:42:36	04:39:54 06.38
		0:35:39 / 2881	1:07:08 / 2852	1:38:04 / 2715	2:16:58 / 2645	2:53:55 / 2660	3:27:38 / 2571	4:01:16 / 2516	4:27:33 / 2459	
2446	947	MADEJ Mirosław	KRAKÓW	 POL / STREIF			64M40/629		(M)224604:42:41	04:41:14 06.39
		0:35:39 / 2880	0:58:02 / 1854	1:27:34 / 2077	2:10:01 / 2389	2:49:46 / 2479	3:27:25 / 2568	4:03:08 / 2543	4:29:14 / 2487	

23.04.2012 08:44:58

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2447	1659	ŻUBER Marek	KRAKÓW		POL / NIEZRZESZONY		75M30/843		(M)2247	04:42:42	04:40:13 06.38
		0:33:56 / 2640	1:02:47 / 2495	1:32:30 / 2459	2:08:19 / 2244	2:43:42 / 2300	3:21:57 / 2377	3:58:29 / 2444	4:26:11 / 2425		
2448	3442	MASŁOWSKI Jarosław	WARSZAWA		POL		60M50/304		(M)2248	04:42:45	04:41:08 06.39
		0:30:14 / 1935	0:58:16 / 1988	1:26:29 / 1994	2:03:37 / 2024	2:43:20 / 2290	3:19:20 / 2309	3:56:37 / 2395	4:26:39 / 2438		
2449	151	ZIOMKO Marcin	WROCLAW		POL / SEKCJA WODNA WROCLAW		75M30/844		(M)2249	04:42:45	04:41:05 06.39
		0:30:14 / 1934	1:03:15 / 2558	1:34:42 / 2545	2:13:11 / 2460	2:49:27 / 2470	3:24:29 / 2478	3:59:56 / 2485	4:27:51 / 2467		
2450	1365	DRZEWIECKI Maciej	KRAKÓW		POL		79M30/845		(M)2250	04:42:45	04:39:54 06.38
		0:36:28 / 2973	1:09:23 / 2960	1:42:45 / 2916	2:23:28 / 2788	3:01:01 / 2804	3:33:48 / 2694	4:04:52 / 2581	4:29:23 / 2491		
2451	2092	PIĘTA Paweł	KRAKÓW		POL / -		60M50/305		(M)2251	04:42:46	04:41:55 06.40
		0:27:57 / 1337	0:54:40 / 1409	1:21:29 / 1407	1:55:52 / 1445	2:34:44 / 1898	3:16:14 / 2220	3:57:48 / 2426	4:28:46 / 2482		
2452	1470	WNUK Krzysztof	NOWA SÓL		POL / SOS DLA AFRYKI		63M40/630		(M)2252	04:42:47	04:40:37 06.39
		0:32:50 / 2455	1:02:46 / 2488	1:32:26 / 2453	2:08:51 / 2326	2:43:54 / 2315	3:18:52 / 2294	3:56:06 / 2385	4:27:04 / 2447		
2453	1696	SZPERKOWSKI Krzysztof	DOBRCZ		POL		72M40/631		(M)2253	04:42:50	04:42:09 06.41
		0:27:43 / 1255	0:54:22 / 1384	1:22:36 / 1504	1:58:42 / 1607	2:38:46 / 2070	3:17:22 / 2257	3:57:21 / 2412	4:26:41 / 2440		
2454	1319	GIDZIŃSKI Krzysztof	LIBERTÓW		POL		59M50/306		(M)2254	04:42:52	04:41:16 06.39
		0:30:23 / 1995	0:58:09 / 1938	1:26:32 / 1996	2:03:18 / 2006	2:40:40 / 2142	3:21:44 / 2375	4:02:27 / 2531	4:27:37 / 2460		
2455	3424	GÓRAL Damian	SOSNOWIEC		POL		76M30/846		(M)2255	04:42:53	04:41:44 06.40
		0:29:12 / 1669	0:56:27 / 1653	1:23:58 / 1640	1:57:05 / 1502	2:30:15 / 1583	3:19:13 / 2306	3:59:08 / 2469	4:29:42 / 2499		
2456	3383	WARZECHA Tomasz	KATOWICE		POL		86M20/401		(M)2256	04:42:54	04:40:48 06.39
		0:31:08 / 2204	0:59:28 / 2169	1:28:32 / 2154	2:05:14 / 2085	2:41:12 / 2171	3:20:07 / 2324	3:55:47 / 2374	4:27:52 / 2468		
2457	1670	PIASECKI Maciej	PIASECZNO		POL		76M30/847		(M)2257	04:42:54	04:40:20 06.38
		0:34:06 / 2661	1:04:04 / 2596	1:35:34 / 2574	2:14:15 / 2486	2:52:06 / 2566	3:28:09 / 2580	4:03:23 / 2548	4:30:12 / 2513		
2458	234	KARAMUCKI Jacek	POLKOWICE		POL / DRUŻYNA SZPIKU		76M30/848		(M)2258	04:42:55	04:40:07 06.38
		0:32:55 / 2490	1:02:06 / 2368	1:31:07 / 2283	2:07:20 / 2187	2:46:46 / 2409	3:27:51 / 2574	4:03:09 / 2545	4:28:16 / 2473		
2459	744	NOWICKI Krzysztof	GRACZE		POL / BIEGACZE MONARU GRACZE		85M20/402		(M)2259	04:42:59	04:40:07 06.38
		0:35:21 / 2856	1:06:46 / 2821	1:38:15 / 2768	2:16:55 / 2639	2:52:49 / 2623	3:26:41 / 2549	3:59:43 / 2478	4:27:45 / 2463		
2460	742	JOP Piotr	GRACZE		POL / BIEGACZE MONARU GRACZE		85M20/403		(M)2260	04:42:59	04:40:09 06.38
		0:35:23 / 2859	1:06:46 / 2819	1:38:14 / 2764	2:16:54 / 2637	2:52:50 / 2624	3:26:41 / 2548	3:59:43 / 2479	4:27:46 / 2464		
2461	1463	VAJDULIAK Juraj	TVRDOŠÍN		SVK / OB TVRDOŠÍN		61M50/307		(M)2261	04:43:00	04:42:37 06.41
		0:25:33 / 839	0:52:01 / 1017	1:21:04 / 1370	1:59:39 / 1682	2:39:25 / 2088	3:17:33 / 2264	3:53:30 / 2310	4:25:00 / 2395		
2462	1681	LUŚCIŃSKI Konrad	KIELCE		POL		64M40/632		(M)2262	04:43:00	04:40:40 06.39
		0:31:45 / 2289	1:00:14 / 2224	1:29:32 / 2207	2:08:33 / 2303	2:49:18 / 2468	3:24:59 / 2499	3:59:48 / 2481	4:27:47 / 2465		
2463	580	POPIOŁEK Maciej	KRAKÓW		POL / NIEZRZESZONY		89M20/404		(M)2263	04:43:05	04:41:54 06.40
		0:32:53 / 2474	1:04:00 / 2590	1:36:11 / 2599	2:16:39 / 2592	2:54:53 / 2675	3:30:57 / 2631	4:04:41 / 2570	4:31:28 / 2548		
2464	1204	RUSSO Giovanni	PALERMO		ITA		59M50/308		(M)2264	04:43:06	04:42:37 06.41
		0:27:40 / 1221	0:58:05 / 1875	1:31:11 / 2285	2:20:11 / 2741	2:54:53 / 2676	3:28:43 / 1499	4:04:41 / 2571	4:31:28 / 2549		
2465	2831	WEGNER Jacek	RYBNIK		POL / SBD ENERGETYK RYBNIK		75M30/849	Niep/12	(M)2265	04:43:07	04:42:01 06.41
		0:27:40 / 1222	0:54:10 / 1319	1:20:36 / 1325	1:53:57 / 1331	2:32:25 / 1778	3:11:16 / 2025	3:51:44 / 2256	4:26:19 / 2428		
2466	3008	SZCZEŚNIAK Artur	MIKOŁÓW		POL / FACCIAIMO JOGGING		68M40/633		(M)2266	04:43:07	04:41:36 06.40
		0:30:23 / 1996	0:59:05 / 2151	1:28:24 / 2143	2:05:40 / 2104	2:46:17 / 2390	3:26:25 / 2540	4:01:09 / 2514	4:30:09 / 2512		
2467	2649	FIEDORCZYK Janusz	ELK		POL / MARATONKA GRAJEWO		57M50/309		(M)2267	04:43:08	04:40:49 06.39
		0:33:33 / 2586	1:04:44 / 2639	1:38:15 / 2771	2:18:13 / 2695	2:54:55 / 2679	3:28:59 / 2590	4:02:11 / 2528	4:28:43 / 2480		
2468	2365	GAJDA Urszula	OPOLE		POL / BIEG OPOLSKI		72K40/50		(K)201	04:43:10	04:40:54 06.39
		0:34:23 / 2693	1:06:17 / 2719	1:38:10 / 2751	2:17:42 / 2675	2:55:56 / 2704	3:30:38 / 2622	4:04:08 / 2562	4:29:25 / 2493		
2469	2065	TARANEK Krzysztof	WARSZAWA		POL		79M30/850		(M)2268	04:43:13	04:41:37 06.40
		0:29:51 / 1804	0:57:29 / 1781	1:25:23 / 1758	2:00:28 / 1766	2:40:44 / 2145	3:18:09 / 2273	3:56:37 / 2394	4:28:09 / 2470		
2470	2204	CZYRNEK Robert	MYŚLENICE		POL		89M20/405		(M)2269	04:43:13	04:41:33 06.40
		0:30:22 / 1987	0:58:16 / 1982	1:26:03 / 1935	2:01:46 / 1928	2:38:39 / 2062	3:16:23 / 2227	3:55:47 / 2375	4:27:19 / 2452		
2471	3409	KOZIK Leszek	KRAKÓW		POL		57M50/310		(M)2270	04:43:16	04:41:23 06.40
		0:30:38 / 2100	0:58:53 / 2131	1:28:02 / 2115	2:05:32 / 2098	2:42:17 / 2257	3:19:03 / 2298	3:55:04 / 2354	4:26:08 / 2423		
2472	1976	MALISZEWSKA Marta	WARSZAWA		POL / OBOZYBIEGOWE.PL		78K30/87		(K)202	04:43:17	04:40:44 06.39
		0:30:38 / 2099	1:06:35 / 2747	1:38:03 / 2711	2:16:46 / 2617	2:53:26 / 2646	3:30:04 / 2617	4:03:17 / 2547	4:29:32 / 2496		
2473	707	PSZONAK Damian	JANIK		POL		90M20/406		(M)2271	04:43:18	04:40:42 06.39
		0:30:38 / 2098	1:05:42 / 2701	1:36:34 / 2628	2:14:35 / 2509	2:50:02 / 2497	3:23:46 / 2453	4:00:07 / 2491	4:29:17 / 2489		
2474	533	VILPINI Richard	SAMOGNAT (FRANCE)		FRA		51M60/67		(M)2272	04:43:20	04:41:43 06.40
		0:29:49 / 1798	0:58:02 / 1853	1:27:12 / 2056	2:03:47 / 2029	2:39:48 / 2107	3:18:06 / 2272	3:55:54 / 2379	4:27:31 / 2457		
2475	2756	LYOUBI Abdellah	CASABLANCA		MAR / CMCF		51M60/68		(M)2273	04:43:20	04:40:47 06.39
		0:34:55 / 2752	1:06:26 / 2730	1:36:19 / 2612	2:13:48 / 2473	2:48:24 / 2444	3:24:19 / 2476	3:58:43 / 2452	4:26:04 / 2421		

23.04.2012 08:44:58

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2476	3384	CABALA Marcin	KRAKÓW		POL		72M40/634	(M)227404:43:23	04:41:46	06.40
		0:31:19 / 2225	1:00:29 / 2240	1:30:02 / 2233	2:07:26 / 2195	2:40:55 / 2156	3:12:10 / 2082	3:46:15 / 2100	4:21:59 / 2336	
2477	1009	MALINOWSKI Krzysztof	TRZEMESZNA		POL		85M20/407	(M)227504:43:23	04:40:47	06.39
		0:34:45 / 2724	1:06:15 / 2717	1:38:02 / 2709	2:16:45 / 2615	2:52:11 / 2581	3:25:01 / 2500	3:59:09 / 2470	4:28:13 / 2472	
2478	2795	LIEBRECHT Grzegorz	KIELCE		POL		60M50/311	(M)227604:43:25	04:40:50	06.39
		0:34:45 / 2725	1:06:40 / 2765	1:38:06 / 2728	2:16:44 / 2604	2:52:08 / 2568	3:23:44 / 2446	3:58:39 / 2448	4:28:11 / 2471	
2479	2487	KUCHARCZYK Mariusz	KRAKÓW		POL		72M40/635	(M)227704:43:31	04:41:06	06.39
		0:35:25 / 2862	1:04:12 / 2609	1:32:32 / 2465	2:08:32 / 2300	2:48:53 / 2457	3:27:16 / 2565	4:02:10 / 2527	4:29:40 / 2498	
2480	2536	PAJOR Piotr	WIELICZKA		POL		70M40/636	(M)227804:43:34	04:41:22	06.40
		0:30:03 / 1837	0:55:16 / 1491	1:21:11 / 1376	1:57:05 / 1501	2:35:25 / 1929	3:12:46 / 2106	3:57:59 / 2430	4:29:16 / 2488	
2481	2369	OCYTKO Edyta	DĘBICA		POL		77K30/88	(K)203 04:43:36	04:40:42	06.39
		0:35:54 / 2906	1:08:41 / 2907	1:41:47 / 2860	2:23:37 / 2794	3:01:02 / 2807	3:34:05 / 2704	4:05:15 / 2588	4:30:08 / 2510	
2482	605	WIŚNIEWSKI Tadeusz	NOWY SĄCZ		POL / SENIOR & JUNIOR		67M40/637	(M)227904:43:38	04:41:52	06.40
		0:30:44 / 2131	1:00:05 / 2213	1:30:30 / 2250	2:09:13 / 2357	2:48:38 / 2451	3:25:37 / 2517	4:01:31 / 2521	4:30:22 / 2528	
2483	2401	KURPIS Marek	RACIBÓRZ		POL		69M40/638	(M)228004:43:39	04:41:17	06.39
		0:35:04 / 2797	1:06:47 / 2828	1:38:27 / 2788	2:17:46 / 2681	2:54:45 / 2670	3:29:09 / 2600	4:03:09 / 2546	4:30:30 / 2537	
2484	1342	NIESLER Marian	BYTOM		POL / NIEZRZESZONY		62M50/312	(M)228104:43:43	04:43:03	06.42
		0:31:05 / 2198	1:02:54 / 2523	1:35:40 / 2579	2:15:00 / 2528	2:51:50 / 2554	3:26:22 / 2537	3:59:39 / 2476	4:26:23 / 2431	
2485	1992	BŁASZCZYK Kamil	SIENICA RÓŻANA		POL		90M20/408	(M)228204:43:50	04:43:23	06.42
		0:30:24 / 2005	1:05:43 / 2702	1:48:32 / 2965	2:52:33 / 2979	2:51:50 / 2555	4:09:08 / 2989	3:59:39 / 2477	4:26:23 / 2432	
2486	2379	GROCH Marek	KRAKÓW		POL		57M50/313	(M)228304:43:54	04:41:38	06.40
		0:30:24 / 2006	1:02:40 / 2439	1:32:12 / 2413	2:08:34 / 2305	2:45:08 / 2355	3:20:49 / 2346	3:57:46 / 2425	4:27:12 / 2449	
2487	3154	ZEGARTOWSKI Bogusław	KRAKÓW		POL		59M50/314	(M)228404:43:54	04:41:07	06.39
		0:36:12 / 2946	1:09:01 / 2934	1:42:23 / 2879	2:24:11 / 2819	3:01:08 / 2820	3:34:08 / 2707	4:05:25 / 2605	4:30:05 / 2507	
2488	1909	ROSENLUND Nino	KRAKOW		DEN / RADISSON BLU HOTEL KRAKOW		72M40/639	(M)228504:43:55	04:42:53	06.42
		0:28:09 / 1403	0:54:56 / 1443	1:22:32 / 1499	1:58:29 / 1595	2:37:26 / 2009	3:17:15 / 2255	3:54:33 / 2342	4:26:31 / 2436	
2489	635	ZACZYŃSKI Mariusz	KRAKÓW		POL		80M30/851	(M)228604:43:59	04:41:24	06.40
		0:34:50 / 2739	1:06:37 / 2750	1:38:06 / 2729	2:16:44 / 2602	2:52:10 / 2577	3:24:15 / 2475	3:59:04 / 2466	4:28:38 / 2479	
2490	2619	JAWORSKI Łukasz	KRAKÓW		POL		77M30/852	(M)228704:43:59	04:42:16	06.41
		0:30:19 / 1970	0:58:11 / 1953	1:26:08 / 1952	2:03:52 / 2031	2:45:00 / 2348	3:22:54 / 2412	4:00:42 / 2504	4:29:31 / 2495	
2491	2892	KLECZ Michał	LUBOŃ		POL / LUBOŃSKI KLUB BIEGACZA		85M20/409	(M)228804:44:00	04:41:33	06.40
		0:32:46 / 2425	1:02:32 / 2399	1:31:46 / 2339	2:08:20 / 2247	2:42:42 / 2269	3:20:51 / 2347	4:00:58 / 2508	4:30:13 / 2515	
2492	2590	MAĆZKOWIAK Jakub	LUBOŃ		POL / LUBOŃSKI KLUB BIEGACZA		72M40/640	(M)228904:44:00	04:41:26	06.40
		0:33:49 / 2621	1:03:44 / 2574	1:34:38 / 2542	2:13:10 / 2459	2:49:01 / 2462	3:23:08 / 2416	4:00:58 / 2509	4:30:15 / 2517	
2493	1560	SENDER Andrzej	WIELICZKA		POL / NIE WIDZĘ PRZESZKÓD		58M50/315	(M)229004:44:01	04:42:04	06.41
		0:31:36 / 2268	1:00:11 / 2220	1:29:39 / 2215	2:07:22 / 2190	2:45:04 / 2352	3:21:37 / 2367	3:58:01 / 2432	4:28:06 / 2469	
2494	3055	PADULA Piotr	RYTRO		POL		87M20/410	(M)229104:44:10	04:42:15	06.41
		0:30:54 / 2177	0:58:44 / 2112	1:26:40 / 2009	2:02:18 / 1949	2:43:06 / 2283	3:25:49 / 2523	4:01:30 / 2519	4:30:21 / 2527	
2495	2659	BADACH Dariusz	TERESIN		POL		72M40/641	(M)229204:44:11	04:42:25	06.41
		0:30:26 / 2015	0:58:31 / 2054	1:26:37 / 2001	2:03:54 / 2032	2:41:52 / 2203	3:19:47 / 2318	3:59:00 / 2463	4:30:08 / 2511	
2496	620	NAAR Petr	OSTRAVA		CZE		63M40/642	(M)229304:44:11	04:41:28	06.40
		0:34:26 / 2697	1:05:20 / 2673	1:36:51 / 2641	2:15:53 / 2559	2:52:14 / 2591	3:25:07 / 2502	3:59:58 / 2486	4:28:28 / 2476	
2497	1688	KOZIOŁ Marcin	KRAKÓW		POL / BOLIMIĘ NOGA		82M30/853	(M)229404:44:15	04:41:54	06.40
		0:31:45 / 2290	0:59:38 / 2186	1:27:36 / 2079	2:02:28 / 1954	2:39:12 / 2082	3:16:24 / 2229	3:54:08 / 2325	4:28:20 / 2475	
2498	2997	MAKSIMOWSKI Michael	KRAKÓW		CAN		85M20/411	(M)229504:44:18	04:41:31	06.40
		0:36:03 / 2922	1:07:32 / 2871	1:39:19 / 2812	2:19:22 / 2722	2:55:59 / 2708	3:29:00 / 2594	4:00:25 / 2498	4:30:16 / 2519	
2499	278	GWOREK Jacek	BIELSKO-BIAŁA		POL		58M50/316	(M)229604:44:18	04:43:03	06.42
		0:33:50 / 2626	1:06:18 / 2721	1:40:08 / 2829	2:22:42 / 2773	3:00:01 / 2782	3:33:20 / 2676	4:04:53 / 2582	4:30:17 / 2523	
2500	277	WASILIEW Christo	WARKA		BUL / PUŁASKI WARKA		52M60/69	(M)229704:44:20	04:44:16	06.44
		0:26:01 / 925	0:53:25 / 1152	1:20:48 / 1345	1:54:49 / 1374	2:33:26 / 1833	3:14:20 / 2156	3:54:22 / 2333	4:26:57 / 2443	
2501	3299	LURKA Tomasz	KĘTY		POL		75M30/854	(M)229804:44:23	04:43:00	06.42
		0:30:28 / 2032	0:58:24 / 2021	1:28:31 / 2150	2:07:26 / 2194	2:50:12 / 2501	3:26:25 / 2539	4:03:08 / 2542	4:30:19 / 2525	
2502	2923	KRYSTYAN Tomasz	KRAKÓW		POL		75M30/855	(M)229904:44:23	04:42:20	06.41
		0:35:23 / 2860	1:08:40 / 2903	1:42:27 / 2894	2:23:59 / 2812	3:01:23 / 2829	3:34:07 / 2705	4:05:23 / 2598	4:30:07 / 2509	
2503	1518	MALINA Tomasz	KRAKÓW		POL		75M30/856	(M)230004:44:25	04:41:46	06.40
		0:32:02 / 2321	1:00:21 / 2233	1:28:58 / 2178	2:06:49 / 2166	2:43:00 / 2282	3:23:23 / 2422	4:00:05 / 2489	4:30:17 / 2522	
2504	2424	KONOPACKA Magdalena	GLIWICE		POL		86K20/47	(K)204 04:44:29	04:42:51	06.42
		0:31:21 / 2231	1:00:40 / 2255	1:31:06 / 2282	2:08:52 / 2334	2:47:54 / 2433	3:25:18 / 2505	4:02:43 / 2534	4:30:16 / 2520	

23.04.2012 08:44:59

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2505	3416	GŁOWACKA Natalia	WROCŁAW		POL	78	K30/89		(K)205	04:44:29	04:41:59 06.40
		0:35:46 / 2895	1:08:43 / 2910	1:42:26 / 2892	2:23:13 / 2783	3:00:50 / 2798	3:33:43 / 2691	4:04:59 / 2584	4:30:12 / 2514		
2506	2839	PANKOWSKI Tomasz	GDAŃSK		POL / BALTIC-STAR	74	M30/857		(M)230104	04:44:31	04:41:47 06.40
		0:35:36 / 2874	1:06:58 / 2848	1:39:14 / 2809	2:19:11 / 2715	2:57:07 / 2728	3:32:42 / 2657	4:05:23 / 2599	4:30:24 / 2531		
2507	2680	JANKOSZ Maciej	NOWY SĄCZ		POL	83	M20/412		(M)230204	04:44:32	04:41:56 06.40
		0:35:13 / 2835	1:06:41 / 2770	1:38:09 / 2746	2:16:49 / 2627	2:52:13 / 2589	3:23:47 / 2462	3:57:28 / 2414	4:26:27 / 2434		
2508	1698	FLASZ Anna	JASTRZĘBIE ZDRÓJ		POL / ALMAR-KWK KRUPIŃSKI	80	K30/90		(K)206	04:44:34	04:42:58 06.42
		0:32:29 / 2378	1:04:19 / 2618	1:35:12 / 2555	2:13:27 / 2465	2:49:57 / 2489	3:23:46 / 2455	4:00:54 / 2507	4:29:47 / 2502		
2509	2516	KOCIUBA Tomasz	KRAKOW		POL	82	M30/858		(M)230304	04:44:34	04:42:19 06.41
		0:30:22 / 1986	0:58:12 / 1965	1:25:28 / 1767	1:59:44 / 1686	2:33:32 / 1837	3:10:03 / 1974	3:51:00 / 2239	4:29:19 / 2490		
2510	1697	FLASZ Dawid	JASTRZĘBIE ZDRÓJ		POL / KSRG KWK ZOFIÓWKA	73	M30/859		(M)230404	04:44:34	04:42:59 06.42
		0:32:29 / 2380	1:04:19 / 2617	1:35:12 / 2554	2:13:27 / 2464	2:49:58 / 2490	3:23:46 / 2452	4:00:50 / 2506	4:29:46 / 2501		
2511	2585	WOJACZEK Dawid	CZERNICA		POL	91	M20/413		(M)230504	04:44:35	04:41:44 06.40
		0:35:47 / 2900	1:08:48 / 2914	1:42:25 / 2886	2:23:31 / 2791	3:00:51 / 2800	3:33:59 / 2702	4:05:20 / 2594	4:30:18 / 2524		
2512	1809	BONNIEC Philippe	SAINT AUBIN DE CRETOT		FRA / CA CAUCHOIS	65	M40/643		(M)230604	04:44:37	04:44:05 06.43
		0:25:25 / 782	0:49:43 / 744	1:13:56 / 657	1:43:50 / 672	2:31:43 / 1672	3:18:18 / 2278	3:57:20 / 2411	4:32:38 / 2562		
2513	1821	TOMAS Jacek	WROCŁAW		POL	74	M30/860		(M)230704	04:44:40	04:43:13 06.42
		0:29:40 / 1770	0:57:25 / 1776	1:25:52 / 1855	2:02:13 / 1943	2:39:57 / 2115	3:19:10 / 2304	3:57:32 / 2420	4:28:55 / 2485		
2514	1167	KWIATKOWSKI Tomasz	PRZEMYŚL		POL	67	M40/644		(M)230804	04:44:43	04:42:50 06.42
		0:30:55 / 2180	0:59:13 / 2158	1:28:06 / 2118	2:04:46 / 2070	2:42:04 / 2240	3:16:48 / 2244	3:53:44 / 2317	4:27:24 / 2454		
2515	2374	SUDAKOWSKI Tomasz	RAWA MAZOWIECKA		POL / K.S. TRIATHLON RAWA	71	M40/645		(M)230904	04:44:43	04:41:56 06.40
		0:36:11 / 2940	1:09:00 / 2925	1:42:23 / 2881	2:23:54 / 2801	3:01:05 / 2810	3:34:08 / 2706	4:05:23 / 2600	4:30:15 / 2518		
2516	1837	KUBIAK Tomasz	JELCZ LASKOWICE		POL / STRAŻ MIEJSKA WROCŁAW	76	M30/861		(M)231004	04:44:58	04:42:12 06.41
		0:36:11 / 2939	1:09:21 / 2957	1:43:11 / 2920	2:23:59 / 2811	3:01:20 / 2827	3:34:26 / 2722	4:05:58 / 2614	4:32:06 / 2558		
2517	2807	PAVAUX Etienne	PARIS		FRA	70	M40/646		(M)231104	04:44:59	04:43:07 06.42
		0:30:26 / 2017	0:58:49 / 2119	1:27:08 / 2048	2:03:06 / 1994	2:38:36 / 2060	3:18:09 / 2274	3:57:55 / 2427	4:28:45 / 2481		
2518	3323	LEVINA Elvira	LVIV		UKR / LO AVS-FENIX	62	K50/16		(K)207	04:45:02	04:43:06 06.42
		0:31:01 / 2193	0:59:52 / 2203	1:29:56 / 2225	2:07:40 / 2203	2:45:52 / 2384	3:22:43 / 2406	3:59:54 / 2484	4:30:28 / 2535		
2519	3306	MYKOLA Gusarevych	LWÓW		UKR / LDUFK	91	M20/414		(M)231204	04:45:03	04:43:58 06.43
		0:28:29 / 1491	0:55:01 / 1452	1:22:33 / 1502	1:57:03 / 1500	2:33:18 / 1831	3:11:54 / 2072	3:53:50 / 2320	4:30:28 / 2534		
2520	678	ŁUPIŃSKI Dominik	SIEDLCE		POL	78	M30/862		(M)231304	04:45:13	04:43:06 06.42
		0:30:52 / 2168	0:59:22 / 2163	1:28:54 / 2176	2:06:17 / 2135	2:43:44 / 2302	3:22:31 / 2397	3:59:17 / 2471	4:29:24 / 2492		
2521	340	MUCHA Grzegorz	WARSZAWA		POL	58	M50/317		(M)231404	04:45:14	04:43:36 06.43
		0:30:09 / 1891	0:58:22 / 2011	1:28:14 / 2131	2:08:27 / 2284	2:48:21 / 2443	3:26:24 / 2538	4:03:31 / 2551	4:31:11 / 2543		
2522	168	ROMANIEC Kazimierz	WARSZAWA		POL	69	M40/647		(M)231504	04:45:23	04:43:20 06.42
		0:32:31 / 2384	1:01:58 / 2357	1:31:30 / 2313	2:08:53 / 2336	2:46:23 / 2393	3:23:32 / 2433	4:00:45 / 2505	4:30:32 / 2538		
2523	3278	GARCIA Oscar	MADRID		ESP	79	M30/863		(M)231604	04:45:30	04:42:53 06.42
		0:34:58 / 2767	1:06:43 / 2796	1:38:03 / 2712	2:16:46 / 2619	2:52:15 / 2593	3:24:31 / 2479	4:05:51 / 2612	4:33:13 / 2576		
2524	706	KULPA Tomasz	WOŁOWICE		POL	81	M30/864		(M)231704	04:45:32	04:42:40 06.41
		0:34:17 / 2675	1:05:41 / 2692	1:37:25 / 2677	2:17:56 / 2688	2:58:14 / 2749	3:35:04 / 2741	4:07:14 / 2635	4:33:16 / 2579		
2525	1004	PRZEWÓDZKI Janusz	CIECHANÓW		POL / CIECHANÓW	56	M50/318		(M)231804	04:45:36	04:43:47 06.43
		0:28:56 / 1600	0:55:32 / 1521	1:24:40 / 1701	2:04:26 / 2051	2:44:25 / 2331	3:23:45 / 2450	4:02:44 / 2535	4:32:24 / 2560		
2526	157	ŁUŻYŃSKA Katarzyna	POLICE		POL / UKL ŌSEMKA POLICE	79	K30/91		(K)208	04:45:38	04:43:15 06.42
		0:28:56 / 1599	1:02:01 / 2361	1:32:31 / 2461	2:12:59 / 2451	2:51:31 / 2544	3:30:38 / 2621	4:04:43 / 2572	4:31:08 / 2542		
2527	1533	MŁYNEK Krystian	DOBRZEŃ WIELKI		POL	66	M40/648		(M)231904	04:45:42	04:43:05 06.42
		0:35:06 / 2806	1:04:45 / 2641	1:34:55 / 2548	2:13:00 / 2452	2:50:07 / 2500	3:25:05 / 2501	3:59:48 / 2482	4:28:55 / 2486		
2528	2842	BIERNACKI Robert	LESZNO		POL / DRUŻYNA SZPIKU	85	M20/415		(M)232004	04:45:47	04:43:29 06.43
		0:33:03 / 2527	1:02:45 / 2474	1:32:20 / 2442	2:09:03 / 2343	2:45:53 / 2385	3:22:44 / 2407	4:00:15 / 2495	4:30:20 / 2526		
2529	2462	GRZYB Michał	RADOM		POL	73	M30/865		(M)232104	04:45:51	04:45:01 06.45
		0:28:27 / 1486	0:57:32 / 1791	1:27:36 / 2080	2:06:04 / 2120	2:44:24 / 2330	3:21:41 / 2371	3:58:22 / 2441	4:30:23 / 2529		
2530	3097	PŁONKA Piotr	KRAKÓW		POL	78	M30/866		(M)232204	04:46:01	04:43:50 06.43
		0:33:54 / 2637	1:05:09 / 2667	1:36:43 / 2635	2:14:36 / 2514	2:51:34 / 2545	3:26:15 / 2534	4:02:01 / 2526	4:31:35 / 2550		
2531	3314	WRONA Daniel	GOLKOWICE		POL	82	M30/867		(M)232304	04:46:01	04:43:18 06.42
		0:37:31 / 2990	1:07:09 / 2853	1:38:05 / 2719	2:16:12 / 2571	2:52:08 / 2569	3:24:46 / 2490	3:58:57 / 2459	4:28:28 / 2477		
2532	1280	GRAMONT Patryk	KRAKÓW		POL / NIEZRZESZONY	76	M30/868		(M)232404	04:46:05	04:43:12 06.42
		0:31:35 / 2264	0:58:51 / 2124	1:28:15 / 2132	2:07:24 / 2193	2:48:27 / 2445	3:25:21 / 2506	4:03:37 / 2552	4:30:37 / 2539		
2533	3194	WASZYROWSKI Kuba	ŁÓDŹ		POL / DENTOESTETYKA.PL	87	M20/416		(M)232504	04:46:11	04:43:44 06.43
		0:31:35 / 2265	1:02:46 / 2489	1:32:28 / 2458	2:08:25 / 2271	2:42:45 / 2275	3:22:31 / 2396	4:02:26 / 2529	4:31:48 / 2557		

23.04.2012 08:44:59

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club				R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:															
2534	1802	SZLUFIK Marta	OLAŁA		POL					85K20/48		(K)209	04:46:11	04:43:49	06.43
		0:34:05 / 2657	1:05:06 / 2660	1:36:50 / 2640	2:18:30 / 2704	2:55:49 / 2701	3:29:14 / 2602	4:02:34 / 2533	4:31:48 / 2556						
2535	893	ODEŁGA Krzysztof	LEAMINGTON SPA		POL					82M30/869		(M)23260	04:46:13	04:44:01	06.43
		0:31:23 / 2233	1:00:01 / 2210	1:29:46 / 2218	2:07:46 / 2211	2:44:20 / 2329	3:22:45 / 2408	4:01:07 / 2512	4:30:05 / 2506						
2536	2296	RÓŻYCKI Patryk	WARSZAWA		POL					86M20/417		(M)23270	04:46:14	04:44:47	06.44
		0:29:09 / 1653	0:56:19 / 1634	1:23:55 / 1625	3:09:31 / 2999	2:31:15 / 1636	3:22:45 / 2409	3:55:55 / 2380	4:30:17 / 2521						
2537	2420	PAWŁOWSKI Tomek	CHMIELNIK RZESZÓW		POL					75M30/870		(M)23280	04:46:18	04:44:30	06.44
		0:30:06 / 1861	0:58:06 / 1887	1:27:51 / 2098	2:09:36 / 2375	2:50:55 / 2528	3:27:54 / 2577	4:04:24 / 2565	4:31:36 / 2552						
2538	1487	JAMBORSKI Łukasz	KRAKÓW		POL / AMATOR					80M30/871		(M)23290	04:46:29	04:45:35	06.46
		0:28:26 / 1480	0:55:45 / 1558	1:22:59 / 1548	1:56:04 / 1455	2:27:42 / 1456	3:01:52 / 1680	3:45:24 / 2077	4:25:04 / 2396						
2539	2161	KOZŁOWSKI Maciej	TRZEBIATÓW		POL / TT SZCZECIN					75M30/872		(M)23300	04:46:31	04:43:59	06.43
		0:28:26 / 1481	1:06:43 / 2788	1:38:16 / 2773	3:31:41 / 3009	2:56:06 / 2712	3:01:52 / 1681	4:05:15 / 2589	4:31:15 / 2546						
2540	1018	GRABSZTUNOWICZ Robert	SZCZECIN		POL / TT SZCZECIN					75M30/873		(M)23310	04:46:31	04:43:59	06.43
		0:29:22 / 1701	1:06:44 / 2802	1:38:16 / 2774	2:18:22 / 2700	2:56:06 / 2711	3:33:09 / 2664	4:05:15 / 2587	4:31:15 / 2544						
2541	1266	DOBROWOLSKI Zbigniew	OŚWIĘCIM		POL / KB ZADYSZKA					62M50/319		(M)23320	04:46:40	04:45:00	06.45
		0:30:10 / 1893	0:58:06 / 1891	1:25:50 / 1834	2:00:29 / 1776	2:33:47 / 1855	3:11:08 / 2020	3:50:34 / 2222	4:25:46 / 2411						
2542	1361	KALINOWSKI Zygmunt	POZNAŃ		POL / MALTA POZNAŃ					45M60/70		(M)23330	04:46:46	04:44:00	06.43
		0:35:01 / 2783	1:06:42 / 2778	1:37:44 / 2694	2:16:15 / 2573	2:51:12 / 2532	3:23:47 / 2459	3:59:04 / 2465	4:30:28 / 2536						
2543	3443	SIWEK Dariusz	ZŁOTY STOK		POL					67M40/649		(M)23340	04:46:46	04:44:22	06.44
		0:32:00 / 2317	1:00:20 / 2231	1:29:31 / 2206	2:07:18 / 2184	2:48:54 / 2458	3:27:07 / 2561	4:02:52 / 2537	4:31:43 / 2555						
2544	1819	SZUBERT Michał	ZABIERZÓW		POL					79M30/874		(M)23350	04:46:53	04:44:07	06.44
		0:32:00 / 2316	1:06:43 / 2792	1:38:08 / 2738	2:16:44 / 2607	2:52:53 / 2630	3:29:07 / 2598	4:06:54 / 2629	4:33:28 / 2585						
2545	3192	STĘPIEN Adam	KRAKÓW		POL / KOKO					89M20/418		(M)23360	04:46:54	04:44:16	06.44
		0:34:57 / 2762	1:06:34 / 2745	1:37:30 / 2681	2:14:49 / 2523	2:52:19 / 2604	3:25:25 / 2507	3:54:38 / 2344	4:26:59 / 2446						
2546	1452	ŻELAZOWSKA Ola	WROCLAW		POL / PRO-RUN WROCLAW					85K20/49		(K)210	04:47:02	04:44:44	06.44
		0:34:16 / 2674	1:05:38 / 2684	1:37:19 / 2666	2:19:16 / 2718	2:56:29 / 2717	3:32:23 / 2654	4:05:24 / 2603	4:31:23 / 2547						
2547	596	RELUGA Małgorzata	WARSZAWA		POL					68K40/51		(K)211	04:47:11	04:45:12	06.45
		0:33:07 / 2539	1:02:58 / 2530	1:33:47 / 2517	2:13:41 / 2472	2:50:52 / 2524	3:23:46 / 2457	3:58:56 / 2458	4:29:34 / 2497						
2548	2973	MAJCHRZAK Michał	BOCHNIA		POL / CROSS LAJKONIK KRAKÓW					84M20/419	B2/10	(M)23370	04:47:12	04:46:54	06.47
		0:25:31 / 826	0:50:23 / 884	1:15:11 / 861	1:46:10 / 829	2:18:57 / 986	3:05:38 / 1842	3:51:07 / 2242	4:24:49 / 2390						
2549	1780	ZEMLA Kornel	KRAKÓW		POL					82M30/875		(M)23380	04:47:13	04:45:06	06.45
		0:30:35 / 2080	0:58:07 / 1905	1:25:14 / 1742	2:00:14 / 1740	2:37:45 / 2032	3:14:52 / 2177	3:55:23 / 2364	4:31:35 / 2551						
2550	1154	NOWAK Piotr	WARSZAWA		POL					72M40/650		(M)23390	04:47:17	04:46:03	06.46
		0:30:35 / 2079	0:56:45 / 1712	1:26:50 / 2022	2:07:50 / 2223	2:48:30 / 2446	3:27:34 / 2570	4:04:48 / 2576	4:32:43 / 2564						
2551	2498	GIELAROWIEC Paweł	BRZÓZA KRÓLEWSKA		POL					91M20/420		(M)23400	04:47:17	04:45:59	06.46
		0:30:57 / 2186	0:59:59 / 2207	1:29:14 / 2191	2:06:43 / 2156	2:43:32 / 2297	3:23:50 / 2463	4:00:07 / 2490	4:33:02 / 2569						
2552	3124	KLIMASZEWSKA Teresa	ŚWINOUJŚCIE		POL					84K20/50		(K)212	04:47:21	04:44:40	06.44
		0:35:09 / 2819	1:06:43 / 2797	1:37:40 / 2691	2:16:55 / 2638	2:53:06 / 2639	3:30:50 / 2627	4:05:46 / 2608	4:33:28 / 2583						
2553	1440	LOKAJ Szymon	SZCZERCICE		POL					82M30/876		(M)23410	04:47:22	04:44:40	06.44
		0:35:10 / 2821	1:06:45 / 2809	1:37:40 / 2692	2:16:46 / 2618	2:52:56 / 2632	3:28:54 / 2587	4:03:43 / 2554	4:33:28 / 2584						
2554	2305	PRZYCZYNEK Roman	WARSZAWA		POL					79M30/877		(M)23420	04:47:22	04:45:12	06.45
		0:32:46 / 2426	1:02:40 / 2429	1:32:08 / 2393	2:08:30 / 2296	2:49:28 / 2471	3:26:51 / 2553	4:04:15 / 2564	4:33:38 / 2588						
2555	3200	NOWACZEWSKI Ryszard	POZNAŃ		POL / KB MANIAC POZNAŃ					57M50/320		(M)23430	04:47:30	04:45:01	06.45
		0:33:05 / 2531	1:02:59 / 2533	1:33:38 / 2514	2:12:48 / 2445	2:55:45 / 2700	3:32:32 / 2655	4:06:55 / 2630	4:33:42 / 2589						
2556	3146	MÓŁ Krzysztof	KRAKÓW		POL					89M20/421		(M)23440	04:47:41	04:44:50	06.45
		0:34:50 / 2738	1:04:41 / 2631	1:35:33 / 2572	2:15:08 / 2543	2:52:18 / 2599	3:29:24 / 2604	4:09:22 / 2665	4:35:27 / 2608						
2557	2432	OSIPOWICZ Kasia	LONDYN		POL					84K20/51		(K)213	04:47:46	04:47:22	06.48
		0:27:17 / 1121	0:55:29 / 1515	1:25:13 / 1739	2:03:39 / 2027	2:45:15 / 2359	3:26:56 / 2554	4:03:27 / 2550	4:34:10 / 2592						
2558	579	PRONOBIS Marcin	KRAKÓW		POL					91M20/422		(M)23450	04:47:47	04:45:12	06.45
		0:27:17 / 1119	1:05:42 / 2700	1:36:34 / 2627	2:14:35 / 2507	2:50:02 / 2498	3:23:47 / 2460	4:00:17 / 2497	4:29:46 / 2500						
2559	581	MAJ Michał	KRAKÓW		POL					89M20/423		(M)23460	04:47:52	04:45:14	06.45
		0:27:17 / 1120	1:05:41 / 2695	1:36:34 / 2629	2:14:35 / 2510	2:50:02 / 2496	3:23:46 / 2454	4:00:16 / 2496	4:29:50 / 2505						
2560	1938	GONTAREK Adam	STUDZIANKI PANCERNE		POL / KB POŚWIĘTNE					85M20/424		(M)23470	04:48:06	04:45:43	06.46
		0:32:58 / 2507	1:02:48 / 2501	1:32:24 / 2446	2:09:10 / 2350	2:45:43 / 2373	3:20:53 / 2350	3:56:57 / 2403	4:30:27 / 2533						
2561	1096	LUTO Tomasz	BIAŁYSTOK		POL					83M20/425		(M)23480	04:48:14	04:46:43	06.47
		0:30:29 / 2035	0:58:28 / 2032	1:28:07 / 2120	2:06:05 / 2122	2:47:29 / 2425	3:29:17 / 2603	4:04:25 / 2566	4:32:57 / 2567						
2562	1674	ŻUROW Karolina	WROCLAW		POL					82K30/92		(K)214	04:48:17	04:47:18	06.48
		0:30:49 / 2157	1:02:58 / 2529	1:38:22 / 2781	2:20:14 / 2742	3:00:16 / 2786	3:36:15 / 2748	4:08:51 / 2656	4:34:55 / 2601						

23.04.2012 08:44:59

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2563	3082	KOĆWIN Paweł	CZĘSTOCHOWA		POL		78M30/878		(M)23490	04:48:17	04:46:02 06.46
		0:32:59 / 2512	1:02:46 / 2482	1:32:44 / 2478	2:09:18 / 2365	2:46:45 / 2406	3:24:15 / 2474	4:00:15 / 2494	4:30:25 / 2532		
2564	3110	KIDYBA Krzysztof	RADOM		POL		70M40/651		(M)23500	04:48:21	04:47:00 06.48
		0:29:41 / 1774	0:57:18 / 1766	1:26:01 / 1924	2:06:59 / 2172	2:48:32 / 2447	3:26:58 / 2555	4:04:58 / 2583	4:32:41 / 2563		
2565	3379	OBSTARCZYK Andrzej	OŚWIĘCIM		POL / ZADYSZKA OŚWIĘCIM		57M50/321		(M)23510	04:48:30	04:47:06 06.48
		0:31:18 / 2221	1:00:54 / 2265	1:31:03 / 2278	2:10:33 / 2402	2:48:58 / 2460	3:26:12 / 2532	4:01:53 / 2525	4:31:38 / 2554		
2566	1106	CZECHYRA Tomasz	WROCŁAW		POL		68M40/652		(M)23520	04:48:35	04:45:54 06.46
		0:35:29 / 2867	1:06:47 / 2827	1:39:00 / 2798	2:19:06 / 2713	2:57:11 / 2730	3:33:04 / 2663	4:05:09 / 2586	4:33:18 / 2580		
2567	1375	OBODECKI Bartosz	ŁÓDŹ		POL		77M30/879		(M)23530	04:48:37	04:46:25 06.47
		0:32:53 / 2472	1:02:39 / 2417	1:32:08 / 2388	2:08:25 / 2275	2:42:43 / 2270	3:20:27 / 2332	3:57:57 / 2428	4:30:23 / 2530		
2568	2512	BOBEK Kinga	KRAKÓW		POL		88K20/52		(K)215	04:48:38	04:47:50 06.49
		0:29:29 / 1727	0:57:37 / 1798	1:26:58 / 2032	2:04:59 / 2074	2:48:03 / 2438	3:25:47 / 2522	4:03:54 / 2557	4:33:08 / 2575		
2569	3461	PSZCZÓŁKOWSKI Zbigniew	PRZASNYSZ		POL		71M40/653		(M)23540	04:48:40	04:46:29 06.47
		0:32:54 / 2489	1:02:45 / 2470	1:32:16 / 2430	2:08:36 / 2310	2:48:43 / 2455	3:25:56 / 2524	4:01:07 / 2513	4:29:49 / 2504		
2570	2928	PAWLIK Marek	KRAKÓW		POL		55M50/322		(M)23550	04:48:43	04:45:52 06.46
		0:33:14 / 2558	1:01:26 / 2310	1:30:20 / 2245	2:09:00 / 2341	2:46:57 / 2413	3:26:59 / 2556	4:04:50 / 2580	4:32:47 / 2566		
2571	1857	JAMROZIK Michał	JAWORZNO		POL		88M20/426		(M)23560	04:48:48	04:45:54 06.46
		0:33:14 / 2557	1:06:47 / 2829	4:06:38 / 3012	2:14:19 / 2491	2:52:14 / 2590	3:28:39 / 2582	4:04:50 / 2579	4:35:32 / 2611		
2572	1414	PLUCIŃSKI Dariusz	WROCŁAW		POL		62M50/323		(M)23570	04:48:52	04:45:01 06.45
		0:32:47 / 2430	1:01:39 / 2323	1:29:39 / 2213	2:04:31 / 2058	2:40:51 / 2151	3:21:39 / 2369	4:01:16 / 2517	4:32:28 / 2561		
2573	2595	PILCH Marlena	KRAKÓW		POL / MALHEUR A QUI ME TOUCHE!		83K20/53		(K)216	04:48:54	04:46:49 06.47
		0:33:42 / 2609	1:04:25 / 2621	1:36:43 / 2634	2:18:02 / 2693	2:58:36 / 2757	3:33:55 / 2701	4:07:32 / 2639	4:34:19 / 2593		
2574	2014	BRZÓSKA Jolanta	CIESZYN		POL / BRZOZA TEAM		76K30/93		(K)217	04:48:57	04:46:17 06.47
		0:33:42 / 2608	1:06:27 / 2733	1:38:00 / 2707	3:29:00 / 3008	2:52:12 / 2582	3:33:55 / 2700	4:04:46 / 2574	4:33:03 / 2574		
2575	1639	WARDZAŁA Anna	WARSZAWA		POL		48K60/5		(K)218	04:48:57	04:46:47 06.47
		0:33:33 / 2587	1:04:08 / 2605	1:36:10 / 2598	2:16:42 / 2597	2:55:28 / 2695	3:32:03 / 2648	4:08:27 / 2650	4:34:33 / 2596		
2576	2015	BRZÓSKA Rafał	CIESZYN		POL / BRZOZA TEAM		75M30/880		(M)23580	04:48:57	04:46:19 06.47
		0:35:02 / 2789	1:06:29 / 2734	1:37:57 / 2702	2:16:37 / 2590	2:52:12 / 2583	3:29:00 / 2593	4:04:46 / 2573	4:33:03 / 2573		
2577	2975	KOCJAN Bogusław	OLKUSZ		POL		78M30/881		(M)23590	04:48:59	04:46:12 06.46
		0:35:02 / 2790	1:06:45 / 2816	1:38:18 / 2775	2:17:01 / 2651	2:53:52 / 2658	3:29:27 / 2607	4:05:06 / 2585	4:33:02 / 2571		
2578	1197	CIESIOŁKIEWICZ Paweł	WROCŁAW		POL / INTERSPORT TEAM		88M20/427		(M)23600	04:49:08	04:46:38 06.47
		0:35:02 / 2788	1:06:24 / 2727	1:37:39 / 2689	3:33:01 / 3010	2:52:39 / 2619	3:29:27 / 2606	4:09:10 / 2661	4:33:02 / 2570		
2579	1660	KUCHARCZYK Leszek	KRAKÓW		POL		52M60/71		(M)23610	04:49:09	04:46:19 06.47
		0:34:47 / 2730	1:06:15 / 2715	1:37:32 / 2684	2:16:19 / 2574	2:52:31 / 2615	3:25:59 / 2527	4:01:15 / 2515	4:32:46 / 2565		
2580	287	HORAŁA Piotr	WROCŁAW		POL / POWERS TEAM		84M20/428		(M)23620	04:49:11	04:46:42 06.47
		0:33:13 / 2555	1:02:49 / 2508	1:32:34 / 2469	2:12:32 / 2442	2:49:56 / 2487	3:22:32 / 2399	4:02:27 / 2530	4:33:29 / 2586		
2581	1237	KOBER Piotr	WARSZAWA		POL / ALETEMPO		70M40/654		(M)23630	04:49:14	04:47:09 06.48
		0:32:04 / 2328	1:01:41 / 2327	1:37:05 / 2654	2:26:32 / 2861	2:49:56 / 2488	3:19:06 / 2299	4:01:01 / 2510	4:34:26 / 2594		
2582	2042	GAWŁOWICZ Łukasz	KRAKÓW		POL		81M30/882		(M)23640	04:49:15	04:46:56 06.48
		0:34:32 / 2702	1:05:34 / 2679	1:36:49 / 2639	2:14:38 / 2518	2:49:52 / 2484	3:23:43 / 2443	3:59:01 / 2464	4:31:15 / 2545		
2583	2704	PIONTEK Radosław	WARSZAWA		POL		65M40/655		(M)23650	04:49:15	04:46:32 06.47
		0:35:02 / 2786	1:06:54 / 2843	1:39:09 / 2806	2:18:48 / 2707	2:56:03 / 2709	3:30:55 / 2630	4:06:04 / 2616	4:33:27 / 2581		
2584	2933	ZIELIŃSKA Ewa	KRAKÓW		POL		86K20/54		(K)219	04:49:19	04:46:41 06.47
		0:34:57 / 2761	1:06:39 / 2756	1:38:05 / 2720	2:16:47 / 2622	2:55:13 / 2687	3:33:19 / 2675	4:07:35 / 2642	4:34:26 / 2595		
2585	3292	KLINIEWICZ Andrzej	KRAKÓW		POL		72M40/656		(M)23660	04:49:26	04:46:51 06.47
		0:35:12 / 2833	1:06:38 / 2751	1:38:05 / 2718	2:16:44 / 2600	2:55:35 / 2696	3:33:19 / 2673	4:07:34 / 2641	4:34:37 / 2598		
2586	2891	GOLONKA Bartosz	WROCŁAW		POL		79M30/883		(M)23670	04:49:40	04:47:23 06.48
		0:32:52 / 2463	1:02:45 / 2480	1:32:30 / 2460	2:10:27 / 2399	2:51:02 / 2530	3:27:52 / 2575	4:04:47 / 2575	4:35:01 / 2603		
2587	3224	JĄSKANIEC Anna	KRAKÓW		POL		83K20/55		(K)220	04:49:40	04:48:34 06.50
		0:30:05 / 1851	0:58:19 / 1996	1:29:26 / 2200	2:08:50 / 2323	2:48:02 / 2436	3:27:21 / 2567	4:04:31 / 2567	4:35:00 / 2602		
2588	1855	BIELEC Ryszard	WROCŁAW		POL / PRO-RUN WROCŁAW		63M40/657		(M)23680	04:49:46	04:47:26 06.48
		0:30:05 / 1850	1:05:38 / 2686	1:37:22 / 2671	2:16:51 / 2630	2:52:54 / 2631	3:29:29 / 2608	4:06:38 / 2625	4:35:42 / 2619		
2589	1235	MYSZKOWSKI Bolesław	BOBUSZÓW-GORCE		POL / DRUŻYNA SZPIKU		60M50/324		(M)23690	04:49:46	04:47:34 06.48
		0:30:05 / 1849	1:02:38 / 2410	1:32:46 / 2481	2:13:28 / 2466	2:52:19 / 2603	3:30:08 / 2618	4:05:54 / 2613	4:35:15 / 2605		
2590	538	BYSIAK Artur	KIELCE		POL / KS NAPRZÓD BYSIAK		84M20/429		(M)23700	04:49:54	04:47:40 06.49
		0:32:42 / 2409	1:00:40 / 2254	1:29:40 / 2217	2:06:47 / 2162	2:45:29 / 2364	3:26:44 / 2551	4:05:24 / 2601	4:31:00 / 2541		
2591	1627	JĘDRZEJCZYK Łukasz	MIĘDZYRZECZ		POL / -		85M20/430		(M)23710	04:50:03	04:47:50 06.49
		0:32:59 / 2514	1:02:43 / 2463	1:32:14 / 2420	2:08:29 / 2292	2:49:02 / 2463	3:24:06 / 2467	4:00:29 / 2500	4:33:02 / 2572		

23.04.2012 08:45:00

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2592	2074	OLÓWEK Katarzyna	KRAKÓW	 POL			76K30/94		(K)221	04:50:06	04:47:17 06.48
		0:36:07 / 2932	1:08:58 / 2919	1:42:39 / 2906	2:23:55 / 2805	3:01:05 / 2811	3:35:03 / 2740	4:09:41 / 2671	4:36:03 / 2626		
2593	144	KAMIENIARZ Jan	KRAKÓW	 POL	/ BIEGAM BO LUBIE		54M50/325		(M)23720	04:50:07	04:47:18 06.48
		0:36:07 / 2931	1:09:24 / 2961	1:42:45 / 2915	2:23:27 / 2786	3:01:01 / 2805	3:35:07 / 2742	4:08:39 / 2653	4:36:08 / 2630		
2594	3468	SULIK Julia	KRAKOW	 POL			90K20/56		(K)222	04:50:08	04:48:34 06.50
		0:29:41 / 1776	1:00:27 / 2238	1:32:55 / 2490	2:17:33 / 2666	2:56:51 / 2724	3:33:54 / 2697	4:07:55 / 2646	4:35:42 / 2617		
2595	2849	BRAJER Tomasz	JAWORZNO	 POL	/ KB MCKIS JAWORZNO		78M30/884		(M)23730	04:50:11	04:47:40 06.49
		0:34:22 / 2690	1:06:18 / 2720	1:38:11 / 2752	2:17:43 / 2676	2:55:56 / 2703	3:30:38 / 2623	4:04:08 / 2563	4:32:21 / 2559		
2596	1578	KNAPIK Rafał	WROCLAW	 POL	/ ITMZM 2011		77M30/885		(M)23740	04:50:13	04:47:52 06.49
		0:34:17 / 2676	1:05:41 / 2691	1:37:23 / 2674	2:16:58 / 2644	2:53:41 / 2650	3:29:09 / 2599	4:06:01 / 2615	4:35:32 / 2612		
2597	2880	GODZIEWSKI Andrzej	JASŁO	 POL			81M30/886		(M)23750	04:50:15	04:47:35 06.48
		0:32:06 / 2337	1:01:02 / 2272	1:30:55 / 2271	2:08:26 / 2280	2:43:27 / 2295	3:20:05 / 2323	3:58:18 / 2438	4:30:50 / 2540		
2598	2840	KACZKOWSKI Michał	KRAKÓW	 POL			88M20/431		(M)23760	04:50:23	04:47:59 06.49
		0:33:11 / 2550	1:02:53 / 2520	1:32:45 / 2480	2:09:19 / 2366	2:46:29 / 2397	3:28:45 / 2583	4:06:20 / 2619	4:37:28 / 2642		
2599	3028	SCHROEDER Jarosław	GDYNIA	 POL	/ SZYSZKI TEAM		84M20/432		(M)23770	04:50:30	04:48:24 06.50
		0:31:23 / 2234	0:59:43 / 2193	1:29:14 / 2190	2:10:42 / 2405	2:52:18 / 2601	3:28:53 / 2586	4:05:16 / 2591	4:35:57 / 2625		
2600	2220	DUDEK Małgorzata	KRAKOW	 POL	/ PĘDZĄCA BRYGADA JULIANA		82K30/95		(K)223	04:50:31	04:47:55 06.49
		0:35:07 / 2813	1:06:58 / 2847	1:39:14 / 2808	2:19:12 / 2716	2:57:07 / 2729	3:33:35 / 2683	4:08:39 / 2652	4:36:08 / 2629		
2601	2291	OKOŃSKI Robert	SMOLEC	 POL			69M40/658		(M)23780	04:50:33	04:49:01 06.50
		0:30:51 / 2164	0:59:36 / 2183	1:30:26 / 2249	2:07:27 / 2196	2:51:30 / 2543	3:32:13 / 2651	4:05:50 / 2610	4:36:03 / 2627		
2602	1017	WOJTASINSKA Joanna	KRAKÓW	 POL	/ NIEZRZESZONA		74K30/96		(K)224	04:50:38	04:48:07 06.49
		0:33:25 / 2576	1:04:02 / 2591	1:35:24 / 2564	2:14:17 / 2488	2:52:01 / 2563	3:28:59 / 2591	4:05:29 / 2606	4:34:47 / 2600		
2603	2334	WOJTOWICZ Rafał	WROCLAW	 POL	/ EUROPCAR WROCLAW		89M20/433		(M)23790	04:50:43	04:48:19 06.49
		0:33:02 / 2523	1:02:47 / 2494	1:33:05 / 2496	2:10:19 / 2397	2:49:07 / 2466	3:25:27 / 2511	4:03:26 / 2549	4:33:14 / 2577		
2604	1352	FEDYCZKOWSKI Dominik	WSCHOWA	 POL			85M20/434		(M)23800	04:50:48	04:48:07 06.49
		0:35:19 / 2854	1:06:44 / 2799	1:38:08 / 2739	2:17:07 / 2656	2:53:23 / 2643	3:31:08 / 2632	4:07:04 / 2632	4:35:31 / 2609		
2605	2581	WRZOSEK Paweł	BRZÓZA	 POL			91M20/435		(M)23810	04:50:50	04:48:16 06.49
		0:34:37 / 2706	1:05:38 / 2685	1:37:22 / 2672	2:16:45 / 2613	2:51:56 / 2558	3:31:20 / 2638	4:08:26 / 2649	4:36:07 / 2628		
2606	2370	BUCZAK Jarosław	PIŃCZÓW	 POL	/ KL PONIDZIE PIŃCZÓW		62M50/326		(M)23820	04:51:00	04:49:03 06.51
		0:31:35 / 2263	1:00:38 / 2251	1:30:55 / 2269	2:08:29 / 2294	2:45:55 / 2387	3:21:26 / 2362	3:59:26 / 2473	4:31:37 / 2553		
2607	2979	DONIEC Andrzej	RYBNIK	 POL			49M60/72		(M)23830	04:51:01	04:49:17 06.51
		0:30:08 / 1882	0:58:33 / 2064	1:28:11 / 2124	2:09:31 / 2372	2:52:50 / 2625	3:30:21 / 2620	4:07:34 / 2640	4:34:38 / 2599		
2608	406	TROJANOWSKI Tadeusz	WARSZAWA	 POL			54M50/327		(M)23840	04:51:08	04:48:28 06.50
		0:32:09 / 2346	1:00:13 / 2223	1:28:59 / 2180	2:07:07 / 2176	2:47:54 / 2434	3:25:13 / 2504	4:03:38 / 2553	4:33:28 / 2582		
2609	2884	MUCHA Paweł	ZABIERZÓW	 POL			78M30/887		(M)23850	04:51:09	04:48:24 06.50
		0:35:00 / 2779	1:06:44 / 2801	1:38:08 / 2740	2:17:44 / 2677	2:57:50 / 2740	3:33:46 / 2693	4:05:23 / 2597	4:33:32 / 2587		
2610	1684	GORAYSKA Barbara	KRAKÓW	 POL	/ NIEZRZESZONA		71K40/52		(K)225	04:51:29	04:49:00 06.50
		0:33:30 / 2585	1:04:03 / 2594	1:36:00 / 2588	2:16:51 / 2628	2:56:04 / 2710	3:33:12 / 2669	4:07:08 / 2634	4:35:44 / 2621		
2611	1465	PTAK Dariusz	POZNAŃ	 POL			68M40/659		(M)23860	04:51:32	04:49:00 06.50
		0:33:50 / 2624	1:03:43 / 2573	1:34:38 / 2541	2:13:07 / 2458	2:50:29 / 2513	3:29:00 / 2592	4:07:05 / 2633	4:36:09 / 2631		
2612	3305	SHELEPEN Viacheslan	SANT PETERSBURGR	 RUS			64M40/660		(M)23870	04:51:36	04:48:48 06.50
		0:34:49 / 2734	1:05:45 / 2706	1:37:30 / 2682	2:16:30 / 2583	2:55:24 / 2692	3:31:32 / 2643	4:06:36 / 2624	4:35:15 / 2606		
2613	2917	SZATKOWSKA Izabela	KRAKÓW	 POL			72K40/53		(K)226	04:51:37	04:48:51 06.50
		0:35:44 / 2890	1:07:43 / 2878	1:40:05 / 2827	2:19:58 / 2738	2:58:31 / 2756	3:33:42 / 2689	4:08:52 / 2657	4:37:49 / 2651		
2614	3432	SANTONI Alessandro	MILANO	 ITA			68M40/661		(M)23880	04:51:37	04:49:19 06.51
		0:33:00 / 2517	1:03:49 / 2579	1:36:25 / 2618	2:16:45 / 2614	2:56:28 / 2716	3:34:09 / 2712	4:06:59 / 2631	4:35:43 / 2620		
2615	2732	HOLKA Krzysztof	MIĘDZYCHÓD	 POL			52M60/73		(M)23890	04:51:39	04:49:47 06.52
		0:30:27 / 2028	0:58:40 / 2097	1:27:47 / 2092	2:06:09 / 2127	2:43:45 / 2305	3:25:58 / 2526	4:04:06 / 2561	4:35:12 / 2604		
2616	570	FARON Agnieszka	KRAKÓW	 POL			82K30/97		(K)227	04:51:39	04:49:21 06.51
		0:30:27 / 2027	1:02:44 / 2468	1:32:15 / 2427	2:08:27 / 2287	2:43:45 / 2304	3:22:07 / 2382	3:59:49 / 2483	4:32:58 / 2568		
2617	2937	ŚWIERCZEK Zdzisław	KRAKÓW	 POL	/ NIEZRZESZONY		57M50/328		(M)23900	04:51:49	04:49:32 06.51
		0:30:27 / 2029	1:03:12 / 2555	1:34:53 / 2547	2:14:35 / 2508	2:54:12 / 2662	3:31:52 / 2646	4:09:55 / 2673	4:37:07 / 2639		
2618	2586	FITT Konrad	KRAKÓW	 POL			82M30/888		(M)23910	04:51:49	04:49:58 06.52
		0:30:10 / 1899	0:58:27 / 2029	1:26:43 / 2013	2:03:04 / 1992	2:40:08 / 2123	3:21:42 / 2374	4:06:16 / 2618	4:38:55 / 2659		
2619	871	FRITZ Sławomir	KRAKÓW	 POL	/ PUBLISHING SCHOOL CYCLING TEAM		69M40/662		(M)23920	04:51:50	04:49:04 06.51
		0:34:33 / 2703	1:03:19 / 2561	1:32:23 / 2444	2:09:00 / 2340	2:46:25 / 2396	3:24:35 / 2481	4:01:30 / 2520	4:35:55 / 2624		
2620	1360	NADOLNY Leszek	LESZNO	 POL	/ DRUZYNA SZPIKU		57M50/329		(M)23930	04:51:50	04:50:12 06.52
		0:31:36 / 2267	1:01:23 / 2305	1:33:43 / 2516	2:16:33 / 2587	2:56:34 / 2719	3:33:31 / 2681	4:08:37 / 2651	4:35:39 / 2614		

23.04.2012 08:45:00

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2621	837	GLĄDYS Piotr	KRAKÓW	 POL			77M30/889		(M)2394	04:51:54	04:49:39 06.51
		0:31:11 / 2209 0:59:36 / 2182	1:28:37 / 2164 2:05:09 / 2080	2:45:52 / 2383 3:24:52 / 2493	4:03:01 / 2540 4:34:04 / 2591						
2622	751	OTOLIŃSKI Marcin	GRACZE	 POL			80M30/890		(M)2395	04:51:55	04:50:14 06.52
		0:31:59 / 2311 1:01:17 / 2294	1:31:11 / 2287 2:08:52 / 2330	2:47:44 / 2429 3:24:11 / 2470	4:03:57 / 2559 4:35:40 / 2616						
2623	757	WRÓBLEWSKI Jakub	GRACZE	 POL	/ BIEGACZE MONARU GRACZE		81M30/891		(M)2396	04:51:55	04:50:15 06.52
		0:31:58 / 2309 1:01:17 / 2293	1:31:11 / 2288 2:08:52 / 2332	2:47:44 / 2430 3:24:10 / 2469	4:03:58 / 2560 4:35:39 / 2613						
2624	587	GÓRSKA Anna	ŚWINOUJŚCIE	 POL			74K30/98		(K)228	04:51:55	04:49:21 06.51
		0:34:11 / 2670 1:04:57 / 2649	1:36:33 / 2626 2:15:04 / 2534	2:54:52 / 2671 3:33:43 / 2690	4:06:31 / 2623 4:35:40 / 2615						
2625	3005	NOWOSIELSKI Piotr	WARSZAWA	 POL			75M30/892		(M)2397	04:51:57	04:49:21 06.51
		0:34:52 / 2744 1:05:41 / 2698	1:36:55 / 2645 2:15:50 / 2555	2:53:34 / 2647 3:29:58 / 2616	4:06:46 / 2626 4:37:38 / 2646						
2626	1401	CICHON Artur	WARSZAWA	 POL			65M40/663		(M)2398	04:51:59	04:50:06 06.52
		0:31:06 / 2202 1:00:25 / 2237	1:30:14 / 2239 2:09:42 / 2381	2:51:13 / 2535 3:29:07 / 2597	4:08:42 / 2655 4:39:15 / 2664						
2627	321	BUBEL Marcin	WROCLAW	 POL	/ DRUŻYNA SZPIKU		70M40/664		(M)2399	04:52:06	04:49:33 06.51
		0:31:06 / 2201 1:06:41 / 2775	1:38:10 / 2750 2:17:40 / 2673	2:55:57 / 2706 3:32:48 / 2659	4:07:30 / 2638 4:35:52 / 2623						
2628	2566	ROSTKOWSKA Emilia	WARSZAWA	 POL			83K20/57		(K)229	04:52:33	04:50:08 06.52
		0:36:30 / 2974 1:09:00 / 2926	1:41:09 / 2845 2:19:28 / 2726	2:58:18 / 2751 3:37:02 / 2761	4:10:55 / 2688 4:37:44 / 2649						
2629	749	JADCZUK Bogdan	GRACZE	 POL	/ BIEGACZE MONARU GRACZE		80M30/893		(M)2400	04:52:37	04:51:33 06.54
		0:31:37 / 2270 1:01:24 / 2308	1:31:17 / 2300 2:08:52 / 2333	2:48:01 / 2435 3:25:35 / 2515	4:04:32 / 2568 4:35:42 / 2618						
2630	1582	BUĆKO Artur	JELENIA GÓRA	 POL			64M40/665		(M)2401	04:52:38	04:50:30 06.53
		0:31:37 / 2271 1:04:00 / 2589	1:36:11 / 2600 2:16:34 / 2589	2:56:32 / 2718 3:34:54 / 2735	4:10:38 / 2683 4:38:30 / 2657						
2631	3085	KOMOROWSKI Bart	KRAKOW	 POL			85M20/436		(M)2402	04:52:39	04:49:52 06.52
		0:36:02 / 2921 1:07:32 / 2872	1:39:19 / 2813 2:19:23 / 2723	2:57:56 / 2743 3:34:47 / 2732	4:09:36 / 2670 4:37:15 / 2640						
2632	331	KORTA Sebastian	KRAKÓW	 POL			76M30/894		(M)2403	04:52:44	04:51:37 06.54
		0:31:19 / 2224 1:01:25 / 2309	1:32:27 / 2455 2:11:26 / 2420	2:50:48 / 2522 3:29:57 / 2615	4:06:25 / 2621 4:37:02 / 2637						
2633	2926	MOGIEŁKA Piotr	OLEŚNICA	 POL	/ KERRY POLSKA OLEŚNICA		84M20/437		(M)2404	04:52:44	04:51:38 06.54
		0:28:04 / 1374 0:54:43 / 1419	1:22:51 / 1539 1:59:52 / 1705	2:39:45 / 2105 3:20:10 / 2325	4:02:45 / 2536 4:35:45 / 2622						
2634	1528	LISIK Katarzyna	KRAKÓW	 POL			82K30/99		(K)230	04:52:53	04:50:32 06.53
		0:32:06 / 2331 1:02:37 / 2407	1:35:08 / 2551 2:16:41 / 2595	2:56:43 / 2722 3:33:16 / 2671	4:08:40 / 2654 4:37:26 / 2641						
2635	2530	STRĄCZEK Wojciech	WARSZAWA	 POL			70M40/666		(M)2405	04:53:02	04:50:41 06.53
		0:35:05 / 2800 1:06:45 / 2812	1:38:14 / 2767 2:18:21 / 2699	2:57:51 / 2741 3:34:56 / 2736	4:12:29 / 2706 4:39:47 / 2674						
2636	2677	MRÓZ Piotr	KRAKÓW	 POL			79M30/895		(M)2406	04:53:05	04:50:42 06.53
		0:32:54 / 2483 1:02:39 / 2427	1:31:11 / 2286 2:06:39 / 2152	2:41:56 / 2213 3:18:17 / 2277	3:59:21 / 2472 4:36:21 / 2633						
2637	2669	CHEBDA Krzysiek	NOWY DWÓR	 POL			93M20/438		(M)2407	04:53:08	04:50:28 06.53
		0:34:39 / 2713 1:06:19 / 2722	1:37:19 / 2663 2:15:07 / 2540	2:51:13 / 2536 3:27:38 / 2572	4:05:24 / 2604 4:37:40 / 2647						
2638	3019	BODZIONY Jarosław	OLSZEWNICA STARA	 POL			74M30/896		(M)2408	04:53:13	04:50:31 06.53
		0:34:37 / 2707 1:03:44 / 2575	1:33:17 / 2502 2:11:34 / 2425	2:50:00 / 2492 3:26:03 / 2529	4:04:49 / 2577 4:35:31 / 2610						
2639	2985	WALTEROWICZ Rafał	POZNAŃ	 POL			73M30/897		(M)2409	04:53:14	04:51:40 06.54
		0:31:49 / 2297 1:01:48 / 2344	1:31:37 / 2320 2:09:05 / 2344	2:49:59 / 2491 3:29:34 / 2610	4:05:15 / 2590 4:34:33 / 2597						
2640	2735	TOMASZEWSKI Aleksander	NOWA SÓL	 POL	/ BRAT ALBERT NOWA SÓL		56M50/330		(M)2410	04:53:16	04:51:06 06.53
		0:32:52 / 2469 1:02:47 / 2493	1:32:26 / 2454 2:08:52 / 2328	2:50:21 / 2509 3:33:36 / 2684	4:04:39 / 2569 4:29:28 / 2494						
2641	2951	KRÓLIKOWSKI Rysiek	WROCLAW	 POL	/ AMATORSKI KLUB BIEGOWY MORT		74M30/898		(M)2411	04:53:19	04:52:28 06.55
		0:30:06 / 1864 1:00:49 / 2260	1:32:11 / 2409 2:14:07 / 2481	2:54:20 / 2663 3:32:36 / 2656	4:08:55 / 2658 4:37:50 / 2652						
2642	2086	DAŁOMIS Leszek	TRYŃCZA	 POL			77M30/899		(M)2412	04:53:35	04:51:11 06.54
		0:34:44 / 2722 1:06:51 / 2837	1:39:22 / 2815 2:19:57 / 2736	2:58:22 / 2753 3:34:08 / 2709	4:11:01 / 2689 4:38:07 / 2653						
2643	136	ZASTAWNIAK Tomasz	YORK	 GBR			59M50/331		(M)2413	04:53:38	04:51:16 06.54
		0:34:27 / 2698 1:05:38 / 2683	1:37:12 / 2656 2:16:44 / 2606	2:54:05 / 2661 3:31:19 / 2637	4:07:41 / 2644 4:37:43 / 2648						
2644	2064	MURMYŁO Wojciech	WROCLAW	 POL	/ POMAGANIE PRZEZ BIEGANIE		75M30/900		(M)2414	04:53:40	04:50:59 06.53
		0:34:27 / 2699 1:05:36 / 2680	1:36:22 / 2614 2:14:25 / 2493	2:51:35 / 2546 3:27:12 / 2563	4:09:59 / 2675 4:38:58 / 2661						
2645	3234	NOWAKOWSKI Mirosław	RZECZÓW	 POL			77M30/901		(M)2415	04:53:41	04:51:16 06.54
		0:31:51 / 2300 0:59:53 / 2205	1:28:32 / 2151 2:04:22 / 2049	2:41:56 / 2212 3:21:28 / 2363	4:03:45 / 2555 4:37:34 / 2644						
2646	1617	BOBOWIK Maciej	GDAŃSK/KOWALE	 POL	/ BIEGOSFERA TEAM GDAŃSK		79M30/902		(M)2416	04:53:43	04:51:59 06.55
		0:30:37 / 2092 0:58:35 / 2077	1:27:59 / 2113 2:08:23 / 2262	2:47:22 / 2423 3:25:46 / 2520	4:03:08 / 2544 4:35:16 / 2607						
2647	859	HERNIK Bogusław	WĘGRZCE	 POL	/ NIEZRZESZONY		72M40/667		(M)2417	04:53:43	04:50:52 06.53
		0:36:07 / 2926 1:09:02 / 2937	1:42:25 / 2889 2:24:02 / 2813	3:01:08 / 2819 3:34:09 / 2711	4:05:24 / 2602 4:33:14 / 2578						
2648	3118	KŁODNICKI Krzysztof	OLEŚNICA	 POL	/ KB LUPUS		72M40/668		(M)2418	04:53:53	04:51:15 06.54
		0:36:07 / 2927 1:04:55 / 2646	1:36:17 / 2611 2:16:29 / 2582	2:55:18 / 2691 3:32:47 / 2658	4:10:42 / 2684 4:38:07 / 2654						
2649	1288	NADAŻY Radek	BOHUMÍN - PUDLOV	 CZE	/ KOPYTOV - PUDLOV		65M40/669		(M)2419	04:53:54	04:52:19 06.55
		0:30:14 / 1932 0:58:05 / 1876	1:27:08 / 2049 2:06:08 / 2126	2:45:35 / 2367 3:24:41 / 2488	4:03:55 / 2558 4:36:58 / 2636						

23.04.2012 08:45:00

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2650	1800	WRÓBLEWSKI Marcin	KRAKÓW	 POL			82M30/903		(M)24200	04:54:07	04:52:45 06.56
0:31:27 / 2239 1:02:04 / 2365 1:34:19 / 2534 2:17:49 / 2683 3:01:07 / 2818 3:36:49 / 2758 4:13:01 / 2712 4:39:57 / 2677											
2651	349	SIEDLECKI Tomasz	GRÓJEC	 POL			85M20/439		(M)24210	04:54:08	04:51:58 06.55
0:32:46 / 2421 1:02:38 / 2416 1:32:06 / 2370 2:11:33 / 2422 2:51:20 / 2538 3:26:39 / 2544 4:03:03 / 2541 4:36:57 / 2635											
2652	3024	ROGAŁA Maciej	SIERADZ	 POL			63M40/670		(M)24220	04:54:09	04:51:22 06.54
0:36:10 / 2937 1:09:01 / 2929 1:42:25 / 2888 2:23:55 / 2807 3:01:04 / 2808 3:34:09 / 2710 4:07:29 / 2637 4:37:05 / 2638											
2653	264	CICHON Marcin	KATOWICE	 POL			73M30/904		(M)24230	04:54:10	04:51:57 06.55
0:32:32 / 2387 1:01:45 / 2339 1:30:53 / 2265 2:05:21 / 2091 2:40:44 / 2146 3:20:14 / 2327 3:57:44 / 2424 4:33:43 / 2590											
2654	2580	DUDEK Krystian	KRAKÓW	 POL			89M20/440		(M)24240	04:54:18	04:51:43 06.54
0:34:57 / 2759 1:06:39 / 2755 1:38:05 / 2722 2:16:44 / 2603 2:52:09 / 2570 3:33:04 / 2662 4:10:20 / 2678 4:40:10 / 2678											
2655	338	ODA Futoshi	WALBRZYCH	 JPN / TEMMPO WALBRZYCH			67M40/671		(M)24250	04:54:18	04:51:40 06.54
0:34:58 / 2771 1:06:31 / 2740 1:37:46 / 2697 2:16:32 / 2586 2:52:31 / 2614 3:29:12 / 2601 4:05:46 / 2607 4:37:33 / 2643											
2656	2726	TAWRAL Michał	KRAKÓW	 POL			92M20/441		(M)24260	04:54:23	04:52:07 06.55
0:32:24 / 2369 1:01:18 / 2298 1:30:39 / 2256 2:09:51 / 2384 2:51:42 / 2548 3:33:52 / 2696 4:11:09 / 2691 4:39:23 / 2666											
2657	2609	SUJECKI Adrian	SZYDLOWIEC	 POL			93M20/442		(M)24270	04:54:23	04:53:09 06.56
0:28:41 / 1540 0:55:23 / 1508 1:22:46 / 1531 2:00:35 / 1813 2:43:47 / 2309 3:28:47 / 2584 4:11:29 / 2698 4:40:11 / 2679											
2658	1622	SADOWY Andrzej	PLESZEW	 POL / NIEZRZESZONY			60M50/332		(M)24280	04:54:26	04:51:47 06.54
0:34:18 / 2686 1:04:42 / 2632 1:35:40 / 2581 2:15:08 / 2541 2:52:37 / 2618 3:29:52 / 2614 4:08:10 / 2648 4:37:46 / 2650											
2659	3426	FLEMMIG Frederik	GLAUCHAU	 GER			76M30/905		(M)24290	04:54:26	04:52:18 06.55
0:32:06 / 2332 1:01:37 / 2321 1:32:31 / 2462 2:11:12 / 2414 2:52:10 / 2575 3:32:11 / 2649 4:09:07 / 2660 4:40:33 / 2685											
2660	1901	GONDEK Krzysztof	PRZECŁAW	 POL			78M30/906		(M)24300	04:54:41	04:52:25 06.55
0:32:31 / 2386 1:02:28 / 2389 1:32:11 / 2408 2:09:10 / 2349 2:47:17 / 2422 3:26:26 / 2541 4:06:48 / 2628 4:39:25 / 2667											
2661	2119	DYRDAŁ Tomasz	ŁAPANÓW	 POL			88M20/443		(M)24310	04:54:44	04:52:32 06.55
0:35:17 / 2850 1:06:48 / 2832 1:38:13 / 2763 2:16:59 / 2646 2:58:14 / 2750 3:37:33 / 2767 4:11:14 / 2692 4:39:57 / 2676											
2662	3147	KRÓL Grzegorz	KRAKÓW	 POL			87M20/444		(M)24320	04:54:55	04:52:04 06.55
0:34:49 / 2736 1:04:40 / 2629 1:35:30 / 2571 2:15:08 / 2542 2:52:17 / 2598 3:29:24 / 2605 4:09:23 / 2666 4:36:14 / 2632											
2663	623	SEDLAK Kazimierz	KRAKÓW	 POL / KKB DYSTANS			52M60/74		(M)24330	04:55:11	04:52:42 06.56
0:34:22 / 2691 1:05:33 / 2678 1:37:13 / 2660 2:15:56 / 2562 2:52:15 / 2595 3:29:01 / 2595 4:09:13 / 2663 4:38:22 / 2655											
2664	2490	FRANCUZIAK Tomasz	KRAKÓW	 POL			75M30/907		(M)24340	04:55:14	04:53:00 06.56
0:33:13 / 2553 1:02:54 / 2526 1:34:05 / 2528 2:14:02 / 2477 2:49:42 / 2478 3:26:40 / 2547 4:06:26 / 2622 4:39:07 / 2662											
2665	3281	MIĘTKA Jacek	KRAKÓW	 POL / PRZEWODNIK NIEWIDOMEGO			73M30/908	B1/2	(M)24350	04:55:18	04:53:17 06.57
0:32:43 / 2410 1:03:21 / 2563 1:34:15 / 2533 2:12:53 / 2447 2:51:55 / 2557 3:31:37 / 2644 4:09:28 / 2668 4:39:34 / 2672											
2666	534	VILPINI Guillaume	LYON (FRANCE)	 FRA			83M20/445		(M)24360	04:55:19	04:53:44 06.57
0:30:31 / 2055 0:58:38 / 2093 1:27:11 / 2053 2:06:27 / 2142 2:51:44 / 2549 3:33:28 / 2680 4:10:54 / 2687 4:41:20 / 2689											
2667	2852	DYDO Paweł	DĘBICA	 POL			84M20/446		(M)24370	04:55:20	04:54:00 06.58
0:31:24 / 2235 1:02:37 / 2409 1:34:30 / 2537 2:14:45 / 2519 2:54:21 / 2664 3:33:10 / 2665 4:10:28 / 2680 4:40:22 / 2681											
2668	2729	KUMOR Jacek janusz	WROCLAW	 POL / POMAGANIE PRZEZ BIEGANIE			66M40/672		(M)24380	04:55:24	04:54:13 06.58
0:33:18 / 2562 1:04:45 / 2642 1:36:09 / 2597 2:15:48 / 2554 2:55:05 / 2684 3:31:13 / 2635 4:10:00 / 2676 4:39:33 / 2671											
2669	1442	JÓŻWICKI Łukasz	WARSZAWA	 POL			86M20/447		(M)24390	04:55:26	04:52:39 06.56
0:35:14 / 2841 1:07:21 / 2862 1:38:13 / 2762 2:14:04 / 2478 2:47:34 / 2426 3:24:55 / 2496 4:05:51 / 2611 4:39:33 / 2670											
2670	3112	KUCZYŃSKI Tadeusz	WROCLAW	 POL			55M50/333		(M)24400	04:55:45	04:53:18 06.57
0:35:07 / 2810 1:06:47 / 2826 1:38:21 / 2777 2:17:27 / 2665 2:57:37 / 2737 3:34:31 / 2723 4:11:07 / 2690 4:39:27 / 2669											
2671	2858	BORKOWSKI Rafał	NOWY SĄCZ	 POL			75M30/909		(M)24410	04:55:49	04:53:02 06.56
0:36:18 / 2963 1:09:02 / 2936 1:42:34 / 2902 2:23:45 / 2797 3:01:14 / 2825 3:34:58 / 2737 4:07:58 / 2647 4:37:36 / 2645											
2672	1369	DUDZIK Tomasz	KRAKÓW	 POL			84M20/448		(M)24420	04:55:57	04:54:05 06.58
0:33:09 / 2546 1:03:11 / 2553 1:33:15 / 2501 2:11:30 / 2421 2:50:13 / 2502 3:30:17 / 2619 4:06:47 / 2627 4:39:15 / 2663											
2673	1777	OSZMAŃSKI Andrzej	WARSZAWA	 POL			82M30/910		(M)24430	04:55:58	04:53:21 06.57
0:35:01 / 2781 1:06:41 / 2774 1:38:06 / 2731 2:16:45 / 2609 2:52:30 / 2613 3:34:20 / 2718 4:13:16 / 2714 4:42:57 / 2703											
2674	377	ŚLIWKA Bogusław	WROCLAW	 POL			61M50/334		(M)24440	04:56:10	04:53:49 06.57
0:34:09 / 2669 1:06:29 / 2736 1:40:06 / 2828 2:20:56 / 2750 2:59:55 / 2780 3:36:29 / 2756 4:11:47 / 2701 4:39:51 / 2675											
2675	1469	CHMIELEWSKI Janusz	BRZEG	 POL / PKS BRZEG			57M50/335		(M)24450	04:56:10	04:53:46 06.57
0:32:31 / 2382 1:01:58 / 2358 1:31:50 / 2342 2:09:41 / 2380 2:50:23 / 2510 3:28:50 / 2585 4:06:23 / 2620 4:38:23 / 2656											
2676	521	SZKODZIŃSKI Andrzej	TORUŃ	 POL / T.S. OPATRUNKI			59M50/336		(M)24460	04:56:16	04:55:48 07.00
0:29:46 / 1788 0:58:38 / 2092 1:27:27 / 2065 2:05:20 / 2089 2:43:58 / 2319 3:25:39 / 2519 4:07:49 / 2645 4:39:17 / 2665											
2677	3181	ADAMCZYK Jacek	POLKOWICE	 POL			70M40/673		(M)24470	04:56:26	04:55:09 06.59
0:34:38 / 2708 1:07:31 / 2869 1:40:23 / 2833 2:20:31 / 2745 2:58:21 / 2752 3:33:39 / 2687 4:09:12 / 2662 4:38:37 / 2658											
2678	2447	SAPIŃSKI Mariusz	WARSZAWA	 POL			72M40/674		(M)24480	04:56:30	04:54:05 06.58
0:33:34 / 2589 1:04:44 / 2640 1:36:57 / 2646 2:17:36 / 2668 2:59:51 / 2779 3:37:20 / 2762 4:13:48 / 2719 4:42:57 / 2702											

23.04.2012 08:45:01

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:													
2679	2634	POREBSKI Jacek	BOCHNIA		POL / BIEGAM BO MUSZĘ		68M	40/675		(M)2449	04:56:35	04:53:57	06.58
		0:35:16 / 2849	1:06:57 / 2846	1:39:28 / 2818	2:19:44 / 2732	2:56:50 / 2723	3:32:17 / 2652	4:08:57 / 2659	4:39:25 / 2668				
2680	1664	BIERA Stefan	KRAKÓW		POL / -		46M	60/75		(M)2450	04:57:02	04:54:46	06.59
		0:32:43 / 2411	1:02:52 / 2519	1:34:02 / 2526	2:14:07 / 2482	2:53:04 / 2638	3:30:45 / 2624	4:09:16 / 2664	4:39:47 / 2673				
2681	1188	LEWANDOWSKI Marek	ZBĄSZYŃ		POL / TKKF LABĘDŹ ZBĄSZYŃ		72M	40/676		(M)2451	04:57:13	04:56:18	07.01
		0:28:04 / 1373	0:56:15 / 1622	1:26:22 / 1985	2:06:55 / 2168	2:48:48 / 2456	3:27:26 / 2569	4:09:23 / 2667	4:42:15 / 2694				
2682	1912	SUROWIEC Marian	MILANÓW		POL / AGRO-CORN		50M	60/76		(M)2452	04:57:13	04:54:58	06.59
		0:33:21 / 2565	1:03:04 / 2547	1:33:30 / 2506	2:14:36 / 2513	2:52:27 / 2612	3:33:10 / 2666	4:11:41 / 2699	4:42:15 / 2695				
2683	3391	FRANCOISNOEL Miranda	BAYONNE		FRA		60K	50/17		(K)231	04:57:18	04:55:56	07.00
		0:31:33 / 2258	1:01:40 / 2324	1:31:34 / 2317	2:09:58 / 2387	2:51:29 / 2541	3:33:18 / 2672	4:09:57 / 2674	4:41:00 / 2686				
2684	1871	BRYCKI Mateusz	WROCLAW		POL / EKG WROCLAW		88M	20/449		(M)2453	04:57:21	04:55:47	07.00
		0:31:33 / 2257	0:58:20 / 2002	1:27:37 / 2083	2:08:18 / 2243	2:48:38 / 2450	3:25:37 / 2518	4:01:31 / 2522	4:40:25 / 2682				
2685	3490	ŻUKOWSKI Piotr	WARSZAWA		POL / ŚW.MARTA,W-WA.DW.CENTR.PKP		55M	50/337		(M)2454	04:57:21	04:54:27	06.58
		0:38:05 / 2995	1:08:40 / 2904	1:40:55 / 2841	2:22:17 / 2768	3:04:18 / 2858	3:39:48 / 2781	4:16:44 / 2752	4:43:06 / 2704				
2686	1207	GARLING Andreas	DORTMUND		GER / TUS LUTTEN		61M	50/338		(M)2455	04:57:21	04:54:33	06.58
		0:35:17 / 2851	1:07:16 / 2858	1:40:04 / 2826	2:21:26 / 2758	3:01:04 / 2809	3:36:17 / 2749	4:12:19 / 2704	4:41:03 / 2687				
2687	3378	NOWAK Marek	WIELICZKA		POL / AZS AWF MASTERS KRAKÓW		57M	50/339		(M)2456	04:57:33	04:56:58	07.02
		0:28:34 / 1510	0:57:37 / 1799	1:27:33 / 2073	2:06:07 / 2123	2:45:48 / 2379	3:24:35 / 2482	4:05:47 / 2609	4:40:31 / 2683				
2688	562	HATALA Sławomir	RZYKI		POL / 18BPD		81M	30/911		(M)2457	04:57:35	04:56:28	07.01
		0:29:49 / 1800	0:58:32 / 2057	1:27:41 / 2088	2:06:09 / 2128	2:45:48 / 2378	3:30:53 / 2629	4:12:45 / 2709	4:42:28 / 2697				
2689	2152	NERC Agata	BRODY PARCELE		POL / STRAŻ MIEJSKA WARSZAWA		85K	20/58		(K)232	04:57:36	04:56:29	07.01
		0:29:48 / 1792	0:58:32 / 2058	1:27:41 / 2089	2:06:10 / 2129	2:48:02 / 2437	3:30:53 / 2628	4:12:44 / 2708	4:42:28 / 2698				
2690	1324	NAWROCKI Jerzy	KROSNO		POL / KROSNO		72M	40/677		(M)2458	04:57:49	04:56:07	07.01
		0:29:48 / 1793	0:59:01 / 2149	1:29:38 / 2212	2:09:57 / 2386	2:53:20 / 2641	3:33:03 / 2661	4:10:32 / 2681	4:41:12 / 2688				
2691	3420	UCHMAN Natalia	POZNAŃ		POL		82K	30/100		(K)233	04:57:58	04:55:23	07.00
		0:36:24 / 2969	1:09:03 / 2943	1:42:29 / 2900	2:22:54 / 2775	3:00:43 / 2794	3:34:34 / 2725	4:10:18 / 2677	4:41:27 / 2690				
2692	2724	PREDA Mihai	WARSZAWA		POL		75M	30/912		(M)2459	04:58:02	04:55:18	06.59
		0:38:34 / 2999	1:07:16 / 2859	1:39:49 / 2824	2:20:00 / 2739	2:59:32 / 2776	3:39:23 / 2779	4:16:03 / 2744	4:43:45 / 2710				
2693	1287	LACOMBE Jean-michel	SORGUES		FRA		45M	60/77		(M)2460	04:58:14	04:56:57	07.02
		0:30:18 / 1963	0:58:14 / 1975	1:26:47 / 2016	2:03:39 / 2026	2:40:21 / 2133	3:20:22 / 2330	4:02:31 / 2532	4:36:48 / 2634				
2694	519	OSBORN Kevan	BALLASALLA		GBR / IOM VETERAN ATHLETES CLUB		45M	60/78		(M)2461	04:58:15	04:55:40	07.00
		0:33:52 / 2629	1:05:00 / 2652	1:36:34 / 2630	3:40:51 / 3014	2:59:56 / 2781	3:20:22 / 2329	4:17:02 / 2755	4:43:58 / 2712				
2695	478	SZCZEPANIAK Miłosz	KALISZ		POL / AZS UAM POZNAN		90M	20/450		(M)2462	04:58:17	04:56:02	07.00
		0:32:59 / 2513	1:02:46 / 2485	1:32:53 / 2488	2:11:45 / 2427	2:53:52 / 2657	3:32:18 / 2653	4:14:34 / 2724	4:43:43 / 2709				
2696	1615	MARCYK Marek	ŚWIATNIKI GÓRNE		POL		71M	40/678		(M)2463	04:58:18	04:56:02	07.00
		0:32:46 / 2423	1:02:43 / 2459	1:32:35 / 2470	2:11:48 / 2430	2:52:10 / 2576	3:31:23 / 2640	4:10:49 / 2685	4:41:30 / 2691				
2697	3274	ALBOVLKHAIK Medhat	ALEXANDRIA		EGY / ACHILLES INTERNATIONAL EGIPT		68M	40/679	Niep/13	(M)2464	04:58:21	04:56:05	07.01
		0:32:46 / 2424	1:02:43 / 2460	3:41:59 / 3008	2:45:12 / 2961	1:42:45 / 27	3:31:23 / 2641	4:10:49 / 2686	4:28:46 / 2483				
2698	3404	KIRYJCZUK Karolina	OŚWIĘCIM		POL		85K	20/59		(K)234	04:58:22	04:56:02	07.00
		0:33:03 / 2529	1:02:50 / 2514	1:32:51 / 2487	2:12:29 / 2440	2:53:47 / 2654	3:31:10 / 2633	4:10:37 / 2682	4:28:46 / 2484				
2699	3057	JUZA Marek	KRAKÓW		POL		79M	30/913		(M)2465	04:58:27	04:55:58	07.00
		0:33:03 / 2528	1:04:33 / 2625	1:34:01 / 2525	2:12:28 / 2439	2:52:21 / 2605	3:33:01 / 2660	4:11:23 / 2696	4:43:42 / 2708				
2700	2865	TREBOUL Jean-baptiste	ISSY LES MOULINEAUX		FRA		68M	40/680		(M)2466	04:58:40	04:57:21	07.02
		0:29:28 / 1723	0:59:59 / 2208	1:28:18 / 2137	2:06:15 / 2134	2:45:51 / 2380	3:24:38 / 2486	4:03:00 / 2539	4:40:15 / 2680				
2701	3213	WĘGRZYN Krzysztof	WOJNICZ		POL		61M	50/340		(M)2467	04:58:46	04:56:01	07.00
		0:35:00 / 2777	1:06:42 / 2785	1:38:07 / 2734	3:33:55 / 3011	2:55:36 / 2697	3:24:38 / 2487	4:12:03 / 2702	4:43:35 / 2707				
2702	2028	WALICKI Robert	ZABRZE		POL / APA GLIWICE		83M	20/451		(M)2468	04:58:46	04:56:10	07.01
		0:34:58 / 2770	1:04:06 / 2603	1:34:21 / 2535	2:14:33 / 2503	2:59:30 / 2775	3:37:35 / 2768	4:16:14 / 2745	4:44:33 / 2717				
2703	1229	ŁUSZCZYŃSKI Janusz	KROSNO		POL / NIEZRZESZONY		61M	50/341		(M)2469	04:58:52	04:56:17	07.01
		0:35:14 / 2843	1:06:45 / 2813	1:40:32 / 2838	2:24:15 / 2822	3:00:19 / 2788	3:33:20 / 2677	4:07:38 / 2643	4:38:58 / 2660				
2704	3347	RESZKE Sławomir	JÓZEFOSŁAW		POL / MUCHOMOREK SPORT		63M	40/681		(M)2470	04:58:54	04:56:51	07.02
		0:32:09 / 2347	1:01:52 / 2350	1:31:59 / 2351	2:11:14 / 2416	2:51:12 / 2533	3:31:26 / 2642	4:09:35 / 2669	4:42:14 / 2693				
2705	3189	WĄTROBA Janusz	ZIELONKI		POL / N.7.45!		59M	50/342		(M)2471	04:58:57	04:56:30	07.01
		0:34:03 / 2654	1:04:04 / 2597	1:36:13 / 2603	2:16:00 / 2565	2:53:46 / 2652	3:34:42 / 2731	4:15:45 / 2739	4:44:31 / 2715				
2706	419	KOZŁOWSKI Antoni	KACZORY		POL / GMINA KACZORY		63M	40/682		(M)2472	04:58:58	04:55:50	07.00
		0:37:20 / 2986	1:22:10 / 3013	1:53:22 / 2982	2:40:03 / 2949	3:16:33 / 2959	3:50:31 / 2906	4:24:16 / 2841	4:46:41 / 2738				
2707	1758	OGÓREK Cezary	WARSZAWA		POL		78M	30/914		(M)2473	04:58:58	04:56:32	07.01
		0:33:34 / 2588	1:04:13 / 2610	1:37:04 / 2652	2:17:44 / 2678	2:58:01 / 2744	3:36:17 / 2750	4:15:44 / 2737	4:44:48 / 2723				

23.04.2012 08:45:01

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2708	3059	SZYMAŃSKI Adam	POŁANIEC		POL		60M50/343		(M)2474	04:58:58	04:56:43 07.01
		0:33:22 / 2570	1:03:14 / 2557	1:33:42 / 2515	2:14:17 / 2487	2:53:03 / 2636	3:33:42 / 2688	4:14:35 / 2725	4:42:51 / 2700		
2709	274	KRASIŃSKI Piotr	WARSZAWA		POL		75M30/915		(M)2475	04:58:59	04:56:32 07.01
		0:33:22 / 2569	1:04:15 / 2614	1:37:05 / 2653	2:17:44 / 2679	2:58:01 / 2745	3:36:18 / 2751	4:15:45 / 2738	4:44:48 / 2722		
2710	1312	SIWIEC Mariusz	KRAKÓW		POL		69M40/683		(M)2476	04:59:00	04:56:39 07.01
		0:32:50 / 2456	1:01:49 / 2348	1:31:17 / 2297	2:08:22 / 2254	2:46:34 / 2400	3:28:07 / 2579	4:09:47 / 2672	4:42:09 / 2692		
2711	777	RÓWŃIAK Michał	KSIAŻ WIELKI		POL		76M30/916		(M)2477	04:59:07	04:56:41 07.01
		0:33:46 / 2618	1:04:03 / 2595	1:36:01 / 2589	2:14:53 / 2526	2:53:47 / 2653	3:34:42 / 2730	4:15:46 / 2740	4:44:32 / 2716		
2712	1486	POLCZYK Edward	RUDA ŚLĄSKA		POL		59M50/344		(M)2478	04:59:17	04:56:51 07.02
		0:33:41 / 2605	1:03:59 / 2588	1:35:25 / 2565	2:16:25 / 2576	2:54:34 / 2666	3:31:51 / 2645	4:10:21 / 2679	4:42:48 / 2699		
2713	3230	STANIEWSKI Eugeniusz	ZGORZELEC		POL		51M60/79		(M)2479	04:59:19	04:56:41 07.01
		0:33:41 / 2607	1:06:39 / 2754	1:37:58 / 2704	2:15:55 / 2561	2:52:09 / 2573	3:31:21 / 2639	4:11:46 / 2700	4:43:35 / 2706		
2714	2445	RADAJEWSKI Łukasz	ROSTARZEWO		POL / KB MANIAC POZNAŃ		81M30/917		(M)2480	04:59:24	04:57:11 07.02
		0:33:41 / 2606	1:03:03 / 2544	1:35:10 / 2552	2:13:58 / 2474	2:51:55 / 2556	3:32:12 / 2650	4:11:22 / 2695	4:44:02 / 2713		
2715	2913	SKURATOWICZ Artur	KRAKOW		POL / MARATON DLA WOJTKOW		75M30/918		(M)2481	04:59:33	04:56:27 07.01
		0:34:42 / 2715	1:06:27 / 2732	1:39:33 / 2820	2:20:49 / 2748	3:01:20 / 2828	3:40:04 / 2786	4:14:31 / 2723	4:43:47 / 2711		
2716	354	CZAMPIEL Mirosław	RYBNIK		POL		66M40/684		(M)2482	04:59:34	04:57:12 07.02
		0:33:39 / 2599	1:03:37 / 2568	1:36:05 / 2596	2:17:41 / 2674	2:57:29 / 2733	3:37:52 / 2770	4:13:23 / 2716	4:42:54 / 2701		
2717	2718	BOMBA Rafał	NOWY SĄCZ		POL		57M50/345		(M)2483	04:59:41	04:56:54 07.02
		0:35:05 / 2801	1:04:42 / 2634	1:35:39 / 2578	2:15:05 / 2536	2:53:39 / 2648	3:33:10 / 2667	4:12:32 / 2707	4:44:47 / 2721		
2718	1584	TEICHERT Maria	WARSZAWA		POL / ACTIVESPORT		64K40/54		(K)235	04:59:46	04:57:30 07.03
		0:32:49 / 2449	1:05:08 / 2665	1:37:28 / 2679	2:20:10 / 2740	3:02:12 / 2836	3:39:30 / 2780	4:16:38 / 2750	4:45:34 / 2732		
2719	2927	MIROWSKI Mirosław	KRAKÓW		POL		68M40/685		(M)2484	04:59:46	04:56:55 07.02
		0:30:56 / 2184	0:58:31 / 2051	1:27:14 / 2058	2:07:44 / 2208	2:49:49 / 2480	3:31:53 / 2647	4:13:20 / 2715	4:44:08 / 2714		
2720	2755	LAKHLOUFI Tam	CASABLANCA		MAR / CMCF		58K50/18		(K)236	04:59:50	04:57:42 07.03
		0:30:56 / 2183	1:10:12 / 2977	1:42:42 / 2908	2:24:11 / 2820	3:04:56 / 2868	3:41:13 / 2810	4:16:45 / 2753	4:44:49 / 2724		
2721	2025	NIEZGÓDKA Tomasz	WROCLAW		POL / -		70M40/686		(M)2485	05:00:17	04:58:05 07.03
		0:32:41 / 2407	1:02:21 / 2381	1:32:08 / 2390	2:09:08 / 2347	2:49:27 / 2469	3:30:47 / 2625	4:12:20 / 2705	4:44:37 / 2718		
2722	2824	KACZMAREK Henryk	STRZELIN		POL		63M40/687		(M)2486	05:00:18	04:58:00 07.03
		0:31:31 / 2252	0:59:07 / 2154	1:26:57 / 2031	2:02:40 / 1964	2:41:38 / 2193	3:25:32 / 2513	4:12:11 / 2703	4:45:11 / 2727		
2723	885	KONDEK Dominik	BUSKO-ZDRÓJ		POL		81M30/919		(M)2487	05:00:46	04:58:05 07.03
		0:31:31 / 2251	1:05:45 / 2705	1:36:04 / 2595	2:15:02 / 2530	2:51:25 / 2540	3:27:59 / 2578	4:06:13 / 2617	4:40:32 / 2684		
2724	825	ZAPART Grzegorz	KRAKÓW		POL / APPLY POLAND		72M40/688		(M)2488	05:00:51	04:58:47 07.04
		0:32:18 / 2357	1:02:24 / 2385	1:32:16 / 2432	2:13:37 / 2470	2:54:52 / 2672	3:34:22 / 2719	4:14:20 / 2721	4:46:21 / 2737		
2725	367	GRECZKA Przemysław	KSAWERÓW		POL / GRECZKA		61M50/346		(M)2489	05:00:56	04:58:34 07.04
		0:33:06 / 2536	1:02:47 / 2491	1:32:14 / 2419	2:10:56 / 2407	2:53:54 / 2659	3:34:40 / 2728	4:15:50 / 2741	4:45:21 / 2729		
2726	2441	KUBIK Krzysztof	WIELICZKA		POL		78M30/920		(M)2490	05:01:00	04:58:09 07.03
		0:40:05 / 3007	1:15:02 / 3004	1:48:57 / 2967	2:29:18 / 2885	3:07:40 / 2897	3:42:33 / 2822	4:20:14 / 2793	4:46:42 / 2739		
2727	2543	GNIZA Paweł	BIERUŃ		POL		89M20/452		(M)2491	05:01:02	04:58:34 07.04
		0:34:44 / 2720	1:06:20 / 2725	1:38:07 / 2735	2:17:38 / 2671	2:57:32 / 2736	3:34:18 / 2717	4:16:20 / 2747	4:45:21 / 2730		
2728	3258	KUREK Marian	WOLA DEBIŃSKA		POL		77M30/921		(M)2492	05:01:13	04:58:31 07.04
		0:37:02 / 2981	1:10:21 / 2978	1:45:06 / 2942	2:26:00 / 2856	3:02:45 / 2846	3:42:48 / 2826	4:21:04 / 2805	4:48:08 / 2755		
2729	3125	GARBIEŃ Mieczysław	LEŃCZE		POL		47M60/80		(M)2493	05:01:15	05:00:21 07.07
		0:30:03 / 1835	0:58:05 / 1885	1:27:06 / 2046	2:05:11 / 2082	2:46:34 / 2399	3:29:50 / 2613	4:11:17 / 2694	4:44:55 / 2726		
2730	3160	CHOMA Bartłomiej	SKARŻYSKO-KAM.		POL		80M30/922		(M)2494	05:01:17	04:58:33 07.04
		0:35:24 / 2861	1:06:14 / 2714	1:36:35 / 2631	2:15:31 / 2549	2:58:28 / 2755	3:36:49 / 2759	4:15:18 / 2731	4:45:34 / 2733		
2731	2675	KURKUS Aleksander	WARSZAWA		POL		71M40/689		(M)2495	05:01:38	04:58:50 07.04
		0:36:11 / 2941	1:09:00 / 2924	1:42:25 / 2885	2:23:55 / 2806	3:01:05 / 2812	3:34:10 / 2715	4:13:01 / 2711	4:44:52 / 2725		
2732	3135	POZNANSKA Magdalena	KRAKÓW		POL / ITI ADVENTURE TEAM		71K40/55		(K)237	05:01:41	04:59:06 07.05
		0:34:56 / 2753	1:06:44 / 2800	1:38:11 / 2756	2:17:00 / 2649	2:59:23 / 2771	3:38:18 / 2774	4:14:44 / 2728	4:44:44 / 2719		
2733	3136	POZNANSKI Tomasz	KRAKÓW		POL / ITI ADVENTURE TEAM		72M40/690		(M)2496	05:01:42	04:59:06 07.05
		0:34:56 / 2755	1:06:44 / 2804	1:38:14 / 2765	2:19:01 / 2710	2:59:23 / 2772	3:38:20 / 2775	4:14:46 / 2729	4:44:46 / 2720		
2734	474	BARTL István	DOROG		HUN		60M50/347		(M)2497	05:01:44	04:59:43 07.06
		0:30:11 / 1906	0:58:50 / 2120	1:29:39 / 2214	2:14:05 / 2479	2:58:59 / 2765	3:38:43 / 2778	4:15:43 / 2736	4:45:30 / 2731		
2735	2339	KACZMARSKI Rafał	WABIENCE		POL / KB LUPUS		78M30/923		(M)2498	05:01:53	04:59:14 07.05
		0:34:39 / 2711	1:04:55 / 2645	1:36:24 / 2617	2:17:19 / 2659	2:55:04 / 2683	3:36:18 / 2753	4:19:03 / 2779	4:46:44 / 2740		
2736	1334	SENDYKA Ferdinando	KRAKÓW		POL		90M20/453		(M)2499	05:02:07	04:59:56 07.06
		0:32:19 / 2358	1:01:05 / 2275	1:30:05 / 2237	2:08:30 / 2297	2:51:58 / 2561	3:35:39 / 2745	4:18:27 / 2772	4:46:02 / 2736		

23.04.2012 08:45:01

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club				R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:														
2737	1103	WOJCIK Leszek	DOBCZYCE		POL				55	M50/348		(M)2500	05:02:18	04:59:59 07.06
		0:33:43 / 2610	1:03:03 / 2542	1:33:57 / 2523	2:14:18 / 2489	2:54:54 / 2678	3:34:32 / 2724	4:14:11 / 2720	4:45:17 / 2728					
2738	3195	MARCINIAK Szymon	TOMASZÓW MAZ.		POL / MODUSDENT.PL				78	M30/924		(M)2501	05:02:30	05:00:00 07.06
		0:33:55 / 2638	1:02:47 / 2490	1:32:28 / 2457	2:13:00 / 2453	2:56:24 / 2715	3:35:12 / 2743	4:15:56 / 2742	4:50:18 / 2779					
2739	2245	FARON Mirosław	OLEŚNICA		POL / ADIDAS POLAND				78	M30/925		(M)2502	05:02:38	05:00:58 07.07
		0:29:11 / 1663	0:55:35 / 1539	1:21:40 / 1420	1:54:35 / 1361	2:33:49 / 1856	3:18:22 / 2280	4:03:49 / 2556	4:42:22 / 2696					
2740	2639	BENDER Patryk	PRZEWORSK		POL				87	M20/454		(M)2503	05:02:44	05:00:35 07.07
		0:32:50 / 2450	1:02:38 / 2415	1:32:09 / 2397	2:08:32 / 2301	2:47:43 / 2428	3:34:14 / 2716	4:19:23 / 2783	4:47:50 / 2751					
2741	3405	GILEWICZ Mirek	WARSZAWA		POL				61	M50/349		(M)2504	05:02:59	05:00:20 07.07
		0:35:27 / 2865	1:07:35 / 2874	1:41:27 / 2849	2:23:26 / 2785	3:04:00 / 2855	3:41:12 / 2809	4:18:32 / 2774	4:47:39 / 2748					
2742	1152	SZYBOWSKI Sławomir	WARSZAWA		POL				74	M30/926		(M)2505	05:03:13	05:00:24 07.07
		0:35:52 / 2905	1:08:39 / 2902	1:41:04 / 2843	2:18:56 / 2709	2:54:57 / 2681	3:29:40 / 2611	4:14:43 / 2726	4:46:50 / 2741					
2743	3270	WERSZNER Przemysław	WROCŁAW		POL / DRUŻYNA SZPIKU				70	M40/691		(M)2506	05:03:15	05:00:39 07.07
		0:33:30 / 2584	1:03:51 / 2582	1:35:13 / 2557	2:14:26 / 2495	2:54:53 / 2673	3:34:02 / 2703	4:14:50 / 2730	4:47:07 / 2743					
2744	1211	PIASECKI Piotr	PIOTRKÓW		POL				79	M30/927		(M)2507	05:03:19	05:02:07 07.09
		0:31:53 / 2305	1:02:05 / 2367	1:32:13 / 2417	2:12:14 / 2435	2:55:43 / 2699	3:37:31 / 2764	4:16:00 / 2743	4:47:34 / 2745					
2745	3242	PUCHAWSKI Maciej	WARSZAWA		POL				76	M30/928		(M)2508	05:03:28	05:01:37 07.08
		0:29:28 / 1724	0:57:19 / 1769	1:29:27 / 2201	2:15:04 / 2532	2:58:56 / 2761	3:42:05 / 2818	4:20:40 / 2799	4:49:51 / 2772					
2746	1711	DYBAŚ Jacek	GORLICE		POL				84	M20/455		(M)2509	05:03:32	05:00:54 07.07
		0:34:18 / 2681	1:05:11 / 2668	1:37:00 / 2648	2:18:43 / 2705	2:58:11 / 2748	3:36:28 / 2755	4:16:41 / 2751	4:48:15 / 2756					
2747	584	MILCZAREK Robert	SOCHACZEW		POL / PKO B SA				75	M30/929		(M)2510	05:03:40	05:00:50 07.07
		0:36:10 / 2936	1:08:59 / 2923	1:42:24 / 2883	2:23:54 / 2800	3:01:09 / 2822	3:38:39 / 2776	4:17:29 / 2762	4:47:38 / 2747					
2748	2354	BOBOWSKI Marian	KRAKÓW		POL				57	M50/350		(M)2511	05:03:42	05:01:23 07.08
		0:32:40 / 2404	1:01:49 / 2347	1:32:07 / 2380	2:13:41 / 2471	2:59:21 / 2770	3:40:48 / 2797	4:17:15 / 2758	4:48:07 / 2754					
2749	418	PIKULSKI Mieczysław	PIŃCZÓW		POL / KL PONIDZIE PIŃCZÓW				43	M60/81		(M)2512	05:03:53	05:01:57 07.09
		0:33:13 / 2554	1:05:08 / 2664	1:38:04 / 2713	2:19:10 / 2714	2:56:39 / 2721	3:31:10 / 2634	4:11:23 / 2697	4:43:32 / 2705					
2750	1553	MICHALCZYK Michał	JURKÓW		POL				90	M20/456		(M)2513	05:03:56	05:01:50 07.09
		0:32:07 / 2338	1:01:29 / 2316	1:30:40 / 2257	2:13:03 / 2455	2:54:37 / 2668	3:33:54 / 2698	4:13:29 / 2717	4:45:50 / 2735					
2751	3238	LASKOWSKI Piotr	WARSZAWA		POL				76	M30/930		(M)2514	05:04:02	05:01:56 07.09
		0:33:06 / 2537	1:03:49 / 2578	1:35:49 / 2585	2:16:33 / 2588	2:55:16 / 2690	3:33:45 / 2692	4:11:14 / 2693	4:45:46 / 2734					
2752	1611	KARAŚ Dominik	KRAKÓW		POL				89	M20/457		(M)2515	05:04:18	05:03:12 07.11
		0:31:20 / 2230	1:01:10 / 2280	1:32:01 / 2357	2:19:05 / 2712	2:58:09 / 2747	3:40:05 / 2788	4:21:52 / 2817	4:55:46 / 2828					
2753	699	BYSTRZYCKI Piotr	KRAKÓW		POL / 16 BPD KRAKÓW				83	M20/458		(M)2516	05:04:26	05:02:11 07.09
		0:32:52 / 2470	1:03:07 / 2549	1:34:42 / 2544	2:16:53 / 2634	2:58:54 / 2760	3:40:56 / 2800	4:19:24 / 2784	4:47:47 / 2750					
2754	2140	KULANTY Krzysztof	ZALESIE GOLCZOWSKIE		POL				85	M20/459		(M)2517	05:04:54	05:02:03 07.09
		0:34:56 / 2756	1:04:33 / 2624	1:35:29 / 2569	2:15:16 / 2547	2:54:54 / 2677	3:33:11 / 2668	4:12:45 / 2710	4:47:04 / 2742					
2755	1370	PAWLIK Robert	RUSZOWICE		POL				68	M40/692		(M)2518	05:04:59	05:02:31 07.10
		0:32:47 / 2432	1:02:10 / 2371	1:32:13 / 2418	2:14:01 / 2476	2:56:35 / 2720	3:36:14 / 2747	4:16:24 / 2748	4:48:31 / 2757					
2756	816	FENET Daniel	PESSAC		FRA / BAVINCHOVE				48	M60/82		(M)2519	05:05:01	05:02:48 07.10
		0:32:38 / 2400	1:01:52 / 2351	1:32:00 / 2353	2:10:25 / 2398	2:50:53 / 2525	3:34:24 / 2721	4:18:00 / 2765	4:49:37 / 2770					
2757	758	MAŁOLEPSZY Paweł	GRACZE		POL / BIEGACZE MONARU GRACZE				90	M20/460		(M)2520	05:05:06	05:03:25 07.11
		0:35:34 / 2871	1:07:34 / 2873	1:40:31 / 2837	2:22:20 / 2769	3:01:48 / 2832	3:37:32 / 2766	4:16:53 / 2754	4:48:48 / 2759					
2758	2141	NOWORYTA Paulina	ALWERNIA		POL				89	K20/60		(K)238	05:05:06	05:03:03 07.10
		0:31:47 / 2294	1:01:18 / 2297	1:31:42 / 2327	2:13:24 / 2462	2:55:26 / 2693	3:35:03 / 2739	4:15:22 / 2732	4:48:48 / 2760					
2759	811	WOJEWÓDZKI Grzegorz	PŁOCK		POL				74	M30/931		(M)2521	05:05:06	05:03:53 07.12
		0:29:23 / 1706	0:57:34 / 1794	1:26:33 / 1997	2:05:50 / 2113	2:48:32 / 2448	3:35:25 / 2744	4:15:32 / 2735	4:47:37 / 2746					
2760	1200	HOLIK Monika	BRZESKO		POL / ""BKB VICTORIA BRZESKO""				73	K30/101		(K)239	05:05:13	05:02:37 07.10
		0:35:03 / 2794	1:06:16 / 2718	1:38:24 / 2784	2:19:57 / 2737	3:01:07 / 2815	3:40:51 / 2798	4:17:20 / 2759	4:47:50 / 2752					
2761	1930	URBAŃSKI Piotr	WAESZAWA		POL				71	M40/693		(M)2522	05:05:13	05:02:29 07.10
		0:40:14 / 3009	1:15:19 / 3005	1:50:32 / 2975	2:33:49 / 2914	3:12:30 / 2935	3:47:05 / 2873	4:20:39 / 2798	4:49:57 / 2774					
2762	809	MARAS Ladislav	PRESOV		SVK / FORMA W.S.				63	M40/694		(M)2523	05:05:18	05:02:47 07.10
		0:40:14 / 3008	1:06:43 / 2786	1:38:12 / 2761	2:17:25 / 2663	2:54:53 / 2674	3:33:34 / 2682	4:14:21 / 2722	4:47:28 / 2744					
2763	2233	SOBCZYK Gabriela	RACIBÓRZ		POL / SBD ENERGETYK RYBNIK				69	K40/56		(K)240	05:05:22	05:04:27 07.12
		0:31:29 / 2247	1:03:10 / 2552	1:36:23 / 2616	2:17:47 / 2682	2:58:58 / 2764	3:40:10 / 2789	4:21:03 / 2802	4:49:47 / 2771					
2764	3221	DROGOSZCZ Robert	KRAKÓW		POL				63	M40/695		(M)2524	05:05:36	05:02:42 07.10
		0:31:29 / 2248	1:06:43 / 2789	1:38:15 / 2772	2:17:33 / 2667	2:55:16 / 2689	3:36:03 / 2746	4:17:27 / 2761	4:47:47 / 2749					
2765	2499	TOBIASZ Wiesław	KRAKOW		POL / ELSTER				55	M50/351		(M)2525	05:05:36	05:04:08 07.12
		0:32:43 / 2412	1:03:51 / 2581	1:35:34 / 2573	2:15:53 / 2558	2:53:03 / 2637	3:29:02 / 2596	4:13:14 / 2713	4:48:57 / 2761					

23.04.2012 08:45:02

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2766	3370	LISSO Ruben	VALENCIA	ESP			91M20/461		(M)2526	05:05:42	05:03:03 07.10
		0:35:00 / 2778	1:06:38 / 2752	1:38:10 / 2748	2:17:00 / 2650	2:52:15 / 2592	3:34:34 / 2726	4:17:11 / 2756	4:49:00 / 2762		
2767	3138	BEDNARZ Wacław	KRAKÓW	POL			65M40/696		(M)2527	05:05:45	05:03:26 07.11
		0:33:07 / 2540	1:03:01 / 2539	1:33:32 / 2509	2:14:36 / 2515	2:58:57 / 2762	3:40:32 / 2793	4:20:21 / 2796	4:50:17 / 2777		
2768	2247	SROKA Mateusz	NOWY SĄCZ	POL			92M20/462		(M)2528	05:05:54	05:03:57 07.12
		0:32:07 / 2340	1:01:44 / 2336	1:31:03 / 2279	2:07:49 / 2219	2:48:19 / 2442	3:34:34 / 2727	4:17:11 / 2757	4:49:00 / 2763		
2769	3023	SNYDER Sam	POZNAN	USA			90K20/61		(K)241	05:05:54	05:05:03 07.13
		0:28:11 / 1413	0:56:45 / 1714	1:27:57 / 2110	2:08:29 / 2291	2:50:04 / 2499	3:33:19 / 2674	4:15:31 / 2734	4:48:40 / 2758		
2770	1291	MROWIEC Teresa	BLACHOWNIA	POL			63K40/57		(K)242	05:06:11	05:03:54 07.12
		0:35:46 / 2894	1:08:22 / 2891	1:41:27 / 2850	2:23:28 / 2787	3:03:30 / 2851	3:44:50 / 2851	4:21:55 / 2818	4:50:28 / 2782		
2771	3109	IDZIK Przemysław	KRAKÓW	POL			78M30/932		(M)2529	05:06:12	05:03:21 07.11
		0:36:07 / 2928	1:08:19 / 2890	1:41:10 / 2846	2:21:24 / 2755	3:01:07 / 2817	3:40:03 / 2785	4:18:33 / 2775	4:50:09 / 2775		
2772	2736	CIECIORA Tomasz	WÓŁKA KOSOWSKA	POL / DRUŻYNA SZPIKU			69M40/697		(M)2530	05:06:34	05:04:32 07.13
		0:34:06 / 2663	1:04:48 / 2643	1:36:33 / 2623	2:15:04 / 2533	2:54:36 / 2667	3:33:37 / 2685	4:15:24 / 2733	4:49:02 / 2764		
2773	2817	SAWA Ryszard	PRUSZKÓW	POL / CROSS WARSZAWA			44M60/83	B1/3	(M)2531	05:06:57	05:05:16 07.14
		0:34:06 / 2664	1:03:55 / 2585	1:35:57 / 2586	2:17:54 / 2687	2:59:25 / 2774	3:40:32 / 2792	4:19:43 / 2789	4:49:02 / 2765		
2774	2972	SPÓLNIK Stanisław	KRAKÓW	POL / ACHILLES TRACK CLUB			51M60/84		(M)2532	05:06:57	05:04:30 07.12
		0:34:17 / 2678	1:05:38 / 2681	1:37:22 / 2673	2:20:25 / 2744	3:00:07 / 2784	3:40:32 / 2791	4:19:42 / 2787	4:49:15 / 2767		
2775	2875	SENIUK Stanisław	KRAKÓW	POL / KRAKOWSKI KLUB KULTURY FIZYCZNEJ, SPORT			61M50/352	B1/4	(M)2533	05:06:57	05:05:13 07.14
		0:32:56 / 2497	1:03:54 / 2584	1:35:59 / 2587	2:17:54 / 2685	2:59:24 / 2773	3:40:32 / 2790	4:19:43 / 2790	4:49:15 / 2766		
2776	465	MASŁOŃ Sebastian	KRAKÓW	POL			80M30/933		(M)2534	05:07:06	05:04:17 07.12
		0:36:09 / 2934	1:09:00 / 2928	1:42:23 / 2877	2:23:54 / 2799	3:01:06 / 2813	3:40:37 / 2795	4:17:37 / 2763	4:49:17 / 2768		
2777	779	BENABDELLAH Ibtissam	CASABLANCA	MAR / CMCF			67K40/58		(K)243	05:07:06	05:04:58 07.13
		0:37:07 / 2983	1:10:11 / 2976	1:42:43 / 2912	2:24:26 / 2826	3:05:50 / 2885	3:44:29 / 2847	4:21:38 / 2809	4:51:16 / 2792		
2778	3464	LAJBIK Jacek	WROCLAW	POL			79M30/934		(M)2535	05:07:09	05:04:53 07.13
		0:32:47 / 2431	1:01:59 / 2359	1:32:38 / 2473	2:14:37 / 2516	2:58:58 / 2763	3:40:33 / 2794	4:20:22 / 2797	4:50:17 / 2778		
2779	2267	WYDRA Jerzy	STAŁOWA WOLA	POL / ELEKTROWNIA STAŁOWA WOLA			54M50/353		(M)2536	05:07:21	05:05:21 07.14
		0:35:37 / 2875	1:08:05 / 2887	1:41:52 / 2866	2:24:19 / 2824	3:06:06 / 2886	3:45:04 / 2854	4:22:58 / 2826	4:51:48 / 2798		
2780	3067	LENDZIOSZEK Jacek	KRAKÓW	POL			87M20/463		(M)2537	05:07:21	05:04:26 07.12
		0:37:20 / 2987	1:08:32 / 2898	1:42:44 / 2913	2:27:55 / 2876	3:06:45 / 2893	3:43:14 / 2830	4:22:17 / 2821	4:53:38 / 2815		
2781	1736	SOCHA Ewa	KRAKÓW	POL			87K20/62		(K)244	05:07:27	05:04:44 07.13
		0:36:57 / 2979	1:10:34 / 2979	1:44:51 / 2936	2:27:47 / 2875	3:08:07 / 2899	3:46:34 / 2869	4:21:48 / 2812	4:51:19 / 2793		
2782	2287	MARCINKIEWICZ Agnieszka	NOWA SÓL	POL / PRO-RUN			83K20/63		(K)245	05:07:27	05:05:05 07.13
		0:34:15 / 2673	1:05:38 / 2682	1:37:20 / 2667	2:22:41 / 2772	3:04:34 / 2863	3:43:22 / 2832	4:21:05 / 2806	4:50:59 / 2788		
2783	1973	OLSZOWY Marta	KRAKÓW	POL			84K20/64		(K)246	05:07:29	05:04:42 07.13
		0:35:57 / 2910	1:08:27 / 2894	1:41:48 / 2862	2:24:07 / 2818	3:05:40 / 2880	3:45:37 / 2858	4:23:41 / 2832	4:52:59 / 2808		
2784	1972	MAKOWSKA Sylwia	SULEJÓW	POL			84K20/65		(K)247	05:07:29	05:04:45 07.13
		0:35:57 / 2908	1:08:26 / 2892	1:41:49 / 2864	2:24:06 / 2816	3:05:40 / 2881	3:45:37 / 2859	4:23:41 / 2831	4:52:59 / 2809		
2785	2034	KWIECIEN Tomasz	KRAKÓW	POL			71M40/698		(M)2538	05:07:38	05:05:34 07.14
		0:35:20 / 2855	1:08:10 / 2888	1:40:56 / 2842	2:21:21 / 2754	3:01:34 / 2830	3:42:35 / 2823	4:21:04 / 2803	4:50:58 / 2787		
2786	763	KOWALSKI Dariusz	MODLNICZKA	POL / MOTOROLA BIKE TEAM			70M40/699		(M)2539	05:07:39	05:04:51 07.13
		0:36:05 / 2923	1:09:02 / 2939	1:42:26 / 2893	2:24:54 / 2839	3:04:59 / 2869	3:43:20 / 2831	4:19:42 / 2788	4:49:37 / 2769		
2787	2224	RÓŻAŃSKI Jerzy	KRAKÓW	POL / JPJ			65M40/700		(M)2540	05:07:42	05:06:15 07.15
		0:29:50 / 1803	1:01:08 / 2278	1:38:48 / 2795	2:20:42 / 2746	3:02:46 / 2847	3:41:48 / 2815	4:20:16 / 2795	4:51:20 / 2794		
2788	2552	GAŁOŚZ Leszek	SUCHA BESKIDZKA	POL / POLNI SUCHA BESKIDZKA			61M50/354		(M)2541	05:07:50	05:05:17 07.14
		0:32:41 / 2408	1:01:58 / 2355	1:31:44 / 2335	2:09:14 / 2361	2:51:29 / 2542	3:33:22 / 2679	4:16:33 / 2749	4:51:36 / 2797		
2789	1488	GRUNDYS Paweł	WROCLAW	POL			81M30/935		(M)2542	05:07:51	05:05:41 07.14
		0:32:49 / 2443	1:02:43 / 2466	1:32:18 / 2437	3:39:04 / 3012	2:57:02 / 2726	3:33:22 / 2678	4:19:29 / 2785	4:50:24 / 2780		
2790	1416	WANOT Bartłomiej	ŁĘDZINY	POL			83M20/464		(M)2543	05:08:00	05:05:12 07.13
		0:36:09 / 2935	1:08:54 / 2916	1:42:23 / 2880	2:23:56 / 2808	3:01:10 / 2823	3:41:19 / 2812	4:21:24 / 2807	4:50:27 / 2781		
2791	2734	BENTLEY Steve	KRAKOW	GBR			77M30/936		(M)2544	05:08:05	05:06:56 07.16
		0:32:53 / 2482	1:05:04 / 2657	1:37:25 / 2676	2:16:54 / 2636	3:04:10 / 2857	3:46:57 / 2872	4:26:33 / 2866	4:54:40 / 2820		
2792	3036	KORCZAK Katarzyna	GLIWICE	POL			92K20/66		(K)248	05:08:13	05:07:07 07.16
		0:31:19 / 2227	1:01:09 / 2279	1:31:59 / 2352	2:19:04 / 2711	2:58:08 / 2746	3:40:05 / 2787	4:21:51 / 2816	4:55:49 / 2830		
2793	1890	KOWALSKA-PIÓRKO Ewa	CHRZANÓW	POL			76K30/102		(K)249	05:08:21	05:07:00 07.16
		0:31:34 / 2262	1:02:26 / 2386	1:35:08 / 2550	2:18:26 / 2702	3:00:39 / 2793	3:41:14 / 2811	4:20:52 / 2801	4:50:53 / 2786		

23.04.2012 08:45:02

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2794	2942	PARANIAK Barbro	HUDDINGE		SWE		56K50/19		(K)250	05:08:33	05:06:12 07.15
		0:35:35 / 2873	1:07:53 / 2885	1:41:49 / 2863	2:24:50 / 2837	3:05:39 / 2878	3:44:22 / 2846	4:21:37 / 2808	4:51:49 / 2799		
2795	1672	KORZENIOWSKI Mateusz	OLAWA		POL		78M30/937		(M)2545	05:08:44	05:07:47 07.17
		0:30:49 / 2158	0:58:24 / 2018	1:26:02 / 1931	2:02:59 / 1982	2:50:47 / 2520	3:35:02 / 2738	4:17:53 / 2764	4:50:11 / 2776		
2796	3219	JADAŚ Przemysław	DLUGOLEKA		POL		70M40/701		(M)2546	05:08:45	05:06:04 07.15
		0:35:46 / 2893	1:08:44 / 2911	1:42:26 / 2890	2:23:13 / 2781	3:00:51 / 2799	3:41:29 / 2813	4:19:06 / 2782	4:51:10 / 2791		
2797	1986	GLIXELI Tomasz	KRAKÓW		POL		76M30/938		(M)2547	05:08:50	05:06:01 07.15
		0:36:07 / 2925	1:09:00 / 2927	1:42:41 / 3014	2:24:02 / 2814	3:04:43 / 2866	3:43:29 / 2836	4:19:06 / 2781	4:52:45 / 2805		
2798	2806	DUŻYŃSKI Miłosz	KRAKÓW		POL		80M30/939		(M)2548	05:08:56	05:07:13 07.16
		0:31:34 / 2260	1:02:06 / 2369	1:32:41 / 2476	2:14:09 / 2483	2:55:14 / 2688	3:38:12 / 2773	4:18:27 / 2773	4:50:30 / 2784		
2799	1254	PAROL Grzegorz	SZCZECIN		POL		77M30/940		(M)2549	05:08:56	05:06:18 07.15
		0:31:34 / 2259	1:06:40 / 2763	1:38:04 / 2716	2:16:45 / 2616	2:55:57 / 2705	3:33:54 / 2699	4:13:41 / 2718	4:50:29 / 2783		
2800	2854	SZUBA Edward	JAWORZNO		POL		74M30/941		(M)2550	05:09:09	05:06:39 07.16
		0:34:07 / 2665	1:04:23 / 2620	1:35:23 / 2563	2:14:48 / 2521	2:55:59 / 2707	3:40:01 / 2784	4:21:47 / 2811	4:54:47 / 2823		
2801	2547	FUDALI Kazimierz	BRZEG		POL		67M40/702		(M)2551	05:09:24	05:08:31 07.18
		0:30:31 / 2049	1:00:46 / 2259	1:32:39 / 2475	2:14:00 / 2475	2:56:56 / 2725	3:34:24 / 2720	4:20:11 / 2792	4:52:15 / 2801		
2802	1946	KOWALCZYK Kamil	WARSZAWA		POL / CF CEFARM SA		84M20/465		(M)2552	05:09:41	05:07:18 07.16
		0:32:55 / 2495	1:03:03 / 2545	1:35:20 / 2558	2:17:38 / 2672	3:03:03 / 2848	3:43:10 / 2828	4:22:15 / 2820	4:53:26 / 2814		
2803	2890	STĘCŁIK Tomasz	KATOWICE		POL / UKS TATSU		76M30/942		(M)2553	05:09:42	05:06:58 07.16
		0:32:55 / 2496	1:06:43 / 2793	1:38:11 / 2754	2:16:55 / 2640	2:52:59 / 2634	3:33:38 / 2686	4:18:02 / 2767	4:50:49 / 2785		
2804	2918	PIOTROWSKI Maciej	WOLSZTYN		POL		74M30/943		(M)2554	05:09:43	05:07:30 07.17
		0:33:14 / 2556	1:03:02 / 2541	1:35:11 / 2553	2:17:59 / 2691	3:01:17 / 2826	3:45:13 / 2855	4:24:54 / 2847	4:54:39 / 2819		
2805	875	SROCZYŃSKI Jarosław	KRAKÓW		POL		57M50/355		(M)2555	05:09:50	05:06:56 07.16
		0:36:20 / 2964	1:09:15 / 2950	1:45:59 / 2948	2:32:44 / 2909	3:13:41 / 2942	3:50:27 / 2904	4:25:20 / 2858	4:52:50 / 2806		
2806	970	BRZOZOWSKI Piotr	ROKITKI		POL / AKADEMIABIEGANIA.PL		77M30/944		(M)2556	05:09:51	05:07:10 07.16
		0:36:07 / 2929	1:09:19 / 2954	1:43:21 / 2922	2:25:10 / 2842	3:05:37 / 2876	3:43:47 / 2838	4:23:50 / 2837	4:53:11 / 2811		
2807	971	BRZOZOWSKA Monika	ROKITKI		POL / AKADEMIABIEGANIA.PL		77K30/103		(K)251	05:09:52	05:07:11 07.16
		0:36:07 / 2930	1:09:19 / 2955	1:43:19 / 2921	2:25:10 / 2841	3:05:38 / 2877	3:43:48 / 2839	4:23:51 / 2838	4:53:20 / 2812		
2808	2855	SEWERYN Wojciech	KRAKÓW		POL		67M40/703		(M)2557	05:10:00	05:07:37 07.17
		0:33:58 / 2646	1:04:21 / 2619	1:35:13 / 2556	2:13:35 / 2469	2:52:34 / 2617	3:37:24 / 2763	4:22:22 / 2822	4:54:35 / 2818		
2809	2930	SUDZIARSKI Tomasz	GDYNIA		POL		75M30/945		(M)2558	05:10:26	05:08:32 07.18
		0:35:37 / 2877	1:09:22 / 2958	1:43:59 / 2930	2:27:42 / 2874	3:10:20 / 2915	3:50:47 / 2909	4:26:24 / 2864	4:55:16 / 2825		
2810	1893	PRYMAS Marek	BĘDZIN		POL / POGORIA BIEGA		63M40/704		(M)2559	05:10:29	05:08:07 07.18
		0:35:37 / 2876	1:09:11 / 2949	1:43:41 / 2926	2:29:01 / 2884	3:11:43 / 2929	3:51:13 / 2910	4:28:06 / 2878	4:56:48 / 2844		
2811	2125	BELZOWSKI Marcin	SZCZUCIN		POL		79M30/946		(M)2560	05:10:29	05:08:16 07.18
		0:32:46 / 2422	1:02:28 / 2391	1:32:04 / 2365	2:15:03 / 2531	2:57:38 / 2738	3:42:32 / 2821	4:23:53 / 2839	4:52:53 / 2807		
2812	1738	ORNACKI Łukasz	CHRZANÓW		POL / RENI SPORT		84M20/466		(M)2561	05:10:39	05:07:55 07.17
		0:35:32 / 2869	1:06:45 / 2815	1:37:32 / 2685	2:19:23 / 3013	2:59:09 / 2767	3:42:32 / 2820	4:23:22 / 2829	4:55:27 / 2827		
2813	2281	WISŁOCKI Michał	KRAKÓW		POL		91M20/467		(M)2562	05:10:50	05:09:44 07.20
		0:35:22 / 2858	1:07:04 / 2850	1:39:15 / 2810	2:19:56 / 2735	2:59:19 / 2769	3:36:19 / 2754	4:18:10 / 2771	4:52:04 / 2800		
2814	132	MALICKI Krzysztof	WARSZAWA		POL		61M50/356		(M)2563	05:10:53	05:08:29 07.18
		0:32:55 / 2492	1:02:48 / 2502	1:33:04 / 2494	2:14:57 / 2527	2:57:27 / 2732	3:37:31 / 2765	4:18:00 / 2766	4:52:32 / 2803		
2815	2657	POŻYCZKA Tomasz	KOWALA		POL		86M20/468		(M)2564	05:10:53	05:08:30 07.18
		0:33:06 / 2532	1:02:50 / 2512	1:32:57 / 2492	2:11:23 / 2419	2:58:46 / 2758	3:40:59 / 2802	4:21:49 / 2815	4:54:02 / 2817		
2816	2292	MIKOŁAJCZYK Piotr	KRAKÓW		POL / TKKF AZORY		75M30/947		(M)2565	05:11:12	05:09:21 07.19
		0:32:28 / 2377	1:02:41 / 2444	1:33:38 / 2513	2:17:52 / 2684	3:00:19 / 2790	3:39:59 / 2782	4:21:49 / 2814	4:55:50 / 2832		
2817	3268	WRONICZ Zygmunt	KRAKÓW		POL		44M60/85		(M)2566	05:11:17	05:09:01 07.19
		0:34:01 / 2650	1:05:11 / 2669	1:36:48 / 2637	2:16:07 / 2568	2:55:03 / 2682	3:36:35 / 2757	4:14:44 / 2727	4:49:56 / 2773		
2818	259	WOJCIK Henryk	BRZEG		POL / DRUŻYNA SZPIKU, UGKS ODRA BRZEG		70M40/705		(M)2567	05:11:20	05:09:06 07.19
		0:32:31 / 2385	1:02:12 / 2374	1:31:45 / 2337	2:11:00 / 2408	2:50:48 / 2521	3:33:14 / 2670	4:18:04 / 2768	4:51:07 / 2790		
2819	2995	ARAGON DE SZUMANSKA	WARSZAWA		USA / RBS		84K20/67		(K)252	05:11:22	05:08:57 07.19
		0:32:54 / 2488	1:02:15 / 2377	1:31:07 / 2284	2:07:50 / 2222	2:45:44 / 2376	3:22:57 / 2413	4:07:28 / 2636	4:48:03 / 2753		
2820	1963	SZCZEPANIUK Marek	SULECHÓW		POL / ZBROJOWNIA SULECHÓW		62M50/357		(M)2568	05:11:27	05:08:49 07.19
		0:34:59 / 2775	1:06:44 / 2808	1:39:51 / 2825	2:22:55 / 2776	3:05:07 / 2871	3:46:38 / 2870	4:28:25 / 2885	4:55:55 / 2834		
2821	2955	NOWICKI Andrzej	KRAPKOWICE		POL		56M50/358		(M)2569	05:11:33	05:08:38 07.18
		0:35:12 / 2831	1:06:43 / 2791	1:38:12 / 2758	2:17:59 / 2692	2:57:48 / 2739	3:44:19 / 2845	4:22:45 / 2824	4:53:51 / 2816		
2822	2489	KANIUCH Alicja	KRAKÓW		POL		78K30/104		(K)253	05:11:39	05:09:27 07.20
		0:33:12 / 2551	1:02:55 / 2528	1:34:06 / 2529	2:14:06 / 2480	2:55:07 / 2685	3:38:04 / 2772	4:18:54 / 2777	4:51:31 / 2795		

23.04.2012 08:45:02

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2823	2819	KALDI Andras	DOKKUM (NETHERLAND)	 HUN		63M40/706		(M)257	005:11:40	05:11:33	07.23
		0:31:44 / 2286	1:03:46 / 2577	1:36:01 / 2590	2:18:09 / 2694	2:55:07 / 2686	3:40:52 / 2799	4:21:04 / 2804	4:51:31 / 2796		
2824	3193	WIĄCEK Jakub	KRAKÓW	 POL		89M20/469		(M)257	105:11:59	05:09:18	07.19
		0:34:57 / 2758	1:06:35 / 2748	1:37:29 / 2680	2:14:48 / 2522	2:52:19 / 2602	3:33:50 / 2695	4:16:17 / 2746	4:51:00 / 2789		
2825	2469	KOCIA Mieczysław	SKARŻYSKO-KOŚCIELNE	 POL		52M60/86		(M)257	205:12:00	05:10:45	07.21
		0:30:50 / 2159	1:00:14 / 2225	1:31:33 / 2315	2:13:25 / 2463	2:57:30 / 2734	3:41:01 / 2804	4:22:55 / 2825	4:55:51 / 2833		
2826	1949	YAW-MACLEAN Sheila	LIVELY	 CAN		61K50/20		(K)254	05:12:05	05:09:36	07.20
		0:33:40 / 2603	1:04:56 / 2647	1:38:24 / 2785	2:19:48 / 2734	3:01:01 / 2803	3:40:00 / 2783	4:20:48 / 2800	4:52:17 / 2802		
2827	440	GROBELNY Marek	WARSZAWA	 POL / TURBOŚLIMAKI		73M30/948		(M)257	305:12:17	05:09:31	07.20
		0:35:39 / 2879	1:07:37 / 2877	1:40:27 / 2834	2:21:09 / 2753	3:01:07 / 2816	3:42:01 / 2816	4:23:27 / 2830	4:55:26 / 2826		
2828	3448	SZELA Adam	DĘBICA	 POL / DKKK		74M30/949		(M)257	405:12:21	05:09:52	07.20
		0:34:05 / 2659	1:04:36 / 2627	1:36:03 / 2594	2:15:42 / 2552	2:57:31 / 2735	3:38:02 / 2771	4:18:36 / 2776	4:53:09 / 2810		
2829	2051	BLASZCZYK Rafał	CHELM	 POL		94M20/470		(M)257	505:12:33	05:12:10	07.23
		0:34:05 / 2658	0:52:32 / 1050	1:23:09 / 1563	2:07:47 / 2216	3:02:26 / 2839	3:41:12 / 2808	4:28:12 / 2881	4:58:38 / 2863		
2830	307	PIORKOWSKI Witold	ELBLĄG	 POL / NIEZRZESZONY		61M50/359		(M)257	605:12:35	05:09:38	07.20
		0:36:02 / 2920	1:08:59 / 2922	1:42:39 / 2905	2:23:58 / 2810	3:04:20 / 2859	3:43:25 / 2833	4:24:52 / 2845	4:57:35 / 2853		
2831	1301	CISŁO Wojciech	MIELEC	 POL		76M30/950		(M)257	705:12:36	05:09:58	07.20
		0:34:58 / 2766	1:06:30 / 2737	1:37:52 / 2698	2:16:26 / 2579	2:54:29 / 2665	3:31:13 / 2636	4:19:43 / 2791	4:55:10 / 2824		
2832	3458	FOTTA Rastislav	PRESOV	 SVK / OBS PRESOV		64M40/707		(M)257	805:12:46	05:10:43	07.21
		0:32:28 / 2376	1:02:54 / 2524	1:35:06 / 2549	2:19:36 / 2728	3:02:44 / 2844	3:42:46 / 2825	4:23:12 / 2827	4:54:40 / 2821		
2833	2793	KARLAK Andrzej	WARSZAWA	 POL / KB GALERIA WARSZAWA		66M40/708		(M)257	905:13:03	05:10:44	07.21
		0:33:16 / 2559	1:03:40 / 2571	1:36:54 / 2644	2:21:24 / 2756	3:06:54 / 2894	3:48:33 / 2884	4:27:15 / 2869	4:56:54 / 2845		
2834	856	KULHAWCZUK Kacper	LUBLIN	 POL / -		90M20/471		(M)258	005:13:09	05:10:32	07.21
		0:35:06 / 2803	1:04:43 / 2637	1:36:36 / 2632	2:18:17 / 2697	3:00:28 / 2792	3:44:06 / 2844	4:25:14 / 2856	4:56:39 / 2841		
2835	631	GÓRKA Ryszard	ŁUBNICE	 POL / POLICJA WIERUSZÓW		69M40/709		(M)258	105:13:16	05:10:28	07.21
		0:36:02 / 2919	1:09:05 / 2946	1:47:38 / 2960	2:18:17 / 2696	3:00:28 / 2791	3:44:06 / 2843	4:25:14 / 2855	4:56:39 / 2840		
2836	3145	PUCHALSKI Piotr	WROCŁAW	 POL / I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM		73M30/951		(M)258	205:13:19	05:10:47	07.21
		0:37:22 / 2988	1:14:24 / 3001	1:52:45 / 2981	2:39:24 / 2943	3:22:16 / 2987	3:58:35 / 2946	4:32:51 / 2910	4:59:50 / 2880		
2837	3231	SIBILAK Dawid	WROCŁAW	 POL / POMARAŃCZOWY MARATON		78M30/952		(M)258	305:13:24	05:10:52	07.22
		0:37:12 / 2985	1:09:26 / 2962	1:43:40 / 2925	2:26:21 / 2858	3:04:38 / 2864	3:49:05 / 2892	4:27:59 / 2877	4:57:49 / 2855		
2838	415	ZAGAJA Janusz	POKÓJ	 POL / NIEZRZESZONY		55M50/360		(M)258	405:13:40	05:11:06	07.22
		0:34:58 / 2764	1:06:41 / 2771	1:38:07 / 2732	2:16:59 / 2648	3:00:55 / 2801	3:46:30 / 2868	4:25:26 / 2859	4:56:03 / 2836		
2839	1657	WĄTROBA Roman	KRAKÓW	 POL		67M40/710		(M)258	505:13:48	05:11:03	07.22
		0:35:13 / 2836	1:06:47 / 2831	1:38:33 / 2790	2:19:25 / 2724	3:02:43 / 2843	3:44:59 / 2853	4:24:58 / 2848	4:56:33 / 2838		
2840	510	DUDZIK Krzysztof	KRAKÓW	 POL		58M50/361		(M)258	605:14:14	05:13:24	07.25
		0:28:07 / 1390	0:54:40 / 1410	1:24:13 / 1655	2:10:01 / 2390	3:01:06 / 2814	3:44:59 / 2852	4:19:01 / 2778	4:54:43 / 2822		
2841	3326	OŻÓG Adam	DĘBICA	 POL		76M30/953		(M)258	705:14:18	05:11:29	07.22
		0:35:38 / 2878	1:06:53 / 2842	1:39:03 / 2800	2:21:25 / 2757	3:03:28 / 2850	3:44:41 / 2848	4:24:52 / 2846	4:56:34 / 2839		
2842	3061	MAZUR Monika	KRAKÓW	 POL		80K30/105		(K)255	05:14:22	05:11:36	07.23
		0:35:43 / 2884	1:07:44 / 2879	1:41:20 / 2847	2:25:48 / 2850	3:10:16 / 2912	3:51:32 / 2913	4:29:03 / 2889	4:58:27 / 2861		
2843	2613	KARBOWNICZEK Agnieszka	KIELCE	 POL		87K20/68		(K)256	05:14:23	05:11:45	07.23
		0:34:46 / 2727	1:06:32 / 2742	1:39:30 / 2819	2:22:32 / 2770	3:02:41 / 2842	3:41:46 / 2814	4:25:02 / 2849	4:57:03 / 2846		
2844	3480	PIETRZAK Krzysztof	STRÓŻA	 POL		85M20/472		(M)258	805:14:35	05:12:22	07.24
		0:38:39 / 3002	1:12:01 / 2989	1:46:17 / 2952	2:29:40 / 2890	3:10:37 / 2919	3:49:34 / 2894	4:26:50 / 2868	4:58:13 / 2857		
2845	2938	LIS Robert	KORCZYNA	 POL / N-Z		64M40/711		(M)258	905:14:36	05:11:45	07.23
		0:35:44 / 2887	1:09:02 / 2940	1:44:29 / 2933	2:25:48 / 2849	3:09:22 / 2906	3:49:34 / 2895	4:26:50 / 2867	4:58:13 / 2858		
2846	2583	PAŁKOWSKA Agata	KRAKÓW	 POL		73K30/106		(K)257	05:14:36	05:11:56	07.23
		0:35:27 / 2866	1:08:38 / 2901	1:42:28 / 2899	2:25:22 / 2844	3:09:29 / 2907	3:48:25 / 2880	4:27:53 / 2875	4:58:13 / 2859		
2847	3425	PIECHOCKI Tomasz	WAŁBRZYCH	 POL		86M20/473		(M)259	005:14:48	05:11:58	07.23
		0:30:50 / 2160	0:58:49 / 2118	1:29:03 / 2184	2:11:38 / 2426	2:56:20 / 2713	3:41:11 / 2807	4:25:59 / 2862	4:59:51 / 2881		
2848	671	POPIEL Bartłomiej	OLKUSZ	 POL		86M20/474		(M)259	105:14:53	05:12:17	07.24
		0:35:08 / 2815	1:06:40 / 2760	1:38:21 / 2779	2:19:25 / 2725	3:02:15 / 2837	3:44:06 / 2842	4:25:14 / 2854	4:56:40 / 2843		
2849	861	OGŁAZA Bartłomiej	OSTROWIEC	 POL		91M20/475		(M)259	205:14:54	05:12:15	07.24
		0:35:16 / 2846	1:06:42 / 2781	1:38:22 / 2780	2:18:47 / 2706	2:59:10 / 2768	3:42:56 / 2827	4:25:13 / 2853	4:56:39 / 2842		
2850	973	CZEKAŃSKI Maciej	KRAKÓW	 POL		90M20/476		(M)259	305:15:06	05:12:29	07.24
		0:35:16 / 2847	1:05:41 / 2696	1:37:34 / 2686	2:23:22 / 2784	3:05:39 / 2879	3:46:24 / 2865	4:25:37 / 2861	4:58:37 / 2862		
2851	2440	WYSOCKI Mariusz	PRABUTY	 POL		62M50/362		(M)259	405:15:10	05:12:30	07.24
		0:34:51 / 2741	1:06:56 / 2844	1:39:01 / 2799	2:20:55 / 2749	3:04:00 / 2856	3:45:17 / 2856	4:25:12 / 2852	4:57:10 / 2848		

23.04.2012 08:45:03

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
2852	899	KOZIOŁ Witold	OSTROWIEC		POL		59M	50/363	(M)259505:15:17	05:12:46 07.24
		0:34:39 / 2714	1:05:44 / 2704	1:37:13 / 2659	2:17:45 / 2680	3:00:45 / 2797	3:43:11 / 2829	4:25:11 / 2851	4:57:11 / 2849	
2853	815	WOJCIECHOWSKI Marek	ŁÓDŹ		POL		78M	30/954	(M)259605:15:24	05:12:38 07.24
		0:36:52 / 2977	1:10:41 / 2982	1:45:06 / 2941	2:27:41 / 2873	3:08:34 / 2903	3:46:26 / 2866	4:24:51 / 2843	4:57:07 / 2847	
2854	2902	DUBANIK Zbigniew	DĘBICA		POL		57M	50/364	(M)259705:15:27	05:12:47 07.24
		0:34:52 / 2743	1:06:24 / 2728	1:38:00 / 2706	2:19:19 / 2720	3:02:01 / 2834	3:48:39 / 2886	4:24:51 / 2844	4:58:09 / 2856	
2855	2632	GARCIA RODRIGUEZ Ivan	KRAKÓW		MEX / -		82M	30/955	(M)259805:15:30	05:14:26 07.27
		0:28:09 / 1402	0:54:56 / 1442	1:22:32 / 1497	2:01:32 / 1909	2:49:42 / 2477	3:34:09 / 2714	4:18:07 / 2769	4:55:48 / 2829	
2856	2725	BUŚ Piotr	NOWA DĘBA		POL		69M	40/712	(M)259905:15:39	05:14:19 07.26
		0:30:53 / 2176	1:00:05 / 2215	1:29:40 / 2216	2:08:34 / 2306	2:57:05 / 2727	3:37:39 / 2769	4:19:05 / 2780	4:55:49 / 2831	
2857	2596	LOTH Małgorzata	LIPKÓW		POL		66K	40/59	(K)258 05:15:42	05:13:21 07.25
		0:32:51 / 2457	1:02:41 / 2447	1:32:11 / 2410	2:11:48 / 2429	2:57:55 / 2742	3:43:39 / 2837	4:25:27 / 2860	4:58:51 / 2870	
2858	741	PACZKOWSKI Paweł	GRACZE		POL / BIEGACZE MONARU GRACZE		86M	20/477	(M)260005:15:54	05:13:00 07.25
		0:36:13 / 2953	1:09:01 / 2933	1:42:22 / 2876	2:26:45 / 2863	3:11:52 / 2930	3:52:29 / 2919	4:29:07 / 2890	4:58:39 / 2865	
2859	1072	HERODECKI Bartłomiej	WARSZAWA		POL / ARMIA ZBAWIENIA		81M	30/956	(M)260105:16:06	05:13:15 07.25
		0:33:27 / 2579	1:02:58 / 2532	1:33:55 / 2521	2:17:12 / 2658	3:00:59 / 2802	3:42:03 / 2817	4:23:19 / 2828	4:57:22 / 2850	
2860	583	SZCZYGIEŁ Marian	KRAKÓW		POL		57M	50/365	(M)260205:16:09	05:13:53 07.26
		0:33:27 / 2578	1:02:45 / 2476	1:32:20 / 2441	2:09:58 / 2388	2:48:15 / 2440	3:30:48 / 2626	4:18:08 / 2770	4:53:20 / 2813	
2861	2797	TRYBUŚ Marian	KRAKÓW		POL		48M	60/87	(M)260305:16:18	05:15:42 07.28
		0:30:24 / 2001	1:00:50 / 2261	1:31:25 / 2312	2:07:57 / 2228	2:52:25 / 2610	3:36:55 / 2760	4:19:40 / 2786	4:55:57 / 2835	
2862	3345	KLICH Wiesław	POLKOWICE		POL		68M	40/713	(M)260405:16:37	05:13:50 07.26
		0:34:58 / 2765	1:06:42 / 2782	1:39:05 / 2802	2:21:44 / 2763	3:05:12 / 2872	3:47:18 / 2874	4:27:50 / 2874	4:58:40 / 2866	
2863	2748	BENNANI Soraya	CASABLANCA		MAR / CMCF		63K	40/60	(K)259 05:16:37	05:14:33 07.27
		0:35:02 / 2785	1:07:26 / 2867	1:41:09 / 2844	2:24:38 / 2831	3:10:49 / 2924	3:51:21 / 2911	4:29:00 / 2888	5:00:47 / 2884	
2864	2052	NATORSKI Maciek	WARSZAWA		POL / BRÓDNOWSKA JEDNOSOBOWA EKIPA SPORTOWA		79M	30/957	(M)260505:16:39	05:13:45 07.26
		0:36:12 / 2945	1:09:06 / 2947	1:44:45 / 2934	2:29:31 / 2888	3:12:22 / 2934	3:52:07 / 2917	4:29:40 / 2897	4:59:46 / 2878	
2865	725	WIERCIGROCH Adam	JORDANÓW ŚLĄSKI		POL		66M	40/714	(M)260605:16:40	05:13:59 07.26
		0:35:47 / 2899	1:07:51 / 2884	1:41:47 / 2859	2:23:56 / 2809	3:05:05 / 2870	3:45:54 / 2863	4:27:21 / 2870	4:58:41 / 2867	
2866	369	KOWALCZYK Tadeusz	KRAKÓW		POL		54M	50/366 Niepl/14	(M)260705:16:48	05:14:02 07.26
		0:36:11 / 2942	1:09:01 / 2930	1:42:26 / 2891	2:24:07 / 2817	3:05:13 / 2873	3:44:46 / 2849	4:21:58 / 2819	4:52:39 / 2804	
2867	3492	BUDZOWSKA Marta	SOSNOWIEC		POL / VAJRA TEAM		70K	40/61	(K)260 05:16:50	05:14:02 07.26
		0:33:29 / 2581	1:03:24 / 2564	1:34:32 / 2538	2:13:30 / 2468	2:54:41 / 2669	3:38:42 / 2777	4:23:42 / 2833	4:59:00 / 2872	
2868	1190	REJUS Dorota	GŁOGÓW MŁP.		POL / TTKF SOKÓŁ GŁOGÓW MŁP.		60K	50/21	(K)261 05:16:55	05:14:13 07.26
		0:36:13 / 2950	1:09:15 / 2951	1:44:48 / 2935	2:30:29 / 2895	3:14:22 / 2948	3:54:33 / 2926	4:29:36 / 2895	4:59:43 / 2877	
2869	2246	CICHONSKI Michał	SĘDZIEJOWICE		POL / NIEZRZESZONY		80M	30/958	(M)260805:17:10	05:14:32 07.27
		0:34:59 / 2774	1:06:45 / 2818	1:39:10 / 2807	2:21:34 / 2762	3:06:07 / 2888	3:50:17 / 2901	4:28:46 / 2886	5:01:14 / 2888	
2870	443	RAPACZ Lidia	PODSARNIE		POL		88K	20/69	(K)262 05:17:11	05:14:29 07.27
		0:35:07 / 2811	1:06:44 / 2798	1:38:56 / 2797	2:24:27 / 2827	3:09:34 / 2908	3:50:18 / 2902	4:28:46 / 2887	5:01:14 / 2889	
2871	3291	ÓŻDŹYŃSKI Grzegorz	KRAKÓW		POL		68M	40/715	(M)260905:17:19	05:14:40 07.27
		0:35:48 / 2901	1:08:58 / 2920	1:42:38 / 2903	2:23:55 / 2803	3:02:08 / 2835	3:41:06 / 2805	4:21:49 / 2813	4:56:09 / 2837	
2872	309	WOLANIN Piotr	ZIELONA GÓRA		POL / ARCHEO ZIELONA GÓRA		74M	30/959	(M)261005:17:24	05:14:30 07.27
		0:35:31 / 2868	1:06:51 / 2838	1:38:55 / 2796	2:19:19 / 2719	3:02:25 / 2838	3:46:23 / 2864	4:27:47 / 2873	5:01:26 / 2892	
2873	3457	ŚWIĘTEK Tomasz	TYCHY		POL / TYCHY		74M	30/960	(M)261105:17:26	05:14:29 07.27
		0:36:18 / 2962	1:08:56 / 2918	1:42:21 / 2874	2:26:51 / 2866	3:11:00 / 2926	3:49:56 / 2900	4:29:36 / 2896	5:00:25 / 2883	
2874	1957	KOŹLAK Krzysztof	KRAKÓW		POL		71M	40/716	(M)261205:17:26	05:14:40 07.27
		0:36:12 / 2948	1:09:03 / 2942	1:42:27 / 2895	2:25:49 / 2852	3:08:08 / 2900	3:48:52 / 2889	4:28:06 / 2879	4:58:15 / 2860	
2875	2656	KRUSZEWSKI Jakub	SOKOŁÓW PODLASKI		POL		86M	20/478	(M)261305:17:34	05:15:12 07.28
		0:33:07 / 2541	1:02:50 / 2515	1:32:58 / 2493	2:12:59 / 2450	2:58:49 / 2759	3:40:59 / 2801	4:23:49 / 2835	4:58:47 / 2868	
2876	3280	REZK EID ADEL Attalla	ALEXANDRIA		EGY / ACHILLES INTERNATIONAL EGIPT		83M	20/479 Niepl/15	(M)261405:17:38	05:15:16 07.28
		0:33:07 / 2542	1:02:50 / 2516	4:07:30 / 3013	3:09:24 / 2998	2:09:34 / 531	3:40:59 / 2803	4:23:49 / 2836	4:58:47 / 2869	
2877	2309	ŚMITKOWSKI Fabian	KRAKÓW		POL / NIEZRZESZONY		72M	40/717	(M)261505:17:40	05:14:48 07.27
		0:36:06 / 2924	1:09:01 / 2932	1:42:24 / 2884	2:24:12 / 2821	3:04:39 / 2865	3:43:26 / 2834	4:23:46 / 2834	4:58:38 / 2864	
2878	2075	KOSTRZEWSKI Adam	LESZNO		POL / LESZNO		71M	40/718	(M)261605:17:50	05:15:05 07.28
		0:35:58 / 2914	1:08:35 / 2900	1:42:10 / 2871	2:23:37 / 2795	3:05:41 / 2882	3:46:28 / 2867	4:28:12 / 2882	4:59:36 / 2874	
2879	1181	STELMASZYK Michel	KRAKOW		BEL		83M	20/480	(M)261705:17:55	05:15:05 07.28
		0:35:59 / 2915	1:09:42 / 2964	1:45:04 / 2938	2:33:24 / 2910	3:18:23 / 2969	4:03:17 / 2973	4:35:37 / 2926	5:01:49 / 2895	

23.04.2012 08:45:03

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:												
2880	1607	ZIĘBA Maria	JASTRZĘBIE ZDRÓJ	 POL			89K20/70		(K)263	05:17:56	05:15:07	07.28
		0:35:52 / 2904	1:08:05 / 2886	1:41:53 / 2867	2:24:31 / 2829	3:06:14 / 2890	3:48:33 / 2883	4:25:16 / 2857	4:57:23 / 2852			
2881	1443	BOGUSZ Sebastian	WARSZAWA	 POL			86M20/481		(M)2618	05:17:56	05:15:10	07.28
		0:35:11 / 2829	1:07:22 / 2863	1:40:14 / 2831	2:25:55 / 2853	3:11:22 / 2927	3:48:59 / 2890	4:25:07 / 2850	4:57:23 / 2851			
2882	2403	KOZIK Magdalena	PSZCZYNA	 POL			82K30/107		(K)264	05:17:59	05:15:21	07.28
		0:35:18 / 2853	1:07:27 / 2868	1:41:33 / 2854	2:24:48 / 2835	3:04:53 / 2867	3:45:36 / 2857	4:26:13 / 2863	4:59:30 / 2873			
2883	3317	TOMCZYK Marcin	KRAKÓW	 POL			73M30/961		(M)2619	05:18:12	05:15:39	07.28
		0:35:04 / 2798	1:07:07 / 2851	1:39:24 / 2817	2:19:33 / 2727	3:01:09 / 2821	3:45:46 / 2861	4:27:43 / 2872	4:59:38 / 2875			
2884	1844	KOSSAKOWSKA Natalia	BIELSKO-BIAŁA	 POL	/ NIEZRZESZONA		86K20/71		(K)265	05:18:15	05:15:25	07.28
		0:35:41 / 2882	1:06:46 / 2823	1:39:06 / 2803	2:23:55 / 2804	3:09:18 / 2904	3:50:34 / 2908	4:28:17 / 2884	5:01:03 / 2887			
2885	1230	ŁUSZCZYŃSKA Beata	KROSNO	 POL	/ NIEZRZESZONY		62K50/22		(K)266	05:18:15	05:15:40	07.28
		0:35:12 / 2830	1:06:45 / 2810	1:40:30 / 2836	2:24:16 / 2823	3:09:19 / 2905	3:50:33 / 2907	4:28:16 / 2883	5:01:02 / 2886			
2886	3001	GAŚIOR Robert	DĄBROWA GÓRNICZA	 POL			68M40/719		(M)2620	05:18:24	05:16:46	07.30
		0:33:45 / 2614	1:06:51 / 2839	1:41:48 / 2861	2:27:06 / 2870	3:10:42 / 2921	3:51:36 / 2914	4:30:23 / 2899	5:01:18 / 2890			
2887	1706	KONOPEK Piotr	KRAKÓW	 POL			79M30/962		(M)2621	05:18:32	05:15:50	07.29
		0:33:54 / 2636	1:04:15 / 2613	1:35:26 / 2567	2:16:21 / 2575	3:00:18 / 2787	3:41:08 / 2806	4:22:41 / 2823	4:57:43 / 2854			
2888	3337	LIGĘZA Witold	KRAKÓW	 POL	/ OTE KANGUR		72M40/720		(M)2622	05:18:50	05:17:27	07.31
		0:34:52 / 2742	1:08:41 / 2905	1:43:39 / 2924	2:26:49 / 2864	3:09:51 / 2910	3:52:02 / 2915	4:31:11 / 2902	5:01:36 / 2893			
2889	2251	SZYMCZAK Roman	TARNOBRZEG	 POL			74M30/963		(M)2623	05:19:10	05:16:58	07.30
		0:33:12 / 2552	1:05:01 / 2653	1:40:34 / 2839	2:26:43 / 2862	3:11:22 / 2928	3:52:26 / 2918	4:31:15 / 2903	5:02:21 / 2898			
2890	546	RAJEWSKI Robert	WARSZAWA	 POL			83M20/482		(M)2624	05:19:36	05:18:50	07.33
		0:28:40 / 1536	0:56:42 / 1691	1:29:38 / 2211	2:17:21 / 2660	3:00:19 / 2789	3:42:39 / 2824	4:26:28 / 2865	5:00:12 / 2882			
2891	2689	CHLEBICKI Przemysław	WARSZAWA	 POL			58M50/367		(M)2625	05:19:47	05:17:21	07.31
		0:35:11 / 2826	1:07:10 / 2854	1:40:54 / 2840	2:24:50 / 2836	3:07:51 / 2898	3:49:25 / 2893	4:29:14 / 2891	5:02:34 / 2899			
2892	1292	RYBSKI Marcin	KRAKÓW	 POL	/ CAŁA RYBA BIEGA Z POLSKĄ		77M30/964		(M)2626	05:19:48	05:17:19	07.31
		0:35:07 / 2812	1:07:10 / 2855	1:40:09 / 2830	2:21:46 / 2764	3:03:31 / 2852	3:45:45 / 2860	4:27:43 / 2871	5:01:21 / 2891			
2893	1380	SUKIENNIK Artur	KRAKÓW	 POL			66M40/721		(M)2627	05:19:55	05:17:02	07.30
		0:36:21 / 2965	1:10:08 / 2973	1:45:43 / 2947	2:29:21 / 2886	3:12:15 / 2932	3:54:04 / 2923	4:33:35 / 2919	5:03:27 / 2903			
2894	2851	KRUPIŃSKI Marek	KRAKÓW	 POL	/ AZS AGH KRAKÓW		71M40/722		(M)2628	05:19:56	05:17:13	07.31
		0:35:06 / 2805	1:06:40 / 2759	1:38:09 / 2741	2:18:27 / 2703	3:01:11 / 2824	3:42:20 / 2819	4:24:50 / 2842	4:59:42 / 2876			
2895	45	BANASZKIEWICZ BADURA		 POL			84K20/72		(K)267	05:20:01	05:19:56	07.34
		0:33:30 / 2583	1:06:46 / 2824	1:41:28 / 2852	2:23:49 / 2798	3:07:00 / 2895	3:48:37 / 2885	4:27:58 / 2876	5:00:50 / 2885			
2896	1432	MROZIK Jarosław	LUBLIN	 POL	/ WAŁ WIŚLANY WARSZAWA NOWODWORY		86M20/483		(M)2629	05:20:07	05:17:25	07.31
		0:35:09 / 2818	1:06:42 / 2779	1:38:02 / 2708	2:19:43 / 2731	3:03:15 / 2849	3:43:26 / 2835	4:33:37 / 2920	5:05:33 / 2913			
2897	2189	MAJKRZAK Mariusz	SUCHA BESJDZKA	 POL	/ POLNI SUCHA BESKIDZKA		76M30/965		(M)2630	05:20:11	05:18:02	07.32
		0:32:56 / 2499	1:02:07 / 2370	1:33:36 / 2512	2:16:12 / 2572	3:01:35 / 2831	3:44:49 / 2850	4:28:11 / 2880	5:01:47 / 2894			
2898	333	SZCZYBURA Anna	KRAKÓW	 POL			80K30/108		(K)268	05:20:26	05:18:06	07.32
		0:33:56 / 2641	1:06:59 / 2849	1:41:22 / 2848	2:26:50 / 2865	3:10:27 / 2916	3:56:48 / 2938	4:33:25 / 2917	5:03:24 / 2901			
2899	3376	NAZIMEK Maciej	KRAKÓW	 POL			74M30/966		(M)2631	05:20:26	05:18:14	07.32
		0:32:48 / 2437	1:03:26 / 2565	1:39:16 / 2811	2:29:42 / 2891	3:10:27 / 2917	3:56:48 / 2939	4:33:25 / 2918	5:03:24 / 2902			
2900	1035	ŚMICH Krzysztof	CZĘSTOCHOWA	 POL			60M50/368		(M)2632	05:20:27	05:17:54	07.32
		0:33:35 / 2595	1:03:04 / 2546	1:35:30 / 2570	2:17:37 / 2670	2:59:48 / 2777	3:50:20 / 2903	4:37:16 / 2939	5:06:22 / 2918			
2901	263	WIELGOSZ Marcin	ORŁY	 POL			88M20/484		(M)2633	05:20:28	05:17:50	07.31
		0:35:10 / 2820	1:06:40 / 2761	1:38:23 / 2783	2:21:02 / 2751	3:04:28 / 2862	3:48:41 / 2887	4:31:54 / 2904	5:04:36 / 2910			
2902	2336	JANKOWICZ Agnieszka	WAŁBRZYCH	 POL	/ TEMPO WAŁBRZYCH		81K30/109		(K)269	05:20:34	05:17:56	07.32
		0:34:36 / 2705	1:04:57 / 2650	1:36:25 / 2619	2:16:26 / 2578	2:55:27 / 2694	3:36:18 / 2752	4:24:10 / 2840	5:02:04 / 2897			
2903	1395	VERESS Gábor	VERESEGYHAZ	 HUN			72M40/723		(M)2634	05:20:36	05:19:25	07.34
		0:28:40 / 1532	0:55:21 / 1502	1:22:37 / 1508	1:57:19 / 1519	2:37:19 / 2004	3:27:47 / 2573	4:20:15 / 2794	4:58:57 / 2871			
2904	1817	BEDYŃSKI Hubert	POZNAŃ	 POL	/ KLUB MARATOŃCZYKA V ŁO W POZNANIU		85M20/485		(M)2635	05:20:48	05:18:15	07.32
		0:33:56 / 2643	1:05:02 / 2655	1:38:21 / 2778	2:23:04 / 2778	3:08:18 / 2902	3:52:03 / 2916	4:30:59 / 2900	5:03:39 / 2904			
2905	1856	SZARKOWSKI Robert	WARSZAWA	 POL			70M40/724		(M)2636	05:20:51	05:18:06	07.32
		0:36:38 / 2975	1:10:05 / 2972	1:45:23 / 2945	2:30:11 / 2893	3:14:51 / 2951	3:56:18 / 2937	4:32:51 / 2911	5:04:19 / 2909			
2906	2796	BINKOWSKI Marcelli	GRÓJEC	 POL	/ MARCELI TEAM - GRÓJEC		64M40/725		(M)2637	05:21:13	05:18:31	07.32
		0:35:03 / 2792	1:06:48 / 2833	1:39:04 / 2801	2:22:54 / 2774	3:09:50 / 2909	3:55:33 / 2932	4:36:00 / 2927	5:05:51 / 2914			
2907	2038	HERMANOWICZ Marcin	IWONICZ ZDRÓJ	 POL	/ AMATOR		76M30/967		(M)2638	05:21:30	05:19:49	07.34
		0:30:52 / 2170	1:00:32 / 2245	1:31:39 / 2322	2:11:34 / 2424	2:59:04 / 2766	3:44:04 / 2840	4:29:33 / 2894	5:04:12 / 2907			
2908	1597	RUT Stanisław	RZESZÓW	 POL			55M50/369		(M)2639	05:21:50	05:19:16	07.33
		0:34:01 / 2648	1:04:11 / 2608	1:36:13 / 2602	2:19:13 / 2717	3:03:38 / 2853	3:46:53 / 2871	4:33:12 / 2915	5:04:02 / 2905			

23.04.2012 08:45:03

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:													
2909	1650	KRUPA Aneta	JEDLIŃSK		POL		92K20/73			(K)270	05:22:00	05:19:29	07.34
		0:34:59 / 2772	1:06:40 / 2762	1:38:05 / 2721	2:21:33 / 2761	3:06:23 / 2891	3:49:40 / 2896	4:32:15 / 2908	5:05:24 / 2911				
2910	3500	PACŁAWSKI Paweł	TRZEBINIA-PSARY		POL		79M30/968			(M)26400	05:22:09	05:19:53	07.34
		0:33:37 / 2597	1:04:05 / 2599	1:35:29 / 2568	2:15:57 / 2563	3:00:14 / 2785	3:44:05 / 2841	4:29:33 / 2893	5:04:11 / 2906				
2911	3356	MIROŚŁAW Ernest	KRAKÓW		POL		75M30/969			(M)26410	05:22:14	05:19:43	07.34
		0:35:14 / 2840	1:07:35 / 2875	1:38:28 / 2789	2:19:42 / 2730	3:02:38 / 2841	3:48:06 / 2877	4:29:55 / 2898	5:03:12 / 2900				
2912	686	REGUCKI Piotr	KRAKOW		POL		66M40/726			(M)26420	05:22:29	05:20:09	07.35
		0:33:22 / 2572	1:04:06 / 2600	1:35:37 / 2577	2:14:30 / 2500	2:53:40 / 2649	3:34:09 / 2713	4:21:42 / 2810	5:01:57 / 2896				
2913	2072	WĘGRZYNOWSKI Tadeusz	WARSZAWA		POL / NIEZRZESZONY		57M50/370			(M)26430	05:22:44	05:20:34	07.35
		0:32:44 / 2413	1:03:38 / 2570	1:36:52 / 2643	2:21:47 / 2765	3:10:18 / 2913	3:54:14 / 2924	4:36:48 / 2936	5:08:45 / 2929				
2914	3301	FRANC Tomasz	KRAKÓW		POL		74M30/970			(M)26440	05:23:08	05:20:13	07.35
		0:36:15 / 2959	1:09:03 / 2941	1:42:28 / 2898	2:28:58 / 2883	3:14:38 / 2950	3:58:14 / 2943	4:36:10 / 2928	5:05:52 / 2916				
2915	3165	KUCHARSKI Piotr	RUDAWA		POL / MARATONYPOLSKIE.PL TEAM		71M40/727			(M)26450	05:23:09	05:20:16	07.35
		0:36:14 / 2954	1:09:02 / 2938	1:42:07 / 2869	2:28:57 / 2882	3:14:38 / 2949	3:58:14 / 2942	4:36:11 / 2929	5:05:51 / 2915				
2916	3205	JAZIC Bartosz	OLSZTYN		POL / OLSZTYN SZLOCHAM		77M30/971			(M)26460	05:23:26	05:22:02	07.37
		0:34:43 / 2717	1:07:50 / 2883	1:42:07 / 2870	2:25:05 / 2840	3:10:54 / 2925	3:52:41 / 2920	4:35:31 / 2925	5:07:16 / 2925				
2917	3107	KUMA Piotr	KRAKÓW		POL		83M20/486			(M)26470	05:23:28	05:20:44	07.36
		0:34:25 / 2696	1:05:20 / 2672	1:36:32 / 2621	2:17:54 / 2686	3:02:45 / 2845	3:49:03 / 2891	4:32:02 / 2906	5:05:25 / 2912				
2918	2565	TUREK Dariusz	SOSNOWIEC		POL		67M40/728			(M)26480	05:23:37	05:20:48	07.36
		0:34:59 / 2773	1:06:27 / 2731	1:37:30 / 2683	2:16:56 / 2641	2:55:42 / 2698	3:34:41 / 2729	4:17:21 / 2760	4:59:50 / 2879				
2919	3294	ŚWIERCZYŃSKI Marek	DĄBROWA GÓRNICZA		POL / BIEGAJZNAMI.PL		80M30/972			(M)26490	05:23:50	05:21:19	07.36
		0:36:16 / 2960	1:09:47 / 2969	1:43:59 / 2929	2:34:55 / 2917	3:17:32 / 2965	3:59:06 / 2949	4:36:36 / 2934	5:07:03 / 2924				
2920	123	MARYANSKA Anna	RYBNIK		POL		81K30/110			(K)271	05:23:50	05:21:18	07.36
		0:36:14 / 2955	1:09:48 / 2970	1:43:59 / 2928	2:34:56 / 2918	3:17:33 / 2966	3:59:07 / 2950	4:36:36 / 2935	5:07:02 / 2923				
2921	3260	BLEUS Xavier	BRUXELLES		BEL		80M30/973			(M)26500	05:23:55	05:22:49	07.39
		0:29:36 / 1754	1:01:33 / 2320	1:37:13 / 2658	2:21:47 / 2766	3:06:07 / 2889	3:51:21 / 2912	4:33:03 / 2913	5:04:17 / 2908				
2922	368	BUDZIOSZ Paweł	KRAKÓW		POL / NIEZRZESZONY		78M30/974			(M)26510	05:24:06	05:21:20	07.36
		0:36:51 / 2976	1:10:09 / 2974	1:45:05 / 2940	2:27:39 / 2872	3:10:07 / 2911	3:54:22 / 2925	4:36:48 / 2937	5:08:45 / 2930				
2923	3171	PIPOLO Carole	LES AVANCHETS		SUI		73K30/111			(K)272	05:24:07	05:21:13	07.36
		0:36:16 / 2961	1:09:43 / 2965	1:45:04 / 2939	2:31:21 / 2899	3:16:34 / 2960	3:58:58 / 2948	4:36:54 / 2938	5:07:42 / 2926				
2924	370	SEWERYN Rafał	GDYNIA		POL		71M40/729			(M)26520	05:24:22	05:22:04	07.37
		0:33:05 / 2530	1:04:49 / 2644	1:39:33 / 2821	2:27:20 / 2871	3:13:21 / 2940	3:55:19 / 2929	4:35:21 / 2923	5:06:26 / 2919				
2925	2242	DUDEK Jan	TARNOWSKIE GORY		POL		50M60/88			(M)26530	05:24:34	05:22:17	07.38
		0:32:45 / 2415	1:02:40 / 2437	1:32:19 / 2438	2:09:32 / 2373	2:57:24 / 2731	3:40:44 / 2796	4:29:26 / 2892	5:06:13 / 2917				
2926	3222	TOKARZ Jerzy	KRAKÓW		POL / BIEGAM BO LUBIĘ KRAKÓW		59M50/371			(M)26540	05:24:49	05:22:01	07.37
		0:36:27 / 2971	1:09:22 / 2959	1:42:41 / 2907	2:23:29 / 2790	3:05:47 / 2884	3:48:29 / 2881	4:32:52 / 2912	5:06:40 / 2921				
2927	2053	SOCHAN Andrzej	WROCLAW		POL		58M50/372			(M)26550	05:25:05	05:23:55	07.40
		0:29:34 / 1745	1:00:11 / 2219	1:36:14 / 2605	2:22:06 / 2767	3:10:33 / 2918	3:49:49 / 2899	4:33:16 / 2916	5:08:22 / 2927				
2928	3250	GABLANKOWSKI Maciej	KRAKÓW		POL		80M30/975			(M)26560	05:25:13	05:22:51	07.39
		0:32:51 / 2462	1:02:41 / 2448	1:36:15 / 2606	2:25:35 / 2845	3:14:08 / 2946	3:59:09 / 2951	4:39:06 / 2944	5:08:55 / 2932				
2929	1799	BANACH Zbigniew	KRAKÓW		POL		55M50/373			(M)26570	05:25:14	05:23:00	07.39
		0:34:42 / 2716	1:07:36 / 2876	1:42:44 / 2914	2:28:43 / 2879	3:14:06 / 2944	3:55:31 / 2931	4:36:25 / 2931	5:09:08 / 2933				
2930	2983	KUCZMIERCZYK Janusz	MYSLOWICE		POL / TRUCHTACZ MYSLOWICE		47M60/89			(M)26580	05:25:31	05:22:50	07.39
		0:35:22 / 2857	1:06:53 / 2841	1:38:40 / 2793	2:18:20 / 2698	2:58:25 / 2754	3:48:30 / 2882	4:32:30 / 2909	5:08:31 / 2928				
2931	916	KARPIŃSKI Zdzisław	KRAKÓW		POL / WITAR TARNOBRZEG		42M70/7			(M)26590	05:25:47	05:22:56	07.39
		0:37:34 / 2991	1:12:05 / 2990	1:47:14 / 2957	2:32:42 / 2908	3:15:46 / 2956	4:01:25 / 2961	4:41:01 / 2952	5:09:36 / 2939				
2932	3474	JUŚKIEWICZ Jarosław	KRAKÓW		POL		78M30/976			(M)26600	05:25:50	05:23:12	07.39
		0:34:39 / 2710	1:06:30 / 2738	1:38:12 / 2760	2:19:20 / 2721	3:06:06 / 2887	3:53:58 / 2921	4:38:44 / 2943	5:09:21 / 2936				
2933	189	OLICHWER Artur	LESZNO		POL		79M30/977			(M)26610	05:26:05	05:23:21	07.39
		0:35:57 / 2911	1:08:33 / 2899	1:42:05 / 2868	2:23:28 / 2789	3:07:07 / 2896	3:53:59 / 2922	4:38:44 / 2942	5:09:22 / 2937				
2934	853	KASIERSKA Ewa katarzyna	POZNAŃ		POL / WKB META LUBLINIEC		48K60/6			(K)273	05:26:07	05:24:20	07.41
		0:36:22 / 2966	1:11:39 / 2987	1:49:01 / 2968	2:35:13 / 2920	3:20:25 / 2981	4:02:18 / 2967	4:40:21 / 2947	5:10:13 / 2940				
2935	241	FILIPEK Michał	PCIM		POL / NIEZRZESZONY		56M50/374			(M)26620	05:26:09	05:23:25	07.39
		0:38:10 / 2996	1:13:23 / 2997	1:49:19 / 2971	2:33:35 / 2912	3:20:17 / 2980	4:02:35 / 2968	4:42:04 / 2955	5:11:38 / 2948				
2936	2896	JANUSZ Marcin	KROSNO		POL / FESTIWAL BIEGOWY KRYNICA		75M30/978			(M)26630	05:26:20	05:24:35	07.41
		0:31:39 / 2275	1:02:39 / 2419	1:37:38 / 2687	2:25:45 / 2847	3:15:25 / 2953	3:57:45 / 2941	4:39:21 / 2945	5:10:49 / 2942				
2937	1589	LYTVYN Volodymyr	LVIV		UKR / LO AVS		51M60/90			(M)26640	05:26:26	05:24:55	07.42
		0:30:25 / 2012	0:58:31 / 2048	1:28:34 / 2159	2:18:49 / 2708	3:10:48 / 2923	3:59:54 / 2954	4:41:31 / 2953	5:12:11 / 2952				

23.04.2012 08:45:04

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club		R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:												
2938	1241	SZPAKIEWICZ Jerzy	SANOK		POL / SGMM		59M50/375		(M)2665	05:26:33	05:23:43	07.40
		0:35:43 / 2885	1:09:03 / 2945	1:42:27 / 2896	2:25:48 / 2851	3:10:48 / 2922	3:56:05 / 2936	4:36:28 / 2932	5:09:23 / 2938			
2939	1604	ŁAZUR Radosław	JAWORZNO		POL		89M20/487		(M)2666	05:26:53	05:25:39	07.43
		0:35:43 / 2886	1:00:24 / 2236	1:32:49 / 2484	2:16:31 / 2584	3:11:58 / 2931	3:58:32 / 2944	4:42:13 / 2956	5:13:15 / 2954			
2940	216	PRZYGODA Wojtek	RZESZÓW		POL		71M40/730		(M)2667	05:26:56	05:24:22	07.41
		0:36:14 / 2958	1:06:38 / 2753	1:38:42 / 2794	2:20:20 / 2743	3:08:13 / 2901	3:55:01 / 2928	4:40:58 / 2951	5:11:02 / 2944			
2941	1384	WIATR Stanisław	DĄBROWA TARNOWSKA		POL / NIEZRZESZONY		52M60/91		(M)2668	05:26:56	05:24:03	07.40
		0:40:17 / 3012	1:16:44 / 3009	1:54:33 / 2985	2:39:30 / 2945	3:22:15 / 2986	4:02:38 / 2969	4:42:49 / 2960	5:11:29 / 2947			
2942	1121	KURYŁO Zenon	RYBNIK		POL / DRUŻYNA SZPIKU		66M40/731	Niep/16	(M)2669	05:27:15	05:26:20	07.44
		0:31:29 / 2244	1:03:09 / 2550	1:36:23 / 2615	2:19:41 / 2729	3:04:21 / 2860	3:48:23 / 2879	4:32:04 / 2907	5:06:28 / 2920			
2943	3298	RYFIAK Piotr	NOWY SĄCZ		POL / NIE ZRZESZONY		71M40/732		(M)2670	05:27:30	05:25:43	07.43
		0:30:45 / 2134	1:00:05 / 2214	1:33:32 / 2510	2:21:29 / 2759	3:12:38 / 2937	3:57:35 / 2940	4:40:55 / 2948	5:13:48 / 2960			
2944	3311	KOLB William	NEW YORK		USA		79M30/979		(M)2671	05:27:46	05:24:49	07.41
		0:35:49 / 2902	1:11:40 / 2988	1:46:03 / 2950	2:30:50 / 2896	3:16:13 / 2957	4:02:54 / 2971	4:40:18 / 2946	5:11:49 / 2950			
2945	2882	ŚWIĄTEK Maciej	OSTRÓW WIELKOPOLSKI		POL		77M30/980		(M)2672	05:27:52	05:25:00	07.42
		0:36:14 / 2957	1:09:18 / 2952	1:42:39 / 2904	2:28:09 / 2877	3:18:50 / 2970	4:02:11 / 2965	4:40:57 / 2950	5:12:01 / 2951			
2946	297	ADAMOWICZ Tomasz	WARSZAWA		POL		68M40/733		(M)2673	05:28:15	05:25:23	07.42
		0:37:38 / 2992	1:10:38 / 2981	1:45:38 / 2946	2:29:38 / 2889	3:13:02 / 2939	3:55:28 / 2930	4:36:12 / 2930	5:09:11 / 2934			
2947	1084	KOMENDA Lech	CIECHANÓW		POL / -		85M20/488		(M)2674	05:28:16	05:27:07	07.45
		0:33:48 / 2620	1:07:12 / 2856	1:41:28 / 2851	2:24:37 / 2830	3:06:43 / 2892	3:48:15 / 2878	4:32:00 / 2905	5:06:43 / 2922			
2948	304	LITWINOWICZ Paweł	LEŚNA		POL		91M20/489		(M)2675	05:28:27	05:26:49	07.44
		0:30:06 / 1866	0:58:09 / 1931	1:31:04 / 2280	2:22:40 / 2771	3:15:18 / 2952	4:00:19 / 2955	4:41:51 / 2954	5:13:52 / 2961			
2949	275	SOKOŁOWSKI Roman	KRAPKOWICE		POL / CROSS KRAPKOWICE		60M50/376		(M)2676	05:28:30	05:25:35	07.42
		0:35:11 / 2827	1:06:42 / 2784	1:38:11 / 2755	2:18:25 / 2701	3:03:44 / 2854	3:49:47 / 2898	4:35:26 / 2924	5:10:17 / 2941			
2950	3322	MACHO Marek	SZCZYTNO		POL / BRAK		84M20/490		(M)2677	05:28:48	05:26:00	07.43
		0:36:11 / 2943	1:09:21 / 2956	1:45:20 / 2944	2:29:27 / 2887	3:12:33 / 2936	3:54:56 / 2927	4:36:35 / 2933	5:08:54 / 2931			
2951	952	MOKRZYŃSKI Grzegorz	RZESZÓW		POL		86M20/491		(M)2678	05:28:56	05:26:19	07.44
		0:34:53 / 2747	1:06:41 / 2776	1:41:39 / 2856	2:28:53 / 2881	3:15:28 / 2955	4:01:20 / 2960	4:42:49 / 2959	5:13:26 / 2955			
2952	2089	MADEJ Marek	RZESZÓW		POL		58M50/377		(M)2679	05:29:00	05:26:16	07.43
		0:35:47 / 2897	1:08:43 / 2909	1:42:29 / 2901	2:24:28 / 2828	3:05:21 / 2875	3:48:48 / 2888	4:33:11 / 2914	5:09:13 / 2935			
2953	2881	ŚWIĄTEK Magdalena	OSTRÓW WLKP		POL		83K20/74		(K)274	05:29:02	05:26:11	07.43
		0:36:12 / 2947	1:08:55 / 2917	1:42:24 / 2882	2:23:54 / 2802	3:10:18 / 2914	3:55:42 / 2933	4:40:55 / 2949	5:12:55 / 2953			
2954	1565	WALDERA Piotr	GŁOGÓW		POL / -		82M30/981		(M)2680	05:29:08	05:26:19	07.44
		0:36:09 / 2933	1:08:59 / 2921	1:42:23 / 2878	2:24:46 / 2833	3:10:38 / 2920	3:55:45 / 2934	4:38:17 / 2941	5:11:42 / 2949			
2955	1307	KLAWCZYŃSKI Zbigniew	BYDGOSZCZ		POL / 1 POMORSKA BRYGADA LOGISTYCZNA		62M50/378		(M)2681	05:29:32	05:27:37	07.45
		0:32:22 / 2367	1:03:20 / 2562	1:44:25 / 2932	2:39:14 / 2941	BYDGOSZCZ		3:28:24 / 2999	4:08:27 / 2986	4:44:53 / 2971	5:16:10 / 2967	
2956	2893	STAWINOĞA Zbigniew	JOZEFOSŁAW		POL		72M40/734		(M)2682	05:29:44	05:27:09	07.45
		0:34:29 / 2701	1:07:25 / 2866	1:42:15 / 2873	2:27:02 / 2867	3:13:01 / 2938	3:58:33 / 2945	4:42:14 / 2957	5:14:00 / 2962			
2957	1805	STEFANIAK Justyna	DĄBROWA GÓRNICZA		POL / POGORIA BIEGA		77K30/112		(K)275	05:29:46	05:27:01	07.45
		0:38:14 / 2998	1:13:56 / 3000	1:51:05 / 2977	2:39:24 / 2942	3:25:26 / 2992	4:07:22 / 2985	4:43:49 / 2965	5:13:27 / 2956			
2958	3157	KRUPIŃSKI Paweł	KRAKÓW		POL / IMAX		67M40/735		(M)2683	05:29:46	05:29:44	07.48
		0:24:11 / 462	0:53:26 / 1153	1:27:00 / 2037	2:10:40 / 2404	3:02:32 / 2840	3:50:29 / 2905	4:37:28 / 2940	5:13:46 / 2959			
2959	965	RICOUR Patrice	KRAKOW		FRA		69M40/736		(M)2684	05:29:50	05:27:00	07.45
		0:35:57 / 2909	1:09:44 / 2966	1:45:03 / 2937	2:33:25 / 2911	3:18:22 / 2968	4:04:21 / 2978	4:44:21 / 2968	5:16:01 / 2966			
2960	3051	STASICA Aleksander	KRAKÓW		POL		84M20/492		(M)2685	05:29:57	05:27:13	07.45
		0:36:12 / 2944	1:07:18 / 2861	1:39:22 / 2814	2:21:07 / 2752	3:01:50 / 2833	3:47:25 / 2876	4:35:05 / 2921	5:11:02 / 2945			
2961	1546	PORĘBA Marcin	KRAKÓW		POL		86M20/493		(M)2686	05:29:57	05:27:39	07.45
		0:31:43 / 2284	1:00:54 / 2266	1:31:17 / 2298	2:13:18 / 2461	3:00:07 / 2783	3:47:25 / 2875	4:35:05 / 2922	5:11:03 / 2946			
2962	3472	DOMANSKA Jolanta	RZESZÓW		POL		59K50/23		(K)276	05:30:45	05:28:03	07.46
		0:35:13 / 2837	1:07:24 / 2865	1:42:43 / 2911	2:30:28 / 2894	3:21:55 / 2985	4:06:22 / 2983	4:45:09 / 2976	5:15:27 / 2965			
2963	821	KUBIAK Agnieszka	KRAKÓW		POL		89K20/75		(K)277	05:30:54	05:28:40	07.47
		0:35:16 / 2848	1:09:03 / 2944	1:45:10 / 2943	2:31:22 / 2901	3:19:08 / 2971	4:04:14 / 2975	4:44:31 / 2969	5:14:36 / 2963			
2964	3174	SZAFRANIEC Beata	ŁĘKI		POL		85K20/76		(K)278	05:30:56	05:28:23	07.46
		0:36:14 / 2956	1:12:50 / 2992	1:51:39 / 2979	2:39:38 / 2947	3:24:35 / 2989	4:06:28 / 2984	4:45:11 / 2977	5:14:48 / 2964			
2965	3220	BUSZKIEWICZ Mirosław	LIPSKO		POL		78M30/982		(M)2687	05:31:05	05:28:25	07.47
		0:38:38 / 3001	1:12:56 / 2993	1:49:13 / 2970	2:35:41 / 2928	3:20:08 / 2978	4:01:49 / 2964	4:42:54 / 2961	5:13:40 / 2958			

23.04.2012 08:45:04

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2966	2396	GAWRŃSKI Grzegorz	OSTROWIEC ŚW.	 POL			64M40/737		(M)2688	05:31:17	05:28:38 07.47
		0:38:37 / 3000	1:12:56 / 2994	1:49:06 / 2969	2:35:41 / 2927	3:19:58 / 2976	4:01:35 / 2963	4:42:25 / 2958	5:13:40 / 2957		
2967	2109	ŚWIĘCH Grzegorz	MOGILANY	 POL			75M30/983		(M)2689	05:31:54	05:29:07 07.47
		0:35:44 / 2888	1:07:46 / 2880	1:41:31 / 2853	2:28:37 / 2878	3:19:58 / 2975	4:04:16 / 2976	4:45:07 / 2975	5:16:32 / 2969		
2968	106	WÓJCIK Miłosz	JĘDRZEJÓW	 POL			89M20/494		(M)2690	05:31:56	05:29:03 07.47
		0:35:50 / 2903	1:08:28 / 2895	1:41:45 / 2857	2:24:51 / 2838	3:05:42 / 2883	3:45:47 / 2862	4:31:06 / 2901	5:10:54 / 2943		
2969	824	TRAWCZYŃSKI Łukasz	PIONKI	 POL			84M20/495		(M)2691	05:32:21	05:29:23 07.48
		0:39:21 / 3006	1:15:46 / 3007	1:54:09 / 2983	2:41:56 / 2958	3:27:49 / 2996	4:08:32 / 2987	4:50:50 / 2989	5:21:42 / 2983		
2970	2697	JANOS Krzysztof	WROCŁAW	 POL			75M30/984		(M)2692	05:32:29	05:29:38 07.48
		0:37:11 / 2984	1:13:03 / 2996	1:49:45 / 2974	2:36:06 / 2931	3:21:27 / 2982	4:04:11 / 2974	4:44:17 / 2966	5:16:11 / 2968		
2971	3215	GRZESZCZUK Tomasz	OLAWA	 POL			90M20/496		(M)2693	05:32:40	05:29:45 07.48
		0:38:04 / 2994	1:12:06 / 2991	1:46:55 / 2954	2:32:25 / 2904	3:17:09 / 2961	4:00:34 / 2957	4:43:43 / 2964	5:16:36 / 2971		
2972	606	TOMASIK Janusz	WARSZAWA	 POL / NIEZRZESZONY			43M60/92		(M)2694	05:33:18	05:30:30 07.49
		0:36:23 / 2968	1:09:38 / 2963	1:46:02 / 2949	2:31:58 / 2903	3:19:59 / 2977	4:05:08 / 2982	4:45:35 / 2980	5:17:22 / 2974		
2973	576	FRABINSKI Andrzej	MIĘDZYRZECZ	 POL / KLUB MIOSNIKÓW BIEGANIA			47M60/93		(M)2695	05:33:27	05:31:55 07.51
		0:34:39 / 2712	1:07:17 / 2860	1:43:58 / 2927	2:31:38 / 2902	3:18:15 / 2967	4:04:20 / 2977	4:47:09 / 2983	5:17:31 / 2975		
2974	3279	MICHALIK Mateusz	WIELICZKA	 POL			93M20/497		(M)2696	05:33:41	05:32:08 07.52
		0:30:13 / 1920	0:58:38 / 2091	1:29:49 / 2219	2:16:12 / 2570	3:04:26 / 2861	3:55:56 / 2935	4:42:59 / 2962	5:19:40 / 2980		
2975	1840	FLUNT Grzegorz	WARSZAWA	 POL			79M30/985		(M)2697	05:33:49	05:30:55 07.50
		0:35:43 / 2883	1:10:46 / 2983	1:48:49 / 2966	2:37:20 / 2934	3:23:13 / 2988	4:04:41 / 2981	4:45:30 / 2978	5:16:54 / 2972		
2976	1959	KOWALCZYK Joanna	KRAKÓW	 POL			73K30/113		(K)279	05:34:01	05:31:13 07.50
		0:36:13 / 2951	1:09:01 / 2931	1:42:25 / 2887	2:24:06 / 2815	3:05:14 / 2874	3:49:45 / 2897	4:45:30 / 2979	5:16:54 / 2973		
2977	100	SETA Michał	GDYNIA	 POL / PADŁ NA RYJ TEAM			81M30/986		(M)2698	05:34:39	05:32:04 07.52
		0:35:09 / 2816	1:06:45 / 2814	1:39:08 / 2805	2:25:59 / 2855	3:13:29 / 2941	4:02:13 / 2966	4:46:14 / 2981	5:20:15 / 2981		
2978	1345	HAŁGAS Agnieszka	WAŁBRZYCH	 POL			81K30/114		(K)280	05:35:43	05:33:40 07.54
		0:32:19 / 2360	1:05:50 / 2707	1:42:14 / 2872	2:28:46 / 2880	3:16:27 / 2958	4:00:52 / 2959	4:44:41 / 2970	5:18:50 / 2977		
2979	2227	PALONEK Michał	KRAKÓW	 POL			89M20/498		(M)2699	05:36:37	05:34:47 07.56
		0:32:29 / 2379	1:07:49 / 2882	1:48:18 / 2963	2:41:27 / 2956	3:29:12 / 3000	4:10:43 / 2997	4:49:39 / 2987	5:19:20 / 2978		
2980	3131	SZAŁAJKO Jerzy	WROCŁAW	 POL / NIEZRZESZONY			62M50/379		(M)2700	05:36:37	05:33:53 07.54
		0:35:02 / 2791	1:06:43 / 2787	1:39:23 / 2816	2:25:11 / 2843	3:13:44 / 2943	4:00:39 / 2958	4:44:59 / 2972	5:19:20 / 2979		
2981	1067	BLACHOWICZ Kamil	SĘDZISZÓW	 POL			89M20/499		(M)2701	05:38:08	05:35:20 07.56
		0:36:12 / 2949	1:08:49 / 2915	1:44:23 / 2931	2:32:28 / 2905	3:21:50 / 2984	4:10:20 / 2994	4:54:13 / 2998	5:22:47 / 2984		
2982	3255	STACHOW Jan	KRAKÓW	 POL / ZPS			29M70/8		(M)2702	05:38:09	05:35:24 07.56
		0:38:42 / 3003	1:13:35 / 2999	1:49:24 / 2973	2:35:36 / 2926	3:20:10 / 2979	4:04:35 / 2980	4:46:49 / 2982	5:20:18 / 2982		
2983	1997	KULIBERDA Adrian	RADOMSKO	 POL			90M20/500		(M)2703	05:38:22	05:35:41 07.57
		0:35:11 / 2828	1:06:44 / 2806	1:38:35 / 2791	2:22:56 / 2777	3:12:21 / 2933	3:58:58 / 2947	4:44:19 / 2967	5:18:48 / 2976		
2984	3188	BANAŚ Monika	GDÓW	 POL			87K20/77		(K)281	05:41:27	05:38:37 08.01
		0:35:03 / 2796	1:09:45 / 2968	1:46:16 / 2951	2:33:46 / 2913	3:21:44 / 2983	4:02:58 / 2972	4:43:26 / 2963	5:16:35 / 2970		
2985	611	RZESZÓTKO Rafał	KRAKÓW	 POL / CAŁA RYBA BIEGA Z POLSKĄ			71M40/738		(M)2704	05:41:49	05:39:19 08.02
		0:35:14 / 2844	1:07:13 / 2857	1:40:20 / 2832	2:26:24 / 2860	3:14:07 / 2945	4:01:27 / 2962	4:45:01 / 2973	5:23:12 / 2985		
2986	3297	RYZHII Volodymyr	LVIV	 UKR / LO AVS-FENIX			38M70/9		(M)2705	05:43:09	05:40:25 08.04
		0:37:30 / 2989	1:12:57 / 2995	1:50:41 / 2976	2:39:39 / 2948	3:26:49 / 2993	4:10:31 / 2996	4:50:14 / 2988	5:23:55 / 2986		
2987	1725	MILLER Stefan	ŁĄGÓW	 POL			57M50/380		(M)2706	05:43:48	05:41:20 08.05
		0:35:06 / 2804	1:09:19 / 2953	1:47:33 / 2959	2:36:13 / 2932	3:25:23 / 2991	4:11:08 / 2999	4:54:03 / 2997	5:25:34 / 2990		
2988	1087	JARZYNA Adam	POLANKA WIELKA	 POL			54M50/381		(M)2707	05:44:03	05:41:29 08.05
		0:35:01 / 2780	1:06:42 / 2783	1:38:15 / 2770	2:23:07 / 2780	3:17:25 / 2964	4:09:44 / 2993	4:51:08 / 2990	5:25:53 / 2993		
2989	3130	BARAN Alicja	ŁĄBOWA	 POL			83K20/78		(K)282	05:44:03	05:41:30 08.05
		0:36:54 / 2978	1:11:26 / 2985	1:48:31 / 2964	2:39:27 / 2944	3:27:50 / 2997	4:09:39 / 2992	4:51:10 / 2991	5:25:53 / 2992		
2990	1351	BARDO Eugeniusz	KRAKÓW	 POL			55M50/382		(M)2708	05:44:12	05:42:57 08.07
		0:35:15 / 2845	1:09:45 / 2967	1:46:59 / 2955	2:32:38 / 2907	3:17:17 / 2962	4:00:34 / 2956	4:47:25 / 2984	5:25:39 / 2991		
2991	2878	JANKOWSKI Piotr	LEGIONÓW	 POL / KLUB SPORTOWY NIEWIDOMYCH I			49M60/94	B2/11	(M)2709	05:44:28	05:41:51 08.06
		0:34:35 / 2704	1:06:21 / 2726	1:39:43 / 2823	2:27:05 / 2869	3:17:17 / 2963	3:59:09 / 2953	4:48:25 / 2986	5:25:07 / 2988		
2992	1371	LABARTKAVA Larysa	LVIV	 UKR / LO AVS-FENIX			49K60/7		(K)283	05:44:45	05:42:25 08.06
		0:36:00 / 2916	1:09:53 / 2971	1:47:18 / 2958	2:36:28 / 2933	3:27:10 / 2995	3:59:09 / 2952	4:52:35 / 2993	5:26:10 / 2995		
2993	3336	OLSZOWIEC Mikołaj	STASZÓW	 POL			87M20/501		(M)2710	05:44:46	05:41:56 08.06
		0:35:47 / 2898	1:08:15 / 2889	1:42:43 / 2910	2:27:03 / 2868	3:15:27 / 2954	4:02:40 / 2970	4:47:54 / 2985	5:25:05 / 2987		

23.04.2012 08:45:04

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
2994	3307	GOLUB Nina	LWÓW	 UKR	LFENIKS	42K70/1			(K)284	05:45:28	05:43:59 08.09
		0:34:28 / 2700	1:09:07 / 2948	1:47:55 / 2962	2:39:04 / 2940	3:24:58 / 2990	4:09:09 / 2990	4:51:52 / 2992	5:26:08 / 2994		
2995	2148	BIELEC Tadeusz	KRAKÓW	 POL		72M40/739			(M)2711	05:46:05	05:43:08 08.07
		0:38:44 / 3004	1:13:33 / 2998	1:49:22 / 2972	2:35:52 / 2930	3:19:52 / 2974	4:10:53 / 2998	4:53:42 / 2996	5:25:33 / 2989		
2996	1123	WIKTORSKI Krzysztof	SKAŁA	 POL		71M40/740			(M)2712	05:50:08	05:47:15 08.13
		0:35:58 / 2912	1:08:27 / 2893	1:43:08 / 2919	2:35:11 / 2919	3:29:48 / 3002	4:14:44 / 3002	4:56:28 / 3000	5:30:13 / 2997		
2997	3144	KOWALSKI Kamil	GRACZE	 POL	BIEGACZE MONARU GRACZE	85M20/502			(M)2713	05:51:37	05:50:33 08.18
		0:35:58 / 2913	1:14:31 / 3003	1:52:10 / 2980	2:40:31 / 2954	3:32:00 / 3005	4:13:27 / 3001	4:58:47 / 3005	5:34:50 / 2999		
2998	3296	LABARTKAVA Konstantyn	FENIKS	 UKR		84M20/503			(M)2714	05:53:22	05:51:04 08.19
		0:32:09 / 2344	1:00:55 / 2267	1:31:46 / 2338	2:16:47 / 2623	3:14:15 / 2947	4:04:33 / 2979	4:45:03 / 2974	5:28:51 / 2996		
2999	78	SZOPA Leszek	PODOLSCZE	 POL	DRUŻYNA SZPIKU	53M50/383			(M)2715	05:53:31	05:50:45 08.18
		0:40:17 / 3011	1:17:14 / 3011	1:54:53 / 2986	2:43:36 / 2959	3:32:51 / 3008	4:19:27 / 3004	5:02:12 / 3006	5:35:57 / 3001		
3000	2750	ESSALHI Lahcen	CASABLANCA	 MAR	CMCF	58M50/384			(M)2716	05:53:34	05:52:57 08.21
		0:37:38 / 2993	1:11:11 / 2984	1:47:50 / 2961	2:40:41 / 2955	3:29:25 / 3001	4:11:35 / 3000	4:53:20 / 2995	5:31:02 / 2998		
3001	2415	KUCZYŃSKI Szymon	KRAKÓW	 POL		82M30/987			(M)2717	05:55:29	05:53:09 08.22
		0:33:56 / 2642	1:06:36 / 2749	1:39:43 / 2822	2:26:24 / 2859	3:19:47 / 2972	4:10:26 / 2995	4:57:50 / 3002	5:35:06 / 3000		
3002	3477	ŻUK Józef	WAŁBRZYCH	 POL	WKB PODZAMCZE	40M70/10			(M)2718	05:56:40	05:55:55 08.26
		0:36:28 / 2972	1:14:24 / 3002	1:55:07 / 2987	2:48:34 / 2969	3:42:17 / 3012	4:30:07 / 3012	4:57:50 / 3003	5:39:44 / 3005		
3003	450	MISIARZ Józef	KRAKÓW	 POL		57M50/385			(M)2719	05:58:39	05:57:40 08.28
		0:40:36 / 3014	1:16:33 / 3008	1:56:19 / 2989	2:45:30 / 2962	3:39:33 / 3011	4:25:07 / 3009	4:57:50 / 3001	5:41:03 / 3006		
3004	2787	BARCHAN Konrad	SOSNOWIEC	 POL		81M30/988			(M)2720	05:59:26	05:56:36 08.27
		0:35:45 / 2892	1:08:31 / 2897	1:43:22 / 2923	2:30:52 / 2898	3:31:59 / 3004	4:25:07 / 3010	4:58:47 / 3004	5:36:00 / 3003		
3005	754	TRELA Mariusz	GRACZE	 POL	BIEGACZE MONARU GRACZE	82M30/989			(M)2721	05:59:26	05:56:34 08.27
		0:36:10 / 2938	1:09:01 / 2935	1:42:21 / 2875	2:24:47 / 2834	3:19:52 / 2973	4:09:27 / 2991	4:55:46 / 2999	5:36:00 / 3002		
3006	3032	ROPER Steve	BOGNOR REGIS	 GBR		41M70/11			(M)2722	06:02:57	06:00:39 08.32
		0:38:50 / 3005	1:15:46 / 3006	1:54:11 / 2984	2:40:17 / 2951	3:26:58 / 2994	4:08:55 / 2988	4:52:54 / 2994	5:37:52 / 3004		
3007	2080	MACIEJEWSKI Piotr	KALISZ	 POL	SUPERMARATON-KALISZ	53M50/386			(M)2723	06:04:11	06:01:45 08.34
		0:34:24 / 2695	1:06:52 / 2840	1:47:01 / 2956	2:39:02 / 2938	3:31:05 / 3003	4:18:06 / 3003	5:03:20 / 3010	5:42:28 / 3007		
3008	3348	ROSINSKA Janina	PABIANICE	 POL	AZS ŁÓDŹ	36K70/2			(K)285	06:10:52	06:08:26 08.43
		0:13:56 / 1	0:57:21 / 1773	1:41:37 / 2855	2:38:09 / 2935	3:32:21 / 3006	4:24:01 / 3007	5:03:20 / 3014	5:49:54 / 3011		
3009	3233	SZUMERA Piotr	KRAKÓW	 POL	PETER S TEAM	57M50/387			(M)2724	06:11:01	06:08:06 08.43
		0:38:13 / 2997	1:11:35 / 2986	1:46:28 / 2953	2:35:42 / 2929	3:32:29 / 3007	4:24:34 / 3008	5:03:20 / 3013	5:49:54 / 3010		
3010	2372	WĘGRZYCKI Wiesław	PIŃCZÓW	 POL	KL PONIDZIE PIŃCZÓW	33M70/12			(M)2725	06:11:18	06:08:23 08.43
		0:40:20 / 3013	1:17:13 / 3010	1:55:53 / 2988	2:47:30 / 2966	3:36:28 / 3010	4:25:35 / 3011	5:03:20 / 3011	5:49:55 / 3012		
3011	3016	BAJOR Dorota	ZABIERZÓW	 POL		70K40/62			(K)286	06:11:37	06:08:43 08.44
		0:36:13 / 2952	1:08:28 / 2896	1:42:42 / 2909	2:34:23 / 2915	3:28:00 / 2998	4:21:03 / 3006	5:03:20 / 3012	5:47:58 / 3009		
3012	293	SOLTYS Robert	CIBÓRZ	 POL		70M40/741			(M)2726	06:11:42	06:08:48 08.44
		0:37:01 / 2980	1:10:34 / 2980	1:51:05 / 2978	2:47:05 / 2965	3:35:31 / 3009	4:21:03 / 3005	5:03:20 / 3008	5:47:57 / 3008		
3013	172	MEJ Paweł	BACZKOW K. BOCHNI	 POL	NIZRZESZONY BOSY BIEGACZ	72M40/742			(M)2727	06:20:44	06:19:07 08.59
		0:33:45 / 2615	1:22:33 / 3014	1:59:27 / 2990	2:53:15 / 2980	3:50:13 / 3013	4:36:15 / 3013	5:03:20 / 3007	5:58:32 / 3013		
3014	1281	GIL Barbara	SIERPC	 POL		46K60/8			(K)287	06:23:22	06:20:22 09.00
		0:40:14 / 3010	1:18:42 / 3012	2:01:46 / 2991	2:57:54 / 2985	3:52:20 / 3014	4:40:33 / 3014	5:03:20 / 3009	6:02:01 / 3014		